



3 Stadium Drive, Singapore Sports Hub, #01-33. SINGAPORE 397630  
TEL: 6386-2721 FAX: 6386-7773 Website: www.singaporeathletics.org.sg

## **KA Multi-Events Challenge 2021:**

### **INSTRUCTION DOCUMENT**

**Date:** 6<sup>th</sup> June 2021 (Sunday)

**Time:** 8am to 6pm

**Venue:** HOA

**Attire:** Children must be dressed in sports attire and sports shoe. Sandals, slippers and spiked shoes are not allowed during the Run. **Masks are required to be worn at all times. It can only be taken off during running. Persons without mask shall not be allowed to enter the premises. No changing of footwear is allowed inside the stadium.**

**WE SEEK YOUR KIND UNDERSTANDING AND COOPERATION IN ADHERING TO PHASE 3 GUIDELINES FOR THE SAFE REOPENING OF ACTIVITIES & EVENTS.**

**PLEASE READ THE INSTRUCTIONS BELOW:**

### **EVENT INSTRUCTIONS**

- Children are encouraged to do their own warm ups before their event block assisted by the coaches.
- Please click on the link below for the Health Declaration form on the day of the event. The Health Declaration form is mandatory  
<https://form.jotform.com/200860897211859>
- Reporting for temperature taking and safe entry is mandatory at Gate 1B for all children and coaches.
- Please report to the Registration Booth 30 minutes before the start time of your Multi- Event Challenge Block.
- Due to COVID-19 SMM guidelines, PLEASE AVOID going too early to prevent overcrowding.
- Kindly report PUNCTUALLY.
- Children must be dressed in sports attire and sports shoes. Sandals, slippers and spike shoes are **not allowed during the event.**



3 Stadium Drive, Singapore Sports Hub, #01-33. SINGAPORE 397630  
TEL: 6386-2721 FAX: 6386-7773 Website: www.singaporeathletics.org.sg

- Only 7 groups of 8 children will be allowed to enter the stadium for each challenge block
- Masks are required to be worn at all times except during warm up and the event. SMOs will ensure that all children don masks, which **may only be taken off during warm up or for the Run or field Events.**
- **Due to Covid-19 safety management measures, parents and coaches are not allowed to enter the stadium to accompany their children/athletes**
- **Coaches who wish to support their athletes would need to register one week in advance to reserve a slot at the lawn area. This will be subjected to a first come first serve basis.**
- **Once registered, please report according to the staggered block timings which will be emailed to the parents/coaches a week before the event.**
- The results will be put up in the SA website within 1 working day at <https://www.singaporeathletics.org.sg/singapore-athletics-multi-events-challenge-2021>
- As most institutions require certificates to be submitted online, **an E-Certificate will be issued 3 to 4 weeks after the event. Their results timing and distances will be recorded on the certificate.**
- While exiting, children must ensure that they avoid walking on the track or into any competition area ( i.e. the jump zones and throw zones).
- Children and coaches are to commute between event venues and their residences and are not to linger in or outside the stadium before and after the event.

## 1. ENTRY FEES

Member/Non-member	Entry Fee (per child)
Affiliate Club	\$12
Associate Affiliate Club	\$15
Members of Public / International Schools	\$20

## 2. ELIGIBILITY

This event is open to clubs, International Schools and to the public.

## 3. CLOSING DATE

**Monday, 17<sup>th</sup> May 2021**

- **The cap for maximum entries for this event is 350. No additional entries will be accepted once the cap is reached. Registration is on a first-come, first-served basis.**



3 Stadium Drive, Singapore Sports Hub, #01-33. SINGAPORE 397630  
TEL: 6386-2721 FAX: 6386-7773 Website: [www.singaporeathletics.org.sg](http://www.singaporeathletics.org.sg)

#### **4. REGISTRATION GUIDELINES**

1. Registration must be submitted by the closing date as stated above.
2. Please click on the link and register accordingly under clubs and public.

For further enquiries, please contact Mdm Khairina at **63862721** or email at [khairina@athletics.sg](mailto:khairina@athletics.sg)

- **Kindly note that incomplete registration will not be accepted if we did not receive any payment and screenshot of the payment advice. Please provide a screenshot of the receipt upon successful transaction with NAME of parents/coach/person in charge of clubs, child's name, PAYMENT TRANSACTION REFERENCE and email it to [khairina@athletics.sg](mailto:khairina@athletics.sg)**

#### **PLEASE MAKE PAYMENT TO:**

Inter-bank Transfer or ATM Transfer details:

- **Bank Account No.: 074-901188-2**
- **Type of account: Auto Current**
- **Name of Bank: DBS Bank Ltd**
- **Kindly note that incomplete registration will not be accepted if we did not receive any payment and screenshot of the payment advice. Please provide a screenshot of the receipt upon successful transaction with NAME of parents/coach/person in charge of clubs, child's name, PAYMENT TRANSACTION REFERENCE and email it to [khairina@athletics.sg](mailto:khairina@athletics.sg)**

#### **5. SINGAPORE ATHLETICS (SA) SAFE RETURN TO SPORTS PLAN**

- The Multi-Ministry Taskforce announced on 19 May 2020 that Singapore will embark on a 3-phase approach to resume activities safely, post-circuit breaker. Sport Singapore also issued an advisory on 17 June 2020 for resumption of sport and physical exercises & activities for Phase 2 ("safe transition"). Following both announcements, Singapore Athletics (SA) will affect a safe transition for the sport in this document, in preparation for the reopening of our stadiums in Phase 2. The SA safety protocols will be spelt out in the following pages, to guide our stakeholders accordingly. Children and coaches will be guided and duly informed on how they can progressively return to training and competition, in a safe and calibrated manner, in order to reduce risks of infection and transmission of the COVID-19 virus during these sessions.



3 Stadium Drive, Singapore Sports Hub, #01-33. SINGAPORE 397630  
TEL: 6386-2721 FAX: 6386-7773 Website: www.singaporeathletics.org.sg

## 6. SAFETY MANAGEMENT MEASURES PLANS

- **Reporting and temperature taking and safe entry is mandatory at Gate 1B for all children and coaches.**
- **There will be distribution of mineral bottled water for the children**
- **Children are still encouraged to bring your own water bottles** and towels. Do not share these items with others.
- Only 7 groups of 8 children will be allowed to enter the stadium for each challenge block
- **To minimise large crowd gatherings during Phase 3, parents and coaches are not allowed to enter the stadium to accompany their children/athletes**
- Children, coaches, and personnel who are unwell, on Stay Home Notice (SHN), or on Quarantined Order (QO) are required to comply with the order.
- Please monitor yourself for any respiratory symptoms or fever for at least 14 days prior to visiting the venue.
- If you have been cleared to resume physical activity after contracting COVID-19, please furnish SA with a letter from your doctor.
- Wear a face mask while you are outside or heading to the venue.
- Bring your own hand sanitizer and/or sanitizing wipes.
- Practice proper hygiene such as washing/sanitizing your hands regularly (for at least 20 seconds).
- Avoid touching your eyes, face, and mouth with your hands.
- When coughing or sneezing, cover your mouth/nose with a tissue/towel.
- Practice social distancing of 2 metres at all times. Between groups, there should be social distance of 3 metres.
- Be prepared for the event prior to arrival at the venue. **Do not loiter at the venue before and after the event.**
- Any tasks that can be done at home should be done so instead. (E.g. Recovery sessions, online meetings do not need to be done at the venue).



3 Stadium Drive, Singapore Sports Hub, #01-33. SINGAPORE 397630  
TEL: 6386-2721 FAX: 6386-7773 Website: www.singaporeathletics.org.sg

## 7. ENTRY CONDITIONS

- **Due to Covid-19 safety management measures: To minimise interaction – following registration, we will issue number tags just before the start of the event. We will then assist the child in wearing the number tag if required.**
- **Please report to Gate 1B according to the staggered block timings which will be emailed to you a week before the event.**
- **Reporting and temperature taking and safe entry is mandatory at Gate 1B for all children and coaches.**
- All children are required to produce their EZ-link card for verification of identity upon request.
- **There will be no refund of entry fees in the event of withdrawal, failure to show up or cancellation of event after the closing date for registration.**
- Appeals for late / erroneous entries submitted will be accepted on a case-by case basis with the consensus of the Organising Committee.
- No late / erroneous entries will be accepted once the start list has been published.
- **The cap for maximum entries for this event is 350. No additional entries will be accepted once the cap is reached. Registration is on a first-come, first-served basis.**

## 8. ATHLETE

- Participating clubs must ensure that the children attending the meet must conduct themselves to the best of their abilities.
- Children must be dressed in sports attire and sports shoes. Sandals, slippers and spike shoes are not allowed during the event.
- Children are to bring their personal water bottles.
- **Please report to Gate 1B according to the staggered timings which will be emailed to your parent/coach a week before the event.**
- **Reporting for temperature taking and safe entry is mandatory at Gate 1B for all children, parents, coaches and teachers.**
- Children are advised to bring only essential items. Valuable items should be avoided (e.g. mobile phones, large amounts of cash).
- Singapore Athletics will not be held responsible in the event of theft or loss of belongings during the event.



3 Stadium Drive, Singapore Sports Hub, #01-33. SINGAPORE 397630  
TEL: 6386-2721 FAX: 6386-7773 Website: www.singaporeathletics.org.sg

## 9. COACHES

- Coaches are expected to conduct themselves with decorum during event.
- Coaches are advised to report to the staggered block time which will be provided to you the week before.
- **Coaches who wish to support their athletes would need to register one week in advance to reserve a slot at the lawn area. This will be subjected to a first come first serve basis.**
- Singapore Athletics will not be held responsible in the event of theft or loss of belongings during the event.
- Coaches must chaperone his/her own child to and from the event venue and be responsible for his/her child's safety and well-being.
- Coaches must cooperate with official authorities and abide by the rules and regulations of the event.
- Coaches must be a good role model for the children.
- Coaches should not speak to the media unless permission from Singapore Athletics is granted.

## 10. COMPETITOR NUMBERS AND ATTIRE

- **Due to Covid-19 safety management measures: to minimise interaction – following registration, we will issue number tags just before the start of the event. We will then assist the child in wearing the number tag if required.**
- Children must be dressed in sports attire and sports shoes. Sandals, slippers and spiked shoes are not allowed during the event.

## 11. SUPPORTERS

- Due to the Covid-19 Phase 3 Safety Guidelines, supporters will **not** be allowed.

## 12. BREACH OF CODE OF CONDUCT BY TMS / ATHLETES / OFFICIALS /EXTERNAL INSTRUCTORS / COACHES

- Any child, coach, official, found guilty of aggressive behaviour through any form of fighting, assault, or physical altercation at the KA events, shall be expelled from the event, and banned for the calendar year of the Singapore Athletics. This shall also apply to subsequent incidents of fighting, assault, or physical altercation traced to the KA events, either before, after, or during the event itself.



3 Stadium Drive, Singapore Sports Hub, #01-33. SINGAPORE 397630  
TEL: 6386-2721 FAX: 6386-7773 Website: www.singaporeathletics.org.sg

### 13. DISQUALIFICATION

- An athlete will be disqualified if he/she is found to be:
  - an overaged participant
  - an underaged participant
  - an unregistered participant
  - a participant without a valid student pass

### 14. ARENA

- **Due to Covid-19 safety management measures, parents and coaches are not allowed to enter the stadium to accompany their children/athletes**
- **Coaches who wish to support their athletes would need to register one week in advance to reserve a slot at the lawn area. This will be subjected to a first come first serve basis.**
- Only officials, staff on duty and student volunteers on duty shall be allowed into the stadium. All parents and coaches must leave the event arena upon completion of their event.

### 15. RESULTS OF THE MULTI-EVENT CHALLENGE 2021

- The results will be put up in the SA website within 1 working day at <https://www.singaporeathletics.org.sg/singapore-athletics-multi-events-challenge-2021>
- **Singapore Athletics shall, at their discretion, decide to cancel the event if the conditions are unfit for competition, or for any other valid reasons.**
- **In the event of inclement weather, the event will be cancelled if the weather remains unfit for activity for an extended period of time and there will be no refund of entry fees.**
- **If inclement weather is resolved, the event will be continued based on the schedule and the event affected during the weather alert will be cancelled.**



3 Stadium Drive, Singapore Sports Hub, #01-33. SINGAPORE 397630  
TEL: 6386-2721 FAX: 6386-7773 Website: [www.singaporeathletics.org.sg](http://www.singaporeathletics.org.sg)

## 16. CHILDREN SAFETY AND MANAGEMENT

- Singapore Athletics reserves the right to stop a child from competing should they
  - detect signs of danger (e.g., heat stroke, heat exhaustion, injury)
  - notice indications that the child is physically unable to compete or
  - be advised so by the appointed paramedics.
- Officials/Staff should ensure that water and suitable refreshments are made available for the children during the event.
- Officials/Staff are advised to monitor the children's well-being. Excessive and detrimental physical exertions can be harmful to young children.
- Officials/Staff are to remind the children to look after their personal belongings at the competition venue. Singapore Athletics will not be responsible for any loss.
- Singapore Athletics will not be held responsible in the event of theft, injuries, or any mishaps during the event.
- Coaches/Officials/Staff are to ensure the general discipline and well-being of their children at the stadium throughout the event
- Officials/Staff are to ensure the cleanliness of the stadium before vacating the area that they occupied.

**We look forward to your children's participation.**

**~ Thank you ~**