

Day 1

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019

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Meet Program - Day 1

Event 101 Men Triple Jump Open

Saturday 29/6/2019 - 2:00 PM

CR: 15.27m 2015

Lai Yong Hui, Nanyang Technological Un

Pos	Comp#	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals					
1	150	Wong, Jing Yong	18	NYP	ND
2	256	Lim, Dyfrig	18	NP	ND
3	44	Goh, Sean	21	FAC	12.70m
4	203	Chan, Zhe Ying	23	NUS	ND
5	317	Clarence, Koh	21	SAFS	13.45m
6	49	Mun, Jern Wei Ivan	21	FAC	14.91m
7	254	Lee, Darren	19	NP	ND
8	168	Lee, Justin	20	NTU	ND
9	292	Lam, Marcus	18	RP	ND
10	474	Zulkifli, Alif	21	WAC	13.90m
11	140	Maslan, Putera Muhammad Arif	19	NYP	ND
12	216	Lim Jia Jing, Samuel	22	NUS	ND

Event 102 Women High Jump Open

Saturday 29/6/2019 - 2:00 PM

CR: 1.80m 2015

Michelle Sng, Swift Athletes Associati

Pos	Comp#	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals					
1	197	Ng Yu Jing, Estella	23	NUS	NH
2	442	Neo, YiWen	31	WAC	1.50m
3	236	Goh, Su Yin	17	NP	NH
4	338	Goh, Jia Ling Tessa	20	SMU	NH
5	235	Eng, Megan	19	NP	NH
6	107	Ho, Gwenyth	18	NYP	NH
7	105	Chong, Phoebe	18	NYP	NH
8	344	Teo, Keifa	22	SMU	NH
9	438	Enriquez, Roxanne Rose	23	WAC	NH

Event 103 Men Shot Put (7.26kg) Open

Saturday 29/6/2019 - 2:00 PM

CR: 16.38m 2002

Dong Enxin, Swift Athletes Associati

Pos	Comp#	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals					
1	52	Sia, Shi Min Alvin	25	FAC	ND
2	319	Eric, Yee	20	SAFS	12.50m
3	165	Chung, Yew Weng	22	NTU	ND
4	218	Ong, Yan Zhi	23	NUS	ND
5	472	Toh, Wei De	33	WAC	ND
6	215	Lai Yuchang, Jonathan	24	NUS	ND
7	261	Muhammad, Hasif Bin Kassim	18	NP	ND

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Event 104 Women Shot Put (4kg) Open

Saturday 29/6/2019 - 2:00 PM

CR: 17.38m 2001

Zhang Guirong, Swift Athletes Associati

Pos	Comp#	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals					
1	57	Lee, Pei Shan	20	ITE	ND
2	387	Kek, Jing Wen	21	SUTD	ND
3	448	Yee, Melissa	21	WAC	11.00m
4	158	Tan, Desiree	20	NTU	ND
5	233	Binte Che Othman, Safwanah	17	NP	ND

Event 105 Women Javelin Throw (600g) Open

Saturday 29/6/2019 - 2:00 PM

CR: 46.17m 2002

Zhang Guirong, Swift Athletes Associati

Pos	Comp#	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals					
1	32	Ow, Si Xing	22	FAC	ND
2	185	Chiu, Jing Wen	23	NUS	ND
3	233	Binte Che Othman, Safwanah	17	NP	ND
4	200	Shanmugaratnam, Maya	23	NUS	ND
5	235	Eng, Megan	19	NP	ND

Event 106 Women 100 Meter Dash Open

Top 8 Advance by Time

Saturday 29/6/2019 - 3:00 PM

CR: 12.30 2015

Shanti Pereira, Republic Polytechnic

Lane	Comp#	Name	Age	Team	Seed Time
Heat 1 of 3 Prelims					
1	19	Hillary, LI QI, HO	19	EC	NT
2	78	Frith, Tara	17	JSA	NT
3	59	Ng, Cheryl	17	ITE	NT
4	426	Goh Si Hui, Clara	19	TP	12.52
5	340	Ong, Kerstin	22	SMU	NT
6	117	Rebecca, Tay	18	NYP	NT
7	331	Tan, Sui Xin	24	SIM	NT
8	484	Goh, Jing Rou	18	TSA	NT
Heat 2 of 3 Prelims					
1	238	Koh, Shermaine	18	NP	NT
2	103	Chin, Wanqi	17	NYP	NT
3	392	Lim, Jiayi	16	SKY	NT
4	427	Lim, Gwendolyn Therese	17	TP	13.24
5	193	Lin, Shiwen	20	NUS	NT
6	281	Nabilah, Nada	19	RP	NT
7	25	Sahnaz, Begum	20	EC	NT
8	365	Celine, Goe	20	SP	NT

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Heat 3 of 3 Prelims...(Event 106 Women 100 Meter Dash Open)

1	286	Wan, ShiLing	19	RP	NT
2	153	Jansen, Brenda	20	NTU	NT
3	243	Razali, Nurul Syarah	20	NP	NT
4	7	Xu, Weixin	34	ZOOM	13.37
5	31	Chan, Ming Tong Joelle	25	FAC	13.88
6	343	Seet, Xiu Li	20	SMU	NT
7	54	Binte Abdul Latiff, Erza Irdina	17	ITE	NT
8	199	Ou, Bilian	21	NUS	NT

Event 107 Men 100 Meter Dash Open

Top 8 Advance by Time

Saturday 29/6/2019 - 3:15 PM

CR: 10.58 1992

Muhamad Hosni, Flash Athletic Club

Lane	Comp#	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims					
1	347	Chong, Eugene	25	SMU	NT
2	251	Hazli, Mohamed Aazim	20	NP	NT
3	96	Desmomd, Go Guang Wei	18	MCA	13.07
4	466	Ragupaty, Kishen	25	WAC	11.00
5	417	Ng, Bao Qiang	24	SWIF	12.50
6	67	FU, Yiu Kwong	18	ITE	NT
7	225	Sing, Hui	22	NUS	NT
8	436	Yuen, Joel	16	TSA	NT
Heat 2 of 5 Prelims					
1	422	Liew, Isaac	17	TF	NT
2	133	Kannan, Pavindhiran	19	NYP	NT
3	362	Wang, Jerrel	23	SMU	NT
4	40	Ang, Weisi	25	FAC	11.34
5	16	Zuhayr, Mohamed Idris	22	ZOOM	12.26
6	390	Lau, Prince	24	SUTD	11.44
7	268	Prem, Sathiamoorthy	20	PSA	NT
8	176	Tan, David	23	NTU	NT
Heat 3 of 5 Prelims					
1	71	Louis, Marc Brian	17	ITE	NT
2	162	Ang, Ding Hui	23	NTU	NT
3	137	Lee, Weijie Samuel	20	NYP	NT
4	424	Roychowdhury, Ahaan	16	TF	NT
5	37	Ahuja, Shiv	17	FAC	11.76
6	400	Mohamad, Ridhwan	20	SKY	NT
7	312	Tye, Atticus	18	RP	NT
8	485	Gan, Yu An Ian	17	TSA	NT
Heat 4 of 5 Prelims					
1	82	Chew, Julian	17	JSA	NT
2	397	Kumar, Tarun	20	SKY	NT
3	300	Muhammad, Harith	22	RP	NT
4	454	Koe, Ian	20	WAC	11.49
5	316	Alphonsus, Teow	20	SAFS	11.70
6	28	Jun Wen, Yap	17	EC	NT
7	252	Koh, Ignatius	19	NP	NT
8	378	John, Tan	18	SP	NT

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Heat 5 of 5 Prelims...(Event 107 Men 100 Meter Dash Open)

2	500	David, Teemeris	27	SGP	NT
3	501	Muhd, Naqib	24	SGP	NT
4	502	Daryl, Liew	28	SGP	NT

Event 108 Women 1500 Meter Run Open

Saturday 29/6/2019 - 3:30 PM

CR: 4:46.80 1981 K Jayamani, Swift Athletes Associati

Lane	Comp#	Name	Age	Team	Seed Time
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Section 1 of 2 Timed Finals

1	58	Mahmood, Siti Nuraisa	20	ITE	NT
2	159	Wu, Yu Han	22	NTU	NT
3	79	Gheri, Isabella	18	JSA	NT
4	5	Tan, Hui Xin	23	ZOOM	5:14.00
5	4	Lee, Yuen Yu	19	ZOOM	5:53.00
6	341	Ow, Jieralyn	22	SMU	NT
7	410	Tammilmani, Thaaranie	19	SWIF	6:24.00
8	17	Choo, Darine	21	CAA	NT
9	106	Goh, Sin Yee	20	NYP	NT
10	330	Michelle, Ng	25	SIM	NT
11	277	Law, Shaina	18	RP	NT
12	498	Xuan, Koh Jia	19	SWIF	NT
13	481	Lau, Clarice	18	ATSG	NT

Section 2 of 2 Timed Finals

1	62	Zeris, Damia	18	ITE	NT
2	80	Tan, Kylie	17	JSA	NT
3	271	Cai, Ming Ping	18	RP	NT
4	123	Zhang, Xiaoxin	17	NYP	NT
5	393	Ramdan, Elrina	17	SKY	NT
6	92	Wong, Levyn	19	MR25	NT
7	26	Steffi, Kai Lin, Gan	20	EC	NT
8	155	Manimaran, Sonali	23	NTU	NT
9	194	Lin Yuxin, Kathleen	22	NUS	NT
10	332	Wong, Cheryl	21	SIM	NT
11	429	Jansson, Therese	33	TSA	NT
12	478	Yap, Joyceleen	19	ATSG	NT
13	190	Lee, Vanessa	21	NUS	NT

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Event 109 Men 1500 Meter Run Open

Saturday 29/6/2019 - 3:40 PM

CR: 3:55.70 1994

A Saravanan, Swift Athletes Associati

Lane	Comp#	Name	Age	Team	Seed Time
Section 1 of 2 Timed Finals					
1	435	Suresh, Kiranraj	19	TSA	NT
2	374	An Cheng, Koh	18	SP	NT
3	462	Lui Hua, Tan	27	WAC	4:19.00
4	479	Yan, Ethan	18	ATSG	4:10.00
5	177	Tay, Benjamin	24	NTU	NT
6	299	Lim, Shawn	18	RP	NT
7	64	., Ganesh	17	ITE	NT
8	463	Malik, Sanat	17	WAC	4:24.00
9	428	Andrew, Jonathan	19	TP	4:40.00
10	415	Mathieu, Poirel	17	SWIF	4:30.00
11	144	Pradeesh, S/O Prasath	21	NYP	NT
12	211	Ho Juin Hwee, Keeve	24	NUS	NT
13	359	Quek, Seng Woon	23	SMU	NT
Section 2 of 2 Timed Finals					
1	432	Krishna, hariharan	21	TSA	NT
2	380	Le Wei, Chiew	19	SP	NT
3	46	Leow, Zac	33	FAC	NT
4	90	Van Wersch, Valentin	18	JSA	NT
5	151	Wu, Lian Shuai	20	NYP	NT
6	333	Justin, Poon	23	SIM	NT
7	412	Fayiz, Mohamed Haja	30	SWIF	NT
8	63	., Aniyutharan	18	ITE	NT
9	224	Sin, Maximilian	22	NUS	NT
10	94	Ng, Jing Heng	18	MR25	NT
11	290	Chong, Gabriel	17	RP	NT
12	179	Wong, Nathanael	25	NTU	NT
13	480	Soundararajah, Jeevaneesh	26	ATSG	NT

Event 110 Women 400 Meter Dash Open

Top 8 Advance by Time

Saturday 29/6/2019 - 3:50 PM

CR: 56.10 1974

Chee Swee Lee

Lane	Comp#	Name	Age	Team	Seed Time
Heat 1 of 2 Prelims					
1	114	Noor, Fatehah Binte Mustaf	18	NYP	NT
2	280	Lo, Robyn	19	RP	NT
3	36	Zaini, Izlyn	21	FAC	NT
4	437	Enn, Cindy	23	WAC	1:04.90
5	24	Nicole, Chew	17	EC	NT
6	234	Chow, Celeste	18	NP	NT
7	156	Ng, Grace	27	NTU	NT
8	489	Sim, Jia Ying	22	SUSS	NT

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Heat 2 of 2 Prelims...(Event 110 Women 400 Meter Dash Open)

1	345	Wong, Carissa	21	SMU	NT
2	100	Ang, Jia Yin	18	NYP	NT
3	328	Kang, Pei Ling	22	SIM	NT
4	240	Kuppusamy, Darshini	20	NP	NT
5	289	Yu, Gwen	19	RP	NT
6	187	Goh Jia Rui, Celeste	20	NUS	NT
7	487	Ng, Hui Qin	17	TSA	NT

Event 111 Women Triple Jump Open

Saturday 29/6/2019 - 4:00 PM

CR: 11.55m 2016

Lim, Enxuan Lynette, National University of S

Pos	Comp#	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals					
1	34	Rozario, Tia Louise	19	FAC	12.16m
2	411	Wai, Ann Lee Shyann	16	SWIF	11.75m
3	241	Liew, Raymin	19	NP	ND
4	441	Lin, Erin	18	WAC	8.77m
5	405	Ang, Wei Lu	21	SWIF	11.64m
6	113	Nguyen, The Hanh An Hannah	19	NYP	ND
7	394	Yap, Claire	17	SKY	ND
8	344	Teo, Keifa	22	SMU	ND
9	202	Zhuo, Lin Lin	22	NUS	ND
10	247	Yee, Sooxing	17	NP	ND
11	372	Xinyi, Khor	17	SP	ND
12	284	Tan, Junn Faye	18	RP	ND
13	102	Chan, Zi Yee	18	NYP	ND

Event 112 Men High Jump Open

Saturday 29/6/2019 - 4:00 PM

CR: 2.08m 1995

Wong Yew Tong

Pos	Comp#	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals					
1	139	Mardan, Hairil Syamil Bin	20	NYP	NH
2	293	Lee, Jeson	17	RP	NH
3	305	Ong, Brannon	17	RP	NH
4	473	Toh, Yong Xiang	18	WAC	1.93m
5	257	Lim, Kieron	19	NP	NH
6	136	Koh, Jin Hao	19	NYP	NH
7	452	Heng, Brandon	21	WAC	1.90m
8	248	Chin, Yi Yang	17	NP	NH
9	223	Sim Swee Jen, Nicholas	21	NUS	NH
10	44	Goh, Sean	21	FAC	1.76m
11	363	Wong, Bryan	21	SMU	NH
12	351	Fan, Kelvin	25	SMU	NH

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Event 113 Men Javelin Throw (800g) Open

Saturday 29/6/2019 - 4:00 PM

CR: 59.46m 2017 Akid, Chong, Flash Athletic Club

Pos	Comp#	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals					
1	313	Yee, Marcus	18	RP	ND
2	352	Ho, Chung Xian	23	SMU	ND
3	147	Tam, Yeong Yi	19	NYP	ND
4	43	Chong Bin Mohd Isham, Akid	29	FAC	56.99m
5	358	Pee, Amos	23	SMU	ND
6	262	Neo, Kieran	17	NP	ND
7	455	Koh, Thong En	28	WAC	53.13m
8	250	Harun, Daniel Abdullah	20	NP	ND
9	208	Chong, Weng Teng	22	NUS	ND
10	295	Liew, Jeremy	19	RP	ND
11	126	Chew, Yao Sheng Cedric	19	NYP	ND

Event 114 Men 400 Meter Dash Open

Top 8 Advance by Time

Saturday 29/6/2019 - 4:00 PM

CR: 47.90 1987 Haron Mundir, Flash Athletic Club

Lane	Comp#	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims					
1	260	Mohd Shariff, Abdul Razak	20	NP	NT
2	309	Tan, Derrick	22	RP	NT
3	9	Koh, Casey Chester	21	ZOOM	56.12
4	315	Alex Rodney, Koh	21	SAFS	50.50
5	38	Amor, Artri Jim	17	FAC	56.00
6	178	Tien, Darren	23	NTU	NT
7	386	Yong Ming, Tan	19	SP	NT
Heat 2 of 4 Prelims					
1	130	Ian, Matthew Ngui	18	NYP	NT
2	265	T, Mohamed Ashraf	19	NP	NT
3	471	Tang, Aaron	26	WAC	NT
4	45	Januri, Ariff	25	FAC	50.88
5	98	Troy, Koh Rong En	18	MCA	55.83
6	204	Chan Wen Jie, Justin	23	NUS	NT
7	83	Devaraj, S.	17	JSA	NT
8	493	Koh, Chun Kit Kelvin	25	SUSS	NT
Heat 3 of 4 Prelims					
1	77	Sunarno, Herwandy	17	ITE	NT
2	214	Koh, Wei Shien	24	NUS	NT
3	145	Russell, Hari Chandra	20	NYP	NT
4	321	Praharsh, Ryan	21	SAFS	52.10
5	15	Toh, Eddie	38	ZOOM	55.55
6	419	Subash, Kisen	21	SWIF	54.40
7	492	Lai, Jun Jie Marcus	24	SUSS	NT

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Heat 4 of 4 Prelims...(Event 114 Men 400 Meter Dash Open)

1	336	Shawn, Lee	24	SIM	NT
2	396	Goh, Audie	18	SKY	NT
3	173	Quek, Calvin	23	NTU	NT
4	420	Wei, Lim Kai	17	SWIF	54.10
5	88	Ramachandran, Sharad	17	JSA	NT
6	68	Hau, Wen Hui	18	ITE	NT
7	308	Tan, Daryl	18	RP	NT

Event 115 Mixed 5000 Meter Race Walk Open

Saturday 29/6/2019 - 4:10 PM

W CR:	30:15.89	2015	Tin Shu Min, Singapore Management Uni
W CR:	30:15.89	2015	Tin Shu Min, Singapore Management Uni
W CR:	30:15.89	2015	Tin Shu Min, Singapore Management Uni
W CR:	30:15.89	2015	Tin Shu Min, Singapore Management Uni
W CR:	30:15.89	2015	Tin Shu Min, Singapore Management Uni
W CR:	30:15.89	2015	Tin Shu Min, Singapore Management Uni
W CR:	30:15.89	2015	Tin Shu Min, Singapore Management Uni

Lane	Comp#	Name	Age	Team	Seed Time
Section 1 of 1 Timed Finals					
1	276	Koo, Ke Ghin	W20	RP	NT
2	192	Leong, Shariel	W21	NUS	NT
3	446	Teo, Leanne	W16	WAC	NT
4	201	Ting Kah Yann, Allison	W20	NUS	NT
5	91	Kek, Sabrina	W36	MR25	NT
6	406	Jayaraman, Komathi	W58	SWIF	34:17.00
7	408	Seah, Serene	W55	SWIF	35:00.00
8	172	Ng, Jing Cheng	M22	NTU	NT
9	418	Sim, Edmund	M36	SWIF	23:30.00
10	231	Tan Kok Yi, Nelson	M22	NUS	NT
11	467	Tai Yong, Loh	M16	WAC	NT
12	291	Ho, Hong Kai	M19	RP	NT
13	461	Loh, Brandon	M17	WAC	NT

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Event 120 Men 5000 Meter Run Open

Saturday 29/6/2019 - 5:20 PM

CR: 14:51.70 1994

Arumugam

Lane	Comp#	Name	Age	Team	Seed Time
Section 1 of 2 Timed Finals					
1	475	Muthiah, M Sharavanan	21	ATSG	NT
2	132	Joshua, Lim Shouxin	19	NYP	NT
3	460	Liu, Zhehao	30	WAC	17:46.00
4	65	C Aajith, Kumar	20	ITE	NT
5	477	Lim, Jon	17	ATSG	17:44.00
6	404	Teo, Ignatius	17	SKY	NT
7	421	Yu, Brandon Chew	20	SWIF	NT
8	310	Tang, Dylan	19	RP	NT
9	425	Teo, Wesley	18	TF	NT
10	95	Arumugam, Ramesh	36	MCA	23:50.00
11	377	Ethan, Chan	18	SP	NT
12	89	Tharun, V. K.	18	JSA	NT
13	210	Guek Jun Kai, Sebastian	22	NUS	NT
14	169	Lim, Jeremy	23	NTU	NT
15	263	Pua, Austin	19	NP	NT
16	269	Subas, Gurung	22	PSA	NT
17	434	Lim, Sherman	22	TSA	NT
18	490	Tan, Jackson	29	SUSS	NT
19	491	Teng, Wei Ming	23	SUSS	NT
Section 2 of 2 Timed Finals					
1	348	Chong, Wen Kai Justin	22	SMU	NT
2	129	Goh, Jun Jie	17	NYP	NT
3	93	Marican, Shohib	22	MR25	NT
4	354	Lim, Austin	22	SMU	NT
5	376	Darel, Lim	19	SP	NT
6	391	Ng, Jack	23	SUTD	NT
7	469	Tan, Chong Qi	21	WAC	NT
8	306	Poh, Sherman	17	RP	NT
9	209	Goh Boon Hee, Shaun	22	NUS	NT
10	325	Yao Jie, Ong	22	SAFS	NT
11	255	Lee, David	18	NP	NT
12	167	Lee, Dillon	24	NTU	NT
13	267	Nimesh, Gurung	31	PSA	NT
14	63	., Aniyutharan	18	ITE	NT
15	84	Han, Jezer	17	JSA	NT
16	398	Lee, Raphael	18	SKY	NT
17	430	Chew, Brandon	20	TSA	NT
18	53	Soh, Rui Yong	28	FAC	NT
19	389	Harish, Karthic	24	SUTD	16:21.33
20	488	Nick, Impey	37	FAC	NT

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Event 121 Women 10000 Meter Run Open

Saturday 29/6/2019 - 6:20 PM

CR: 43:17.97 2017

Lok, Xin Ying, National university of S

Lane	Comp#	Name	Age	Team	Seed Time
Section 1 of 1 Timed Finals					
1	274	Chua, Charis	18	RP	NT
2	282	Ng, Kai Li	19	RP	NT
3	195	Lok, Xin Ying	22	NUS	NT
4	188	Hui Sau Han, Melanie	20	NUS	NT
5	111	Natalie, Yong Yujie	18	NYP	NT
6	18	Ng, Yew Cheo	33	CAA	NT
7	154	Low, Nicole	21	NTU	NT
8	476	Toh, Ting Xuan	19	ATSG	NT
9	410	Tammilmani, Thaaranie	19	SWIF	50:00.01
10	498	Xuan, Koh Jia	19	SWIF	NT

Event 122 Women 4x100 Meter Relay Open

Saturday 29/6/2019 - 7:10 PM

CR: 48.26 2017

Wings athletic Club, Wings Athletic Club

Lane	Comp#	Team	Relay	Seed Time
Section 1 of 3 Timed Finals				
2		National Univeristy of Singapo	A	NT
	1) #199 Ou, Bilian 21	2) #198 Ong, Jia Ling 23	3) #193 Lin, Shiwen 20	4) #181 Ang Hui'En, Gladys 20
	5) #202 Zhuo, Lin Lin 22	6) #196 Lua, Yun Hui 20		
3		Nanyang Technological Universi	A	NT
	1) #153 Jansen, Brenda 20	2) #156 Ng, Grace 27	3) #152 Chan, Samantha 21	4) #157 Tan, Clenyce 20
	5) #496 Lee, Sharon 23	6) #497 Bok, Serena 24		
4		Wings Athletic Club	A	NT
	1) #440 Kuan, Joy 28	2) #444 Shek, Natalie 18		
5		Singapore Management Universit	A	NT
	1) #340 Ong, Kerstin 22	2) #343 Seet, Xiu Li 20	3) #342 Ravi, Dharani 20	4) #337 Chia, Britney 20
	5) #344 Teo, Keifa 22			
6		Nanyang Polytechnic	A	NT
	1) #117 Rebecca, Tay 18	2) #103 Chin, Wanqi 17	3) #115 Ong, Yu Ting 19	4) #112 Ng, Si Min Sammi 17
	5) #108 Jamie, Wong Zi Yi 17			
Section 2 of 3 Timed Finals				
2		Republic Polytechnic	A	NT
	1) #281 Nabilah, Nada 19	2) #286 Wan, ShiLing 19	3) #285 Tan, Sheyanne 18	4) #283 Pwee, Joelle 18
	5) #275 Ho, Angel 19			
3		Institute of Technical Educati	A	NT
	1) #56 Kee, Teng Hwee 19	2) #59 Ng, Cheryl 17	3) #60 Suhimi, nur ria isabelle 17	4) #55 Jalil, Nurul Ainun 18
4		Erovra Club	A	NT
	1) #25 Sahnaz, Begum 20	2) #24 Nicole, Chew 17	3) #19 Hillary, LI QI, HO 19	4) #20 Joey, Chong YI, Wong 27
	5) #21 Kathya, Kodikara 17			
5		Ngee Ann Polytechnic	A	NT
	1) #243 Razali, Nurul Syarah 20	2) #240 Kuppusamy, Darshini 20	3) #238 Koh, Shermaine 18	4) #234 Chow, Celeste 18
		6) #237 Jane, Serena 19		
6		Sim	A	NT
	1) #328 Kang, Pei Ling 22	2) #331 Tan, Sui Xin 24	3) #327 Gek, Jie Min 22	4) #329 L., Kannamma 21
Section 3 of 3 Timed Finals				
2		Singapore	A	NT
3		Singapore	B	NT
4		Singapore	C	NT

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Home Of Athletics
Meet Program - Day 1

Event 123 Men 4x100 Meter Relay Open

Saturday 29/6/2019 - 7:15 PM

CR: 41.50 1978

Swift Athletes Association

Lane	Comp#	Team	Relay	Seed Time
Section 1 of 2 Timed Finals				
2		Club Zoom	A	NT
	1) #16 Zuhayr, Mohamed Idris 22	2) #9 Koh, Casey Chester 21	3) #15 Toh, Eddie 38	4) #14 Ramat, Abdul Rahim 44
	5) #12 Lu, Weiyi 32	6) #10 Lee, Hoon Wee Elson 50		
3		Wings Athletic Club	A	NT
	1) #459 Liew, Daryl 28			
4		Ngee Ann Polytechnic	A	NT
	1) #251 Hazli, Mohamed Aazim 20	2) #265 T, Mohamed Ashraf 19	3) #253 Koh, Jeremy 21	4) #252 Koh, Ignatius 19
	5) #260 Mohd Shariff, Abdul Razak 2			
5		Sky Athletics Club	A	NT
	1) #396 Goh, Audie 18	2) #399 Low, Austin 20	3) #395 FU, Yiu Kwong 18	4) #397 Kumar, Tarun 20
6		Republic Polytechnic	A	NT
	1) #300 Muhammad, Harith 22	2) #312 Tye, Atticus 18	3) #308 Tan, Daryl 18	4) #303 Ng, Lionel 19
	5) #301 Muhammad, Hendra 18			
7		Safsa	A	NT
	1) #314 Adam, OH 20	2) #316 Alphonsus, Teow 20	3) #315 Alex Rodney, Koh 21	4) #321 Praharsh, Ryan 21
Section 2 of 2 Timed Finals				
1		Singapore	A	NT
2		National Univeristy of Singapo	A	NT
	1) #230 Tan Jin Neng, Clarence 22	2) #225 Sing, Hui 22	3) #204 Chan Wen Jie, Justin 23	4) #226 Sunaga, Ryuto 22
	5) #221 See Lun Enn, Desmond 27	6) #223 Sim Swee Jen, Nicholas 21		
3		Nanyang Polytechnic	A	NT
	1) #133 Kannan, Pavindhiran 19	2) #148 Toh, Beam, Isaac 19	3) #127 Danial, Syafiq Bin Mohamed	4) #130 Ian, Matthew Ngui 18
	5) #146 Silas, Ng Wei Hao 19	6) #137 Lee, Weijie Samuel 20		
4		Nanyang Technological Universi	A	NT
	1) #162 Ang, Ding Hui 23	2) #161 Amri, Khairyll 26	3) #178 Tien, Darren 23	4) #163 Awyong, Liang Qi 24
	5) #176 Tan, David 23	6) #166 Elston, Goh 24		
5		Flash Athletics Club	A	NT
	1) #37 Ahuja, Shiv 17	2) #45 Januri, Ariff 25	3) #40 Ang, Weisi 25	4) #47 Lin, Tim Weng Dexter 20
	5) #51 Shah, Muhammad Mikhail 17			
6		Institute of Technical Educati	A	NT
	1) #76 Rashid, Muhammad Muhaimi	2) #73 Mohamad, Ridhwan 20	3) #70 Lee, Lucas 18	4) #68 Hau, Wen Hui 18
7		Singapore Management Universit	A	NT
	1) #347 Chong, Eugene 25	2) #362 Wang, Jerrel 23	3) #361 Teo, Marcus 25	4) #356 Lui, Yu Zhe (Louis) 23
	5) #360 Tan, Darren 23	6) #353 Izzudin, Ariff 23	7) #351 Fan, Kelvin 25	

Day 2

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019

Home Of Athletics
Meet Program - Day 2

Event 201 Men Hammer Throw (7.26kg) Open

Sunday 30/6/2019 - 2:00 PM

CR: 51.50m 1996 James Wong

Pos	Comp#	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals					
1	48	Mak, Kaleo	20	FAC	27.56m
2	218	Ong, Yan Zhi	23	NUS	ND
3	52	Sia, Shi Min Alvin	25	FAC	ND
4	165	Chung, Yew Weng	22	NTU	ND
5	229	Tan Jiawei, Adam	25	NUS	ND

Event 202 Women Hammer Throw (4kg) Open

Sunday 30/6/2019 - 2:00 PM

CR: 58.49m 2000 Wang Dan, Swift Athletes Associati

Pos	Comp#	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals					
1	185	Chiu, Jing Wen	23	NUS	ND
2	35	See, Yi Ling Annabel	24	FAC	27.78m
3	200	Shanmugaratnam, Maya	23	NUS	ND

Event 203 Women Long Jump Open

Sunday 30/6/2019 - 2:00 PM

CR: 5.70m 1992 Yu Long Nyu, Swift Athletes Associati

Pos	Comp#	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals					
1	405	Ang, Wei Lu	21	SWIF	5.37m
2	438	Enriquez, Roxanne Rose	23	WAC	ND
3	241	Liew, Raymin	19	NP	ND
4	407	Ning, Lim En	18	SWIF	5.66m
5	78	Frith, Tara	17	JSA	ND
6	122	Toh, Qiao Juan	19	NYP	ND
7	7	Xu, Weixin	34	ZOOM	5.27m
8	202	Zhuo, Lin Lin	22	NUS	ND
9	371	Sherell, Toh	17	SP	ND
10	443	Ong, Yu Qing	18	WAC	ND
11	239	Koh, Wen Ting	17	NP	ND
12	109	Lim, Zi Qi Jamie	20	NYP	ND
13	197	Ng Yu Jing, Estella	23	NUS	ND
14	368	Megan, Sim	19	SP	ND
15	34	Rozario, Tia Louise	19	FAC	5.52m
16	281	Nabilah, Nada	19	RP	ND

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Meet Program - Day 2

Event 204 Men Pole Vault Open

Sunday 30/6/2019 - 2:00 PM

CR: 4.75m 2017

Ming Xun, chong, Flash Athletic Club

Pos	Comp#	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals					
1	50	Ng, Kean Mun	54	FAC	3.00m
2	42	Chong, Ming Xun	31	FAC	4.50m
3	213	Koh, Aaron	24	NUS	NH
4	170	Ng, Dewey	23	NTU	NH
5	214	Koh, Wei Shien	24	NUS	NH
6	13	Ong, Jin Wayne Kyler	18	ZOOM	4.20m
7	11	Low, Jun Yu	18	ZOOM	4.20m
8	1	Ho, Joel	20	ATSG	NH
9	249	Goh, Irvin	20	NP	NH
10	483	Ang, Guo Jun	28	ATSG	NH

Event 205 Men 110 Meter Hurdles (1.067m) Open

Top 8 Advance by Time

Sunday 30/6/2019 - 2:00 PM

CR: 14.45 2015

Ang Chen Xiang, National University of S

Lane	Comp#	Name	Age	Team	Seed Time
Heat 1 of 2 Prelims					
2	322	Terence, Tang	22	SAFS	14.97
3	51	Shah, Muhammad Mikhail	17	FAC	NT
4	162	Ang, Ding Hui	23	NTU	NT
5	206	Cheah Jun Xian, Terence	25	NUS	NT
6	148	Toh, Beam, Isaac	19	NYP	NT
Heat 2 of 2 Prelims					
2	146	Silas, Ng Wei Hao	19	NYP	NT
3	163	Awyong, Liang Qi	24	NTU	NT
4	383	Nicky, Ho	18	SP	NT
5	217	Low, Ziron	24	NUS	NT
6	266	Teo, Ervin	18	NP	NT

Event 206 Women 200 Meter Dash Open

Top 8 Advance by Time

Sunday 30/6/2019 - 2:30 PM

CR: 24.36 1979

Caroline Pereira, Combined Schools

Lane	Comp#	Name	Age	Team	Seed Time
Heat 1 of 3 Prelims					
1	60	Suhimi, nur ria isabelle	17	ITE	NT
2	287	Yann, Natasha	17	RP	NT
3	237	Jane, Serena	19	NP	NT
4	427	Lim, Gwendolyn Therese	17	TP	27.61
5	117	Rebecca, Tay	18	NYP	NT
6	24	Nicole, Chew	17	EC	NT
7	193	Lin, Shiwen	20	NUS	NT

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019

Home Of Athletics
Meet Program - Day 2**Heat 2 of 3 Prelims...(Event 206 Women 200 Meter Dash Open)**

1	331	Tan, Sui Xin	24	SIM	NT
2	25	Sahnaz, Begum	20	EC	NT
3	365	Celine, Goe	20	SP	NT
4	31	Chan, Ming Tong Joelle	25	FAC	29.11
5	56	Kee, Teng Hwee	19	ITE	NT
6	342	Ravi, Dharani	20	SMU	NT
7	36	Zaini, Izlyn	21	FAC	NT

Heat 3 of 3 Prelims

1	392	Lim, Jiayi	16	SKY	NT
2	285	Tan, Sheyanne	18	RP	NT
3	153	Jansen, Brenda	20	NTU	NT
4	240	Kuppusamy, Darshini	20	NP	NT
5	343	Seet, Xiu Li	20	SMU	NT
6	442	Neo, YiWen	31	WAC	NT
7	199	Ou, Bilian	21	NUS	NT
8	100	Ang, Jia Yin	18	NYP	NT

Event 207 Men 200 Meter Dash Open

Top 8 Advance by Time

Sunday 30/6/2019 - 2:45 PM

CR: 21.50 1983 Haron Munir, Flash Athletic Club

Lane	Comp#	Name	Age	Team	Seed Time
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Heat 1 of 4 Prelims

1	336	Shawn, Lee	24	SIM	NT
2	347	Chong, Eugene	25	SMU	NT
3	16	Zuhayr, Mohamed Idris	22	ZOOM	27.19
4	45	Januri, Ariff	25	FAC	21.96
5	96	Desmomd, Go Guang Wei	18	MCA	26.01
6	67	FU, Yiu Kwong	18	ITE	NT
7	225	Sing, Hui	22	NUS	NT
8	486	Koh, Kiat Pang Lendal	17	TSA	NT

Heat 2 of 4 Prelims

1	85	Kang Tai, Tham	17	JSA	NT
2	253	Koh, Jeremy	21	NP	NT
3	390	Lau, Prince	24	SUTD	NT
4	449	Bin Asmin, Muhammad Naqib	24	WAC	22.20
5	9	Koh, Casey Chester	21	ZOOM	26.13
6	403	Tan, Alvin	18	SKY	NT
7	133	Kannan, Pavindhiran	19	NYP	NT

Heat 3 of 4 Prelims

1	252	Koh, Ignatius	19	NP	NT
2	315	Alex Rodney, Koh	21	SAFS	NT
3	388	Adhi Narayan, Tharun	22	SUTD	NT
4	40	Ang, Weisi	25	FAC	23.23
5	417	Ng, Bao Qiang	24	SWIF	25.82
6	436	Yuen, Joel	16	TSA	NT
7	312	Tye, Atticus	18	RP	NT
8	82	Chew, Julian	17	JSA	NT

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Meet Program - Day 2

Heat 4 of 4 Prelims...(Event 207 Men 200 Meter Dash Open)

1	128	Gillian, Barbosa Rojas	18	NYP	NT
2	212	Kam I-Zheng, Russell	22	NUS	NT
3	308	Tan, Daryl	18	RP	NT
4	454	Koe, Ian	20	WAC	23.78
5	314	Adam, OH	20	SAFS	24.46
6	396	Goh, Audie	18	SKY	NT
7	72	Mikhail, Bin Isham	18	ITE	NT

Event 208 Women 800 Meter Run Open

Sunday 30/6/2019 - 3:00 PM

CR: 2:11.80 1975 Chee Swee Lee

Lane	Comp#	Name	Age	Team	Seed Time
Section 1 of 2 Timed Finals					
1	370	Prashalini, Suris	18	SP	NT
2	272	Calinao, Mariz	19	RP	NT
3	92	Wong, Levyn	19	MR25	NT
4	23	Lisa, Xue, Gay	25	EC	NT
5	393	Ramdan, Elrina	17	SKY	NT
6	58	Mahmood, Siti Nuraisha	20	ITE	NT
7	183	Cheong Xiao Xuan, Isabella	20	NUS	NT
8	4	Lee, Yuen Yu	19	ZOOM	2:50.00
9	17	Choo, Darine	21	CAA	NT
10	156	Ng, Grace	27	NTU	NT
11	79	Gherssi, Isabella	18	JSA	NT
Section 2 of 2 Timed Finals					
1	373	Ya Li, Dong	18	SP	NT
2	81	Wilson, Natasha	17	JSA	NT
3	18	Ng, Yew Cheo	33	CAA	NT
4	101	Chai, En-Yer	19	NYP	NT
5	5	Tan, Hui Xin	23	ZOOM	2:37.00
6	273	Chan, Aye	21	RP	NT
7	22	Kymerly, Ying Ping, Tong	20	EC	NT
8	190	Lee, Vanessa	21	NUS	NT
9	155	Manimaran, Sonali	23	NTU	NT
10	116	Priya, Darshini Ganesan	18	NYP	NT

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Event 209 Men 800 Meter Run Open

Sunday 30/6/2019 - 3:10 PM

CR: 1:53.30 1968

James H Douglas

Lane	Comp#	Name	Age	Team	Seed Time
Section 1 of 2 Timed Finals					
1	470	Tan, Zi Jian	28	WAC	2:30.00
2	428	Andrew, Jonathan	19	TP	2:02.97
3	75	Putera M Z, Mohamed Zulkhairi	18	ITE	NT
4	90	Van Wersch, Valentin	18	JSA	NT
5	384	Peter, Joey	17	SP	NT
6	412	Fayiz, Mohamed Haja	30	SWIF	2:01.00
7	227	Tan, Clyde	23	NUS	NT
8	423	Ong, Ee Howe	17	TF	NT
9	98	Troy, Koh Rong En	18	MCA	2:16.15
10	419	Subash, Kisen	21	SWIF	2:07.00
11	175	Tan, Ashton	20	NTU	NT
12	346	Chong, Alex	23	SMU	NT
13	131	Isaac, Wong	17	NYP	NT
14	431	Chua, Jayson	19	TSA	NT

Section 2 of 2 Timed Finals

1	86	Lim, Anderton	17	JSA	NT
2	66	Fansuri, Muhaid	18	ITE	NT
3	94	Ng, Jing Heng	18	MR25	NT
4	333	Justin, Poon	23	SIM	NT
5	425	Teo, Wesley	18	TF	NT
6	220	Ryan Devaraj, Zachary	25	NUS	NT
7	142	Nigel, Ong Ye Xun	17	NYP	NT
8	311	Tay, Kai Bin	18	RP	NT
9	359	Quek, Seng Woon	23	SMU	NT
10	382	Lucas, Chang	18	SP	NT
11	302	Ng, Jovian	19	RP	NT
12	171	Ng, Ding Xuan	20	NTU	NT
13	435	Suresh, Kiranraj	19	TSA	NT
14	492	Lai, Jun Jie Marcus	24	SUSS	NT

Event 210 Women Discus Throw (1kg) Open

Sunday 30/6/2019 - 3:30 PM

CR: 44.48m 2001

Du Xian Hui, Swift Athletes Associati

Pos	Comp#	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals					
1	369	Megan, Too	18	SP	ND
2	158	Tan, Desiree	20	NTU	ND
3	447	Wan, Lay Chi	31	WAC	ND
4	118	Seah, Kayla Faith	18	NYP	ND
5	448	Yee, Melissa	21	WAC	39.00m
6	121	Tay, Yun Ying Val	17	NYP	ND
7	387	Kek, Jing Wen	21	SUTD	ND
8	33	Phua, Jasmin	18	FAC	42.10m
9	57	Lee, Pei Shan	20	ITE	ND
10	32	Ow, Si Xing	22	FAC	41.49m

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Event 212 Women 100 Meter Hurdles (0.838m) Open

Sunday 30/6/2019 - 3:40 PM

CR: 14.86 2015 Jannah Wong, National University of S

Lane	Comp#	Name	Age	Team	Seed Time
Section 1 of 1 Timed Finals					
3	337	Chia, Britney	20	SMU	NT
4	340	Ong, Kerstin	22	SMU	NT
5	184	Chin, Zara	20	NUS	NT

Event 215 Women 5000 Meter Run Open

Sunday 30/6/2019 - 4:05 PM

CR: 18:53.68 2017 Patel, Indira, Swift Athletes Associati

Lane	Comp#	Name	Age	Team	Seed Time
Section 1 of 1 Timed Finals					
1	499	Xin Yee, Diann Lee	28	SWIF	NT
2	367	Hui Qin, Lin	20	SP	NT
3	160	Yong, Valerie	24	NTU	NT
4	61	Teo, Qi Hong	17	ITE	NT
5	278	Liang, Shauna	19	RP	NT
6	339	Lee, Hui Xin Anne	23	SMU	NT
7	99	Ada, Seow	18	NYP	NT
8	288	Yap, Abby	19	RP	NT
9	366	Elise, Tan	17	SP	NT
10	189	Koh Jun Lin, Eliza	21	NUS	NT
11	409	Soh, Romaine	25	SWIF	NT
12	186	Fong, Vanessa	23	NUS	NT
13	429	Jansson, Therese	33	TSA	NT
14	481	Lau, Clarice	18	ATSG	NT
15	495	Foo, Yan Xi	22	SUSS	NT

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Event 216 Men Long Jump Open

Sunday 30/6/2019 - 4:15 PM

CR: 7.23m 1975

Yeo Kian Chye, Police

Pos	Comp#	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals					
1	318	Colin, Tung	19	SAFS	6.30m
2	49	Mun, Jern Wei Ivan	21	FAC	6.91m
3	413	Kai Juin, Adam Zachary Lee	17	SWIF	6.16m
4	254	Lee, Darren	19	NP	ND
5	465	Ngoh, Nicholas	20	WAC	6.44m
6	416	Naing, Kyaw Linn	21	SWIF	6.60m
7	41	Chong, Jarryl	22	FAC	6.59m
8	216	Lim Jia Jing, Samuel	22	NUS	ND
9	323	Wei YU, Toh	20	SAFS	6.85m
10	149	Wang, Xian Wei Zachary	18	NYP	ND
11	456	Lai, Yong Hui	30	WAC	6.39m
12	400	Mohamad, Ridhwan	20	SKY	ND
13	168	Lee, Justin	20	NTU	ND
14	362	Wang, Jerrel	23	SMU	ND
15	363	Wong, Bryan	21	SMU	ND
16	74	Obias, Lugi	18	ITE	ND
17	304	Ngeh, Marcus	18	RP	ND
18	303	Ng, Lionel	19	RP	ND
19	125	Arif, Esfhan Bin	18	NYP	ND
20	264	Song, Wayne	18	NP	ND

Event 217 Men Discus Throw (2kg) Open

Sunday 30/6/2019 - 4:30 PM

CR: 51.77m 2001

Dong Enxin, Swift Athletes Associat

Pos	Comp#	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals					
1	228	Tan, Ting Jun	22	NUS	ND
2	222	See Wei Ren, Brian	23	NUS	ND
3	319	Eric, Yee	20	SAFS	47.63m
4	381	Leroy, Koh	21	SP	ND
5	43	Chong Bin Mohd Isham, Akid	29	FAC	ND
6	457	Lam, Benny	26	WAC	45.25m
7	472	Toh, Wei De	33	WAC	40.78m

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Event 218 Women Pole Vault Open

Sunday 30/6/2019 - 4:30 PM

CR: 3.50m 2015

Rachel Isabel Yang, Club Zoom

Pos	Comp#	Name	Age	Team	Seed Mark
Flight 1 of 1 Finals					
1	242	Lim, Angelia	21	NP	NH
2	445	Tan, Maxim	16	WAC	2.80m
3	30	Chan, Jia Min Justina	28	FAC	NH
4	6	Togawa, Mei	18	ZOOM	3.19m
5	191	Lee, Wen Qi	19	NUS	NH
6	439	Hanim, Asmah	35	WAC	NH
7	284	Tan, Junn Faye	18	RP	NH
8	245	Sia, Cherlin	18	NP	NH
9	338	Goh, Jia Ling Tessa	20	SMU	NH
10	482	Yang, Rachel	37	ATSG	NH

Event 219 Men 400 Meter Hurdles (0.914m) Open

Sunday 30/6/2019 - 4:45 PM

CR: 54.10 1983

Seah Soo Lye, Swift Athletes Associati

Lane	Comp#	Name	Age	Team	Seed Time
Section 1 of 1 Timed Finals					
1	71	Louis, Marc Brian	17	ITE	NT
2	27	Adrian, Tan	44	EC	NT
3	270	Augustino, Chinnapan	41	PSRC	NT
4	137	Lee, Weijie Samuel	20	NYP	NT
5	173	Quek, Calvin	23	NTU	NT
6	258	Lim, Wei Jie	19	NP	NT
7	230	Tan Jin Neng, Clarence	22	NUS	NT
8	226	Sunaga, Ryuto	22	NUS	NT

Event 220 Women 400 Meter Hurdles (0.762m) Open

Sunday 30/6/2019 - 4:55 PM

CR: 1:05.65 2015

Goh Chui Ling, National University of S

Lane	Comp#	Name	Age	Team	Seed Time
Section 1 of 1 Timed Finals					
1	328	Kang, Pei Ling	22	SIM	NT
2	110	Lum, Kar Ying, Renee	19	NYP	NT
3	114	Noor, Fatehah Binte Mustaf	18	NYP	NT
4	244	Seet, Joanna	19	NP	NT
5	187	Goh Jia Rui, Celeste	20	NUS	NT
6	246	Sim, Emilyn	18	NP	NT
7	489	Sim, Jia Ying	22	SUSS	NT

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Event 221 Men 3000 Meter Steeplechase (0.914m) Open

Sunday 30/6/2019 - 5:15 PM

CR: 9:32.00 1994 Birch

Lane	Comp#	Name	Age	Team	Seed Time
Section 1 of 1 Timed Finals					
1	469	Tan, Chong Qi	21	WAC	NT
2	324	Wen Han, ER	19	SAFS	10:45.00
3	207	Cheng Wang Tak, Daniel	22	NUS	NT
4	87	Mohd, Hassanuddin	17	JSA	NT
5	138	Mani, Manoj	19	NYP	NT
6	334	Nabin, Parajuli	26	SIM	NT
7	219	Qhek, Jonathan	24	NUS	NT
8	464	Mohd, Ajmil	25	WAC	10:55.00
9	414	Kenny, Chua Wen Bin	20	SWIF	10:50.40
10	141	Matthew, Hsu	18	NYP	NT
11	379	Joshua, Yoong	18	SP	NT
12	375	August, Lim	19	SP	NT
13	296	Lim, Brandon	19	RP	NT
14	355	Lim, Jia De	23	SMU	NT
15	297	Lim, Jensen	19	RP	NT
16	326	Yiyang, Fang	19	SAFS	10:40.00
17	364	Velautham, Mathimaran	38	SMA	NT

Event 222 Women 3000 Meter Steeplechase (0.762m) Open

Sunday 30/6/2019 - 5:35 PM

CR: 12:16.13 2015 Cheryl Chan, Wings Athletic Club

Lane	Comp#	Name	Age	Team	Seed Time
Section 1 of 1 Timed Finals					
1	119	Shantel, Chua Yi Xuan	19	NYP	NT
2	279	Liew, Zhi Shan	19	RP	NT
3	182	Ang Wan Qi, Sara	22	NUS	NT

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Event 223 Women 4x400 Meter Relay Open

Sunday 30/6/2019 - 6:00 PM

CR: 4:02.00 1974 Flash Athletic Club

Lane	Comp#	Team	Relay	Seed Time
Section 1 of 1 Timed Finals				
1		Singapore Management Universit	A	NT
	1) #340 Ong, Kerstin 22	2) #342 Ravi, Dharani 20	3) #337 Chia, Britney 20	4) #343 Seet, Xiu Li 20
2		Nanyang Technological Universi	A	NT
	1) #156 Ng, Grace 27	2) #155 Manimaran, Sonali 23	3) #159 Wu, Yu Han 22	4) #160 Yong, Valerie 24
	5) #154 Low, Nicole 21			
3		Sim	A	NT
	1) #328 Kang, Pei Ling 22	2) #330 Michelle, Ng 25	3) #327 Gek, Jie Min 22	4) #329 L., Kannamma 21
4		National Univeristy of Singapo	A	NT
	1) #187 Goh Jia Rui, Celeste 20	2) #198 Ong, Jia Ling 23	3) #181 Ang Hui'En, Gladys 20	4) #194 Lin Yuxin, Kathleen 22
	5) #193 Lin, Shiwen 20	6) #190 Lee, Vanessa 21		
5		Erovra Club	A	NT
	1) #25 Sahnaz, Begum 20	2) #24 Nicole, Chew 17	3) #22 Kymberly, Ying Ping, Tong 20	4) #26 Steffi, Kai Lin, Gan 20
	5) #21 Kathya, Kodikara 17			
6		Ngee Ann Polytechnic	A	NT
	1) #240 Kuppusamy, Darshini 20	2) #244 Seet, Joanna 19	3) #234 Chow, Celeste 18	4) #246 Sim, Emilyn 18
7		Nanyang Polytechnic	A	NT
	1) #114 Noor, Fatehah Binte Mustaf 12	2) #100 Ang, Jia Yin 18	3) #110 Lum, Kar Ying, Renee 19	4) #117 Rebecca, Tay 18
	5) #120 Sofia, Binti Irwan Haerman 1			
8		Republic Polytechnic	A	NT
	1) #280 Lo, Robyn 19	2) #273 Chan, Aye 21	3) #272 Calinao, Mariz 19	4) #277 Law, Shaina 18

Event 224 Men 4x400 Meter Relay Open

Sunday 30/6/2019 - 6:10 PM

CR: 3:19.40 1975 Flash Athletic Club

Lane	Comp#	Team	Relay	Seed Time
Section 1 of 2 Timed Finals				
2		Nanyang Polytechnic	A	NT
	1) #145 Russell, Hari Chandra 20	2) #130 Ian, Matthew Ngui 18	3) #148 Toh, Beam, Isaac 19	4) #137 Lee, Weijie Samuel 20
	5) #124 Adam, bin Abu Bakar 19	6) #143 Ong, Ren Hong 17		
3		JS Athletics	A	NT
	1) #82 Chew, Julian 17	2) #83 Devaraj, S. 17	3) #85 Kang Tai, Tham 17	4) #88 Ramachandran, Sharad 17
	5) #86 Lim, Anderton 17			
4		Sky Athletics Club	A	NT
	1) #402 sunarno, herwandy 17	2) #396 Goh, Audie 18	3) #395 FU, Yiu Kwong 18	4) #401 Ong, Jerald 19
5		Singapore Management Universit	A	NT
	1) #347 Chong, Eugene 25	2) #362 Wang, Jerrel 23	3) #350 Dai, Nan Tian 23	4) #355 Lim, Jia De 23
	5) #353 Izzudin, Ariff 23			
6		Republic Polytechnic	A	NT
	1) #308 Tan, Daryl 18	2) #309 Tan, Derrick 22	3) #303 Ng, Lionel 19	4) #294 Lesmana, William 18
7		Swift Athletes Association	A	NT
	1) #412 Fayiz, Mohamed Haja 30	2) #413 Kai Juin, Adam Zachary Lee 30	3) #420 Wei, Lim Kai 17	4) #419 Subash, Kisen 21
	5) #417 Ng, Bao Qiang 24	6) #415 Mathieu, Poirel 17		

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019**Home Of Athletics
Meet Program - Day 2****Section 2 of 2 Timed Finals...(Event 224 Men 4x400 Meter Relay Open)**

2	Wings Athletic Club	A	NT
	1) #450 Chua, Joshua 19	2) #453 Khoo, Kenneth 37	
3	Nanyang Technological Universi	A	NT
	1) #173 Quek, Calvin 23	2) #178 Tien, Darren 23	3) #180 Yap, Wayne 24
			4) #174 T., Haarishankar 25
4	National Univeristy of Singapo	A	NT
	1) #214 Koh, Wei Shien 24	2) #204 Chan Wen Jie, Justin 23	3) #220 Ryan Devaraj, Zachary 25
	5) #225 Sing, Hui 22	6) #221 See Lun Enn, Desmond 27	4) #212 Kam I-Zheng, Russell 22
5	Ngee Ann Polytechnic	A	NT
	1) #259 Low, Russell 18	2) #265 T, Mohamed Ashraf 19	3) #266 Teo, Ervin 18
	5) #253 Koh, Jeremy 21	6) #260 Mohd Shariff, Abdul Razak 2	4) #258 Lim, Wei Jie 19
6	Flash Athletics Club	A	NT
	1) #45 Januri, Ariff 25	2) #47 Lin, Tim Weng Dexter 20	3) #53 Soh, Rui Yong 28
			4) #39 Andrew, Jonathan 19
7	Trackstar Athletics	A	NT
	1) #432 Krishna, hariharan 21	2) #435 Suresh, Kiranraj 19	3) #431 Chua, Jayson 19
			4) #433 Lim, Jerrell 18

Event 225 Men 10000 Meter Run Open

Sunday 30/6/2019 - 6:20 PM

CR: 33:19.06 2017

Nimesh,Gurung, PSA

Lane	Comp#	Name	Age	Team	Seed Time
Section 1 of 1 Timed Finals					
1	269	Subas, Gurung	22	PSA	NT
2	69	Javin Tay, Tay	20	ITE	NT
3	307	Sivangananam, Jonathan	21	RP	NT
4	232	Toh, Wen Sheng	23	NUS	NT
5	385	Surya, Selvam Jeya	17	SP	NT
6	320	Kathiravan, S/O Ganesan	21	SAFS	38:00.00
7	53	Soh, Rui Yong	28	FAC	NT
8	267	Nimesh, Gurung	31	PSA	NT
9	298	Lim, Kuan Rong	18	RP	NT
10	349	Chung, Yu Hin	24	SMU	NT
11	97	Raj, Karthik	37	MCA	47:35.00
12	205	Chan Yee Chong, Philip	25	NUS	NT
13	451	He, Burton	29	WAC	35:27.00
14	164	Chong, Chian Yong	23	NTU	NT
15	135	Keane, Ko Wen Qiang	19	NYP	NT
16	134	Kassim, Kwok Ho Hey	18	NYP	NT
17	458	Lee, Aaron	22	WAC	NT
18	357	Ng, Melvin	25	SMU	NT
19	490	Tan, Jackson	29	SUSS	NT
20	494	Rajkumar, Vicknesh	27	SUSS	NT

51st SA Inter Club Championships 2019 - 29/6/2019 to 30/6/2019**Home Of Athletics
Meet Program - Day 2****Event 226 Mixed 4x100 Meter Relay Open****Sunday 30/6/2019 - 7:15 PM**

Lane	Comp#	Team	Relay	Seed Time
Section 1 of 2 Timed Finals				
1		Republic Polytechnic	A	NT
2		Club Zoom	A	NT
	1) #16 Zuhayr, Mohamed Idris 22	2) #9 Koh, Casey Chester 21	3) #2 Attan, Carine 37	4) #7 Xu, Weixin 34
	5) #8 Yeo, Shi Hui 19	6) #3 Johari, Zarina 46		
3		National Univeristy of Singapo	A	NT
	1) #206 Cheah Jun Xian, Terence 25	2) #221 See Lun Enn, Desmond 27	3) #196 Lua, Yun Hui 20	4) #181 Ang Hui'En, Gladys 20
4		Sim	A	NT
	1) #328 Kang, Pei Ling 22	2) #331 Tan, Sui Xin 24	3) #333 Justin, Poon 23	4) #335 Seetoh, Kian Wai 23
5		Wings Athletic Club	A	NT
	1) #468 Tameeris, David 19	2) #453 Khoo, Kenneth 37		
6		Erovra Club	A	NT
	1) #28 Jun Wen, Yap 17	2) #25 Sahnaz, Begum 20	3) #24 Nicole, Chew 17	4) #27 Adrian, Tan 44
	5) #21 Kathya, Kodikara 17	6) #29 Kok Leong, Lee 48		
7		Nanyang Technological Universi	A	NT
	1) #161 Amri, Khairyll 26	2) #153 Jansen, Brenda 20	3) #176 Tan, David 23	4) #157 Tan, Clenyce 20
Section 2 of 2 Timed Finals				
2		Singapore	A	NT
3		Singapore	B	NT
4		Singapore	C	NT