

Appendix B - Competition Schedule

2021 SA Performance Trial 1

23 & 24 Jan 2021

Home of Athletics

Day 1, Saturday 23 Jan 2021		
Event	Category	Status
100m	Women U18/U20	Timed Final
100m	Men U18/U20	Timed Final
100m	Women Open	Timed Final
100m	Men Open	Timed Final
400m	Women U18/U20	Timed Final
400m	Men U18/U20	Timed Final
400m	Women Open	Timed Final
400m	Men Open	Timed Final
1500m	Men Open/U20/U18	Timed Final
1500m	Women Open/U20/U18	Timed Final
3000m Steeplechase (0.914m)	Men Open	Timed Final
2000m Steeplechase (0.914m)	Men U18	Timed Final
3000m Steeplechase (0.762m)	Women Open	Timed Final
2000m Steeplechase (0.762m)	Women U18	Timed Final
5000m	Mixed Open	Timed Final
5000m Racewalk	Women Open	Final
Long Jump	Women Open/U20/U18	Final
Long Jump	Men Open/U20/U18	Final
Shot Put (3kg)	Women U18	Final
Shot Put (4kg)	Women Open/U20	Final
Pole Vault	Men Open/U20/U18	Final
Pole Vault	Women Open/U20/U18	Final
Discus (2kg)	Men Open	Final
Discus (1.75kg)	Men U20	Final
Discus (1.5kg)	Men U18	Final
Discus (1kg)	Women Open/U20/U18	Final
Hammer Throw (3kg)	Women U18	Final
Hammer Throw (4kg)	Women Open/U20	Final
Hammer Throw (5kg)	Men U18	Final
Hammer Throw (6kg)	Men U20	Final
Hammer Throw (7.26kg)	Men Open	Final

Day 2, Sunday 24 Jan 2021		
Event	Category	Status
110m Hurdles (1.067m)	Men Open	Timed Final
110m Hurdles (0.991m)	Men U20	Timed Final
110m Hurdles (0.914m)	Men U18	Timed Final
100m Hurdles (0.838m)	Women Open/U20	Timed Final
100m Hurdles (0.762m)	Women U18	Timed Final
200m	Women Open/U20	Timed Final
200m	Men Open/U20	Timed Final
200m	Women U18	Timed Final
200m	Men U18	Timed Final
400m Hurdles (0.914m)	Men Open/U20	Timed Final
400m Hurdles (0.838m)	Men U18	Timed Final
400m Hurdles (0.762m)	Women Open/U20/U18	Timed Final
800m	Men Open/U20/U18	Timed Final
800m	Women Open/U20/U18	Timed Final
10000m	Mixed Open	Timed Final
10000m Racewalk	Mixed Open	Final
Triple Jump	Women Open/U20/U18	Final
Triple Jump	Men Open/U20/U18	Final
Shot Put (5kg)	Men U18	Final
Shot Put (6kg)	Men U20	Final
Shot Put (7.26kg)	Men Open	Final
High Jump	Women Open/U20/U18	Final
High Jump	Men Open/U20/U18	Final
Javelin (500g)	Women U18	Final
Javelin (600g)	Women Open/U20	Final
Javelin (700g)	Men U18	Final
Javelin (800g)	Men Open/U20	Final