

This document was last updated 7 Nov 2022 by Singapore Athletics

JANUARY		SA Event	Club/Local Event	Overseas Event	Courses	HOA Training
S	1					
M	2					
T	3					
W	4		Institute-Varsity-Polytechnic Games (HOA) tbc			
T	5					
F	6					
S	7		Institute-Varsity-Polytechnic Games (HOA) tbc			
S	8		Institute-Varsity-Polytechnic Games (HOA) tbc			
M	9					
T	10					
W	11					
T	12					
F	13	SA Allcomers Meet 1 (HOA)				
S	14	SA Allcomers Meet 1 (HOA)				
S	15	SA Allcomers Meet 1 (HOA)				
M	16					
T	17					
W	18					
T	19					
F	20					
S	21	All SportSG facilities closed 5pm to 10pm. CNY eve				
S	22					
M	23					
T	24					
W	25					
T	26					
F	27					
S	28	SA Throws & Jumps Series 1 (HOA) tbc				
S	29					
M	30					
T	31					
New Year's Day - 1 Jan & 2 Jan, Chinese New Year - 22 Jan & 23 Jan						

SA exclusive HOA booking on:  
Mon-Fri at 5pm-9:30pm (Whole stadium)  
Sat at 7am-12pm and 5pm-9:30pm (Whole stadium)

SA non-exclusive HOA booking on:  
Mon-Fri at 9am to 11am and 3pm to 5pm (Field only)  
Sun at 9am to 11am (Field only)

FEBRUARY		SA Event	Club/Local Event	Overseas Event	Courses	HOA Training
W	1					
T	2					
F	3	SA Allcomers Meet 2 (HOA)				
S	4	SA Allcomers Meet 2 (HOA)				
S	5	SA Allcomers Meet 2 (HOA)				
M	6					
T	7					
W	8					
T	9					
F	10			10th Asian Indoor Athletics (Astana, Kaz)		
S	11	SA Throws & Jumps Series 2 (HOA) tbc	Swift Cross Country (Bedok Reservoir, 1pm - 6pm)	10th Asian Indoor Athletics (Astana, Kaz)		
S	12			10th Asian Indoor Athletics (Astana, Kaz)		
M	13					
T	14					
W	15					
T	16					
F	17					
S	18		Wings Cross Country (Bedok Reservoir, 7.30am - 11.30am)	World Athletics Cross Country (Bathurst, Aus)		
S	19					
M	20		71st Police Sports Association T&F C'ships (HTA)			

SA exclusive HOA booking on:  
Mon-Fri at 5pm-9:30pm (Whole stadium)  
Sat at 7am-12pm and 5pm-9:30pm (Whole stadium)

SA non-exclusive HOA booking on:  
Mon-Fri at 9am to 11am and 3pm to 5pm (Field only)  
Sun at 9am to 11am (Field only)

T	21		71st Police Sports Association T&F C'ships (HTA)		
W	22				
T	23				
F	24		71st Police Sports Association T&F C'ships (HTA)		
S	25	69th SA Cross Country Championship (Bedok Reservoir)			
S	26				
M	27				
T	28				

	MARCH	SA Event	Club/Local Event	Overseas Event	Courses	HOA Training
W	1					
T	2					
F	3				SA Technical Official L1 Course 1	
S	4	SA Throws & Jumps Series 3 (HOA) tbc			SA Technical Official L1 Course 1	
S	5				SA Technical Official L1 Course 1	
M	6					
T	7					
W	8					
T	9					
F	10				SA Technical Official L1 Course 1	
S	11		Singapore Sports Schools Invitationals (Sports School Campus)			
S	12					
M	13					
T	14					
W	15					
T	16					
F	17	SA National C'ships (HOA)			Pre-National School Games Training/Refresher	
S	18	SA National C'ships (HOA)			Pre-National School Games Training/Refresher	
S	19	SA National C'ships (HOA)		Asian 20km Race Walking Championships (Nomi City, Jpn)	Pre-National School Games Training/Refresher	
M	20					
T	21					
W	22					
T	23					
F	24	SA National C'ships (HOA)				
S	25	SA National C'ships (HOA)				
S	26	SA National C'ships (HOA)				
M	27					
T	28					
W	29					
T	30					
F	31					

SA exclusive HOA booking on:  
 Mon-Fri at 5pm-9:30pm (Whole stadium)  
 Sat at 7am-12pm and 5pm-9:30pm (Whole stadium)

SA non-exclusive HOA booking on:  
 Mon-Fri at 9am to 11am and 3pm to 5pm (Field only)  
 Sun at 9am to 11am (Field only)

	APRIL	SA Event	Club/Local Event	Overseas Event	Courses	HOA Training
S	1					
S	2					
M	3					
T	4					
W	5					
T	6					
F	7					
S	8					
S	9					
M	10					
T	11					
W	12					
T	13					
F	14					
S	15					
S	16					
M	17					
T	18					
W	19					
T	20					
F	21					
S	22					
S	23					
M	24					
T	25					

SA exclusive HOA booking on:  
 Mon-Fri at 5pm-9:30pm (Whole stadium)  
 Sat at 7am-12pm and 5pm-9:30pm (Whole stadium)

W	26	Season of Athletics (National School Games Finals & 83rd Singapore Open) (HOA + Sports Hub) tbc				SA non-exclusive HOA booking on: Mon-Fri at 9am to 11am and 3pm to 5pm (Field only) Sun at 9am to 11am (Field only)
T	27	Season of Athletics (National School Games Finals & 83rd Singapore Open) (HOA + Sports Hub) tbc		5th Asian U18 Athletic C'ships (Tashkent, Uzb)		
F	28	Season of Athletics (National School Games Finals & 83rd Singapore Open) (HOA + Sports Hub) tbc		5th Asian U18 Athletic C'ships (Tashkent, Uzb)		
S	29			5th Asian U18 Athletic C'ships (Tashkent, Uzb)		
S	30			5th Asian U18 Athletic C'ships (Tashkent, Uzb)		
Good Friday - 7 Apr, Hari Raya Puasa - 22 Apr						

	MAY	SA Event	Club/Local Event	Overseas Event	Courses	HOA Training
M	1					
T	2					
W	3					
T	4					
F	5			32nd Southeast Asian Games (Phnom Penh, Cam)		
S	6			32nd Southeast Asian Games (Phnom Penh, Cam)		
S	7			32nd Southeast Asian Games (Phnom Penh, Cam)		
M	8			32nd Southeast Asian Games (Phnom Penh, Cam)		
T	9			32nd Southeast Asian Games (Phnom Penh, Cam)		
W	10			32nd Southeast Asian Games (Phnom Penh, Cam)		
T	11			32nd Southeast Asian Games (Phnom Penh, Cam)		
F	12			32nd Southeast Asian Games (Phnom Penh, Cam)		
S	13			32nd Southeast Asian Games (Phnom Penh, Cam)		SA exclusive HOA booking on: Mon-Fri at 5pm-9:30pm (Whole stadium) Sat at 7am-12pm and 5pm-9:30pm (Whole stadium)
S	14			32nd Southeast Asian Games (Phnom Penh, Cam)		
M	15			32nd Southeast Asian Games (Phnom Penh, Cam)		SA non-exclusive HOA booking on: Mon-Fri at 9am to 11am and 3pm to 5pm (Field only) Sun at 9am to 11am (Field only)
T	16			32nd Southeast Asian Games (Phnom Penh, Cam)		
W	17					
T	18					
F	19					
S	20				SA Starter Workshop	
S	21					
M	22					
T	23					
W	24					
T	25					
F	26	SA Allcomers Meet 3 (HOA)				
S	27	SA Allcomers Meet 3 (HOA)		Taiwan Open (Taipei, Twn)	SA Electronic Distance Measurement (EDM) Workshop	
S	28	SA Allcomers Meet 3 (HOA)		Taiwan Open (Taipei, Twn)		
M	29					
T	30					
W	31					
Labour Day - 1 May						

	JUNE	SA Event	Club/Local Event	Overseas Event	Courses	HOA Training
T	1					

F	2				
S	3				
S	4			20th Asian U20 Athletic C'ships (Yecheon, Kor)	SA Photofinish Workshop
M	5			20th Asian U20 Athletic C'ships (Yecheon, Kor)	
T	6			20th Asian U20 Athletic C'ships (Yecheon, Kor)	
W	7			20th Asian U20 Athletic C'ships (Yecheon, Kor)	
T	8				
F	9				
S	10		SMTFA International Masters T&F C'ships (HOA/Sports Hub) - tbc		
S	11		SMTFA International Masters T&F C'ships (HOA/Sports Hub) - tbc		
M	12				
T	13				
W	14				
T	15				
F	16			International Competition T. Kolpakova (Bishkek, Kgz)	
S	17			International Competition T. Kolpakova (Bishkek, Kgz)	
S	18				
M	19				
T	20				
W	21				
T	22				
F	23	SA Allcomers Meet 4 (HOA)			
S	24	SA Allcomers Meet 4 (HOA)			
S	25	SA Allcomers Meet 4 (HOA)			
M	26				
T	27				
W	28				
T	29				
F	30				WA Technical Official L1 Course 1
Vesak Day - 2 Jun, Hari Raya Haji - 29 Jun					

**SA exclusive HOA booking on:**  
Mon-Fri at 5pm-9:30pm (Whole stadium)  
Sat at 7am-12pm and 5pm-9:30pm (Whole stadium)

**SA non-exclusive HOA booking on:**  
Mon-Fri at 9am to 11am and 3pm to 5pm (Field only)  
Sun at 9am to 11am (Field only)

	JULY	SA Event	Club/Local Event	Overseas Event	Courses	HOA Training
S	1			G.Qosanov Memorial (CT Bronze Label) (Almaty, Kaz)	WA Technical Official L1 Course 1	
S	2			G.Qosanov Memorial (CT Bronze Label) (Almaty, Kaz)	WA Technical Official L1 Course 1	
M	3				WA Technical Official L1 Course 1	
T	4					
W	5					
T	6					
F	7					
S	8				WA Technical Official L1 Course 1	
S	9					
M	10					
T	11					
W	12			25th Asian Athletic C'ships (Pattaya, Tha)		
T	13			25th Asian Athletic C'ships (Pattaya, Tha)		
F	14			25th Asian Athletic C'ships (Pattaya, Tha)		
S	15			25th Asian Athletic C'ships (Pattaya, Tha)		
S	16			25th Asian Athletic C'ships (Pattaya, Tha)		

**SA exclusive HOA booking on:**  
Mon-Fri at 5pm-9:30pm (Whole stadium)  
Sat at 7am-12pm and 5pm-9:30pm (Whole stadium)

**SA non-exclusive HOA booking on:**  
Mon-Fri at 9am to 11am and 3pm to 5pm (Field only)  
Sun at 9am to 11am (Field only)

M	17				
T	18				
W	19				
T	20				
F	21				
S	22		Cougars Cross Country (Bedok Reservoir, 7am - 11am)		
S	23				
M	24				
T	25				
W	26				
T	27				
F	28				
S	29		PESTA Sukan (HOA)		
S	30		PESTA Sukan (HOA)		
M	31				

	AUGUST	SA Event	Club/Local Event	Overseas Event	Courses	HOA Training
T	1					
W	2					
T	3					
F	4					
S	5		PESTA Sukan (HOA)			
S	6		PESTA Sukan (HOA)			
M	7					
T	8					
W	9					
T	10					
F	11					
S	12					
S	13					
M	14					
T	15					
W	16					
T	17					
F	18					
S	19	SA Combined Events Invitational (HOA)		World Athletic C'ships (Budapest, Hun)		
S	20	SA Combined Events Invitational (HOA)		World Athletic C'ships (Budapest, Hun)		
M	21			World Athletic C'ships (Budapest, Hun)		
T	22			World Athletic C'ships (Budapest, Hun)		
W	23			World Athletic C'ships (Budapest, Hun)		
T	24			World Athletic C'ships (Budapest, Hun)		
F	25			World Athletic C'ships (Budapest, Hun)		
S	26			World Athletic C'ships (Budapest, Hun)		
S	27			World Athletic C'ships (Budapest, Hun)		
M	28					
T	29					
W	30					
T	31					
	National Day - 9 Aug					

SA exclusive HOA booking on:  
Mon-Fri at 5pm-9:30pm (Whole stadium)  
Sat at 7am-12pm and 5pm-9:30pm (Whole stadium)

SA non-exclusive HOA booking on:  
Mon-Fri at 9am to 11am and 3pm to 5pm (Field only)  
Sun at 9am to 11am (Field only)

	SEPTEMBER	SA Event	Club/Local Event	Overseas Event	Courses	HOA Training
F	1					
S	2					
S	3					
M	4					
T	5					
W	6					
T	7					
F	8					
S	9					
S	10					
M	11					
T	12					
W	13					
T	14					

F	15	SA Allcomers Meet 5 (HOA)			
S	16	SA Allcomers Meet 5 (HOA)			
S	17	SA Allcomers Meet 5 (HOA)			
M	18				
T	19				
W	20				
T	21				
F	22				SA Technical Official L1 Course 2
S	23				SA Technical Official L1 Course 2
S	24				SA Technical Official L1 Course 2
M	25				
T	26				
W	27				
T	28				
F	29			19th Asian Games (Hangzhou, Chn)	SA Technical Official L1 Course 2
S	30			19th Asian Games (Hangzhou, Chn)	

SA exclusive HOA booking on:  
Mon-Fri at 5pm-9:30pm (Whole stadium)  
Sat at 7am-12pm and 5pm-9:30pm (Whole stadium)

SA non-exclusive HOA booking on:  
Mon-Fri at 9am to 11am and 3pm to 5pm (Field only)  
Sun at 9am to 11am (Field only)

	OCTOBER	SA Event	Club/Local Event	Overseas Event	Courses	HOA Training
S	1			19th Asian Games (Hangzhou, Chn)		
M	2			19th Asian Games (Hangzhou, Chn)		
T	3			19th Asian Games (Hangzhou, Chn)		
W	4			19th Asian Games (Hangzhou, Chn)		
T	5			19th Asian Games (Hangzhou, Chn)		
F	6					
S	7					
S	8					
M	9					
T	10					
W	11					
T	12					
F	13					
S	14					
S	15					
M	16					
T	17					
W	18					
T	19					
F	20					
S	21					
S	22					
M	23					
T	24					
W	25					
T	26					
F	27	53rd SA Inter-Club Championships (HOA)				
S	28	53rd SA Inter-Club Championships (HOA)				
S	29	53rd SA Inter-Club Championships (HOA)				
M	30					
T	31					

SA exclusive HOA booking on:  
Mon-Fri at 5pm-9:30pm (Whole stadium)  
Sat at 7am-12pm and 5pm-9:30pm (Whole stadium)

SA non-exclusive HOA booking on:  
Mon-Fri at 9am to 11am and 3pm to 5pm (Field only)  
Sun at 9am to 11am (Field only)

	NOVEMBER	SA Event	Club/Local Event	Overseas Event	Courses	HOA Training
W	1					
T	2					
F	3					
S	4					
S	5					
M	6					
T	7					
W	8					
T	9					
F	10					
S	11					
S	12					
M	13					
T	14					
W	15					

T	16				
F	17	SA Allcomers Meet 6 (HOA)			
S	18	SA Allcomers Meet 6 (HOA)			
S	19	SA Allcomers Meet 6 (HOA)			
M	20				
T	21				
W	22				
T	23				
F	24		10th Club ZOOM Kindred Spirit Series 2023 (HOA, 7am - 7pm)		
S	25		10th Club ZOOM Kindred Spirit Series 2023 (HOA, 7am - 7pm)		
S	26	2nd SA CZ KA Team C'ships (HOA, 7am - 7pm)			
M	27				
T	28				
W	29				
T	30				
Deepavali - 12 Nov & 13 Nov					

**SA exclusive HOA booking on:**  
Mon-Fri at 5pm-9:30pm (Whole stadium)  
Sat at 7am-12pm and 5pm-9:30pm (Whole stadium)

**SA non-exclusive HOA booking on:**  
Mon-Fri at 9am to 11am and 3pm to 5pm (Field only)  
Sun at 9am to 11am (Field only)

	DECEMBER	SA Event	Club/Local Event	Overseas Event	Courses	HOA Training
F	1					
S	2					
S	3					
M	4					
T	5					
W	6					
T	7					
F	8					
S	9					
S	10					
M	11					
T	12					
W	13					
T	14					
F	15	SA Allcomers Meet 7 (HOA)				
S	16	SA Allcomers Meet 7 (HOA)				
S	17	SA Allcomers Meet 7 (HOA)				
M	18					
T	19					
W	20					
T	21					
F	22					
S	23					
S	24					
M	25					
T	26					
W	27					
T	28					
F	29					
S	30					
S	31					
Christmas Day - 25 Dec						

**SA exclusive HOA booking on:**  
Mon-Fri at 5pm-9:30pm (Whole stadium)  
Sat at 7am-12pm and 5pm-9:30pm (Whole stadium)

**SA non-exclusive HOA booking on:**  
Mon-Fri at 9am to 11am and 3pm to 5pm (Field only)  
Sun at 9am to 11am (Field only)