

Overall Points Standings

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019**Home Of Athletics****Team Rankings - Through Event 226****Combined Team Scores**

Pos	Team	Points	Pos	Team	Points
1	National Univeristy of Si	287	2	Wings Athletic Club	216.50
3	Flash Athletics Club	185	4	Nanyang Technological Uni	176
5	Nanyang Polytechnic	124	6	Swift Athletes Associatio	86
7	Singapore Management Univ	82	8	Ngee Ann Polytechnic	62
9	Safsa	55	10	ActiveSG	36
10	Republic Polytechnic	36	12	Club Zoom	33.50
13	Erovra Club	31	13	Trackstar Athletics	31
15	Singapore Polytechnic	29	15	Police Sports Association	29
17	Institute of Technical Ed	28	18	Temasek Polytechnic	27
18	Sim	27	20	MacRitchie Runners 25	20
21	Singapore University of T	18	22	JS Athletics	15
23	Cougars Athletic Associat	7	24	Sky Athletics Club	6
24	Singapore	6	26	Singapore University of S	4

Female Team Scores

Pos	Team	Points	Pos	Team	Points
1	National Univeristy of Si	152	2	Nanyang Technological Uni	75
3	Wings Athletic Club	74.50	4	Nanyang Polytechnic	69
5	Flash Athletics Club	65	6	Swift Athletes Associatio	57
7	Singapore Management Univ	49	8	Ngee Ann Polytechnic	43
9	ActiveSG	26	10	Club Zoom	22.50
11	Republic Polytechnic	21	12	Temasek Polytechnic	20
12	Erovra Club	20	14	MacRitchie Runners 25	16
15	Singapore Polytechnic	13	16	Trackstar Athletics	12
16	Sim	12	18	Singapore University of T	10
19	Cougars Athletic Associat	7	20	Institute of Technical Ed	5
21	Singapore University of S	4	22	JS Athletics	1

Male Team Scores

Pos	Team	Points	Pos	Team	Points
1	Wings Athletic Club	128	2	National Univeristy of Si	125
3	Flash Athletics Club	102	4	Nanyang Technological Uni	89
5	Safsa	55	5	Nanyang Polytechnic	55
7	Singapore Management Univ	33	8	Police Sports Association	29
8	Swift Athletes Associatio	29	10	Institute of Technical Ed	23
11	Trackstar Athletics	19	11	Ngee Ann Polytechnic	19
13	Singapore Polytechnic	16	14	JS Athletics	14
15	Sim	11	16	ActiveSG	10
17	Club Zoom	9	18	Singapore University of T	8
19	Temasek Polytechnic	7	19	Republic Polytechnic	7
21	Sky Athletics Club	6	21	Singapore	6
23	Erovra Club	5	24	MacRitchie Runners 25	4

Day 1 Results

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019**Home Of Athletics****Results - Day 1****Event 101 Men Triple Jump Open**

=====						
CR:		15.27m	2015	Lai Yong Hui, Nanyang Technologic		
Name	Age	Team	Finals	Wind		
=====						
Finals						
1 #	49	Mun, Jern Wei Iva	21 Flash Athlet	14.47m	0.7	
				14.47m(0.7)	13.89m(0.8)	13.98m(+0.0) 14.47m(+0.0)
2 #	168	Lee, Justin	20 Nanyang Tech	13.86m	0.9	
				13.70m(1.8)	13.86m(0.9)	13.26m(+0.0) 12.53m(+0.0)
3 #	203	Chan, Zhe Ying	23 National Uni	13.38m	2.0	
				13.38m(2.0)	13.04m(1.3)	12.58m(0.3)
4 #	317	Clarence, Koh	21 Safsa	13.16m	1.1	
				12.60m(1.3)	12.46m(0.4)	12.85m(1.4) 12.60m(+0.0) 12.93m(0.9) 13.16m(1.1)
5 #	140	Maslan, Putera Mu	19 Nanyang Polytechnic	12.89m	-0.2	
				X(0.5)	12.59m(0.9)	11.47m(+0.0) 12.64m(0.4) 11.24m(0.1) 12.89m(-0.2)
6 #	216	Lim Jia Jing, Sam	22 National Uni	12.49m	2.2	
				12.24m(0.5)	12.40m(+0.0)	X(1.0) 12.43m(0.5) 12.49m(2.2) X(+0.0)
7 #	256	Lim, Dyfrig	18 Ngee Ann Pol	12.38m	1.1	
				11.28m(1.9)	12.38m(1.1)	X(2.6) 11.22m(+0.0) 12.35m(+0.0) 12.20m(+0.0)
8 #	254	Lee, Darren	19 Ngee Ann Pol	12.37m	+0.0	
				12.07m(1.7)	X(1.7) X(0.8)	12.37m(+0.0) 12.10m(+0.0) 11.78m(0.4)
9 #	44	Goh, Sean	21 Flash Athlet	11.80m	+0.0	
				X(1.6)	X(+0.0)	11.80m(+0.0)
10 #	150	Wong, Jing Yong	18 Nanyang Polytechnic	11.15m	1.4	
				11.15m(1.4)	10.32m(0.8)	11.10m(1.1)
11 #	292	Lam, Marcus	18 Republic Pol	11.15m	0.8	
				X(+0.0)	10.74m(1.0)	11.15m(0.8)
-- #	474	Zulkifli, Alif	21 Wings Athletic Club	DNS	NWI	

Event 102 Women High Jump Open

=====						
CR:		1.80m	2015	Michelle Sng, Swift Athletes		
Name	Age	Team	Finals			
=====						
1 #	197	Ng Yu Jing, Estel	23 National Uni	1.55m		
				1.45	1.50	1.55 1.60
				O	O	XO XXX
2 #	438	Enriquez, Roxanne	23 Wings Athletic Club	1.50m		
				1.35	1.40	1.45 1.50 1.55
				O	O	O XO XXX
3 #	442	Neo, YiWen	31 Wings Athletic Club	1.45m		
				1.35	1.40	1.45 1.50
				O	O	XXO XXX
4 #	235	Eng, Megan	19 Ngee Ann Pol	1.40m		
				1.35	1.40	1.45
				O	O	XXX
5 #	107	Ho, Gwenyth	18 Nanyang Polytechnic	1.40m		
				1.30	1.35	1.40 1.45
				O	XO	O XXX
6 #	344	Teo, Keifa	22 Singapore Ma	1.40m		
				1.35	1.40	1.45
				O	XXO	XXX
7 #	105	Chong, Phoebe	18 Nanyang Polytechnic	1.25m		
				1.25	1.30	
				O	XXX	

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019**Home Of Athletics****Results - Day 1****....Event 102 Women High Jump Open**

-- #	236	Goh, Su Yin	17	Ngee Ann Pol	NH
		1.25			
		XXX			
-- #	338	Goh, Jia Ling Tes	20	Singapore Ma	DNS

Event 103 Men Shot Put (7.26kg) Open

=====					
	CR:	16.38m	2002	Dong Enxin, Swift Athletes A	
Name	Age	Team	Finals		
=====					
1 #	319	Eric, Yee	20	Safsa	12.23m
		11.65m	X	12.23m	X X 11.71m
2 #	165	Chung, Yew Weng	22	Nanyang Tech	11.68m
		11.68m	11.26m	10.96m	11.35m 10.79m 11.21m
3 #	472	Toh, Wei De	33	Wings Athletic Club	10.45m
		X	10.45m	10.13m	10.29m X 10.16m
4 #	215	Lai Yuchang, Jona	24	National Uni	9.72m
		9.18m	8.67m	8.85m	9.72m 9.19m 9.22m
5 #	218	Ong, Yan Zhi	23	National Uni	8.89m
		8.89m	X	7.79m	8.00m 8.59m 8.51m
-- #	52	Sia, Shi Min Alvi	25	Flash Athlet	DNS
-- #	261	Muhammad, Hasif B	18	Ngee Ann Pol	DNS

Event 104 Women Shot Put (4kg) Open

=====					
	CR:	17.38m	2001	Zhang Guirong, Swift Athlete	
Name	Age	Team	Finals		
=====					
1 #	448	Yee, Melissa	21	Wings Athletic Club	11.55m YC
		10.10m	11.55m	X	11.12m X 10.81m
2 #	158	Tan, Desiree	20	Nanyang Tech	9.95m YC
		9.91m	X	8.94m	9.49m 9.81m 9.95m
3 #	387	Kek, Jing Wen	21	Singapore Un	9.01m
		7.74m	6.28m	8.23m	8.40m 9.01m 7.49m
4 #	57	Lee, Pei Shan	20	Institute of	8.10m
		7.12m	7.27m	7.69m	8.10m 7.00m 6.49m
-- #	233	Binte Che Othman,	17	Ngee Ann Pol	DNS

Event 105 Women Javelin Throw (600g) Open

=====					
	CR:	46.17m	2002	Zhang Guirong, Swift Athlete	
Name	Age	Team	Finals		
=====					
1 #	185	Chiu, Jing Wen	23	National Uni	36.41m
		35.28m	36.31m	32.93m	32.82m 36.41m 32.98m
2 #	200	Shanmugaratnam, M	23	National Uni	32.62m
		32.62m	32.11m	X	31.42m 31.21m 30.64m
3 #	32	Ow, Si Xing	22	Flash Athlet	31.46m
		30.96m	29.46m	28.91m	30.27m X 31.46m
4 #	233	Binte Che Othman,	17	Ngee Ann Pol	15.98m
		13.49m	14.26m	14.26m	15.98m X 15.94m
-- #	235	Eng, Megan	19	Ngee Ann Pol	DNS

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019**Home Of Athletics****Results - Day 1****Event 106 Women 100 Meter Dash Open**

=====						
CR:		12.30	2015	Shanti Pereira, Republic Polytechnic		
Name	Age	Team	Prelims	Wind	H#	
=====						
Preliminaries						
1 #	426	Goh Si Hui, Clara	19	Temasek Polytechnic	12.81q	-2.3 1
2 #	117	Rebecca, Tay	18	Nanyang Polytechnic	13.26q	-2.3 1
3 #	427	Lim, Gwendolyn Th	17	Temasek Polytechnic	13.28q	-0.5 2
4 #	340	Ong, Kerstin	22	Singapore Ma	13.50q	-2.3 1
5 #	153	Jansen, Brenda	20	Nanyang Tech	13.62q	-0.6 3
6 #	7	Xu, Weixin	34	Club Zoom	13.64q	-0.6 3
7 #	365	Celine, Goe	20	Singapore Po	13.79q	-0.5 2
8 #	243	Razali, Nurul Sya	20	Ngee Ann Pol	13.97q	-0.6 3
9 #	54	Binte Abdul Latif	17	Institute of	13.98	-0.6 3
10 #	31	Chan, Ming Tong J	25	Flash Athlet	14.05	-0.6 3
11 #	199	Ou, Bilian	21	National Uni	14.49	-0.6 3
12 #	281	Nabilah, Nada	19	Republic Pol	14.49	-0.5 2
13 #	331	Tan, Sui Xin	24	Sim	14.53	-2.3 1
14 #	193	Lin, Shiwen	20	National Uni	14.64	-0.5 2
15 #	25	Sahnaz, Begum	20	Erovra Club	14.73	-0.5 2
16 #	392	Lim, Jiayi	16	Sky Athletics Club	14.78	-0.5 2
17 #	59	Ng, Cheryl	17	Institute of	14.84	-2.3 1
18 #	238	Koh, Shermaine	18	Ngee Ann Pol	15.02	-0.5 2
19 #	343	Seet, Xiu Li	20	Singapore Ma	15.09	-0.6 3
20 #	19	Hillary, LI QI, H	19	Erovra Club	15.10	-2.3 1
21 #	103	Chin, Wanqi	17	Nanyang Polytechnic	15.53	-0.5 2
22 #	286	Wan, ShiLing	19	Republic Pol	15.73	-0.6 3
23 #	484	Goh, Jing Rou	18	Trackstar Athletics	16.00	-2.3 1
-- #	78	Frith, Tara	17	JS Athletics	DNS	-2.3 1

Event 107 Men 100 Meter Dash Open

=====						
CR:		10.58	1992	Muhamad Hosni, Flash Athletic Club		
Name	Age	Team	Prelims	Wind	H#	
=====						
1 #	71	Louis, Marc Brian	17	Institute of	11.15q	-0.2 3
2 #	40	Ang, Weisi	25	Flash Athlet	11.29q	0.1 2
3 #	225	Sing, Hui	22	National Uni	11.37q	0.6 1
4 #	466	Ragupaty, Kishen	25	Wings Athletic Club	11.40q	0.6 1
5 #	362	Wang, Jerrel	23	Singapore Ma	11.43q	0.1 2
6 #	390	Lau, Prince	24	Singapore Un	11.46q	0.1 2
7 #	67	FU, Yiu Kwong	18	Institute of	11.54q	0.6 1
8 #	454	Koe, Ian	20	Wings Athletic Club	11.70q	-0.9 4
9 #	316	Alphonsus, Teow	20	Safsa	11.85	-0.9 4
10 #	436	Yuen, Joel	16	Trackstar Athletics	11.85	0.6 1
11 #	137	Lee, Weijie Samue	20	Nanyang Polytechnic	11.91	-0.2 3
12 #	312	Tye, Atticus	18	Republic Pol	12.00	-0.2 3
13 #	133	Danial, Bin Moham	19	Nanyang Polytechnic	12.05	0.1 2
14 #	82	Chew, Julian	17	JS Athletics	12.16	-0.9 4
15 #	347	Chong, Eugene	25	Singapore Ma	12.22	0.6 1
16 #	400	Mohamad, Ridhwan	20	Sky Athletics Club	12.24	-0.2 3
17 #	397	Kumar, Tarun	20	Sky Athletics Club	12.28	-0.9 4
18 #	176	Tan, David	23	Nanyang Tech	12.38	0.1 2
19 #	485	Gan, Yu An Ian	17	Trackstar Athletics	12.39	-0.2 3
20 #	422	Liew, Isaac	17	TeamFabian	12.42	0.1 2
21 #	28	Jun Wen, Yap	17	Erovra Club	12.48	-0.9 4

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019**Home Of Athletics****Results - Day 1****...Event 107 Men 100 Meter Dash Open**

22 #	300	Muhammad, Harith	22	Republic Pol	12.50	-0.9	4
23 #	424	Roychowdhury, Aha	16	TeamFabian	12.69	-0.2	3
24 #	251	Hazli, Mohamed Aa	20	Ngee Ann Pol	12.78	0.6	1
25 #	417	Ng, Bao Qiang	24	Swift Athlet	13.00	0.6	1
26 #	96	Desmond, Go Guang	18	MY Coaching Academy	13.26	0.6	1
27 #	252	Koh, Ignatius	19	Ngee Ann Pol	13.68	-0.9	4
28 #	378	John, Tan	18	Singapore Po	14.01	-0.9	4
-- #	268	Prem, Sathiamoort	20	Police Sport	DNS	0.1	2
-- #	16	Zuhayr, Mohamed I	22	Club Zoom	DNS	0.1	2
-- #	37	Ahuja, Shiv	17	Flash Athlet	DNS	-0.2	3
-- #	162	Ang, Ding Hui	23	Nanyang Tech	DNS	-0.2	3
-- #	501	Muhd, Naqib	24	Singapore	X11.31	-0.7	5
-- #	502	Daryl, Liew	28	Singapore	X11.45	-0.7	5
-- #	500	David, Teemeris	27	Singapore	X11.99	-0.7	5

Event 108 Women 1500 Meter Run Open

CR: 4:46.80 1981 K Jayamani, Swift Athletes Ass

Name Age Team Finals H#

Finals

1 #	190	Lee, Vanessa	21	National Uni	4:58.11	2
2 #	429	Jansson, Therese	33	Trackstar Athletics	5:10.32	2
3 #	481	Lau, Clarice	18	ActiveSG	5:15.37	1
4 #	478	Yap, Joyceleen	19	ActiveSG	5:26.33	2
5 #	92	Wong, Levyn	19	MacRitchie R	5:32.66	2
6 #	5	Tan, Hui Xin	23	Club Zoom	5:33.28	1
7 #	194	Lin Yuxin, Kathle	22	National Uni	5:37.54	2
8 #	80	Tan, Kylie	17	JS Athletics	5:47.70	2
9 #	332	Wong, Cheryl	21	Sim	5:48.64	2
10 #	498	Xuan, Koh Jia	19	Swift Athlet	5:49.18	1
11 #	26	Steffi, Kai Lin,	20	Erovra Club	5:51.12	2
12 #	4	Lee, Yuen Yu	19	Club Zoom	5:53.02	1
13 #	330	Michelle, Ng	25	Sim	5:53.65	1
14 #	410	Tammilmani, Thaar	19	Swift Athlet	6:02.86	1
15 #	17	Choo, Darine	21	Cougars Athl	6:10.28	1
16 #	159	Wu, Yu Han	22	Nanyang Tech	6:10.43	1
17 #	155	Manimaran, Sonali	23	Nanyang Tech	6:10.44	2
18 #	341	Ow, Jieralyn	22	Singapore Ma	6:35.40	1
19 #	106	Goh, Sin Yee	20	Nanyang Polytechnic	6:43.57	1
20 #	277	Law, Shaina	18	Republic Pol	6:56.23	1
21 #	62	Zeris, Damia	18	Institute of	7:09.39	2
22 #	123	Zhang, Xiaoxin	17	Nanyang Polytechnic	7:16.59	2
23 #	271	Cai, Ming Ping	18	Republic Pol	7:49.98	2
24 #	393	Ramdan, Elrina	17	Sky Athletics Club	8:32.35	2
-- #	79	Gherisi, Isabella	18	JS Athletics	DNS	1
-- #	58	Mahmood, Siti Nur	20	Institute of	DNS	1

Event 109 Men 1500 Meter Run Open

CR: 3:55.70 1994 A Saravanan, Swift Athletes As

Name Age Team Finals H#

1 #	462	Lui Hua, Tan	27	Wings Athletic Club	4:09.15	1
2 #	479	Yan, Ethan	18	ActiveSG	4:14.18	1

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019**Home Of Athletics****Results - Day 1****....Event 109 Men 1500 Meter Run Open**

3 #	412	Fayiz, Mohamed Ha	30	Swift Athlet	4:17.44	2
4 #	435	Suresh, Kiranraj	19	Trackstar Athletics	4:22.79	1
5 #	90	Van Wersch, Valen	18	JS Athletics	4:27.93	2
6 #	211	Ho Juin Hwee, Kee	24	National Uni	4:30.23	1
7 #	94	Ng, Jing Heng	18	MacRitchie R	4:33.22	2
8 #	428	Andrew, Jonathan	19	Temasek Polytechnic	4:35.99	1
9 #	432	Krishna, harihara	21	Trackstar Athletics	4:36.70	2
10 #	415	Mathieu, Poirel	17	Swift Athlet	4:40.38	1
11 #	144	Pradeesh, S/O Pra	21	Nanyang Polytechnic	4:45.02	1
12 #	224	Sin, Maximilian	22	National Uni	4:47.83	2
13 #	374	An Cheng, Koh	18	Singapore Po	4:49.62	1
14 #	177	Tay, Benjamin	24	Nanyang Tech	4:50.11	1
15 #	63	., Aniyutharan	18	Institute of	4:58.55	2
16 #	359	Quek, Seng Woon	23	Singapore Ma	4:58.64	1
17 #	380	Le Wei, Chiew	19	Singapore Po	5:04.90	2
18 #	179	Wong, Nathanael	25	Nanyang Tech	5:11.46	2
19 #	333	Justin, Poon	23	Sim	5:13.44	2
20 #	290	Chong, Gabriel	17	Republic Pol	5:19.37	2
21 #	151	Wu, Lian Shuai	20	Nanyang Polytechnic	5:21.44	2
22 #	64	., Ganesh	17	Institute of	5:52.02	1
23 #	299	Lim, Shawn	18	Republic Pol	6:00.23	1
-- #	480	Soundararajah, Je	26	ActiveSG	DNS	2
-- #	463	Malik, Sanat	17	Wings Athletic Club	DNS	1
-- #	46	Leow, Zac	33	Flash Athlet	DNS	2

Event 110 Women 400 Meter Dash Open

CR: 56.10 1974 Chee Swee Lee

Name	Age	Team	Prelims	H#
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Preliminaries

1 #	187	Goh Jia Rui, Cele	20	National Uni	1:02.49q	2
2 #	156	Ng, Grace	27	Nanyang Tech	1:04.23q	1
3 #	437	Enn, Cindy	23	Wings Athletic Club	1:05.89q	1
4 #	114	Noor, Fatehah Bin	18	Nanyang Polytechnic	1:06.23q	1
5 #	36	Zaini, Izlyn	21	Flash Athlet	1:06.82q	1
6 #	328	Kang, Pei Ling	22	Sim	1:07.83q	2
7 #	240	Kuppusamy, Darshi	20	Ngee Ann Pol	1:09.68q	2
8 #	24	Nicole, Chew	17	Erovra Club	1:10.72q	1
9 #	100	Ang, Jia Yin	18	Nanyang Polytechnic	1:10.77	2
10 #	489	Sim, Jia Ying	22	Singapore Univer	1:11.32	1
11 #	345	Wong, Carissa	21	Singapore Ma	1:11.79	2
12 #	487	Ng, Hui Qin	17	Trackstar Athletics	1:15.73	2
13 #	234	Chow, Celeste	18	Ngee Ann Pol	1:16.04	1
14 #	280	Lo, Robyn	19	Republic Pol	1:18.13	1
15 #	289	Yu, Gwen	19	Republic Pol	1:20.15	2

Event 111 Women Triple Jump Open

CR: 11.55m 2016 Lim, Enxuan Lynette, National Uni

Name	Age	Team	Finals	Wind
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Finals

1 #	34	Rozario, Tia Loui	19	Flash Athlet	12.14m	0.3
		12.10m(0.6) 11.87m(0.1) X(+0.0) 11.47m(0.9) 11.92m(1.0) 12.14m(0.3)				

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019**Home Of Athletics****Results - Day 1****....Event 111 Women Triple Jump Open**

2 #	405 Ang, Wei Lu	21 Swift Athlet	11.47m	1.2	
			11.09m(+0.0)	11.28m(+0.0)	11.04m(+0.0) 11.47m(1.2) 11.21m(0.4) 11.46m(0.8)
3 #	411 Wai, Ann Lee Shya	16 Swift Athlet	11.44m	+0.0	
			10.96m(+0.0)	X(0.1)	11.40m(0.5) 10.76m(+0.0) 9.76m(0.8) 11.44m(+0.0)
4 #	372 Xinyi, Khor	17 Singapore Po	10.83m	0.7	
			10.67m(+0.0)	10.76m(0.9)	10.78m(+0.0) 10.83m(0.7) 10.63m(+0.0) 10.66m(0.7)
5 #	202 Zhuo, Lin Lin	22 National Uni	10.24m	0.1	
			X(+0.0)	10.24m(0.1)	10.23m(1.3) 10.23m(0.5) 10.23m(0.5) 10.14m(+0.0)
6 #	113 Nguyen, The Hanh	19 Nanyang Polytechnic	10.23m	0.5	
			9.75m(+0.0)	9.79m(0.5)	9.96m(0.2) 10.12m(+0.0) 10.23m(0.5) 10.16m(+0.0)
7 #	344 Teo, Keifa	22 Singapore Ma	10.16m	1.1	
			X(0.1)	10.16m(1.1)	X(1.3) 10.02m(+0.0) 10.10m(0.4) 10.05m(+0.0)
8 #	102 Chan, Zi Yee	18 Nanyang Polytechnic	9.53m	+0.0	
			9.53m(+0.0)	X(+0.0)	9.53m(0.6) 9.11m(1.1) 9.02m(0.8) 9.09m(1.0)
9 #	241 Liew, Raymin	19 Ngee Ann Pol	9.26m	+0.0	
			9.26m(+0.0)	9.23m(+0.0)	9.25m(0.7)
10 #	284 Tan, Junn Faye	18 Republic Pol	8.77m	1.0	
			8.77m(1.0)	8.76m(0.2)	8.56m(0.3)
11 #	441 Lin, Erin	18 Wings Athletic Club	8.68m	+0.0	
			8.68m(+0.0)	8.67m(+0.0)	X(+0.0)
-- #	247 Yee, Sooxing	17 Ngee Ann Pol			DNS NWI
-- #	394 Yap, Claire	17 Sky Athletics Club			DNS NWI

Event 112 Men High Jump Open

=====							
	CR:	2.08m	1995		Wong Yew Tong		
Name	Age	Team				Finals	
=====							
1 #	363 Wong, Bryan	21 Singapore Ma	2.00m				
			1.85	1.90	1.95	2.00	2.05
			O	XO	O	O	XXX
2 #	139 Mardan, Hairil Sy	20 Nanyang Polytechnic	1.95m				
			1.75	1.80	1.85	1.90	1.95
			O	O	O	O	XXX
3 #	452 Heng, Brandon	21 Wings Athletic Club	1.85m				
			1.80	1.85	1.90		
			O	XO	XXX		
4 #	473 Toh, Yong Xiang	18 Wings Athletic Club	1.85m				
			1.70	1.75	1.80	1.85	1.90
			O	O	XO	XO	XXX
5 #	248 Chin, Yi Yang	17 Ngee Ann Pol	1.80m				
			1.65	1.70	1.75	1.80	1.85
			O	O	O	O	XXX
6 #	351 Fan, Kelvin	25 Singapore Ma	1.80m				
			1.65	1.70	1.75	1.80	1.85
			XO	O	O	O	XXX
7 #	44 Goh, Sean	21 Flash Athlet	1.80m				
			1.65	1.70	1.75	1.80	1.85
			XO	O	O	XXO	XXX
8 #	257 Lim, Kieron	19 Ngee Ann Pol	1.65m				
			1.65	1.70			
			O	XXX			
9 #	136 Koh, Jin Hao	19 Nanyang Polytechnic	1.65m				
			1.60	1.65	1.70		
			XXO	XXO	XXX		

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019**Home Of Athletics****Results - Day 1****....Event 112 Men High Jump Open**

-- #	305 Ong, Brannon	17	Republic Pol	NH
	1.60			
	XXX			
-- #	223 Sim Swee Jen, Nic	21	National Uni	NH
	1.60			
	XXX			
-- #	293 Lee, Jeson	17	Republic Pol	NH
	1.60			
	XXX			

Event 113 Men Javelin Throw (800g) Open

CR: 59.46m 2017		Akid, Chong, Flash Athletic		
Name	Age	Team	Finals	
1 # 43 Chong Bin Mohd Is	29	Flash Athlet	57.93m	
			54.33m 50.64m 53.33m 52.75m 53.93m 57.93m	
2 # 455 Koh, Thong En	28	Wings Athletic Club	50.36m	
			X X 49.42m 47.83m 50.36m X	
3 # 352 Ho, Chung Xian	23	Singapore Ma	49.91m	
			49.91m X X X X X	
4 # 208 Chong, Weng Teng	22	National Uni	44.02m	
			X 42.97m 40.83m 43.73m 44.02m X	
5 # 358 Pee, Amos	23	Singapore Ma	42.66m	
			42.66m 41.24m 40.02m 40.05m 35.68m 40.36m	
6 # 147 Tam, Yeong Yi	19	Nanyang Polytechnic	37.98m	
			37.43m 37.34m 37.28m 37.98m X 37.22m	
7 # 313 Yee, Marcus	18	Republic Pol	32.62m	
			X X 29.28m X 32.62m 31.59m	
8 # 126 Chew, Yao Sheng C	19	Nanyang Polytechnic	27.19m	
			23.85m 26.03m 25.70m 25.07m 27.19m 25.94m	
9 # 295 Liew, Jeremy	19	Republic Pol	22.51m	
			22.18m 22.51m X	
10 # 262 Neo, Kieran	17	Ngee Ann Pol	20.88m	
			16.13m X 20.88m	
-- # 250 Harun, Daniel Abd	20	Ngee Ann Pol	DNS	

Event 114 Men 400 Meter Dash Open

CR: 47.90 1987		Haron Munder, Flash Athletic Clu		
Name	Age	Team	Prelims	H#
Preliminaries				
1 # 315 Alex Rodney, Koh	21	Safsa	51.13q	1
2 # 214 Koh, Wei Shien	24	National Uni	52.01q	3
3 # 178 Tien, Darren	23	Nanyang Tech	52.31q	1
4 # 173 Quek, Calvin	23	Nanyang Tech	52.33q	4
5 # 336 Shawn, Lee	24	Sim	52.69q	4
6 # 419 Subash, Kisen	21	Swift Athlet	52.89q	3
7 # 204 Chan Wen Jie, Jus	23	National Uni	53.36q	2
8 # 321 Praharsh, Ryan	21	Safsa	53.84q	3
9 # 386 Yong Ming, Tan	19	Singapore Po	54.24	1
10 # 83 Devaraj, S.	17	JS Athletics	54.65	2
11 # 471 Tang, Aaron	26	Wings Athletic Club	54.80	2
12 # 45 Januri, Ariff	25	Flash Athlet	54.84	2

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019**Home Of Athletics****Results - Day 1****...Event 114 Men 400 Meter Dash Open**

13 #	420 Wei, Lim Kai	17	Swift Athlet	55.43	4
14 #	88 Ramachandran, Sha	17	JS Athletics	55.84	4
15 #	130 Ian, Matthew Ngui	18	Nanyang Polytechnic	56.85	2
16 #	265 T, Mohamed Ashraf	19	Ngee Ann Pol	57.42	2
17 #	308 Tan, Daryl	18	Republic Pol	57.49	4
18 #	38 Amor, Artri Jim	17	Flash Athlet	57.53	1
19 #	9 Koh, Casey Cheste	21	Club Zoom	58.02	1
20 #	396 Goh, Audie	18	Sky Athletics Club	58.21	4
21 #	68 Hau, Wen Hui	18	Institute of	58.48	4
22 #	260 Mohd Shariff, Abd	20	Ngee Ann Pol	58.63	1
23 #	98 Troy, Koh Rong En	18	MY Coaching Academy	58.64	2
24 #	77 Sunarno, Herwandy	17	Institute of	58.79	3
25 #	309 Tan, Derrick	22	Republic Pol	1:00.87	1
26 #	492 Lai, Jun Jie Marc	24	Singapore Univer	1:02.38	3
27 #	493 Koh, Chun Kit Kel	25	Singapore Univer	1:07.81	2
-- #	15 Toh, Eddie	38	Club Zoom	DNF	3
-- #	145 Russell, Hari Cha	20	Nanyang Polytechnic	DNS	3

Event 115 Women 5000 Meter Race Walk Open

=====					
CR:		30:15.89	2015	Tin Shu Min, Singapore Man	
Name	Age	Team	Finals		
=====					
Finals					
1 #	406	Jayaraman, Komath	58	Swift Athlet	34:13.87
2 #	446	Teo, Leanne	16	Wings Athletic Club	34:44.83
3 #	408	Seah, Serene	55	Swift Athlet	34:46.03
4 #	91	Kek, Sabrina	36	MacRitchie R	35:42.38
5 #	201	Ting Kah Yann, Al	20	National Uni	36:00.84
6 #	192	Leong, Shariel	21	National Uni	36:21.97
7 #	276	Koo, Ke Ghin	20	Republic Pol	36:22.56

Event 115 Men 5000 Meter Race Walk Open

=====					
Name	Age	Team	Finals		
=====					
1 #	172	Ng, Jing Cheng	22	Nanyang Tech	24:26.49
2 #	467	Tai Yong, Loh	16	Wings Athletic Club	30:41.25
3 #	231	Tan Kok Yi, Nelso	22	National Uni	32:25.05
4 #	291	Ho, Hong Kai	19	Republic Pol	36:48.69 +30sec
-- #	418	Sim, Edmund	36	Swift Athlet	DNF
-- #	461	Loh, Brandon	17	Wings Athletic Club	DNS

Event 116 Women 100 Meter Dash Open

=====						
CR:		12.30	2015	Shanti Pereira, Republic Polytechn		
Name	Age	Team	Finals	Wind		
=====						
1 #	426	Goh Si Hui, Clara	19	Temasek Polytechnic	12.72	-1.1
2 #	340	Ong, Kerstin	22	Singapore Ma	13.16	-1.1
3 #	117	Rebecca, Tay	18	Nanyang Polytechnic	13.17	-1.1
4 #	427	Lim, Gwendolyn Th	17	Temasek Polytechnic	13.37	-1.1
5 #	153	Jansen, Brenda	20	Nanyang Tech	13.71	-1.1
6 #	7	Xu, Weixin	34	Club Zoom	13.83	-1.1
7 #	365	Celine, Goe	20	Singapore Po	13.90	-1.1

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019**Home Of Athletics****Results - Day 1****....Event 116 Women 100 Meter Dash Open**

8 #	243	Razali, Nurul Sya	20	Ngee Ann Pol	13.98	-1.1
-----	-----	-------------------	----	--------------	-------	------

Event 117 Men 100 Meter Dash Open

=====						
		CR:	10.58	1992	Muhamad Hosni, Flash Athletic Club	
Name		Age	Team		Finals	Wind
=====						
1 #	71	Louis, Marc Brian	17	Institute of	11.09	-1.5
2 #	40	Ang, Weisi	25	Flash Athlet	11.33	-1.5
3 #	225	Sing, Hui	22	National Uni	11.40	-1.5
4 #	466	Ragupaty, Kishen	25	Wings Athletic Club	11.56	-1.5
5 #	362	Wang, Jerrel	23	Singapore Ma	11.60	-1.5
6 #	390	Lau, Prince	24	Singapore Un	11.99	-1.5
7 #	67	FU, Yiu Kwong	18	Institute of	12.02	-1.5
8 #	454	Koe, Ian	20	Wings Athletic Club	12.11	-1.5

Event 118 Women 400 Meter Dash Open

=====						
		CR:	56.10	1974	Chee Swee Lee	
Name		Age	Team		Finals	
=====						
1 #	114	Noor, Fatehah Bin	18	Nanyang Polytechnic	1:04.70	
2 #	156	Ng, Grace	27	Nanyang Tech	1:05.06	
3 #	437	Enn, Cindy	23	Wings Athletic Club	1:05.98	
4 #	328	Kang, Pei Ling	22	Sim	1:10.02	
5 #	240	Kuppusamy, Darshi	20	Ngee Ann Pol	1:11.11	
6 #	24	Nicole, Chew	17	Erovra Club	1:11.87	
-- #	187	Goh Jia Rui, Cele	20	National Uni	DNS	
-- #	36	Zaini, Izlyn	21	Flash Athlet	DNS	

Event 119 Men 400 Meter Dash Open

=====						
		CR:	47.90	1987	Haron Munder, Flash Athletic	
Name		Age	Team		Finals	
=====						
1 #	178	Tien, Darren	23	Nanyang Tech	51.69	
2 #	214	Koh, Wei Shien	24	National Uni	52.16	
3 #	336	Shawn, Lee	24	Sim	52.22	
4 #	419	Subash, Kisen	21	Swift Athlet	52.43	
5 #	204	Chan Wen Jie, Jus	23	National Uni	53.60	
-- #	315	Alex Rodney, Koh	21	Safsa	DNF	
-- #	321	Praharsh, Ryan	21	Safsa	DNF	
-- #	173	Quek, Calvin	23	Nanyang Tech	DNS	

Event 120 Men 5000 Meter Run Open

=====						
		CR:	14:51.70	1994	Arumugam	
Name		Age	Team		Finals	H#
=====						
1 #	53	Soh, Rui Yong	28	Flash Athlet	15:37.23	2
2 #	267	Nimesh, Gurung	31	Police Sport	15:45.80	2
3 #	269	Subas, Gurung	22	Police Sport	16:08.37	1
4 #	389	Harish, Karthic	24	Singapore Un	16:13.90	2
5 #	469	Tan, Chong Qi	21	Wings Athletic Club	16:29.90	2
6 #	475	Muthiah, M Sharav	21	ActiveSG	16:46.63	1

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019**Home Of Athletics****Results - Day 1****...Event 120 Men 5000 Meter Run Open**

7 #	93	Marican, Shohib	22	MacRitchie R	16:57.63	2
8 #	434	Lim, Sherman	22	Trackstar Athletics	17:25.38	1
9 #	477	Lim, Jon	17	ActiveSG	17:49.20	1
10 #	391	Ng, Jack	23	Singapore Un	17:52.33	2
11 #	209	Goh Boon Hee, Sha	22	National Uni	17:58.13	2
12 #	460	Liu, Zhehao	30	Wings Athletic Club	18:03.59	1
13 #	377	Ethan, Chan	18	Singapore Po	18:03.89	1
14 #	376	Darel, Lim	19	Singapore Po	18:06.89	2
15 #	491	Teng, Wei Ming	23	Singapore Univer	18:20.10	1
16 #	255	Lee, David	18	Ngee Ann Pol	18:25.00	2
17 #	263	Pua, Austin	19	Ngee Ann Pol	18:31.71	1
18 #	167	Lee, Dillon	24	Nanyang Tech	18:38.05	2
19 #	325	Yao Jie, Ong	22	Safsa	18:39.11	2
20 #	65	C Aajith, Kumar	20	Institute of	18:48.41	1
21 #	132	Joshua, Lim Shoux	19	Nanyang Polytechnic	18:49.45	1
22 #	169	Lim, Jeremy	23	Nanyang Tech	19:00.21	1
23 #	89	Tharun, V. K.	18	JS Athletics	19:32.31	1
24 #	210	Guek Jun Kai, Seb	22	National Uni	19:34.72	1
25 #	430	Chew, Brandon	20	Trackstar Athletics	19:48.30	2
26 #	310	Tang, Dylan	19	Republic Pol	19:54.97	1
27 #	63	., Aniyutharan	18	Institute of	20:20.92	2
28 #	490	Tan, Jackson	29	Singapore Univer	20:24.86	1
29 #	354	Lim, Austin	22	Singapore Ma	21:08.44	2
30 #	95	Arumugam, Ramesh	36	MY Coaching Academy	22:08.65	1
31 #	425	Teo, Wesley	18	TeamFabian	22:15.59	1
32 #	306	Poh, Sherman	17	Republic Pol	22:45.15	2
33 #	348	Chong, Wen Kai Ju	22	Singapore Ma	22:58.37	2
34 #	398	Lee, Raphael	18	Sky Athletics Club	23:05.09	2
35 #	129	Goh, Jun Jie	17	Nanyang Polytechnic	23:09.49	2
36 #	404	Teo, Ignatius	17	Sky Athletics Club	28:04.17	1
-- #	84	Han, Jezer	17	JS Athletics	DNF	2
-- #	421	Yu, Brandon Chew	20	Swift Athlet	DNS	1
-- #	488	Nick, Impey	37	Flash Athlet	DNS	2

Event 121 Women 10000 Meter Run Open

=====						
	CR:	43:17.97	2017		Lok, Xin Ying, National un	
Name		Age	Team		Finals	
=====						
1 #	154	Low, Nicole	21	Nanyang Tech	39:19.36	
2 #	195	Lok, Xin Ying	22	National Uni	42:53.67	
3 #	18	Ng, Yew Cheo	33	Cougars Athl	45:32.77	
4 #	498	Xuan, Koh Jia	19	Swift Athlet	46:02.94	
5 #	188	Hui Sau Han, Mela	20	National Uni	46:51.02	
6 #	282	Ng, Kai Li	19	Republic Pol	51:45.25	
7 #	111	Natalie, Yong Yuj	18	Nanyang Polytechnic	54:09.81	
8 #	274	Chua, Charis	18	Republic Pol	1:01:15.09	
-- #	410	Tammilmani, Thaar	19	Swift Athlet	DNF	
-- #	476	Toh, Ting Xuan	19	ActiveSG	DNS	
-- #	499	Xin Yee, Diann Le	28	Swift Athlet	SCR	

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019**Home Of Athletics****Results - Day 1****Event 122 Women 4x100 Meter Relay Open**

=====			
CR:	48.26	2017	Wings athletic Club, Wings Athle
Team			Finals H#
=====			
1	Wings Athletic Club 'A'		51.94 1
	1) #440 Kuan, Joy 28	2) #444 Shek, Natalie 18	
2	National Univeristy of Singapo 'A'		54.21 1
	1) #193 Lin, Shiwen 20	2) #181 Ang Hui'En, Gladys 20	
	3) #199 Ou, Bilian 21	4) #198 Ong, Jia Ling 23	
3	Nanyang Polytechnic 'A'		54.91 1
	1) #110 Lum, Kar Ying, Renee 19	2) #114 Noor, Fatehah Binte Mustaf	
	3) #100 Ang, Jia Yin 18	4) #103 Chin, Wanqi 17	
4	Nanyang Technological Universi 'A'		55.39 1
	1) #497 Bok, Serena 24	2) #152 Chan, Samantha 21	
	3) #156 Ng, Grace 27	4) #153 Jansen, Brenda 20	
5	Ngee Ann Polytechnic 'A'		55.42 2
	1) #234 Chow, Celeste 18	2) #240 Kuppusamy, Darshini 20	
	3) #238 Koh, Shermaine 18	4) #243 Razali, Nurul Syarah 20	
6	Singapore Management Universit 'A'		55.97 1
	1) #344 Teo, Keifa 22	2) #340 Ong, Kerstin 22	
	3) #342 Ravi, Dharani 20	4) #343 Seet, Xiu Li 20	
7	Erovra Club 'A'		56.61 2
	1) #19 Hillary, LI QI, HO 19	2) #20 Joey, Chong YI, Wong 27	
	3) #24 Nicole, Chew 17	4) #25 Sahnaz, Begum 20	
8	Republic Polytechnic 'A'		58.51 2
	1) #285 Tan, Sheyanne 18	2) #283 Pwee, Joelle 18	
	3) #286 Wan, ShiLing 19	4) #281 Nabilah, Nada 19	
--	Sim 'A'		DQ 2 R170.7
	1) #331 Tan, Sui Xin 24	2) #328 Kang, Pei Ling 22	
	3) #327 Gek, Jie Min 22	4) #329 L., Kannamma 21	
--	Institute of Technical Educati 'A'		DNS 2
	1) #56 Kee, Teng Hwee 19	2) #59 Ng, Cheryl 17	
	3) #60 Suhimi, nur ria isabelle 17	4) #55 Jalil, Nurul Ainun 18	
--	Singapore 'B'		X49.70 3
--	Singapore 'A'		X50.44 3
--	Singapore 'C'		X50.71 3

Event 123 Men 4x100 Meter Relay Open

=====			
CR:	41.50	1978	Swift Athletes Association
Team			Finals H#
=====			
1	Wings Athletic Club 'A'		43.05 1
	1) #454 Koe, Ian 20	2) #449 Bin Asmin, Muhammad Naqib	
	3) #466 Ragupaty, Kishen 25	4) #459 Liew, Daryl 28	
2	Flash Athletics Club 'A'		43.80 2
	1) #37 Ahuja, Shiv 17	2) #45 Januri, Ariff 25	
	3) #40 Ang, Weisi 25	4) #47 Lin, Tim Weng Dexter 20	
3	Safsa 'A'		44.19 1
	1) #314 Adam, OH 20	2) #315 Alex Rodney, Koh 21	
	3) #316 Alphonsus, Teow 20	4) #321 Prahmarsh, Ryan 21	
4	Nanyang Technological Universi 'A'		44.62 2
	1) #163 Awyong, Liang Qi 24	2) #176 Tan, David 23	
	3) #178 Tien, Darren 23	4) #168 Lee, Justin 20	
5	Nanyang Polytechnic 'A'		44.80 2
	1) #146 Silas, Ng Wei Hao 19	2) #148 Toh, Beam, Isaac 19	

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019**Home Of Athletics****Results - Day 1****....Event 123 Men 4x100 Meter Relay Open**

3) #130 Ian, Matthew Ngui 18	4) #137 Lee, Weijie Samuel 20		
6 Singapore 'A'		45.28	2
7 Sky Athletics Club 'A'		45.38	1
1) #397 Kumar, Tarun 20	2) #396 Goh, Audie 18		
3) #399 Low, Austin 20	4) #395 FU, Yiu Kwong 18		
8 National Univeristy of Singapo 'A'		45.98	2
1) #226 Sunaga, Ryuto 22	2) #221 See Lun Enn, Desmond 27		
3) #204 Chan Wen Jie, Justin 23	4) #225 Sing, Hui 22		
9 Singapore Management Universit 'A'		46.06	2
1) #353 Izzudin, Ariff 23	2) #362 Wang, Jerrel 23		
3) #347 Chong, Eugene 25	4) #361 Teo, Marcus 25		
10 Club Zoom 'A'		53.05	1
1) #14 Ramat, Abdul Rahim 44	2) #15 Toh, Eddie 38		
3) #9 Koh, Casey Chester 21	4) #10 Lee, Hoon Wee Elson 50		
-- Republic Polytechnic 'A'		DQ	1 R170.6
1) #300 Muhammad, Harith 22	2) #312 Tye, Atticus 18		
3) #301 Muhammad, Hendra 18	4) #308 Tan, Daryl 18		
-- Ngee Ann Polytechnic 'A'		DQ	1 R170.7
1) #259 Low, Russell 18	2) #253 Koh, Jeremy 21		
3) #251 Hazli, Mohamed Aazim 20	4) #260 Mohd Shariff, Abdul Razak		
-- Institute of Technical Educati 'A'		DNS	2
1) #76 Rashid, Muhammad Muhaimin 1	2) #73 Mohamad, Ridhwan 20		
3) #70 Lee, Lucas 18	4) #68 Hau, Wen Hui 18		

Day 2 Results

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019**Home Of Athletics****Results - Day 2****Event 201 Men Hammer Throw (7.26kg) Open**

CR: 51.50m 1996 James Wong					
Name	Age	Team	Finals		
Finals					
1 # 165 Chung, Yew Weng	22	Nanyang Tech	28.93m		
			25.80m X 28.93m X 27.95m X		
2 # 48 Mak, Kaleo	20	Flash Athlet	28.50m		
			28.50m X X 26.69m X		
3 # 218 Ong, Yan Zhi	23	National Uni	21.06m		
			X 19.98m 20.98m 19.72m 19.58m 21.06m		
4 # 229 Tan Jiawei, Adam	25	National Uni	16.75m		
			14.94m 14.57m 16.75m 16.22m X 14.71m		
-- # 52 Sia, Shi Min Alvi	25	Flash Athlet	DNS		

Event 202 Women Hammer Throw (4kg) Open

CR: 58.49m 2000 Wang Dan, Swift Athletes Ass					
Name	Age	Team	Finals		
1 # 35 See, Yi Ling Anna	24	Flash Athlet	24.98m		
			24.98m X 21.25m 23.15m X X		
2 # 200 Shanmugaratnam, M	23	National Uni	16.23m		
			14.25m 14.79m 15.26m 16.13m 16.23m 15.47m		
3 # 185 Chiu, Jing Wen	23	National Uni	15.35m		
			X X X 14.46m 15.32m 15.35m		

Event 203 Women Long Jump Open

CR: 5.70m 1992 Yu Long Nyu, Swift Athletes Associ						
Name	Age	Team	Finals		Wind	
1 # 34 Rozario, Tia Loui	19	Flash Athlet	5.40m		1.6	
			X(1.1) X(0.4) 5.23m(3.1) 5.38m(0.2) 5.40m(1.6) 5.37m(1.0)			
2 # 407 Ning, Lim En	18	Swift Athlet	5.30m		+0.0	
			5.28m(0.6) 5.10m(+0.0) X(3.5) 5.30m(+0.0) X(+0.0) 5.17m(+0.0)			
3 # 405 Ang, Wei Lu	21	Swift Athlet	5.19m		3.0	
			X(1.5) 4.86m(0.8) 5.19m(3.0) 5.10m(1.9) 5.12m(1.9) X(+0.0)			
4 # 7 Xu, Weixin	34	Club Zoom	4.99m		3.2	
			X(1.5) 4.74m(+0.0) 4.99m(3.2) 4.62m(0.8) 4.78m(0.7) 4.69m(1.1)			
5 # 438 Enriquez, Roxanne	23	Wings Athletic Club	4.90m		0.6	
			4.85m(1.2) 4.90m(0.6) 4.88m(1.9) 4.85m(1.2) 4.90m(1.1) 4.60m(2.7)			
6 # 202 Zhuo, Lin Lin	22	National Uni	4.67m		3.7	
			4.43m(0.5) 4.61m(1.4) 4.63m(1.8) 4.57m(1.2) 4.61m(2.4) 4.67m(3.7)			
7 # 197 Ng Yu Jing, Estel	23	National Uni	4.41m		1.5	
			4.23m(1.4) 4.40m(0.7) 4.31m(1.2) X(3.0) 4.39m(0.4) 4.41m(1.5)			
8 # 443 Ong, Yu Qing	18	Wings Athletic Club	4.35m		1.1	
			4.35m(1.1) X(1.3) X(2.7) 4.17m(0.4) 4.09m(+0.0) X(1.8)			
9 # 371 Sherell, Toh	17	Singapore Po	4.34m		1.7	
			4.22m(2.6) 4.34m(1.7) X(2.1)			
10 # 368 Megan, Sim	19	Singapore Po	4.28m		1.9	
			4.18m(2.8) 4.28m(1.9) 4.12m(1.8)			
11 # 241 Liew, Raymin	19	Ngee Ann Pol	4.17m		2.8	
			X(1.6) X(+0.0) 4.17m(2.8)			
12 # 122 Toh, Qiao Juan	19	Nanyang Polytechnic	4.10m		2.9	
			4.10m(2.9) X(+0.0) X(2.3)			

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019**Home Of Athletics****Results - Day 2****....Event 203 Women Long Jump Open**

-- #	109	Lim, Zi Qi Jamie	20	Nanyang Polytechnic	FOUL	
		X(1.6) X(1.7) X(1.5)				
-- #	281	Nabilah, Nada	19	Republic Pol	FOUL	
		X(2.2) X(0.8) X(2.8)				
-- #	78	Frith, Tara	17	JS Athletics	DNS	NWI
-- #	239	Koh, Wen Ting	17	Ngee Ann Pol	DNS	NWI

Event 204 Men Pole Vault Open

=====						
CR:		4.75m	2017	Ming Xun, chong, Flash Athlet		
Name	Age	Team	Finals			
=====						
1 #	170	Ng, Dewey	23	Nanyang Tech	4.76m	
		4.40 4.60 4.76 4.93				
		XO O O XXX				
2 #	42	Chong, Ming Xun	31	Flash Athlet	4.60m	
		4.40 4.60 4.81				
		O O XXX				
3 #	213	Koh, Aaron	24	National Uni	4.40m	
		4.40 4.60 4.70				
		O X XX				
4 #	11	Low, Jun Yu	18	Club Zoom	4.00m	
		4.00 4.20				
		XO XXX				
4 #	13	Ong, Jin Wayne Ky	18	Club Zoom	4.00m	
		4.00 4.20				
		XO XXX				
-- #	214	Koh, Wei Shien	24	National Uni	NH	
		3.60				
		XXX				
-- #	50	Ng, Kean Mun	54	Flash Athlet	NH	
		3.60				
		XXX				
-- #	249	Goh, Irvin	20	Ngee Ann Pol	NH	
		4.00				
		XXX				
-- #	1	Ho, Joel	20	ActiveSG	DNS	
-- #	483	Ang, Guo Jun	28	ActiveSG	X4.20m	
		4.20 4.40				
		XO XXX				

Event 205 Men 110 Meter Hurdles (1.067m) Open

=====						
CR:		14.45	2015	Ang Chen Xiang, National University o		
Name	Age	Team	Prelims	Wind	H#	
=====						
Preliminaries						
1 #	163	Awyong, Liang Qi	24	Nanyang Tech	14.67q	-1.0 2
2 #	383	Nicky, Ho	18	Singapore Po	16.71q	-1.0 2
3 #	146	Silas, Ng Wei Hao	19	Nanyang Polytechnic	17.36q	-1.0 2
4 #	148	Toh, Beam, Isaac	19	Nanyang Polytechnic	17.39q	-4.5 1
5 #	217	Low, Ziron	24	National Uni	17.94q	-1.0 2
6 #	322	Terence, Tang	22	Safsa	18.01q	-4.5 1
7 #	206	Cheah Jun Xian, T	25	National Uni	18.77q	-4.5 1
8 #	266	Teo, Ervin	18	Ngee Ann Pol	20.59q	-1.0 2

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019**Home Of Athletics****Results - Day 2****...Event 205 Men 110 Meter Hurdles (1.067m) Open**

9 #	51 Shah, Muhammad Mi	17 Flash Athlet	20.61	-4.5	1
-- #	162 Ang, Ding Hui	23 Nanyang Tech	DNS	-4.5	1

Event 206 Women 200 Meter Dash Open

=====					
	CR:	24.36	1979	Caroline Pereira, Combined Schools	
Name	Age	Team	Prelims	Wind	H#
=====					
1 #	36	Zaini, Izlyn	21 Flash Athlet	26.95q	-2.8 2
2 #	117	Rebecca, Tay	18 Nanyang Polytechnic	27.02q	-3.5 1
3 #	427	Lim, Gwendolyn Th	17 Temasek Polytechnic	27.89q	-3.5 1
4 #	240	Kuppusamy, Darshi	20 Ngee Ann Pol	29.35q	-2.1 3
5 #	100	Ang, Jia Yin	18 Nanyang Polytechnic	29.50q	-2.1 3
6 #	365	Celine, Goe	20 Singapore Po	29.79q	-2.8 2
7 #	31	Chan, Ming Tong J	25 Flash Athlet	29.98q	-2.8 2
8 #	153	Jansen, Brenda	20 Nanyang Tech	30.03q	-2.1 3
9 #	331	Tan, Sui Xin	24 Sim	30.46	-2.8 2
10 #	442	Neo, YiWen	31 Wings Athletic Club	30.58	-2.1 3
11 #	237	Jane, Serena	19 Ngee Ann Pol	30.67	-3.5 1
12 #	193	Lin, Shiwen	20 National Uni	30.78	-3.5 1
13 #	24	Nicole, Chew	17 Erovra Club	30.98	-3.5 1
14 #	392	Lim, Jiayi	16 Sky Athletics Club	31.32	-2.1 3
15 #	343	Seet, Xiu Li	20 Singapore Ma	31.47	-2.1 3
16 #	199	Ou, Bilian	21 National Uni	31.76	-2.1 3
17 #	287	Yann, Natasha	17 Republic Pol	31.78	-3.5 1
18 #	342	Ravi, Dharani	20 Singapore Ma	31.91	-2.8 2
19 #	25	Sahnaz, Begum	20 Erovra Club	32.26	-2.8 2
20 #	285	Tan, Sheyanne	18 Republic Pol	32.51	-2.1 3
-- #	56	Kee, Teng Hwee	19 Institute of	DNS	-2.8 2
-- #	60	Suhimi, nur ria i	17 Institute of	DNS	-3.5 1

Event 207 Men 200 Meter Dash Open

=====					
	CR:	21.50	1983	Haron Munir, Flash Athletic Club	
Name	Age	Team	Prelims	Wind	H#
=====					
1 #	315	Alex Rodney, Koh	21 Safsa	23.33q	-1.1 3
2 #	336	Shawn, Lee	24 Sim	23.37q	+0.0 1
3 #	45	Januri, Ariff	25 Flash Athlet	23.37q	+0.0 1
4 #	449	Bin Asmin, Muhammm	24 Wings Athletic Club	23.46q	-0.6 2
5 #	67	FU, Yiu Kwong	18 Institute of	23.67q	+0.0 1
6 #	40	Ang, Weisi	25 Flash Athlet	23.71q	-1.1 3
7 #	454	Koe, Ian	20 Wings Athletic Club	23.76q	-0.9 4
8 #	225	Sing, Hui	22 National Uni	23.80q	+0.0 1
9 #	253	Koh, Jeremy	21 Ngee Ann Pol	24.08	-0.6 2
10 #	212	Kam I-Zheng, Russ	22 National Uni	24.19	-0.9 4
11 #	503	Ian Matthew, Ngu	18 Nanyang Polytechnic	24.21	-0.6 2
12 #	390	Lau, Prince	24 Singapore Un	24.29	-0.6 2
13 #	436	Yuen, Joel	16 Trackstar Athletics	24.45	-1.1 3
14 #	82	Chew, Julian	17 JS Athletics	24.56	-1.1 3
15 #	128	Gillian, Barbosa	18 Nanyang Polytechnic	24.57	-0.9 4
16 #	72	Mikhail, Bin Isha	18 Institute of	24.83	-0.9 4
17 #	308	Tan, Daryl	18 Republic Pol	24.88	-0.9 4
18 #	85	Kang Tai, Tham	17 JS Athletics	24.94	-0.6 2
19 #	396	Goh, Audie	18 Sky Athletics Club	25.06	-0.9 4

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019

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...Event 207 Men 200 Meter Dash Open

20 #	314 Adam, OH	20 Safsa	25.48	-0.9	4
21 #	301 Muhammad, Hendra	18 Republic Pol	25.88	-1.1	3
22 #	403 Tan, Alvin	18 Sky Athletics Club	25.95	-0.6	2
23 #	486 Koh, Kiat Pang Le	17 Trackstar Athletics	26.30	+0.0	1
24 #	9 Koh, Casey Cheste	21 Club Zoom	26.35	-0.6	2
25 #	96 Desmomid, Go Guang	18 MY Coaching Academy	27.06	+0.0	1
26 #	417 Ng, Bao Qiang	24 Swift Athlet	27.45	-1.1	3
27 #	388 Adhi Narayan, Tha	22 Singapore Un	28.18	-1.1	3
28 #	252 Koh, Ignatius	19 Ngee Ann Pol	28.43	-1.1	3
-- #	16 Zuhayr, Mohamed I	22 Club Zoom	DNS	+0.0	1
-- #	347 Chong, Eugene	25 Singapore Ma	DNS	+0.0	1

Event 208 Women 800 Meter Run Open

CR: 2:11.80 1975 Chee Swee Lee

Name	Age	Team	Finals	H#
Finals				
1 #	190 Lee, Vanessa	21 National Uni	2:26.55	2
2 #	92 Wong, Levyn	19 MacRitchie R	2:35.64	1
3 #	156 Ng, Grace	27 Nanyang Tech	2:36.77	1
4 #	5 Tan, Hui Xin	23 Club Zoom	2:38.21	2
5 #	183 Cheong Xiao Xuan,	20 National Uni	2:44.68	1
6 #	22 Kymberly, Ying Pi	20 Erovrta Club	2:46.67	2
7 #	4 Lee, Yuen Yu	19 Club Zoom	2:48.01	1
8 #	18 Ng, Yew Cheo	33 Cougars Athl	2:49.44	2
9 #	23 Lisa, Xue, Gay	25 Erovrta Club	2:50.82	1
10 #	155 Manimaran, Sonali	23 Nanyang Tech	2:51.68	2
11 #	17 Choo, Darine	21 Cougars Athl	2:52.48	1
12 #	272 Calinao, Mariz	19 Republic Pol	2:53.27	1
13 #	273 Chan, Aye	21 Republic Pol	2:57.41	2
14 #	116 Priya, Darshini G	18 Nanyang Polytechnic	2:59.66	2
15 #	370 Prashalini, Suris	18 Singapore Po	3:04.19	1
16 #	373 Ya Li, Dong	18 Singapore Po	3:04.82	2
17 #	101 Ng, Hui Lin Alex	19 Nanyang Polytechnic	3:45.29	2
18 #	393 Ramdan, Elrina	17 Sky Athletics Club	3:53.55	1
-- #	58 Mahmood, Siti Nur	20 Institute of	DNS	1
-- #	79 Ghersi, Isabella	18 JS Athletics	DNS	1
-- #	81 Wilson, Natasha	17 JS Athletics	DNS	2

Event 209 Men 800 Meter Run Open

CR: 1:53.30 1968 James H Douglas

Name	Age	Team	Finals	H#
1 #	435 Suresh, Kiranraj	19 Trackstar Athletics	2:01.96	2
2 #	412 Fayiz, Mohamed Ha	30 Swift Athlet	2:02.61	1
3 #	428 Andrew, Jonathan	19 Temasek Polytechnic	2:03.89	1
4 #	419 Subash, Kisen	21 Swift Athlet	2:04.87	1
5 #	90 Van Wersch, Valen	18 JS Athletics	2:05.84	1
6 #	220 Ryan Devaraj, Zac	25 National Uni	2:07.44	2
7 #	171 Ng, Ding Xuan	20 Nanyang Tech	2:08.64	2
8 #	175 Tan, Ashton	20 Nanyang Tech	2:09.09	1
9 #	86 Lim, Anderton	17 JS Athletics	2:11.57	2
10 #	382 Lucas, Chang	18 Singapore Po	2:16.05	2

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019**Home Of Athletics****Results - Day 2****...Event 209 Men 800 Meter Run Open**

11 #	66 Fansuri, Muhaid	18 Institute of	2:17.12	2
12 #	423 Ong, Ee Howe	17 TeamFabian	2:17.65	1
13 #	311 Tay, Kai Bin	18 Republic Pol	2:17.96	2
14 #	98 Troy, Koh Rong En	18 MY Coaching Academy	2:18.48	1
15 #	142 Nigel, Ong Ye Xun	17 Nanyang Polytechnic	2:19.15	2
16 #	384 Peter, Joey	17 Singapore Po	2:20.47	1
17 #	333 Justin, Poon	23 Sim	2:22.02	2
18 #	470 Tan, Zi Jian	28 Wings Athletic Club	2:23.57	1
19 #	227 Tan, Clyde	23 National Uni	2:23.88	1
20 #	359 Quek, Seng Woon	23 Singapore Ma	2:24.77	2
21 #	492 Lai, Jun Jie Marc	24 Singapore Univer	2:25.89	2
22 #	346 Chong, Alex	23 Singapore Ma	2:28.28	1
23 #	302 Ng, Jovian	19 Republic Pol	2:31.13	2
24 #	131 Isaac, Wong	17 Nanyang Polytechnic	2:46.97	1
-- #	431 Chua, Jayson	19 Trackstar Athletics	DNF	1
-- #	94 Ng, Jing Heng	18 MacRitchie R	DQ	2 R162.36
-- #	75 Putera M Z, Moham	18 Institute of	DNS	1
-- #	425 Teo, Wesley	18 TeamFabian	DNS	2

Event 210 Women Discus Throw (1kg) Open

CR: 44.48m 2001		Du Xian Hui, Swift Athletes		
Name	Age	Team	Finals	
1 #	447 Wan, Lay Chi	31 Wings Athletic Club	42.35m	
	41.48m 39.69m 42.35m	42.12m 42.07m X		
2 #	32 Ow, Si Xing	22 Flash Athlet	41.54m	
	38.48m 41.54m 40.96m	37.02m X X		
3 #	33 Phua, Jasmin	18 Flash Athlet	40.39m	
	38.74m 34.87m 35.88m	39.97m 40.18m 40.39m		
4 #	158 Tan, Desiree	20 Nanyang Tech	31.85m	
	30.42m 31.85m 30.72m	29.36m X 30.04m		
5 #	387 Kek, Jing Wen	21 Singapore Un	31.53m	
	24.92m X 31.53m X	26.92m X		
6 #	448 Yee, Melissa	21 Wings Athletic Club	30.43m	
	X 30.43m X 29.64m X X			
7 #	118 Seah, Kayla Faith	18 Nanyang Polytechnic	28.29m	
	26.02m 28.29m X X	24.10m X		
8 #	369 Megan, Too	18 Singapore Po	25.83m	
	25.18m X X 25.35m	25.83m X		
9 #	57 Lee, Pei Shan	20 Institute of	24.23m	
	20.33m 21.20m 24.23m			
10 #	121 Tay, Yun Ying Val	17 Nanyang Polytechnic	23.18m	
	X 23.18m 22.16m			

Event 211 Men 110 Meter Hurdles (1.067m) Open

CR: 14.45 2015		Ang Chen Xiang, National Universit			
Name	Age	Team	Finals	Wind	
1 #	163 Awyong, Liang Qi	24 Nanyang Tech	14.60	-0.9	
2 #	322 Terence, Tang	22 Safsa	16.12	-0.9	
3 #	148 Toh, Beam, Isaac	19 Nanyang Polytechnic	16.37	-0.9	
4 #	383 Nicky, Ho	18 Singapore Po	16.41	-0.9	
5 #	146 Silas, Ng Wei Hao	19 Nanyang Polytechnic	16.85	-0.9	

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019**Home Of Athletics****Results - Day 2****....Event 211 Men 110 Meter Hurdles (1.067m) Open**

6 #	206	Cheah Jun Xian, T	25	National Uni	17.60	-0.9
7 #	217	Low, Ziron	24	National Uni	17.82	-0.9
8 #	266	Teo, Ervin	18	Ngee Ann Pol	22.32	-0.9

Event 212 Women 100 Meter Hurdles (0.838m) Open

=====						
	CR:	14.86	2015	Jannah Wong, National University o		
Name	Age	Team		Finals	Wind	
=====						
1 #	340	Ong, Kerstin	22	Singapore Ma	15.82	-0.1
2 #	337	Chia, Britney	20	Singapore Ma	18.77	-0.1
3 #	184	Chin, Zara	20	National Uni	20.42	-0.1

Event 213 Women 200 Meter Dash Open

=====						
	CR:	24.36	1979	Caroline Pereira, Combined Schools		
Name	Age	Team		Finals	Wind	
=====						
1 #	36	Zaini, Izlyn	21	Flash Athlet	25.58	-1.3
2 #	117	Rebecca, Tay	18	Nanyang Polytechnic	26.82	-1.3
3 #	427	Lim, Gwendolyn Th	17	Temasek Polytechnic	26.91	-1.3
4 #	240	Kuppusamy, Darshi	20	Ngee Ann Pol	28.78	-1.3
5 #	153	Jansen, Brenda	20	Nanyang Tech	29.15	-1.3
6 #	31	Chan, Ming Tong J	25	Flash Athlet	29.48	-1.3
7 #	365	Celine, Goe	20	Singapore Po	29.53	-1.3
8 #	100	Ang, Jia Yin	18	Nanyang Polytechnic	29.81	-1.3

Event 214 Men 200 Meter Dash Open

=====						
	CR:	21.50	1983	Haron Munir, Flash Athletic Club		
Name	Age	Team		Finals	Wind	
=====						
1 #	45	Januri, Ariff	25	Flash Athlet	22.43	-2.3
2 #	449	Bin Asmin, Muhamm	24	Wings Athletic Club	22.87	-2.3
3 #	315	Alex Rodney, Koh	21	Safsa	22.96	-2.3
4 #	336	Shawn, Lee	24	Sim	23.16	-2.3
5 #	40	Ang, Weisi	25	Flash Athlet	23.52	-2.3
6 #	67	FU, Yiu Kwong	18	Institute of	23.68	-2.3
7 #	454	Koe, Ian	20	Wings Athletic Club	23.91	-2.3
8 #	225	Sing, Hui	22	National Uni	23.93	-2.3

Event 215 Women 5000 Meter Run Open

=====						
	CR:	18:53.68	2017	Patel, Indira, Swift Athle		
Name	Age	Team		Finals		
=====						
1 #	160	Yong, Valerie	24	Nanyang Tech	19:33.23	
2 #	409	Soh, Romaine	25	Swift Athlet	20:02.63	
3 #	481	Lau, Clarice	18	ActiveSG	20:12.73	
4 #	429	Jansson, Therese	33	Trackstar Athletics	20:37.80	
5 #	499	Xin Yee, Diann Le	28	Swift Athlet	22:38.93	
6 #	367	Hui Qin, Lin	20	Singapore Po	23:06.90	
7 #	339	Lee, Hui Xin Anne	23	Singapore Ma	23:19.30	
8 #	189	Koh Jun Lin, Eliz	21	National Uni	23:41.93	
9 #	366	Elise, Tan	17	Singapore Po	24:02.37	

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019**Home Of Athletics****Results - Day 2****....Event 215 Women 5000 Meter Run Open**

10 #	186 Fong, Vanessa	23 National Uni	24:33.81
11 #	278 Liang, Shauna	19 Republic Pol	26:01.59
12 #	495 Foo, Yan Xi	22 Singapore Univer	27:03.35
13 #	288 Yap, Abby	19 Republic Pol	28:33.79
-- #	99 Ada, Seow	18 Nanyang Polytechnic	DNS
-- #	61 Teo, Qi Hong	17 Institute of	DNS

Event 216 Men Long Jump Open

CR: 7.23m 1975		Yeo Kian Chye, Police			
Name	Age	Team	Finals	Wind	
1 #	168 Lee, Justin	20 Nanyang Tech	6.79m	1.0	
	6.41m(1.6)	6.70m(2.2)	6.46m(2.4)	6.72m(1.9)	6.79m(1.0) 6.64m(1.3)
2 #	362 Wang, Jerrel	23 Singapore Ma	6.79m	2.5	
	6.79m(2.5)	6.65m(1.3) X	6.72m(2.6) X	X	
3 #	254 Lee, Darren	19 Ngee Ann Pol	6.69m	1.6	
	6.44m(2.7)	6.52m(1.5)	6.44m(2.0)	6.31m(0.8)	6.34m(2.3) 6.69m(1.6)
4 #	49 Mun, Jern Wei Iva	21 Flash Athlet	6.59m	0.6	
	6.59m(0.6) X	X	X	X	
5 #	41 Chong, Jarryl	22 Flash Athlet	6.48m	2.6	
	6.48m(2.6)	6.37m(2.1)	6.22m(1.9)	6.20m(0.7)	6.09m(2.3) 6.31m(2.7)
6 #	456 Lai, Yong Hui	30 Wings Athletic Club	6.45m	1.6	
	6.21m(0.7)	6.35m(3.1) X	6.38m(2.3)	6.45m(1.6)	
7 #	465 Ngoh, Nicholas	20 Wings Athletic Club	6.40m	0.8	
	6.23m(2.4)	6.32m(2.8)	6.39m(3.5)	6.15m(+0.0)	6.25m(2.7) 6.40m(0.8)
8 #	413 Kai Juin, Adam Za	17 Swift Athlet	6.40m	1.9	
	6.23m(2.6)	6.33m(2.4)	6.40m(1.9)	6.36m(2.4)	5.89m(1.5) 4.95m(2.4)
9 #	416 Naing, Kyaw Linn	21 Swift Athlet	6.32m	1.9	
	X	6.17m(1.7)	6.32m(1.9)		
10 #	323 Wei YU, Toh	20 Safsa	6.32m	1.5	
	X	6.32m(1.5) X			
11 #	318 Colin, Tung	19 Safsa	6.14m	1.3	
	5.85m(0.2)	6.08m(0.4)	6.14m(1.3)		
12 #	363 Wong, Bryan	21 Singapore Ma	5.80m	0.9	
	5.80m(0.9)	5.74m(1.7)	5.61m(2.4)		
13 #	303 Ng, Lionel	19 Republic Pol	5.61m	2.0	
	X	5.61m(2.0) X			
-- #	304 Ngeh, Marcus	18 Republic Pol	FOUL		
	X	X	X		
-- #	400 Mohamad, Ridhwan	20 Sky Athletics Club	FOUL		
	X	X	X		
-- #	125 Arif, Esfhan Bin	18 Nanyang Polytechnic	FOUL		
	X	X	X		
-- #	264 Song, Wayne	18 Ngee Ann Pol	FOUL		
	X	X	X		
-- #	74 Obias, Lugi	18 Institute of	FOUL		
	X	X	X		
-- #	216 Lim Jia Jing, Sam	22 National Uni	DNS	NWI	
-- #	149 Wang, Xian Wei Za	18 Nanyang Polytechnic	DNS	NWI	

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019**Home Of Athletics****Results - Day 2****Event 217 Men Discus Throw (2kg) Open**

CR: 51.77m 2001		Dong Enxin, Swift		Athletes
Name	Age	Team		Finals
1 # 457 Lam, Benny	26	Wings Athletic Club		44.81m
X 41.06m	44.81m	X X 42.09m		
2 # 222 See Wei Ren, Bria	23	National Uni		44.50m
42.90m	42.30m	X 44.11m	X 44.50m	
3 # 319 Eric, Yee	20	Safsa		43.81m
43.60m	43.81m	X X 42.93m	42.42m	
4 # 228 Tan, Ting Jun	22	National Uni		39.07m
37.22m	39.07m	X X X 38.03m		
5 # 472 Toh, Wei De	33	Wings Athletic Club		38.47m
38.24m	38.47m	38.22m	X 37.70m 37.29m	
6 # 381 Leroy, Koh	21	Singapore Po		31.71m
29.99m	X 29.85m	30.52m	31.71m 31.60m	
7 # 43 Chong Bin Mohd Is	29	Flash Athlet		31.32m
30.41m	X 30.16m	31.32m	X X	

Event 218 Women Pole Vault Open

CR: 3.50m 2015		Rachel Isabel Yang, Club Zoom		Finals
Name	Age	Team		Finals
1 # 482 Yang, Rachel	37	ActiveSG		3.40m
3.40	3.50	O XXX		
2 # 30 Chan, Jia Min Jus	28	Flash Athlet		3.20m
3.20	3.40	O XXX		
3 # 191 Lee, Wen Qi	19	National Uni		3.00m
3.00	3.20	O XXX		
4 # 6 Togawa, Mei	18	Club Zoom		2.80m
2.80	3.00	XO XXX		
4 # 445 Tan, Maxim	16	Wings Athletic Club		2.80m
2.80	3.00	XO XXX		
-- # 242 Lim, Angelia	21	Ngee Ann Pol		NH
2.80	XXX			
-- # 439 Hanim, Asmah	35	Wings Athletic Club		NH
2.80	XXX			
-- # 284 Tan, Junn Faye	18	Republic Pol		DNS
-- # 245 Sia, Cherlin	18	Ngee Ann Pol		DNS
-- # 338 Goh, Jia Ling Tes	20	Singapore Ma		DNS

Event 219 Men 400 Meter Hurdles (0.914m) Open

CR: 54.10 1983		Seah Soo Lye, Swift		Athletes
Name	Age	Team		Finals
1 # 71 Louis, Marc Brian	17	Institute of		1:02.29
2 # 137 Lee, Weijie Samue	20	Nanyang Polytechnic		1:04.14

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019**Home Of Athletics****Results - Day 2****....Event 219 Men 400 Meter Hurdles (0.914m) Open**

3 #	226	Sunaga, Ryuto	22	National Uni	1:08.44
4 #	27	Adrian, Tan	44	Erovra Club	1:10.03
5 #	258	Lim, Wei Jie	19	Ngee Ann Pol	1:12.84
6 #	230	Tan Jin Neng, Cla	22	National Uni	1:17.65
-- #	270	Augustino, Chinna	41	PSRC	DNS
-- #	173	Quek, Calvin	23	Nanyang Tech	DNS

Event 220 Women 400 Meter Hurdles (0.762m) Open

=====					
	CR:	1:05.65	2015	Goh Chui Ling, National Uni	
Name		Age	Team		Finals
=====					
1 #	187	Goh Jia Rui, Cele	20	National Uni	1:08.38
2 #	114	Noor, Fatehah Bin	18	Nanyang Polytechnic	1:10.53
3 #	244	Seet, Joanna	19	Ngee Ann Pol	1:12.35
4 #	328	Kang, Pei Ling	22	Sim	1:17.81
5 #	489	Sim, Jia Ying	22	Singapore Univer	1:20.79
6 #	110	Lum, Kar Ying, Re	19	Nanyang Polytechnic	1:23.16
7 #	246	Sim, Emilylyn	18	Ngee Ann Pol	1:45.98

Event 221 Men 3000 Meter Steeplechase (0.914m) Open

=====					
	CR:	9:32.00	1994	Birch	
Name		Age	Team		Finals
=====					
1 #	469	Tan, Chong Qi	21	Wings Athletic Club	9:55.20
2 #	375	August, Lim	19	Singapore Po	10:53.49
3 #	326	Yiyang, Fang	19	Safsa	10:57.88
4 #	414	Kenny, Chua Wen B	20	Swift Athlet	10:58.36
5 #	464	Mohd, Ajmil	25	Wings Athletic Club	11:04.80
6 #	324	Wen Han, ER	19	Safsa	11:09.91
7 #	138	Mani, Manoj	19	Nanyang Polytechnic	11:26.39
8 #	379	Joshua, Yoong	18	Singapore Po	11:33.72
9 #	219	Qhek, Jonathan	24	National Uni	11:45.88
10 #	207	Cheng Wang Tak, D	22	National Uni	11:53.64
11 #	87	Mohd, Hassanuddin	17	JS Athletics	12:22.22
12 #	141	Matthew, Hsu	18	Nanyang Polytechnic	12:26.40
13 #	296	Lim, Brandon	19	Republic Pol	14:14.37
14 #	297	Lim, Jensen	19	Republic Pol	15:48.81
-- #	364	Velautham, Mathim	38	Singapore Master	DQ Rule -169.7(a)
-- #	355	Lim, Jia De	23	Singapore Ma	DNS
-- #	334	Nabin, Parajuli	26	Sim	DNS

Event 222 Women 3000 Meter Steeplechase (0.762m) Open

=====					
	CR:	12:16.13	2015	Cheryl Chan, Wings Athleti	
Name		Age	Team		Finals
=====					
1 #	182	Ang Wan Qi, Sara	22	National Uni	15:12.71
2 #	279	Liew, Zhi Shan	19	Republic Pol	15:50.55
3 #	106	Goh, Sin Yee	20	Nanyang Polytechnic	17:16.91

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019**Home Of Athletics****Results - Day 2****Event 223 Women 4x400 Meter Relay Open**

CR: 4:02.00 1974		Flash Athletic Club	
Team		Finals	
1 National Univeristy of Singapo	'A'	4:23.17	
1) #198 Ong, Jia Ling 23		2) #194 Lin Yuxin, Kathleen 22	
3) #181 Ang Hui'En, Gladys 20		4) #187 Goh Jia Rui, Celeste 20	
2 Nanyang Technological Universi	'A'	4:32.63	
1) #497 Bok, Serena 24		2) #154 Low, Nicole 21	
3) #160 Yong, Valerie 24		4) #156 Ng, Grace 27	
3 Singapore Management Universit	'A'	4:45.56	
1) #340 Ong, Kerstin 22		2) #342 Ravi, Dharani 20	
3) #343 Seet, Xiu Li 20		4) #337 Chia, Britney 20	
4 Erovra Club	'A'	4:48.91	
1) #24 Nicole, Chew 17		2) #22 Kymberly, Ying Ping, Tong 2	
3) #26 Steffi, Kai Lin, Gan 20		4) #25 Sahnaz, Begum 20	
5 Ngee Ann Polytechnic	'A'	4:52.32	
1) #234 Chow, Celeste 18		2) #240 Kuppusamy, Darshini 20	
3) #246 Sim, Emilyn 18		4) #244 Seet, Joanna 19	
6 Republic Polytechnic	'A'	4:54.28	
1) #275 Ho, Angel 19		2) #272 Calinao, Mariz 19	
3) #273 Chan, Aye 21		4) #280 Lo, Robyn 19	
7 Nanyang Polytechnic	'A'	4:54.39	
1) #110 Lum, Kar Ying, Renee 19		2) #114 Noor, Fatehah Binte Mustaf	
3) #116 Priya, Darshini Ganesan 18		4) #112 Ng, Si Min Sammi 17	
8 Sim	'A'	5:02.09	
1) #328 Kang, Pei Ling 22		2) #330 Michelle, Ng 25	
3) #329 L., Kannamma 21		4) #327 Gek, Jie Min 22	

Event 224 Men 4x400 Meter Relay Open

CR: 3:19.40 1975		Flash Athletic Club		
Team		Finals	H#	
1 National Univeristy of Singapo	'A'	3:27.69	2	
1) #225 Sing, Hui 22		2) #212 Kam I-Zheng, Russell 22		
3) #204 Chan Wen Jie, Justin 23		4) #214 Koh, Wei Shien 24		
2 Flash Athletics Club	'A'	3:30.74	2	
1) #40 Ang, Weisi 25		2) #39 Andrew, Jonathan 19		
3) #47 Lin, Tim Weng Dexter 20		4) #45 Januri, Ariff 25		
3 Wings Athletic Club	'A'	3:34.37	2	
1) #450 Chua, Joshua 19		2) #453 Khoo, Kenneth 37		
3) #459 Liew, Daryl 28		4) #471 Tang, Aaron 26		
4 Nanyang Polytechnic	'A'	3:38.64	1	
1) #130 Ian, Matthew Ngui 18		2) #145 Russell, Hari Chandra 20		
3) #148 Toh, Beam, Isaac 19		4) #137 Lee, Weijie Samuel 20		
5 Nanyang Technological Universi	'A'	3:38.92	2	
1) #166 Elston, Goh 24		2) #178 Tien, Darren 23		
3) #180 Yap, Wayne 24		4) #174 T., Haarishankar 25		
6 JS Athletics	'A'	3:39.01	1	
1) #86 Lim, Anderton 17		2) #88 Ramachandran, Sharad 17		
3) #82 Chew, Julian 17		4) #83 Devaraj, S. 17		
7 Trackstar Athletics	'A'	3:41.01	2	
1) #431 Chua, Jayson 19		2) #432 Krishna, hariharan 21		
3) #433 Lim, Jerrell 18		4) #435 Suresh, Kiranraj 19		
8 Sky Athletics Club	'A'	3:43.14	1	

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019**Home Of Athletics****Results - Day 2****....Event 224 Men 4x400 Meter Relay Open**

1) #402 sunarno, herwandy 17	2) #401 Ong, Jerald 19
3) #396 Goh, Audie 18	4) #395 FU, Yiu Kwong 18
9 Ngee Ann Polytechnic 'A'	3:46.71 2
1) #259 Low, Russell 18	2) #265 T, Mohamed Ashraf 19
3) #260 Mohd Shariff, Abdul Razak	4) #253 Koh, Jeremy 21
10 Swift Athletes Association 'A'	3:46.81 1
1) #419 Subash, Kisen 21	2) #415 Mathieu, Poirel 17
3) #412 Fayiz, Mohamed Haja 30	4) #417 Ng, Bao Qiang 24
11 Republic Polytechnic 'A'	3:53.73 1
1) #308 Tan, Daryl 18	2) #309 Tan, Derrick 22
3) #294 Lesmana, William 18	4) #303 Ng, Lionel 19
12 Singapore Management Universit 'A'	3:55.30 1
1) #362 Wang, Jerrel 23	2) #350 Dai, Nan Tian 23
3) #355 Lim, Jia De 23	4) #346 Chong, Alex 23

Event 225 Men 10000 Meter Run Open

CR: 33:19.06 2017 Nimesh, Gurung, PSA

Name	Age	Team	Finals	
1 # 267 Nimesh, Gurung	31	Police Sport	32:29.74	New CR
2 # 269 Subas, Gurung	22	Police Sport	33:21.26	
3 # 451 He, Burton	29	Wings Athletic Club	34:34.37	
4 # 205 Chan Yee Chong, P	25	National Uni	37:35.13	
5 # 232 Toh, Wen Sheng	23	National Uni	38:51.26	
6 # 134 Kassim, Kwok Ho H	18	Nanyang Polytechnic	39:08.61	
7 # 458 Lee, Aaron	22	Wings Athletic Club	39:58.30	
8 # 320 Kathiravan, S/O G	21	Safsa	42:10.37	
9 # 490 Tan, Jackson	29	Singapore Univer	44:00.02	
10 # 494 Rajkumar, Vicknes	27	Singapore Univer	44:01.96	
11 # 357 Ng, Melvin	25	Singapore Ma	44:39.22	
12 # 97 Raj, Karthik	37	MY Coaching Academy	46:33.76	
13 # 385 Surya, Selvam Jey	17	Singapore Po	47:54.51	
14 # 349 Chung, Yu Hin	24	Singapore Ma	48:39.92	
15 # 307 Sivangananam, Jon	21	Republic Pol	50:58.64	
-- # 69 Javin Tay, Tay	20	Institute of	DNF	
-- # 298 Lim, Kuan Rong	18	Republic Pol	DNF	
-- # 135 Keane, Ko Wen Qia	19	Nanyang Polytechnic	DQ	
-- # 53 Soh, Rui Yong	28	Flash Athlet	DNS	
-- # 164 Chong, Chian Yong	23	Nanyang Tech	DNS	

Event 226 Mixed 4x100 Meter Relay Open

Team	Finals	H#
1 Flash Athletics Club 'A'	47.11	1
1) #31 Chan, Ming Tong Joelle 25	2) #45 Januri, Ariff 25	
3) #47 Lin, Tim Weng Dexter 20	4) #36 Zaini, Izlyn 21	
2 Wings Athletic Club 'A'	48.70	1
1) #440 Kuan, Joy 28	2) #468 Tameeris, David 19	
3) #453 Khoo, Kenneth 37	4) #439 Hanim, Asmah 35	
3 Nanyang Technological Universi 'A'	49.33	1
1) #157 Tan, Clencyce 20	2) #176 Tan, David 23	
3) #153 Jansen, Brenda 20	4) #161 Amri, Khairyll 26	
4 National Univeristy of Singapo 'A'	51.18	1

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019**Home Of Athletics****Results - Day 2****....Event 226 Mixed 4x100 Meter Relay Open**

1) #196 Lua, Yun Hui 20	2) #206 Cheah Jun Xian, Terence 25		
3) #221 See Lun Enn, Desmond 27	4) #181 Ang Hui'En, Gladys 20		
5 Republic Polytechnic 'A'		53.14	1
1) #289 Yu, Gwen 19	2) #309 Tan, Derrick 22		
3) #275 Ho, Angel 19	4) #303 Ng, Lionel 19		
6 Erovra Club 'A'		53.57	1
1) #24 Nicole, Chew 17	2) #28 Jun Wen, Yap 17		
3) #27 Adrian, Tan 44	4) #25 Sahnaz, Begum 20		
7 Sim 'A'		54.77	1
1) #331 Tan, Sui Xin 24	2) #335 Seetoh, Kian Wai 23		
3) #333 Justin, Poon 23	4) #328 Kang, Pei Ling 22		
8 Club Zoom 'A'		1:01.39	1
1) #16 Zuhayr, Mohamed Idris 22	2) #2 Attan, Carine 37		
3) #9 Koh, Casey Chester 21	4) #8 Yeo, Shi Hui 19		
-- Singapore 'B'		X47.82	2
-- Singapore 'A'		X47.98	2
-- Singapore 'C'		X49.02	2