

SCHEDULE 95th MALAYSIAN OPEN & YOUTH ATHLETICS CHAMPIONSHIP 2018

DAY ONE – Friday, 11 May 2018

Event No	Time	Events	Category	Round
101	7.30am	10000m	Men Open	Final
102	7.30am	10000m	Men Youth	Final
103	8.30am	High Jump	Women Open	Final
104	8.30am	Javelin Throw	Men Open	Final
105	8.40am	Discus Throw	Women Youth	Final
106	8.40am	100m	Men Open	Decathlon 1
107	8.50am	100m	Women Open	S/Final
108	9.05am	100m	Men Open	S/Final
109	9.20am	Long Jump	Men Open	Decathlon 2
110	9.20am	100m	Women Youth	S/Final
111	9.35am	100m	Men Youth	S/Final
112	9.50am	400m	Women Youth	S/Final
113	10.05am	400m	Women Open	S/Final
114	10.10am	High Jump	Women Youth	Final
115	10.10am	Javelin Throw	Men Youth	Final
116	10.10am	Discus Throw	Women Open	Final
117	10.20am	400m	Men Youth	S/Final
118	10.35am	400m	Men Open	S/Final
119	10.45am	Shot put	Men Open	Decathlon 3
BREAK				
120	2.45pm	High Jump	Men Open	Decathlon 4
121	2.45pm	Javelin Throw	Women Youth	Final
122	2.45pm	Triple Jump	Men Youth	Final
123	2.45pm	Discus Throw	Men Open	Final
124	3.00pm	100m	Women Youth	Final
125	3.15pm	100m	Women Open	Final
126	3.30pm	100m	Men Youth	Final
127	3.45pm	100m	Men Open	Final
128	4.00pm	Triple Jump	Men Open	Final
129	4.00pm	Discus Throw	Men Youth	Final
130	4.00pm	Javelin Throw	Women Open	Final
131	4.00pm	400m	Women Youth	Final
132	4.10pm	400m	Women Open	Final
133	4.20pm	400m	Men Youth	Final
134	4.30pm	400m	Men Open	Final
135	4.40pm	400m	Men Open	Decathlon 5
136	5.00pm	5000m	Women Open	Final
137	5.00pm	5000m	Women Youth	Final

DAY TWO – Saturday, 12 May 2018

Event No	Time	Events	Sex	Round
201	7.30am	10000m Walk	Men Open	Final
202	7.30am	10000m Walk	Men Youth	Final
203	8.30am	Shot put	Men Youth	Final
204	8.30am	Long Jump	Women Youth	Final
205	8.30am	Pole Vault	Men Youth	Final
206	8.45am	100m Hurdles	Women Open	Hepthalon 1
207	9.00am	100m Hurdles	Women Youth	S/Final
208	9.15am	100m Hurdles	Women Open	S/Final
209	9.30am	110m Hurdles	Men Open	Decathlon 6
210	9.45am	110m Hurdles	Men Youth	S/Final
211	10.00am	110m Hurdles	Men Open	S/Final
212	10.10am	High Jump	Women Open	Hepthalon 2
213	10.10am	Discus Throw	Men Open	Decathlon
214	10.20am	800m	Women Youth	S/Final
215	10.35am	800m	Women Open	S/Final
216	10.35am	Shot put	Men Open	Final
217	10.35am	Long Jump	Women Open	Final
218	10.50am	Pole Vault	Men Open	Decathlon 7
219	10.50am	800m	Men Youth	S/Final
220	11.05am	800m	Men Open	S/Final
BREAK				
221	2.45pm	High Jump	Men Open	Final
222	2.45pm	Hammer Throw	Women Youth	Final
223	2.50pm	Javelin Throw	Men Open	Decathlon 8
224	2.50pm	Shot put	Women Open	Hepthalon 3
225	2.50pm	100m Hurdles	Women Youth	Final
226	3.00pm	100m Hurdles	Women Open	Final
227	3.10pm	110m Hurdles	Men Youth	Final
228	3.20pm	110m Hurdles	Men Open	Final
229	3.20pm	Pole Vault	Men Open	Final
230	3.30pm	800m	Women Youth	Final
231	3.40pm	800m	Women Open	Final
232	3.50pm	800m	Men Youth	Final
233	4.00pm	800m	Men Open	Final
234	4.10pm	200m	Women Open	Hepthalon 4
235	4.10pm	High Jump	Men Youth	Final
236	4.10pm	Hammer Throw	Women Open	Final
237	4.25pm	3,000m Steeplechase	Women Youth	Final
238	4.25pm	3,000m Steeplechase	Women Open	Final
239	4.50pm	3,000m Steeplechase	Men Youth	Final
240	4.50pm	3,000m Steeplechase	Men Open	Final
241	5.15pm	1,500m	Men Open	Decathlon 9
242	5.30pm	4x400m Relay	Women Youth	Final
243	5.40pm	4x400m Relay	Women Open	Final
244	5.50pm	4x400m Relay	Men Youth	Final
245	6.00pm	4x400m Relay	Men Open	Final

DAY THREE – Sunday, 13 May 2018

Event No	Time	Events	Sex	Round
301	7.30am	10,000m Walk	Women Open	Final
302	7.30am	10,000m Walk	Women Youth	Final
303	8.00am	Long Jump	Women Open	Hepthalon 5
304	8.30am	Shot put	Women Youth	Final
305	8.30am	Hammer Throw	Men Youth	Final
306	8.50am	5000m	Men Open	Final
307	8.50am	5000m	Men Youth	Final
308	9.00am	Long Jump	Men Open	Final
309	9.00am	Pole Vault	Women Open	Final
310	9.40am	200m	Women Youth	S/Final
311	9.55am	200m	Women Open	S/Final
312	10.00am	Javelin Throw	Women Open	Hepthalon 6
313	10.10am	200m	Men Youth	S/Final
314	10.25am	200m	Men Youth	S/Final
315	10.30am	Long Jump	Men Youth	Final
316	10.40am	400m Hurdles	Women Youth	S/Final
317	10.55am	400m Hurdles	Women Open	S/Final
318	11.10am	400m Hurdles	Men Youth	S/Final
319	11.25am	400m Hurdles	Men Open	S/Final
BREAK				
320	2.45pm	Triple Jump	Men Open	Final
321	2.45pm	Pole Vault	Women Youth	Final
322	2.45pm	Shot put	Women Open	Final
323	2.45pm	Hammer Throw	Men Open	Final
324	2.50pm	400m Hurdles	Men Youth	Final
325	3.00pm	400m Hurdles	Men Open	Final
327	3.10pm	400m Hurdles	Women Youth	Final
328	3.20pm	400m Hurdles	Women Open	Final
329	3.35pm	800m	Women Open	Hepthalon 7
340	3.50pm	200m	Women Youth	Final
341	4.00pm	200m	Women Open	Final
342	4.10pm	200m	Men Youth	Final
343	4.20pm	200m	Men Open	Final
344	4.20pm	Triple Jump	Men Youth	Final
345	4.30pm	1,500m	Women Youth	Final
346	4.45pm	1,500m	Women Open	Final
347	5.00pm	1,500m	Men Youth	Final
348	5.15pm	1,500m	Men Open	Final
349	5.30pm	4 x100m Relay	Women Youth	Final
350	5.40pm	4 x100m Relay	Women Open	Final
351	5.50pm	4 x100m Relay	Men Youth	Final
352	6.00pm	4 x100m Relay	Men Open	Final