



COMPETITION SCHEDULE (ATHLETICS)

DATE	EVENT NO.	TIME	EVENT	CATEGORY	ROUND
DAY 1 19 July 2019 (Friday)	MORNING SESSION				
	101	08.00 hrs	400m	Girls	I
	102	08.15 hrs	400m	Boys	I
	103	08.30 hrs	110m Hurdles	Boys	I
	104	09.00 hrs	100m Hurdles	Girls	I
	AFTERNOON SESSION				
	EVENTNO.	TIME	EVENT	CATEGORY	ROUND
	105	15.20 hrs	High Jump	Girls	Final
	106	15.25 hrs	Shot Put	Boys	Final
	107	15.30 hrs	Long Jump	Boys	Final
	108	15.35 hrs	110m Hurdles	Boys	Final
	109	15.40 hrs	Discuss Throw	Boys	Final
	110	15.45 hrs	100m Hurdles	Girls	Final
	111	16.00 hrs	400m	Girls	Final
	112	16.10 hrs	400m	Boys	Final
16.15– 16.20 hrs		Victory Ceremony For Event 108 & 110			
113	16.25 hrs	1500m	Girls	Final	
114	16.35 hrs	1500m	Boys	Final	
115	16.45 hrs	4x100m Mixed	-	Final	
16.50 hrs – 17.15 hrs		Victory Ceremony For Event 111, 112, 107, 109, 106, 105 & 115			



COMPETITION SCHEDULE (ATHLETICS)

DATE	EVENT NO.	TIME	EVENT	CATEGORY	ROUND
DAY 2 20 July 2019 (Saturday)	MORNING SESSION				
	201	08.00 hrs	100m	Girls	I
	202	08.15 hrs	100m	Boys	I
	203	08.30 hrs	400m Hurdles	Boys	I
	204	09.00 hrs	400m Hurdles	Girls	I
	AFTERNOON SESSION				
	EVENT NO.	TIME	EVENT	CATEGORY	ROUND
	205	15.30 hrs	High Jump	Boys	Final
	206	15.35 hrs	Shot Put	Girls	Final
	207	15.40 hrs	Long Jump	Girls	Final
	208	15.45 hrs	Discuss Throw	Girls	Final
	209	16.00hrs	100m	Girls	Final
	210	16.10 hrs	100m	Boys	Final
	211	16.20 hrs	4x400m Mixed	-	Final
	16.30 hrs – 17.10 hrs		Victory Ceremony For Event 113, 114, 206, 209, 210, 207, 205, 208 & 211		



COMPETITION SCHEDULE (ATHLETICS)

DATE	EVENT NO.	TIME	EVENT	CATEGORY	ROUND
DAY 3 21 July 2019 (Sunday)	MORNING SESSION				
	301	08.00 hrs	800m	Boys	I
	302	08.15 hrs	800m	Girls	I
	303	08.25 hrs	Javelin Throw	Girls	Final
	304	08.30 hrs	200m	Boys	I
	305	09.00 hrs	200m	Girls	I
	AFTERNOON SESSION				
	EVENT NO.	TIME	EVENT	CATEGORY	ROUND
	306	15.15 hrs	Pole Vault	Girls	Final
	307	15.20 hrs	Hammer Throw	Boys	Final
	308	15.25 hrs	Triple Jump	Boys	Final
	309	15.30 hrs	400m Hurdles	Boys	Final
	310	15.40 hrs	400m Hurdles	Girls	Final
	15.55 hrs		Victory Ceremony For Event 303		
	311	16.00 hrs	200m	Girls	Final
	312	16.10 hrs	200m	Boys	Final
	16.15 hrs – 16.20 hrs		Victory Ceremony For Event 309& 310		
	313	16.25 hrs	3000m	Girls	Final
	314	16.40 hrs	3000m	Boys	Final
	16.55 hrs – 17.25 hrs		Victory Ceremony For Event 311, 312, 306, 307, 308, 313&314		



COMPETITION SCHEDULE (ATHLETICS)

DATE	EVENT NO.	TIME	EVENT	CATEGORY	ROUND
DAY 4 22 July 2019 (Monday)	MORNING SESSION				
	401	08.00 hrs	4 x 100m	Girls	I
	402	08.15 hrs	4 x 100m	Boys	I
	403	08.25 hrs	Hammer Throw	Girls	Final
	404	08.30 hrs	4 x 400m	Girls	I
	405	08.45 hrs	4 x 400m	Boys	I
	AFTERNOON SESSION				
	EVENT NO.	TIME	EVENT	CATEGORY	ROUND
	406	15.15 hrs	Pole Vault	Boys	Final
	407	15.20 hrs	Javelin Throw	Boys	Final
	408	15.25 hrs	Triple Jump	Girls	Final
	409	15.30 hrs	4 x 100m	Girls	Final
	410	15.40 hrs	4 x 100m	Boys	Final
	15.45 hrs		Victory Ceremony For Event 403		
	411	15.50 hrs	800m	Girls	Final
	412	16.00 hrs	800m	Boys	Final
	16.10 hrs – 16.15 hrs		Victory Ceremony For Event 409 & 410		
	413	16.20 hrs	4 x 400m	Girls	Final
	414	16.25 hrs	4 x 400m	Boys	Final
16.40 hrs – 17.10		Victory Ceremony For Event 411, 412, 408, 407, 406, 413 & 414			