

## SA National Track and Field Championships 2023 - 17/3/2023 to 26/3/2023

## Home of Athletics

## Meet Program

## Event 611 Girls Long Jump U18

Saturday 25/3/2023 - 8:30 AM

Pos	Comp#	Name	Age	Team	Seed Mark
<b>Flight 1 of 2 Finals</b>					
1	195	Ying, Megan	16	CEDAR GIRLS	ND
2	1273	Chee, Chloe	15	TEAM CICADA	ND
3	244	Lin, Kayla	16	CHIJ SECONDA	ND
4	289	Kua, Rui Ern Jamie	16	CHIJ ST. NIC	ND
5	235	Hollander, Kirsten	15	CHIJ SECONDA	ND
6	632	Huan, Emma	16	JS ATHLETICS	ND
8	732	Liew, Tze Chi	15	NANYANG GIRL	ND
9	145	chua, keira	15	CEDAR GIRLS	ND
10	243	Lin, Danica	16	CHIJ SECONDA	ND
11	375	Low, Grace Jia EN	16	COUGARS ATHL	ND
12	217	NG, Shermaine Sarah	16	CHIJ KATONG	ND
13	387	Yap, Leia	16	COUGARS ATHL	ND
14	441	Lee, Shaynnen	16	EROVRA CLUB	ND
15	752	Yeo, Natasha Xuan-Ting	16	NANYANG GIRL	ND
16	1202	Aleyza, Nairaputri	15	ST. ANTHONY'	ND

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1	173	Satchy, Charity	16 CEDAR GIRLS	ND
2	272	Choo, Jia Yi Allyson	15 CHIJ ST. NIC	ND
3	1125	Yuki, Ho	17 ST ANDREW'S	ND
4	712	Chan, Mathea	16 NANYANG GIRL	ND
5	795	Tay, Jia Hui Dayna	14 NATIONAL JUN	3.62m
6	1	., Jayashree	15 ACTIVESG CLUB	3.60m
7	784	Neo, Le Wei Crystal	16 NATIONAL JUN	4.14m
8	1113	Chong, Zoe Han Ting	15 SKY ATHLETICS	3.79m
9	401	Goh, Yen Young Amelia	15 DUNMAN HIGH SCHOOL	4.12m
10	1211	Leong, Sook Mei	15 ST. ANTHONY'	4.24m
11	777	Liew, Jay Yee Esther	14 NATIONAL JUN	4.51m
12	1275	goh, keia	15 TEAM CICADA	4.30m
13	1031	Chan, Cheng Ern Jennica	15 SINGAPORE SP	4.48m
14	1279	Lim, Chia Ying Kiara	15 TEAM CICADA	4.65m
15	1062	Yovan, Navitha	16 SINGAPORE SP	4.79m

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## Event 204 Girls Shot Put (3kg) U15

Saturday 25/3/2023 - 8:30 AM

Pos	Comp#	Name	Age	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	724	Jordan, Chang Tong	14	NANYANG GIRL	ND
2	282	Guok, Xue Qian	14	CHIJ ST. NIC	ND
3	721	Gan, Jeng YU	14	NANYANG GIRL	ND
4	138	Binte Mohamed Ashraf, Nadra Aliyah	14	CEDAR GIRLS	ND
5	291	Lee, Xing Hui Rachel	14	CHIJ ST. NIC	ND
6	276	Chua, Shu En Kaylyn	14	CHIJ ST. NIC	ND
7	379	Pierrah, Yori Satish	13	COUGARS ATHL	ND
8	1245	Tay, Kimmy	14	TANJONG KATO	ND
9	370	Chua, Jia Yu, Zephenia	13	COUGARS ATHL	ND
10	371	Gopal, Harshिता Cooper	13	COUGARS ATHL	ND
11	159	Lee, Xinjie	14	CEDAR GIRLS	ND
12	743	Seow, Yun Ling Rachael	13	NANYANG GIRL	ND
13	175	Seah, Shin Tong	14	CEDAR GIRLS	ND

## Event 312 Boys 3000 Meter Run U15

Saturday 25/3/2023 - 8:50 AM

Lane	Comp#	Name	Age	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
1	822	Ng, Yu Sen	14	NATIONAL JUN	12:09.28
3	1254	Lee, Kieran	14	TANJONG KATO	NT
4	477	Kuah, Ezekiel	14	FAC	NT

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## Event 656 Boys 3000 Meter Run U18

Saturday 25/3/2023 - 9:05 AM

Lane	Comp#	Name	Age	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
1	1272	WU, Chuanpeng	16	TANJONG KATO	NT
2	1268	Than, EE Loong	15	TANJONG KATO	NT
3	689	Tan, Jay Cee	16	MARIS STELLA	NT
4	1257	Lim, Zhong Xian	16	TANJONG KATO	NT
5	1533	Seng, Lucas	16	YISHUN SECON	NT
6	674	Koh, Sheng Kai	17	LACTICBUDS	10:10.00
7	675	Low, Kyan	15	LACTICBUDS	10:10.00
8	810	Chua, Xavier	14	NATIONAL JUN	12:27.18
9	1267	Teo, Lev	15	TANJONG KATO	NT
11	1532	Parthivan, Sarvesh	16	YISHUN SECON	NT
12	483	Tang, Daniel	17	FAC	NT

## Event 654 Men 400 Meter Hurdles (0.914m) U20

Saturday 25/3/2023 - 9:35 AM

Lane	Comp#	Name	Age	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
1	817	Lim, Jun Yi Matthew	17	NATIONAL JUN	NT
2	824	Pang, Jun Wei	18	NATIONAL JUN	NT
3	610	Ng, Jayden	18	HWA CHONG IN	1:10.45
4	615	Tan, Tristan	18	HWA CHONG IN	1:06.07
5	605	Lee, Jayden	17	HWA CHONG IN	1:06.11
6	818	Loh, Hin Yin Langston	17	NATIONAL JUN	NT
7	1087	Anandan, Shan	19	SINGAPORE SP	NT

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## Event 653 Boys 400 Meter Hurdles (0.838m) U18

Saturday 25/3/2023 - 9:50 AM

Lane	Comp#	Name	Age	Team	Prelims
<b>Section 1 of 1 Finals</b>					
1	952	Reddy, Manuj	15	RAFFLES INST	1:05.32
2	888	lim, seth	16	OLDHAM ATHLETICS	1:05.28
3	910	Yoo, Sean	15	OLDHAM ATHLETICS	1:00.65
4	1084	Poh, Edsel	17	SINGAPORE SP	57.23
5	1362	Khairulnazim, Mohamed	17	TRACKSTAR AT	59.34
6	918	Bin Zulhisham, Shadi	16	RAFFLES INST	1:02.84
7	30	Yeo, Enzo	16	ACTIVESG CLUB	1:07.68
8	512	Chng, Hao Qin	15	HWA CHONG IN	1:10.80

## Results - Prelims

9	825	Quek, Mingxi Owen	15	NATIONAL JUN	1:12.11
DQ	1469	Tan, Hao Min	15	VICTORIA SCHOOL	1:22.89
---	1093	Yusran, Niq Rifdi Rafiqi	16	SINGAPORE SP	DNS
---	1444	Kwek, Zac Kin	15	VICTORIA SCHOOL	DNS
---	546	Pang, Shi YU	15	HWA CHONG IN	DNS
---	555	Sun, Zizhuo	15	HWA CHONG IN	DNS
---	984	Haslizal, Hayden Audy Bin	17	RAFFLES INST	DNS

## Event 705 Women 400 Meter Hurdles (0.762m) Open

Saturday 25/3/2023 - 10:05 AM

Lane	Comp#	Name	Age	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
1	1483	Kang, Pei Ling	26	WINGS ATHLET	NT
2	1032	Chan, Si En Cass	19	SINGAPORE SP	1:11.14
3	1489	Tan, Clenyce	24	WINGS ATHLET	1:08.33
4	1040	Jaiganth, Laavinia	17	SINGAPORE SP	1:04.93
5	1045	Koh, Shun Yi Audrey	17	SINGAPORE SP	1:07.05
6	1042	Khoo, Tyeisha Rene Misson	20	SINGAPORE SP	1:09.99

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## Event 650 Women 400 Meter Hurdles (0.762m) U20

Saturday 25/3/2023 - 10:20 AM

Lane	Comp#	Name	Age	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
3	765	Goh, Yu Xin	17	NATIONAL JUN	NT
4	583	Sim, Tricia	17	HWA CHONG IN	1:17.37
5	778	Lim, Hui En Hayley	18	NATIONAL JUN	1:24.49

## Event 590 Women High Jump U20

Saturday 25/3/2023 - 10:40 AM

Pos	Comp#	Name	Age	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	581	Neo, Charlize	18	HWA CHONG IN	1.30m
2	594	Woo, Eryn	17	HWA CHONG IN	1.35m
3	977	Ng, Natalie	18	RAFFLES INST	1.35m
4	592	Wong, Jin Rou	17	HWA CHONG IN	1.48m
5	1396	Fu, Qiwen	18	VICTORIA JUN	NH
6	973	Lee, Alysa	18	RAFFLES INST	NH
7	1403	Seet, Jadyne	17	VICTORIA JUN	1.40m
8	872	Tong, Jing Ning	18	OLDHAM ATHLETICS	1.46m

## Event 651 Girls 400 Meter Hurdles (0.762m) U18

Saturday 25/3/2023 - 10:40 AM

Lane	Comp#	Name	Age	Team	Prelims
<b>Section 1 of 1 Finals</b>					
1	281	Goh, Yan Xuan Feronia	16	CHIJ ST. NIC	1:18.78
2	749	Teo, Yan Jia	15	NANYANG GIRL	1:18.52
3	442	Tan, Cadence	16	EROVRA CLUB	1:16.02
4	330	Foo, Natalie	16	CHIJ STC	1:14.27
5	142	Chew, Caelyn	15	CEDAR GIRLS	1:14.28
6	6	Joanna, Ho	16	ACTIVESG CLUB	1:17.00
7	713	Cheryl, Tan Pei Xuan	15	NANYANG GIRL	1:19.71
8	304	Sem, Euna	15	CHIJ ST. NIC	1:20.82
<b>Results - Prelims</b>					
9	308	Tan, Shi Ru, Sophie	15	CHIJ ST. NIC	1:21.00
DQ	751	WU, Ting Wei	16	NANYANG GIRL	DQ

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## Event 107 Boys Long Jump U15

Saturday 25/3/2023 - 10:45 AM

Pos	Comp#	Name	Age	Team	Seed Mark
<b>Flight 1 of 2 Finals</b>					
1	1165	Neo, Wayne	14	ST JOSEPH'S	ND
2	1437	Ghosh, Arko	12	VICTORIA SCHOOL	ND
3	539	Marcus, Seow	14	HWA CHONG IN	ND
4	1474	Tang, Cayman	14	VICTORIA SCHOOL	ND
5	1148	Khoo, Joshua	13	ST JOSEPH'S	ND
6	518	Emmanuel, Loo	14	HWA CHONG IN	ND
7	113	Tong, Xuan YU	14	CATHOLIC HIG	ND
8	109	Tan, E-Kai	14	CATHOLIC HIG	ND
9	1065	Ahmed Ridzwan, Eshan Shayaan	13	SINGAPORE SP	ND
10	74	Che, Pinran	14	CATHOLIC HIG	ND
11	564	Xiyuan, Li	14	HWA CHONG IN	ND
12	1141	Chen, Timothy	14	ST JOSEPH'S	ND
13	1443	Koh, Lucas	14	VICTORIA SCHOOL	ND

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## Flight 2 of 2 Finals...(Event 107 Boys Long Jump U15)

1	1094	Zool Ihsan, Muhammad Reza	13	SINGAPORE SP	ND
2	1295	HO, Oliver	14	TEAM CICADA	ND
3	907	Wee, Finn	14	OLDHAM ATHLETICS	ND
4	948	Ong, Chern Hao	14	RAFFLES INST	4.07m
5	1069	Elessa, Marc David	14	SINGAPORE SP	3.79m
6	1293	Gautham, Annadurai	14	TEAM CICADA	4.50m
7	880	Foo, Jacob	13	OLDHAM ATHLETICS	4.44m
8	957	Tan, Joshua	14	RAFFLES INST	4.61m
9	1067	Azhar, Muhammad Aaryan Shah	14	SINGAPORE SP	5.19m
10	1068	Chua, Veroy Jia Hao	14	SINGAPORE SP	5.24m
11	947	Ng, Wei Jie	14	RAFFLES INST	4.57m
12	1086	See, Jovan Kai Le	14	SINGAPORE SP	4.16m
13	23	Seah, Aden Jia Kai	13	ACTIVESG CLUB	4.08m

## Event 652 Boys 200 Meter Hurdles (0.762m) U15

Saturday 25/3/2023 - 10:50 AM

Lane	Comp#	Name	Age	Team	Prelims
<b>Section 1 of 1 Finals</b>					
1	1162	Lim, John	13	ST JOSEPH'S	30.40
2	1430	Ahmad Majid, Kevin	14	VICTORIA SCHOOL	30.32
3	117	Zhou, SI Yuan	14	CATHOLIC HIG	30.14
4	1436	Fang, Kayden	14	VICTORIA SCHOOL	26.67
5	511	Chew Elliot, Bih-Chen	14	HWA CHONG IN	29.54
6	544	Oon Leroy, Kai Jun	14	HWA CHONG IN	30.28
7	517	Declan, Khodyat	14	HWA CHONG IN	30.77
8	1145	Foo, Basil	14	ST JOSEPH'S	31.10
<b>Results - Prelims</b>					
9	815	Leo, Ju Ye Trey	14	NATIONAL JUN	31.31
10	1448	Lim, Reagan	13	VICTORIA SCHOOL	31.65
11	916	B, Sanjiith	14	RAFFLES INST	31.75
12	959	Tan, Wentao	13	RAFFLES INST	31.90
13	1157	Le, Edan	13	ST JOSEPH'S	32.09
14	832	Wong, Jyn Yi Asher	13	NATIONAL JUN	32.19



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## Results - Prelims... (Event 652 Boys 200 Meter Hurdles (0.762m) U15)

15	67	Tan, Jun Hong	14	BUKIT VIEW S	33.11
16	361	Seah, Aden	13	CLUB ZOOM	34.50
DQ	831	Wei, Zixiao	14	NATIONAL JUN	DQ

## Event 674 Girls 200 Meter Hurdles (0.762m) U15

Saturday 25/3/2023 - 11:00 AM

Lane	Comp#	Name	Age	Team	Prelims
<b>Section 1 of 1 Finals</b>					
1	730	Leong, Jia Xin Laura	14	NANYANG GIRL	35.32
2	741	Quinn, Puar Min (Pan Min)	13	NANYANG GIRL	34.28
3	715	Chong, Kate Lynn, Lea	14	NANYANG GIRL	33.53
4	1244	Kaufmann, Mayah	14	TANJONG KATO	33.06
5	283	Ho, Chien Hui Clairia	14	CHIJ ST. NIC	33.27
6	306	Tan, Eng Thiam Meranda	13	CHIJ ST. NIC	34.11
7	172	Quek, Isabelle	14	CEDAR GIRLS	36.31
8	1282	Ng, Jing Wen Ariel	13	TEAM CICADA	43.10

## Results - Prelims

DQ	766	Goh, Zining Amelia	14	NATIONAL JUN	DQ
DQ	801	Wang, Jing Han Kaelyn	14	NATIONAL JUN	DQ
---	760	Chai, Xin Ya	14	NATIONAL JUN	DNS

## Event 616 Women Javelin Throw 600g) Open

Saturday 25/3/2023 - 11:30 AM

Pos	Comp#	Name	Age	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	199	Fernandez, Aerial	19	CHANGKAT CHA	ND
2	474	Seah, Michelle	24	FAC	ND
3	1486	Shanmugaratnam, Maya	27	WINGS ATHLET	30.00m
4	1490	Teo, Hui Juen	34	WINGS ATHLET	33.00m
5	837	Chiu, Jing Wen	27	NATIONAL UNI	34.00m

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## Event 627 Men High Jump U20

Saturday 25/3/2023 - 2:00 PM

Pos	Comp#	Name	Age	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	1412	Emery, Conrad	17	VICTORIA JUN	NH
2	996	Low, Glenn	17	RAFFLES INST	NH
3	467	NG, Jing Kai Aldred	18	EUNOIA JUNIO	NH
4	622	Wang, Lingjun	19	HWA CHONG IN	NH
6	1089	Tan, Elijah	19	SINGAPORE SP	1.85m
7	612	Tan, Ashton	18	HWA CHONG IN	1.87m
8	1424	Tan, Ian	18	VICTORIA JUN	1.69m
9	623	Wong, Asher	17	HWA CHONG IN	1.86m

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## Event 617 Boys Javelin Throw (600g) U15

Saturday 25/3/2023 - 2:00 PM

Pos	Comp#	Name	Age	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	98	Lee, Zheng Xuan (Li Zheng	14	CATHOLIC HIG	ND
2	1461	Ramesh, Sharvesh	14	VICTORIA SCHOOL	ND
3	1152	Kuah, Joshua	13	ST JOSEPH'S	ND
4	103	NG, YI Yang Jerome	13	CATHOLIC HIG	ND
5	1169	Ong, Matthew	14	ST JOSEPH'S	ND
6	940	Low, Lucas	13	RAFFLES INST	15.00m
7	950	Poh, Darius	14	RAFFLES INST	31.69m
8	1142	Chern, Ze Hearn	14	ST JOSEPH'S	ND
9	967	Ye, Matthew	13	RAFFLES INST	15.00m
10	896	Siaw, Ashton	14	OLDHAM ATHLETICS	ND
11	1438	Gupta, Vansh	14	VICTORIA SCHOOL	ND
12	1470	Tan, Jose	13	VICTORIA SCHOOL	ND
13	532	Li, Jiting	14	HWA CHONG IN	ND
14	22	Sam, Yin Hoi	13	ACTIVESG CLUB	20.00m
15	92	Howe, Cheng Long Lewin	13	CATHOLIC HIG	ND
16	563	Wong, Zi Hao	14	HWA CHONG IN	ND
17	514	Chong, Xin Yi	14	HWA CHONG IN	ND

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## Event 738 Girls 4x100 Meter Relay U15

Saturday 25/3/2023 - 3:00 PM

Lane	Comp#	Team	Relay	Seed Time
<b>Heat 1 of 2 Prelims</b>				
2		SINGAPORE SPORTS SCHOOL	A	NT
		1) #1039 Jai Raj, Krishna Shashini 14 2) #1034 Chng, Megan Shu Ting 13 3) #1029 Abdul Karim, Nuraqyra Sha4) #1053 Ng, Reeyern 13		
3		UNITY SECONDARY SCHOOL	A	NT
		1) #1378 ng, michelle 14 2) #1374 lee, gervelle 14 3) #1373 koh, cheryl 14 4) #1377 Mahisha, Muthukumar 14		
4		NANYANG GIRLS' HIGH SCHOOL	A	NT
		1) #734 Liu, Yixin 14 2) #747 Tan, Eden Saige 14 3) #736 NG, Carrie 13 4) #741 Quinn, Puar Min (Pan Min) 1		
5		NATIONAL JUNIOR COLLEGE	A	NT
6		CHIJ SECONDARY (TOA PAYOH)	A	NT
		1) #262 Wang, Xinran Sara 13 2) #260 Tsen, YU Han 13 3) #250 Ramachandra, Rania 14 4) #258 Tan, Samantha 14		
<b>Heat 2 of 2 Prelims</b>				
2		DUNMAN HIGH SCHOOL	A	NT
		1) #420 Tan, Shi Jin, Angela 14 2) #414 Ng, Rei Ann 13		
3		JUNYUAN SECONDARY SCHOOL	A	NT
		1) #650 Aliya, Nurul 2) #648 Alia, Nuha 3) #651 Emilia Koh, Miki 16 4) #652 Fatin Fazeela, Binte Samsudi		
4		BUKIT VIEW SECONDARY SCHOO	A	NT
		1) #33 Ewing-Chow, Elyssa Grace 132) #41 Sallehuddin, Sofia Alia 13 3) #43 Suresh Kumar, Priyaangha 14 4) #45 Teoh, Fermana AI QI 14		
5		CEDAR GIRLS SECONDARY SCHO	A	NT
		1) #174 Seah, Kayley 13 2) #190 Toh, Chloe 14 3) #183 tan, heather 14 4) #187 Tan, Shannon 14		
6		CHIJ ST. NICHOLAS GIRLS'	A	NT
		1) #293 Lim, Yi Qing Hannah 14 2) #306 Tan, Eng Thiam Meranda 13 3) #309 Tan, Xiu Wen Faith 13 4) #312 Teh, Xin Ni Charlotte 14		

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## Event 737 Boys 4x100 Meter Relay U15

Saturday 25/3/2023 - 3:20 PM

Lane	Comp#	Team	Relay	Seed Time
<b>Heat 1 of 2 Prelims</b>				
2		BUKIT VIEW SECONDARY SCHOO	A	NT
	1) #68	Tan, Pin Yuan 14	2) #67	Tan, Jun Hong 14
			3) #71	Yeo, You Hian 13
			4) #65	Tan, Dylan Tze LE 13
3		TEAM CICADA TRACKERS	A	NT
	1) #1295	HO, Oliver 14	2) #1293	Gautham, Annadurai 14
			3) #1307	Wang, MingLe 14
			4) #1296	Lim, John 13
4		UNITY SECONDARY SCHOOL	A	NT
	1) #1384	hong, jared 14	2) #1385	Kok, Jaydeus 13
			3) #1392	wong, Zachery 14
			4) #1390	Sai, Pramod 13
5		NATIONAL JUNIOR COLLEGE	A	NT
6		SINGAPORE SPORTS SCHOOL	A	NT
	1) #1069	Elessa, Marc David 14	2) #1067	Azhar, Muhammad Aaryan S)
			3) #1073	Jee, Kai En Kyan 14
			4) #1091	Tang, Cornelius En Jie 13
7		VICTORIA SCHOOL	A	NT
	1) #1436	Fang, Kayden 14	2) #1433	Chen, Zihan 14
			3) #1448	Lim, Reagan 13
			4) #1479	Yeo, Shin Kee 14
<b>Heat 2 of 2 Prelims</b>				
2		CATHOLIC HIGH SCHOOL	A	NT
3		JUNYUAN SECONDARY SCHOOL	A	NT
	1) #654	Dickson Lim, DE Sheng 14	2) #657	Leroy Lye, Cheng How 14
			3) #661	Muhammad Amir, Bin Abdul4)
			4) #660	M, Izz
4		ST JOSEPH'S INSTITUTION	A	NT
	1) #1143	Chua, Isaac 14		
5		HWA CHONG INSTITUTION	A	NT
6		RAFFLES INSTITUTION	A	NT
	1) #924	Goh, Aidan 13	2) #929	Ko, Daryen 14
			3) #941	Mennella, Leonardo 13
			4) #963	Wang, Qiyue 14

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## Event 740 Girls 4x100 Meter Relay U18

Saturday 25/3/2023 - 3:40 PM

Lane	Comp#	Team	Relay	Seed Time
<b>Heat 1 of 2 Prelims</b>				
2		CHIJ STC	A	NT
	1) #327	Destiny, Andramada 15	2) #325	Choi, Ming Xin 16
			3) #331	Kan, Kayler 15
			4) #342	Siu, Emily 16
3		CHIJ ST. NICHOLAS GIRLS'	A	NT
	1) #280	Goh, Xu En Hannah 15	2) #290	Lee, Shyin Elizabeth 15
			3) #296	Ng, Sok Chee Jayme 16
			4) #295	Looi, Yan Ning Samantha 16
4		BUKIT VIEW SECONDARY SCHO	A	NT
	1) #31	Cai, Yawen 16	2) #32	Chan, Jia Xin 15
			3) #37	Mohamed Ismail, Baasima Tas4
			4) #38	Mohammad Dzulkifli, Dina Af
5		UNITY SECONDARY SCHOOL	A	NT
	1) #1380	Teo, felicia 16	2) #1381	Tor, Natalie 15
			3) #1379	Saravanan, Annapoorani 154
			4) #1375	liew, anxin 16
6		NANYANG GIRLS' HIGH SCHOOL	A	NT
	1) #712	Chan, Mathea 16	2) #716	Chua, Amanda Jia Ying 15
			3) #735	Lui, Rui Xian 15
			4) #745	Soh, Hwei En, Rachel 15
7		DUNMAN HIGH SCHOOL	A	NT
	1) #421	Tee, Hui Xin, Natalie 14		
<b>Heat 2 of 2 Prelims</b>				
2		SINGAPORE SPORTS SCHOOL	A	NT
	1) #1043	Koh, Jing Xuan Bernyce 162	#1052	Neo, En Yu 16
			3) #1044	Koh, Shi Xuann Bevlyn 16
			4) #1061	Vaz, Luisa Marie 15
3		NATIONAL JUNIOR COLLEGE	A	NT
4		CHIJ SECONDARY (TOA PAYOH)	A	NT
	1) #242	Lim, Mabel 16	2) #256	Tan, Chloe 15
			3) #246	Mak, Kyla 15
			4) #255	Solana, Leann Canda 15
5		TEAM CICADA TRACKERS	A	NT
	1) #1273	Chee, Chloe 15	2) #1275	goh, keia 15
			3) #1284	Tan, Le Xiao 15
			4) #1280	Lim, Glynis 15
6		CEDAR GIRLS SECONDARY SCHO	A	NT
	1) #195	Ying, Megan 16	2) #178	Soh, Sharlene 16
			3) #189	Teh, Justine 16
			4) #179	Soliva, Zara 15

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## Event 739 Boys 4x100 Meter Relay U18

Saturday 25/3/2023 - 4:00 PM

Lane	Comp#	Team	Relay	Seed Time
<b>Heat 1 of 2 Prelims</b>				
3		TANJONG KATONG SECONDARY S	A	NT
	1) #1260	Ong, Zachary 16	2) #1253	Lee, Jayvier 16
			3) #1256	Lim, Marcus 15
			4) #1271	Wei, ZE AN 15
4		NATIONAL JUNIOR COLLEGE	A	NT
5		SINGAPORE SPORTS SCHOOL	A	NT
	1) #1064	Abdul Razak, Abdul Raqib 16	2) #1077	Molokwu, Ifeanyichukwu A3
			3) #1082	Ooi, Deshann Cayden 16
			4) #1080	Ng, Jayden 15
6		CATHOLIC HIGH SCHOOL	A	NT
7		ST JOSEPH'S INSTITUTION	A	NT
	1) #1138	Chan, Luke 16	2) #1160	Lim, Elliot 16
			3) #1175	Rajah, Dhiran Dev 15
			4) #1182	Shi, Darius 16
<b>Heat 2 of 2 Prelims</b>				
2		UNITY SECONDARY SCHOOL	A	NT
	1) #1382	Alphonso, Theodore 15	2) #1383	Haqem, Adryan 16
			3) #1386	Lynam, Nash Sing 15
			4) #1389	Pang, Lucas 15
3		HWA CHONG INSTITUTION	A	NT
4		RAFFLES INSTITUTION	A	NT
	1) #921	Chua, Garrett 15	2) #919	Chan, Brayden 16
			3) #962	Teo, Xavier 16
			4) #918	Bin Zulfhisham, Shadi 16
5		TEAM CICADA TRACKERS	A	NT
	1) #1290	Curran, Daniel Raihan 15	2) #1291	Curran, Harry Irfan 15
			3) #1292	Curran, Jake Aryan 15
			4) #1303	sim, ambrose 16
6		BUKIT VIEW SECONDARY SCHOO	A	NT
	1) #57	Lim, Kieran Yong Xiang 16	2) #61	NG, Dylan YU Loong 15
			3) #60	Luah, Evan Kay LE 16
			4) #49	Chan, Michael Johan 16
7		VICTORIA SCHOOL	A	NT
	1) #1435	Eshan, Shareeq 16	2) #1464	Seah, Matthew 16
			3) #1451	Low, Kayden 15
			4) #1432	Chan, Jerome 15

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## Event 105 Boys Javelin Throw (700g) U18

Saturday 25/3/2023 - 4:00 PM

Pos	Comp#	Name	Age	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	568	Zhao, Daniel	15	HWA CHONG IN	ND
2	819	Long, Jia Cheng	16	NATIONAL JUN	24.91m
3	931	Kwa, Euhan	15	RAFFLES INST	50.14m
4	1459	Quek, Jeremiah	17	VICTORIA SCHOOL	ND
5	99	Lim, Zheng Kai, Kellan	16	CATHOLIC HIG	ND
6	956	Tan, Huai Feng	15	RAFFLES INST	37.88m
7	607	Lye, Evan	17	HWA CHONG IN	ND
8	944	Ng, Gabriel	15	RAFFLES INST	44.70m
9	1193	Wan, Wan	15	ST JOSEPH'S	ND
10	1457	Pham, Phu Minh	16	VICTORIA SCHOOL	ND
11	562	Wang, Jingbo	15	HWA CHONG IN	ND
12	72	AW, Lucas	16	CATHOLIC HIG	ND
13	538	Liu, Shijia	15	HWA CHONG IN	ND
14	1518	Phua, Dexton	16	WINGS ATHLET	48.80m
15	100	Liu, Yue Heng	16	CATHOLIC HIG	ND
16	1092	Tang, Xavier Aloysius	16	SINGAPORE SP	ND
18	982	Cheng, Arthur	17	RAFFLES INST	43.93m
19	1501	Jusdi, Jadon	16	WINGS ATHLET	45.00m
20	1196	Wong, Jayden	16	ST JOSEPH'S	ND
21	1473	Tan, Wei Han	16	VICTORIA SCHOOL	ND



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## Event 213 Girls 400 Meter Dash U15

Saturday 25/3/2023 - 4:20 PM

Lane	Comp#	Name	Age	Team	Prelims
<b>Section 1 of 1 Finals</b>					
1	1242	Chua, Laura	13	TANJONG KATO	1:11.56
2	1243	John, Alexis	13	TANJONG KATO	1:11.10
3	144	Chiew, Amelia	13	CEDAR GIRLS	1:10.61
4	1283	Seow, Kyra	14	TEAM CICADA	1:07.60
5	10	Sarashree, Reddiyar	14	ACTIVESG CLUB	1:10.39
6	639	Tan, Jovic	15	JS ATHLETICS	1:10.64
7	1246	Teoh, Claudia	14	TANJONG KATO	1:11.87
8	730	Leong, Jia Xin Laura	14	NANYANG GIRL	1:11.97
<b>Results - Prelims</b>					
9	183	tan, heather	14	CEDAR GIRLS	1:12.13
10	4	Diana, Terekhova	13	ACTIVESG CLUB	1:12.50
11	1055	Premanandham, Varshana	14	SINGAPORE SP	1:13.19
12	323	Arundhati Joseph, Annette	14	CHIJ STC	1:13.37
13	2	Ayko, Ellin Kuijpers	14	ACTIVESG CLUB	1:14.16
14	398	Chew, Kai Yi, Caerisse	13	DUNMAN HIGH SCHOOL	1:15.16
15	147	Chua, Yu Qian	14	CEDAR GIRLS	1:15.75
16	238	Kwok, Michelle	14	CHIJ SECONDA	1:16.52
17	1225	Wong, Jane	13	ST. ANTHONY'	1:16.82
18	1201	Aashi, Lareesha	13	ST. ANTHONY'	1:16.88
19	631	Goh, Sarah Amir	13	JS ATHLETICS	1:17.11
20	1029	Abdul Karim, Nuraqyra Shazrynn	14	SINGAPORE SP	1:17.72
21	386	Wong, Sze En, Abigail	14	COUGARS ATHL	1:18.70
22	343	Sorrentino, Sara		CHIJ STC	1:21.03
23	1210	Lee, Natasha	13	ST. ANTHONY'	1:22.25
24	44	Tang, Jenell Wan Xuan	14	BUKIT VIEW S	1:27.47
25	643	Xu, Xin' Ai	14	JS ATHLETICS	1:30.04
26	42	Senthil, Harshini	13	BUKIT VIEW S	1:30.10
---	45	Teoh, Fernanda AI QI	14	BUKIT VIEW S	DNS
---	725	Koh, Qixuan, Dilys	13	NANYANG GIRL	DNS

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---	250	Ramachandra, Rania	14	CHIJ SECONDA	DNS
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## Meet Program

## Event 214 Boys 400 Meter Dash U15

Saturday 25/3/2023 - 4:25 PM

Lane	Comp#	Name	Age	Team	Prelims
<b>Section 1 of 1 Finals</b>					
1	1336	Lim, Tze QI	14	TEMASEK SECO	1:01.54
2	1338	Nathaniel YU, Ching Xiang	14	TEMASEK SECO	1:01.39
3	20	Oliver, Fiore	14	ACTIVESG CLUB	59.28
4	903	Tay, Sean Russell	14	OLDHAM ATHLETICS	55.71
5	1479	Yeo, Shin Kee	14	VICTORIA SCHOOL	59.05
6	909	Yeo, Aidan	13	OLDHAM ATHLETICS	1:00.43
7	14	Diganth, Subash	13	ACTIVESG CLUB	1:02.02
8	117	Zhou, SI Yuan	14	CATHOLIC HIG	1:02.43
<b>Results - Prelims</b>					
9	1154	Lai, Russell	14	ST JOSEPH'S	1:02.77
10	898	Sim, Bryan	13	OLDHAM ATHLETICS	1:03.14
11	1263	SU, Theodore	13	TANJONG KATO	1:03.58
12	942	Nagaraj, Dhiyanesh	14	RAFFLES INST	1:04.29
13	558	Teo, Yih Yang	13	HWA CHONG IN	1:04.94
14	79	Chia, Bing Xian Keane	14	CATHOLIC HIG	1:05.00
15	1200	Zheng, Cheung	14	ST JOSEPH'S	1:05.00
16	511	Chew Elliot, Bih-Chen	14	HWA CHONG IN	1:05.03
17	78	Chia, Avery	13	CATHOLIC HIG	1:05.93
18	935	Lim, Aiden	14	RAFFLES INST	1:06.16
19	1186	Tan, Glenn	14	ST JOSEPH'S	1:07.46
20	56	Liem, Xian De, Gideon	13	BUKIT VIEW S	1:07.52
21	549	See, Lin YI	14	HWA CHONG IN	1:08.45
22	1261	Ridjal, Imran	13	TANJONG KATO	1:09.27
23	68	Tan, Pin Yuan	14	BUKIT VIEW S	1:09.92
24	365	Wong, zachary	13	CLUB ZOOM	1:09.95
25	1249	Chandran, Sujith	13	TANJONG KATO	1:10.09
26	1258	Luan, Aidan	13	TANJONG KATO	1:10.47
27	55	LI, Ee-Kai	13	BUKIT VIEW S	1:14.26
---	831	Wei, Zixiao	14	NATIONAL JUN	DNS

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---	645	Kwok, Joseph Wen Xin	13 JS ATHLETICS	DNS
---	1265	Tan, Jacob	13 TANJONG KATO	DNS

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## Event 218 Boys 400 Meter Dash U18

Saturday 25/3/2023 - 4:30 PM

Lane	Comp#	Name	Age	Team	Prelims
<b>Section 1 of 1 Finals</b>					
1	1358	Bala Kumar, Varshan	17	TRACKSTAR AT	56.71
2	1319	Lee, Joshua	15	TEAMFABIAN	56.55
3	1070	Fun, Le Cong Lucas	17	SINGAPORE SP	55.39
4	526	Kho, Yuan ZU	16	HWA CHONG IN	54.50
5	1291	Curran, Harry Irfan	15	TEAM CICADA	55.25
6	1077	Molokwu, Ifeanyichukwu Asyara	17	SINGAPORE SP	55.65
7	101	MA, Jia Qian Hayden	15	CATHOLIC HIG	56.85
8	1075	Mohamed Redzwan, Muhammad Danie	16	SINGAPORE SP	57.30
<b>Results - Prelims</b>					
9	1365	Peter Cheong-Smith, Thomas	16	TRACKSTAR AT	57.71
10	1231	Begbie, Christopher	16	ST. PATRICK'	58.23
11	537	Lim, YU Cheng	15	HWA CHONG IN	59.29
12	1290	Curran, Daniel Raihan	15	TEAM CICADA	59.30
13	108	Soon, QI Zhe Aidan	16	CATHOLIC HIG	59.39
14	49	Chan, Michael Johan	16	BUKIT VIEW S	59.55
15	1531	Marekan, Shahril	16	YISHUN SECON	59.63
16	61	NG, Dylan YU Loong	15	BUKIT VIEW S	59.74
17	53	Ganesh, Aarya	15	BUKIT VIEW S	59.81
18	1468	Tan, Ezekiel	15	VICTORIA SCHOOL	1:00.60
19	1292	Curran, Jake Aryan	15	TEAM CICADA	1:00.76
20	1180	Shacklock, Michael	15	ST JOSEPH'S	1:00.83
21	868	Ong, YE Kai Ryan	15	NORTHBROOKS	1:01.75
22	448	Tan, Eugene	15	EROVRA CLUB	1:01.85
23	834	Yen, Ming Zhen	14	NATIONAL JUN	1:01.87
24	1333	Jonathan Lee, Zhi Xuan	16	TEMASEK SECO	1:02.37
25	659	Low, Jie YI	17	JUNYUAN SECO	1:02.46
26	1331	Ang, Jia Yang Kaydrian	15	TEMASEK SECO	1:02.48
27	925	Goh, Jarius	15	RAFFLES INST	1:03.00
28	1251	Juluri, Aditya	15	TANJONG KATO	1:03.13

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29	825	Quek, Mingxi Owen	15 NATIONAL JUN	1:03.24
30	430	Ho, Junhao, Josh	16 DUNMAN HIGH SCHOOL	1:03.36
31	76	Chew, DE Jun	16 CATHOLIC HIG	1:04.30
32	536	Lim, Song YI	15 HWA CHONG IN	1:05.23
---	899	Soh, Aidan	16 OLDHAM ATHLETICS	DNS
---	968	Yin, Ming Jun	16 RAFFLES INST	DNS
---	688	Phua, Zander	16 MARIS STELLA	DNS
---	1189	Tey, Quan Han	16 ST JOSEPH'S	DNS
---	1229	Aruldass, Jerard	16 ST. PATRICK'	DNS
---	920	Choy, Caleb	17 RAFFLES INST	DNS
---	1171	Ong, Qin Kye	15 ST JOSEPH'S	DNS

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## Results - Prelims... (Event 218 Boys 400 Meter Dash U18)

---	1262	Shahid, Mohamed	15	TANJONG KATO	DNS
---	1271	Wei, ZE AN	15	TANJONG KATO	DNS
---	1266	Tay, Tensho	15	TANJONG KATO	DNS

## Event 642 Girls 400 Meter Dash U18

Saturday 25/3/2023 - 4:35 PM

Lane	Comp#	Name	Age	Team	Prelims
<b>Section 1 of 1 Finals</b>					
1	374	LI, Charlotte	16	COUGARS ATHL	1:07.46
2	1285	Teo, Alexis	15	TEAM CICADA	1:07.20
3	735	Lui, Rui Xian	15	NANYANG GIRL	1:07.03
4	1278	Koh, Faith	15	TEAM CICADA	1:03.19
5	319	Wong, Zhi Qi Nikki	16	CHIJ ST. NIC	1:06.59
6	330	Foo, Natalie	16	CHIJ STC	1:07.08
7	578	Lim, Gwendolin	17	HWA CHONG IN	1:08.35
8	586	Tan, Kit Kaye	17	HWA CHONG IN	1:08.75
<b>Results - Prelims</b>					
9	1284	Tan, Le Xiao	15	TEAM CICADA	1:08.93
10	191	Toh, Isabel	16	CEDAR GIRLS	1:10.88
11	720	FU, YU	15	NANYANG GIRL	1:10.97
12	1051	Muammar Gadafi, Siti Nurhidayah	16	SINGAPORE SP	1:11.27
13	402	Ho, Sze Jae, Alexis(He Z	16	DUNMAN HIGH SCHOOL	1:11.81
14	219	Teng, Chloe Yin Ning	15	CHIJ KATONG	1:12.01
15	325	Choi, Ming Xin	16	CHIJ STC	1:12.57
16	301	Pay, Wenxuan Clarissa	15	CHIJ ST. NIC	1:13.32
17	697	Tan, Janet	16	MAXFORM	1:14.03
18	407	Liao, Ljia Syuan	15	DUNMAN HIGH SCHOOL	1:14.52
19	440	., Ines	17	EROVRA CLUB	1:15.43
20	192	Velu, Yazhini	15	CEDAR GIRLS	1:16.55
21	331	Kan, Kayler	15	CHIJ STC	1:16.87
22	628	Chai, Jocelyn Hui Min	16	JS ATHLETICS	1:17.90
23	119	Binte Aidil, Aleena Elsa	17	CATHOLIC JUN	1:18.96
24	189	Teh, Justine	16	CEDAR GIRLS	1:19.66
25	37	Mohamed Ismail, Baasima Tasneem	16	BUKIT VIEW S	1:24.91

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---	783	Mohammad Shah, Nur Irdina	13	NATIONAL JUN	DNS
---	751	WU, Ting Wei	16	NANYANG GIRL	DNS
---	36	M, Nivedita	16	BUKIT VIEW S	DNS
---	39	Muhammad Firman, Mysha Kirana Alu	15	BUKIT VIEW S	DNS
---	368	Boon, Yan Xin	16	COUGARS ATHL	DNS
---	179	Soliva, Zara	15	CEDAR GIRLS	DNS
---	288	Koh, Wei Qi	16	CHIJ ST. NIC	DNS



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## Event 681 Women 400 Meter Dash U20

Saturday 25/3/2023 - 4:40 PM

Lane	Comp#	Name	Age	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
1	408	Lim, Ze Qin, Rae	18	DUNMAN HIGH SCHOOL	NT
2	789	Patankar, Anika Nilesh	18	NATIONAL JUN	NT
3	871	Kwok, Jessiree	18	OLDHAM ATHLETICS	1:13.50
4	1032	Chan, Si En Cass	19	SINGAPORE SP	1:04.58
5	1357	Ying Qi Eiffer, Lim	19	TRACKSTAR AT	1:09.00
6	763	Ganesan, Lajithani	18	NATIONAL JUN	1:14.48

## Event 680 Men 400 Meter Dash U20

Saturday 25/3/2023 - 4:45 PM

Lane	Comp#	Name	Age	Team	Prelims
<b>Section 1 of 1 Finals</b>					
1	1132	Tao Joe, Cham	17	ST ANDREW'S	55.31
2	599	Chern, Samuel	19	HWA CHONG IN	54.71
3	818	Loh, Hin Yin Langston	17	NATIONAL JUN	54.32
4	997	Loy, Caleb	18	RAFFLES INST	52.17
5	1324	Tan, Zach	18	TEAMFABIAN	53.81
6	1410	Deshpande, Tanmay	18	VICTORIA JUN	54.58
7	389	Bin Ahmad Nazli, Ahmad Nur Hakeem	18	COUGARS ATHL	55.40
8	1127	Ajay, Navin Selven	19	ST ANDREW'S	55.51
<b>Results - Prelims</b>					
9	615	Tan, Tristan	18	HWA CHONG IN	56.39
10	1287	Chen, Dexian	19	TEAM CICADA	56.55
11	502	Ang, Ashwin	18	HWA CHONG AL	58.11
12	701	Mowe, Zachary	19	MAXFORM	58.18
13	1118	Mohamad Zin, Mohamad Afzal	18	SKY ATHLETICS	58.41
14	829	Tan, Hong Zhi Erwyn	18	NATIONAL JUN	59.41
15	883	Khoo, Alexander	18	OLDHAM ATHLETICS	1:00.27
16	1302	Ryan, Koh	19	TEAM CICADA	1:00.31
17	610	Ng, Jayden	18	HWA CHONG IN	1:01.10
18	1146	Francis, Felix Joseph	17	ST JOSEPH'S	1:02.73
19	393	S/O Mathialagan, Kuru Prakash	19	COUGARS ATHL	1:04.48
---	1364	Percy Muncherji, Reyaan	18	TRACKSTAR AT	DNS

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--- 1416 Ong, Renfred

17 VICTORIA JUN

DNS

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## Event 641 Women 400 Meter Dash Open

Saturday 25/3/2023 - 4:50 PM

Lane	Comp#	Name	Age	Team	Prelims
<b>Section 1 of 1 Finals</b>					
1	665	Cheah, Chloette	21	LACTICBUDS	1:07.50
2	692	Ho, Zhi Xuan	20	MAXFORM	1:06.68
3	1342	Ang, Phoebe	20	TOTALITY 360	1:05.79
4	351	Ng, Grace	31	CLUB ZOOM	1:04.37
5	1485	Patil, Tanisha	18	WINGS ATHLET	1:05.24
6	443	Tan, Sui Xin	28	EROVRA CLUB	1:06.26
7	489	Yuan, Elsie	22	FORTIUS ATHLETICS	1:11.91
8	668	Kok, Jin En	18	LACTICBUDS	1:12.89

## Results - Prelims

9	1099	Seet, Rachel	20	SINGAPORE UN	1:13.76
10	487	Veerayah, Keertana	22	FORTIUS ATHLETICS	1:14.69
11	1101	Ye Won, Lim	23	SINGAPORE UN	1:41.47
---	488	Wong, Beth	22	FORTIUS ATHLETICS	DNS

## Event 640 Men 400 Meter Dash Open

Saturday 25/3/2023 - 4:55 PM

Lane	Comp#	Name	Age	Team	Prelims
<b>Section 1 of 1 Finals</b>					
1	1504	Khoo, Kenneth	41	WINGS ATHLET	54.85
2	680	Shoben, Nikish	19	LACTICBUDS	54.33
3	755	Dhiya'ulhaq, Adam	24	NANYANG TECH	53.13
4	892	Ng, Chin Hui	29	OLDHAM ATHLETICS	52.38
5	1286	Bharadwaj, Akash	19	TEAM CICADA	52.89
6	1510	Lim, Joshua	29	WINGS ATHLET	53.21
7	677	Muhammad, Faizal	22	LACTICBUDS	55.06
8	497	Pua, Austin	23	FORTIUS ATHLETICS	56.04

## Results - Prelims

9	1347	Ong, Nigel	21	TOTALITY 360	56.27
10	493	Lim, Aaron	22	FORTIUS ATHLETICS	56.73
11	1294	Gwee, Samuel	21	TEAM CICADA	57.22
12	1112	Tan Zheng Long, Aloysius	26	SINGAPORE UN	57.30
13	1517	Pek, Brian	26	WINGS ATHLET	59.33
14	1109	Ng Chung Liu, Ben	26	SINGAPORE UN	1:03.03

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15	1110	S/O Gothandaraman, Bhuvanesh	25 SINGAPORE UN	1:04.84
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## Results - Prelims... (Event 640 Men 400 Meter Dash Open)

---	362	Toh, Eddie	42	CLUB ZOOM	DNS
---	704	Prudencio, Jiro	20	MAXFORM	DNS
---	498	Selvadason, Viknesh	24	FORTIUS ATHLETICS	DNS

## Event 581 Boys Long Jump U18

Saturday 25/3/2023 - 5:00 PM

Pos	Comp#	Name	Age	Team	Seed Mark
<b>Flight 1 of 2 Finals</b>					
1	102	NG, YI Jie	16	CATHOLIC HIG	ND
2	1166	Ng, Jayden	16	ST JOSEPH'S	ND
3	212	Tan, Yiquan	16	CHANGKAT CHA	ND
4	445	., Hongjun	16	EROVRA CLUB	ND
5	1014	Koh, Yu-Hao, Kyron	16	SAGA ATHLETICS	ND
6	519	Ethan, Kong	15	HWA CHONG IN	ND
7	77	Chew, Keng Yue, Joshua	16	CATHOLIC HIG	ND
8	561	Tristen, Chen	16	HWA CHONG IN	ND
9	1442	Kapil, Ahan	16	VICTORIA SCHOOL	ND
10	1196	Wong, Jayden	16	ST JOSEPH'S	ND
11	1512	Mowe, Christopher	15	WINGS ATHLET	ND
12	685	Law, YU Zhe	16	MARIS STELLA	ND
13	1012	Kumar, Viresh	16	REGIONAL TRA	ND
14	1192	Velazquez, Gabriel	15	ST JOSEPH'S	ND
15	566	Yuzhe, Chen	15	HWA CHONG IN	ND

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## Flight 2 of 2 Finals...(Event 581 Boys Long Jump U18)

1	87	Goh, Xun Lei, Jeroen	16	CATHOLIC HIG	ND
2	209	Pereira, Raphael	16	CHANGKAT CHA	ND
3	921	Chua, Garrett	15	RAFFLES INST	6.49m
4	915	Aqil, Mirza Bin Aminurrash	15	RAFFLES INST	5.39m
5	833	Yang, En Hao Daniel	15	NATIONAL JUN	5.99m
6	1083	Ortega, Rafael Pedro	16	SINGAPORE SP	5.44m
7	1511	Loo, Jia Kai	15	WINGS ATHLET	5.56m
8	1063	Abdul Jalil, Muhammad Zahin	16	SINGAPORE SP	5.38m
9	1076	Mohammad Ghazali, Mohammad Mart	17	SINGAPORE SP	5.99m
10	1074	Low, Ming Dao Jase	15	SINGAPORE SP	5.74m
11	928	Ho, Shuen	15	RAFFLES INST	5.83m
13	19	Ng, Xian Wei	16	ACTIVESG CLUB	4.95m
14	1080	Ng, Jayden	15	SINGAPORE SP	5.64m
15	1514	Ng, Jun Jie	16	WINGS ATHLET	5.69m

## Event 732 Men 3000 Meter Steeplechase (0.914m) U20

Saturday 25/3/2023 - 5:20 PM

Lane	Comp#	Name	Age	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
1	444	., Hernan	19	EROVRA CLUB	NT
2	1369	Yi Yong Gideon, Wong	18	TRACKSTAR AT	NT
3	811	Fang, Chen	17	NATIONAL JUN	13:28.59

## Event 660 Boys 2000 Meter Steeplechase (0.838m) U18

Saturday 25/3/2023 - 5:45 PM

Lane	Comp#	Name	Age	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
1	1071	Harris Mulyadi, Emre Rizq Mika	15	SINGAPORE SP	7:45.00
2	614	Tan, Khai Shyan	17	HWA CHONG IN	NT
3	863	Bin Edi, Mohamad Aqid Syahrek	15	NORTHBROOKS	NT

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## Event 701 Women 10000 Meter Race Walk Open

Saturday 25/3/2023 - 6:10 PM

Lane	Comp#	Name	Age	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
1	499	Soh, Cheryl	19	HWA CHONG AL	NT
2	1099	Seet, Rachel	20	SINGAPORE UN	NT
3	1097	Lim Qi Le, Sheila	25	SINGAPORE UN	NT
4	500	Ting, Allison	24	HWA CHONG AL	NT

## Event 696 Men Javelin Throw (800g) Open

Saturday 25/3/2023 - 6:30 PM

Pos	Comp#	Name	Age	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	480	Ng Kai Leong, Roy	20	FAC	ND
2	485	Wong, Yijie Lucas	19	FAC	ND
3	507	Wang, Ting Jia	23	HWA CHONG AL	55.71m

## Event 633 Women 1500 Meter Run Open

Saturday 25/3/2023 - 7:20 PM

Lane	Comp#	Name	Age	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
1	754	Choo, Darine	25	NANYANG TECH	5:44.14
2	1315	Sam, Vanessa	21	TEAMFABIAN	5:28.00
3	667	Gan, Steffi	24	LACTICBUDS	5:17.00
4	842	Wong Si Min, Levyn	23	NATIONAL UNI	5:26.00
5	665	Cheah, Chloette	21	LACTICBUDS	5:30.00
6	378	NG, Yew Cheo	37	COUGARS ATHL	NT
7	838	Lee, Jiaqi	20	NATIONAL UNI	NT

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## Event 632 Men 1500 Meter Run Open

Saturday 25/3/2023 - 7:25 PM

Lane	Comp#	Name	Age	Team	Seed Time
<b>Section 1 of 1 Timed Finals</b>					
1	857	Yong Ray, Pang	25	NATIONAL UNI	4:45.00
2	680	Shoben, Nikish	19	LACTICBUDS	4:26.00
3	1366	S/O Krishna, Hariharan	25	TRACKSTAR AT	4:20.00
4	1238	Lin, Jing Chao	22	SWIFT	4:21.00
5	1345	Kumar, Saran	21	TOTALITY 360	4:20.00
6	1360	Chia, Shawn	24	TRACKSTAR AT	4:20.00
7	1301	Osman, Amir Rusyaidi	21	TEAM CICADA	4:19.17
8	1235	Fayiz, Mohamed Haja	34	SWIFT	4:18.00
9	1520	S/O Ilangoh, Aravinthan	21	WINGS ATHLET	4:18.00
10	677	Muhammad, Faizal	22	LACTICBUDS	4:25.00
11	1368	Wen Qiang, Koh	26	TRACKSTAR AT	4:30.00
12	1346	Moheden, Muhammad Shah Feroz	39	TOTALITY 360	4:30.00
13	890	Loo, Nathan	21	OLDHAM ATHLETICS	4:33.00
14	1022	Lum, Justin	38	SINGAPORE MA	4:49.00
15	856	Yeow, Joshua	22	NATIONAL UNI	4:50.00
16	1496	Gan, Lingxin	42	WINGS ATHLET	4:52.00



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## Event 402 Girls Triple Jump U15

Sunday 26/3/2023 - 8:30 AM

Pos	Comp#	Name	Age	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	775	Lee, Yi Xuan Giselle	14	NATIONAL JUN	8.56m
2	785	Ng, Min Julia Anne	12	NATIONAL JUN	8.87m
3	317	Wang, Siang Yi, Sarah	14	CHIJ ST. NIC	ND
4	283	Ho, Chien Hui Clairra	14	CHIJ ST. NIC	ND
5	780	Lin, Jing Han Ariel	13	NATIONAL JUN	ND
6	299	Ong, Hui En	13	CHIJ ST. NIC	ND
7	742	Renee, Rajah	13	NANYANG GIRL	ND
8	719	Fiona, Scott Harrison	14	NANYANG GIRL	ND
9	728	Lee, Hui AN Heather	14	NANYANG GIRL	ND
10	1282	Ng, Jing Wen Ariel	13	TEAM CICADA	8.82m
11	9	Ng, Anna Yi Ning	14	ACTIVESG CLUB	7.80m

## Event 694 Men Hammer Throw (7.26kg) Open

Sunday 26/3/2023 - 8:30 AM

Pos	Comp#	Name	Age	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	1020	Lalwani, Arvind	43	SINGAPORE MA	26.47m
2	1021	Lum, Chee Meng	70	SINGAPORE MA	ND
3	1018	Fotohi, Reza	56	SINGAPORE MA	ND

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## Event 593 Boys Pole Vault U15

Sunday 26/3/2023 - 9:00 AM

Pos	Comp#	Name	Age	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	1441	Jiang, Yun Fan	14	VICTORIA SCHOOL	2.60m
2	548	Quek, Hoe Choon	14	HWA CHONG IN	NH
3	929	Ko, Daryen	14	RAFFLES INST	2.80m
4	930	Koo, Jia Jun	14	RAFFLES INST	2.10m
5	1472	Tan, Thaddeus	14	VICTORIA SCHOOL	1.60m
6	541	Neoh, Terrance	14	HWA CHONG IN	NH
7	530	Lee, Jun Wei	14	HWA CHONG IN	NH
8	923	Foo, Sean	14	RAFFLES INST	2.10m
9	1439	HO, Caden	14	VICTORIA SCHOOL	2.20m

## Event 622 Boys Discus Throw (1kg) U15

Sunday 26/3/2023 - 9:30 AM

Pos	Comp#	Name	Age	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	1454	Mohamad Shaiful, Muhammad Izdihar	14	VICTORIA SCHOOL	ND
2	531	Lee, Yu Foong	14	HWA CHONG IN	ND
3	515	Chua, Ethan	14	HWA CHONG IN	ND
4	950	Poh, Darius	14	RAFFLES INST	29.26m
5	97	Lee, Jay-Len	14	CATHOLIC HIG	ND
6	550	See, Roel	14	HWA CHONG IN	ND
7	969	Yong, Aloysius	14	RAFFLES INST	28.85m
8	1455	Mohamed Gazali, Mohamed An'Nique	14	VICTORIA SCHOOL	ND
9	104	OH, Han Hao Xavier	14	CATHOLIC HIG	ND
10	970	Zhao, Yuan	14	RAFFLES INST	27.91m
11	1149	Khushwanth, Vikram	14	ST JOSEPH'S	ND
12	1452	Lye, Elliot	14	VICTORIA SCHOOL	ND
13	96	Lau, Kor Jun Ian (Liu Kej	14	CATHOLIC HIG	ND

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## Event 747 Boys 4x400 Meter Relay U18

Sunday 26/3/2023 - 10:00 AM

Lane	Comp#	Team	Relay	Seed Time
<b>Heat 1 of 2 Prelims</b>				
2		MARIS STELLA HIGH SCHOOL	A	NT
	1) #685	Law, YU Zhe 16	2) #688	Phua, Zander 16
			3) #684	Chua, Hao EN Verek 16
			4) #683	Choo, Yan Hee Chase 16
3		SINGAPORE SPORTS SCHOOL	A	NT
	1) #1077	Molokwu, Ifeanyichukwu A2)	#1078	Muhammad Rashid, Emir 16)
			#1075	Mohamed Redzwan, Muhamad
			#1080	Ng, Jayden 15
4		JUNYUAN SECONDARY SCHOOL	A	NT
	1) #655	Duke Lucas HO, Shu Huang 2)	#658	Low, Cheng YI 15
			3) #659	Low, Jie YI 17
			4) #662	Tan, Chen XI Ian 16
5		HWA CHONG INSTITUTION	A	NT
6		ST JOSEPH'S INSTITUTION	A	NT
<b>Heat 2 of 2 Prelims</b>				
2		BUKIT VIEW SECONDARY SCHO	A	NT
	1) #61	NG, Dylan YU Loong 15	2) #57	Lim, Kieran Yong Xiang 16
			3) #53	Ganesh, Aarya 15
			4) #70	Vivekanandan, Navien 16
3		NATIONAL JUNIOR COLLEGE	A	NT
4		RAFFLES INSTITUTION	A	NT
	1) #918	Bin Zulhisham, Shadi 16	2) #952	Reddy, Manuj 15
			3) #968	Yin, Ming Jun 16
			4) #936	Lim, Brandon 15
5		CATHOLIC HIGH SCHOOL	A	NT
6		TEAM CICADA TRACKERS	A	NT
	1) #1292	Curran, Jake Aryan 15	2) #1290	Curran, Daniel Raihan 15
			3) #1303	sim, ambrose 16
			4) #1306	Tong, Gabriel 15

## Event 623 Men Triple Jump Open

Sunday 26/3/2023 - 10:30 AM

Pos	Comp#	Name	Age	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	1508	Lee, Gabriel	20	WINGS ATHLET	14.76m
2	1236	Lee, Adam	21	SWIFT	13.67m
3	1105	Jong, Shawn	23	SINGAPORE UN	ND
4	1502	Kapil, Arnav	20	WINGS ATHLET	ND
5	491	Chen, Ke Yuan	23	FORTIUS ATHLETICS	ND
6	479	Medina, Andrew	21	FAC	ND

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## Event 692 Men Discus Throw (2kg) Open

Sunday 26/3/2023 - 11:30 AM

Pos	Comp#	Name	Age	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	1088	Sheik Aluu'udin, Skeik Fayz	20	SINGAPORE SP	34.69m
2	508	Yee Chun Wai, Eric	24	HWA CHONG AL	49.40m
3	1528	Toh, Wei De	37	WINGS ATHLET	38.00m
4	505	Mook, He Jun	21	HWA CHONG AL	33.67m
5	1013	Lim, Xavier	19	REGIONAL TRA	ND

## Event 736 Men Pole Vault Open

Sunday 26/3/2023 - 2:30 PM

Pos	Comp#	Name	Age	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	852	Wong Jun Yong, Clevon	23	NATIONAL UNI	NH
2	355	Ang, Guo Jun	32	CLUB ZOOM	NH
3	476	Heng, Jee Kuan	21	FAC	NH
4	1515	Ng, Kean Mun	58	WINGS ATHLET	3.40m
5	363	Wee, Elliott	21	CLUB ZOOM	4.40m
6	848	Low, Jun Yu	22	NATIONAL UNI	4.60m
7	504	Koh, Aaron	28	HWA CHONG AL	4.40m
8	846	Koh, Wei Shien	28	NATIONAL UNI	4.80m

## Event 743 Women 4x100 Meter Relay U20

Sunday 26/3/2023 - 2:45 AM

Lane	Comp#	Team	Relay	Seed Time
<b>Section 1 of 1 Timed Finals</b>				
2		TEAM CICADA TRACKERS	A	NT
	1) #1277 Kim, Niesha Kim 17	2) #1274 Chen, Claire 18	3) #1281 Lim, Sumana 16	4) #1276 hamdani, emily 16
3		NATIONAL JUNIOR COLLEGE	A	NT
4		RAFFLES INSTITUTION JC	A	NT
	1) #979 Wong, Chloe 18	2) #974 Leong, Kirsten May 18	3) #975 Liau, Lyn 18	4) #978 Ng, Regina Hui Jun 18
5		EUNOIA JUNIOR COLLEGE	A	NT
6		VICTORIA JUNIOR COLLEGE	A	NT

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## Event 742 Men 4x100 Meter Relay U20

Sunday 26/3/2023 - 3:00 PM

Lane	Comp#	Team	Relay	Seed Time
<b>Section 1 of 1 Timed Finals</b>				
2		COUGARS ATHLETIC ASSOCIATIO	A	NT
	1) #389 Bin Ahmad Nazli, Ahmad Nu2)	#390 Bin Baharudin, Mohammad B)	#391 Chue, Zhi Qiang Jasper 18	4) #392 Han, Mao EN 18
3		ST JOSEPH'S INSTITUTION	A	NT
	1) #1153 Kwok, Kieran James 17			
4		NATIONAL JUNIOR COLLEGE	A	NT
5		VICTORIA JUNIOR COLLEGE	A	NT
6		RAFFLES INSTITUTION JC	A	NT
	1) #997 Loy, Caleb 18	2) #989 Koh, Isaac 18	3) #1005 Tan, Tate 18	4) #988 Kho, Darren 18
7		EUNOIA JUNIOR COLLEGE	A	NT

## Event 715 Men 4x100 Meter Relay Open

Sunday 26/3/2023 - 3:15 PM

Lane	Comp#	Team	Relay	Seed Time
<b>Section 1 of 1 Timed Finals</b>				
3		SINGAPORE UNIVERSITY OF SOCI	A	NT
	1) #1102 Aclag William Gonzal, Gera2)	#1103 Bin Abdul Jalil, Abdul HakiB)	#1105 Jong, Shawn 23	4) #1107 Lim, Matthew Jude Nerona :
5		OLDHAM ATHLETICS	A	NT
	1) #874 Abisha, Ivan 23	2) #875 Arsyad, Yusuf 22	3) #889 Lin, Dexter 24	4) #905 Teow, Alphonsus 24
6		TEAM CICADA TRACKERS	A	NT
	1) #1304 Tan, Daryl 22	2) #1305 Toh, Tedd 21	3) #1288 Chng, Elgene 25	4) #1297 Louis, Marc Brian 21

## Event 744 Girls 4x400 Meter Relay U15

Sunday 26/3/2023 - 3:30 PM

Lane	Comp#	Team	Relay	Seed Time
<b>Section 1 of 1 Timed Finals</b>				
2		CEDAR GIRLS SECONDARY SCHO	A	NT
	1) #144 Chiew, Amelia 13	2) #158 Lee, Ruth Anna 14	3) #151 Kandasamy, Kavimalar 14	4) #183 tan, heather 14
3		BUKIT VIEW SECONDARY SCHO	A	NT
	1) #41 Sallehuddin, Sofia Alia 13	2) #43 Suresh Kumar, Priyaangha 14	3) #45 Teoh, Fermanda AI QI 14	4) #44 Tang, Jenell Wan Xuan 14
4		NATIONAL JUNIOR COLLEGE	A	NT
5		NANYANG GIRLS' HIGH SCHOOL	A	NT
	1) #717 Chua, Ren Hui Luanne 13	2) #725 Koh, Qixuan, Dilys 13	3) #730 Leong, Jia Xin Laura 14	4) #746 Sun, Lanning 14
6		CHIJ STC	A	NT
	1) #323 Arundhati Joseph, Annette 14)	#329 Fogarty, Sonia 14	3) #343 Sorrentino, Sara	4) #347 Toh, Izen 14

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## Event 745 Boys 4x400 Meter Relay U15

Sunday 26/3/2023 - 3:45 PM

Lane	Comp#	Team	Relay	Seed Time
<b>Section 1 of 1 Timed Finals</b>				
2		HWA CHONG INSTITUTION	A	NT
3		BUKIT VIEW SECONDARY SCHO	A	NT
	1) #68 Tan, Pin Yuan 14	2) #65 Tan, Dylan Tze LE 13	3) #58 Lim, Yang YI Tristan 14	4) #66 Tan, Guan Yu, Zavier 14
4		ACTIVESG CLUB	A	NT
	1) #20 Oliver, Fiore 14	2) #29 Timofei, Maslov 13	3) #13 Benjamin, Jacob Regehr 13	4) #14 Diganth, Subash 13
5		CATHOLIC HIGH SCHOOL	A	NT
6		NATIONAL JUNIOR COLLEGE	A	NT
7		ST JOSEPH'S INSTITUTION	A	NT
	1) #1139 Chao, Zachary 14			
8		RAFFLES INSTITUTION	A	NT
	1) #914 Ang, Bradley 14	2) #924 Goh, Aidan 13	3) #942 Nagaraj, Dhiyanesh 14	4) #959 Tan, Wentao 13

## Event 746 Girls 4x400 Meter Relay U18

Sunday 26/3/2023 - 4:00 PM

Lane	Comp#	Team	Relay	Seed Time
<b>Section 1 of 1 Timed Finals</b>				
1		CEDAR GIRLS SECONDARY SCHO	A	NT
	1) #191 Toh, Isabel 16	2) #179 Soliva, Zara 15	3) #189 Teh, Justine 16	4) #171 Omar, Anisah 16
2		CHIJ STC	A	NT
	1) #340 Sidhom, Manuela 15	2) #342 Siu, Emily 16	3) #331 Kan, Kayler 15	4) #336 Lim, Celeste 16
3		BUKIT VIEW SECONDARY SCHO	A	NT
	1) #31 Cai, Yawen 16	2) #36 M, Nivedita 16	3) #37 Mohamed Ismail, Baasima Tas4	4) #34 Koo, YI Zhen 14
4		COUGARS ATHLETIC ASSOCIATIO	A	NT
	1) #383 Tan, KE Ying Charis 15	2) #382 Tan, EN Lin, Eunice 16	3) #376 Neo, Wei, Judyth 15	4) #384 Tan, Zhi Xuan Delphis 15
5		NANYANG GIRLS' HIGH SCHOOL	A	NT
	1) #720 FU, YU 15	2) #735 Lui, Rui Xian 15	3) #713 Cheryl, Tan Pei Xuan 15	4) #743 Seow, Yun Ling Rachael 13
6		TEAM CICADA TRACKERS	A	NT
	1) #1285 Teo, Alexis 15	2) #1284 Tan, Le Xiao 15	3) #1278 Koh, Faith 15	4) #1276 hamdani, emily 16
7		NATIONAL JUNIOR COLLEGE	A	NT
8		SINGAPORE SPORTS SCHOOL	A	NT
	1) #1052 Neo, En Yu 16	2) #1035 Chua, Victoria Si Yu 16	3) #1062 Yovan, Navitha 16	4) #1051 Muammar Gadafi, Siti Nurh

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## Event 735 Women Pole Vault Open

Sunday 26/3/2023 - 4:30 PM

Pos	Comp#	Name	Age	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>					
1	1487	Shi, Joey	23	WINGS ATHLET	NH
2	501	Yang, Rachel	41	HWA CHONG AL	NH
3	353	Sia, Cherlin	22	CLUB ZOOM	NH
4	1482	Hanim, Asmah	39	WINGS ATHLET	2.80m
5	840	Tan Tee Hui, Maxim	20	NATIONAL UNI	3.00m

## Event 749 Men 4x400 Meter Relay U20

Sunday 26/3/2023 - 4:30 PM

Lane	Comp#	Team	Relay	Seed Time
<b>Section 1 of 1 Timed Finals</b>				
3		COUGARS ATHLETIC ASSOCIATIO	A	NT
		1) #389 Bin Ahmad Nazli, Ahmad Nu2) #390 Bin Baharudin, Mohammad B) #391 Chue, Zhi Qiang Jasper 18		4) #392 Han, Mao EN 18
4		TEAM CICADA TRACKERS	A	NT
		1) #1291 Curran, Harry Irfan 15 2) #1287 Chen, Dexian 19		3) #1286 Bharadwaj, Akash 19 4) #1302 Ryan, Koh 19
5		NATIONAL JUNIOR COLLEGE	A	NT
6		EUNOIA JUNIOR COLLEGE	A	NT
7		RAFFLES INSTITUTION JC	A	NT
		1) #983 Goh, Jaeng Hee 17 2) #997 Loy, Caleb 18		3) #1004 Sudhakar, Shaun Max 18 4) #981 Ang, Brandon 18