



**SINGAPORE ATHLETIC ASSOCIATION
Calendar of Events 2019**

Updated 9 Apr 2019

JANUARY		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Tue	1				
Thu	3		PSA Track & Field Championships 2019 3, 4, 7 & 9 Jan (Home Team Academy)		
Fri	4				
Sat	5	SA Schools Meet Episode 1 5 & 6 Jan (HOA, 8am)			SA T & F Officiating Course (5, 6, 11 and 18 Jan)
Sun	6				
Mon	7				
Wed	9				
Fri	11				
Sat	12	7th SA Age Racewalk 2019 12 Jan (HOA, 8am)	IVP Track & Field 2019 12, 16 & 19 Jan (HOA, 2pm),		
Sun	13	SA Schools Meet Episode 2 Day 1, 13 Jan (HOA, 8am)			
Wed	16				
Sat	19	SA Series 1 (Day 1, 19 Jan AM only) HOA (Open Cat, selected event)		AKIRA / SWIFT Tan Soo Liat Memorail Road Relay Age Group Championships 2019 (Reservoir Vista, Bedok Reservoir Park, 2pm)	
Sun	20	SA Schools Meet Episode 2 (Day 2, 20 Jan) (HOA, 8am)			
Fri	25				
Sat	26	SA U13 T & F Championships 2019 26 Jan (HOA, 8.30am)			
Sun	27	SA Series 1 Day 2, 27 Jan (HOA, 8.30am)			

New Year's Day - 1 Jan

School Term 1: 2 January to 15 March



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FEBRUARY		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Sat	2	SA Series 1 Day 3, 2 Feb (HOA, 8am)	AKIRA / SWIFT Goh Teck Phuan Memorial Age Group Cross Country Championships 2019 2 Feb (Reservoir Vista Bedok Reservoir Park, 2pm)		
Sun	3				Race Walk Course (3 Feb) 9am - 1pm
Tue	5				
Wed	6				
Sun	10				
Sat	16	SA Series 2 and Schools Episode 3 16 & 17 Feb (HOA, 8am)			
Sun	17	20km Selection Trial for Japan's Normi Racewalking Championship 2019 17 Feb (100Plus Promenade, 8am)			
Sat	23		Wings Annual Cross Country Championship 2019 23 Feb (Bedok Reservoir Park),		
Sun	24		SAA X SSP Primary School Invitational Meet 23 Feb SSP, 8am SPH Schools Relay 23 & 24 Feb (HOA, 2pm)		
Mon	25		SAFSA Track & Field Meet 25 & 26 Feb		
Tue	26		(Paya Lebar Airbase)		

Chinese New Year - 5 and 6 Feb



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MARCH		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar	
Sat	2			South East Asia Youth Athletics Championships 2 & 3 Mar (Iligan City, Philippines),		
Sun	3		Singapore Masters Athletics X Country/Run/Walk/Relay 3 March (MacRitchie Reservoir, 8am)			
Mon	4		60th National Inter Schools Track & Field Championships 2019 (8, 11 - 15, 25 - 26 March) Chao Chu Kang Stadium (Final Day on 29 March @ SHPL)			
Sat	9					
Sun	10					
Fri	15				3rd Asian Youth Athletics Championship 2019 15 - 17 Mar (Hong Kong), Asian 20KM Walking Championship 2019 17 Mar (Nomi, Japan)	
Sat	16					
Sun	17					
Fri	22					
Sat	23	68th SA Cross Country Championship 2019 23 March (Bedok Reservoir, 7.30am)				
Thu	28	81st Singapore Open Track & Field Championships 2019 & National Schools Final				
Fri	29	28 & 29 Mar (Sportshub & HOA, 8am)				

School Vacation: 18 March to 22 March
School Term 2: 25 March to 31 May



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APRIL		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Sun	7				
Mon	8				
Wed	10		60th National Inter Schools Cross Country Championships 2019 @TBC		
Fri	19				
Sat	20	National Junoir Championship (Invitational) U16, U18, U20 20 & 21 April (HOA, 12pm)		23rd Asian Athletics Championship 2019 21-24 Apr (Doha, Qatar)	
Sun	21				
Mon	22				
Tue	23				
Wed	24				

Good Friday - 19 April



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MAY		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Wed	1			China & Japan Circuit May - Jul (TBC)	
Fri	3				
Sat	4	40th Singapore Open Masters Track & Field Championships 2019 3 May (Bukit Gombak Stadium, 7am)	Singapore Masters Athletics 1st South East Asia Track & Field Meet 4 May (Toa Payoh Stadium)	Thailand Open (18 May) Philippines Open (TBC)	
Sun	5		Singapore Masters Athletics 1st International All Comers Meet 5 May (Toa Payoh Stadium)		
Sun	12			China & Japan Circuit	
Sun	19			May - Jul	
Sat	25			Taiwan Open (TBC)	
Sun	26				

Labour Day - 1 May

Vesak Day - 19 May

School Vacation: 1 June to 30 June



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JUNE		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Wed	5				
Fri	7	Kids Athletics 7 Jun, 3pm 8 Jun, 8am (HOA)			
Sat	8				
Sun	9				
Sat	15			Korean Open (TBC)	
Sun	16		Singapore Masters Athletics Asia Masters Athletics Road Run & Relay 16 June (Civic District)		
Sat	22			HK Inter Velocity T & F C'ships 2019 (TBC) Malaysia Open (TBC)	
Sun	23				
Sat	29	51st SA Inter Club Championships (HOA, 2pm)		China & Japan Circuit May - Jul (TBC)	
Sun	30				

Hari Raya Puasa - 5 Jun

School Term 3: 1 July to 6 September



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JULY		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Wed	3			LAWA Meet SSSC - LAWA - MSSM 3 & 4 Jul (Pahang)	
Thu	4				
Fri	5			Indonesia Open (TBC)	
Sat	6		SMTFA International Masters Championship 2019 (HOA, 7am)		
Sun	7				
Sat	13				
Sun	14				
Sat	20		Singapore Youth Olympic Festival Athletics 20 and 21 July (TBC, 12pm)	Vietnam Open (TBC)	
Sun	21		Singapore Masters Athletics 2nd International All Comers Meet 21 July (Toa Payoh Stadium/ Kallang Practice Track)		
Sat	27		PESTA SUKAN 27 & 28 July 3 & 4 Aug (TBC)	China & Japan Circuit May - Jul (TBC)	
Sun	28		AKIRA / SWIFT 66th Annual Track and Field Championships 2019 (TBC)		



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AUGUST		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Sat	3		PESTA SUKAN 27 & 28 July 3 & 4 Aug (TBC)		
Sun	4				
Fri	9				
Sun	11				
Sat	17		6th Club Zoom Kindred Spirit (Bishan Stadium)		

National Day - 9 August

Hari Raya Haji - 11 August



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SEPTEMBER		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Sun	22		Singapore Masters Athletics 3rd International All Comers Meet 21 July (Toa Payoh Stadium/ Kallang Practice Track)		

School Vacation: 7 September to 15 September
School Term 4: 16 September to 15 November



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OCTOBER		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Sun	20		Singapore Masters Athletics X Country / Walk / Relay (Bedok Reservoir, 8am)		
Sun	27				

Deepavali - 27 Oct



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NOVEMBER		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Sat	2	SA Track & Field Series 3 2 & 3 Nov (HOA, 8am)			
Sun	3				
Thu	7	Kids Athletics 7 & 8 Nov (HOA)			
Fri	8				
Sat	9		1st Club Zoom Mile Challenge (TBC)		
Sat	16		POL-ITE Track and Field (TBC)		
Sun	17	Timed Trial 17 Nov (HOA, TBC)			
Wed	20				
Sat	23				
Sat	30			SEA GAMES 2019 30 Nov - 10 Dec (TBC)	

School Vacation: 16 November to 31 December



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DECEMBER		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Sun	1		Standard Chartered Singapore Marathon 2019	SEA GAMES 2019 30 Nov - 10 Dec (TBC)	
Tues	10				
Wed	25				