

Singapore National Championships 2022

DAY 1 - Saturday 22 Jan 2022

Home of Athletics

DAY 1 AM

AM - Day 1, Sat 22 Jan 22 (Group A)

No.	Event	Category	Status	Gate 6 (Report to Callroom)	Time	Gate 1B (Report to FOP)	Event	Category	Status	No.
4	10000m RW	Women Open	Final	730	800	730	Long Jump	Men Open		18
3	10000m RW	Men Open	Final	830	900					
					940					
23	100m	Women Open	Heat 1	930	1000					
			Heat 2							
			Heat 3							
			Heat 4							
			Heat 5							
				1015	935	Long Jump		Final	16	

2 Flights

AM - Day 1, Sat 22 Jan (Group B)

No.	Event	Category	Status	Gate 6 (Report to Callroom)	Time	Gate 1B (Report to FOP)	Event	Category	Status	No.
20	100m	Men Open	Heat 1	950	1020		935	High Jump	Men Open	Final
			Heat 2							
			Heat 3							
			Heat 4							
20			Heat 5	1005	1035					
			Heat 6							
			Heat 7							
			Heat 8							

AM - Day 1, 22 Jan (Group C)

No.	Event	Category	Status	Gate 6 (Report to Callroom)	Time	Gate 1B (Report to FOP)	Event	Category	Status	No.
25	100m	Men Open	Heat 9	1020	1050					
			Heat 10							
			Heat 11							
			Heat 12							
			Heat 13							
25			Heat 14	1035	1105					
			Heat 15							
			Heat 16							
			Heat 17							
			Heat 18							

AM - Day 1, Sat 22 Jan (Group D)

No.	Event	Category	Status	Gate 6 (Report to Callroom)	Time	Gate 1B (Report to FOP)	Event	Category	Status	No.
31	400m	Men Open	Heat 1	1050	1100					
			Heat 2							
			Heat 3							
			Heat 4							
			Heat 5							
			Heat 6							
			Heat 7							
			Heat 7							

AM - Day 1, Sat 22 Jan (Group E)

No.	Event	Category	Status	Gate 6 (Report to Callroom)	Time	Gate 1B (Report to FOP)	Event	Category	Status	No.
15	400m	Women Open	Timed Final	1130	1200					
			Heat 2							
			Heat 3							

DAY 1 (PM)

PM - Day 1, Sat 22 Jan (Group A)

No.	Event	Category	Status	Gate 6 (Report to Callroom)	Time	Gate 1B (Report to FOP)	Event	Category	Status	No.
					200	130	Shot Put	Men Open	Final	7
							Shot Put	Men U18	Trial	1
							High Jump	Women Open	Final	5
5	100m	Women Open	Final	140	210					
5	100m	Men Open	Final	145	215					
5	400m	Men Open	Final	200	230					
5	400m	Women Open	Final	210	240					

PM - Day1, Sat 22 Jan (Group B)

No.	Event	Category	Status	Gate 6 (Report to Callroom)	Time	Gate 1B (Report to FOP)	Event	Category	Status	No.
16	4 x 100m	Women Open	Final	245	315					
28	4 x 100m	Men Open	Timed Final	Heat 1	325					
				Heat 2						

PM - Day 1, Sat 22 Jan (Group C)

No.	Event	Category	Status	Gate 6 (Report to Callroom)	Time	Gate 1B (Report to FOP)	Event	Category	Status	No.
9	1500m	Women Open	Timed Final	330	400	330	Shot Put	Women Open	Final	4
					410		Javelin Throw	Men Open	Final	9
31	1500m	Men Open	Timed Final	Heat 1	340					
				Heat 2						
				Heat 3						
				Heat 4						
				Heat 5						
				Heat 6						
				Heat 7						

AM - Day 1, Sat 22 Jan (Group D)												
No.	Event	Category	Status	Gate 6 (Report to Callroom)	Time	Gate 1B (Report to FOP)	Event	Category	Status	No.		
					500							
6	5000m	Women Open	Final	440	510							
33	5000m	Men Open	Timed Final		Heat 1	510	335	Javelin Throw	Women Open	Final	6	
					Heat 2							605
					Heat 3							630
					Heat 4							655
					Heat 5							720
					Heat 6							745
					Heat 7							810

DAY 2 AM											
AM - Day 2, Sat 23 Jan 22 (Group A)											
No.	Event	Category	Status	Gate 6 (Report to Callroom)	Time	Gate 1B (Report to FOP)	Event	Category	Status	No.	
					830	800	Discus Throw	Men Open	Final	11	
3	400m Hurdles	Men Open	Final	800			Triple Jump	Men Open	Final	6	
8	400m Hurdles	Women Open	Timed Final		Heat 1	820					
					Heat 2						840
13	200m	Women Open			Heat 1	840					
					Heat 2						910
					Heat 3						920

AM - Day 2, Sat 23 Jan (Group B)											
No.	Event	Category	Status	Gate 6 (Report to Callroom)	Time	Gate 1B (Report to FOP)	Event	Category	Status	No.	
20	200m	Men Open			Heat 1	900					
					Heat 2						930
					Heat 3						935
					Heat 4						940
					Heat 5						945
					Heat 6						950
					Heat 7						955
					Heat 8						1000
20					1005						
5	110m Hurdles	Men Open	Final	950	1030	1000	Triple Jump	Women Open	Final	7	
4	100m Hurdles	Women Open	Final	1010	1050		Discus Throw	Women Open	Final	6	

DAY 2 (PM)											
PM - Day 2, Sat 23 Jan (Group A)											
No.	Event	Category	Status	Gate 6 (Report to Callroom)	Time	Gate 1B (Report to FOP)	Event	Category	Status	No.	
					200	115	Pole Vault	Women Open	Final	7	
						130	Hammer Throw	Women Open	Final	4	
5	200m	Women Open	Final	210	240						
5	200m	Men Open	Final	215	245						
15	800m	Women Open	Timed Final		Heat 1	240					
					Heat 2						310
					Heat 3						315
					320						

PM - Day 2, Sat 23 Jan (Group B)												
No.	Event	Category	Status	Gate 6 (Report to Callroom)	Time	Gate 1B (Report to FOP)	Event	Category	Status	No.		
32	800m	Men Open			Heat 1	300	300	Hammer Throw	Men Open	Final	4	
					Heat 2							330
					Heat 3							335
					Heat 4							340
					Heat 5							345
					Heat 6							350
					Heat 7							355
					400							

PM - Day 2, Sat 23 Jan (Group C)											
No.	Event	Category	Status	Gate 6 (Report to Callroom)	Time	Gate 1B (Report to FOP)	Event	Category	Status	No.	
12	4 x 100m	Mixed Open	Final	350	420						
					430	330	Pole Vault	Men Open	Final	12	
	4 x 400m	Men Open	Trial		435						
13	10000m	Men Open	Timed Final		Heat 1	430					
					Heat 2						500
					Heat 3						550
					640						