

Appendix B - Competition Schedule

2023 SA Allcomers Meet 3

27 and 28 May 2023

Home of Athletics

Updated as of 24 05 2023

Day 1, Saturday 27 May 2023									
No.	Event	Category	Status	Time	No.	Event	Category	Status	
				8:30AM	CYG	Long Jump	Women Open	Final	2
				8:30AM		Long Jump	Men Open	Final	5
2	3000m	Women U20	Timed Final	8:30AM		High Jump	Women Open	Final	1
8	100m	Women Open	Timed Final	9:00AM					
40	100m	Men Open	Timed Final	9:05AM					
2	400m	Women Open	Timed Final	9:30AM		High Jump	Men Open	Final	1
18	400m	Men Open	Timed Final	9:35AM					
				10:00AM	AU20	Javelin (800g)	Men U20	Final	1

Day 3, Sunday 28 May 2023									
No.	Event	Category	Status	Time	No.	Event	Category	Status	
0	110m Hurdles (1.067m)	Men Open	Timed Final	8:30AM					
2	110m Hurdles (0.914m)	Men U18	Timed Final	8:40AM					
0	100m Hurdles (0.838m)	Women Open	Timed Final	8:50AM					
1	100m Hurdles (0.762m)	Women U18	Timed Final	9:00AM					
				9:00AM					
						Pole Vault	Men Open	Final	7
4	800m	Women Open	Timed Final	9:00AM					
22	800m	Men Open	Timed Final	9:05AM					
CYG	2	200m	Women Open	Timed Final	9:40AM				
	22	200m	Men Open	Timed Final	9:45AM				
0	400m Hurdles (0.914m)	Men Open	Timed Final	10:00AM					
2	400m Hurdles (0.838m)	Men U18	Timed Final	10:00AM					
1	400m Hurdles (0.762m)	Women Open	Timed Final	10:00AM					
1	4x100m	AUG Men	Trial	10:30AM					

Day 3, Sunday 28 May 2023									
No.	Event	Category	Status	Time	No.	Event	Category	Status	
				2:00PM		Pole Vault	Women Open	Final	4