

# Day 3

---

## Singapore National Games 2016 - 31/7/2016 to 7/8/2016

## Choa Chu Kang Stadium

## Results

## Event 301 Men Shot Put Open

Name	Age Team	Finals
Finals		
1 402 Koh, Bryan	M22 Unattached	10.93m
		9.65m 10.93m 10.90m 10.30m X 10.37m
2 498 Jong, Ting Kai	M30 Unattached	10.66m
		10.37m 10.55m X 10.02m 10.40m 10.66m
3 266 Que, Melvin	M19 Temasek Polytechnic	9.41m
		9.24m 9.40m 8.83m 8.68m 9.02m 9.41m
4 463 Syazwan, Muhd	M20 Unattached	8.53m
		8.16m X 7.98m 8.33m 8.53m 8.02m
5 439 Nakkeran, Thirunav	M29 Unattached	8.47m
		8.47m 7.99m X 8.33m 8.43m 7.02m

## Event 303 Women Long Jump U20

Name	Age Team	Finals	Wind
1 7 Khor, Xin Yi	W14 Cedar Girls'	4.92m	+0.0
		4.92m(+0.0) 4.71m(+0.0) 4.59m(+0.0) 4.75m(+0.0) 4.76m(+0.0) 4.61m(+0.0)	
2 200 Ang, Wei Lu	W18 Singapore Po	4.81m	+0.0
		4.66m(+0.0) X(+0.0) 4.80m(+0.0) 4.71m(+0.0) 4.81m(+0.0) 4.68m(+0.0)	
3 201 Cheong, Valerie	W19 Singapore Po	4.81m	+0.0
		4.40m(+0.0) 4.67m(+0.0) 4.81m(+0.0) 4.63m(+0.0) 4.79m(+0.0) 4.65m(+0.0)	
4 12 Quek, Raelene	W15 Cedar Girls'	4.48m	+0.0
		4.32m(+0.0) X(+0.0) X(+0.0) 4.21m(+0.0) 4.48m(+0.0) 4.44m(+0.0)	
5 13 Sew, Charmaine	W14 Cedar Girls'	4.38m	+0.0
		4.38m(+0.0) 3.89m(+0.0) 4.29m(+0.0) 3.92m(+0.0) 4.05m(+0.0) 3.84m(+0.0)	
6 245 Sharmaine, Anissa	W18 Temasek Polytechnic	4.38m	+0.0
		3.69m(+0.0) 4.38m(+0.0) 4.29m(+0.0) X(+0.0) X(+0.0) 4.02m(+0.0)	

## Event 305 Women Long Jump Open

Name	Age Team	Finals	Wind
1 289 Chong, Yvette	W22 Unattached	4.82m	+0.0
		X(+0.0) 4.70m(+0.0) 4.77m(+0.0) 4.82m(+0.0) 4.74m(+0.0) 4.73m(-0.4)	
2 10 Loh, Rachel	W15 Cedar Girls'	4.81m	+0.0
		4.62m(+0.0) 4.64m(+0.0) X(+0.0) 4.10m(+0.0) 4.42m(+0.0) 4.81m(+0.0)	
3 14 Soh, Joanna Erica	W15 Cedar Girls'	4.59m	+0.0
		4.59m(+0.0) X(+0.0) 4.32m(+0.0) 4.44m(+0.0) 4.40m(+0.0) 4.34m(-0.6)	
4 307 Lee, Natalie	W23 Unattached	4.37m	+0.0
		3.87m(+0.0) 3.78m(+0.0) X(+0.0) 4.01m(+0.0) X(+0.0) 4.37m(+0.0)	
5 485 Ng, Chloe	W20 Wings Athlet	3.96m	+0.0
		3.30m(+0.0) 3.44m(+0.0) X(+0.0) 3.96m(+0.0) 3.60m(+0.0) X(+0.0)	

## Event 306 Men 400 Meter Dash U20

Name	Age Team	Prelims	H#
Preliminaries			
1 256 Koh, Alex Rodney	M18 Temasek Polytechnic	53.30Q	3
2 455 Shivasanker, Theva	M18 Unattached	54.03Q	2
3 42 Anuar, Saiful	M18 Flash Athletic Club	55.25Q	1
4 383 Chandra, Russell H	M17 Unattached	55.66Q	3

## Singapore National Games 2016 - 31/7/2016 to 7/8/2016

## Choa Chu Kang Stadium

## Results

## ....Event 306 Men 400 Meter Dash U20

5	265 Ng, Su Yu	M18 Temasek Polytechnic	56.16Q	1
6	251 Haikal, Muhammad	M18 Temasek Polytechnic	56.65Q	2
7	473 Tay, Jarren	M18 Unattached	56.12q	3
8	174 Wu, Lei Fan	M17 Serangoon Ju	57.37q	2
9	249 Goh, Ezra	M17 Temasek Polytechnic	58.66	1
10	215 Yap, Zhan Wei	M18 Singapore Po	59.12	2
11	61 Chong, WH	M17 Nanyang Polytechnic	59.26	2
12	406 Kumar, David Afvil	M17 Unattached	1:04.95	1

## Event 307 M35 High Jump Masters

Name	Age Team	Finals
------	----------	--------

## Finals

1	35023 Tan, Jonathan	M36 Unattached	1.55m
	1.30 1.45 1.50 1.55 1.60		
	O O XO XO XXX		
2	35024 Wong, Bak Tai	M35 Unattached	1.40m
	1.30 1.35 1.40 1.45		
	O O XO X		

## Event 307 M40 High Jump Masters

Name	Age Team	Finals
------	----------	--------

1	40001 Tan, Adrian	M41 Erovara Association	1.50m
	1.30 1.40 1.45 1.50 1.55		
	O O O XXO X		
2	40020 Lee, Hann Ran	M44 Unattached	1.45m
	1.30 1.35 1.40 1.45 1.50		
	O O O O XXX		

## Event 308 Men 400 Meter Dash Open

Name	Age Team	Prelims	H#
------	----------	---------	----

## Preliminaries

1	252 Hakim, Muhammad Ha	M17 Temasek Polytechnic	53.86Q	1
2	47 Lim, Jia Le	M22 Hcx	54.90Q	3
3	44 Lee, Shawn	M21 Flash Athletic Club	55.65Q	2
4	506 Rag, Kishen	M22 Unattached	55.03Q	1
5	153 Reyhan, Reyhan	M21 Safsa	55.88Q	2
6	66 Liong, Jun Hui	M20 Nanyang Polytechnic	58.78Q	3
7	60 Bin Zulkifili, Haz	M23 Nanyang Polytechnic	57.58q	1
8	70 Teng, Glaxton	M20 Nanyang Polytechnic	57.89q	2
9	246 Ashiq, Muhammad	M21 Temasek Polytechnic	1:01.75	3
10	183 Goh, Desean	M21 Singapore In	1:02.21	3
11	40002 Razak, Abdul	M41 Flash Athletic Club	1:03.70	3

## Event 313 Girls 1x80 Mile Relay Shuttle U13

Team	Finals
------	--------

## Finals

1 Unattached 'A'	2:04.47
------------------	---------

## Singapore National Games 2016 - 31/7/2016 to 7/8/2016

## Choa Chu Kang Stadium

## Results

## ....Event 313 Girls 1x80 Mile Relay Shuttle U13

1) 290 Chua, Heiga 12	2) 299 Johnson, Skylar Gen 12
3) 344 Tye, Aiko 12	4) 354 Yeoh, Yue Qi 12
2 Nanyang Primary School 'A'	2:07.27
3 Nanyang Primary School 'C'	2:18.21
4 Nanyang Primary School 'B'	2:25.56

## Event 314 Women Shot Put Open

Name	Age Team	Finals
1 328 See, Abelle	W21 Unattached	11.78m
11.49m 11.66m 11.78m 11.35m X 11.21m		
2 298 Han, Crystal	W22 Unattached	8.93m
7.93m 7.67m 8.23m 8.93m 8.41m 8.32m		
3 491 Bte Mohamad, Asmah	W32 Unattached	6.95m
6.50m 6.91m 5.32m 6.95m 6.35m 6.83m		

## Event 315 Boys 1x80 Mile Relay Shuttle U13

Team	Finals
1 Nanyang Primary School 'B'	2:08.45
2 Nanyang Primary School 'A'	2:15.84
3 Nanyang Primary School 'C'	2:26.09

## Event 316 Men Long Jump U20

Name	Age Team	Finals	Wind
1 214 Tang, Terence	M19 Singapore Po	6.06m	+0.0
5.96m(1.0) 6.06m(+0.0) X(1.2) 5.89m(1.4) X(0.8) 6.03m(3.0)			
2 208 Kyaw, Linn Naing	M18 Singapore Po	5.93m	0.4
X(1.0) 5.81m(2.5) 5.93m(0.4) 5.78m(0.9) 5.73m(1.7) 5.77m(1.1)			
3 381 Chan, Matz	M14 Unattached	5.82m	+0.0
5.82m(+0.0) 5.81m(0.6) 5.78m(1.1) X(2.2) 5.78m(2.3) 5.75m(0.1)			
4 384 Chen, Sven Shane	M15 Unattached	5.44m	+0.0
5.23m(0.7) 4.79m(1.0) 5.44m(+0.0) 5.44m(2.2) 5.25m(0.3) 5.01m(1.0)			
5 213 Tan, Damien	M19 Singapore Po	5.26m	2.1
5.17m(+0.0) 4.33m(0.4) 5.26m(2.1) X(1.9) 5.11m(1.3) 4.89m(+0.0)			
6 372 Bin Zulkifli, Moha	M18 Unattached	5.26m	+0.0
4.98m(1.4) 5.26m(+0.0) 4.01m(+0.0) 4.48m(2.3) 5.08m(1.6) 4.67m(0.6)			
7 204 Azhar, Muhammad Nu	M19 Singapore Po	5.11m	0.7
4.57m(-0.3) 4.76m(1.5) 5.11m(0.7) 5.02m(2.0) X(2.8) 5.00m(+0.0)			
8 472 Tang, Isaac	M13 Unattached	4.76m	2.3
4.76m(2.3) 4.37m(0.5) 4.64m(2.4) X(1.4) X(2.2) X(+0.0)			
9 215 Yap, Zhan Wei	M18 Singapore Po	4.72m	0.8
4.72m(0.8) 4.25m(+0.0) 4.44m(+0.0)			

## Event 317 Women 400 Meter Dash U20

Name	Age Team	Finals
1 331 Sharma, Bhavyya	W17 Unattached	1:05.26
2 29 Law, Phoebe Angeli	W14 Erovro Association	1:05.85
3 57 Wong, Carissa	W18 Nanyang Polytechnic	1:08.88

**Singapore National Games 2016 - 31/7/2016 to 7/8/2016****Choa Chu Kang Stadium****Results****....Event 317 Women 400 Meter Dash U20**

4	305 Lau, Esther	W17 Unattached	1:12.51
5	241 Moey, Alanis	W17 Temasek Polytechnic	1:15.46
6	327 Roy, Ankita	W17 Unattached	1:24.68

**Event 318 Women 400 Meter Dash Open**

Name	Age	Team	Finals
1	1 Goh, Chui Ling	W24 AAC	59.55
2	312 Liaw, Trisha Marie	W21 Unattached	1:00.68
3	53 Kai Xian, Kai Xian	W20 Nanyang Polytechnic	1:03.96
4	36 Bte Abdul Hamid, N	W22 Flash Athletic Club	1:05.71
5	178 Loh, Valencia	W22 Singapore In	1:10.31
6	485 Ng, Chloe	W20 Wings Athlet	1:11.54

**Event 319 W35 400 Meter Dash Masters**

Name	Age	Team	Finals
1	35012 Yenn, Yenn	W37 Unattached	1:35.20
2	35011 Venkataraman, Abit	W35 Unattached	1:47.92

**Event 320 W40 400 Meter Dash Masters**

Name	Age	Team	Finals
1	40013 Lee, Yien Ping	W41 Unattached	1:17.59

**Event 320 W50 400 Meter Dash Masters**

Name	Age	Team	Finals
1	50006 Tay, Christina	W51 Singapore Ma	1:15.41
2	50013 Williamson, Angela	W52 Unattached	1:51.19

**Event 320 W60 400 Meter Dash Masters**

Name	Age	Team	Finals
1	60002 Tay, Chor Eng	W61 Unattached	1:51.21

**Event 321 Men 400 Meter Dash U20**

Name	Age	Team	Finals
1	256 Koh, Alex Rodney	M18 Temasek Polytechnic	53.04
2	42 Anuar, Saiful	M18 Flash Athletic Club	53.93
3	383 Chandra, Russell H	M17 Unattached	53.99
4	455 Shivasanker, Theva	M18 Unattached	55.20
5	174 Wu, Lei Fan	M17 Serangoon Ju	57.59
6	265 Ng, Su Yu	M18 Temasek Polytechnic	58.24
7	251 Haikal, Muhammad	M18 Temasek Polytechnic	59.95

**Singapore National Games 2016 - 31/7/2016 to 7/8/2016****Choa Chu Kang Stadium****Results****Event 322 Men 400 Meter Dash Open**

Name	Age	Team	Finals
1 44 Lee, Shawn	M21	Flash Athletic Club	51.45
2 153 Reyhan, Reyhan	M21	Safsa	51.88
3 252 Hakim, Muhammad Ha	M17	Temasek Polytechnic	53.27
4 506 Rag, Kishen	M22	Unattached	55.12
5 47 Lim, Jia Le	M22	Hcx	55.59
6 70 Teng, Glaxton	M20	Nanyang Polytechnic	57.13
7 60 Bin Zulkifili, Haz	M23	Nanyang Polytechnic	58.36
8 66 Liong, Jun Hui	M20	Nanyang Polytechnic	59.80

**Event 323 M35 400 Meter Dash Masters**

Name	Age	Team	Finals
1 35014 Chinnapan, Augusti	M38	Unattached	54.17
2 35015 Goh, Wei Boon	M36	Unattached	59.03
3 35006 Rizan, Mohamad Nor	M38	Singapore Ma	1:00.28
4 35022 Tan, Chee Kwang	M35	Unattached	1:00.71
5 35024 Wong, Bak Tai	M35	Unattached	1:07.57
6 35018 Kwan, Boon Leong	M38	Unattached	1:13.89

**Event 324 M40 400 Meter Dash Masters**

Name	Age	Team	Finals
1 40005 Lim, Steven	M40	MacRitchie R	56.24
2 40001 Tan, Adrian	M41	Erovra Association	58.40
3 40027 Verasalam, Thanara	M44	Unattached	59.62
4 40020 Lee, Hann Ran	M44	Unattached	1:07.76
5 40015 Bin Mustafa, Shahr	M42	Unattached	1:12.81
6 40025 Tay, Sidney	M44	Unattached	1:13.00

**Event 325 M45 400 Meter Dash Masters**

Name	Age	Team	Finals
1 45011 Wong, Foong Wee	M48	Singapore Ma	57.68
2 45012 Wong, Jason	M49	Singapore Ma	1:00.06
3 45003 Wong, Sai Wing	M47	MacRitchie R	1:03.25
4 45022 Thai, Lee Kien	M45	Unattached	1:10.02

**Event 326 M50 400 Meter Dash Masters**

Name	Age	Team	Finals
1 50001 Low, Seow Kee	M50	MacRitchie R	1:07.35
2 50017 Lim, Henry	M52	Unattached	1:10.62
3 50019 Lim, JH	M53	Unattached	1:17.07
4 50023 Ravikiran, Inavolu	M50	Unattached	1:20.12

## Singapore National Games 2016 - 31/7/2016 to 7/8/2016

## Choa Chu Kang Stadium

## Results

## Event 327 M55 400 Meter Dash Masters

Name	Age	Team	Finals
1 55008 Tan, Kim Seng	M57	Safsa	1:01.78
2 55020 Wee, Stanley	M58	Smtfa	1:06.01
3 55019 Tay, Keng Kah	M55	Unattached	1:11.43
4 55002 Ng, Teck Kim	M55	Jurong Lake	1:16.95
5 55010 Lee, Chia Chye	M58	Singapore Ma	1:18.42
6 55007 Heng, Ooi Khian	M57	Safra Runnin	1:19.28
7 55015 Chew, Benedict	M58	Unattached	1:23.01
8 55014 Chen, Simon	M55	Unattached	1:27.16

## Event 328 M65 400 Meter Dash Masters

Name	Age	Team	Finals
1 65001 Lim, Jimmy	M67	Braddell Hei	1:24.33
2 65002 Foo, Chee Jin	M68	Red Hawk Spo	1:38.81

## Event 328 M70 400 Meter Dash Masters

Name	Age	Team	Finals
1 70008 Ong, Pang Kiong	M74	Unattached	1:27.11
2 70004 Pookays, Nadaison	M72	Red Hawk Spo	1:30.92
3 70005 S/O Ramasamy, Loga	M70	Red Hawk Spo	1:33.47

## Event 329 M13-19 High Jump Men U20 &amp; Open

Name	Age	Team	Finals
1 372 Bin Zulkifli, Moha	M18	Unattached	1.70m
1.60 1.65 1.70 1.75			
O XXO O XXX			

## Event 329 M20-34 High Jump Men U20 &amp; Open

Name	Age	Team	Finals
1 217 Bin Jumari, Muhamm	M24	Swift Athlet	2.05m
1.85 1.90 1.95 2.00 2.05 2.07			
O O O O XO XX			
2 416 Lim, Nelson	M24	Unattached	1.90m
1.90 1.95			
XO XXX			
3 469 Tan, Wei Jie	M22	Unattached	1.85m
1.85 1.90			
O XXX			
4 460 Sivakumar, Anantha	M23	Unattached	1.80m
1.75 1.80 1.85			
O O XXX			
5 195 Fan, Kelvin	M22	Singapore Ma	1.80m
1.70 1.75 1.80 1.85			
XO XO XO XXX			

## Singapore National Games 2016 - 31/7/2016 to 7/8/2016

## Choa Chu Kang Stadium

## Results

## ....Event 329 M20-34 High Jump Men U20 &amp; Open

6	428 Low, Steven	M21 Unattached	1.75m
	1.65 1.70 1.75 1.80		
	O O XXO XXX		
7	207 Haikal, Haikal	M22 Singapore Po	1.60m
	1.60 1.65		
	O XXX		
8	69 Tan, Luke	M20 Nanyang Polytechnic	1.45m
	1.45 1.50		
	XO XXX		

## Event 330 Men Long Jump Open

Name	Age Team	Finals	Wind
1 218 Khan, Meng Linn	M26 Swift Athlet	6.87m	1.7
	6.62m(+0.0) 6.87m(1.7) 6.80m(0.1) 6.82m(+0.0) -	6.77m(+0.0)	
2 416 Lim, Nelson	M24 Unattached	6.37m	+0.0
	6.21m(1.1) 6.37m(+0.0) 6.21m(0.7) - - -		
3 449 Poon, Marcus	M24 Unattached	6.28m	0.7
	5.71m(1.2) X(1.4) 6.12m(1.5) 6.26m(1.0) 6.28m(0.7) 6.25m(1.5)		
4 495 Bin Hanif, Izwan F	M30 Unattached	6.27m	0.6
	6.09m(0.7) 6.25m(0.7) 6.07m(0.3) 6.27m(0.6) X(1.1) 5.94m(NWI)		
5 462 Soon, Safwan	M25 Unattached	6.27m	1.4
	5.78m(1.2) 6.27m(1.4) 5.88m(2.2) 5.98m(+0.0) 6.24m(0.4) 6.23m(1.1)		
6 378 Chan, Clement	M21 Unattached	6.08m	+0.0
	5.87m(0.4) 6.01m(1.9) 5.91m(1.1) 5.79m(0.4) 5.68m(0.2) 6.08m(+0.0)		
7 69 Tan, Luke	M20 Nanyang Polytechnic	5.20m	1.5
	- - 5.20m(1.5) 5.20m(0.6) X(0.4) 5.04m(1.0)		
8 500 Pee, Chin Ann	M30 Unattached	4.07m	0.5
	4.07m(0.5) 3.66m(1.8) 3.99m(1.1) - - -		

## Event 331 W13-19 High Jump Women U20 &amp; Open

Name	Age Team	Finals
1 201 Cheong, Valerie	W19 Singapore Po	1.60m
	1.45 1.50 1.55 1.60 1.63	
	O O O XO XXX	
2 49 Bay, Vanessa	W19 Nanyang Polytechnic	1.45m
	1.25 1.30 1.35 1.40 1.45 1.50	
	O O O XO XO XXX	
3 19 En Ning, En Ning	W15 Dunman High School	1.45m
	1.30 1.35 1.40 1.45 1.50	
	O O O XXO XXX	
4 200 Ang, Wei Lu	W18 Singapore Po	1.40m
	1.30 1.35 1.40 1.45	
	O O XO XXX	
5 23 Woon, Pearlyn	W16 Dunman High School	1.35m
	1.30 1.35 1.40	
	O XO XXX	
6 15 Toh, Sherell	W14 Cedar Girls'	1.30m
	1.30 1.35	
	XO XXX	



## Singapore National Games 2016 - 31/7/2016 to 7/8/2016

## Choa Chu Kang Stadium

## Results

## ....Event 331 W13-19 High Jump Women U20 &amp; Open

6	9 Lee, Rachel	W15 Cedar Girls'	1.30m
	1.30 1.35		
	XO XXX		
8	18 Crystal, Crystal	W16 Dunman High School	1.30m
	1.25 1.30 1.35		
	XO XO XXX		

## Event 331 W20-34 High Jump Women U20 &amp; Open

Name	Age Team	Finals
1 335 Sng, Michelle	W29 Unattached	1.65m
1.55 1.60 1.65		
O O O		
2 320 Ng, Estella	W20 Unattached	1.50m
1.40 1.45 1.50 1.55		
O O O XXX		
3 491 Bte Mohamad, Asmah	W32 Unattached	1.30m
1.20 1.25 1.30 1.35		
O O O XXX		
4 134 Goh, Camellia	W23 Nanyang Tech	1.30m
1.20 1.25 1.30 1.35		
O O XXO XXX		

## Event 332 Girls 4x100 Meter Relay U13

Team	Finals
1 Unattached 'A'	57.08
1) 354 Yeoh, Yue Qi 12	2) 344 Tye, Aiko 12
3) 290 Chua, Heiga 12	4)
2 Nanyang Primary School 'D'	58.76
1) 92 Sua, Kayla 11	2) 98 Tay, Kirsten Anne 12
3) 101 Wong, Shannon 12	4) 94 Tan, Belynda 12
3 Nanyang Primary School 'A'	59.64
1) 96 Tay, Esther 11	2) 76 Goh, Eleana 11
3) 83 Leong, Wan Xuan 11	4) 80 Lau, Jia Shing 11
4 Unattached 'B'	1:00.23
1) 336 Soh, Chloe 10	2) 277 Bhandari, Niesha Kim 10
3) 287 Chiang, Faith 10	4) 277 Bhandari, Niesha Kim 10
5 Nanyang Primary School 'E'	1:01.78
1) 86 Lim, Gwendolin 10	2) 74 Chan, Victoria 10
3) 100 Tsai, Amelie 10	4) 82 Leong, Cheryl 10
6 Nanyang Primary School 'B'	1:08.02
7 Nanyang Primary School 'C'	1:15.41
1) 91 Seow, Hazel 10	2) 90 Rae, Sullivan Suryanni 10
3) 97 Tay, Isabelle 10	4) 89 Oh, Jia Xi 10

## Event 333 Boys 4x100 Meter Relay U13

Team	Finals
1 Nanyang Primary School 'A'	58.37
1) 123 Tan, Suan Hao 11	2) 105 Chern, Samuel 12
3) 115 Oh, Zac 10	4) 117 Shek, Gareth 11

## Singapore National Games 2016 - 31/7/2016 to 7/8/2016

## Choa Chu Kang Stadium

## Results

## ...Event 333 Boys 4x100 Meter Relay U13

2 Nanyang Primary School 'C'	1:01.19
1) 118 Sim, Mathieu 10	2) 120 Tan, Jacob 11
3) 125 Tay, Josh 10	4) 108 Lee, Bennett 11
3 Nanyang Primary School 'B'	1:03.14
1) 112 Lim, Thomas 10	2) 121 Tan, Jordan 10
3) 111 Lim, Matthew 10	4) 106 Chew, Brayden 10
4 Nanyang Primary School 'D'	1:06.51
1) 122 Tan, Spencer 10	2) 114 Ng, Jaedon 10
3) 103 Chan, Timothy 10	4) 127 Toh, Elliot 10

## Event 334 Girls 4x100 Meter Relay U18

Team	Finals
1 Unattached 'B'	52.71
1) 285 Cheang, Hanna 15	2) 319 Ng, Angelina 13
3) 332 Shek, Natalie 15	4) 338 Tan, Elizabeth-Ann 13
2 Dunman High School 'A'	55.52
1) 19 En Ning, En Ning 15	2) 20 Karine, Karine 17
3) 22 Si Kai, Si Kai 15	4) 21 Levyn, Levyn 16
3 Unattached 'C'	56.84
1) 337 Tai, Jia Qi 15	2) 329 Seow, Ada 15
3) 280 Bte Mohd Kalib, Nur Syafiqah 4)	
4 Bukit Batok Secondary School 'A'	58.20
1) 2 Phylliss, Phyllis 14	2) 3 Wei Qi, Wei Qi 14
3) 4 Yeh, Sarah 14	4) 5 Yeh, Shaina 14
5 Unattached 'A'	59.17
1) 304 Kwok, Cheng Yee 17	2) 302 Koh, Hui Ying 17
3) 294 Gan, Steffanie 17	4)

## Event 335 Boys 4x100 Meter Relay U18

Team	Finals
1 Unattached 'B'	45.82
1) 260 Lim, Zhen Guang	2) 367 Bin Mohamed Rashid, Muhamma
3) 252 Hakim, Muhammad Hafizul 17	4) 40002 Razak, Abdul 41
2 Unattached 'C'	46.79
1) 386 Chia, Jue Yi 19	2) 553 Theyanand, Shivasanker 18
3) 375 Burhankhan, Muhammad Shafee	4) 368 Bin Mohammed Iqbal, Muhamma
3 Tampines Junior College 'A'	47.38
1) 231 Yue, Joe 17	2) 226 Bin Ismail, Mohamad Ilyas 1
3) 228 Tan, Jek Kee 17	4) 225 Ang, Sebastian 17
4 Unattached 'A'	50.46
1) 415 Lim, Marcel 17	2) 478 Toh, Wei Yu 17
3) 358 Ang, Sean 17	4) 358 Ang, Sean 17
-- Serangoon Junior College 'A'	DQ 2nd - 3rd passed aft
1) 169 Oh, Adam 17	2) 165 Kumar, Tarun 17
3) 168 Lu, Matthias 17	4) 165 Kumar, Tarun 17

## Event 336 Women 4x100 Meter Relay U20

Team	Finals
1 Erovara Association 'A'	53.83

## Singapore National Games 2016 - 31/7/2016 to 7/8/2016

## Choa Chu Kang Stadium

## Results

## ....Event 336 Women 4x100 Meter Relay U20

1) 28 Kodikara, Kathya 14	2) 26 Chew, Nicole 14
3) 29 Law, Phoebe Angeline 14	4) 25 Bte Mustaffa, Noor Fatehab 1
2 Erovra Association 'B'	56.65
1) 31 Salvador, Angelica Marquez 1	2) 32 Soliven, Pia Gabrielle Alba
3) 30 Lin, Pei Qin 15	4) 27 Goh, Gemin 15
3 Serangoon Junior College 'A'	1:00.18
1) 156 Liow, Jie Qi 17	2) 158 Poon, Yee Jia 17
3) 154 Chow, Sarah 17	4) 157 Ou, Bilian 18

## Event 337 Women 4x100 Meter Relay Open

Team	Finals
1 ActiveSg Athletics Club 'A'	48.29
1) 1 Goh, Chui Ling 24	2) 291 D/O Chandran, Kugapriya 18
3) 326 Pereira, Veronica Shanti 20	4) 315 Menon, Smriti 18
2 Unattached 'B'	51.44
1) 288 Ching, Jessica 22	2) 289 Chong, Yvette 22
3) 309 Leong, Inez 23	4) 307 Lee, Natalie 23
3 Unattached 'C'	51.49
1) 310 Liang, Wei 23	2) 345 Tyra, Tyra 21
3) 317 Najihahbi, Habibah 22	4) 283 Chan, Calista 17
4 Unattached 'D'	52.15
1) 334 Sim, Jia Ying 19	2) 286 Chiam, Melody 18
3) 293 Enn, Wendy 22	4) 324 Ong, Kerstin 19
5 Flash Athletic Club 'A'	53.25
1) 38 Chan, Joelle 22	2) 36 Bte Abdul Hamid, Nur Hamizah
3) 40 Nurkhaliesah, Siti 19	4) 39 D/O Anwar Basha, Nur Humaira
6 Singapore Institute of Managem 'A'	59.22
1) 178 Loh, Valencia 22	2) 175 Cheong, Geraldine 23
3) 177 Gay, Lisa 22	4) 180 Poon, Crystal 22

## Event 338 Men 4x100 Meter Relay U20

Team	Finals
1 Singapore Polytechnic 'A'	47.14
1) 212 Sugita, Richmond 19	2) 213 Tan, Damien 19
3)	4) 213 Tan, Damien 19
2 Unattached 'B'	47.68
1) 448 Poh, Yi Sheng 17	2) 147 Nooh, Mikhyle M 17
3) 392 Eleosida, Anfernee Reniva 1	4) 382 Chan, Yi Xiang 17
3 Unattached 'A'	48.18
1) 433 Mohtar, Mirza 19	2) 481 Wong, Jing Jie 19
3) 359 Ang, Wei Liang 19	4) 386 Chia, Jue Yi 19
4 Temasek Polytechnic 'A'	49.05
1) 268 Sazly, Muhammad Azirul 20	2) 253 Hariz, Muhammad 18
3) 270 Syazani, Muhammad	4) 257 Lee, Daryl Shane 20

## Event 339 Men 4x100 Meter Relay Open

Team	Finals	H#
1 Tkb Jrs 'A'	42.27	2
1) 506 Rag, Kishen 22	2)	

## Singapore National Games 2016 - 31/7/2016 to 7/8/2016

## Choa Chu Kang Stadium

## Results

## ...Event 339 Men 4x100 Meter Relay Open

2 Unattached 'C'	44.54	2
1) 430 Lum, Dong Yee 21	2) 414 Lim, Joel 21	
3) 363 Bin Hashim, Nur Iman 21	4) 477 Toh, Ezra 21	
3 Unattached 'A'	46.27	1
1) 441 Ng, Jun Wei 18	2) 388 Chong, Eugene 22	
3) 446 Nizam, Khairul 22	4) 466 Tan, Hintze 18	
4 Singapore Institute of Managem 'B'	47.80	2
1) 182 Chia, Joel 17	2) 191 Tan, Alvin 25	
3) 181 Cheang, Kar Loke 23	4) 185 Keng, Norman 24	
5 Singapore Institute of Managem 'C'	48.09	1
1) 186 Koh, Francis 24	2) 189 Ma, Wei Yang 25	
3) 193 Yeo, Kar Wei 25	4) 190 Suryani, Syazwan 24	
6 Singapore Management Universit 'A'	48.24	1
1) 197 Pang, Derrick 22	2) 198 Poh, Wen Jie 23	
3) 199 Teow, Marcus 23	4) 195 Fan, Kelvin 22	
7 Singapore Institute of Managem 'A'	51.64	2
1) 183 Goh, Desean 21	2) 184 Kang, Min Feng 23	
3) 192 Tan, Boon Siong 25	4) 187 Lim, Julian 24	
-- Unattached 'B'	DNF	1 drop b, no pick up
1) 365 Bin Md. Yazzid, Kairuzzaman	2) 458 Sim, Jia Fu 18	
3) 370 Bin Nasaruddin, Muhammad Ib	4) 361 Ariff, Muhammad 19	
-- Jumper Guild 'A'	DQ	2 3rd pass b after
1) 449 Poon, Marcus 24	2) 218 Khan, Meng Linn 26	
3) 217 Bin Jumari, Muhammad Nasiru	4)	
-- Erovro Association 'A'	DQ	1 3rd drop b,4th pick
1) 40001 Tan, Adrian 41	2) 33 Lu, Wei Yi 29	
3) 34 Ong, Jacky 19	4) 35 Toh, Kah Lok 28	

## Event 340 W35 4x100 Meter Relay Masters

Team	Finals
1 Singapore Masters Atheltics 'A'	1:07.69
1) 50006 Tay, Christina 51	2) 35005 Ho, New Fei 36
3) 50005 Tan, Anne 53	4) 40009 Zainuddin, Norlinda 41

## Event 341 M35 4x100 Meter Relay Masters

Team	Finals
1 Hare Athletics 'A'	47.29
1) 40012 Bin Ramat, Abdul Rahim 41	2) 45016 Chung, Steven 45
3) 35006 Rizan, Mohamad Nor 38	4) 40011 Bin Mohamed, Mokhzani 42

## Event 341 M40 4x100 Meter Relay Masters

Team	Finals
-- Unattached 'A'	DQ 1pass2 baton b4 box
1) 50023 Ravikiran, Inavolu Venkat	2) 40026 Tee, Joey 42
3) 40019 Keh, Chee Keong 44	4) 40022 Mustafa, Shahril 42

**Singapore National Games 2016 - 31/7/2016 to 7/8/2016****Choa Chu Kang Stadium****Results****Event 341 M45 4x100 Meter Relay Masters**

Team		Finals
1	Sia 'A'	48.82
1)	45008 Wahab, Faris Abdul 45	2) 45005 Gallyot, Ronald Dominic 4
3)	45006 Jaafar, Radwan 45	4) 50003 Tan, Kevin 51

# Day 2

---

## Singapore National Games 2016 - 31/7/2016 to 7/8/2016

## Choa Chu Kang Stadium

## Results

## Event 201 Men Triple Jump Open

Name	Age Team	Finals	Wind
Finals			
1 218 Khan, Meng Linn	M26 Swift Athlet	13.62m	1.1
X(-0.2) 13.43m(+0.0) 13.40m(-0.0) 13.62m(1.1)		13.59m(-0.9)	
2 416 Lim, Nelson	M24 Unattached	13.29m	1.0
X(-0.4) 13.29m(1.0) 12.89m(1.0) 12.78m(-0.1) 12.73m(-1.1)			
3 69 Tan, Luke	M20 Nanyang Polytechnic	11.68m	-0.3
11.53m(-0.8) 11.61m(1.0) 11.47m(0.1) 11.64m(1.0) X(1.0) 11.68m(-0.3)			
4 207 Haikal, Haikal	M22 Singapore Po	11.51m	1.1
X(-0.0) X(1.0) X(0.4) 11.51m(1.1) X(1.0) 11.26m(-0.1)			

## Event 202 Women Javelin Throw Open

Name	Age Team	Finals
1 328 See, Abelle	W21 Unattached	19.17m
18.51m 19.17m X X 18.75m 19.17m		
2 307 Lee, Natalie	W23 Unattached	16.68m
15.38m X X 16.68m X 15.85m		

## Event 203 W13-19 3000 Meter Race Walk Women U20 &amp; Open

Name	Age Team	Finals
1 350 Wu, Xin Yao	W17 Unattached	16:24.86
2 219 Cheong, Odelia	W17 Tampines Jun	18:40.58
3 276 Back, Maelene	W15 Unattached	21:02.79

## Event 203 W20-34 3000 Meter Race Walk Women U20 &amp; Open

Name	Age Team	Finals
1 194 Tin, Shu Min	W21 Singapore Ma	16:16.32

## Event 204 W50 3000 Meter Race Walk Masters

Name	Age Team	Finals
1 50008 Kaur, Kowsula	W52 Swift Athlet	21:12.73
2 50011 Tan, Boon Hong	W53 Unattached	21:59.64

## Event 204 W55 3000 Meter Race Walk Masters

Name	Age Team	Finals
1 55012 Ramalingam, Komant	W55 Swift Athlet	19:38.80

## Event 204 W60 3000 Meter Race Walk Masters

Name	Age Team	Finals
1 60001 Yeow, Ma	W63 Red Hawk Spo	20:18.68
2 60002 Tay, Chor Eng	W61 Unattached	22:16.30

## Singapore National Games 2016 - 31/7/2016 to 7/8/2016

## Choa Chu Kang Stadium

## Results

## Event 204 W70+ 3000 Meter Race Walk Masters

Name	Age Team	Finals
1 75001 Pakkiam, Rosalind	W75 Singapore Ma	32:55.20

## Event 205 Women 100 Meter Dash U20

Name	Age Team	Prelims	Wind	H#
Preliminaries				
1 346 Westwood-Marsh, La	W14 Unattached	13.29Q	-0.7	2
2 51 Bte Azman, Alya Sy	W19 Nanyang Polytechnic	14.38Q	-0.1	4
3 295 Goe, Celine	W17 Unattached	14.44Q	-1.1	1
4 353 Yeh, Shaina	W14 Unattached	15.29Q	-0.6	3
5 279 Bte Hamkah, Haanee	W15 Unattached	13.32Q	-0.7	2
6 237 Gui, Hou	W19 Temasek Polytechnic	14.55Q	-0.1	4
7 244 Samantha, Samantha	W18 Temasek Polytechnic	14.80Q	-1.1	1
8 302 Koh, Hui Ying	W17 Unattached	15.83Q	-0.6	3
9 50 Bte Abdul Malek, N	W18 Nanyang Polytechnic	14.64Q	-0.7	2
10 157 Ou, Bilian	W18 Serangoon Ju	15.05Q	-1.1	1
11 224 Tang, Elizabeth	W17 Tampines Jun	15.32Q	-0.1	4
12 203 Wong, Cheryl	W17 Singapore Po	16.69Q	-0.6	3
13 158 Poon, Yee Jia	W17 Serangoon Ju	14.81q	-0.7	2
14 202 Goh, Genevieve	W16 Singapore Po	15.45q	-0.1	4
14 144 Gan, Steffanie	W17 Pioneer Juni	15.45q	-1.1	1
16 352 Yeh, Sarah	W14 Unattached	15.67q	-0.1	4
17 304 Kwok, Cheng Yee	W17 Unattached	15.89	-1.1	1
18 327 Roy, Ankita	W17 Unattached	15.92	-0.1	4
19 156 Liow, Jie Qi	W17 Serangoon Ju	16.05	-1.1	1
20 220 Chng, Sarah	W17 Tampines Jun	16.76	-0.7	2
21 301 Koh, Audrey	W10 Unattached	17.08	-0.1	4
22 222 Phua, Hui Xin	W17 Tampines Jun	17.12	-0.6	3

## Event 207 Men Triple Jump U20

Name	Age Team	Finals	Wind
Finals			
1 372 Bin Zulkifli, Moha	M18 Unattached	12.60m	1.0
		12.51m(-0.0) 12.43m(-0.7) 12.11m(-0.5) 12.27m(-0.6) 12.21m(-0.2) 12.60m(1.0)	
2 214 Tang, Terence	M19 Singapore Po	12.34m	-2.2
		- 11.60m(-0.9) 11.97m(-0.5) 12.19m(-0.8) 12.34m(-2.2)	
3 457 Sim, Chin Hin	M19 Unattached	12.32m	-0.1
		X(-1.4) 12.30m(-1.2) 12.21m(1.0) 12.32m(-2.3) 12.32m(-0.1) 12.03m(-2.6)	
4 208 Kyaw, Linn Naing	M18 Singapore Po	12.13m	-0.1
		- X(+0.0) 11.38m(-0.3) 12.13m(-0.1) 12.01m(-1.5) 12.12m(-2.3)	
5 467 Tan, Ryan	M15 Unattached	11.31m	0.1
		11.30m(-0.0) 11.31m(0.1) X(-0.8) 11.24m(-0.6) - X(-0.6)	
6 204 Azhar, Muhammad Nu	M19 Singapore Po	11.07m	-1.0
		10.73m(-1.2) 11.07m(-1.0) 10.71m(0.1) 10.70m(-1.8) 10.53m(-1.2) 11.05m(-0.5)	
-- 210 Liew, Samuel	M18 Singapore Po	FOUL	
		- X(-0.8) - -	



## Singapore National Games 2016 - 31/7/2016 to 7/8/2016

## Choa Chu Kang Stadium

## Results

## Event 208 Men 100 Meter Dash U20

Name	Age	Team	Prelims	Wind	H#
Preliminaries					
1	261	Lin, Dexter	M17 Temasek Polytechnic	11.72Q	-0.5 3
2	68	Sim, Edwin	M19 Nanyang Polytechnic	11.82Q	+0.0 5
3	59	Bin Mohammad Hashi	M19 Nanyang Polytechnic	11.91Q	-2.3 2
4	425	Loh, Yuan Yee	M18 Unattached	12.01Q	-0.8 4
5	137	Koe, Ian	M17 Ngee Ann Pol	12.03Q	-1.2 1
6	367	Bin Mohamed Rashid	M17 Unattached	11.77Q	-0.5 3
7	258	Leow, Wei Liang	M18 Temasek Polytechnic	12.04Q	-2.3 2
8	213	Tan, Damien	M19 Singapore Po	12.06Q	-0.8 4
9	208	Kyaw, Linn Naing	M18 Singapore Po	12.21Q	-1.2 1
10	228	Tan, Jek Kee	M17 Tampines Jun	12.37Q	+0.0 5
11	210	Liew, Samuel	M18 Singapore Po	12.13Q	-0.8 4
12	214	Tang, Terence	M19 Singapore Po	12.15Q	-0.5 3
13	62	Dhaliwal, Almast S	M19 Nanyang Polytechnic	12.34Q	-1.2 1
14	225	Ang, Sebastian	M17 Tampines Jun	12.43Q	-2.3 2
15	163	Khaw, Relph	M17 Serangoon Ju	12.79Q	+0.0 5
16	24	Zhuo, Hintze	M18 Dunman High School	12.15Q	-0.8 4
17	417	Lim, Noah	M18 Unattached	12.37Q	-1.2 1
18	165	Kumar, Tarun	M17 Serangoon Ju	12.55Q	-0.5 3
19	464	Tan, Bryan	M19 Unattached	12.83Q	-2.3 2
20	65	Lim, Daniel	M18 Nanyang Polytechnic	13.06Q	+0.0 5
21	406	Kumar, David Afvil	M17 Unattached	12.21q	-0.8 4
22	169	Oh, Adam	M17 Serangoon Ju	12.37q	-0.8 4
23	231	Yue, Joe	M17 Tampines Jun	12.39q	-0.8 4
24	382	Chan, Yi Xiang	M17 Unattached	12.48q	-1.2 1
25	226	Bin Ismail, Mohama	M17 Tampines Jun	12.56	-1.2 1
26	392	Eleosida, Anfernee	M19 Unattached	12.74	-0.5 3
27	448	Poh, Yi Sheng	M17 Unattached	12.85	-2.3 2
28	427	Low, Shee Kit	M17 Unattached	12.91	-0.5 3
29	168	Lu, Matthias	M17 Serangoon Ju	13.08	-1.2 1
30	147	Nooh, Mikhyle M	M17 Pioneer Juni	13.16	+0.0 5
31	212	Sugita, Richmond	M19 Singapore Po	13.17	-2.3 2
32	472	Tang, Isaac	M13 Unattached	13.24	-2.3 2
33	230	Yu, Dillon	M17 Tampines Jun	13.38	-0.5 3
34	408	Kyaw, Lin Chan	M12 Unattached	15.72	-0.8 4

## Event 209 Men 100 Meter Dash Open

Name	Age	Team	Prelims	Wind	H#
1	506	Rag, Kishen	M22 Unattached	11.38Q	-1.3 2
2	413	Liew, Daryl	M25 Unattached	11.54Q	-0.3 1
3	449	Poon, Marcus	M24 Unattached	11.61Q	-1.5 3
4	429	Lu, Wei Yi	M29 Unattached	11.80Q	-0.9 4
5	431	Manega, Rodney Phi	M20 Unattached	11.49Q	-1.3 2
6	41	Adib, Afiquil	M23 Flash Athletic Club	11.57Q	-0.3 1
7	153	Reyhan, Reyhan	M21 Safsa	11.91Q	-1.5 3
8	406	Kumar, David Afvil	M17 Unattached	12.31Q	-0.9 4
9	409	Lai, Yong Hui	M27 Unattached	11.62Q	-0.3 1
10	378	Chan, Clement	M21 Unattached	11.77Q	-1.3 2
11	268	Sazly, Muhammad Az	M20 Temasek Polytechnic	11.94Q	-1.5 3
12	462	Soon, Safwan	M25 Unattached	12.49Q	-0.9 4
13	257	Lee, Daryl Shane	M20 Temasek Polytechnic	11.79q	-0.3 1

## Singapore National Games 2016 - 31/7/2016 to 7/8/2016

## Choa Chu Kang Stadium

## Results

## ....Event 209 Men 100 Meter Dash Open

14	482 Yang, Hongyi	M20 Unattached	11.97q	-1.3	2
15	66 Liong, Jun Hui	M20 Nanyang Polytechnic	12.13q	-1.5	3
16	436 Mus, Mus	M20 Unattached	12.15q	-0.3	1
17	459 Singh, Gurpreet	M20 Unattached	12.43	-1.3	2
18	450 Poon, Wayne	M22 Unattached	12.44	-1.3	2
19	500 Pee, Chin Ann	M30 Unattached	14.89	-0.3	1
20	188 Lim, Wei Minh	M26 Singapore In	15.43	-0.3	1

## Event 214 Men Javelin Throw U20

Name	Age Team	Finals
------	----------	--------

## Finals

1	65 Lim, Daniel	M18 Nanyang Polytechnic	51.48m
	51.48m 49.39m X	50.81m	
2	211 Richie, Richie	M17 Singapore Po	48.41m
	X 45.78m X 47.40m 47.23m 48.41m		
3	470 Tan, Yi Ren	M17 Unattached	46.95m
	43.04m X 46.09m 46.61m 46.95m 39.71m		
4	421 Lim, You Ming	M18 Unattached	35.84m
	31.80m 33.72m 32.57m 33.05m 35.84m 31.02m		

## Event 215 Women 100 Meter Dash U20

Name	Age Team	Semis	Wind	H#
------	----------	-------	------	----

## Semi-Finals

1	279 Bte Hamkah, Haanee	W15 Unattached	13.40Q	-1.3	1
2	51 Bte Azman, Alya Sy	W19 Nanyang Polytechnic	14.41Q	-0.7	2
3	346 Westwood-Marsh, La	W14 Unattached	13.46Q	-1.3	1
4	237 Gui, Hou	W19 Temasek Polytechnic	14.56Q	-0.7	2
5	50 Bte Abdul Malek, N	W18 Nanyang Polytechnic	14.52Q	-1.3	1
6	244 Samantha, Samantha	W18 Temasek Polytechnic	14.81Q	-0.7	2
7	158 Poon, Yee Jia	W17 Serangoon Ju	15.08q	-1.3	1
8	157 Ou, Bilian	W18 Serangoon Ju	15.13q	-0.7	2
9	353 Yeh, Shaina	W14 Unattached	15.14	-1.3	1
10	224 Tang, Elizabeth	W17 Tampines Jun	15.26	-0.7	2
11	144 Gan, Steffanie	W17 Pioneer Juni	15.38	-0.7	2
12	202 Goh, Genevieve	W16 Singapore Po	15.47	-0.7	2
13	352 Yeh, Sarah	W14 Unattached	15.57	-1.3	1
14	302 Koh, Hui Ying	W17 Unattached	15.93	-1.3	1
15	203 Wong, Cheryl	W17 Singapore Po	16.80	-1.3	1

## Event 216 Women Triple Jump Open

Name	Age Team	Finals	Wind
------	----------	--------	------

## Finals

1	293 Enn, Wendy	W22 Unattached	11.57m	-0.3
	11.30m(-0.4) 11.40m(-0.2) 11.57m(-0.3) X(-1.5) 11.35m(-0.5) 11.01m(-0.9)			
2	289 Chong, Yvette	W22 Unattached	10.64m	-0.5
	10.49m(NWI) X(-1.9) X(-1.5) 10.64m(-0.5) 9.96m(-0.4) 10.64m(-0.3)			
3	335 Sng, Michelle	W29 Unattached	10.57m	-0.7
	10.47m(-1.2) 10.29m(-1.9) X(-1.1) 10.57m(-0.7) 10.46m(-0.6) X(-0.6)			

## Singapore National Games 2016 - 31/7/2016 to 7/8/2016

## Choa Chu Kang Stadium

## Results

## ....Event 216 Women Triple Jump Open

4	14 Soh, Joanna Erica	W15 Cedar Girls'	10.51m	-0.6
			10.13m(-0.0) 10.24m(-1.3) 10.05m(-0.8) X(-0.3) 10.23m(-0.7) 10.51m(-0.6)	
5	11 Loo, Hannah	W15 Cedar Girls'	9.02m	-1.8
			X(-1.0) X(-1.2) X(-1.1) X(-1.0) X(-0.7) 9.02m(-1.8)	

## Event 217 Men 100 Meter Dash U20

Name	Age Team	Semis	Wind	H#
Semi-Finals				
1	261 Lin, Dexter	M17 Temasek Polytechnic	11.59Q	0.2 1
2	68 Sim, Edwin	M19 Nanyang Polytechnic	11.74Q	-0.8 2
3	59 Bin Mohammad Hashi	M19 Nanyang Polytechnic	11.97Q	-1.0 3
4	367 Bin Mohamed Rashid	M17 Unattached	11.69Q	0.2 1
5	137 Koe, Ian	M17 Ngee Ann Pol	11.87Q	-0.8 2
6	425 Loh, Yuan Yee	M18 Unattached	12.04Q	-1.0 3
7	214 Tang, Terence	M19 Singapore Po	11.77q	0.2 1
8	258 Leow, Wei Liang	M18 Temasek Polytechnic	11.79q	0.2 1
9	213 Tan, Damien	M19 Singapore Po	11.98	-0.8 2
10	24 Zhuo, Hintze	M18 Dunman High School	12.20	-1.0 3
11	382 Chan, Yi Xiang	M17 Unattached	12.28	0.2 1
12	417 Lim, Noah	M18 Unattached	12.31	-0.8 2
13	62 Dhaliwal, Almast S	M19 Nanyang Polytechnic	12.37	0.2 1
13	231 Yue, Joe	M17 Tampines Jun	12.37	-0.8 2
15	228 Tan, Jek Kee	M17 Tampines Jun	12.38	-1.0 3
16	169 Oh, Adam	M17 Serangoon Ju	12.50	-1.0 3
17	165 Kumar, Tarun	M17 Serangoon Ju	12.56	0.2 1
18	464 Tan, Bryan	M19 Unattached	12.64	0.2 1
19	163 Khaw, Relph	M17 Serangoon Ju	12.66	-1.0 3

## Event 218 M35 Shot Put Masters

Name	Age Team	Finals
Finals		
5 35020 Kwok, Ian	M38 Unattached	6.25m
		5.75m 6.25m 6.06m X 6.07m

## Event 218 M40 Shot Put Masters

Name	Age Team	Finals
Finals		
2 40017 Fan, Zhao Hui	M44 Unattached	6.87m
		X 6.00m 6.61m 6.87m

## Event 218 M45 Shot Put Masters

Name	Age Team	Finals
Finals		
3 45022 Thai, Lee Kien	M45 Unattached	6.65m
		6.12m 6.40m 6.65m 5.88m 4.81m X

## Singapore National Games 2016 - 31/7/2016 to 7/8/2016

## Choa Chu Kang Stadium

## Results

## Event 218 M55 Shot Put Masters

Name	Age	Team	Finals
1 55020 Wee, Stanley	M58	Smtfa	7.62m
			6.86m 6.52m 6.77m 7.62m 7.61m 7.31m
4 55006 Leong, Hon Cheong	M55	Regen	6.32m
			4.92m X X X 5.84m 6.32m

## Event 219 Men 100 Meter Dash Open

Name	Age	Team	Semis	Wind	H#
Semi-Finals					
1 506 Rag, Kishen	M22	Unattached	11.32Q	-1.5	1
2 41 Adib, Afiqul	M23	Flash Athletic Club	11.50Q	-1.8	2
3 431 Manega, Rodney Phi	M20	Unattached	11.56Q	-1.5	1
4 413 Liew, Daryl	M25	Unattached	11.58Q	-1.8	2
5 449 Poon, Marcus	M24	Unattached	11.63Q	-1.8	2
6 429 Lu, Wei Yi	M29	Unattached	11.75Q	-1.5	1
7 378 Chan, Clement	M21	Unattached	11.68q	-1.8	2
8 257 Lee, Daryl Shane	M20	Temasek Polytechnic	11.78q	-1.5	1
9 153 Reyhan, Reyhan	M21	Safsa	11.83	-1.8	2
10 268 Sazly, Muhammad Az	M20	Temasek Polytechnic	11.94	-1.8	2
11 482 Yang, Hongyi	M20	Unattached	12.01	-1.8	2
12 66 Liong, Jun Hui	M20	Nanyang Polytechnic	12.16	-1.8	2
13 406 Kumar, David Afvil	M17	Unattached	12.35	-1.5	1

## Event 220 Women 1500 Meter Run U20

Name	Age	Team	Finals
Finals			
1 306 Lee, Jing Min	W19	Unattached	5:45.88
2 138 Chew, Hui Jun	W15	NVSS	5:58.87
3 223 Sin Sin, Thin Su	W19	Tampines Jun	6:14.41
4 296 Goh, Charis	W17	Unattached	6:27.04
5 159 Yang, Rebecca	W17	Serangoon Ju	7:15.53

## Event 221 Women 1500 Meter Run Open

Name	Age	Team	Finals
1 318 Neo, Hoon Suan	W23	Unattached	5:13.74
2 490 Ng, Yew Cheo	W30	Swift Athlet	5:28.69
3 485 Ng, Chloe	W20	Wings Athlet	5:37.08
4 177 Gay, Lisa	W22	Singapore In	5:48.23
5 235 Lim, Yiyong Eloise	W17	Temasek Juni	5:55.31
6 179 Low, Shu Wen	W22	Singapore In	6:02.62

## Event 222 W40 1500 Meter Run Masters

Name	Age	Team	Finals
1 40013 Lee, Yien Ping	W41	Unattached	6:08.40

## Singapore National Games 2016 - 31/7/2016 to 7/8/2016

## Choa Chu Kang Stadium

## Results

## Event 223 Men 1500 Meter Run U20

Name	Age	Team	Finals	H#
1	34	Ong, Jacky	M19 Erovera Association	4:29.31 2
2	453	Shah, Rang	M17 Unattached	4:33.09 1
3	143	Tay, Kai Bin	M15 NVSS	4:48.15 1
4	398	Hee, Zachary	M19 Unattached	4:51.74 2
5	140	Chan, Ho Him	M15 NVSS	4:52.63 2
6	174	Wu, Lei Fan	M17 Serangoon Ju	4:59.65 1
7	271	Tan, Wisely	M18 Temasek Polytechnic	4:59.91 2
8	405	Kumar, Aajith	M17 Unattached	5:01.76 2
9	234	Tan, Shawn	M18 Team RunFanatics	5:02.29 1
10	426	Low, Austin	M17 Unattached	5:13.21 2
11	173	Wong, Brian	M17 Serangoon Ju	5:14.23 2
12	445	Nguyen, Khac Hoang	M16 Unattached	5:14.75 1
13	391	Dai, Yang Zhi	M19 Unattached	5:25.59 1
14	148	Tan, How Wee	M17 Pioneer Juni	5:26.41 1
15	146	Lim, Jared	M17 Pioneer Juni	5:30.40 1
16	17	Balamurugan, Ragul	M15 Commonwealth	5:37.56 2
17	149	Yap, Ilic	M17 Pioneer Juni	5:41.63 2
17	444	Ng, Zheng Jie	M17 Unattached	5:41.63 2
19	393	Ezra, Joseph	M17 Unattached	5:50.14 2
20	443	Ng, Kok Hang	M17 Unattached	5:51.15 2
21	229	Wong, Wing Him	M17 Tampines Jun	5:52.34 1
22	227	Chan, Ryan	M17 Tampines Jun	6:52.65 1

## Event 224 Men Javelin Throw Open

Name	Age	Team	Finals
1	402	Koh, Bryan	M22 Unattached 50.95m
		50.95m X X X 48.50m 47.87m	
2	373	Boey, Desmond	M24 Unattached 40.17m
		X 37.79m 40.17m 37.74m 33.79m	
3	380	Chan, Ignatius	M22 Unattached 38.01m
		26.18m 28.68m X 25.77m 27.44m 38.01m	
4	67	Nazrul, Muhammad	M23 Nanyang Polytechnic 36.55m
		X 31.62m X 33.98m 35.62m 36.55m	
5	401	Koh, Aaron	M21 Unattached 36.19m
		X 32.41m 34.86m 32.98m 33.44m 36.19m	
6	500	Pee, Chin Ann	M30 Unattached 34.39m
		29.40m 33.30m 30.24m 26.33m 34.39m 32.33m	
7	40021	Lim, Yeow Heng	M40 Unattached 29.60m
		26.56m 27.75m 25.74m 29.29m 29.60m 27.95m	
8	486	Ang, Ding Hui	M20 Wings Athlet 28.55m
		28.55m X 24.15m X X 27.41m	

## Event 225 Men 1500 Meter Run Open

Name	Age	Team	Finals
1	263	Mangalam, Jojin Jo	M19 Temasek Polytechnic 4:36.69
2	233	Tan, Alec	M20 Team RunFanatics 4:38.37
3	396	Flavius, Flavius	M20 Unattached 4:54.84
4	397	Goh, David	M22 Unattached 4:56.27
5	504	Khoo, Zhi Hao	M33 Unattached 4:59.72

## Singapore National Games 2016 - 31/7/2016 to 7/8/2016

## Choa Chu Kang Stadium

## Results

## ....Event 225 Men 1500 Meter Run Open

6	377 Chan, Ah Pei	M20 Unattached	5:02.17
7	432 Moh, Jonathan	M20 Unattached	5:03.98
8	434 Mun, Rex	M20 Unattached	5:06.92
9	395 Firdaus, Mohd	M27 Unattached	5:24.44
10	440 Ng, Brandon	M23 Unattached	5:43.26
--	232 Lin, Shi Jie	M21 Team RunFanatics	DNF

## Event 226 Women Triple Jump U20

Name	Age Team	Finals	Wind
1 201 Cheong, Valerie	W19 Singapore Po	10.70m	1.0
10.06m(-0.1) 10.45m(1.0) 10.70m(1.0) 10.48m(1.0) 10.63m(1.0) X(1.0)			
2 200 Ang, Wei Lu	W18 Singapore Po	10.67m	1.1
10.32m(-0.1) X(1.0) 10.66m(1.0) 10.32m(1.0) 10.63m(1.0) 10.67m(1.1)			
3 7 Khor, Xin Yi	W14 Cedar Girls'	10.49m	0.2
10.21m(-0.0) 10.35m(1.0) 10.25m(2.0) 10.49m(0.2) 10.48m(1.0) 10.33m(0.2)			
4 13 Sew, Charmaine	W14 Cedar Girls'	10.40m	3.0
10.34m(-0.3) 10.40m(3.0) 10.22m(1.0) 9.94m(1.0) 10.15m(-0.0) 10.36m(1.0)			
5 14 Soh, Joanna Erica	W15 Cedar Girls'	10.27m	1.2
10.07m(-0.6) 10.27m(1.2) 10.06m(2.0) 9.99m(1.0) X(1.0) 10.24m(-0.2)			
6 343 Teo, Kelfa	W19 Unattached	10.18m	1.0
X(-0.3) 9.81m(1.0) 10.02m(-0.0) 10.18m(1.0) 9.95m(1.0) 9.93m(1.0)			
7 6 Halim, Valencia Ar	W14 Cedar Girls'	9.91m	1.0
9.91m(1.0) 9.27m(2.0) 9.59m(1.2) 9.40m(1.0) 9.71m(+0.0) 9.45m(-0.0)			
8 243 Ng, Jia Yi	W18 Temasek Polytechnic	9.86m	NWI
9.16m(1.0) 9.13m(1.0) 9.63m(2.0) 9.85m(-0.9) 9.65m(1.0) 9.86m(-0.0)			
9 12 Quek, Raelene	W15 Cedar Girls'	9.58m	1.0
9.02m(-0.2) 9.51m(2.0) 9.58m(1.0)			
10 51 Bte Azman, Alya Sy	W19 Nanyang Polytechnic	8.99m	3.0
8.28m(1.0) 8.99m(3.0) 8.66m(1.0)			
11 55 Poh, Samantha	W19 Nanyang Polytechnic	8.71m	1.0
8.71m(1.0) 8.31m(1.0) 8.38m(-0.3)			

## Event 227 M35 1500 Meter Run Masters

Name	Age Team	Finals
1 35022 Tan, Chee Kwang	M35 Unattached	4:57.18
2 35018 Kwan, Boon Leong	M38 Unattached	5:40.82
3 35003 Teck, Hwee	M35 HorfunBoy	6:03.71

## Event 227 M40 1500 Meter Run Masters

Name	Age Team	Finals
1 40005 Lim, Steven	M40 MacRitchie R	4:55.16
2 40027 Verasalam, Thanara	M44 Unattached	5:38.64
3 40020 Lee, Hann Ran	M44 Unattached	6:00.46

## Event 227 M45 1500 Meter Run Masters

Name	Age Team	Finals
1 45003 Wong, Sai Wing	M47 MacRitchie R	5:00.28

**Singapore National Games 2016 - 31/7/2016 to 7/8/2016****Choa Chu Kang Stadium****Results****...Event 227 M45 1500 Meter Run Masters**

2	45002	Lim, Lawrence	M49	MacRitchie R	5:12.27
3	45023	Sim, Chow Hock	M49	Unattached	5:42.25
4	45022	Thai, Lee Kien	M45	Unattached	5:56.39

**Event 228 M50 1500 Meter Run Masters**

Name	Age	Team	Finals
1 50001	Low, Seow Kee	M50 MacRitchie R	5:22.88
2 50007	Ng, David	M50 Singapore Ma	5:48.02
3 50019	Lim, JH	M53 Unattached	6:08.39

**Event 228 M55 1500 Meter Run Masters**

Name	Age	Team	Finals
1 55004	Or, Harold	M55 MacRitchie R	5:46.17
2 55014	Chen, Simon	M55 Unattached	6:00.61
3 55002	Ng, Teck Kim	M55 Jurong Lake	6:12.01
4 55007	Heng, Ooi Khian	M57 Safra Runnin	6:15.29
5 55016	Davies, Raj Kumar	M56 Unattached	6:15.75
6 55015	Chew, Benedict	M58 Unattached	6:35.28
7 55005	Krishnasamy, Rajen	M57 Red Hawk Spo	7:08.23

**Event 229 M65 1500 Meter Run Masters**

Name	Age	Team	Finals
1 65001	Lim, Jimmy	M67 Braddell Hei	6:48.09

**Event 229 M70 1500 Meter Run Masters**

Name	Age	Team	Finals
1 70008	Ong, Pang Kiong	M74 Unattached	6:47.63
2 70005	S/O Ramasamy, Loga	M70 Red Hawk Spo	7:36.52
3 70001	Bin Buang, Afandi	M71 Red Hawk Spo	7:59.25

**Event 230 Men 3000 Meter Race Walk U20**

Name	Age	Team	Finals
1 423	Loh, Brandon	M14 Unattached	16:08.99
2 387	Chia, Zeen	M13 Unattached	17:21.30
3 141	Chua, Jun Wei	M15 NVSS	17:36.17
4 150	Chen, Ming Wei	M17 Raffles Institution	18:20.26
5 142	Tay, Gerald	M14 NVSS	18:44.72

**Event 231 Men 3000 Meter Race Walk Open**

Name	Age	Team	Finals
1 474	Teo, Jie Xiang	M25 Unattached	24:09.21
-- 397	Goh, David	M22 Unattached	DQ
-- 503	Sim, Edmund	M33 Unattached	DQ

## Singapore National Games 2016 - 31/7/2016 to 7/8/2016

## Choa Chu Kang Stadium

## Results

**Event 232 M35 3000 Meter Race Walk Masters**

Name	Age Team	Finals
1 35018 Kwan, Boon Leong	M38 Unattached	20:21.30

**Event 232 M40 3000 Meter Race Walk Masters**

Name	Age Team	Finals
1 40006 Lim, Boon Huat	M44 Red Hawk Spo	20:17.58
2 40018 Goh, Joe	M42 Unattached	20:22.94

**Event 232 M45 3000 Meter Race Walk Masters**

Name	Age Team	Finals
1 45004 Tan, Khek Tiong	M47 Red Hawk Spo	15:37.26
2 45002 Lim, Lawrence	M49 MacRitchie R	17:38.30
-- 45019 Loo, Fook Meng	M47 Unattached	DQ

**Event 232 M50 3000 Meter Race Walk Masters**

Name	Age Team	Finals
1 50022 Pak, Steven	M52 Unattached	22:06.20

**Event 232 M55 3000 Meter Race Walk Masters**

Name	Age Team	Finals
1 55005 Krishnasamy, Rajen	M57 Red Hawk Spo	19:07.51

**Event 233 M60 3000 Meter Race Walk Masters**

Name	Age Team	Finals
1 60003 Sengol, Michael	M61 Unattached	21:39.17

**Event 233 M65 3000 Meter Race Walk Masters**

Name	Age Team	Finals
1 65003 Yeo, Chong Lay	M68 Red Hawk Spo	18:59.51
2 65004 Arumugam, Kannan	M69 Singapore Ma	22:57.24

**Event 233 M70+ 3000 Meter Race Walk Masters**

Name	Age Team	Finals
1 70005 S/O Ramasamy, Loga	M70 Red Hawk Spo	19:42.76
2 70003 Kow, Richard	M71 Red Hawk Spo	21:27.91
3 70001 Bin Buang, Afandi	M71 Red Hawk Spo	22:24.67
4 75002 Selvarajah, Navara	M79 Singapore Ma	23:40.65
5 70006 Ong, Beng Gee	M73 Singapore Sw	24:47.90



## Singapore National Games 2016 - 31/7/2016 to 7/8/2016

## Choa Chu Kang Stadium

## Results

## Event 234 Women 100 Meter Dash U20

Name	Age	Team	Finals	Wind
1 279 Bte Hamkah, Haanee	W15	Unattached	13.21	0.7
2 346 Westwood-Marsh, La	W14	Unattached	13.23	0.7
3 51 Bte Azman, Alya Sy	W19	Nanyang Polytechnic	14.32	0.7
4 237 Gui, Hou	W19	Temasek Polytechnic	14.36	0.7
5 50 Bte Abdul Malek, N	W18	Nanyang Polytechnic	14.48	0.7
6 244 Samantha, Samantha	W18	Temasek Polytechnic	14.69	0.7
7 158 Poon, Yee Jia	W17	Serangoon Ju	14.87	0.7
8 157 Ou, Bilian	W18	Serangoon Ju	15.10	0.7

## Event 235 Women 100 Meter Dash Open

Name	Age	Team	Finals	Wind
1 1 Goh, Chui Ling	W24	AAC	12.94	0.1
2 288 Ching, Jessica	W22	Unattached	13.77	0.1
3 292 Enn, Cindy	W20	Unattached	13.93	0.1
4 40 Nurkhaliesah, Siti	W19	Flash Athletic Club	14.08	0.1
5 133 Chan, Joelle	W22	Nanyang Tech	14.14	0.1

## Event 236 W35 100 Meter Dash Masters

Name	Age	Team	Finals	Wind
1 35005 Ho, New Fei	W36	Singapore Ma	13.95	1.0
2 35011 Venkataraman, Abit	W35	Unattached	17.56	1.0
3 35012 Yenn, Yenn	W37	Unattached	18.13	1.0

## Event 237 W40 100 Meter Dash Masters

Name	Age	Team	Finals	Wind
1 40007 Lee, Jackie	W42	Sia	16.58	1.0
2 40013 Lee, Yien Ping	W41	Unattached	17.21	1.0
3 40014 Zainuddin, Norlind	W41	Unattached	17.33	1.0

## Event 237 W50 100 Meter Dash Masters

Name	Age	Team	Finals	Wind
1 50006 Tay, Christina	W51	Singapore Ma	15.55	1.0
2 50010 Soh, Beng Suan	W52	Unattached	19.35	1.0

## Event 237 W60 100 Meter Dash Masters

Name	Age	Team	Finals	Wind
1 60002 Tay, Chor Eng	W61	Unattached	21.98	1.0

## Event 238 Men 100 Meter Dash U20

Name	Age	Team	Finals	Wind
1 261 Lin, Dexter	M17	Temasek Polytechnic	11.50	0.6

## Singapore National Games 2016 - 31/7/2016 to 7/8/2016

## Choa Chu Kang Stadium

## Results

## ....Event 238 Men 100 Meter Dash U20

2	258	Leow, Wei Liang	M18	Temasek Polytechnic	11.65	0.6
3	68	Sim, Edwin	M19	Nanyang Polytechnic	11.66	0.6
4	214	Tang, Terence	M19	Singapore Po	11.73	0.6
5	137	Koe, Ian	M17	Ngee Ann Pol	11.75	0.6
6	59	Bin Mohammad Hashi	M19	Nanyang Polytechnic	11.85	0.6
7	425	Loh, Yuan Yee	M18	Unattached	11.98	0.6
--	367	Bin Mohamed Rashid	M17	Unattached	FS	0.6

## Event 239 Men 100 Meter Dash Open

Name	Age	Team	Finals	Wind
1 506 Rag, Kishen	M22	Unattached	11.10	0.6
2 431 Manega, Rodney Phi	M20	Unattached	11.28	0.6
3 378 Chan, Clement	M21	Unattached	11.39	0.6
4 413 Liew, Daryl	M25	Unattached	11.43	0.6
5 41 Adib, Afiquil	M23	Flash Athletic Club	11.50	0.6
6 429 Lu, Wei Yi	M29	Unattached	11.52	0.6
6 449 Poon, Marcus	M24	Unattached	11.52	0.6
8 257 Lee, Daryl Shane	M20	Temasek Polytechnic	11.59	0.6

## Event 240 M35 100 Meter Dash Masters

Name	Age	Team	Finals	Wind
1 35013 Alfred, Sim	M35	Unattached	11.66	0.4
2 35008 Wee, Lawrence	M38	Singapore Ma	11.95	0.4
3 35006 Rizan, Mohamad Nor	M38	Singapore Ma	12.12	0.4
4 35014 Chinnapan, Augusti	M38	Unattached	12.32	0.4
5 35015 Goh, Wei Boon	M36	Unattached	12.39	0.4
6 35020 Kwok, Ian	M38	Unattached	12.99	0.4
7 35025 Yeo, Jermaine	M37	Unattached	14.11	0.4

## Event 241 M40 100 Meter Dash Masters

Name	Age	Team	Finals	Wind
1 40011 Bin Mohamed, Mokhz	M42	Singapore Ma	12.30	-0.1
2 40024 Tan, David	M42	Unattached	12.57	-0.1
3 40012 Bin Ramat, Abdul R	M41	Singapore Ma	12.63	-0.1
4 40021 Lim, Yeow Heng	M40	Unattached	13.77	-0.1
5 40025 Tay, Sidney	M44	Unattached	14.68	-0.1
6 40015 Bin Mustafa, Shahr	M42	Unattached	16.16	-0.1

## Event 242 M45 100 Meter Dash Masters

Name	Age	Team	Finals	Wind
1 45016 Chung, Steven	M45	Unattached	12.23	-0.1
2 45011 Wong, Foong Wee	M48	Singapore Ma	12.40	-0.1
3 45007 Ronald, Ronald	M45	Sia	12.63	-0.1
4 45009 Chan, Melvin	M46	Singapore Ma	13.10	-0.1
5 45012 Wong, Jason	M49	Singapore Ma	13.11	-0.1

## Singapore National Games 2016 - 31/7/2016 to 7/8/2016

## Choa Chu Kang Stadium

## Results

## Event 243 M50 100 Meter Dash Masters

Name	Age	Team	Finals	Wind
1 50016 Liew, Matthew	M54	Unattached	13.91	+0.0
2 50023 Ravikiran, Inavolu	M50	Unattached	14.46	+0.0
3 50017 Lim, Henry	M52	Unattached	14.87	+0.0
4 50014 Chong, Yick Khang	M50	Unattached	14.98	+0.0
5 50015 Kulothugan, S	M53	Unattached	15.04	+0.0
6 50018 Lim, Hun Meng	M52	Unattached	15.24	+0.0
7 50019 Lim, JH	M53	Unattached	16.45	+0.0

## Event 244 M55 100 Meter Dash Masters

Name	Age	Team	Finals	Wind
1 55011 Su, Paul	M56	Singapore Ma	13.05	0.5
2 55008 Tan, Kim Seng	M57	Safsa	13.07	0.5
3 55006 Leong, Hon Cheong	M55	Regen	13.16	0.5
4 55020 Wee, Stanley	M58	Smtfa	13.98	0.5
5 55018 Lee, Daniel	M55	Unattached	14.44	0.5
6 55019 Tay, Keng Kah	M55	Unattached	15.02	0.5
7 55007 Heng, Ooi Khiang	M57	Safra Runnin	17.97	0.5

## Event 245 M60 100 Meter Dash Masters

Name	Age	Team	Finals	Wind
1 60004 Tang, Weng Fei	M62	Unattached	14.55	0.3

## Event 245 M65 100 Meter Dash Masters

Name	Age	Team	Finals	Wind
1 65005 Bin Maithu Hamid,	M67	Singapore Ma	15.86	0.3
2 65007 Chua, Chin Leng	M67	Unattached	15.97	0.3
3 65001 Lim, Jimmy	M67	Braddell Hei	19.51	0.3

## Event 246 M70 100 Meter Dash Masters

Name	Age	Team	Finals	Wind
1 70004 Pookays, Nadaison	M72	Red Hawk Spo	17.46	-0.5
2 70008 Ong, Pang Kiong	M74	Unattached	17.94	-0.5
3 70003 Kow, Richard	M71	Red Hawk Spo	18.02	-0.5
4 70006 Ong, Beng Gee	M73	Singapore Sw	19.02	-0.5

## Event 247 Mixed 2x200 Meter Relay Open

Team	Finals
1 North 'A'	9:40.44
2 Central 'A'	10:08.16
3 East 'A'	10:29.96
4 North-East 'A'	10:40.81
5 West 'A'	11:14.83

# Day 1

---

**Singapore National Games 2016 - 31/7/2016 to 7/8/2016****Choa Chu Kang Stadium****Results****Event 101 Men Discus Throw U20**

Name	Age	Team	Finals
Finals			
1	63	Imaddin, Imaddin M18 Nanyang Polytechnic	15.88m
		13.33m 14.97m 14.32m 15.88m 14.40m X	
2	64	Isaiah, Isaiah M18 Nanyang Polytechnic	15.17m
		14.05m 14.89m 14.51m 15.17m 14.97m X	

**Event 102 Boys Distance Medley U18**

Team	Finals
1 Unattached 'C'	11:24.39
1) 367 Bin Mohamed Rashid, Muhamma	2) 360 Anshad, Mohammad Shafiq 17
3) 371 Bin Syed Negaib Al-J, Syed	4) 452 S/O Thana Rajan, Thiruben 1
2 Unattached 'A'	11:49.10
1) 394 Fang, Yi Yang 16	2) 369 Bin Muhammad Raushan, Ierha
3) 412 Lian, Nicholas 16	4) 407 Kwong, Charles 17
3 Unattached 'B'	12:20.49
1) 376 Chai, Wen Bin 15	2) 411 Lek, Ignatius 15
3) 476 Thomas, Rovin 15	4) 479 Tong, Brian 15
4 Unattached 'D'	12:35.20
1) 483 Zheng, Winson 16	2) 471 Tan, Yong Jun 16
3) 438 Naim, Muhammad Zaifan 15	4) 454 Shin, Lyuk Takeda 15
5 Serangoon Junior College 'A'	13:25.90
1) 173 Wong, Brian 17	2) 166 Lim, Ghim Leung 17
3) 174 Wu, Lei Fan 17	4) 167 Low, Austin 17
6 Serangoon Junior College 'B'	14:28.72
1) 171 Shikder, Iftekhar Hossain 1	2) 172 Toh, Wu Jun 17
3) 161 Chia, Brandon 17	4) 164 Ko, Chi Hong 17
7 Pioneer Junior College 'A'	14:35.80
1) 146 Lim, Jared 17	2) 145 Ho, En Jared 17
3) 148 Tan, How Wee 17	4) 149 Yap, Ilic 17

**Event 103 M13-19 Pole Vault Men U20 & Open**

Name	Age	Team	Finals
1	374	Boon, Jerome Boon M18 Unattached	4.00m
		2.50 2.60 2.70 2.80 2.90 3.10 3.50 3.60 3.70 3.80 4.00 4.30	
		- - - - - - - - - - O O XXX	
2	468	Tan, Thomas M17 Unattached	3.60m
		2.50 2.60 2.70 2.80 2.90 3.10 3.50 3.60 3.70	
		- - - - - O O XXO XXX	
3	152	Yuan Cheng, Yuan C M15 Raffles Institution	2.80m
		2.50 2.60 2.70 2.80 2.90	
		O O XXO O XXX	
4	151	Heng, Jee Kuan M14 Raffles Institution	2.70m
		2.50 2.60 2.70 2.80	
		XO XO O XXX	

## Singapore National Games 2016 - 31/7/2016 to 7/8/2016

## Choa Chu Kang Stadium

## Results

## Event 103 M20-34 Pole Vault Men U20 &amp; Open

Name	Age	Team	Finals															
1	390	Chong, Ming Xun	M28	Unattached	4.55m													
					2.50	2.60	2.70	2.80	2.90	3.10	3.50	3.60	3.70	3.80	4.00	4.30	4.55	4.70
					-	-	-	-	-	-	-	-	-	-	-	O	O	XXX
2	198	Poh, Wen Jie	M23	Singapore Ma	4.30m													
					2.50	2.60	2.70	2.80	2.90	3.10	3.50	3.60	3.70	3.80	4.00	4.30	4.55	
					-	-	-	-	-	-	-	-	-	-	X-	XO	XX	
2	373	Boey, Desmond	M24	Unattached	4.30m													
					2.50	2.60	2.70	2.80	2.90	3.10	3.50	3.60	3.70	3.80	4.00	4.30	4.55	
					-	-	-	-	-	-	-	-	-	-	O	O	XXX	
4	50021	Ng, Kean Mun	M51	Unattached	3.50m													
					2.50	2.60	2.70	2.80	2.90	3.10	3.50	3.60						
					-	-	-	-	-	O	O	XXX						
--	401	Koh, Aaron	M21	Unattached	NH													
					2.50	2.60	2.70	2.80	2.90	3.10	3.50	3.60	3.70	3.80	4.00			
					--	-	-	-	-	-	-	-	-	-	-	XXX		

## Event 104 Women 200 Meter Dash U20

Name	Age	Team	Prelims	Wind	H#
Preliminaries					
1	346	Westwood-Marsh, La	W14	Unattached	27.97Q -1.8 3
2	56	Raj, Sasha	W17	Nanyang Polytechnic	28.24Q -0.5 1
3	52	Farhana, Lini	W19	Nanyang Polytechnic	28.73Q -0.1 2
4	331	Sharma, Bhavyya	W17	Unattached	28.20Q -1.8 3
5	281	Bte Mualim, Nurul	W18	Unattached	29.46Q -0.1 2
6	50	Bte Abdul Malek, N	W18	Nanyang Polytechnic	30.05Q -0.5 1
7	295	Goe, Celine	W17	Unattached	30.43q -0.5 1
8	237	Gui, Hou	W19	Temasek Polytechnic	30.61q -1.8 3
9	158	Poon, Yee Jia	W17	Serangoon Ju	31.90 -1.8 3
10	247	Chee, Jo'anne	W17	Temasek Polytechnic	32.32 -0.1 2
11	224	Tang, Elizabeth	W17	Tampines Jun	32.67 -0.1 2
12	157	Ou, Bilian	W18	Serangoon Ju	32.90 -0.5 1
13	327	Roy, Ankita	W17	Unattached	32.99 -0.5 1
14	302	Koh, Hui Ying	W17	Unattached	33.29 -1.8 3
15	304	Kwok, Cheng Yee	W17	Unattached	34.28 -0.5 1
16	156	Liow, Jie Qi	W17	Serangoon Ju	34.37 -0.1 2
17	222	Phua, Hui Xin	W17	Tampines Jun	36.00 -1.8 3

## Event 105 W35 Long Jump Masters

Name	Age	Team	Finals	Wind	
Finals					
1	35012	Yenn, Yenn	W37	Unattached	3.59m +0.0
					3.28m(+0.0) 3.25m(1.0) 3.34m(0.1) 3.43m(0.1) 3.45m(+0.0) 3.59m(+0.0)
3	35011	Venkataraman, Abit	W35	Unattached	3.03m 1.1
					2.85m(0.5) 3.03m(1.1) 2.85m(+0.0) 2.75m(+0.0) 2.90m(0.3) 3.01m(+0.0)

## Singapore National Games 2016 - 31/7/2016 to 7/8/2016

## Choa Chu Kang Stadium

## Results

## Event 105 W50 Long Jump Masters

Name	Age	Team	Finals	Wind
2 50012 Tan, Karen	W50	Unattached	3.34m	+0.0
3.30m(1.6) 3.21m(1.1) 3.34m(+0.0) 3.20m(+0.0) 3.13m(1.6) 3.31m(0.8)				

## Event 106 Men 200 Meter Dash U20

Name	Age	Team	Prelims	Wind	H#
Preliminaries					
1 399 Hulbert, Hulbert	M17	Unattached	23.08Q	0.2	5
2 367 Bin Mohamed Rashid	M17	Unattached	23.38Q	+0.0	4
3 68 Sim, Edwin	M19	Nanyang Polytechnic	24.17Q	-0.9	1
4 137 Koe, Ian	M17	Ngee Ann Pol	24.36Q	-2.3	2
5 226 Bin Ismail, Mohama	M17	Tampines Jun	25.38Q	-1.0	3
6 383 Chandra, Russell H	M17	Unattached	24.12q	0.2	5
7 473 Tay, Jarren	M18	Unattached	24.53q	+0.0	4
8 59 Bin Mohammad Hashi	M19	Nanyang Polytechnic	24.78q	0.2	5
9 425 Loh, Yuan Yee	M18	Unattached	25.21	0.2	5
9 417 Lim, Noah	M18	Unattached	25.21	-0.9	1
11 382 Chan, Yi Xiang	M17	Unattached	25.25	-0.9	1
12 273 Wee, Dillon	M18	Temasek Polytechnic	25.38	+0.0	4
13 262 Lua, Timothy	M19	Temasek Polytechnic	25.48	-0.9	1
14 169 Oh, Adam	M17	Serangoon Ju	25.52	+0.0	4
15 215 Yap, Zhan Wei	M18	Singapore Po	25.71	+0.0	4
16 58 Almast, Almast Sin	M19	Nanyang Polytechnic	25.78	-0.9	1
17 231 Yue, Joe	M17	Tampines Jun	25.81	0.2	5
18 386 Chia, Jue Yi	M19	Unattached	25.93	-2.3	2
19 61 Chong, WH	M17	Nanyang Polytechnic	26.04	+0.0	4
20 204 Azhar, Muhammad Nu	M19	Singapore Po	26.11	-1.0	3
21 228 Tan, Jek Kee	M17	Tampines Jun	26.23	-2.3	2
22 448 Poh, Yi Sheng	M17	Unattached	26.38	-2.3	2
22 255 Iqbal, Syed	M17	Temasek Polytechnic	26.38	-1.0	3
24 165 Kumar, Tarun	M17	Serangoon Ju	26.50	-2.3	2
25 464 Tan, Bryan	M19	Unattached	26.58	-1.0	3
26 392 Eleosida, Anfernee	M19	Unattached	26.67	-2.3	2
27 230 Yu, Dillon	M17	Tampines Jun	26.88	+0.0	4
28 465 Tan, Damon	M17	Unattached	26.94	-1.0	3
29 168 Lu, Matthias	M17	Serangoon Ju	27.17	0.2	5
30 472 Tang, Isaac	M13	Unattached	27.99	-1.0	3

## Event 108 Men 200 Meter Dash Open

Name	Age	Team	Prelims	Wind	H#
1 506 Rag, Kishen	M22	Unattached	22.37Q	0.1	2
2 413 Liew, Daryl	M25	Unattached	22.77Q	-1.3	3
3 435 Muncherji, Zubin	M20	Unattached	22.95Q	-0.7	1
4 270 Syazani, Muhammad		Temasek Polytechnic	23.18Q	-1.7	4
5 505 Khoo, Kenneth	M34	Wings Athlet	23.11q	0.1	2
6 409 Lai, Yong Hui	M27	Unattached	23.15q	-1.3	3
7 44 Lee, Shawn	M21	Flash Athletic Club	23.25q	-1.7	4
8 431 Manega, Rodney Phi	M20	Unattached	23.33q	-1.3	3
9 252 Hakim, Muhammad Ha	M17	Temasek Polytechnic	23.49	0.1	2
10 153 Reyhan, Reyhan	M21	Safsa	23.57	-1.7	4

**Singapore National Games 2016 - 31/7/2016 to 7/8/2016****Choa Chu Kang Stadium****Results****....Event 108 Men 200 Meter Dash Open**

11	429 Lu, Wei Yi	M29 Unattached	23.90	-0.7	1
12	41 Adib, Afiquil	M23 Flash Athletic Club	24.05	0.1	2
13	489 Loh, Guo Zhu	M25 Wings Athlet	24.37	-1.7	4
14	268 Sazly, Muhammad Az	M20 Temasek Polytechnic	24.63	-1.3	3
15	248 Ee, Bryan	M19 Temasek Polytechnic	25.46	0.1	2
16	461 Soh, Wan Xin	M23 Unattached	25.56	-0.7	1
17	40002 Razak, Abdul	M41 Flash Athletic Club	25.75	-0.7	1
18	502 Saad, Khairul	M32 Unattached	25.85	-1.3	3
19	459 Singh, Gurpreet	M20 Unattached	26.01	-0.7	1
20	55003 Wong, Kong Man	M55 Jurong Lake	39.10	-1.7	4

**Event 109 Men Discus Throw Open**

Name	Age Team	Finals
=====		
Finals		
1	373 Boey, Desmond M24 Unattached	26.71m
	23.61m 23.02m 25.36m X 25.71m 26.71m	
2	402 Koh, Bryan M22 Unattached	26.66m
	23.98m X X X 25.73m 26.66m	
3	463 Syazwan, Muhd M20 Unattached	23.42m
	20.13m X 21.86m X 23.42m 22.66m	
4	67 Nazrul, Muhammad M23 Nanyang Polytechnic	23.36m
	X 21.17m X 22.54m 23.36m X	
5	266 Que, Melvin M19 Temasek Polytechnic	22.36m
	21.70m 21.23m X 22.36m 21.43m X	
6	380 Chan, Ignatius M22 Unattached	22.18m
	22.18m	
7	198 Poh, Wen Jie M23 Singapore Ma	20.97m
	17.16m 17.94m 19.24m 20.97m 19.19m 20.78m	

**Event 110 W13-19 Pole Vault Women U20 & Open**

Name	Age Team	Finals
=====		
1	342 Teo, Gladys W15 Unattached	2.50m
	2.00 2.20 2.30 2.40 2.50 2.60	
	O O O O O XXX	
2	333 Shi, Joey W16 Unattached	2.40m
	2.00 2.20 2.30 2.40 2.50	
	O O XO O XXX	
3	351 Yap, Wei Ting W18 Unattached	2.30m
	2.00 2.20 2.30 2.40	
	XO O XO XXX	
3	325 Ong, Yi En W16 Unattached	2.30m
	2.00 2.20 2.30 2.40	
	O O XXO XXX	
5	55 Poh, Samantha W19 Nanyang Polytechnic	2.20m
	2.00 2.20 2.30	
	O XXO XXX	



## Singapore National Games 2016 - 31/7/2016 to 7/8/2016

## Choa Chu Kang Stadium

## Results

## Event 110 W20-34 Pole Vault Women U20 &amp; Open

Name	Age Team	Finals
1 491 Bte Mohamad, Asmah	W32 Unattached	3.00m
2.80 3.00 3.20		
O O XXX		
2 135 Leong, Wen Jun	W22 Nanyang Tech	2.80m
2.60 2.80 3.00		
XO O XXX		

## Event 111 M35 Long Jump Masters

Name	Age Team	Finals	Wind
1 35015 Goh, Wei Boon	M36 Unattached	5.72m	-0.1
5.39m(-1.0) 4.73m(-0.5) 5.42m(-0.2) 5.72m(-0.1) X(+0.0) 5.59m(+0.0)			
2 35024 Wong, Bak Tai	M35 Unattached	5.16m	+0.0
5.16m(+0.0) 4.96m(-0.5) 4.58m(+0.0) 5.01m(-0.0) X(-0.7) 4.89m(-0.8)			
3 35025 Yeo, Jermaine	M37 Unattached	4.93m	-0.7
4.43m(-0.1) 4.60m(-0.5) 4.93m(-0.7) 4.73m(-0.5) 4.72m(-0.7) 4.62m(-1.7)			
4 35020 Kwok, Ian	M38 Unattached	4.67m	-0.3
X(+0.0) 4.47m(-0.4) 4.04m(-0.3) 4.32m(+0.0) X(-0.7) 4.67m(-0.3)			
5 35017 Kumar, Madhu Nanda	M39 Unattached	2.81m	-0.8
2.81m(-0.8)			

## Event 111 M40 Long Jump Masters

Name	Age Team	Finals	Wind
1 40001 Tan, Adrian	M41 Erovra Association	4.84m	+0.0
4.82m(-0.7) 4.67m(-0.8) - 4.84m(+0.0) 4.49m(-1.0) 4.73m(-0.1)			
2 40025 Tay, Sidney	M44 Unattached	4.15m	-0.3
3.98m(+0.0) 3.84m(-0.8) 4.15m(-0.3)			
3 40022 Mustafa, Shahril	M42 Unattached	4.13m	-0.3
3.85m(-0.0) 4.03m(-0.0) 4.13m(-0.3)			

## Event 111 M45 Long Jump Masters

Name	Age Team	Finals	Wind
1 45013 Wong, Mun Kong	M49 Singapore Ma	4.89m	+0.0
4.81m(-0.4) 4.73m(+0.0) - 4.55m(+0.0) 4.89m(+0.0) X(-0.5)			
2 45009 Chan, Melvin	M46 Singapore Ma	4.37m	-0.2
4.10m(-0.3) 4.37m(-0.2) 4.27m(-0.6) X 3.96m(+0.0) -			
3 45003 Wong, Sai Wing	M47 MacRitchie R	4.18m	-0.7
4.18m(-0.7) 3.89m(-0.5) 3.54m(+0.0)			
4 45015 Bin Mohamed, Abdul	M47 Unattached	3.24m	+0.0
3.24m(+0.0) 3.21m(-0.2) 3.24m(0.1)			

## Event 111 M50 Long Jump Masters

Name	Age Team	Finals	Wind
1 50016 Liew, Matthew	M54 Unattached	4.18m	+0.0
3.85m(-0.3) 4.04m(-0.0) 4.18m(+0.0)			

## Singapore National Games 2016 - 31/7/2016 to 7/8/2016

## Choa Chu Kang Stadium

## Results

## Event 111 M55 Long Jump Masters

Name	Age Team	Finals	Wind
1 55008 Tan, Kim Seng	M57 Safsa	4.55m	-0.1
		3.94m(-0.7) 4.32m(+0.0) 4.55m(-0.1) 3.95m(+0.0) 4.32m(+0.0) 4.12m(-1.0)	
2 55019 Tay, Keng Kah	M55 Unattached	4.00m	-0.9
		3.80m(-0.7) 4.00m(-0.9) 3.99m(-0.2)	
3 55017 Ho, Robert	M55 Unattached	3.75m	-0.6
		3.37m(-0.9) 3.75m(-0.6) 2.84m(-0.0)	

## Event 111 M70+ Long Jump Masters

Name	Age Team	Finals	Wind
1 70006 Ong, Beng Gee	M73 Singapore Sw	3.07m	-0.9
		3.07m(-0.9) X(-0.7) X(+0.0)	

## Event 112 Women 200 Meter Dash U20

Name	Age Team	Finals	Wind
1 346 Westwood-Marsh, La	W14 Unattached	27.09	0.2
2 331 Sharma, Bhavyya	W17 Unattached	27.48	0.2
3 52 Farhana, Lini	W19 Nanyang Polytechnic	28.27	0.2
4 295 Goe, Celine	W17 Unattached	29.82	0.2
5 50 Bte Abdul Malek, N	W18 Nanyang Polytechnic	30.29	0.2
6 237 Gui, Hou	W19 Temasek Polytechnic	30.82	0.2

## Event 113 Women 200 Meter Dash Open

Name	Age Team	Finals	Wind
1 1 Goh, Chui Ling	W24 AAC	25.02	0.2
2 312 Liaw, Trisha Marie	W21 Unattached	25.23	0.2
3 307 Lee, Natalie	W23 Unattached	26.14	0.2
4 316 Monteiro, Amelia	W23 Unattached	26.68	0.2
5 292 Enn, Cindy	W20 Unattached	27.63	0.2
6 40 Nurkhaliesah, Siti	W19 Flash Athletic Club	28.61	0.2
7 278 Boh, Shermaine	W20 Unattached	30.92	0.2

## Event 114 Men 200 Meter Dash U20

Name	Age Team	Finals	Wind
1 399 Hulbert, Hulbert	M17 Unattached	22.71	0.2
2 367 Bin Mohamed Rashid	M17 Unattached	23.43	0.2
3 137 Koe, Ian	M17 Ngee Ann Pol	23.63	0.2
4 383 Chandra, Russell H	M17 Unattached	23.99	0.2
5 68 Sim, Edwin	M19 Nanyang Polytechnic	24.16	0.2
6 59 Bin Mohammad Hashi	M19 Nanyang Polytechnic	24.41	0.2
7 473 Tay, Jarren	M18 Unattached	24.74	0.2
8 226 Bin Ismail, Mohama	M17 Tampines Jun	26.08	0.2

**Singapore National Games 2016 - 31/7/2016 to 7/8/2016****Choa Chu Kang Stadium****Results****Event 115 Men 200 Meter Dash Open**

Name	Age	Team	Finals	Wind
1 435 Muncherji, Zubin	M20	Unattached	22.07	0.7
2 506 Rag, Kishen	M22	Unattached	22.35	0.7
3 413 Liew, Daryl	M25	Unattached	22.94	0.7
4 505 Khoo, Kenneth	M34	Wings Athlet	23.15	0.7
5 270 Syazani, Muhammad		Temasek Polytechnic	23.35	0.7
6 44 Lee, Shawn	M21	Flash Athletic Club	23.54	0.7
7 431 Manega, Rodney Phi	M20	Unattached	24.05	0.7

**Event 116 Women 800 Meter Run U20**

Name	Age	Team	Finals
1 139 Lee, Yun En	W14	NVSS	2:43.95
2 347 Wong, Amanda	W15	Unattached	2:46.24
3 235 Lim, Yiyong Eloise	W17	Temasek Juni	2:48.44
4 57 Wong, Carissa	W18	Nanyang Polytechnic	2:52.42
5 305 Lau, Esther	W17	Unattached	2:52.81
6 296 Goh, Charis	W17	Unattached	3:08.98
7 155 Lim, Ga Mei	W17	Serangoon Ju	3:12.33

**Event 117 Women 800 Meter Run Open**

Name	Age	Team	Finals
1 289 Chong, Yvette	W22	Unattached	2:32.22
2 512 Lim, Janielle	W21	Unattached	2:34.89
3 490 Ng, Yew Cheo	W30	Swift Athlet	2:41.14
4 50013 Williamson, Angela	W52	Unattached	3:05.94

**Event 117 Women Discus Throw Open**

Name	Age	Team	Finals
1 54 Ow, Si Xing	W19	Nanyang Polytechnic	36.85m
34.75m X 33.92m X X			36.85m
2 328 See, Abelle	W21	Unattached	28.77m
26.67m 28.61m 28.77m			26.57m 27.70m 28.77m
3 298 Han, Crystal	W22	Unattached	22.73m
21.96m 22.73m 20.47m			21.82m X 21.38m

**Event 118 Men 800 Meter Run U20**

Name	Age	Team	Finals
1 143 Tay, Kai Bin	M15	NVSS	2:12.33
2 394 Fang, Yi Yang	M16	Unattached	2:14.06
3 42 Anuar, Saiful	M18	Flash Athletic Club	2:14.35
4 269 Sim, Thee Yon		Temasek Polytechnic	2:15.37
5 251 Haikal, Muhammad	M18	Temasek Polytechnic	2:17.48
6 366 Bin Mohamad Ali, M	M17	Unattached	2:20.37
7 445 Nguyen, Khac Hoang	M16	Unattached	2:20.93
8 174 Wu, Lei Fan	M17	Serangoon Ju	2:22.26
9 260 Lim, Zhen Guang		Temasek Polytechnic	2:27.65

**Singapore National Games 2016 - 31/7/2016 to 7/8/2016****Choa Chu Kang Stadium****Results****....Event 118 Men 800 Meter Run U20**

9	234 Tan, Shawn	M18 Team RunFanatics	2:27.65
11	146 Lim, Jared	M17 Pioneer Juni	2:40.19
12	149 Yap, Ilic	M17 Pioneer Juni	2:56.25

**Event 119 Men 800 Meter Run Open**

Name	Age	Team	Finals
1	501 Reed, Marcus	M31 Unattached	2:06.32
2	272 Tay, Jeremy	M21 Temasek Polytechnic	2:08.86
3	259 Lim, Kia How	Temasek Polytechnic	2:09.13
4	233 Tan, Alec	M20 Team RunFanatics	2:12.10
5	504 Khoo, Zhi Hao	M33 Unattached	2:19.78
6	46 Cui, Chang	M22 Hcx	2:38.96
7	440 Ng, Brandon	M23 Unattached	2:39.60
8	45023 Sim, Chow Hock	M49 Unattached	2:41.11
9	47 Lim, Jia Le	M22 Hcx	2:56.69
10	50002 Lim, Siou Sian	M50 Rainbow	3:33.11

**Event 121 Women 4x400 Meter Relay Open**

Team	Finals
1 ActiveSg Athletics Club 'A'	4:02.08
1) 1 Goh, Chui Ling 24	2) 291 D/O Chandran, Kugapriya 18
3) 315 Menon, Smriti 18	4) 326 Pereira, Veronica Shanti 20
2 Unattached 'B'	4:08.46
1) 311 Liaw, Nicole Ann Isabelle 2	2) 312 Liaw, Trisha Marie Kiara 21
3) 316 Monteiro, Amelia 23	4) 322 Oh, Charlene 21
3 Erovra Association 'A'	4:31.88
1) 25 Bte Mustaffa, Noor Fatehab 1	2) 26 Chew, Nicole 14
3) 29 Law, Phoebe Angeline 14	4) 28 Kodikara, Kathya 14
4 Unattached 'A'	4:47.05
1) 286 Chiam, Melody 18	2) 324 Ong, Kerstin 19
3) 334 Sim, Jia Ying 19	4) 348 Wong, Cheryl 18
5 Singapore Institute of Managem 'A'	4:49.90
1) 177 Gay, Lisa 22	2) 175 Cheong, Geraldine 23
3) 179 Low, Shu Wen 22	4) 178 Loh, Valencia 22

**Event 122 Men 4x400 Meter Relay Open**

Team	Finals
1 Temasek Polytechnic 'A'	3:31.81
1) 254 Haziz, Muhammad 18	2) 252 Hakim, Muhammad Hafizul 17
3) 256 Koh, Alex Rodney 18	4) 270 Syazani, Muhammad
2 Unattached 'B'	3:38.56
1) 363 Bin Hashim, Nur Iman 21	2) 430 Lum, Dong Yee 21
3) 414 Lim, Joel 21	4) 477 Toh, Ezra 21
3 Hcx 'A'	3:51.19
1) 45 Chua, Bo Yu 21	2) 46 Cui, Chang 22
3) 47 Lim, Jia Le 22	4) 48 Ng, Joel 20
4 Unattached 'A'	3:52.84
1) 359 Ang, Wei Liang 19	2) 386 Chia, Jue Yi 19
3) 433 Mohtar, Mirza 19	4) 481 Wong, Jing Jie 19

**Singapore National Games 2016 - 31/7/2016 to 7/8/2016**

**Choa Chu Kang Stadium**

**Results**

**....Event 122 Men 4x400 Meter Relay Open**

5 Singapore Management Universit	'A'	3:58.85
1) 195 Fan, Kelvin 22	2) 198 Poh, Wen Jie 23	
3) 199 Teow, Marcus 23	4) 197 Pang, Derrick 22	