

## Appendix B - Competition Schedule

### 2023 SA Allcomers Meet 2 3, 4, 5 and 11 Feb 2023 Home of Athletics

Day 1, Friday 3 Feb 2023								
No.	Event	Category	Status	Time	No.	Event	Category	Status
				1800		Long Jump	Men A Div	Final
				1800		Long Jump	Men Para	Final
				1800		Long Jump	Women Para	Final
				1800		Javelin (600g)	Women A Div	Final
				1800		Javelin (500g)	Women C Div	Final
5	5000m Racewalk	Men Open	Timed Final	1800				
2	5000m Racewalk	Women Open	Timed Final	1800				
				1900		Long Jump	Men Open	Final
6	10000m	Men Open	Timed Final	1900		Shot Put (4kg)	Women Open	Final
				2000		Shot Put (5kg)	Men A Div	Final
				2000		Shot Put (7.26kg)	Men Open	Final

Day 2, Saturday 4 Feb 2023								
No.	Event	Category	Status	Time	No.	Event	Category	Status
				830		Long Jump	Women B Div	Final
2	100m Hurdles (0.762m)	Women U18 Heptathlon	Timed Final	830		Shot Put (4kg)	Men C Div	Final
				830		High Jump	Men Novice	Final
1	100m	Men Open Decathlon	Timed Final	845				
9	3000m Racewalk	Women A Div	Timed Final	855				
12	3000m Racewalk	Men B Div	Timed Final	925		Long Jump	Men Open Decathlon	Final
14	1500m Racewalk	Women B Div	Timed Final	950				
				1000		Long Jump	Women Open	Final
6	1500m Racewalk	Women C Div	Timed Final	1000		Long Jump	Women A Div	Final
5	1500m Racewalk	Men C Div	Timed Final	1010				
				1020		High Jump	Women Intermediate	Final
38	100m	Women C Div	Timed Final	1020		High Jump	Women U18 Heptathlon	Final
				1030		Shot Put (5kg)	Men B Div	Final
57	100m	Women B Div	Timed Final	1035				
25	100m	Women A Div	Timed Final	1100				
61	100m	Men C Div	Timed Final	1115		Shot Put (7.26kg)	Men Open Decathlon	Final
				1130		Long Jump	Men C Div	Final

Day 2, Saturday 4 Feb 2023								
No.	Event	Category	Status	Time	No.	Event	Category	Status
				1300		Javelin (700g)	Men B Div	Final
				1330		High Jump	Women Novice	Final
87	100m	Men B Div	Timed Final	1330				
				1400		Long Jump	Women C Div	Final
				1400		Shot Put (4kg)	Women A Div	Final
				1400		Shot Put (3kg)	Women C Div	Final
33	100m	Men A Div	Timed Final	1410				
1	100m	Women Para	Timed Final	1425				
1	100m	Men Para	Timed Final	1425				
12	100m	Women Open	Timed Final	1430				
53	100m	Men Open	Timed Final	1440				
				1500		Javelin (600g)	Men C Div	Final
6	400m	Women C Div	Timed Final	1505				
22	400m	Women B Div	Timed Final	1510				
45	400m	Women A Div	Timed Final	1520				
5	400m	Women Open	Timed Final	1540				
32	400m	Men C Div	Timed Final	1545		Shot Put (3kg)	Women U18 Heptathlon	Final
72	400m	Men B Div	Timed Final	1600		Long Jump	Men B Div	Final
				1600		High Jump	Men Intermediate	Final
				1600		High Jump	Men Advance	Final
				1600		High Jump	Men Open Decathlon	Final
27	400m	Men A Div	Timed Final	1630				
21	400m	Men Open	Timed Final	1645				
1	400m	Men Open Decathlon	Timed Final	1655				
				1700		Javelin (800g)	Men Open	Final
				1700		Javelin (700g)	Men A Div	Final
26	1500m	Men C Div	Timed Final	1700		Shot Put (3kg)	Women B Div	Final
36	1500m	Men B Div	Timed Final	1715				
10	1500m	Men A Div	Timed Final	1735				
7	5000m	Men A Div	Timed Final	1740				
				1800				
26	1500m	Women C Div	Timed Final	1810				
36	1500m	Women B Div	Timed Final	1825				
10	1500m	Women A Div	Timed Final	1840				
				1845		Javelin (600g)	Women Open	Final
2	1500m	Women Open	Timed Final	1845		Javelin (500g)	Women B Div	Final
22	1500m	Men Open	Timed Final	1855				
25	5000m	Men Open	Timed Final	1905				
5	5000m	Women Open	Timed Final	1950				
2	200m	Women U18 Heptathlon	Timed Final	2020				

Day 3, Sunday 5 Feb 2023								
No.	Event	Category	Status	Time	No.	Event	Category	Status
				830		Triple Jump	Women C Div	Final
				830		Discus (1kg)	Women C Div	Final
	1	110m Hurdles (1.067m)	Men Open Decathlon	Timed Final	830	Discus (1kg)	Women A Div	Final
	4	110m Hurdles (1.067m)	Men Open	Timed Final	830	Discus (1kg)	Women Open	Final
	12	110m Hurdles (0.991m)	Men A Div	Timed Final	840			
	26	110m Hurdles (0.914m)	Men B Div	Timed Final	855			
				900		Pole Vault	Women Novice	Final
				900		Pole Vault	Men Novice	Final
	2	100m Hurdles (0.838m)	Women Open	Timed Final	920			
	2	100m Hurdles (0.838m)	Women A Div	Timed Final	920			
	12	100m Hurdles (0.762m)	Women B Div	Timed Final	930			
	8	80m Hurdles (0.762m)	Women C Div	Timed Final	945			
	10	3000m Steeplechase (0.914m)	Men Open/ A Div	Timed Final	1000			
	14	2000m Steeplechase (0.838m)	Men B Div	Timed Final	1015		Triple Jump	Women B Div
	4	2000m Steeplechase (0.762m)	Women A Div	Timed Final	1025			Final
	1	3000m Steeplechase (0.762m)	Women Open	Timed Final	1035		Discus (2kg)	Men Open Decathlon
	13	200m Hurdles (0.762m)	Men C Div	Timed Final	1100			Final
	7	200m Hurdles (0.762m)	Women C Div	Timed Final	1110		Discus (1kg)	Women B Div
								Final

Day 3, Sunday 5 Feb 2023									
No.	Event		Category	Status	Time	No.	Event	Category	Status
					1300		Long Jump	Women U18 Heptathlon	Final
					1300		Pole Vault	Men Open Decathlon	Final
					1415		Javelin (500g)	Women U18 Heptathlon	Final
					1415		Javelin (800g)	Men Open Decathlon	Final
	2	800m	Women U18 Heptathlon	Timed Final	1530				
	1	1500m	Men Open Decathlon	Timed Final	1530				

Day 4, Saturday 11 Feb 2023								
No.	Event	Category	Status	Time	No.	Event	Category	Status
				1330		Triple Jump	Men B Div	Final
				1330		Hammer Throw (7.26kg)	Men Open	Final
				1400		Pole Vault	Men Intermediate	Final
	400m Hurdles (0.914m)	Men Open/A Div	Timed Final	1400		Pole Vault	Women Intermediate	Final
	19 400m Hurdles (0.838m)	Men B Div	Timed Final	1415				
	6 400m Hurdles (0.762m)	Women Open	Timed Final	1430				
	3 400m Hurdles (0.762m)	Women A Div	Timed Final	1435				
	5 400m Hurdles (0.762m)	Women B Div	Timed Final	1440				
				1445		Discus (1.5kg)	Men B Div	Final
	4 200m	Women Open	Timed Final	1500				
	19 200m	Women A Div	Timed Final	1505				
	55 200m	Women B Div	Timed Final	1515		Triple Jump	Women Open	Final
				1515		Triple Jump	Women A Div	Final
	27 200m	Women C Div	Timed Final	1535				
	25 200m	Men Open	Timed Final	1550				
	23 200m	Men A Div	Timed Final	1605				
	72 200m	Men B Div	Timed Final	1615				
				1630		Discus (1kg)	Men C Div	Final
	32 200m	Men C Div	Timed Final	1645		Triple Jump	Men C Div	Final
				1700		Pole Vault	Women Advance	Final
				1700		Pole Vault	Men Advance	Final
	7 800m	Women A Div	Timed Final	1705				
	43 800m	Women B Div	Timed Final	1710				
	26 800m	Women C Div	Timed Final	1730				
	25 800m	Men A Div	Timed Final	1745				
	19 800m	Men B Div	Timed Final	1755				
				1810		Discus (1.5kg)	Men A Div	Final
				1810		Discus (2kg)	Men Open	Final
				1810		Triple Jump	Men A Div	Final
	28 800m	Men C Div	Timed Final	1810		Triple Jump	Men Open	Final
	8 3000m	Men B Div	Timed Final	1825				
	8 3000m	Men C Div	Timed Final	1840				
	12 3000m	Women A Div	Timed Final	1855				
	23 3000m	Women B Div	Timed Final	1910				
	7 3000m	Women C Div	Timed Final	1940				
	3 800m	Women Open	Timed Final	1955				
	25 800m	Men Open	Timed Final	2000				