



# SINGAPORE ATHLETIC ASSOCIATION

## Calendar of Events 2019

Updated 7 Aug 2019

JANUARY		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar	
Tue	1					
Thu	3		PSA Track & Field Championships 2019 3, 4, 7 & 9 Jan (Home Team Academy)			
Fri	4					
Sat	5	SA Schools Meet Episode 1 <b>5 &amp; 6 Jan</b> (HOA, 8am)			SA T & F Officiating Course (5, 6, 11 and 18 Jan)	
Sun	6					
Mon	7					
Wed	9					
Fri	11					
Sat	12	7th SA Age Racewalk 2019 <b>12 Jan</b> (HOA, 8am)	IVP Track & Field 2019 <b>12, 16 &amp; 19 Jan</b> (HOA, 2pm),			
Sun	13	SA Schools Meet Episode 2 <b>Day 1, 13 Jan</b> (HOA, 8am)				
Wed	16					
Sat	19	SA Series 1 <b>(Day 1, 19 Jan AM only)</b> HOA (Open Cat, selected event)		AKIRA / SWIFT Tan Soo Liat Memorail Road Relay Age Group Championships 2019 (Reservoir Vista, Bedok Reservoir Park, 2pm)		
Sun	20	SA Schools Meet Episode 2 <b>(Day 2, 20 Jan)</b> (HOA, 8am)				
Fri	25					
Sat	26	SA U13 T & F Championships 2019 <b>26 Jan</b> (HOA, 8.30am)				
Sun	27	SA Series 1 <b>Day 2, 27 Jan</b> (HOA, 8.30am)				

New Year's Day - 1 Jan

School Term 1: 2 January to 15 March

FEBRUARY		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Sat	2	SA Series 1 <b>Day 3, 2 Feb</b> (HOA, 8am)	AKIRA / SWIFT Goh Teck Phuan Memorial Age Group Cross Country Championships 2019 2 Feb (Reservoir Vista Bedok Reservoir Park, 2pm)		
Sun	3				Race Walk Course (3 Feb) 9am - 1pm
Tue	5				
Wed	6				
Sun	10				
Sat	16	SA Series 2 and Schools Episode 3 <b>16 &amp; 17 Feb</b> (HOA, 8am)			
Sun	17	20km Selection Trial for Japan's Normi Racewalking Championship 2019 <b>17 Feb</b> (100Plus Promenade, 8am)			
Sat	23		Wings Annual Cross Country Championship 2019 <b>23 Feb</b> (Bedok Reservoir Park),		
Sun	24		SAA X SSP Primary School Invitational Meet <b>23 Feb</b> SSP, 8am  SPH Schools Relay <b>23 &amp; 24 Feb</b> (HOA, 8am)		
Mon	25		SAFSA Track & Field Meet <b>25 &amp; 26 Feb</b> (Paya Lebar Airbase)		
Tue	26				



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Chinese New Year - 5 and 6 Feb



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MARCH		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Sat	2			South East Asia Youth Athletics Championships 2 & 3 Mar (Ilagan City, Philippines).	
Sun	3		Singapore Masters Athletics X Country/Run/Walk/Relay 3 March (MacRitchie Reservoir, 8am)		
Mon	4		60th National Inter Schools Track & Field Championships 2019 (8, 11 - 15, 25 - 26 March) Chao Chu Kang Stadium (Final Day on 29 March @ SHPL)	3rd Asian Youth Athletics Championship 2019 15 - 17 Mar (Hong Kong), Asian 20KM Walking Championship 2019 17 Mar (Nomi, Japan)	
Sat	9				
Sun	10				
Fri	15				
Sat	16				
Sun	17				
Fri	22				
Sat	23	68th SA Cross Country Championship 2019 23 March (Bedok Reservoir, 7.30am)			
Thu	28	81st Singapore Open Track & Field Championships 2019 & National Schools Final 28 & 29 Mar (Sportshub & HOA, 8am)			
Fri	29				

School Vacation: 18 March to 22 March  
School Term 2: 25 March to 31 May

APRIL		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Sun	7				
Mon	8				
Wed	10		60th National Inter Schools Cross Country Championships 2019 @TBC		
Fri	19				
Sat	20	National Junoir Championship (Invitational) U16, U18, U20 20 & 21 April (HOA, 12pm)		23rd Asian Athletics Championship 2019 21-24 Apr (Doha, Qatar)	
Sun	21				
Mon	22				
Tue	23				
Wed	24				

Good Friday - 19 April

MAY		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Wed	1			China & Japan Circuit May - Jul (TBC)	
Fri	3				
Sat	4	40th Singapore Open Masters Track & Field Championships 2019 3 May (Bukit Gombak Stadium, 7am)	Singapore Masters Athletics 1st South East Asia Track & Field Meet 4 May (Toa Payoh Stadium)	Thailand Open (18 May) Philippines Open (TBC)	
Sun	5		Singapore Masters Athletics 1st International All Comers Meet 5 May (Toa Payoh Stadium)		
Sun	12			China & Japan Circuit	
Sun	19			May - Jul	
Sat	25			Taiwan Open (TBC)	
Sun	26				

Labour Day - 1 May

Vesak Day - 19 May

School Vacation: 1 June to 30 June



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JUNE		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Wed	5				
Fri	7				
Sat	8				
Sun	9				
Sat	15				
Sun	16		Singapore Masters Athletics Asia Masters Athletics Road Run & Relay 16 June (Civic District)	Korean Open (TBC)	
Sat	22			HK Inter Velocity T & F C'ships 2019 (TBC)	
Sun	23			Malaysia Open (TBC)	
Sat	29	51st SA Inter Club Championships (HOA, 2pm)		China & Japan Circuit May - Jul (TBC)	
Sun	30				

Hari Raya Puasa - 5 Jun

School Term 3: 1 July to 6 September

JULY		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Wed	3			LAWA Meet SSSC - LAWA - MSSM 3 & 4 Jul (Pahang)	
Thu	4				
Fri	5			Indonesia Open (TBC)	
Sat	6		SMTFA International Championship 2019 (HOA, 7am)		
Sun	7				
Sat	13				
Sun	14				
Sun	21		Singapore Masters Athletics 2nd International All Comers Meet 21 July (Toa Payoh Stadium/ Kallang Practice Track)		
Sat	27		PESTA SUKAN 27 & 28 July 3 & 4 Aug (Kallang Practise Track)	China & Japan Circuit May - Jul (TBC)	
Sun	28		AKIRA / SWIFT 66th Annual Track and Field Championships 2019 (TBC)		

AUGUST		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Sat	3		PESTA SUKAN 27 & 28 July 3 & 4 Aug (Kallang Practise Track)		
Sun	4				
Fri	9				
Sun	11				
Fri	16		6th Club Zoom Kindred Spirit 16 Aug - HOA (2pm - 7pm)		
Sat	17		17 Aug - CCK stadium (8am - 7pm)		

National Day - 9 August

Hari Raya Haji - 11 August



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SEPTEMBER		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Sun	22		Singapore Masters Athletics 3rd International All Corners Meet 21 July (Toa Payoh Stadium/ Kallang Practice Track)		

School Vacation: 7 September to 15 September  
School Term 4: 16 September to 15 November

OCTOBER		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Sun	20		Singapore Masters Athletics X Country / Walk / Relay (Bedok Reservoir, 8am)		
Sun	27				

Deepavali - 27 Oct

NOVEMBER		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Fri	1	2019 SEAG ATHLETICS FESTIVAL (SPRINTS) U14, U16,U18,U20 AND SENIORS (1800HRS, HOA)			
Sat	2	2019 SEAG ATHLETICS FESTIVAL (SPRINTS) MASTERS (AM) KIDS (U6 - U12, PM) ( HOA)			
Sun	3	2019 SEAG ATHLETICS FESTIVAL (HURDLES) KIDS (U6 - U12, AM) MASTERS, U14 - U20 & Seniors (PM) ( HOA)			
Sat	9		Polite Meet 9, 13 and 16 Nov CCK stadium		
Sun	10	2019 SEAG ATHLETICS FESTIVAL (JUMPS) KIDS (U6 - U12, AM) U14 - U20 & Seniors (PM) MASTERS (EVENING) ( HOA)			
Sat	16				
Sun	17	2019 SEAG ATHLETICS FESTIVAL (THROWS) KIDS (U6 - U12, AM) U14 - U20 & Seniors (PM) MASTERS (EVENING) ( HOA)			
Wed	20				
Fri	22	2019 SEAG ATHLETICS FESTIVAL (COMBINE EVENTS) KIDS (U6 - U12, EVENING) Run, Jump and Throw (4PM, HOA)			
Sat	23	2019 SEAG ATHLETICS FESTIVAL (COMBINE EVENTS) U14 - U20 and Seniors Pentathlon (AM) Masters (Run, Jump and Throws, PM) Masters Relay, Evening (HOA)			
Sun	24	2019 SEAG ATHLETICS FESTIVAL (RELAYS) KIDS (U6 - U12, PM) U14 - U20 and Seniors, Evening) (HOA)			
Sat	30			SEA GAMES 2019 30 Nov - 10 Dec (TBC)	

School Vacation: 16 November to 31 December

DECEMBER		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Sun	1		Standard Chartered Singapore Marathon 2019	SEA GAMES 2019 30 Nov - 10 Dec (TBC)	
Tues	10				
Wed	25				

Christmas Day - 25 December