

Results

As below

Female Team Scores

Place	Team	Points
1	Swift	235
2	Wings	60
3	Masters	36
4	Temasek Polytechnic	32
5	Flash	30
6	Prisons	29
7	Red Hawk	14
8	Safsa	14
9	NUS	11
10	Singapore polytechnic	11
11	NTU	5

Male Team Scores

Place	Team	Points
1	Swift	225
2	Wings	126
3	Safsa	105
4	Temasek Polytechnic	91
5	Singapore Polytechnic	60
6	NTU	43
7	NUS	42
8	Prisons	21
9	Flash	21
10	Masters	11
11	MR25	7

Results
As below

TOTAL POINT SCORED

S/NO	EVENTS	SWIFT	WINGS	FLASH	NUS	NTU	PRISON	SAFSA	SP	REDHAWK	MASTER	MR25	T P
1	100M (W-A)	8					6	7	5		4		
2	100M (W-B)	7					6				8		
3	200M (W-A)	8							6		7		
4	200M (W-B)	8					7						
5	400M (W-A)	8									7		
6	400M (W-B)	7	8										
7	800M (W)	13	6		7			5					4
8	1500M (W)	14	7				5						4
9	3000M (W)	15	6										
10	100M H (W-A)	7	8										
11	100M H (W-B)	8	7										
12	400M H (W-A)	8											
13	400M H (W-B)	8											
14	1600M W (W)	12								14	4		
15	Long Jump (W)	13	8										
16	Triple Jump (W)	6	13										7
17	High Jump (W)	10	8			5							7
18	Pole Vault (W)												
19	Shot Put (W)	15	9	6									3
20	Discus (W)	15	5	6	4								
21	Javelin (W)	14	7	12				2					1
22	Hammer (W)	15		6									
23	4x100M R (W)	8	7				5				6		
24	4x400M R (W)	8	7										6
	TOTAL	235	106	30	11	5	29	14	11	14	36	0	32
S/NO	EVENTS												
1	100M (M-A)	5	3		8		4	6	2		1		7
2	100M (M-B)	8	5	4	6		7	2	1		3		
3	200M (M-A)	6		4	8			7	5				3
4	200M (M-B)	7	5	2	6			4	3				8
5	400M (M-A)	5			6	7	3	8	2				4
6	400M (M-B)	6			7	8		4					5
7	800M (M)	14	7		1	9		2	3				
8	1500M (M)	12	11					6	1				6
9	5000M (M)	5	5				7	8	4			7	
10	3000M SC (M)	12	10						6				5
11	3000M W (M)	15											
12	110M H (M-A)	7					6		8				
13	110M H (M-B)	8											
14	400M H (M-A)	7	8				5						6
15	400M H (M-B)	8											
16	Long Jump (M)	7	8					13	2				6
17	Triple Jump (M)	7	8					13					7
18	High Jump (M)	6	12				8	4					
19	Pole Vault (M)	8	6	9				7					
18	Shot Put (M)	15	8					1	9				3
19	Discus (M)	15	7	2					8				4
20	Javelin (M)	13	13						4				6
21	Hammer (M)	15											11
22	4x100M R (M)	6	3					8	4		7		5
23	4x400M R (M)	8	7					4	6				5
	TOTAL	225	126	21	42	43	21	105	60	0	11	7	91
	GRAND TOTAL	460	232	51	53	48	50	119	71	14	47	7	123

Results

PB - Personal Best

SB - Season Best

MR - Meet Record

100m A Section 1 Men	100m A Women
100m A Section 2 Men	
100m B Men	100m B Women
110m Hurdles A Men	100m Hurdles A Women
110m Hurdles B Men	100m Hurdles B Women
200m A Section 1 Men	200m A Women
200m A Section 2 Men	
200m B Men	200m B Women
400m A Men	400m A Women
400m B Men	400m B Women
400m Hurdles A Men	400m Hurdles A Women
400m Hurdles B Men	400m Hurdles B Women
800m Men	800m Women
1500m Men	1500m Women
3000m Steeplechase Men	3000m Women
5000m Men	
4x100m Men	4x100m Women
4x400m Men	4x400m Women
Hammer Throw Men	Hammer Throw Women
Discus Throw Men	Discus Throw Women
Pole Vault Men	
Shotput Men	Shotput Women
Javelin Men	Javelin Women
Long Jump Men	
High Jump Men	High Jump Women
Triple Jump Men	Triple Jump Women

Women Hammer Throw (Meet Record: M 58.49m 2000 Wang Dan)

1	772 E, Xiao Xu	Swift	44.30m	8
2	786 Zhang, Gui Rong	Swift	31.41m	7
3	683 Poon, Pui Fun	Flash	27.62m	6

Men Hammer Throw (Meet Record: M 51.50m 1996 James Wong)

1	250 Dong, En Xin	Swift	39.24m	8
2	251 Luan, Wei	Swift	31.04m	7
3	204 Tsu Zhao Hong, Ben	TP	19.50m	6
4	220 Tan, Yong Chong	TP	14.94m	5

Men Pole Vault (Meet Record: M 4.65m 1987 Ng Kean Mun)

1	266 Chu, Soon Kit	Swift	4.10m	8
2	167 Chen, Yizho	Safsa	4.00m	7
3	226 Cai, Wei Da	Wings	3.90m	6
4	1 Ng, Kean Mun	Flash	3.80m	5
5	2 Poon, Charles	Flash	3.40m	4

Women Long Jump (Meet Record: M 5.70m 1992 Yu Long Nyu)

1	725 Pan, Pei Ting	Wings	4.51m	NWI	8
2	770 Chan, See Huay	Swift	4.39m	NWI	7
3	774 You, Mei Yan	Swift	4.29m	NWI	6

Men Long Jump (Meet Record: M 7.23m 1975 Yeo Kian Chye)

1	227 Chua, Calvin	Wings	6.29m	NWI	8
2	175 Huang, Wen Hai	Safsa	6.07m	NWI	7
3	178 Mak, Jing Yang	Safsa	5.86m	NWI	6
4	221 Tan, Yong Tin	TP	5.70m	NWI	5
5	267 Ding, Yan	Swift	5.31m	NWI	4
6	260 Anthony, -	Swift	5.25m	NWI	3
7	197 Goh, Melvin	SP	4.07m	NWI	2
8	210 Chua, Mark	TP	3.79m	NWI	1

Women Discus Throw (Meet Record: M 44.48m 2001 Du Xian Hui)

1	771 Du, Xian Hui	Swift	43.70m	8
2	786 Zhang, Gui Rong	Swift	41.59m	7
3	683 Poon, Pui Fun	Flash	32.12m	6
4	694 Hong, Ruo Ying	Wings	31.69m	5
5	738 Sim, Li Bing	Nus	28.72m	4

Men Discus Throw (Meet Record: M 51.77m 2001 Dong En Xin)

1	250 Dong, En Xin	Swift	45.96m	8
2	258 Koh, Hor Yee	Swift	40.58m	7
3	234 Koh, Tong Eng	Wings	33.19m	6
4	194 Goo, Chun Song	SP	31.77m	5

5	204 Tsu Zhao Hong, Ben	TP	28.64m	4
6	201 Ng, Timothy	SP	28.18m	3
7	4 Guo, Clarence	Flash	26.46m	2
8	237 Liu, Xing He	Wings	23.02m	1

Women 400 Meter Hurdles Final B (Meet Record: M 70.20 1983 Nancy Ng HT)

1	779 Neo, Wan Xian	Swift	1:32.01	8
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Women 400 Meter Hurdles Final A (Meet Record: M 65.30 1981 Sim Hwee Yan HT)

1	780 Chu, Eunice	Swift	1:32.46	8
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Men 400 Meter Hurdles Final B (Meet Record: M 57.10 1961 K. Selvaratnam HT)

1	257 Utsab, Gurung	Swift	64.95	8
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Men 400 Meter Hurdles Final A (Meet Record: M 54.10 1983 Seah Soo Lye HT)

1	230 Tan, Jeremy	Wings	60.94	8
2	268 Alfanzo, -	Swift	62.90	7
3	213 Reyaz, Ahmad	TP	67.47	6
4	276 Yu, Chang Bin	Ntu	72.60	5

Women 100 Meter Dash Final A (Meet Record: M 12.20 1987 Prema Govindra HT)

1	773 Kalacalvi, -	Swift	13.32	8
2	798 Oh, Winnie	Safsa	14.72	7
3	685 Anne, -	Prisons	14.81	6
4	763 Seetoh Yik, Ruth	SP	15.05	5
5	739 Oh, Margaret	Masters	16.06	4

Women 100 Meter Dash Final B (Meet Record: M 12.60 1973 Glory Barnabas HT)

1	740 Oh, Linda	Masters	14.28	8
2	776 Hiranisha, -	Swift	14.46	7
3	686 Teoh, -	Prisons	16.25	6

Men 100 Meter Dash Final A Section 1 (Meet Record: M 10.40 1992 Muhamad Hosni HT)

1	11 UK, Shyam	Nus	10.69	8
2	215 Shameer, Ayub	TP	10.98	7
3	252 O., Diamond	Swift	11.06	5
4	281 Koh, Alan	Masters	12.32	1

Men 100 Meter Dash Final A Section 2 (Meet Record: M 10.40 1992 Muhamad Hosni HT)

1	179 Poh, Seng Song	Safsa	11.04	6
2	155 Yusof, Alias	Prisons	11.17	4
3	225 Alfred, Sim	Wings	11.25	3
4	200 Tan, Boon Siong	SP	11.96	2

Men 100 Meter Dash Final B (Meet Record: M 10.80 1990 Muhamad Hosni HT)

1	253 Erzalmaniq, -	Swift	11.26	8
2	156 Annuar, Abdullah	Prisons	11.28	7
3	152 Wee, Lawrence	Nus	11.43	6
4	232 Khoo, Kenneth	Wings	12.27	5
5	6 Syed, Daniel	Flash	12.28	4
6	282 John, Seem	Masters	12.35	3
7	164 Tan Yu Zhong, Alvi	Safsa	12.68	2
8	187 Teo, Alan	SP	13.10	1

Women 800 Meter Run (Meet Record: M 2:11.80 1975 Chee Swee Lai HT)

1	783 Vicky, -	Swift	2:25.07	8
2	737 Soh Chai Ling, Tri	Nus	2:35.14	7
3	726 Koh, Pauline	Wings	2:36.40	6
4	769 Tioh, Cassandra	Swift	2:45.88	5
5	752 Li, Xiao Xin	TP	2:49.96	4
6	798 Oh, Winnie	Safsa	3:07.99	3
7	799 Kuan, Kim Wee	Safsa	3:21.22	2

Men 800 Meter Run (Meet Record: M 1:53.30 1968 James H. Douglas HT)

1	263 C., Veeramani	Swift	1:58.57	8
2	229 Eric, Maia	Wings	2:00.48	7
3	269 Arthur, -	Swift	2:05.76	6
4	279 Lee, Joo Khiang	Ntu	2:05.78	5
5	278 Mageswaran, Devada	Ntu	2:07.08	4
6	198 Sng, Kang Siang	SP	2:08.94	3
7	183 Tay, Shean Chyi	Safsa	2:12.45	2
8	151 Lim, Anthony	Nus	2:14.26	1

Men High Jump (Meet Record: M 2.08m 1995 Wong Yew Tong)

1	277 Tan Liong, Jonatha	Ntu	1.95m	8
2	240 Cai, Ronnie	Wings	1.95m	7
3	273 Wong, Yew Tong	Swift	1.90m	6
4	236 Lim, Ming Mao	Wings	1.85m	5
5	172 Gan, Edmund	Safsa	1.75m	4

Women Shot Put (Meet Record: M 17.38m 2001 Zhang Gui Rong)

1	786 Zhang, Gui Rong	Swift	16.73m	8
2	771 Du, Xian Hui	Swift	15.55m	7
3	683 Poon, Pui Fun	Flash	10.59m	6
4	698 Lim, Hui Juan	Wings	8.71m	5
5	694 Hong, Ruo Ying	Wings	8.02m	4
6	750 Cheong Si Jin, Ali	TP	6.52m	3

Men Shot Put (Meet Record: M 16.04m 2001 Dong Enxin)

1	251 Luan, Wei	Swift	16.38mM	8
2	250 Dong, En Xin	Swift	14.28m	7
3	234 Koh, Tong Eng	Wings	12.03m	6
4	194 Goo, Chun Song	SP	11.39m	5
5	201 Ng, Timothy	SP	10.43m	4
6	204 Tsu Zhao Hong, Ben	TP	10.10m	3
7	233 Koh, Thiam Sin	Wings	9.53m	2
8	170 Ching, Tze Yik	Safsa	9.25m	1

Women Triple Jump (Meet Record: M 11.23m 2001 Karen Low)

1	725 Pan, Pei Ting	Wings	10.00m	NWI	8
2	751 Chua, Ai Ping	TP	9.79m	NWI	7
3	770 Chan, See Huay	Swift	9.77m	NWI	6
4	696 Koh, Wan Lyn	Wings	9.26m	NWI	5

Women 200 Meter Dash Final A (Meet Record: M 25.50 1960 Elizabeth Cheesewright HT)

1	773 Kalacalvi, -	Swift	27.59		8
2	740 Oh, Linda	Masters	30.40		7
3	763 Seetoh Yik, Ruth	SP	31.06		6

Women 200 Meter Dash Final B (Meet Record: M 26.50 1970 Sheila Mahatani HT)

1	775 Sim, Jenny	Swift	32.54		8
2	686 Teoh, -	Prisons	35.05		7

Men 200 Meter Dash Final A Section 1 (Meet Record: M 21.50 1962 M. Jegathesan HT)

1	252 O., Diamond	Swift	22.78		6
2	190 Azahuri, -	SP	24.83		5
3	207 Jude, Edward	TP	32.07		3

Men 200 Meter Dash Final A Section 2 (Meet Record: M 21.50 1962 M. Jegathesan HT)

1	11 UK, Shyam	Nus	21.77		8
2	179 Poh, Seng Song	Safsa	22.47		7
3	6 Syed, Daniel	Flash	25.55		4

Men 200 Meter Dash Final B (Meet Record: M 22.00 1967 Ong Yeok Phee HT)

1	209 Marc, Pereira	TP	22.05		8
2	253 Erzalmaniq, -	Swift	23.25		7
3	153 Wong, Fong Wee	Nus	23.72		6
4	238 Muhd, Uzair	Wings	25.21		5
5	180 Shah, -	Safsa	25.73		4
6	196 Md, Faiq	SP	25.92		3
7	289 Mony, -	Flash	26.52		2

Women 1500 Meter Run (Meet Record: M 4:46.80 1981 K Jayamani HT)

1	783 Vicky, -	Swift	5:15.64	8
2	729 Sim, Hui Shan	Wings	5:36.38	7
3	768 Angeline, -	Swift	5:48.60	6
4	687 Ng, Bee Teng	Prisons	6:11.76	5
5	761 Aree, F	TP	6:17.25	4

Men 1500 Meter Run (Meet Record: M 3:55.70 1994 A Saravanan HT)

1	242 Suriyja, Prakash	Wings	4:31.92	8
2	254 Dhew, Kabil	Swift	4:31.94	7
3	185 Ho Hui Boon, Vince	Safsa	4:46.69	6
4	255 Vigneswaran, -	Swift	4:52.50	5
5	211 Muthu, Kumar	TP	4:53.82	4
6	241 Ng, Shawn	Wings	5:11.74	3
7	205 Lee, Dominic	TP	5:12.39	2
8	203 Tan, Peter	SP	5:20.75	1

Women 100 Meter Hurdles Final B (Meet Record: M 16.10 1992 Chan See Huey HT)

1	797 Doreen, -	Swift	17.40	8
2	692 Cassandra, Siva	Wings	22.70	7

Women 100 Meter Hurdles Final A (Meet Record: M 15.20 1989 Chan See Huey HT)

1	697 Lee, Chang Yi	Wings	17.64	8
2	796 Goh, Evelyn	Swift	22.90	7

Men 110 Meter Hurdles Final B (Meet Record: M 15.90 1976 Khoo Chee Seng HT)

1	290 Wang, Xi Kun	Swift	17.54	8
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Men 110 Meter Hurdles Final A (Meet Record: M 14.90 1970 Osman Merican HT)

1	177 Lin, Tan Yu	Safsa	18.76	8
2	256 Marcus, -	Swift	19.77	7

3	276 Yu, Chang Bin	Ntu	21.44	6
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Women Javelin Throw (Meet Record: M 41.68m 2001 Zhang Gui Rong)

1	784 Wan, Lay Chi	Swift	46.17mM	8
2	683 Poon, Pui Fun	Flash	34.66m	7
3	777 Lu, Li Feng	Swift	30.34m	6
4	684 Lin, Kai Ping	Flash	29.24m	5
5	723 Nadene, Tham	Wings	28.67m	4
6	698 Lim, Hui Juan	Wings	24.42m	3
7	705 Yeo Mui Keng, Shar	Safsa	19.89m	2
8	759 Wong, Yue Jun	TP	16.03m	1

Men Javelin Throw (Meet Record: M 57.40m 1990 Ng Bock Huat)

1	258 Koh, Hor Yee	Swift	48.00m	8
2	239 Ng, Bock Huat	Wings	47.19m	7
3	244 Ting, Gabriel	Wings	45.85m	6
4	259 Sim, Aaron	Swift	45.76m	5
5	223 Woon, Choon Keong	TP	39.15m	4
6	189 Ang, Siang Chien	SP	30.57m	3
7	212 Ng, Yie Jie	TP	29.29m	2
8	199 Soh, Sze Hock	SP	24.85m	1

Men Triple Jump (Meet Record: M 14.63m 1986 Francis Nathan)

1	227 Chua, Calvin	Wings	13.56m	NWI	8
2	168 Chen, Yun	Safsa	12.76m	NWI	7
3	169 Chew, Chong Jieh	Safsa	11.87m	NWI	6
4	261 Se, Wei	Swift	11.71m	NWI	5
5	221 Tan, Yong Tin	TP	11.62m	NWI	4
6	223 Woon, Choon Keong	TP	11.22m	NWI	3
7	794 Xuan, Hui	Swift	9.37m	NWI	2

Women High Jump (Meet Record: M 1.72m 1992 Yu Long Nyu)

1	693 Tan, Dawn	Wings	1.53m	8
2	751 Chua, Ai Ping	TP	1.50m	7
3	770 Chan, See Huay	Swift	1.35m	6

4	704 Chelsea, Eiben	Ntu	1.30m	5
5	778 Tan, Wendy	Swift	1.10m	4

Men 3000 Meter Steeplechase (Meet Record: M 9:32.00 1994 Birch HT)

1	795 Dhew, Kabir	Swift	10:35.00	8
2	247 Mok, Jezreel	Wings	10:43.30	7
3	195 M. Shah, Feroz	SP	10:43.70	6
4	208 Tan, Kelvin	TP	10:57.40	5
5	262 Dhan, Raj Rai	Swift	10:59.70	4
6	246 Tan, Jing Hao	Wings	11:34.50	3

Women 3000 Meter Run (Meet Record: M 10:17.40 1993 Cheong Tsui Ying HT)

1	768 Angeline, -	Swift	12:39.90	8
2	785 Cho Choon, -	Swift	12:44.90	7
3	724 P., Istyana	Wings	13:18.90	6

Women 400 Meter Dash Final B (Meet Record: M 58.20 1975 Lee Tai Jong HT)

1	731 Tay, Sze Lin	Wings	67.06	8
2	782 Rupa, -	Swift	69.16	7

Women 400 Meter Dash Final A (Meet Record: M 56.10 1974 Chee Swee Lee HT)

1	769 Tioh, Cassandra	Swift	66.60	8
2	744 Tay, Christina	Masters	73.68	7

Men 400 Meter Dash Final B (Meet Record: M 48.50 1975 Cheah Kim Teck HT)

1	280 Ng, Boon Keng	Ntu	50.47	8
2	154 Alfred, -	Nus	52.03	7
3	264 Kai, -	Swift	53.68	6
4	222 Tay, Soon Boon	TP	53.96	5
5	182 Tan, Beng Han	Safsa	56.18	4

Men 400 Meter Dash Final A (Meet Record: M 47.90 1987 Haron Mundir HT)

1	176 Khoo, Kenneth	Safsa	49.55	8
2	278 Mageswaran, Devada	Ntu	51.82	7
3	12 Teu, Koon Kiat	Nus	52.48	6
4	263 C., Veeramani	Swift	54.83	5
5	224 Yan, You Wei	TP	56.28	4
6	158 Velu, -	Prisons	58.40	3
7	193 Huang, Derrick	SP	61.15	2

Women 4x100 Meter Relay (Meet Record: M 49.30 1978 Combined Schools HT)

1	Swift 'A'	55.50	8
2	Wings 'A'	55.73	7
3	Masters 'A'	60.08	6
4	Prisons 'A'	61.87	5

Men 4x100 Meter Relay (Meet Record: M 41.50 1978 Swift Athletes Association HT)

1	Safsa 'A'	43.75	8
2	Masters 'A'	44.59	7
3	Swift 'A'	44.62	6
4	Temasek Polytechnic 'A'	46.93	5
5	Singapore Polytechnic 'A'	47.82	4
6	Wings 'A'	47.95	3

Men 5000 Meter Run (Meet Record: M 14:51.70 1994 Arumugam HT)

1	166 Bakhtiar, Bin Awal	Safsa	17:11.20	8
2	9 Oh, Bao Ming	Mr25	18:25.30	7
3	161 P., Terrence	Prisons	18:31.60	6
4	274 Kamal, Thapa Magar	Swift	18:36.60	5
5	202 Lui, Kin Fai	SP	18:36.70	4
6	288 Tay, Bernard	Wings	18:39.10	3
7	249 Lek, Wilson	Wings	19:09.80	2
8	160 Low, Steven	Prisons	19:22.90	1

Women 4x400 Meter Relay (Meet Record: M 4:02.00 1974 Flash Sports Club HT)

1	Swift 'A'	4:23.83	8
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2 Wings 'A'	4:27.53	7
3 Temasek Polytechnic 'A'	4:55.32	6

Men 4x400 Meter Relay Meet Record: M 3:19.40 1975 Flash Sports Club HT)

1 Swift 'A'	3:34.34	8
2 Wings 'A'	3:40.91	7
3 Singapore Polytechnic 'A'	3:45.63	6
4 Temasek Polytechnic 'A'	3:49.60	5
5 Safsa 'A'	4:04.04	4