

# Day 3

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## SA Performance Trial 1 2020 - 27/11/2020 to 29/11/2020

## Home Of Athletics

## Results

## Event 601 Men Long Jump Open

Name	Age Team	Finals	Wind
Finals			
1 # 454 Arsyad, Yusuf	19 Oldham Athletics	6.48m	1.4
FOUL(1.6) FOUL(1.7) 6.39m(+0.0) 6.20m(+0.0) 6.48m(1.4) FOUL(1.3)			
2 # 470 Jumao-As, Reinard	16 Sky Athletics Club	5.69m	0.9
5.01m(0.8) 5.69m(0.9) 5.44m(1.2) 5.32m(1.4) 5.46m(1.0) 5.59m(+0.0)			
3 # 444 Lin, Yu En	21 National Uni	5.66m	1.4
FOUL(1.9) 5.37m(+0.0) FOUL(1.1) 5.66m(1.4) FOUL(0.3) FOUL(1.2)			

## Event 701 Men 110 Meter Hurdles Open

Name	Age Team	Finals	Wind	H#
1 # 488 Ang, Cheng Xiang	26 Singapore	14.41	0.3	1
2 # 489 Ang, Ding Hui	24 Singapore	15.50	0.3	1
-- # 460 Sukir, Ryan Kalam	25 Singapore	DNF	0.3	1
-- # 458 Louis, Marc Brian	18 Singapore	X13.91	0.1	2 0.991m, exhibition race, not U20 record
-- # 457 Awyong, Liang Qi	25 Singapore	X14.45	0.1	2 1.067m
-- # 462 Tang, Terence	23 Singapore	X15.30	0.1	2 1.067m
-- # 473 Tan, Cheng Yun Jo	15 Sky Athletics Club	X15.35	0.1	2 0.914m

## Event 703 Women 100 Meter Hurdles Open

Name	Age Team	Finals	Wind
1 # 491 Tan, Zi Xin Cleny	21 Club Zoom	17.24	+0.0
2 # 419 Lau, Caris	21 Nanyang Tech	18.56	+0.0
3 # 402 Ng, Grace	28 Club Zoom	18.82	+0.0

## Event 801 Men Shot Put Open

Name	Age Team	Finals
1 # 446 See, Brian	24 National Uni	13.97m
FOUL 13.52m FOUL 13.88m 13.97m 13.58m		
2 # 430 Yew Weng, Chung	23 Nanyang Tech	12.73m
12.13m FOUL 11.76m FOUL 12.54m 12.73m		
3 # 447 Sim, Bryan	20 National Uni	8.85m
8.10m 8.81m 8.48m 8.85m 8.51m 7.97m		

## Event 802 Women Shot Put Open

Name	Age Team	Finals
-- # 464 Tan, Xin Ning	20 Singapore In	DNS
-- # 466 Yee, Melissa	22 Singapore In	DNS

## Event 803 Women Javelin Throw Open

Name	Age Team	Finals
1 # 432 Chiu, Jing Wen	24 National Uni	35.03m
33.82m 35.03m 33.88m FOUL FOUL 33.26m		

## SA Performance Trial 1 2020 - 27/11/2020 to 29/11/2020

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## ....Event 803 Women Javelin Throw Open

2 #	480 Shamugaratam, May	24	Wings Athletic Club	32.74m	
	31.43m	FOUL	31.74m	32.74m	FOUL FOUL
3 #	413 Seah, Michelle		Flash	19.96m	
	19.96m	19.74m	19.45m	19.40m	FOUL 18.98m

## Event 804 Men Javelin Throw Open

Name	Age	Team	Finals	
1 # 428 Phoa Zairen, Just	21	Nanyang Tech	61.07m	NR P.RATIFICATION
			61.07m	FOUL 59.22m FOUL 55.69m 55.43m
2 # 415 Ng, Roy		Flash	57.19m	U20R P.RATIFICATION
			51.11m	56.50m 57.19m 53.20m 49.32m 54.02m
3 # 483 Low, Joel	19	Wings Athletic Club	55.72m	
			46.37m	45.97m 53.64m FOUL 53.84m 55.72m
4 # 482 Koh, Thong En	29	Wings Athletic Club	51.75m	
			51.75m	51.42m 51.42m 48.50m 47.09m FOUL
5 # 447 Sim, Bryan	20	National Uni	31.30m	
			FOUL	27.81m 29.94m 29.03m 29.63m 31.30m

## Event 805 Women 200 Meter Dash Open

Name	Age	Team	Finals	Wind
1 # 456 Pereira, Veronica	24	Singapore	23.72	1.3
2 # 453 Hamkah, Haanee Bt	19	Oldham Athletics	26.61	1.3
-- # 476 Liew, Bernice Yee	17	Swift Athlet	DNS	1.3

## Event 806 Men 200 Meter Dash Open

Name	Age	Team	Finals	Wind	H#
1 # 485 Teo, Yan	25	Wings Athletic Club	22.21	1.2	1
2 # 486 Tham, Terry	24	Wings Athletic Club	22.59	1.2	1
3 # 481 Koe, Ian	21	Wings Athletic Club	23.57	1.0	2
4 # 472 Lim, YU Hng	16	Sky Athletics Club	24.05	1.0	2
5 # 451 Teow, Alphonsus	21	National Uni	24.34	1.0	2
6 # 471 Koh, Troy	19	Sky Athletics Club	24.36	1.0	2
-- # 461 Tan, Zong Yang	26	Singapore	DNS	1.2	1
-- # 409 Ng, Chin Hui	26	Club Zoom	DNS	1.2	1

## Event 901 Women Long Jump Open

Name	Age	Team	Finals	Wind
1 # 412 Rozario, Tia Loui	20	Flash	5.15m	+0.0
			4.81m(0.9)	4.62m(+0.0) FOUL(1.7) 5.15m(+0.0) 5.02m(0.9) 5.03m(1.2)
2 # 474 Ang, Wei LU	22	Swift Athlet	4.99m	1.6
			4.84m(+0.0)	4.82m(+0.0) 4.91m(0.9) 4.83m(1.1) 4.99m(1.6) 4.88m(0.8)
3 # 431 Cham, Jay Yin	19	National Uni	4.68m	1.2
			FOUL(+0.0)	4.61m(+0.0) 4.68m(1.2) 4.49m(1.4) 4.46m(+0.0) FOUL(1.4)
-- # 401 Gopikrishna, Bhav	14	Club Zoom	DNS	NWI

**SA Performance Trial 1 2020 - 27/11/2020 to 29/11/2020****Home Of Athletics****Results****Event 904 Women 1500 Meter Run Open**

Name	Age Team	Finals
1 # 411 Goh, Chui Ling	28 Flash	4:39.10
2 # 467 Yuen Yu, Lee	20 Singapore In	5:54.77
-- # 439 Wong, Levyn	20 National Uni	DNS

**Event 905 Men 1500 Meter Run Open**

Name	Age Team	Finals
1 # 490 Fayiz, Mohamed Ha	31 Singapore	4:18.95
2 # 429 Shafiq Anshad, Mo	21 Nanyang Tech	4:21.41
3 # 424 D. Silva M P, Pra	36 Nanyang Tech	4:38.97

**Event 906 Men 400 Meter Hurdles Open**

Name	Age Team	Finals
1 # 459 Ow Yeong, Wei Bin	22 Singapore	53.65
2 # 423 Calvin, Quek Jun	24 Nanyang Tech	57.01
3 # 441 Chiang, Luke	21 National Uni	1:01.15

# Day 2

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**SA Performance Trial 1 2020 - 27/11/2020 to 29/11/2020****Home Of Athletics****Results****Event 201 Women Triple Jump Open**

Name	Age Team	Finals	Wind
<b>Finals</b>			
1 # 412 Rozario, Tia Loui	20 Flash	11.50m	+0.0
		11.50m(+0.0) 11.29m(+0.0)	11.21m(+0.0) 10.99m(+0.0)
2 # 474 Ang, Wei LU	22 Swift Athlet	11.16m	+0.0
		11.16m(+0.0) 11.05m(+0.0) 10.89m(+0.0)	10.86m(+0.0) 10.95m(+0.0)
3 # 433 Koh, Jezebel	20 National Uni	11.02m	+0.0
		11.02m(+0.0) 10.94m(+0.0)	10.20m(+0.0) 10.59m(+0.0) 10.96m(+0.0)

**Event 202 Men 3000 Meter Steeplechase Open**

Name	Age Team	Finals
1 # 427 Ong, Chilton	23 Nanyang Tech	10:00.59
2 # 448 Tan, Chong Qi	22 National Uni	10:31.32
3 # 442 Kwong, Charles	21 National Uni	10:47.29
-- # 484 Mani, Manoj	20 Wings Athletic Club	DNS

**Event 301 Women 400 Meter Dash Open**

Name	Age Team	Finals	H#
1 # 456 Pereira, Veronica	24 Singapore	56.13	1
2 # 479 Enriquez, Roxanne	24 Wings Athletic Club	1:01.59	2
3 # 418 Hilary Pragasam,	19 Nanyang Tech	1:02.04	1
4 # 402 Ng, Grace	28 Club Zoom	1:02.77	1
5 # 463 Kang, Pei Ling	23 Singapore In	1:08.34	2

**Event 302 Men 400 Meter Dash Open**

Name	Age Team	Finals
1 # 409 Ng, Chin Hui	26 Club Zoom	49.82
2 # 486 Tham, Terry	24 Wings Athletic Club	50.72
3 # 471 Koh, Troy	19 Sky Athletics Club	55.62
4 # 416 Zac, Leow	Flash	1:09.21

**Event 401 Women Pole Vault Open**

Name	Age Team	Finals
1 # 403 Yang, Rachel	38 Club Zoom	3.30m
		3.20 3.30 3.40
		O O XX
2 # 422 Shi, Joey Jiayi	20 Nanyang Tech	2.60m
		2.40 2.60 2.80
		O XO XXX



**SA Performance Trial 1 2020 - 27/11/2020 to 29/11/2020****Home Of Athletics****Results****Event 402 Men Pole Vault Open**

Name	Age Team	Finals
1 # 425 Dewey, Ng 4.60 4.80 O XXX	24 Nanyang Tech	4.60m
2 # 408 Low, Jun Yu 4.40 4.50 4.60 XO XO XXX	19 Club Zoom	4.50m
-- # 404 Ang, Guo Jun 4.40 XXX	29 Club Zoom	NH
-- # 406 Clevon, Wong 4.20 XXX	Club Zoom	NH
-- # 407 Koh, Aaron 4.40 XXX	25 Club Zoom	NH

**Event 404 Men 100 Meter Dash U20**

Name	Age Team	Finals	Wind
1 # 477 Tan, Daryl	19 Team Cicada	11.09	0.3
2 # 472 Lim, YU Hng	16 Sky Athletics Club	11.78	0.3
3 # 473 Tan, Cheng Yun Jo	15 Sky Athletics Club	12.02	0.3
4 # 470 Jumao-As, Reinard	16 Sky Athletics Club	12.04	0.3

**Event 501 Women Discus Throw Open**

Name	Age Team	Finals
1 # 436 Phua, Jasmin 35.55m 37.24m FOUL FOUL 34.88m FOUL	19 National Uni	37.24m
2 # 466 Yee, Melissa 33.00m 34.16m 29.36m 34.75m 35.44m 33.36m	22 Singapore In	35.44m
-- # 437 Teo, Kai Ting	19 National Uni	DNS

**Event 502 Men Discus Throw Open**

Name	Age Team	Finals
1 # 414 Low, Jonathan 37.89m 34.42m 40.27m 42.25m 37.67m 39.19m	Flash	42.25m
2 # 449 Tan, Ting Jun 34.31m 37.97m 37.30m 37.72m 36.35m 37.96m	23 National Uni	37.97m
3 # 487 Toh, Weide 37.86m FOUL FOUL FOUL FOUL FOUL	34 Wings Athletic Club	37.86m



**SA Performance Trial 1 2020 - 27/11/2020 to 29/11/2020****Home Of Athletics****Results****Event 503 Women 100 Meter Dash Open**

Name	Age	Team	Finals	Wind	H#
1 # 456 Pereira, Veronica	24	Singapore	11.85	0.8	1
2 # 476 Liew, Bernice Yee	17	Swift Athlet	12.43	0.8	1
3 # 453 Hamkah, Haanee Bt	19	Oldham Athletics	12.49	0.8	1
4 # 421 Moghe, Tanisha	20	Nanyang Tech	13.09	0.7	2
5 # 418 Hilary Pragasam,	19	Nanyang Tech	13.12	0.7	2
6 # 410 Binte Abdul Latif	18	Flash	13.92	0.7	2
7 # 419 Lau, Caris	21	Nanyang Tech	14.77	0.7	2
-- # 469 Tan, Shee RU Eliz	17	Sky Athletics Club	DNS	0.8	1

**Event 504 Men 100 Meter Dash Open**

Name	Age	Team	Finals	Wind	H#
1 # 452 Wahid, Syazani	22	National Uni	10.74	1.2	1
2 # 443 Lin, Dexter	21	National Uni	11.18	1.2	1
3 # 450 Teh, Mitchell	23	National Uni	11.38	1.2	1
4 # 481 Koe, Ian	21	Wings Athletic Club	11.52	1.2	1
-- # 461 Tan, Zong Yang	26	Singapore	DNS	1.2	1
-- # 451 Teow, Alphonsus	21	National Uni	DNS	NWI	2





# Day 1

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## SA Performance Trial 1 2020 - 27/11/2020 to 29/11/2020

## Home Of Athletics

## Results - Block 5

## Event 101 Men 800 Meter Run Open

	Name	Age	Team	Finals
<b>Finals</b>				
1	#490 Fayiz, Mohamed Haja	31	Singapore	2:01.93
2	#455 Wong, Jonathan	24	Oldham Athletics	2:06.73
3	#468 Koh, Casey	22	Singapore Institute of Techn	2:11.96

## Event 102 Women 800 Meter Run Open

	Name	Age	Team	Finals
<b>Finals</b>				
1	#411 Goh, Chui Ling	28	Flash	2:16.52
2	#440 Yap, Joyceleen	20	National University Singapore	2:31.58
3	#417 Chng Si Yin, Cheryl	20	Nanyang Technological Universi	2:36.00
4	#439 Wong, Levyn	20	National University Singapore	2:48.15

## Event 103 Mixed 5000 Meter Run Open Mixed

	Name	Age	Team	Finals
<b>Finals</b>				
1	#424 D. Silva M P, Prashan	M36	Nanyang Technological Universi	16:48.77
2	#405 Chua, Luke	M19	Club Zoom	17:22.45
3	#435 Lee, Vanessa	W22	National University Singapore	18:36.52
4	#420 Low Sui Xuan, Nicole	W22	Nanyang Technological Universi	19:36.86
5	#465 Wah Yi Rei, Vera	W19	Singapore Institute of Techn	22:06.61
---	#434 Lau, Clarice	W19	National University Singapore	DNF
---	#426 Hong Kar Jun, Paxton	M23	Nanyang Technological Universi	DNF
---	#438 Toh, Ting Xuan	W20	National University Singapore	DNS
---	#445 Marican, Shohib	M23	National University Singapore	DNS

