

Appendix B - Competition Schedule

2022 SA Allcomers Meet 3

10 & 11 Dec 2022

Home of Athletics

Day 1, Saturday 10 Dec 2022									
No.	Event	Category	Status	Time	No.	Event	Category	Status	
						Long Jump	Women B Div	Final	
	5000m Racewalk	Men Open	Timed Final			Shot Put (4kg)	Men C Div	Final	
	5000m Racewalk	Women Open	Timed Final						
						High Jump	Women Novice/Intermediate	Final	
	3000m Racewalk	Women A Div	Timed Final						
	3000m Racewalk	Men B Div	Timed Final			Long Jump	Men Para	Final	
	1500m Racewalk	Women B Div	Timed Final			Long Jump	Women Para	Final	
	1500m Racewalk	Women C Div	Timed Final			Long Jump	Women Open	Final	
	1500m Racewalk	Men C Div	Timed Final			Long Jump	Women A Div	Final	
						Shot Put (5kg)	Men B Div	Final	
						Shot Put (5kg)	Men A Div	Final	
	100m	Women C Div	Timed Final						
	100m	Women B Div	Timed Final						
	100m	Women A Div	Timed Final						
	100m	Men C Div	Timed Final						
	100m	Men B Div	Timed Final						
	100m	Men A Div	Timed Final						
						Long Jump	Men C Div	Final	
						High Jump	Men Novice	Final	
	100m	Women Para	Timed Final			Javelin (700g)	Men B Div	Final	
	100m	Men Para	Timed Final			Javelin (600g)	Men C Div	Final	
	100m	Women Open	Timed Final						
						Long Jump	Women C Div	Final	
						Javelin (500g)	Women B Div/ C Div	Final	
						Javelin (600g)	Women Open/A Div	Final	
	100m	Men Open	Timed Final						
	400m	Women C Div	Timed Final						
	400m	Women B Div	Timed Final						
	400m	Women Open/A Div	Timed Final						
	400m	Men C Div	Timed Final						
	400m	Men B Div	Timed Final						
						Long Jump	Men B Div	Final	
						High Jump	Men Intermediate	Final	
						Javelin (800g)	Men Open	Final	
						Javelin (700g)	Men A Div	Final	
	400m	Men A Div	Timed Final						
	400m	Men Open	Timed Final						
	1500m	Men C Div	Timed Final						
	1500m	Men B Div	Timed Final						
	1500m	Men A Div	Timed Final			Shot Put	Women Para	Final	
	5000m	Men Open	Timed Final			Shot Put (4kg)	Men Para	Final	
						Shot Put (7.26kg)	Men Open	Final	
						Shot Put (4kg)	Women Open/A Div	Final	
						Shot Put (3kg)	Women B Div/ C Div	Final	
	1500m	Women C Div	Timed Final			Long Jump	Men Open	Final	
	1500m	Women B Div	Timed Final						
	1500m	Women A Div	Timed Final						
	1500m	Women Open	Timed Final						
	1500m	Men Open	Timed Final						
	5000m	Women Open	Timed Final						

Day 2, Sunday 11 Dec 2022

No.	Event	Category	Status	Time	No.	Event	Category	Status
						Triple Jump	Women B Div	Final
						Triple Jump	Women C Div	Final
	3000m Steeplechase (0.914m)	Men Open/ A Div	Timed Final			Discus (1kg)	Women Open/A Div/B Div/C Div	Final
						Pole Vault	Women Novice	Final
	2000m Steeplechase (0.838m)	Men B Div	Timed Final			Pole Vault	Men Novice	Final
	800m	Women Open	Timed Final					
	800m	Men Open	Timed Final					
	800m	Women A Div	Timed Final					
	800m	Women B Div	Timed Final			Triple Jump	Men B Div	Final
	800m	Women C Div	Timed Final			Discus (1.5kg)	Men B Div	Final
	800m	Men A Div	Timed Final					
	800m	Men B Div	Timed Final			Hammer Throw (7.26kg)	Men Open	Final
	800m	Men C Div	Timed Final					
	110m Hurdles (1.067m)	Men Open	Timed Final					
	110m Hurdles (0.991m)	Men A Div	Timed Final					
	110m Hurdles (0.914m)	Men B Div	Timed Final					
	100m Hurdles (0.838m)	Men C Div	Timed Final					
	100m Hurdles (0.838m)	Women Open	Timed Final					
	100m Hurdles (0.838m)	Women A Div	Timed Final					
	100m Hurdles (0.762m)	Women B Div	Timed Final					
	80m Hurdles (0.762m)	Women C Div	Timed Final					
						Discus (1.5kg)	Men A Div	Final
						Triple Jump	Women Open	Final
						Triple Jump	Women A Div	Final
						Pole Vault	Men Intermediate	Final
						Pole Vault	Women Intermediate	Final
	200m	Women Open	Timed Final					
	200m	Women A Div	Timed Final					
	200m	Women B Div	Timed Final					
	200m	Women C Div	Timed Final					
	200m	Men Open	Timed Final			Discus (1kg)	Men C Div	Final
	200m	Men A Div	Timed Final			Triple Jump	Men C Div	Final
	200m	Men B Div	Timed Final					
	200m	Men C Div	Timed Final					
						Pole Vault	Men Advance	Final
	400m Hurdles (0.914m)	Men Open/A Div	Timed Final					
	400m Hurdles (0.838m)	Men B Div	Timed Final			Triple Jump	Men Open/A Div	Final
	400m Hurdles (0.762m)	Women Open	Timed Final			Discus (2kg)	Men Open	Final
	400m Hurdles (0.762m)	Women A Div	Timed Final					
	400m Hurdles (0.762m)	Women B Div	Timed Final					
	200m Hurdles (0.762m)	Men C Div	Timed Final					
	200m Hurdles (0.762m)	Women C Div	Timed Final					
	3000m	Men B Div	Timed Final					
	3000m	Men C Div	Timed Final					
	3000m	Men C Div	Timed Final					
	3000m	Women A Div	Timed Final					
	3000m	Women B Div	Timed Final					
	3000m	Women C Div	Timed Final					