

68th SA CROSS COUNTRY CHAMPIONSHIPS 2019

Saturday, 23 March 2019
0700 hrs, Bedok Reservoir Park

PROGRAMME(Tentative)

TIME	EVENT
	START
0700 hrs	Reporting and Collection of No Tags
0745 hrs	Reporting and Collection of No Tags close
0800 hrs	Girls U15, (5.0 km) Girls U18 (5.0 km)
0835 hrs	Women Open, (5.0 km) Women U20, (5.0 km) Women Master (5.0 km)
0905 hrs	Boys U15, (5.0 km) Boys U18 (5.0 km)
0925 hrs	Men U20, (5.0 km) Men Master (5.0 km) Men Open, (5.0 km)
1020 hrs	Prize Presentation
END	