

2019 SAA Series + School Meet Episode
COMPETITION FORMAT

Event (FIELD)	Category	Competition Format	Remarks	Qualifying Mark*
Shot Put				
Shot Put (3kg)	Girls C Div	3 + 3 trials	All Measured**	7.00m
Shot Put (3kg)	Girls B Div	3 + 3 trials	All Measured**	8.00m
Shot Put (4kg)	Girls A Div	3 + 3 trials	All Measured**	8.00m
Shot Put (4kg)	Boys C Div	2 + 2 trials	All Measured**	8.00m
Shot Put (5kg)	Boys B Div	3 + 3 trials	All Measured**	10.00m
Shot Put (5kg)	Boys A Div	3 + 3 trials	All Measured**	10.00m
Shot Put (4kg)	Women Open	3 + 3 trials	All Measured**	8.00m
Shot Put (7.26kg)	Men Open	3 + 3 trials	All Measured**	10.00m
Long Jump				
Long Jump	Girls C Div	2 + 2 trials	All Measured**	4.00m
Long Jump	Boys C Div	2 + 2 trials	All Measured**	4.80m
Long Jump	Girls B Div	2 + 2 trials	All Measured**	4.30m
Long Jump	Boys B Div	2 + 2 trials	All Measured**	5.40m
Long Jump	Girls A Div	2 + 2 trials	All Measured**	4.50m
Long Jump	Boys A Div	2 + 2 trials	All Measured**	5.60m
Long Jump	Women Open	3 + 3 trials	All Measured**	4.50m
Long Jump	Men Open	3 + 3 trials	All Measured**	5.60m
Javelin				
Javelin (500g)	Girls C Div	3 + 3 trials	All Measured**	16.00m
Javelin (600g)	Boys C Div	3 + 3 trials	All Measured**	25.00m
Javelin (500g)	Girls B Div	3 + 3 trials	All Measured**	20.00m
Javelin (700g)	Boys B Div	3 + 3 trials	All Measured**	30.00m
Javelin (600g)	Girls A Div	3 + 3 trials	All Measured**	22.00m
Javelin (700g)	Boys A Div	3 + 3 trials	All Measured**	35.00m
Javelin (600g)	Women Open	3 + 3 trials	All Measured**	22.00m
Javelin (800g)	Men Open	3 + 3 trials	All Measured**	35.00m
High Jump				
High Jump	Girls C Div	elimination after 3 consecutive failures	1.25m + 5cm, till 3 participants + 3cm, till 2 participants + 2cm and thereafter	Practice Height: 1.25m & 1.35m
High Jump	Boys C Div	elimination after 3 consecutive failures	1.40m + 5cm, till 3 participants + 3cm, till 2 participants + 2cm and thereafter	Practice Height: 1.40m & 1.60m
High Jump	Girls B, A Div & Open	elimination after 3 consecutive failures	1.30m + 5cm, till 3 participants + 3cm, till 2 participants + 2cm and thereafter	Practice Height: 1.30m & 1.50m
High Jump	Boys B, A Div & Open	elimination after 3 consecutive failures	1.65m + 5cm, till 3 participants + 3cm, till 2 participants + 2cm and thereafter	Practice Height: 1.65m, 1.80m & 2.00m
Hammer				
Hammer (3kg)	Girls C Div	3 + 3 trials	All Measured**	20.00m
Hammer (3kg)	Girls B Div	3 + 3 trials	All Measured**	20.00m
Hammer (4kg)	Girls A Div	3 + 3 trials	All Measured**	20.00m
Hammer (4kg)	Boys C Div	3 + 3 trials	All Measured**	25.00m
Hammer (5kg)	Boys B Div	3 + 3 trials	All Measured**	28.00m
Hammer (5kg)	Boys A Div	3 + 3 trials	All Measured**	30.00m
Hammer (4kg)	Women Open	3 + 3 trials	All Measured**	20.00m
Hammer (7.26kg)	Men Open	3 + 3 trials	All Measured**	30.00m
Triple Jump				
Triple Jump	Girls C Div	3 + 3 trials	7m & 8m Board, All Measured**	8.00m
Triple Jump	Boys C Div	3 + 3 trials	9m & 10m Board, All Measured**	9.00m
Triple Jump	Girls B Div	3 + 3 trials	8m & 9m Board, All Measured**	9.00m
Triple Jump	Boys B Div	2 + 2 trials	10m & 11m Board, All Measured**	10.00m
Triple Jump	Girls A Div/ Open	3 + 3 trials	8m & 9m Board, All Measured**	9.00m
Triple Jump	Boys A Div/ Open	3 + 3 trials	10m & 11m Board, All Measured**	10.00m
Discus				
Discus (1kg)	Girls C Div	3 + 3 trials	All Measured**	17.00m
Discus (1kg)	Boys C Div	3 + 3 trials	All Measured**	23.00m
Discus (1kg)	Girls B Div	3 + 3 trials	All Measured**	20.00m
Discus (1kg)	Girls A Div	3 + 3 trials	All Measured**	24.00m
Discus (1.5kg)	Boys B Div	2 + 2 trials	All Measured**	26.00m
Discus (1.5kg)	Boys A Div	3 + 3 trials	All Measured**	26.00m
Discus (1kg)	Women Open	3 + 3 trials	All Measured**	24.00m
Discus (2kg)	Men Open	3 + 3 trials	All Measured**	26.00m
Pole Vault				
Pole Vault	Girls Open Div	elimination after 3 consecutive failures	2.00m + 20cm, till 3 participants + 10cm, till 2 participants + 5cm and thereafter	Practice Height: 2.00m & 2.60m
Pole Vault	Boys C Div	elimination after 3 consecutive failures	2.00m + 20cm, till 3 participants + 10cm, till 2 participants + 5cm and thereafter	Practice Height: 2.00m & 2.80m
Pole Vault	Boys B Div	elimination after 3 consecutive failures	2.60m + 20cm, till 3 participants + 10cm, till 2 participants + 5cm and thereafter	Practice Height: 2.60m & 3.40m
Pole Vault	Boys A Div/ Open & Women Open	elimination after 3 consecutive failures	3.00m + 20cm, till 3 participants + 10cm, till 2 participants + 5cm and thereafter	Practice Height: 3.00m, 3.60m & 4.20m

* Please note that for field events (except vertical jumps) if 8 entries or less is received based on start list, all participants will have 6 trials.

** If an event have 13 participants or more when start list is published, qualify mark will be implement. Trial did not cross the mark will not be measure.

C Div = 13 & 14 Years Old

B Div = 15 - 17 Years old

A Div = 17 - 19 Years old