

SINGAPORE NATIONAL TRACK & FIELD CHAMPIONSHIPS 2022

Singapore,
Home of Athletics

Host: Singapore Athletics
22/1/2022 - 23/1/2022

OFFICIAL MEET REPORT
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START LIST

#1 Men's Long Jump (Open)

8:00 am (Day 1)

Lane	#	Name	Age	Team	Mark
Flight 1 of 2					
1	61	LEE, Justin	23	Nanyang Technological Uni	NM
2	62	TOH, Wei Yu	23	Nanyang Technological Uni	NM
3	397	SYADDAD, Adlan	23	National University Singapore	NM
4	54	CHEN, Ke Yuan	22	Nanyang Technological Uni	NM
5	352	LEONG, Weijie	20	Reactiv	NM
6	444	SHAH, Mikhail	20	Team Cicada Trackers	NM
7	391	PONG, Daryl	25	National University Singapore	NM
8	248	BIN NORADEE, Nurshahilmi	19	Temasek Polytechnic	NM
9	58	ONG, Wee Teck	21	Nanyang Technological Uni	NM
Flight 2 of 2					
1	354	LIM, Mitchell	18	Reactiv	NM
2	68	CHEONG, Zachary	20	Nanyang Technological Uni	NM
3	59	LOW, Patrick	23	Nanyang Technological Uni	NM
4	177	MOHAMMAD GHAZALI, Martin	16	Singapore Sports School	6.03m
5	447	HONG AN DARYL, Tan	21	Team Cicada Trackers	6.07m
6	316	LAM, Guoyi	18	Wings Athletics Club	6.59m
7	170	ZHUO, Zhe Heng Tertius	18	Singapore Sports School	6.62m
8	174	ZAINAL, Ezra Nur Iman Bin	17	Singapore Sports School	5.87m
9	210	ZHAN XIAN, Jay Choo	24	Singapore Institute of Managem	6.73m
10	456	MUN, Jern Wei Ivan	24	SUTD	NM

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#8 Women's 10000m Walk (Open)

8:00 am (Day 1)

Lane	#	Name	Age	Team	Time
Section 1 of 1					
1	99	KOMATHI, Jayaraman	61	Swift Athletics	NT
2	284	LIM, Natalie	17	Wings Athletics Club	NT
3	5	YEO, Shi Min	25	Singapore University of Social Scien	NT
4	100	KOWSULA, Kaur	58	Swift Athletics	NT

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#7 Men's 10000m Walk (Open)

9:00 am (Day 1)

Lane	#	Name	Age	Team	Time
Section 1 of 1					
1	96	SUBRAMANIAM, R	59	Swift Athletics	NT
2	359	TAN, Khek Tiong	53	Red Hawk Sports Club	58:26.11
3	6	LIM, Jerron	25	Singapore University of Social Scien	NT

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#10 Women's 100 Meters (Open)

Prelims 10:00 am (Day 1): (Top 5 advance)

Lane	#	Name	Age	Team	Time
Heat 1 of 5					
2	32	YUE EN, SARAH, Poh	21	Trackstar Athletics	NT
3	113	CHEE, Ming Hui	18	Swift Athletics	NT
4	120	NANDHITHA SHREE, SRINIVASAN	18	Erovra Club	NT
Heat 2 of 5					
2	378	GOPIKRISHNA, Bhavna	16	Club ZOOM	NT
3	109	BERNAL, Melissa	18	Swift Athletics	NT
4	110	TAN, Jacelyn	18	Swift Athletics	NT
Heat 3 of 5					
1	31	YUNA, Huang	18	Trackstar Athletics	NT
2	233	SIM, Jiaqi Ariel	18	Temasek Polytechnic	15.04
3	282	LEE, Erika	18	Wings Athletics Club	13.67
4	232	LOW, Rowvy	18	Temasek Polytechnic	13.91
5	368	AFANDI, Elyse	16	Club ZOOM	17.45
Heat 4 of 5					
1	229	LIM, Gwendolyn Therese	20	Temasek Polytechnic	13.50
2	404	KWAN, Rachael	22	National University Singapore	13.22
3	226	ENRIQUEZ ROSE ZULUETA, Roxa	26	Singapore Institute of Technology	12.69
4	376	ONG, Kerstin	25	Club ZOOM	13.01
5	169	HAMIZAH, Nurulain	19	Singapore Sports School	13.40
Heat 5 of 5					
1	92	CHANDRAN, Kugapriya	24	Swift Athletics	12.48
2	216	TAN, SHEE RU, ELIZABETH-ANN	19	Sky Athletics	12.25
3	290	PEREIRA, Shanti Veronica	26	Wings Athletics Club	11.58
4	94	LIEW, Bernice	19	Swift Athletics	12.12
5	93	GOH, Clara	22	Swift Athletics	12.35

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#2 Women's Long Jump (Open)

10:15 am (Day 1)

Lane	#	Name	Age	Team	Mark
Flight 1 of 1					
1	47	TOH, Qiao Juan	22	Nanyang Technological Uni	NM
2	55	LAW, Phoebe Angeline	20	Nanyang Technological Uni	NM
3	426	WONG, Levyn	22	National University Singapore	NM
4	353	WONG, Jamie	20	Reactiv	NM
5	64	LIM, Karina	21	Nanyang Technological Uni	NM
6	45	LIM, En Ning	21	Nanyang Technological Uni	NM
7	455	CHAN, Janelle	19	Regional Training Ce	NM
8	454	KOH, Melanie	17	Regional Training Ce	NM
9	176	TAN, Chloe	18	Singapore Sports School	4.74m
10	440	LIN, PeiQin	21	National University Singapore	4.80m
11	175	NG, Jing Ni	18	Singapore Sports School	4.90m
12	172	CHANDRU, Bhavika	18	Singapore Sports School	4.95m
13	168	KHOO, Tyeisha Rene Misson	19	Singapore Sports School	5.02m
14	285	LIM, Jovyn	18	Wings Athletics Club	5.03m
15	133	SATO, LENA	18	Erovra Club	4.00m
16	132	LAM, SHANNON SHAN NING	18	Erovra Club	4.53m

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#3 Men's High Jump (Open)

10:20 am (Day 1)

Lane	#	Name	Age	Team	Mark
Flight 1 of 1					
1	355	JUN YAP, Ryan	21	Reactiv	NM
2	49	CHUA, Cheng Leong	24	Nanyang Technological Uni	NM
3	269	WALKER, Patrick	60	Singapore Masters Track & Field As	1.25m
4	320	LIANG, Evan	18	Wings Athletics Club	1.80m
5	330	NGO, Timothy	18	Wings Athletics Club	1.83m
6	173	FUN LU CONG, Lucas	16	Singapore Sports School	1.83m
7	171	TAN, Elijah	18	Singapore Sports School	1.91m
8	15	WONG, Bryan	24	Singapore Management Uni	1.95m
9	317	LEE, Abel	18	Wings Athletics Club	1.95m
10	365	KAM, Kampton	21	Flash Athletic Club	2.05m

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#9 Men's 100 Meters (Open)

Prelims 10:20 am (Day 1): (Top 5 advance)

Lane	#	Name	Age	Team	Time
Heat 1 of 17					
1	387	LEE, Mark	18	Oldham Athletics	10.89
2	338	SING, Hui	25	Wings Athletics Club	10.77
3	446	LOUIS, Marc	20	Team Cicada Trackers	NT
4	314	KOE, Ian	23	Wings Athletics Club	10.68
5	307	CHUA, Joshua	22	Wings Athletics Club	10.62
Heat 2 of 17					
1	50	HO ANN HENG, Xander	22	Nanyang Technological Uni	10.89
2	394	WAHID, Syazani	24	National University Singapore	11.06
3	399	TEH, Mitchell	25	National University Singapore	10.96
4	386	TAN, Xavier	17	Oldham Athletics	11.03
5	336	RAP, Ryan	19	Wings Athletics Club	11.19
Heat 3 of 17					
1	160	HUANG, Wei Jun	16	Singapore Sports School	11.20
2	329	NG, Bryan	22	Wings Athletics Club	11.30
3	303	BIN ASMIN, Muhammad Naqib	27	Wings Athletics Club	11.20
4	308	CHUA, Chong Sun	20	Wings Athletics Club	11.29
5	306	CHNG, Elgene	24	Wings Athletics Club	11.33
Heat 4 of 17					
1	210	ZHAN XIAN, Jay Choo	24	Singapore Institute of Managem	11.43
2	311	GAN, Ian	20	Wings Athletics Club	11.52
3	398	TEOW, Alphonsus	23	National University Singapore	11.47
4	318	LEE, Zheng Yu	18	Wings Athletics Club	11.50
5	164	LIM, Yi Liang Lucas	20	Singapore Sports School	11.60
Heat 5 of 17					
1	173	FUN LU CONG, Lucas	16	Singapore Sports School	11.74
2	357	WEE, Shawn	32	Maxform	11.73
3	161	MOHAMAD AFZAL, Bin Mohamad Z	17	Singapore Sports School	11.70
4	158	ABDUL RAZAK, Abdul Raqib Bin	16	Singapore Sports School	11.70
5	241	MURALEEDHARAN, Sabarinath	22	Temasek Polytechnic	11.62
Heat 6 of 17					
1	305	CHIA, Darius	17	Wings Athletics Club	11.74
2	237	WONG, Guo Hui	18	Temasek Polytechnic	11.90
3	162	LIM, Rui	19	Singapore Sports School	11.80
4	98	ONG, Ying Tat	16	Swift Athletics	11.83
5	384	RAVI, Kishore	28	Club ZOOM	12.00
Heat 7 of 17					
1	321	LIM, Aaron	21	Wings Athletics Club	12.03
2	395	HAN, Kang Ding	22	National University Singapore	12.30
3	213	TAN, CHENG YUN JORDAN	17	Sky Athletics	12.15
4	364	SNG, Ming Sun	19	Flash Athletic Club	12.22
5	97	NG, Xiang En	19	Swift Athletics	12.31
Heat 8 of 17					
1	266	WONG, Foong Wee	53	Singapore Masters Track & Field As	12.50
2	249	BIN ANZARI, Aniq	19	Temasek Polytechnic	12.65

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#9 Men's 100 Meters (Open) (cont'd)

Prelims 10:20 am (Day 1): (Top 5 advance)

Lane	#	Name	Age	Team	Time
3	240	POH, Wei Hao Sean	22	Temasek Polytechnic	12.59
4	123	YI WEI, LIM	17	Erovra Club	12.59
5	36	ANG, GIN WAH	58	Singapore Masters Athletics	13.02

Heat 9 of 17

1	7	BIN NIZAMUDIN, Mohamad Irfan	27	Singapore University of Social Scien	NT
2	105	PRUDENCIO, Jiro	19	Swift Athletics	NT
3	201	JAIN, Samh	18	Singapore Shufflers	14.71
4	151	LEE, Kok Keong	51	Erovra Club	NT
5	247	HO, Jian Wei Raven	18	Temasek Polytechnic	13.94

Heat 10 of 17

1	108	LIU, Guo Dong	20	Swift Athletics	NT
2	8	IN ABDUL RAHIM, Muhammad Gad	34	Singapore University of Social Scien	NT
3	393	ABISHA, Ivan	22	National University Singapore	NT
4	244	CHIA, Tze Hian David	18	Temasek Polytechnic	NT
5	358	WIRAWAN, Gerard	21	Maxform	NT

Heat 11 of 17

1	116	EDISON, Brandon	19	Swift Athletics	NT
2	18	TOH, Ronn	22	Singapore Management Uni	NT
3	34	MAH, Joei	17	TeamFabian	NT
4	215	TAN, YONG TZER, ZACHARY	18	Sky Athletics	NT
5	42	KUMAR, Tarun	23	Nanyang Technological Uni	NT

Heat 12 of 17

2	245	CHUA, Caden	18	Temasek Polytechnic	NT
3	107	TEY, Hai Seang	19	Swift Athletics	NT
4	214	LIM, YU HNG	18	Sky Athletics	NT
5	405	CONG, Haoting	24	National University Singapore	NT

Heat 13 of 17

1	312	IRFAN, Muhammad	19	Wings Athletics Club	NT
2	351	NEO, Nick	27	Reactiv	NT
3	400	CHONG, Wei Guan	22	National University Singapore	NT
4	111	LOW, Tze Yang	19	Swift Athletics	NT
5	115	CHEW, Terence	19	Swift Athletics	NT

Heat 14 of 17

1	145	NG, Bao Qiang	27	Erovra Club	NT
2	51	ZULKHAIR, Muhd	25	Nanyang Technological Uni	NT
3	219	LIU, Yucheng	23	Singapore Institute of Technology	NT
4	325	LOW, Russell	21	Wings Athletics Club	NT
5	114	PATROCINIO, Elijah	19	Swift Athletics	NT

Heat 15 of 17

1	238	ZHOU, Anxiang	20	Temasek Polytechnic	NT
2	112	CHUA, Meng Yuen	19	Swift Athletics	NT
3	65	SHENG, Zhao Feng	23	Nanyang Technological Uni	NT
4	117	SIM, Dilon	20	Swift Athletics	NT
5	345	TOH, Tedd	20	Wings Athletics Club	NT

Heat 16 of 17

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#9 Men's 100 Meters (Open) (cont'd)

Prelims 10:20 am (Day 1): (Top 5 advance)

Lane	#	Name	Age	Team	Time
1	246	LIM, Zhi Jian Lionel	19	Temasek Polytechnic	NT
2	218	MOHAMMED, Shareef	27	Singapore Institute of Technology	NT
3	217	TANG SI YEEN, Terence	25	Singapore Institute of Technology	NT
4	118	MOHAMMAD, Rifqi	18	Swift Athletics	NT
5	220	V S, Ramana	23	Singapore Institute of Technology	NT

Heat 17 of 17

1	223	LOW JUN XIAN, Darren	26	Singapore Institute of Technology	NT
2	60	LEE, Bing Xuan	23	Nanyang Technological Uni	NT
3	389	JAMAL, Jaeden	16	Oldham Athletics	NT
4	374	LOO, Alexander	31	Club ZOOM	NT
5	369	LU, Weiyi	35	Club ZOOM	NT

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#13 Men's 400 Meters (Open)

Prelims 11:20 am (Day 1): (Top 5 advance)

Lane	#	Name	Age	Team	Time
Heat 1 of 7					
1	402	CLAYTON, Caleb	23	National University Singapore	51.88
2	385	NG, Chin Hui	28	Oldham Athletics	49.80
3	341	TAN, Zong Yang	28	Wings Athletics Club	47.44
4	343	TEO, Yan	27	Wings Athletics Club	49.60
5	102	BHARADWAJ, Akash Vijay	18	Swift Athletics	51.34
Heat 2 of 7					
1	20	KHAIRULNAZIM, Mohamed	16	Trackstar Athletics	55.00
2	401	CHIANG, Luke	23	National University Singapore	54.20
3	356	CHAUHAN, Aarya	20	Maxform	52.09
4	163	S.ANANDAN, Shan S/O	18	Singapore Sports School	54.10
5	156	MOHAMAD HYDER ANARQI, Bin M	16	Singapore Sports School	54.60
Heat 3 of 7					
1	30	KUMAR VARSHAN, Bala	16	Trackstar Athletics	57.20
2	328	MOHAN, Thejesvi	19	Wings Athletics Club	56.15
3	159	MOLOKWU, Ifeanyichukwu Asyaraff	16	Singapore Sports School	55.50
4	157	POH, Edsel	16	Singapore Sports School	56.10
5	441	KITA, Junnoske	18	Team Cicada Trackers	57.00
Heat 4 of 7					
1	122	CHONG, JIA WEI	18	Erovra Club	NT
2	235	S/O CHANDRASEKARAN, Kathiera	19	Temasek Polytechnic	58.22
3	254	KUMAR, S Anish	18	Temasek Polytechnic	57.59
4	35	CHIA, Brien	18	TeamFabian	57.60
5	16	TAY, Huan Lin	24	Singapore Management Uni	59.59
Heat 5 of 7					
1	67	TAN, Theodore	25	Nanyang Technological Uni	NT
2	276	TEN, Rayyan	17	Regional Training Ce	NT
3	103	TAN, Danzel	20	Swift Athletics	NT
4	63	PHANG, Francis	24	Nanyang Technological Uni	NT
Heat 6 of 7					
1	43	SHAFIQ, Anshad	23	Nanyang Technological Uni	NT
2	130	SEBASTIAN, TAN CHONG WEI	18	Erovra Club	NT
3	388	LOW, Joel	16	Oldham Athletics	NT
4	46	HASHIM, Iman	27	Nanyang Technological Uni	NT
Heat 7 of 7					
2	44	ADAM, Dhiya'ulhaq	23	Nanyang Technological Uni	NT
3	350	GWEE, Samuel	20	Reactiv	NT
4	104	LIM, Anderton	20	Swift Athletics	NT

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#14 Women's 400 Meters (Open)

Prelims 12:00 pm (Day 1): (Top 5 advance)

Lane	#	Name	Age	Team	Time
Heat 1 of 3					
1	373	NG, Grace	30	Club ZOOM	NT
2	410	TOK, Erika	20	National University Singapore	NT
3	242	LOW, Jie Ying	19	Temasek Polytechnic	NT
4	227	SEA, Thea	20	Singapore Institute of Technology	NT
5	17	LEE, Sabrina	22	Singapore Management Uni	NT
Heat 2 of 3					
1	128	KONG HUAN XIN, EMMA	18	Erovra Club	NT
2	231	PHA, Yan Yi Cassie	20	Temasek Polytechnic	1:24.00
3	234	CHIA, Yong Yun Ada	18	Temasek Polytechnic	1:19.00
4	253	YAP, Yi Xuan Mabelle	18	Temasek Polytechnic	1:22.00
5	252	CHIA, Celine	18	Temasek Polytechnic	1:27.00
Heat 3 of 3					
1	27	ANTHIAS FLAMMEUS, Loh	18	Trackstar Athletics	1:08.90
2	119	SIVAKUMAR, TVISHA RHEA	18	Erovra Club	1:04.10
3	409	GOH, Celeste	23	National University Singapore	1:02.00
4	28	ZHI XUAN, Ho	19	Trackstar Athletics	1:02.70
5	279	HENG, Ann Xin	18	Wings Athletics Club	1:04.90

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#4 Women's High Jump (Open)

2:00 pm (Day 1)

Lane	#	Name	Age	Team	Mark
Flight 1 of 1					
1	45	LIM, En Ning	21	Nanyang Technological Uni	NM
2	296	TAN SHU-EN, Hannah Esther	23	Wings Athletics Club	NM
3	286	NEO, YiWen	34	Wings Athletics Club	1.55m
4	101	CHEW, Jade	18	Swift Athletics	1.63m
5	95	SNG, Michelle	35	Swift Athletics	1.78m

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#5 Men's Shot Put (Open)

2:00 pm (Day 1)

Lane	#	Name	Age	Team	Mark
Flight 1 of 1					
1	436	XIAO, Hongyang	22	National University Singapore	NM
2	323	LOH, Aloysius	18	Wings Athletics Club	NM
3	437	SIM, Teng Sheng, Brian	22	National University Singapore	9.45m
4	432	TAN, Ting Jun	25	National University Singapore	10.91m
5	346	TOH, Wei De	36	Wings Athletics Club	11.00m
6	269	WALKER, Patrick	60	Singapore Masters Track & Field As	11.90m
7	438	YEE, Chun Wai, Eric	23	National University Singapore	12.00m

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#63 Men's Shot Put (Trial)

(5kg)

2:00 pm (Day 1)

Lane	#	Name	Age	Team	Mark
Flight 1 of 1					
1	313	KAN, Fu Yi	17	Wings Athletics Club	12.84m

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#16 Women's 4 x 100m Relay (Open)

3:15 pm (Day 1)

Lane	Team		Time
Section 1 of 1			
2	National University Singapore (A)	A	NT
	1) ANG, Jovial	2) KOH, Jezebel	
	3) KWAN, Rachael	4) LEE, Wen Qi	
	5) NG, Regine	6)	
3	Singapore University of Social Sciences (A)	A	NT
	1) LIM, Qi Le	2) SIM, Jia Ying	
	3) KOH, Li Shuen	4) LEONG, Wen Jun	
4	Erovra Club (A)	A	NT
	1) AYE KYAW, YUNN BRITNEY	2) KHOO, JACKIE	
	3) LAJITHANI, GANESAN	4) LIM HUI EN, HAYLEY	
5	Singapore (A)	A	NT
	1) LIEW, BERNICE YEE LING	2) TAN, ELIZABETH-ANN	
	3) PEREIRA, SHANTI VERONICA	4) GOH, CLARA SI HUI	
	5) LIM, GWENDOLYN THERESE	6)	

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#15 Men's 4 x 100m Relay (Open)

3:25 pm (Day 1)

Lane	Team		Time
Section 1 of 2			
2	Erovra Club (A)	A	NT
	1) CHONG, JIA WEI	2) YI WEI, LIM	
	3) SEBASTIAN, TAN CHONG WEI	4) TAY XIANEN, BENJAMIN	
3	National University Singapore (A)	A	NT
	1) ABISHA, Ivan	2) TEH, Mitchell	
	3) TEOW, Alphonsus	4) LOW, Trahern	
	5) PONG, Daryl	6)	
4	Nanyang Technological Uni (B)	B	NT
	1) PHANG, Francis	2) SHAFIQ, Anshad	
	3) LEE, Bing Xuan	4) ADAM, Dhiya'ulhaq	
Section 2 of 2			
4	Team Cicada Trackers (A)	A	NT
	1) AMOR, Artri	2) CHEN, Ethan	
	3) SYUKRI, Muhammad Adi	4) WALSH, Nicholas	
5	Nanyang Technological Uni (A)	A	NT
	1) RYAN, Praharsh	2) ZULKHAIR, Muhd	
	3) KHAN, Hassan	4) HASHIM, Iman	
6	Singapore (B)	B	NT
	1) LEE, REUBEN RAINER	2) HUI, SING	
	3) HO, ANN HENG	4) LEE, MARK REN	
	5) BIN ASMIN, MUHAMMAD NAQIB	6)	
8	Singapore (A)	A	NT
	1) KOE, IAN	2) CHUA, JOSHUA HAN WEI	
	3) BIN ABDUL WAHID, MUHAMMAD	4) LOUIS, MARC BRIAN	

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#11 Men's Javelin (Open)

4:00 pm (Day 1)

Lane	#	Name	Age	Team	Mark
Flight 1 of 1					
1	265	FOTOHI, Reza	55	Singapore Masters Track & Field As	NM
2	434	CHU, "Sin Tse, Zachary	22	National University Singapore	NM
3	52	YI REN, Tan	23	Nanyang Technological Uni	NM
4	361	WONG, Yijie Lucas	18	Flash Athletic Club	NM
5	322	LIM, Jared	18	Wings Athletics Club	NM
6	342	TAN, Han Yang Dominic	17	Wings Athletics Club	NM
7	269	WALKER, Patrick	60	Singapore Masters Track & Field As	36.60m
8	324	LOW, Joel	21	Wings Athletics Club	51.00m
9	433	WANG, Tingjia	22	National University Singapore	60.56m

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Singapore,
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#6 Women's Shot Put (Open)

4:00 pm (Day 1)

Lane	#	Name	Age	Team	Mark
Flight 1 of 1					
1	296	TAN SHU-EN, Hannah Esther	23	Wings Athletics Club	NM
2	225	YEE, Melissa	24	Singapore Institute of Technology	NM
3	426	WONG, Levyn	22	National University Singapore	NM
4	299	WONG, Nadya	16	Wings Athletics Club	NM

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#18 Women's 1500 Meters (Open)

4:00 pm (Day 1)

Lane	#	Name	Age	Team	Time
Section 1 of 2					
1	138	YIN REINHARDT, FINJA	16	Erovra Club	NT
2	431	CHAN, Charis	23	National University Singapore	NT
3	224	GAN KAI-LIN, Steffi	23	Singapore Institute of Technology	NT
4	141	RUTH, LAU YI KIT	16	Erovra Club	NT
Section 2 of 2					
1	39	NG, Wei Ting	23	Nanyang Technological Uni	5:41.00
2	22	YU HUI, Tan	22	Trackstar Athletics	5:40.03
3	251	KOH, Yi Jia Sonia	20	Temasek Polytechnic	6:05.00
4	4	TAN YUN RU, Bernice	22	Singapore University of Social Scien	6:00.00
5	424	LEE, Vanessa	24	National University Singapore	4:44.00

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#17 Men's 1500 Meters (Open)

4:20 pm (Day 1)

Lane #	Name	Age	Team	Time
Section 1 of 7				
1	333 PEK, Brian	25	Wings Athletics Club	NT
2	33 UDIA, Ishaan	17	Trackstar Athletics	NT
3	201 JAIN, Samh	18	Singapore Shufflers	NT
4	260 TIMMS, Chris	41	Singapore Masters Track & Field As	NT
Section 2 of 7				
2	337 SELVARAJA, Arjoon	20	Wings Athletics Club	NT
3	139 CHEN, Fang	16	Erovra Club	NT
4	327 MANIMURUGAN, Pranav	19	Wings Athletics Club	NT
5	137 ZACHARY HO, .	16	Erovra Club	NT
Section 3 of 7				
1	256 PEARSE, Timothy	44	Singapore Masters Track & Field As	5:30.00
2	82 S/O MATHIALAGAN, KURU PRAKA	18	Cougars Athletic Association	6:39.00
3	81 CHUE, ZHI QIANG JASPER	17	Cougars Athletic Association	5:35.00
4	144 LEOW, Darrell	18	Erovra Club	NT
5	29 ASVATHAMAN, Ramachandran	16	Trackstar Athletics	5:21.00
Section 4 of 7				
1	14 NG, Yi Kai	22	Singapore Management Uni	5:15.00
2	154 MUTHUKUMARAN, Raam Kumar	18	Singapore Sports School	4:45.00
3	148 MOHAMED SHAZMEER SHAH, .	19	Erovra Club	5:10.00
4	80 SAVIOUR, GILBERT DOMINIC	17	Cougars Athletic Association	5:02.00
5	155 TAN, Wayne Ze Ye	18	Singapore Sports School	5:05.00
Section 5 of 7				
1	147 MUHAMMAD FAHEEM, .	23	Erovra Club	4:50.00
2	417 HO, Zhen Hong	23	National University Singapore	4:59.00
3	418 KERK, Lucas	24	National University Singapore	4:59.00
4	146 MUHAMMAD FAIZAL, .	21	Erovra Club	4:45.00
Section 6 of 7				
1	427 CHENG, Daniel	25	National University Singapore	4:37.00
2	203 ALLENDER, Daniel	42	Singapore Shufflers	4:40.00
3	222 TAN LIANG HONG, Wisely	24	Singapore Institute of Technology	4:33.00
4	340 TAN, Dexter	21	Wings Athletics Club	4:32.00
Section 7 of 7				
1	88 FAYIZ, Mohamed Haja	33	Swift Athletics	4:18.00
2	419 MARICAN, Shohib	25	National University Singapore	4:12.00
3	349 GURUNG, Subas	25	Wings Athletics Club	NT
4	202 HERR, Stefan	35	Singapore Shufflers	4:13.17
5	339 SOH, Rui Yong	31	Wings Athletics Club	4:01.00

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#20 Women's 5000 Meters (Open)

5:10 pm (Day 1)

Lane	#	Name	Age	Team	Time
Section 1 of 2					
2	24	GOH, Su Huei, Sarah	20	Trackstar Athletics	23:40.00
3	268	CHEONG, Michelle	57	Singapore Masters Track & Field As	NT
4	264	CHONG, Vanessa	33	Singapore Masters Track & Field As	NT
Section 2 of 2					
1	420	TOH, Ting Xuan	22	National University Singapore	18:30.00
2	89	YONG, Man Yun	35	Swift Athletics	18:54.00
3	425	ELIZA, Koh	24	National University Singapore	20:20.00
4	83	NG, YEW CHEO	36	Cougars Athletic Association	20:54.00

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#19 Men's 5000 Meters (Open)

5:40 pm (Day 1)

Lane	#	Name	Age	Team	Time
Section 1 of 7					
1	261	WHITE, Rob	45	Singapore Masters Track & Field As	NT
2	267	CAO, Alan	46	Singapore Masters Track & Field As	NT
3	271	LOMMEN, Dave	45	Singapore Masters Track & Field As	NT
5	255	CHENG, Ansgar	56	Singapore Masters Track & Field As	NT
Section 2 of 7					
1	211	CHENG YOU, Amos Saw	25	Singapore Institute of Managem	NT
2	421	HOH, Darius	24	National University Singapore	20:00.00
3	239	TAY, Yi Hao Jeremiah	20	Temasek Polytechnic	23:32.00
4	256	PEARSE, Timothy	44	Singapore Masters Track & Field As	21:31.00
5	3	TEO YU QUAN, Dominic	24	Singapore University of Social Scien	NT
Section 3 of 7					
1	90	KUMAR, Aajith	23	Swift Athletics	19:30.00
2	273	CEES, Brouwer	51	Macritchie Runners 25	19:43.00
3	1	RAJKUMAR, Vicknesh	30	Singapore University of Social Scien	19:30.00
4	422	WONG, Wai Fai	23	National University Singapore	20:00.00
5	150	GAN, Joshua	18	Erovra Club	19:00.00
Section 4 of 7					
1	326	MANI, Manoj	22	Wings Athletics Club	17:48.00
2	204	SUN, Hansen	30	Singapore Shufflers	19:01.00
3	428	GUEK, Sebastian	25	National University Singapore	18:10.00
4	230	LIM, Jun Wei Dylan	22	Temasek Polytechnic	18:34.00
5	301	AJMIL, Mohd	28	Wings Athletics Club	17:25.00
Section 5 of 7					
2	200	LAPEYRIE, Arnaud	27	Singapore Shufflers	17:07.00
3	2	TAN WEN LONG, Jason	29	Singapore University of Social Scien	17:02.00
4	340	TAN, Dexter	21	Wings Athletics Club	17:32.00
5	272	FOO, Gen Lin	39	Macritchie Runners 25	16:40.00
Section 6 of 7					
1	429	RAMANATHAN, Rajesh Muthu	21	National University Singapore	16:40.00
2	209	CASANOVA, Vincent	45	Singapore Shufflers	16:30.00
3	335	QUEK, Benjamin	30	Wings Athletics Club	16:40.00
4	205	CULLIGAN, Stephen	47	Singapore Shufflers	16:29.00
5	208	MATSUMOTO, Noboru	44	Singapore Shufflers	16:27.00
Section 7 of 7					
1	423	GOH BOONHEE, Shaun	25	National University Singapore	16:08.00
2	153	LAM, Wai Kit	33	ActiveSG Club	16:15.00
3	377	KO, Keane	22	Club ZOOM	16:15.00
4	349	GURUNG, Subas	25	Wings Athletics Club	NT
5	339	SOH, Rui Yong	31	Wings Athletics Club	NT

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#12 Women's Javelin (Open)

6:05 pm (Day 1)

Lane	#	Name	Age	Team	Mark
Flight 1 of 1					
1	168	KHOO, Tyeisha Rene Misson	19	Singapore Sports School	NM
2	300	., Janvi	18	Wings Athletics Club	NM
3	291	PHUA, Jaydene	18	Wings Athletics Club	NM
4	426	WONG, Levyn	22	National University Singapore	22.00m
5	292	SHANMUGARATNAM, Maya	26	Wings Athletics Club	32.00m
6	435	CHIU, Jing Wen	26	National University Singapore	36.00m

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#21 Men's Discus (Open)

8:30 am (Day 2)

Lane	#	Name	Age	Team	Mark
Flight 1 of 1					
1	261	WHITE, Rob	45	Singapore Masters Track & Field As	NM
2	265	FOTOHI, Reza	55	Singapore Masters Track & Field As	NM
3	143	CHAN JIN SIANG, LUCAS	17	Erovra Club	NM
4	334	PHEE, Gordon	16	Wings Athletics Club	NM
5	323	LOH, Aloysius	18	Wings Athletics Club	NM
6	347	VASWANI, Chirag	18	Wings Athletics Club	NM
7	269	WALKER, Patrick	60	Singapore Masters Track & Field As	28.55m
8	346	TOH, Wei De	36	Wings Athletics Club	38.00m
9	432	TAN, Ting Jun	25	National University Singapore	39.35m
10	439	LOW, Jun Jie, Jonathan	22	National University Singapore	41.00m
11	438	YEE, Chun Wai, Eric	23	National University Singapore	45.00m

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#23 Men's Triple Jump (Open)

8:30 am (Day 2)

Lane	#	Name	Age	Team	Mark
Flight 1 of 1					
1	269	WALKER, Patrick	60	Singapore Masters Track & Field As	7.04m
2	270	WONG, Jason	55	Singapore Masters Track & Field As	10.50m
3	171	TAN, Elijah	18	Singapore Sports School	12.41m
4	174	ZAINAL, Ezra Nur Iman Bin	17	Singapore Sports School	12.44m
5	331	ONG, Russell	18	Wings Athletics Club	13.83m
6	332	ONG, Isaac	18	Wings Athletics Club	14.04m

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#25 Men's 400m Hurdles (Open)

8:30 am (Day 2)

Lane	#	Name	Age	Team	Time
Section 1 of 1					
2	129	MATTHEW, LIM JUN YI	16	Erovra Club	NT
3	53	QUEK, Jun Jie Calvin	26	Nanyang Technological Uni	53.08
4	103	TAN, Danzel	20	Swift Athletics	NT

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#26 Women's 400m Hurdles (Open)

8:40 am (Day 2)

Lane	#	Name	Age	Team	Time
Section 1 of 2					
2	442	CHEN, Claire	17	Team Cicada Trackers	NT
3	48	TAN, Clenyce	23	Nanyang Technological Uni	NT
4	293	SONG, Alexia	18	Wings Athletics Club	NT
Section 2 of 2					
1	280	KANG, Pei Ling	25	Wings Athletics Club	NT
2	278	CHNG, Nikko	18	Wings Athletics Club	1:30.00
3	166	CHAN, Si En Cass	18	Singapore Sports School	1:12.00
4	408	LIM, Nicole	20	National University Singapore	1:13.00
5	128	KONG HUAN XIN, EMMA	18	Erovra Club	NT

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#36 Women's 200 Meters (Open)

Prelims 9:10 am (Day 2): (Top 5 advance)

Lane	#	Name	Age	Team	Time
Heat 1 of 3					
2	410	TOK, Erika	20	National University Singapore	NT
3	120	NANDHITHA SHREE, SRINIVASAN	18	Erovra Club	NT
4	121	KHOO, JACKIE	17	Erovra Club	NT
Heat 2 of 3					
1	373	NG, Grace	30	Club ZOOM	NT
2	125	ANIKA NILESH, PATANKAR	17	Erovra Club	NT
3	152	TAN, Sui Xin	27	Erovra Club	28.48
4	250	SUBRAMANIAM, Reshma	20	Temasek Polytechnic	30.41
5	127	GOH, MEGAN	17	Erovra Club	NT
Heat 3 of 3					
1	167	TONG, Yan Yee	18	Singapore Sports School	28.00
2	216	TAN, SHEE RU, ELIZABETH-ANN	19	Sky Athletics	25.70
3	290	PEREIRA, Shanti Veronica	26	Wings Athletics Club	23.60
4	92	CHANDRAN, Kugapriya	24	Swift Athletics	25.31
5	229	LIM, Gwendolyn Therese	20	Temasek Polytechnic	27.90

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#35 Men's 200 Meters (Open)

Prelims 9:30 am (Day 2): (Top 5 advance)

Lane	#	Name	Age	Team	Time
Heat 1 of 8					
1	303	BIN ASMIN, Muhammad Naqib	27	Wings Athletics Club	22.60
2	314	KOE, Ian	23	Wings Athletics Club	22.35
3	165	LEE SIONG EN, Reuben Rainer	20	Singapore Sports School	NT
4	343	TEO, Yan	27	Wings Athletics Club	22.03
5	41	RYAN, Prahmarsh	24	Nanyang Technological Uni	22.44
Heat 2 of 8					
1	243	BIN ZUHRI, Haidar	20	Temasek Polytechnic	23.87
2	311	GAN, Ian	20	Wings Athletics Club	23.57
3	385	NG, Chin Hui	28	Oldham Athletics	22.70
4	102	BHARADWAJ, Akash Vijay	18	Swift Athletics	23.13
5	398	TEOW, Alphonsus	23	National University Singapore	23.68
Heat 3 of 8					
1	321	LIM, Aaron	21	Wings Athletics Club	25.07
2	162	LIM, Rui	19	Singapore Sports School	24.30
3	318	LEE, Zheng Yu	18	Wings Athletics Club	24.00
4	356	CHAUHAN, Aarya	20	Maxform	24.20
5	228	TAN, Shen Jie Brian	20	Temasek Polytechnic	24.31
Heat 4 of 8					
1	364	SNG, Ming Sun	19	Flash Athletic Club	NT
2	236	BIN ABDUL JALIL, Muhammad Amir	19	Temasek Polytechnic	26.54
3	266	WONG, Foong Wee	53	Singapore Masters Track & Field As	25.50
4	445	NAIDU, Sriven	51	Team Cicada Trackers	26.50
5	407	CHUI, Linus	22	National University Singapore	37.00
Heat 5 of 8					
1	214	LIM, YU HNG	18	Sky Athletics	NT
2	108	LIU, Guo Dong	20	Swift Athletics	NT
3	215	TAN, YONG TZER, ZACHARY	18	Sky Athletics	NT
4	42	KUMAR, Tarun	23	Nanyang Technological Uni	NT
5	305	CHIA, Darius	17	Wings Athletics Club	NT
Heat 6 of 8					
1	369	LU, Weiyi	35	Club ZOOM	NT
2	123	YI WEI, LIM	17	Erovra Club	12.59
3	336	RAP, Ryan	19	Wings Athletics Club	NT
4	13	ANG, James	21	Singapore Management Uni	NT
5	106	SYED, Amir	18	Swift Athletics	NT
Heat 7 of 8					
1	112	CHUA, Meng Yuen	19	Swift Athletics	NT
2	40	KHAN, Hassan	23	Nanyang Technological Uni	NT
3	351	NEO, Nick	27	Reactiv	NT
4	405	CONG, Haoting	24	National University Singapore	NT
5	443	CHEN, Ethan	17	Team Cicada Trackers	NT
Heat 8 of 8					
2	312	IRFAN, Muhammad	19	Wings Athletics Club	NT
3	145	NG, Bao Qiang	27	Erovra Club	NT

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#35 Men's 200 Meters (Open) (cont'd)

Prelims 9:30 am (Day 2): (Top 5 advance)

Lane	#	Name	Age	Team	Time
4	276	TEN, Rayyan	17	Regional Training Ce	NT

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#22 Women's Discus (Open)

10:30 am (Day 2)

Lane	#	Name	Age	Team	Mark
Flight 1 of 1					
1	225	YEE, Melissa	24	Singapore Institute of Technology	NM
2	289	BINTE MUHAMMAD SHAHRIL, Nur	17	Wings Athletics Club	NM
3	287	NEO, Ee Nin	16	Wings Athletics Club	NM
4	299	WONG, Nadya	16	Wings Athletics Club	NM
5	366	PHUA, Jasmin	21	Flash Athletic Club	NM
6	298	VAL TAY, Yun Ying	19	Wings Athletics Club	NM

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#24 Women's Triple Jump (Open)

10:30 am (Day 2)

Lane	#	Name	Age	Team	Mark
Flight 1 of 1					
1	56	LIN, Erin	21	Nanyang Technological Uni	NM
2	69	TAN, Tse Teng	20	Nanyang Technological Uni	NM
3	403	KOH, Jezebel	22	National University Singapore	NM
4	295	TAN, Jumus	18	Wings Athletics Club	NM
5	176	TAN, Chloe	18	Singapore Sports School	10.10m
6	175	NG, Jing Ni	18	Singapore Sports School	10.41m
7	172	CHANDRU, Bhavika	18	Singapore Sports School	10.70m

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#29 Men's 110m Hurdles (Open)

10:30 am (Day 2)

Lane	#	Name	Age	Team	Time
Section 1 of 1					
1	400	CHONG, Wei Guan	22	National University Singapore	NT
2	448	ANG, Brandon	17	Team Cicada Trackers	NT
3	372	AWYONG, Liang Qi	27	Club ZOOM	14.45
4	302	ANG, Chen Xiang	28	Wings Athletics Club	14.49
5	217	TANG SI YEEN, Terence	25	Singapore Institute of Technology	NT

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#30 Women's 100m Hurdles (Open)

10:50 am (Day 2)

Lane	#	Name	Age	Team	Time
Section 1 of 1					
2	296	TAN SHU-EN, Hannah Esther	23	Wings Athletics Club	NT
3	376	ONG, Kerstin	25	Club ZOOM	15.20
4	168	KHOO, Tyeisha Rene Misson	19	Singapore Sports School	16.04
5	282	LEE, Erika	18	Wings Athletics Club	NT

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#32 Women's Pole Vault (Open)

2:00 pm (Day 2)

Lane	#	Name	Age	Team	Mark
Flight 1 of 1					
1	277	ASMAH, Hanim	38	Wings Athletics Club	NM
2	382	YANG, Rachel	40	Club ZOOM	NM
3	370	SIA, Cherlin	21	Club ZOOM	NM
4	57	SHI, Jiayi Joey	22	Nanyang Technological Uni	NM
5	283	LEE, Chaewon	17	Wings Athletics Club	2.30m
6	288	NG, Grace	16	Wings Athletics Club	2.43m
7	294	TAN, Maxim	19	Wings Athletics Club	3.00m

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#34 Women's Hammer (Open)

2:00 pm (Day 2)

Lane	#	Name	Age	Team	Mark
Flight 1 of 1					
1	259	NG, Patrisa	43	Singapore Masters Track & Field As	NM
2	297	TEO, Hui Juen	33	Wings Athletics Club	NM
3	258	ONG, Joanna	53	Singapore Masters Track & Field As	NM
4	281	LAUREN, Jana	52	Wings Athletics Club	27.76m

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#38 Women's 800 Meters (Open)

3:10 pm (Day 2)

Lane	#	Name	Age	Team	Time
Section 1 of 3					
1	142	MAELISA WIBAWA, SARAH	16	Erovra Club	NT
2	224	GAN KAI-LIN, Steffi	23	Singapore Institute of Technology	NT
3	78	NG, Zi Rui	18	Totality 360	3:00.10
4	86	WU, PEI LING	17	Cougars Athletic Association	2:54.00
5	119	SIVAKUMAR, TVISHA RHEA	18	Erovra Club	NT
Section 2 of 3					
1	84	CHOO, DARINE	24	Cougars Athletic Association	2:47.00
2	77	LIEW, Jessica	18	Totality 360	2:50.00
3	21	NG, Jing Yi, Rachel	18	Trackstar Athletics	2:47.00
4	4	TAN YUN RU, Bernice	22	Singapore University of Social Scien	2:50.00
5	85	TRICIA, SIM	16	Cougars Athletic Association	2:54.00
Section 3 of 3					
1	37	SOH, Romaine	28	Nanyang Technological Uni	2:26.00
2	430	PRIMALANI, Reena	23	National University Singapore	2:32.00
3	23	KAYE-LYNN, Lim	20	Trackstar Athletics	2:37.00
4	38	KOH, Sarah	21	Nanyang Technological Uni	2:37.00
5	87	EUNICE, CHIN	17	Cougars Athletic Association	2:42.00

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#37 Men's 800 Meters (Open)

3:30 pm (Day 2)

Lane #	Name	Age	Team	Time
Section 1 of 7				
1	140 JUNYU, MAI	16	Erovra Club	NT
Section 2 of 7				
1	375 TAY, Kai Bin	21	Club ZOOM	NT
2	136 WAYNE, ONG YAN ERN	18	Erovra Club	NT
3	70 ANAND PRAMOD, Arjun	20	Nanyang Technological Uni	NT
4	255 CHENG, Ansgar	56	Singapore Masters Track & Field As	NT
5	9 TAN ZHENG LONG, Aloysius	25	Singapore University of Social Scien	NT
Section 3 of 7				
1	66 NG, Samuel	23	Nanyang Technological Uni	NT
2	76 TOH, Yong Hui	21	Totality 360	2:23.65
3	212 JIA JUN, Justin Poon	26	Singapore Institute of Managem	2:20.00
4	135 S/O THANA RAJAN, THAARMIN	17	Erovra Club	NT
5	327 MANIMURUGAN, Pranav	19	Wings Athletics Club	NT
Section 4 of 7				
1	148 MOHAMED SHAZMEER SHAH, .	19	Erovra Club	2:15.00
2	147 MUHAMMAD FAHEEM, .	23	Erovra Club	2:15.00
3	149 POH, Sherman	20	Erovra Club	2:15.00
4	74 SOH, Joshua	22	Totality 360	2:16.00
5	72 ONG, Nigel	20	Totality 360	2:17.07
Section 5 of 7				
1	146 MUHAMMAD FAIZAL, .	21	Erovra Club	2:12.00
2	328 MOHAN, Thejesvi	19	Wings Athletics Club	2:11.00
3	73 POH, Jareth	19	Totality 360	2:10.17
4	362 TANG, Daniel	16	Flash Athletic Club	2:13.58
5	75 KUMAR, Saran	20	Totality 360	2:14.00
Section 6 of 7				
1	392 LIM, Oliver	22	National University Singapore	2:06.00
2	390 LIAN, Nicholas	22	National University Singapore	2:05.56
3	221 CHIA WEI EN, Shawn	23	Singapore Institute of Technology	2:03.00
4	19 WEI FENG, Lim	18	Trackstar Athletics	2:06.30
5	79 MOHEDEN, Muhammad Shah Fero	38	Totality 360	2:08.00
Section 7 of 7				
1	419 MARICAN, Shohib	25	National University Singapore	1:59.00
2	275 YAN, Ethan	21	Macritchie Runners 25	1:59.00
3	274 SOUNDARARAJAH, Jeevaneesh	29	Macritchie Runners 25	1:59.00
4	202 HERR, Stefan	35	Singapore Shufflers	2:00.26
5	88 FAYIZ, Mohamed Haja	33	Swift Athletics	2:01.00

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#33 Men's Hammer (Open)

3:30 pm (Day 2)

Lane	#	Name	Age	Team	Mark
Flight 1 of 1					
1	367	CHONG BIN MOHD ISHAM, Akid	32	Flash Athletic Club	NM
2	262	LALWANI, Arvind	42	Singapore Masters Track & Field As	NM
3	257	LUM, Chee Meng	69	Singapore Masters Track & Field As	NM
4	269	WALKER, Patrick	60	Singapore Masters Track & Field As	21.48m

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#31 Men's Pole Vault (Open)

4:30 pm (Day 2)

Lane	#	Name	Age	Team	Mark
Flight 1 of 1					
1	406	WONG, Clevon	22	National University Singapore	NM
2	371	KOH, Aaron	27	Club ZOOM	NM
3	309	CHUA, Oliver	18	Wings Athletics Club	3.80m
4	344	TEW, Enoch	17	Wings Athletics Club	3.80m
5	315	KOK, Rhineson	18	Wings Athletics Club	3.80m
6	348	XIAO, Daniel	18	Wings Athletics Club	4.00m
7	396	KOH, Wei Shien	25	National University Singapore	4.00m
8	363	HENG, Jee Kuan	20	Flash Athletic Club	4.20m
9	383	WEE, Elliott	20	Club ZOOM	4.20m
10	380	ANG, Guo Jun	31	Club ZOOM	4.40m
11	360	NG, Dewey	26	Flash Athletic Club	4.60m
12	381	LOW, Jun Yu	21	Club ZOOM	4.60m

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#39 Men's & Women's 4 x 100m Relay (Open)

4:20 pm (Day 2)

Lane	Team		Time
Section 1 of 1			
2	Nanyang Technological Uni (B)	B	NT
	1) HASHIM, Iman	2) LAU, Caris	
	3) TAN, Clenyce	4) ZULKHAIR, Muhd	
3	Nanyang Technological Uni (A)	A	NT
	1) KHAN, Hassan	2) LEE, Bing Xuan	
	3) LIM, En Ning	4) LAW, Phoebe Angeline	
4	National University Singapore (A)	A	NT
	1) ANG, Jovial	2) ABISHA, Ivan	
	3) LOW, Trahern	4) NG, Regine	

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#62 Men's 4 x 400m Relay (Trial)

4:35 pm (Day 2)

Lane Team

Time

Section 1 of 1

3 Singapore (A)

A

NT

1) TEO, YAN

2) TAN, ZONG YANG

3) S/O THANA RAJAN, THIRUBEN

4) QUEK, JUN JIE CALVIN

5) NG, CHIN HUI

6)

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#40 Men's 10000 Meters (Open)

5:00 pm (Day 2)

Lane	#	Name	Age	Team	Time
Section 1 of 3					
1	310	FOO, Jeremy	42	Wings Athletics Club	40:00.00
2	273	CEES, Brouwer	51	Macritchie Runners 25	41:55.00
3	304	CHEN, Jing Xuan	16	Wings Athletics Club	NT
4	267	CAO, Alan	46	Singapore Masters Track & Field As	NT
5	263	HE, Henry	40	Singapore Masters Track & Field As	NT
Section 2 of 3					
1	207	WANG, Hua-Peng	41	Singapore Shufflers	38:30.00
2	301	AJMIL, Mohd	28	Wings Athletics Club	39:11.00
3	319	LI, Joshua	35	Wings Athletics Club	37:30.00
4	91	HAMDAN, Hafiz	35	Swift Athletics	37:51.00
5	379	KHOO, Ben	31	Club ZOOM	39:59.00
Section 3 of 3					
1	26	MELVIN, Wong	39	Trackstar Athletics	34:05.00
2	25	NAJIB, Mohammad	27	Trackstar Athletics	34:20.00
3	206	SAYER, Ryan	39	Singapore Shufflers	36:15.00
4	423	GOH BOONHEE, Shaun	25	National University Singapore	35:30.00
5	377	KO, Keane	22	Club ZOOM	35:05.00