

**50th SA Inter Club Championships 2018 - 20/10/2018 to 21/10/2018****Home Of Athletics****Team Rankings - Through Event 225****Combined Team Scores**

<b>Place</b>	<b>Team</b>		<b>Points</b>
1	National University of Singapo	NUS	362
2	Nanyang Technology of Universi	NTU	169
3	Nanyang Polytechnic	NYP	158
4	Flash Athletics Clubs	FAC	149
5	Wings Athletic Club	WAC	129
6	Ngee Ann Polytechnic	NP	126
7	Singapore Management Universit	SMU	120
8	Swift Athletes Asscoiation	SWIF	103
9	Singapore Polytechnic	SP	63.50
10	Republic Polytechnic	RP	63
11	Singapore Institute of Managem	SIM	47
12	Temasek Polytechnic	TP	36.50
13	Club Zoom	ZOOM	27
14	Police Sports Association	PSA	19
15	Safsa	SAFS	18
16	MacRitchie Runner 25	MR25	7
			<hr/>
<b>Total</b>			<b>1,597.00</b>

**50th SA Inter Club Championships 2018 - 20/10/2018 to 21/10/2018****Home Of Athletics****Team Rankings - Through Event 225****Female Team Scores**

<b>Place</b>	<b>Team</b>		<b>Points</b>
1	National University of Singapo	NUS	181
2	Ngee Ann Polytechnic	NP	91.50
3	Singapore Management Universit	SMU	89
4	Swift Athletes Asscoiation	SWIF	70
5	Nanyang Polytechnic	NYP	69
6	Nanyang Technology of Universi	NTU	63
7	Flash Athletics Clubs	FAC	50
8	Republic Polytechnic	RP	47
9	Singapore Polytechnic	SP	34.50
10	Wings Athletic Club	WAC	23
11	Temasek Polytechnic	TP	21
12	Club Zoom	ZOOM	18
13	Singapore Institute of Managem	SIM	16
			<hr/>
		<b>Total</b>	<b>773.00</b>

**50th SA Inter Club Championships 2018 - 20/10/2018 to 21/10/2018****Home Of Athletics****Team Rankings - Through Event 225****Male Team Scores**

<b>Place</b>	<b>Team</b>		<b>Points</b>
1	National University of Singapo	NUS	181
2	Nanyang Technology of Universi	NTU	106
2	Wings Athletic Club	WAC	106
4	Flash Athletics Clubs	FAC	99
5	Nanyang Polytechnic	NYP	89
6	Ngee Ann Polytechnic	NP	34.50
7	Swift Athletes Asscoiation	SWIF	33
8	Singapore Institute of Managem	SIM	31
8	Singapore Management Universit	SMU	31
10	Singapore Polytechnic	SP	29
11	Police Sports Association	PSA	19
12	Safsa	SAFS	18
13	Republic Polytechnic	RP	16
14	Temasek Polytechnic	TP	15.50
15	Club Zoom	ZOOM	9
16	MacRitchie Runner 25	MR25	7
			<hr/>
<b>Total</b>			<b>824.00</b>

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## Results

## Event 101 Men Triple Jump Open

=====									
CR: 15.27m 2015 Lai Yong Hui, Nanyang Technological Un									
Name	Age	Team	Seed	Finals	Wind	Points			
=====									
Finals									
1 #	266	Chan, Zhe Ying	22	NUS	14.45m	3.9	9		
		14.34m(1.7)	14.30m(2.4)	14.45m(3.9)	14.11m(1.5)	-	14.16m(2.3)		
2 #	295	Zhao, Joseph John	20	NUS	14.42m	0.8	7		
		13.67m(0.5)	X(1.5)	14.26m(2.7)	14.42m(0.8)	X(0.9)	14.06m(2.3)		
3 #	116	Ivan, Mun Jern We	20	FAC	13.98m	3.1	6		
		13.60m(2.5)	13.98m(3.1)	X(2.9)	13.31m(0.8)	13.80m(4.0)	X(3.4)		
4 #	513	Lai, Yong Hui	29	Wings Athletic Club	13.61m	0.9	5		
		X(2.4)	X(1.3)	13.53m(2.7)	13.61m(0.9)	-	11.63m(3.2)		
5 #	221	Lee, Justin	19	NTU	13.39m	1.8	4		
		13.11m(1.6)	13.39m(1.8)	X(2.5)	-	-	-		
6 #	378	Soh, Ephriam	20	RP	13.36m	3.3	3		
		13.04m(2.4)	12.49m(2.2)	13.36m(3.3)	11.57m(3.0)	13.14m(2.5)	12.19m(2.2)		
7 #	173	Muhammad Ariffin,	18	Nanyang Polytechnic	13.06m	1.0	2		
		X(1.4)	13.00m(2.0)	12.18m(2.5)	X(1.9)	12.78m(0.8)	13.06m(1.0)		
8 #	349	Lin, Yu En	19	PSA	12.96m	2.5	1		
		X(1.6)	X(1.8)	12.96m(2.5)	12.49m(1.9)	X(1.7)	-		
9 #	483	Nelson, Lim	26	SWIF	12.55m	0.8			
		12.55m(0.8)	12.50m(2.1)	12.37m(2.8)	-	-	-		
10 #	328	Lim, Dyfrig	17	NP	12.41m	0.8			
		12.12m(2.8)	12.41m(0.8)	X(2.8)	-	-	-		
11 #	322	Koh, Nicholas	18	NP	12.32m	1.3			
		X(2.7)	12.32m(1.3)	X(3.0)	-	-	-		
12 #	186	Seow Rui An, Ian	18	Nanyang Polytechnic	11.78m	1.9			
		X(1.5)	X(2.2)	11.78m(1.9)	-	-	-		
13 #	457	Leong, Jeremy	18	SP	11.33m	3.1			
		11.33m(3.1)	10.76m(1.5)	10.83m(3.0)	-	-	-		

## Event 102 Women High Jump Open

=====									
CR: 1.80m 2015 Michelle Sng, Swift Athletes Associati									
Name	Age	Team	Seed	Finals	Points				
=====									
1 #	413	May Chi Valerie,	21	SMU	1.65m	9			
		1.45	1.50	1.55	1.60	1.65	1.67		
		O	O	O	XO	XXO	XXX		
2 #	252	Ng, Estella	22	NUS	1.50m	7			
		1.50	1.55						
		XXO	XXX						
3 #	505	Neo, Yiwen	29	Wings Athletic Club	1.45m	6			
		1.30	1.35	1.40	1.45	1.50			
		O	O	O	XXO	XXX			
4 #	262	Zhuo, Lin Lin	21	NUS	1.40m	4			
		1.30	1.35	1.40	1.45				
		O	O	O	XXX				
4 #	311	Tan, Xin bei	19	NP	1.40m	4			
		1.30	1.35	1.40	1.45				
		O	O	O	XXX				
4 #	299	Eng, Megan	18	NP	1.40m	4			
		1.30	1.35	1.40	1.45				
		O	O	O	XXX				
7 #	434	Goh, Jessica	18	SP	1.35m	2			
		1.30	1.35	1.40					
		O	O	XXX					

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## ....Event 102 Women High Jump Open

8 #	440 Shen, Nicole	19 SP	1.35m	1
	1.35 1.40			
	XO XXX			
9 #	139 Ho, Gwenyth, Fen	17 Nanyang Polytechnic	1.35m	
	1.25 1.30 1.35 1.40			
	O O XXO XXX			
10 #	147 Ong, Yu Qing	17 Nanyang Polytechnic	1.30m	
	1.25 1.30 1.35			
	O O XXX			
11 #	355 Bee, Jia Sui	20 RP	1.30m	
	1.25 1.30 1.35			
	O XO XXX			
11 #	503 Hanim, Asmah	34 Wings Athletic Club	1.30m	
	1.25 1.30 1.35			
	O XO XXX			

## Event 103 Men Shot Put (7.26kg) Open

=====						
CR: 16.38m 2002		Dong Enxin, Swift Athletes Associati				
Name	Age	Team	Seed	Finals	Points	
=====						
1 #	288 See, Brian	22 NUS		14.07m	9	
	14.07m 13.70m 13.91m 13.14m 13.22m 13.77m					
2 #	276 Koh, Bryan	24 NUS		12.62m	7	
	12.47m 11.53m X 11.70m 12.62m 11.96m					
3 #	125 Yee, Eric	19 FAC		12.59m	6	
	X X 10.19m 12.36m 12.59m 12.50m					
4 #	121 Shi Min, Alvin Si	24 FAC		11.11m	5	
	X 10.54m X 11.11m 10.55m 10.90m					
5 #	341 Ashis, Rayamajhi	22 PSA		10.68m	4	
	9.76m X 10.68m X 10.10m 10.60m					
6 #	453 Koh, Leroy	20 SP		9.45m	3	
	9.12m 9.30m 9.45m 9.24m 8.54m 9.33m					
7 #	343 Bhoj Bahadur, Ale	27 PSA		9.44m	2	
	8.72m 8.68m 9.03m 9.12m 9.34m 9.44m					
8 #	231 Thong, Zi Yu	20 NTU		9.08m	1	
	X 9.08m 8.09m 7.99m 8.31m X					
9 #	169 Mak, Kaleo, Kai	19 Nanyang Polytechnic		8.51m		
	7.41m 7.90m 8.51m					
10 #	181 Tang, Joshua	19 Nanyang Polytechnic		7.12m		
	6.44m 6.22m 7.12m					
11 #	319 Kek, Jing Wei	18 NP		7.02m		
	6.73m 7.02m 6.96m					
12 #	460 Ong, Zhern Xin	19 SP		6.70m		
	6.53m 6.70m 6.51m					
13 #	318 Ho, Nathan	18 NP		6.41m		
	6.41m 5.45m 5.93m					

## Event 104 Women Javelin Throw (600g) Open

=====						
CR: 46.17m 2002		Zhang Guirong, Swift Athletes Associati				
Name	Age	Team	Seed	Finals	Points	
=====						
1 #	237 Chiu, Jing Wen	22 NUS		39.60m	9	
	39.60m X 35.31m 36.89m 35.92m 36.39m					
2 #	255 Shanmugaratnam, M	22 NUS		33.38m	7	
	32.52m 33.38m 33.25m 31.10m 24.25m X					
3 #	444 Too, Megan	17 SP		25.68m	6	
	25.68m 20.45m 22.29m X X X					

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## ...Event 104 Women Javelin Throw (600g) Open

4 #	437 Lim, Zoe	18 SP		24.43m	5
	X 20.21m	X 18.24m	24.43m	20.07m	
5 #	150 Tan, Elizabeth, H	20 Nanyang Polytechnic		23.49m	4
	19.70m	23.33m	22.86m	X 23.49m	X

## Event 105 Women 100 Meter Dash Open

## Top 8 Advance by Time

=====							
CR:		12.30	2015	Shanti Pereira, Republic Polytechnic			
Name	Age	Team	Seed	Prelims	Wind	H#	
=====							
Preliminaries							
1 #	486	Bte Hamkah, Haane	17 Temasek Polytechnic	13.02q	-0.3	1	
2 #	249	Menon, Smriti	20 NUS	13.06q	-2.1	2	
3 #	488	Goh Si Hui, Clara	18 Temasek Polytechnic	13.34q	-2.1	2	
4 #	296	Bte Razali, Nurul	19 NP	13.50q	-0.3	1	
5 #	503	Hanim, Asmah	34 Wings Athletic Club	13.52q	-1.4	3	
6 #	109	Rosle, Nuur Diyaa	17 FAC	13.57q	-0.3	1	
7 #	305	Kuppusamy, Darshi	19 NP	13.64q	-1.4	3	
8 #	137	Enn, Cindy	22 Nanyang Polytechnic	13.90q	-1.4	3	
9 #	152	Tay, Rebecca, Kai	17 Nanyang Polytechnic	14.03	-2.1	2	
10 #	244	Lau, Alicia	19 NUS	14.17	-0.3	1	
11 #	363	Nabilah, Nada	18 RP	14.20	-0.3	1	
12 #	107	Joelle, Chan Ming	24 FAC	14.25	-1.4	3	
13 #	433	Goh, Genevieve	18 SP	14.31	-2.1	2	
14 #	191	Chiam, Melody	20 NTU	14.42	-0.3	1	
15 #	412	Kait Lyn Rebecca,	22 SMU	14.44	-2.1	2	
16 #	127	Jalil, Nurul Ainu	17 ITE	14.78	-1.4	3	
17 #	393	Tan, Sui Xin	23 SIM	15.05	-1.4	3	
18 #	417	Yan Ting, Goh	21 SMU	15.11	-0.3	1	
19 #	443	Toh, Alysa	18 SP	15.43	-2.1	2	
20 #	364	Tan, Eunice	18 RP	15.72	-1.4	3	

## Event 106 Men 100 Meter Dash Open

## Top 8 Advance by Time

=====							
CR:		10.58	1992	Muhamad Hosni, Flash Athletic Club			
Name	Age	Team	Seed	Prelims	Wind	H#	
=====							
1 #	500	Lin, Tim Weng Dex	19 Temasek Polytechnic	11.27q	-2.0	3	
2 #	174	Neo, Nick, Pei Si	23 Nanyang Polytechnic	11.40q	0.5	2	
3 #	182	Chua, Joshua, Han	18 Nanyang Polytechnic	11.41q	-2.0	3	
4 #	515	Liew, Daryl	27 Wings Athletic Club	11.53q	+0.0	1	
5 #	126	Zulhilmi, Afiquil	25 FAC	11.53q	+0.0	1	
6 #	120	Kian Chong, Chan	24 FAC	11.61q	-2.0	3	
7 #	354	Shahmee, Ruzain	19 PSA	11.66q	0.5	2	
8 #	430	Xucheng Marcus, T	24 SMU	11.66q	+0.0	1	
9 #	270	Chua, Cheng Tat	21 NUS	11.68	0.5	2	
10 #	320	Koe, Ian	19 NP	11.79	0.5	2	
11 #	292	Teh Yee Cher, Mit	21 NUS	11.89	-2.0	3	
12 #	379	Tan, Darryl	17 RP	11.95	-2.0	3	
13 #	321	Koh, Jeremy	20 NP	12.05	+0.0	1	
14 #	131	Lim, Yu Hng	18 ITE	12.30	+0.0	1	
15 #	129	Hamzah, Bazli	18 ITE	12.36	0.5	2	
16 #	458	Lim, Sean	19 SP	12.38	-2.0	3	
17 #	218	Wong, YangJie Mat	22 NTU	12.52	0.5	2	
18 #	235	Zuhayr, Mohamed I	21 NTU	12.57	+0.0	1	
19 #	497	Lam Fuchao, Julia	19 Temasek Polytechnic	12.75	+0.0	1	
20 #	401	Koh, Hong Kai	23 SIM	12.79	-2.0	3	

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## Event 107 Women 1500 Meter Run Open

CR: 4:46.80 1981 K Jayamani, Swift Athletes Associati						
Name	Age	Team	Seed	Finals	Points	
Finals						
1 # 473	Soh, Romaine	24 SWIF		5:06.13	9	
2 # 467	Gheresi, Isabella	17 SWIF		5:06.88	7	
3 # 359	Gan, Steffi	19 RP		5:52.61	6	
4 # 395	Wong, Cheryl	20 SIM		5:52.70	5	
5 # 250	Mun, Priscilla	22 NUS		5:55.78	4	
6 # 198	Manimaran, Sonali	22 NTU		6:06.67	3	
7 # 101	Ning, Cheng	23 Club Zoom		6:09.42	2	
8 # 149	Seow, Ada, Jiayin	18 Nanyang Polytechnic		6:10.76	1	
9 # 135	Chai, Li-Yer	19 Nanyang Polytechnic		6:12.21		
10 # 236	Ang, Sara	21 NUS		6:13.23		
11 # 190	Chan, Denise	22 NTU		6:31.30		
12 # 388	Alvar, Kayla	19 SIM		6:34.46		

## Event 108 Men 1500 Meter Run Open

CR: 3:55.70 1994 A Saravanan, Swift Athletes Associati						
Name	Age	Team	Seed	Finals	Points	
1 # 480	Karthic, Harish	23 SWIF		4:13.33	9	
2 # 485	Zachary, Ryan Dev	24 SWIF		4:21.18	7	
3 # 293	Tok, Yin Pin	22 NUS		4:22.04	6	
4 # 268	Chew, Xiu Zheng	23 NUS		4:23.90	5	
5 # 123	Suresh, Kiranraj	18 FAC		4:27.89	4	
6 # 520	Ong, Justin	24 Wings Athletic Club		4:29.89	3	
7 # 524	Seah, Daniel	22 Wings Athletic Club		4:30.96	2	
8 # 217	Eu, Justin	21 NTU		4:34.34	1	
9 # 170	Mani, Manoj	18 Nanyang Polytechnic		4:36.67		
10 # 130	Jayson Yu Chong,	18 ITE		4:37.50		
11 # 384	Ong, Jacky	21 Safsa		4:42.63		
12 # 164	Kwok, Kassim, Ho	17 Nanyang Polytechnic		4:45.35		
13 # 229	Tay, Benjamin	23 NTU		4:45.68		
14 # 348	Hum Bahadur, Guru	24 PSA		4:49.44		
15 # 449	Chiew, Le Wei	18 SP		4:52.73		
16 # 336	Ng, Ryan	19 NP		5:01.16		
17 # 424	Nan Tian, Dai	21 SMU		5:15.07		
18 # 429	Xuan Hao Edwin, N	28 SMU		5:18.60		
19 # 381	Tang, Dylan	18 RP		5:28.50		
20 # 375	Ng, Jovian	18 RP		5:28.64		

## Event 109 Women 400 Meter Dash Open

## Top 8 Advance by Time

CR: 56.10 1974 Chee Swee Lee						
Name	Age	Team	Seed	Prelims	H#	
Preliminaries						
1 # 414	Veronica Shanti,	22 SMU		1:01.67q	2	
2 # 106	Abdul Hamid, Nur	24 FAC		1:06.61q	2	
3 # 247	Lin, Kathleen	21 NUS		1:06.71q	3	
4 # 472	Rostoft, Maya	15 SWIF		1:07.05q	3	
5 # 253	Ong, Jia Ling	22 NUS		1:07.37q	2	
6 # 489	Moey Shi Qi, Alan	19 Temasek Polytechnic		1:07.90q	3	
7 # 199	Ng, Grace	26 NTU		1:08.93q	2	
8 # 360	Ho, Angel	18 RP		1:09.71q	3	
9 # 146	Lum, Renee, Kar Y	18 Nanyang Polytechnic		1:10.90	3	

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## ...Event 109 Women 400 Meter Dash Open

10 #	111 Wai Theng, Chia	20	FAC	1:10.99	1
11 #	301 Khong, Eliora	18	NP	1:11.21	1
12 #	391 Leo, Wan Ting	22	SIM	1:11.72	2
13 #	408 Carissa, Wong	20	SMU	1:11.99	1
14 #	133 Ang, Jia Yin	17	Nanyang Polytechnic	1:12.26	1
15 #	471 Lam, Justine	19	SWIF	1:13.84	1
16 #	392 Lim, Dorothy	21	SIM	1:14.00	1
17 #	362 Lo, Robyn	18	RP	1:19.67	2
18 #	298 Chow, Celeste	17	NP	1:22.04	3

## Event 110 Men 400 Meter Dash Open

## Top 8 Advance by Time

=====						
CR:		47.90	1987	Haron Mundir, Flash Athletic Club		
Name	Age	Team	Seed	Prelims	H#	
=====						
1 #	402 Lee, Shawn	23	SIM	51.75q	3	
2 #	222 Lim, Jia Le	24	NTU	52.47q	1	
3 #	283 Mohd Zin, Zulkarn	23	NUS	52.56q	1	
4 #	314 B Kassim, Muhamma	19	NP	52.60q	2	
5 #	278 Lee, Raymond Scot	22	NUS	52.72q	1	
6 #	159 Hari Chandra, Rus	19	Nanyang Polytechnic	53.01q	2	
7 #	117 Januri, Ariff	24	FAC	53.05q	1	
8 #	232 Tien, Darren	24	NTU	53.07q	3	
9 #	369 Anuar, Saiful	20	RP	53.87	3	
10 #	521 P, Kurumbeyan	23	Wings Athletic Club	53.91	1	
11 #	177 Ngui, Ian	17	Nanyang Polytechnic	54.91	3	
12 #	493 Bin Mohamad Ismai	17	Temasek Polytechnic	54.95	3	
13 #	344 Bhuwan Sing, Rai	23	PSA	54.99	3	
14 #	342 Ashis Kumar, Tama	24	PSA	56.14	1	
15 #	451 Deepan, Raaj	18	SP	56.34	3	
16 #	398 Devaprasad, Reube	23	SIM	56.59	1	
17 #	476 Chao, Lin Jing	17	SWIF	58.72	2	
18 #	499 Lim, Jun Bu	18	Temasek Polytechnic	58.74	2	
19 #	419 Joshua, Ow	21	SMU	59.91	3	
20 #	315 B Mohd Shariff, A	19	NP	1:00.10	2	

## Event 111 Women Triple Jump Open

=====						
CR:		11.55m	2016	Lim, Enxuan Lynette, National University of S		
Name	Age	Team	Seed	Finals	Wind	Points
=====						
Finals						
1 #	466 Ang, Wei Lu	20	SWIF	10.82m	1.3	9
	10.59m(0.6)	10.82m(1.3)	X(1.7)	10.67m(+0.0)	10.60m(2.1)	10.58m(+0.0)
2 #	407 Andrea, Chong	20	SMU	10.39m	1.2	7
	10.15m(1.3)	10.04m(1.3)	X(1.3)	9.97m(-0.4)	10.19m(1.0)	10.39m(1.2)
3 #	144 Nguyen The Hanh A	18	Nanyang Polytechnic	10.34m	0.7	6
	X(0.6)	X(2.2)	10.34m(0.7)	9.90m(-0.0)	9.94m(2.6)	10.12m(1.2)
4 #	440 Shen, Nicole	19	SP	10.07m	2.5	5
	X(0.6)	10.07m(2.5)	9.94m(1.3)	X	X(2.0)	9.82m(1.7)
5 #	311 Tan, Xin bei	19	NP	9.39m	+0.0	4
	X(0.5)	9.38m(3.8)	8.95m(4.0)	X(1.8)	9.39m(+0.0)	9.08m(+0.0)
6 #	434 Goh, Jessica	18	SP	9.26m	4.0	3
	9.04m(2.0)	9.18m(2.7)	9.26m(4.0)	X(1.6)	8.88m(-1.1)	8.96m(+0.0)
7 #	308 Loh, Euodias	19	NP	9.01m	1.0	2
	9.01m(1.0)	8.93m(2.1)	X(+0.0)	X(0.6)	8.34m(-2.8)	X(1.1)



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## Event 112 Women Shot Put (4kg) Open

CR: 17.38m 2001		Zhang Guirong, Swift Athletes Associati				
Name	Age	Team	Seed	Finals	Points	
1 # 368 Yee, Melissa	20	RP		11.51m	9	
				11.37m 11.24m 11.51m 11.32m 11.37m 11.36m		
2 # 110 See, Annabel	23	FAC		11.47m	7	
				11.33m 11.32m 11.47m 11.04m 11.08m 11.07m		
3 # 204 Tan, Desiree	19	NTU		10.16m	6	
				10.06m 9.99m 10.02m 10.16m X X		
4 # 140 Ho, Joleen, Hui W	17	Nanyang Polytechnic		9.44m	5	
				8.98m 9.16m 8.64m 9.44m 8.84m 9.43m		
5 # 300 Kek, Jing Wen	19	NP		9.35m	4	
				9.07m 8.81m 9.11m 9.28m 9.23m 9.35m		
6 # 444 Too, Megan	17	SP		9.18m	3	
				8.93m 8.74m 8.70m 9.18m X 8.71m		
7 # 256 Syaza, Dewi	20	NUS		8.80m	2	
				X 8.15m 8.76m 8.36m 8.80m 8.74m		
8 # 254 Pereira, Nikki	21	NUS		8.64m	1	
				8.38m 8.64m 8.38m 8.41m 8.14m 7.34m		
9 # 202 Rachmand, Livia	22	NTU		7.93m		
				7.93m 7.91m 7.73m		
10 # 439 Pek, Shannen	17	SP		7.45m		
				7.45m X 7.30m		
11 # 150 Tan, Elizabeth, H	20	Nanyang Polytechnic		5.72m		
				5.64m 5.72m X		

## Event 113 Men Javelin Throw (800g) Open

CR: 59.46m 2017		Akid, Chong, Flash Athletic Club				
Name	Age	Team	Seed	Finals	Points	
1 # 113 Chong, Akid	28	FAC		55.29m	9	
				51.96m 54.98m 53.91m 55.29m 54.54m X		
2 # 385 Phoa, Justyn	19	Safsa		51.22m	7	
				51.22m 44.69m 48.35m 47.73m 48.05m 50.31m		
3 # 269 Chong, Weng Teng	21	NUS		48.94m	6	
				42.91m 48.94m X 46.25m 45.95m X		
4 # 423 Mun Hsuen Amos, P	22	SMU		45.76m	5	
				42.57m 45.74m 42.21m 45.76m 44.42m 41.85m		
5 # 512 Koh, Thong En	27	Wings Athletic Club		45.69m	4	
				45.69m X 43.46m X - -		
6 # 234 Zheng, Yi Peng	23	NTU		43.26m	3	
				43.26m X X X - -		
7 # 346 Bipin, Yonjan	36	PSA		42.21m	2	
				42.21m 40.70m 37.73m X 39.75m 39.97m		
8 # 350 Mohan, Subba	29	PSA		41.81m	1	
				X 37.89m 41.81m 41.06m X X		
9 # 165 Lau, Kai Xuan	18	Nanyang Polytechnic		39.29m		
				39.29m 38.84m 38.97m		
10 # 180 Tam, Yeong Yi	18	Nanyang Polytechnic		38.89m		
				37.96m 38.89m 37.43m		
11 # 463 Tan, Ethan	18	SP		38.84m		
				X 34.34m 38.84m		
12 # 509 Boey, Desmond	26	Wings Athletic Club		30.68m		
				30.68m X X		
13 # 112 Cedric, Chew Yao	18	FAC		22.09m		
				X X 22.09m		
14 # 290 Tan, Jiawei	24	NUS		18.38m		
				18.38m X X		

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## ....Event 113 Men Javelin Throw (800g) Open

15 # 334 Muhammad, Hasif 17 NP 18.04m  
18.04m 16.62m X

## Event 114 Women 5000 Meter Race Walk Open

CR: 30:15.89 2015 Tin Shu Min, Singapore Management Uni

Name	Age	Team	Seed	Finals	Points
1 # 259 Ting, Allison	19	NUS		34:46.96	9
2 # 469 Jeyaram, Komathi	57	SWIF		35:22.58	7
3 # 257 Tan, Trish	37	NUS		36:36.14	6
4 # 470 kaur, Kowsula	54	SWIF		39:46.78	5
5 # 207 Wu, Yu Han	21	NTU		40:14.30	4
6 # 193 Chua, Eunice	20	NTU		41:30.60	3

## Event 114 Men 5000 Meter Race Walk Open

Name	Age	Team	Seed	Finals	Points
1 # 224 Ng, Jing Cheng	21	NTU		29:21.05	9
2 # 132 Back, Peter	52	MR25		29:51.77	7
3 # 519 Ong, Jeremiah	17	Wings Athletic Club		31:47.73	6
4 # 284 Ng, Yao Xuan	20	NUS		32:20.81	5
5 # 216 Dong, Dexin	21	NTU		34:10.64	4
6 # 279 Lim, Jeremy	23	NUS		34:26.32	3

## Event 115 Men High Jump Open

CR: 2.08m 1995 Wong Yew Tong

Name	Age	Team	Seed	Finals	Points
1 # 387 Wong, Bryan 1.90 1.95 2.01 2.04 O-- O-- O-- XXX	20	Safsa		2.01m	9
2 # 370 Heng, Brandon 1.80 1.85 1.90 1.95 1.98 2.01 O-- O-- O-- XO- O-- XXX	20	RP		1.98m	7
3 # 508 Asyraf, Alif 1.75 1.80 1.85 1.90 1.95 O-- O-- XO- XO- XXX	20	Wings Athletic Club		1.90m	6
4 # 522 Pua, Jonathan 1.80 1.85 1.90 O-- O-- XXX	16	Wings Athletic Club		1.85m	5
5 # 482 Nasiruddin, Muhd 1.80 1.85 1.90 XO- O-- XXX	26	SWIF		1.85m	4
6 # 481 Lee, Daryl 1.80 1.85 1.90 XXO XXO XXX	26	SWIF		1.85m	3
7 # 425 Tianzhou, Yang 1.60 1.65 1.70 1.75 1.80 O-- O-- XXO O-- XXX	22	SMU		1.75m	1.50
7 # 494 Chen, Jinyi 1.60 1.65 1.70 1.75 1.80 XO- O-- XO- O-- XXX	22	Temasek Polytechnic		1.75m	1.50
9 # 184 Toh, Yong Xiang 1.60 1.65 1.70 1.75 O-- XXO O-- XXX	17	Nanyang Polytechnic		1.70m	

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## ...Event 115 Men High Jump Open

10 #	378	Soh, Ephriam	20	RP				1.65m
					1.60	1.65	1.70	
					O--	O--	XXX	
10 #	330	Lim, Kieron	18	NP				1.65m
					1.60	1.65	1.70	
					O--	O--	XXX	
12 #	446	Azraei, Arif	20	SP				1.65m
					1.60	1.65	1.70	
					O--	XO-	XXX	
13 #	265	Chan, Sze Yuen	22	NUS				1.60m
					1.60	1.65		
					O--	XXX		
14 #	163	Koh, Jin Hao	18	Nanyang Polytechnic				1.60m
					1.60	1.65		
					XXO	XXX		

## Event 116 Women 100 Meter Dash Open

=====								
CR:		12.30	2015	Shanti Pereira, Republic Polytechnic				
Name	Age	Team	Prelims	Finals	Wind	Points		
=====								
1 #	249	Menon, Smriti	20	NUS	13.06	12.83	-0.6	9
2 #	486	Bte Hamkah, Haane	17	Temasek Polytechnic	13.02	12.96	-0.6	7
3 #	488	Goh Si Hui, Clara	18	Temasek Polytechnic	13.34	13.12	-0.6	6
4 #	296	Bte Razali, Nurul	19	NP	13.50	13.42	-0.6	5
5 #	109	Rosle, Nuur Diyaa	17	FAC	13.57	13.58	-0.6	4
6 #	503	Hanim, Asmah	34	Wings Athletic Club	13.52	13.58	-0.6	3
7 #	305	Kuppusamy, Darshi	19	NP	13.64	13.70	-0.6	2
8 #	137	Enn, Cindy	22	Nanyang Polytechnic	13.90	13.80	-0.6	1

## Event 117 Men 100 Meter Dash Open

=====								
CR:		10.58	1992	Muhamad Hosni, Flash Athletic Club				
Name	Age	Team	Prelims	Finals	Wind	Points		
=====								
1 #	182	Chua, Joshua, Han	18	Nanyang Polytechnic	11.41	11.16	-0.4	9
2 #	500	Lin, Tim Weng Dex	19	Temasek Polytechnic	11.27	11.30	-0.4	7
3 #	515	Liew, Daryl	27	Wings Athletic Club	11.53	11.49	-0.4	6
4 #	126	Zulhilmi, Afiqul	25	FAC	11.53	11.50	-0.4	5
5 #	174	Neo, Nick, Pei Si	23	Nanyang Polytechnic	11.40	11.57	-0.4	4
6 #	430	Xucheng Marcus, T	24	SMU	11.66	11.68	-0.4	3
7 #	354	Shahmee, Ruzain	19	PSA	11.66	11.72	-0.4	2
8 #	120	Kian Chong, Chan	24	FAC	11.61	11.78	-0.4	1

## Event 118 Men 5000 Meter Run Open

=====							
CR:		14:51.70	1994	Arumugam			
Name	Age	Team	Seed	Finals	Points		
=====							
1 #	404	Parajuli, Nabin	25	SIM	16:04.32	9	
2 #	510	Chan, Philip	24	Wings Athletic Club	17:23.24	7	
3 #	272	Goh, Shaun	21	NUS	17:25.49	6	
4 #	286	Qhek, Jonathan	23	NUS	17:45.24	5	
5 #	516	Liu, Zhehao	29	Wings Athletic Club	18:07.15	4	
6 #	501	S/O Sivakumar, Se	18	Temasek Polytechnic	18:23.44	3	
7 #	220	Lee, Dillon	23	NTU	18:31.32	2	
8 #	477	Fayiz, Mohamed Ha	29	SWIF	18:31.32	1	
9 #	168	Lim, Josua, Shoux	18	Nanyang Polytechnic	18:37.69		
10 #	484	Van, Valentine	16	SWIF	18:42.64		

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## ...Event 118 Men 5000 Meter Run Open

11 #	217 Eu, Justin	21	NTU	18:55.03
12 #	384 Ong, Jacky	21	Safsa	18:55.35
13 #	376 Seet, Zhi Yun	19	RP	18:59.38
14 #	335 Muhammad, Iqbal	18	NP	19:48.20
15 #	327 Lim, Bryan	18	NP	21:01.70
16 #	405 Poon, Justin	22	SIM	21:25.49
17 #	382 Wu, Benjamin	18	RP	23:45.71

## Event 119 Women 400 Meter Dash Open

=====							
CR:		56.10	1974	Chee Swee Lee			
Name	Age	Team	Prelims	Finals	Points		
=====							
1 #	414	Veronica Shanti,	22	SMU	1:01.67	58.90	9
2 #	247	Lin, Kathleen	21	NUS	1:06.71	1:05.31	7
3 #	106	Abdul Hamid, Nur	24	FAC	1:06.61	1:05.36	6
4 #	253	Ong, Jia Ling	22	NUS	1:07.37	1:06.02	5
5 #	472	Rostoft, Maya	15	SWIF	1:07.05	1:07.75	4
6 #	489	Moey Shi Qi, Alan	19	Temasek Polytechnic	1:07.90	1:08.87	3
7 #	360	Ho, Angel	18	RP	1:09.71	1:09.19	2
8 #	199	Ng, Grace	26	NTU	1:08.93	1:10.59	1

## Event 120 Men 400 Meter Dash Open

=====							
CR:		47.90	1987	Haron Mundir, Flash Athletic Club			
Name	Age	Team	Prelims	Finals	Points		
=====							
1 #	278	Lee, Raymond Scot	22	NUS	52.72	51.03	9
2 #	232	Tien, Darren	24	NTU	53.07	51.21	7
3 #	283	Mohd Zin, Zulkarn	23	NUS	52.56	52.30	6
4 #	402	Lee, Shawn	23	SIM	51.75	52.45	5
5 #	159	Hari Chandra, Rus	19	Nanyang Polytechnic	53.01	52.84	4
6 #	222	Lim, Jia Le	24	NTU	52.47	54.15	3

## Event 121 Women 10000 Meter Run Open

=====						
CR:		43:17.97	2017	Lok, Xin Ying, National university of S		
Name	Age	Team	Seed	Finals	Points	
=====						
1 #	248	Lok, Xin Ying	21	NUS	44:09.50	9
2 #	141	Kam, Cherry, Zhi	19	Nanyang Polytechnic	48:51.88	7
3 #	192	Choy, Eunice	25	NTU	49:20.05	6
4 #	474	Tamilmani, Thaar	20	SWIF	50:00.84	5

## Event 122 Women 4x100 Meter Relay Open

=====					
CR:		48.26	2017	Wings athletic Club, Wings Athletic Club	
Team	Seed	Finals	H#	Points	
=====					
1	Singapore Management Universit 'A'	51.25	1	18	
	1) #417 Yan Ting, Goh 21				
	2) #411 Jing Rong Kerstin, Ong 21				
	3) #412 Kait Lyn Rebecca, Kwan 22				
	4) #414 Veronica Shanti, Pereira 2				
2	Wings Athletic Club 'A'	51.48	1	14	
	1) #502 Anthony, Grace Shani 17				
	2) #506 Woo, Amanda 17				
	3) #504 Lim, Ying 20				
	4) #503 Hanim, Asmah 34				
3	National University of Singapo 'A'	52.68	1	12	
	1) #246 Lim, Si Yi 21				
	2) #253 Ong, Jia Ling 22				
	3) #239 Goh, Celeste 19				
	4) #249 Menon, Smriti 20				
4	Flash Athletics Clubs 'A'	53.32	2	10	

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## ....Event 122 Women 4x100 Meter Relay Open

1) #111 Wai Theng, Chia 20	2) #106 Abdul Hamid, Nur Hamizah B			
3) #109 Rosle, Nuur Diyaanah Bte 1	4) #108 Mohd Eksan, Seri Nur'Ain 1			
5 Nanyang Technology of Universi 'A'		53.94	1	8
1) #191 Chiam, Melody 20	2) #189 Balakrishnan, Divya 26			
3) #209 Ylee, Yen Lin Nitasha 23	4) #195 Chua, Sarah 25			
6 Nanyang Polytechnic 'A'		54.01	2	6
1) #133 Ang, Jia Yin 17	2) #137 Enn, Cindy 22			
3) #146 Lum, Renee, Kar Ying 18	4) #152 Tay, Rebecca, Kai En 17			
7 Ngee Ann Polytechnic 'A'		54.92	2	4
1) #297 Chan, Kristie 18	2) #298 Chow, Celeste 17			
3) #305 Kuppusamy, Darshini 19	4) #296 Bte Razali, Nurul Syarah 1			
8 Singapore Institute of Managem 'A'		56.08	1	2
1) #393 Tan, Sui Xin 23	2) #391 Leo, Wan Ting 22			
3) #392 Lim, Dorothy 21	4) #390 Kang, Pei Ling 21			
9 Republic Polytechnic 'A'		1:04.78	2	
1) #366 Tan, Sheyanne 17	2) #360 Ho, Angel 18			
3) #364 Tan, Eunice 18	4) #363 Nabilah, Nada 18			

## Event 123 Men 4x100 Meter Relay Open

CR: 41.50 1978		Swift Athletes Association				
Team		Seed	Finals	H#	Points	
1 Wings Athletic Club 'A'			43.36	2	18	
1) #513 Lai, Yong Hui 29	2) #515 Liew, Daryl 27					
3) #521 P, Kurumbeyan 23	4) #523 Ragupaty, Kishen 24					
2 Nanyang Polytechnic 'A'			43.56	2	14	
1) #174 Neo, Nick, Pei Siang 23	2) #157 Chia, Gareth, Wae Yearn 18					
3) #162 Kannan, Pavindhiran 18	4) #182 Chua, Joshua, Hanwei 18					
3 Nanyang Technology of Universi 'A'			44.10	1	12	
1) #212 Awyong, Liang Qi 23	2) #210 Amri, Khairyyl 25					
3) #232 Tien, Darren 24	4) #233 Yip, Joses 23					
4 Singapore Management Universit 'A'			44.86	1	10	
1) #418 Dong Yee, Lum 23	2) #426 Wei Lun Eugene, Chong 24					
3) #428 Xian Yang Jerrel, Wang 22	4) #430 Xucheng Marcus, Teo 24					
5 Singapore Polytechnic 'A'			45.68	2	8	
1) #455 Kyaw, Linn Naing 20	2) #451 Deepan, Raaj 18					
3) #458 Lim, Sean 19	4) #456 Lee, Hubert 19					
6 Ngee Ann Polytechnic 'A'			45.70	2	6	
1) #313 B Hazli, Mohamed Aazim 19	2) #320 Koe, Ian 19					
3) #324 Lee, Bing Xuan 19	4) #321 Koh, Jeremy 20					
7 National University of Singapo 'A'			46.77	1	4	
1) #267 Cheah, Terence 24	2) #270 Chua, Cheng Tat 21					
3) #281 Loo, Dick Wen 21	4) #277 Kow, Aloysius 24					
8 Singapore Institute of Managem 'A'			52.09	1	2	
1) #406 Yak, Davis 22	2) #401 Koh, Hong Kai 23					
3) #397 Cheng, Sheng Xiang 25	4) #403 Liu, Qing Yang 25					

## Event 201 Men Hammer Throw (7.26kg) Open

CR: 51.50m 1996		James Wong				
Name	Age	Team	Seed	Finals	Points	
1 # 169 Mak, Kaleo, Kai	19	Nanyang Polytechnic		27.56m	9	
X 25.20m 26.36m X						
2 # 285 Ong, Yan Zhi	22	NUS		23.72m	7	
22.77m 23.72m 21.86m						
22.05m 21.03m 22.20m						
3 # 290 Tan, Jiawei	24	NUS		13.46m	6	
10.77m 13.22m 13.03m						
X 13.46m 13.27m						

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## Event 202 Women Hammer Throw (4kg) Open

CR: 58.49m 2000		Wang Dan, Swift Athletes Associati				
Name	Age	Team	Seed	Finals	Points	
1 # 368 Yee, Melissa	20	RP		29.96m	9	
				28.89m 27.33m 26.68m		X 27.99m 29.96m
2 # 110 See, Annabel	23	FAC		25.91m	7	
				24.23m 25.25m 23.03m		25.57m 25.91m 25.69m
3 # 255 Shanmugaratnam, M	22	NUS		18.45m	6	
				18.45m 14.20m 16.39m		14.62m 16.69m 14.35m
4 # 237 Chiu, Jing Wen	22	NUS		17.07m	5	
				15.65m 15.58m 16.92m		17.07m 17.03m 16.23m

## Event 203 Women Long Jump Open

CR: 5.70m 1992		Yu Long Nyu, Swift Athletes Associati				
Name	Age	Team	Seed	Finals	Wind	Points
1 # 466 Ang, Wei Lu	20	SWIF		5.32m	1.4	9
				5.32m(1.4) 5.24m(1.7) 5.31m(2.0) 5.23m(+0.0) 5.17m(2.7) X(1.7)		
2 # 407 Andrea, Chong	20	SMU		4.42m	2.1	7
				4.21m(1.8) 4.18m(1.3) 4.20m(0.8) 4.28m(0.9) 4.42m(2.1) 4.36m(+0.0)		
3 # 154 Wang, Kai Qing	19	Nanyang Polytechnic		4.32m	1.3	6
				4.27m(2.6) 4.18m(1.6) 4.27m(1.2) X(2.4) 4.23m(2.6) 4.32m(1.3)		
4 # 262 Zhuo, Lin Lin	21	NUS		4.29m	1.6	5
				X(3.2) X(2.2) 4.21m(1.3) X(1.0) X(1.5) 4.29m(1.6)		
5 # 355 Bee, Jia Sui	20	RP		4.27m	2.3	4
				4.27m(2.3) 3.55m(2.2) 3.75m(2.8) 3.69m(+0.0) 4.15m(0.4) 3.92m(0.1)		
6 # 260 Wong, Li Ching	21	NUS		4.11m	1.6	3
				3.92m(0.7) X(2.9) 4.11m(1.6) 2.87m(+0.0) 3.70m(1.4) 4.04m(1.1)		
7 # 438 Ong, Kennis	19	SP		4.06m	0.9	1.50
				3.99m(1.5) X(2.4) 4.06m(0.9) X(+0.0) 4.01m(1.0) X(0.1)		
8 # 307 Liew, Raymin	18	NP		4.06m	2.9	1.50
				4.06m(2.9) 3.96m(1.6) 3.83m(1.3) 3.96m(0.8) 3.92m(2.4) 3.79m(2.0)		
9 # 441 Sim, Megan	18	SP		3.99m	2.2	
				X(2.1) 3.99m(2.2) 3.97m(2.1)		
10 # 358 Chan, Hee Tian	22	RP		3.70m	1.8	
				3.70m(1.8) 3.53m(2.4) 3.63m(1.6)		
11 # 143 Lim, Jamie, Zi Qi	19	Nanyang Polytechnic		3.50m	1.8	
				3.49m(1.9) X(2.9) 3.50m(1.8)		

## Event 204 Men Pole Vault Open

CR: 4.75m 2017		Ming Xun, chong, Flash Athletic Club				
Name	Age	Team	Seed	Finals	Points	
1 # 223 Ng, Dewey	22	NTU		4.40m	9	
				4.20 4.40 4.60		O XO XXX
2 # 118 Jee Kuan, Heng	16	FAC		4.10m	7	
				3.80 4.00 4.10 4.20		O O XO XXX
3 # 104 Low, Jun Yu	17	Club Zoom		4.10m	6	
				3.80 4.00 4.10 4.30		O XO XXO XXX
4 # 427 Wen Jie, Poh	25	SMU		4.00m	4.50	
				3.80 4.00 4.20		O O XX

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## ....Event 204 Men Pole Vault Open

4 #	531 Ho, Chi Kin Joel	19 NP	4.00m	4.50
	3.80 4.00 4.20			
	O O XXX			
6 #	105 Saciin Esan, Mara	17 Club Zoom	3.80m	3
	3.80 4.00			
	XO XXX			

## Event 205 Men 110 Meter Hurdles (1.067m) Open

## Top 8 Advance by Time

=====							
	CR:	14.45	2015	Ang Chen Xiang, National University of S			
Name	Age	Team	Seed	Prelims	Wind	H#	
=====							
Preliminaries							
1 #	264	Ang, Chen Xiang	24 NUS	14.65q	-2.3	1	
2 #	211	Ang, Ding Hui	22 NTU	15.08q	-2.3	1	
3 #	212	Awyong, Liang Qi	23 NTU	15.09q	-1.8	2	
4 #	183	Toh, Isaac, Beam	18 Nanyang Polytechnic	16.56q	-1.8	2	
5 #	508	Asyraf, Alif	20 Wings Athletic Club	17.13q	-1.8	2	
6 #	267	Cheah, Terence	24 NUS	17.36q	-1.8	2	
7 #	446	Azraei, Arif	20 SP	17.61q	-1.8	2	
8 #	175	Ng, Silas, Wei Ha	18 Nanyang Polytechnic	18.12q	-2.3	1	
9 #	332	Lim, Yong Zuan	19 NP	19.24	-2.3	1	
10 #	331	Lim, Wei Jie	18 NP	22.22	-1.8	2	

## Event 206 Women 200 Meter Dash Open

## Top 8 Advance by Time

=====							
	CR:	24.36	1979	Caroline Pereira, Combined Schools			
Name	Age	Team	Seed	Prelims	Wind	H#	
=====							
1 #	414	Veronica Shanti,	22 SMU	27.07q	-2.4	1	
2 #	506	Woo, Amanda	17 Wings Athletic Club	27.63q	-1.9	3	
3 #	296	Bte Razali, Nurul	19 NP	28.23q	-1.8	2	
4 #	305	Kuppusamy, Darshi	19 NP	28.45q	-1.9	3	
5 #	137	Enn, Cindy	22 Nanyang Polytechnic	28.55q	-2.4	1	
6 #	152	Tay, Rebecca, Kai	17 Nanyang Polytechnic	28.68q	-1.9	3	
7 #	490	Tang, Andreana Ja	19 Temasek Polytechnic	28.96q	-1.8	2	
8 #	253	Ong, Jia Ling	22 NUS	29.05q	-2.4	1	
9 #	435	Goe, Celine	19 SP	29.30	-1.8	2	
10 #	363	Nabilah, Nada	18 RP	29.70	-1.8	2	
11 #	107	Joelle, Chan Ming	24 FAC	29.89	-2.4	1	
12 #	360	Ho, Angel	18 RP	30.13	-1.9	3	
13 #	111	Wai Theng, Chia	20 FAC	30.23	-1.8	2	
14 #	127	Jalil, Nurul Ainu	17 ITE	30.91	-1.9	3	
15 #	416	Xiu Li, Seet	19 SMU	31.15	-1.8	2	
16 #	392	Lim, Dorothy	21 SIM	31.52	-2.4	1	
17 #	487	Goh Pei Ying, Rac	19 Temasek Polytechnic	34.59	-1.9	3	

## Event 207 Men 200 Meter Dash Open

## Top 8 Advance by Time

=====							
	CR:	21.50	1983	Haron Munir, Flash Athletic Club			
Name	Age	Team	Seed	Prelims	Wind	H#	
=====							
1 #	451	Deepan, Raaj	18 SP	23.09q	-1.9	3	
2 #	117	Januri, Ariff	24 FAC	23.11q	-1.9	3	
3 #	402	Lee, Shawn	23 SIM	23.14q	-1.9	3	
4 #	521	P, Kurumbayan	23 Wings Athletic Club	23.25q	-2.5	1	

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## ...Event 207 Men 200 Meter Dash Open

5 #	515 Liew, Daryl	27	Wings Athletic Club		23.50q	-1.9	3
6 #	174 Neo, Nick, Pei Si	23	Nanyang Polytechnic		23.51q	-1.9	3
7 #	278 Lee, Raymond Scot	22	NUS		23.59q	-2.5	1
8 #	274 Kam, Russell I-Zh	21	NUS		23.70q	-2.1	2
9 #	126 Zulhilmi, Afiqul	25	FAC		23.77	-2.5	1
10 #	157 Chia, Gareth, Wae	18	Nanyang Polytechnic		24.09	-2.1	2
11 #	498 Lee, Choon Loong	22	Temasek Polytechnic		24.30	-2.5	1
12 #	340 Tan, Zheng Jie	18	NP		24.68	-1.9	3
13 #	131 Lim, Yu Hng	18	ITE		25.17	-2.1	2
14 #	426 Wei Lun Eugene, C	24	SMU		25.20	-2.5	1
15 #	128 Bin Mohamad Supia	19	ITE		25.82	-1.9	3
16 #	492 Bin Abdul Jalil,	19	Temasek Polytechnic		25.97	-2.1	2
17 #	218 Wong, YangJie Mat	22	NTU		26.43	-2.5	1
18 #	462 Tan, Dong Hong	18	SP		26.50	-2.1	2
19 #	399 Fong, Khik Hock	22	SIM		29.16	-2.5	1

## Event 208 Women 800 Meter Run Open

CR: 2:11.80 1975 Chee Swee Lee

Name	Age	Team	Seed	Finals	Points
------	-----	------	------	--------	--------

## Finals

1 #	467 Gheresi, Isabella	17	SWIF		2:26.20		9
2 #	242 Ho, Rachel	22	NUS		2:36.50		7
3 #	532 Chua, Shi Qi	19	NUS		2:37.98		6
4 #	303 Koh, Sarah	17	NP		2:44.73		5
5 #	106 Abdul Hamid, Nur	24	FAC		2:47.90		4
6 #	103 Xue. Lisa, Gay	24	Club Zoom		2:51.39		3
7 #	198 Manimaran, Sonali	22	NTU		2:51.62		2
8 #	357 Chan, Aye	20	RP		2:54.53		1
9 #	356 Calinao, Mariz	18	RP		2:55.35		
10 #	134 Chai, En-Yer	18	Nanyang Polytechnic		2:57.18		
11 #	138 Goh, Sin Yee	19	Nanyang Polytechnic		2:58.40		
12 #	394 Teoh, Kitty	20	SIM		3:01.25		
13 #	200 Ng, Joy	19	NTU		3:16.39		

## Event 209 Men 800 Meter Run Open

CR: 1:53.30 1968 James H Douglas

Name	Age	Team	Seed	Finals	H#	Points
------	-----	------	------	--------	----	--------

1 #	123 Suresh, Kiranraj	18	FAC		2:02.41	2	9
2 #	293 Tok, Yin Pin	22	NUS		2:02.49	1	7
3 #	228 Tan, Jasper	24	NTU		2:03.61	2	6
4 #	353 Sandesh Bikram, P	22	PSA		2:04.49	2	5
5 #	491 Andrew, Jonathan	18	Temasek Polytechnic		2:05.31	1	4
6 #	317 Chia, Shawn	19	NP		2:07.40	1	3
7 #	172 Mohamed Zulkefly,	18	Nanyang Polytechnic		2:09.04	1	2
8 #	289 Tan, Ignatius	24	NUS		2:09.45	2	1
9 #	185 Wong, Darren, Jun	18	Nanyang Polytechnic		2:10.77	2	
10 #	345 Bhuwan Singh, Rai	23	PSA		2:11.01	1	
11 #	445 ., Thirunithiyar	17	SP		2:11.88	1	
12 #	524 Seah, Daniel	22	Wings Athletic Club		2:12.52	1	
13 #	374 Lim, Zhi Hong	19	RP		2:15.68	2	
14 #	229 Tay, Benjamin	23	NTU		2:16.85	1	
15 #	518 Mohd, Ajmil	24	Wings Athletic Club		2:18.21	2	
16 #	475 Alec, Tan	22	SWIF		2:20.63	2	
17 #	326 Lee, Joel	18	NP		2:23.65	2	
18 #	114 Daniel Batch, Del	21	FAC		2:26.60	2	



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## Event 210 Women Discus Throw (1kg) Open

CR: 44.48m 2001 Du Xian Hui, Swift Athletes Associati									
Name	Age	Team	Seed	Finals	Points				
1 # 368 Yee, Melissa	20	RP		38.08m	9				
X 31.30m 38.08m X 35.55m 33.55m									
2 # 300 Kek, Jing Wen	19	NP		34.13m	7				
X 31.48m 32.95m 33.16m 34.13m X									
3 # 241 Heng, Nicole	23	NUS		33.30m	6				
31.23m 30.49m 32.23m 33.30m 31.50m 32.14m									
4 # 442 Soh, Mirally	19	SP		32.22m	5				
31.95m 32.22m X 31.84m 30.43m X									
5 # 204 Tan, Desiree	19	NTU		31.18m	4				
29.73m 31.18m 28.66m X 29.01m 29.90m									
6 # 444 Too, Megan	17	SP		27.75m	3				
25.97m 26.35m X 24.99m 27.75m 25.84m									
7 # 140 Ho, Joleen, Hui W	17	Nanyang Polytechnic		23.84m	2				
22.53m X 22.08m 20.56m 22.65m 23.84m									
8 # 194 Chua, Marcella	21	NTU		23.37m	1				
23.37m X 22.51m 22.31m 22.60m 22.15m									
9 # 148 Seah, Kayla Faith	17	Nanyang Polytechnic		22.17m					
21.54m 22.17m 20.62m									
10 # 240 Goh, Qian Hui	20	NUS		12.96m					
12.96m X 11.73m									

## Event 211 Men 110 Meter Hurdles (1.067m) Open

CR: 14.45 2015 Ang Chen Xiang, National University of S							
Name	Age	Team	Prelims	Finals	Wind	Points	
1 # 264 Ang, Chen Xiang	24	NUS	14.65	14.57	-0.7	9	
2 # 212 Awyong, Liang Qi	23	NTU	15.09	14.86	-0.7	7	
3 # 211 Ang, Ding Hui	22	NTU	15.08	14.95	-0.7	6	
4 # 183 Toh, Isaac, Beam	18	Nanyang Polytechnic	16.56	16.19	-0.7	5	
5 # 508 Asyraf, Alif	20	Wings Athletic Club	17.13	17.16	-0.7	4	
6 # 175 Ng, Silas, Wei Ha	18	Nanyang Polytechnic	18.12	17.65	-0.7	3	
7 # 446 Azraei, Arif	20	SP	17.61	19.62	-0.7	2	

## Event 212 Women 100 Meter Hurdles (0.838m) Open

CR: 14.86 2015 Jannah Wong, National University of S							
Name	Age	Team	Seed	Finals	Wind	Points	
1 # 411 Jing Rong Kerstin	21	SMU		15.86	-1.7	9	
2 # 309 Seet, Joanna	18	NP		18.22	-1.7	7	
3 # 306 Lau, Caris	19	NP		18.28	-1.7	6	
4 # 251 Neo, Rachel	20	NUS		20.14	-1.7	5	

## Event 213 Women 200 Meter Dash Open

CR: 24.36 1979 Caroline Pereira, Combined Schools							
Name	Age	Team	Prelims	Finals	Wind	Points	
1 # 414 Veronica Shanti,	22	SMU	27.07	25.06	-1.2	9	
2 # 296 Bte Razali, Nurul	19	NP	28.23	27.84	-1.2	7	
3 # 305 Kuppusamy, Darshi	19	NP	28.45	28.25	-1.2	6	
4 # 490 Tang, Andreana Ja	19	Temasek Polytechnic	28.96	28.33	-1.2	5	
5 # 152 Tay, Rebecca, Kai	17	Nanyang Polytechnic	28.68	28.34	-1.2	4	
6 # 137 Enn, Cindy	22	Nanyang Polytechnic	28.55	28.40	-1.2	3	
7 # 253 Ong, Jia Ling	22	NUS	29.05	28.91	-1.2	2	

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## Event 214 Men 200 Meter Dash Open

=====								
CR:		21.50	1983	Haron Munir, Flash Athletic Club				
Name	Age	Team	Prelims	Finals	Wind	Points		
=====								
1 #	117	Januri, Ariff	24	FAC	23.11	22.51	-1.7	9
2 #	278	Lee, Raymond Scot	22	NUS	23.59	22.54	-1.7	7
3 #	402	Lee, Shawn	23	SIM	23.14	22.93	-1.7	6
4 #	521	P, Kurumbeyan	23	Wings Athletic Club	23.25	23.09	-1.7	5
5 #	515	Liew, Daryl	27	Wings Athletic Club	23.50	23.42	-1.7	4
6 #	174	Neo, Nick, Pei Si	23	Nanyang Polytechnic	23.51	23.49	-1.7	3
7 #	274	Kam, Russell I-Zh	21	NUS	23.70	23.61	-1.7	2

## Event 215 Men Long Jump Open

=====								
CR:		7.23m	1975	Yeo Kian Chye, Police				
Name	Age	Team	Seed	Finals	Wind	Points		
=====								
1 #	325	Lee, Darren	18	NP		6.79m	0.7	9
		X(0.8) 6.55m(+0.0) 6.74m(0.1) 4.39m(0.8) X(1.5) 6.79m(0.7)						
2 #	428	Xian Yang Jerrel,	22	SMU		6.61m	1.7	7
		6.44m(1.4) 6.50m(0.6) 5.92m(2.0) 6.53m(2.1) 6.61m(1.7) 6.38m(0.5)						
3 #	455	Kyaw, Linn Naing	20	SP		6.60m	1.3	6
		X X 6.28m(0.2) X 6.60m(1.3) X						
4 #	124	Wei Hung, Jarryl	21	FAC		6.59m	1.6	5
		6.50m(+0.0) 6.57m(1.4) 6.56m(0.3) 6.59m(1.6) 6.59m(0.7) 6.51m(0.9)						
5 #	116	Ivan, Mun Jern We	20	FAC		6.56m	2.1	4
		X(1.3) 6.48m(0.7) X(0.9) 6.56m(2.1) X(1.0) X(0.8)						
6 #	176	Ngoh, Nicholas,	19	Nanyang Polytechnic		6.44m	0.3	3
		6.21m(0.7) 6.44m(0.3) 6.32m(1.2) 6.02m(1.5) 6.14m(1.4) X(1.5)						
7 #	386	Toh, Wei Yu	19	Safsa		6.35m	+0.0	2
		6.26m(1.3) 6.35m(+0.0) X(0.7) 5.97m(1.2) X X						
8 #	513	Lai, Yong Hui	29	Wings Athletic Club		6.11m	1.4	1
		6.11m(1.4) 6.02m(2.0) 5.79m(0.2) X(1.1) 5.72m(0.8) 5.76m(+0.0)						
9 #	525	Soon, Safwan	27	Wings Athletic Club		6.08m	+0.0	
		6.08m(+0.0) X						
10 #	280	Lim, Samuel	21	NUS		5.85m	1.6	
		5.85m(1.6) 5.76m(1.0) 5.55m(1.0)						
11 #	166	Lee, William, Yao	19	Nanyang Polytechnic		5.80m	+0.0	
		5.68m(+0.0) 5.80m(+0.0) 5.49m(0.2)						
12 #	461	Phua, Wee Hung	18	SP		5.75m	1.3	
		5.75m(1.3) 5.72m(1.2) 5.54m(1.3)						
13 #	349	Lin, Yu En	19	PSA		5.72m	1.0	
		5.72m(1.0) X(0.3) X(1.3)						
14 #	338	Song, Wayne	17	NP		5.53m	1.1	
		5.53m(1.1) 5.51m(+0.0) 5.48m(1.9)						
14 #	370	Heng, Brandon	20	RP		5.53m	+0.0	
		X(+0.0) 5.53m(+0.0) X(+0.0)						
16 #	372	Kang, Yee Cher	20	RP		5.39m	0.8	
		5.24m(1.4) 5.39m(0.8) 5.33m(1.5)						
17 #	496	Chua Wei Jun, Eug	18	Temasek Polytechnic		5.37m	+0.0	
		5.30m(+0.0) X(0.1) 5.37m(+0.0)						
18 #	383	Chow, Yu Hang	24	Safsa		5.00m	0.9	
		X(2.2) 5.00m(0.9) X(+0.0)						
19 #	235	Zuhayr, Mohamed I	21	NTU		4.60m	0.3	
		4.60m(0.3) X(0.8) 4.42m(1.2)						
20 #	431	Yi Wei Darren, Ta	22	SMU		4.59m	1.1	
		4.52m(+0.0) 4.59m(1.1) 4.15m(1.0)						

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## Event 216 Women 5000 Meter Run Open

CR: 18:53.68 2017 Patel, Indira, Swift Athletes Associati						
Name	Age	Team	Seed	Finals	Points	
1 # 245 Lee, Vanessa	20	NUS		18:48.38	9	
2 # 197 Low, Nicole	20	NTU		19:54.98	7	
3 # 474 Tamilmanni, Thaar	20	SWIF		23:13.07	6	
4 # 155 Yap, Joey, Kai Qi	18	Nanyang Polytechnic		23:14.66	5	
5 # 101 Ning, Cheng	23	Club Zoom		24:09.23	4	
6 # 243 Hu, Yifeng	22	NUS		24:10.13	3	
7 # 205 Tang, Celeste	22	NTU		26:14.36	2	
8 # 367 Yap, Abby	18	RP		26:52.09	1	
9 # 151 Tan, Linette, Hu	18	Nanyang Polytechnic		27:46.75		

## Event 217 Men Discus Throw (2kg) Open

CR: 51.77m 2001 Dong Enxin, Swift Athletes Associat						
Name	Age	Team	Seed	Finals	Points	
1 # 125 Yee, Eric	19	FAC		45.84m	9	
43.59m 42.32m 45.84m 43.98m 45.19m 45.84m						
2 # 288 See, Brian	22	NUS		42.34m	7	
39.25m 42.17m 41.89m 39.41m X 42.34m						
3 # 226 Rapet, Julien	30	NTU		41.36m	6	
39.96m 40.47m X 40.20m 41.36m 40.48m						
4 # 528 Toh, Wei De	32	Wings Athletic Club		38.79m	5	
37.43m 38.45m 38.09m 38.79m 37.26m X						
5 # 291 Tan, Ting Jun	21	NUS		36.47m	4	
32.30m X 32.03m 36.47m 35.56m 33.96m						
6 # 453 Koh, Leroy	20	SP		30.62m	3	
26.39m X 26.88m 29.74m 29.45m 30.62m						
7 # 447 Beh, Hongbin	22	SP		26.50m	2	
25.75m X 24.63m 25.66m 24.41m 26.50m						
8 # 179 Shah, Shaik Imadd	20	Nanyang Polytechnic		24.57m	1	
24.15m 24.57m X X X X						
9 # 509 Boey, Desmond	26	Wings Athletic Club		21.30m		
20.74m 20.94m 21.30m						
10 # 319 Kek, Jing Wei	18	NP		17.79m		
X X 17.79m						

## Event 218 Women Pole Vault Open

CR: 3.50m 2015 Rachel Isabel Yang, Club Zoom						
Name	Age	Team	Seed	Finals	Points	
1 # 102 Rachel, Yang	36	Club Zoom		3.00m	9	
3.00						
0						

## Event 219 Men 400 Meter Hurdles (0.914m) Open

CR: 54.10 1983 Seah Soo Lye, Swift Athletes Associati						
Name	Age	Team	Seed	Finals	Points	
1 # 225 Quek, Calvin	22	NTU		56.43	9	
2 # 183 Toh, Isaac, Beam	18	Nanyang Polytechnic		59.81	7	
3 # 115 Guo Pei, Loh	27	FAC		1:00.77	6	
4 # 282 Low, Ziron	23	NUS		1:03.72	5	
5 # 332 Lim, Yong Zuan	19	NP		1:05.79	4	
6 # 454 Kong, Yuki	17	SP		1:06.76	3	

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## ...Event 219 Men 400 Meter Hurdles (0.914m) Open

7 #	464 Tan, Lukas	18 SP		1:11.15	2
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## Event 220 Women 400 Meter Hurdles (0.762m) Open

CR:	1:05.65	2015	Goh Chui Ling, National University of S
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Name	Age	Team	Seed	Finals	Points
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1 #	411 Jing Rong Kerstin	21 SMU		1:12.41	9
2 #	309 Seet, Joanna	18 NP		1:13.76	7
3 #	306 Lau, Caris	19 NP		1:19.40	6
4 #	146 Lum, Renee, Kar Y	18 Nanyang Polytechnic		1:23.53	5
5 #	408 Carissa, Wong	20 SMU		1:35.57	4

## Event 221 Men 3000 Meter Steeplechase (0.914m) Open

CR:	9:32.00	1994	Birch
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Name	Age	Team	Seed	Finals	Points
------	-----	------	------	--------	--------

1 #	268 Chew, Xiu Zheng	23 NUS		10:44.56	9
2 #	161 Kannan, Mukesh	19 Nanyang Polytechnic		11:09.99	7
3 #	518 Mohd, Ajmil	24 Wings Athletic Club		11:10.19	6
4 #	294 Wong, Samuel	24 NUS		11:21.86	5
5 #	337 Pua, Austin	18 NP		11:44.68	4
6 #	167 Lim, Jaeger, Xuan	17 Nanyang Polytechnic		11:47.60	3
7 #	227 Tan, Denverson	23 NTU		13:42.00	2
8 #	214 Phua, Joel	22 NTU		14:06.59	1

## Event 222 Women 3000 Meter Steeplechase (0.762m) Open

CR:	12:16.13	2015	Cheryl Chan, Wings Athletic Club
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Name	Age	Team	Seed	Finals	Points
------	-----	------	------	--------	--------

1 #	248 Lok, Xin Ying	21 NUS		13:24.13	9
2 #	196 Hew, Rachel	21 NTU		13:30.00	7
3 #	247 Lin, Kathleen	21 NUS		13:43.29	6
4 #	395 Wong, Cheryl	20 SIM		15:33.13	5
5 #	361 Liew, Zhi Shan	18 RP		16:02.12	4
6 #	208 Yeo, Li Sin	21 NTU		16:07.08	3

## Event 223 Men 10000 Meter Run Open

CR:	33:19.06	2017	Nimesh, Gurung, PSA
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Name	Age	Team	Seed	Finals	Points
------	-----	------	------	--------	--------

1 #	404 Parajuli, Nabin	25 SIM		33:51.85	9
2 #	263 Abdul Wahab Maric	21 NUS		35:01.48	7
3 #	122 Soundararajah, Je	FAC		35:19.03	6
4 #	479 He, Burton	28 SWIF		36:14.55	5
5 #	478 Hamdan, Hafiz	31 SWIF		38:12.34	4
6 #	516 Liu, Zhehao	29 Wings Athletic Club		39:22.75	3
7 #	514 Lee, Aaron	21 Wings Athletic Club		40:09.17	2
8 #	158 Chow, Nelson, Yew	19 Nanyang Polytechnic		42:03.73	1
9 #	219 Lam, Chun Hong	24 NTU		43:29.77	

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## Event 224 Women 4x400 Meter Relay Open

CR: 4:02.00 1974		Flash Athletic Club				
Team			Seed	Finals	Points	
1 National University of Singapo 'A'				4:25.53	18	
1) #253 Ong, Jia Ling 22		2) #247 Lin, Kathleen 21				
3) #242 Ho, Rachel 22		4) #239 Goh, Celeste 19				
2 Nanyang Polytechnic 'A'				4:33.23	14	
1) #137 Enn, Cindy 22		2) #152 Tay, Rebecca, Kai En 17				
3) #146 Lum, Renee, Kar Ying 18		4) #133 Ang, Jia Yin 17				
3 Flash Athletics Clubs 'A'				4:34.52	12	
1) #111 Wai Theng, Chia 20		2) #106 Abdul Hamid, Nur Hamizah B				
4 Ngee Ann Polytechnic 'A'				4:35.87	10	
1) #305 Kuppusamy, Darshini 19		2) #301 Khong, Eliora 18				
3) #298 Chow, Celeste 17		4) #309 Seet, Joanna 18				
5 Singapore Management Universit 'A'				4:46.51	8	
1) #412 Kait Lyn Rebecca, Kwan 22		2) #417 Yan Ting, Goh 21				
3) #411 Jing Rong Kerstin, Ong 21		4) #407 Andrea, Chong 20				
6 Nanyang Technology of Universi 'A'				4:50.27	6	
1) #205 Tang, Celeste 22		2) #203 Tan, Adeline 22				
3) #198 Manimaran, Sonali 22		4) #199 Ng, Grace 26				
7 Singapore Institute of Managem 'A'				4:51.76	4	
1) #395 Wong, Cheryl 20		2) #390 Kang, Pei Ling 21				
3) #394 Teoh, Kitty 20		4) #391 Leo, Wan Ting 22				
8 Republic Polytechnic 'A'				4:53.94	2	
1) #362 Lo, Robyn 18		2) #357 Chan, Aye 20				
3) #363 Nabilah, Nada 18		4) #360 Ho, Angel 18				

## Event 225 Men 4x400 Meter Relay Open

CR: 3:19.40 1975		Flash Athletic Club				
Team			Seed	Finals	H#	Points
1 National University of Singapo 'A'				3:28.78	2	18
1) #278 Lee, Raymond Scott 22		2) #293 Tok, Yin Pin 22				
3) #274 Kam, Russell I-Zheng 21		4) #283 Mohd Zin, Zulkarnain 23				
2 Nanyang Technology of Universi 'A'				3:31.29	1	14
1) #222 Lim, Jia Le 24		2) #232 Tien, Darren 24				
3) #228 Tan, Jasper 24		4) #213 bin Abdul Halim, Muhd Reyh				
3 Nanyang Polytechnic 'A'				3:36.15	2	12
1) #177 Ngui, Ian 17		2) #159 Hari Chandra, Russell 19				
3) #171 Manoj, Shakti 18		4) #175 Ng, Silas, Wei Hao 18				
4 Wings Athletic Club 'A'				3:36.77	2	10
1) #513 Lai, Yong Hui 29		2) #526 Tan, Marcus 17				
3) #517 Loh, Lvance 27		4) #529 Zamrot, Luqman 24				
5 Flash Athletics Clubs 'A'				3:41.10	1	8
1) #117 Januri, Ariff 24		2) #123 Suresh, Kiranraj S/O 18				
3) #120 Kian Chong, Chan 24		4) #126 Zulhilmi, Afiquil Adib 25				
6 Republic Polytechnic 'A'				3:42.66	2	6
1) #379 Tan, Darryl 17		2) #370 Heng, Brandon 20				
3) #369 Anuar, Saiful 20		4) #374 Lim, Zhi Hong 19				
7 Ngee Ann Polytechnic 'A'				3:46.22	1	4
1) #340 Tan, Zheng Jie 18		2) #333 Low, Russell 17				
3) #315 B Mohd Shariff, Abdul Raza		4) #314 B Kassim, Muhammad Hazim 1				
8 Police Sports Association 'A'				3:48.66	1	2
1) #351 Nirmal, Gurung 29		2) #347 Deependra, Bhujel 27				
3) #344 Bhuwan Sing, Rai 23		4) #352 Prabin, Gharti 24				
9 Singapore Management Universit 'A'				4:00.91	2	
1) #420 Kwee Kee Kelvin, Lim 24		2) #421 Min Gin Leander, Yong 22				
3) #422 Mohamad Ghazali, Ariff Izz		4) #424 Nan Tian, Dai 21				

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**....Event 225 Men 4x400 Meter Relay Open**

10	Singapore Institute of Managem	'A'		4:13.66	1
	1) #397 Cheng, Sheng Xiang	25	2) #399 Fong, Khik Hock	22	
	3) #396 Cen, Herdy	18	4) #403 Liu, Qing Yang	25	