

FLASH-ACTIVESG INTERNATIONAL ATHLETICS MEET 2018

Track										Field			
No.	Day	Date	Time	Venue	Event	Category	Status	Event	Category	Status			
3	Saturday	4-Aug	8.30AM	Bishan Stadium	1500m	Women U20	Timed Finals	High Jump	Women Open	Final			
			8.30AM		1500m	Women Open	Timed Finals	Javelin	Men Open	Final			
			8.40AM		1500m	Men U20	Timed Finals	Triple Jump	Women Open	Final			
			8.45AM		1500m	Men Open	Timed Finals						
			8.50AM		1500m	Men Corp.	Timed Finals						
			9.00AM		Victory Ceremony								
			9.20AM		100m	Women U20	Final						
			9.25AM		100m	Women Open	Final						
			9.30AM		100m	Men Open (VI)	Final						
			9.35AM		100m	Men U20	Final						
			9.40AM		100m	Men Open	Final						
			9.45AM		100m	Men Corp.	Final						
			9.50AM		Victory Ceremony								
			10.30AM		400m	Women Open	Heats						
			10.40AM		400m	Men U20	Heats						
			10.50AM		400m	Men Open	Heats						
			11.25AM		Victory Ceremony								
Track										Field			
No.	Day	Date	Time	Venue	Event	Category	Status	Event	Category	Status			
			2.15PM		400m	Women Open (II)	Final						
			2.20PM		400m	Women U20	Final						
			2.25PM		400m	Women Open	Final						
			2.30PM		400m	Men Open (II)	Final	High Jump	Men Open	Final			
			2.35PM		400m	Men U20	Final	Javelin	Women Open	Final			
			2.40PM		400m	Men Open	Final	Triple Jump	Men Open	Final			
			2.45PM		Victory Ceremony								
			3.00PM		4x800m	Girls U13	Final						
			3.15PM		4x800m	Women Open	Final						
			3.25PM		4x800m	Men Open	Final						
			3.35PM		4x800m	Women Masters	Timed Finals						
			3.45PM		4x800m	Men Masters	Timed Finals						
			4.00PM		Inter-Gen Medley	Mixed Open	Final						
			4.15PM		4x100m	Men Open	Heats						
			4.35PM		20x200m	Mixed Open	Final						
			4.50PM		Victory Ceremony								
			Track										Field
No.	Day	Date	Time	Venue	Event	Category	Status	Event	Category	Status			
3	Saturday	4-Aug	6.30PM		100m	Women Int'l	Heats	Pole Vault	Women Int'l	Final			
			6.40PM		100m	Men Int'l	Heats	Long Jump	Men Int'l	Final			
			7.00PM		400m Hurdles	Men Int'l	Final						
			7.10PM		10x80m Shuttle Relay	Girls U13	Final						
			7.20PM		10x80m Shuttle Relay	Boys U13	Final						
			7.30PM					Pole Vault	Men Int'l	Final			
			7.30PM		Victory Ceremony								
			8.00PM		100m	Women Int'l	Final						
			8.10PM		100m	Men Int'l	Final						
			8.20PM		5000m	Men Int'l	Final						
			8.40PM		Victory Ceremony								
			9.00PM		4x100m	Women Open	Final						
			9.10PM		4x100m	Men Open	Final						
			9.20PM		Victory Ceremony								

			Track				Field										
No.	Day	Date	Time	Venue	Event	Category	Status	Event	Category	Status							
4	Sunday	5-Aug	1.30PM		4x100m	Boys U11	Heats										
			1.40PM		4x100m	Girls U11	Final										
			1.50PM		4x100m	Girls U13	Final										
			2.00PM		4x100m	Boys U13	Final										
			2.05PM		4x100m	Women U20	Final										
			2.10PM		4x100m	Men U20	Final										
			2.20PM		4x100m	Men Corp.	Final										
			2.30PM		4x100m	Women Masters	Final										
			2.40PM		4x100m	Men Masters	Final										
			2.50PM		4x100m	Boys U11	Final										
			3.00PM		Victory Ceremony												
			3.30PM		4x400m	Girls U11	Timed Finals										
			3.40PM		4x400m	Boys U11	Timed Finals										
			3.50PM		4x400m	Girls U13	Timed Finals										
			4.00PM		4x400m	Boys U13	Timed Finals										
			4.10PM		4x400m	Women U20	Timed Finals										
			4.20PM		4x400m	Men U20	Timed Finals										
			4.30PM		4x400m	Women Corp.	Timed Finals										
			4.40PM		4x400m	Men Corp.	Timed Finals										
			4.50PM		4x400m	Women Masters	Timed Finals										
			5.00PM		4x400m	Men Masters	Timed Finals										
			5.30PM		Victory Ceremony												
						Track					Field						
			No.		Day	Date	Time				Venue	Event	Category	Status	Event	Category	Status
4	Sunday	5-Aug	6.30PM	Bishan Stadium	400m	Men Int'l	Final	High Jump	Women Int'l	Final							
			6.45PM		110m Hurdles	Men Int'l	Final	Javelin	Men Int'l	Final							
			6.55PM		100m Hurdles	Women Int'l	Final										
			7.05PM		Parent/ Child 8x30m Shuttle Relay	Mixed U11	Final										
			7.15PM		1500m	Women Int'l	Final										
			7.25PM		1500m	Men Int'l	Final	High Jump	Men Int'l	Final							
			7.30PM		Victory Ceremony												
			7.50PM		4x400m	Women Open	Final										
			8.00PM		4x400m	Men Open	Final										
			8.10PM		4x100m	Women Int'l	Final										
			8.20PM		4x100m	Men Int'l	Final										
			8.30PM		Victory Ceremony												