

**Appendix B - Competition Schedule**

**2020 SA Performance Trial 1  
27, 28 & 29 Nov 2020  
Home of Athletics**

PM - Day 1, Friday 27 Nov 2020 (Group 5 - 1830hrs to 2030hrs)							
No.	Event	Category	Status	Time	No.	Event	Status
				1900hrs	5	Shot Put (6kg)	Final
5	800m	Women Open/U20/U18	Timed Final		5	Javelin (500g)	Final
5	5000m	Mixed Open	Timed Final	1930hrs			

AM - Day 2, Saturday 28 Nov (Group 1 - 0730hrs to 0930hrs)							
No.	Event	Category	Status	Time	No.	Event	Status
				0800hrs	5	Triple Jump	Final
5	1500m	Men Open/U20/U18	Timed Final		5	Discus (1.75kg)	Final
5	1500m	Women Open/U20/U18	Timed Final	0900hrs			

AM - Day 2, Saturday 28 Nov 2020 (Group 2 - 1000hrs to 1200hrs)							
No.	Event	Category	Status	Time	No.	Event	Status
				1030hrs	5	Triple Jump	Final
8	400m	Women Open	Timed Final		5	Discus (2kg)	Final
8	400m	Men Open	Timed Final	1130hrs			

PM - Day 2, Saturday 28 Nov 2020 (Group 3 - 1330hrs to 1530hrs)							
No.	Event	Category	Status	Time	No.	Event	Status
				1400hrs	5	Discus (1.5kg)	Final
8	400m	Women U18/U20	Timed Final		5	High Jump	Final
8	400m	Men U18/U20	Timed Final	1500hrs			

PM - Day 2, Saturday 28 Nov 2020 (Group 4 - 1600hrs to 1800hrs)							
No.	Event	Category	Status	Time	No.	Event	Status
				1630hrs	5	High Jump	Final
12	100m	Women U18/U20	Timed Final		5	Pole Vault	Final
12	100m	Men U18/U20	Timed Final	1730hrs			

PM - Day 2, Saturday 28 Nov 2020 (Group 5 - 1830hrs to 2030hrs)							
No.	Event	Category	Status	Time	No.	Event	Status
				1900hrs	5	Shot Put (3kg)	Final
12	100m	Women Open	Timed Final		5	Discus (1kg)	Final
12	100m	Men Open	Timed Final	2000hrs			

AM - Day 3, Sunday 29 Nov 2020 (Group 1 - 0730hrs to 0930hrs)							
No.	Event	Category	Status	Time	No.	Event	Status
				0800hrs	5	Long Jump	Final
4	110m Hurdles (1.067m)	Men Open	Timed Final		5	Shot Put (4kg)	Final
4	110m Hurdles (0.991m)	Men U20	Timed Final	0820hrs			
4	110m Hurdles (0.914m)	Men U18	Timed Final	0840hrs			
4	100m Hurdles (0.838m)	Women Open/U20	Timed Final	0900hrs			
4	100m Hurdles (0.762m)	Women U18	Timed Final	0920hrs			

AM - Day 3, Sunday 29 Nov 2020 (Group 2 - 1000hrs to 1200hrs)							
No.	Event	Category	Status	Time	No.	Event	Status
				1030hrs	5	Javelin (800g)	Final
6	400m Hurdles (0.914m)	Men Open/U20	Timed Final		5	Shot Put (5kg)	Final
4	400m Hurdles (0.838m)	Men U18	Timed Final	1045hrs			
6	400m Hurdles (0.762m)	Women Open/U20/U18	Timed Final	1100hrs			

PM - Day 3, Sunday 29 Nov 2020 (Group 3 - 1330hrs to 1530hrs)							
No.	Event	Category	Status	Time	No.	Event	Status
				1400hrs	5	Shot Put (7.26kg)	Final
8	200m	Women Open/U20	Timed Final		5	Javelin (600g)	Final
8	200m	Men Open/U20	Timed Final	1500hrs			

PM - Day 3, Sunday 29 Nov 2020 (Group 4 - 1600hrs to 1800hrs)							
No.	Event	Category	Status	Time	No.	Event	Status
				1630hrs	5	Long Jump	Final
4	200m	Women U18	Timed Final		5	Javelin (700g)	Final
4	200m	Men U18	Timed Final	1645hrs			

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6	3000m Steeplchase	Men Open	Timed Final	1700hrs
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