



SINGAPORE
SPORTS SCHOOL

2023 SA-SSP Track & Field Primary Schools Invitational Meet 2023 11 & 12 March 2023

Learned Champions With Character

Objectives of the Meet

- Familiarisation with Competition Rules and Procedures (SA & NSG)
 - Updates in Primary School NSG format (combined events)
- Friendly competition and team bonding
- Demonstration of Olympic Values (Excellence, Respect & Friendship)
 - TM's nomination of Sportsmanship Award
 - Joy of Effort
 - Fair Play
 - Practising Respect
 - Pursuit of Excellence
 - Balance between Body, Will and Mind
 - <https://www.icsspe.org/system/files/The%20Fundamentals%20of%20Olympic%20Values%20Education.pdf>

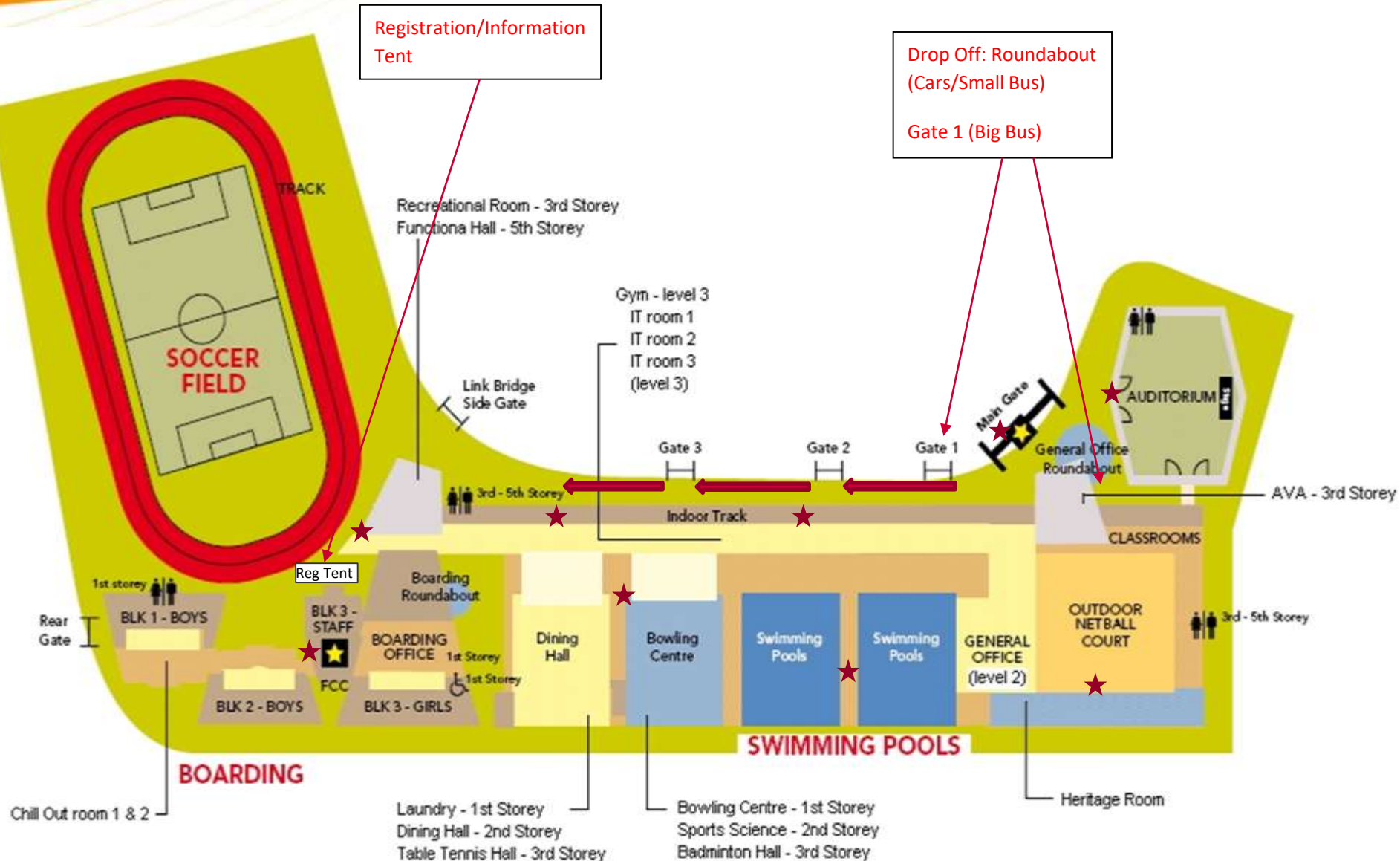
Event Details: 11 March 2023 (Saturday)

- S1 (P6) and J2 (P5)
- TMs to **check-in at least 1 hour** before athletes' first event
- Athletes to report to Call Room (Track) / Field of Play (Jump/Throws) **30mins before** their event starts
- Warm Up can be done along the indoor track
 - Please observe safety and follow the directions of marshals
- Field of Play (Out of Bounds except for Field Coaches)
- Wet Weather
 - Once Lighting Warning alert is on, EVERYONE must adhere to the lightning risk warning and seek shelter indoors.
 - Decision will be made by the Organisers/Meet Director for postponement of events (If wet weather persist, Relays may be postponed to Sunday after J1 Relays)
- Field needs to be cleared by 3pm, and Track by 5pm (Football Match)
- Prize Giving beside Roar & Rally (café)

Event Details: 12 March 2023 (Sunday)

- J1 (P4)
- TMs to **check-in at least 1 hour** before athletes' first event
- Athletes to report to Call Room (MSE/Track) / Field of Play (Jump/Throws) **30mins before** their event starts
- Warm Up can be done along the indoor track
 - Please observe safety and follow the directions of marshals
- Field of Play (Out of Bounds except for Field Coaches)
- Wet Weather
 - Once Lighting Warning alert is on, EVERYONE must adhere to the lightning risk warning and seek shelter indoors.
 - Decision will be made by the Organisers/Meet Director for delay/cancellation of events (if wet weather persist)
- Prize Giving beside Roar & Rally (café)

Arrival and Reporting of Teams/Athletes



Indoor Running Track

The Indoor Running Track will be divided by yellow barriers into sections for teams to conduct their warm up. Kindly follow the directions of our marshals and observe safety.



Lightning Risk Warning

All who are outdoors are to adhere to the lightning risk warning and seek shelter indoors.



Lightning Warning & Haze Warning

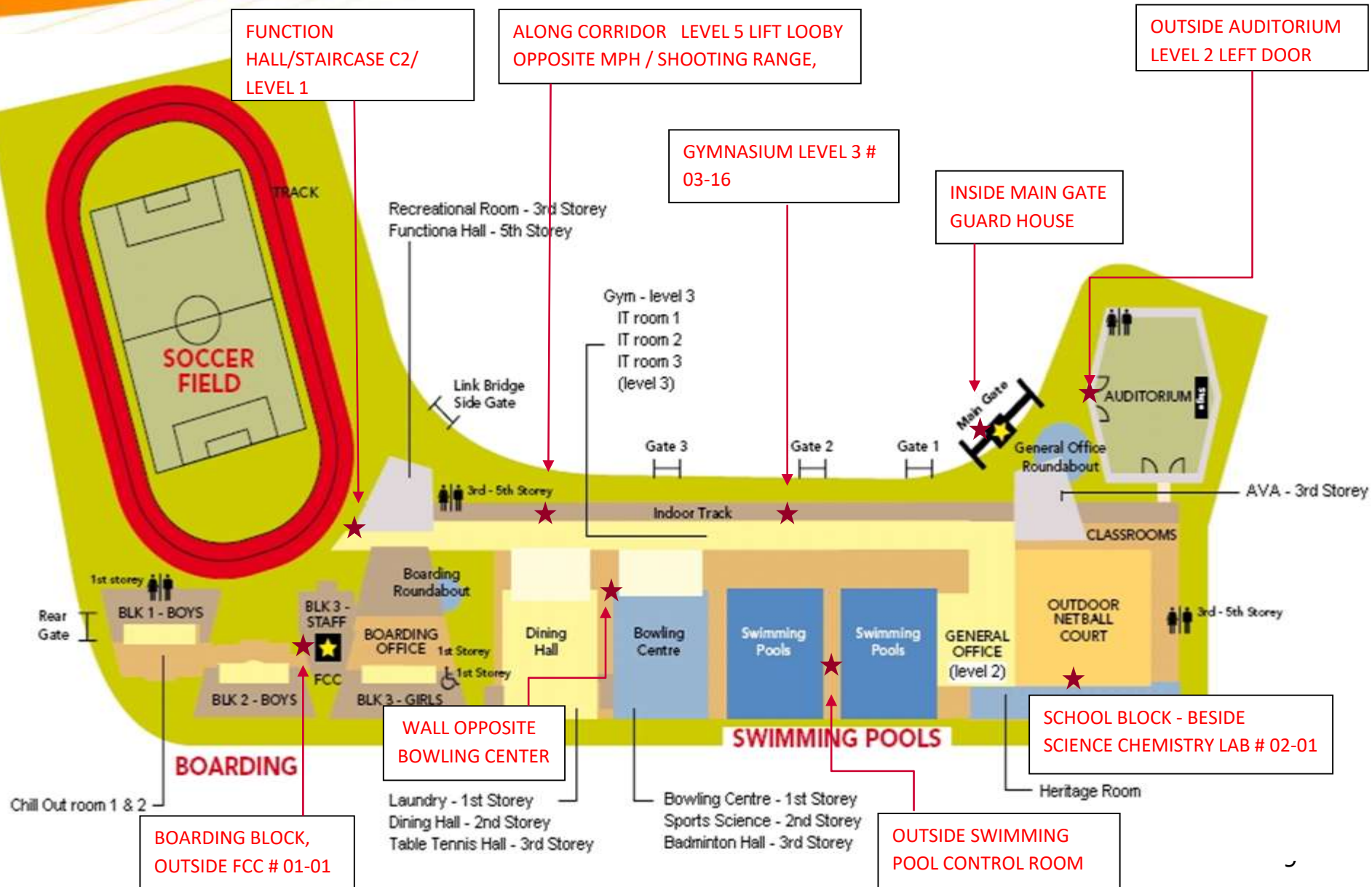
- All who are outdoors must react to Lightning Risk Warning alert **promptly**



- Haze Warning System:** **Blue** light beacons will be used (placed @ outdoor netball court and field)



Location of AEDs in Sports School



Location of AEDs in Sports School

1



Outdoor Netball Court
(Near Science Lab)

3



Swimming Pool
(Control Room)

2



Auditorium (Back Entrance)

4



Outside Main Gym (3rd floor)



Locations of AEDs in Sports School

5



Staircase outside Bowling Centre

7



Behind Rally and Roar Café (staircase)



6



Outside MPH (Level 5)

8&9



Inside FCC and Main Gate



Thank You