

**SDSC Invitational Series Track & Field Meet 2010**  
**Innova Junior College**  
**Meet Program- Saturday, 11 September 2010**

**SDSC CHIEF COACH TAN WEI LEONG**

**MEET MANAGER ROGER TAN**

**THROW OFFICIAL GABRIEL LIM**

**CALL ROOM DONNA KOH**

**HIGH JUMP OFFICIAL ELWIN YONG**

**LONG JUMP OFFICIAL SOON MENG CHOON**

**TRACK JUDGE DONAVAN ONG**

**TIME JUDGE JOSEPH SOH**

**SPONSOR**

**AGT**

**SDSC**

**ACHIEVERS ZONE**

**SDSC Invitational Series Track & Field Meet 2010**  
**Innova Junior College**  
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**0830-0930 hours A Final Field Event**  
**0930-1030 hours B Final Field Event**

**Event 001 Men Long Jump**  
**Saturday 9/11/10**

**NR: 7.62m      12/15/2009    Goh Yujie Matthew**  
**JR: 7.62m      12/15/2009    Goh Yujie Matthew**

<b>Pos</b>	<b>Name</b>	<b>Team</b>	<b>Position</b>	<b>Time</b>	<b>Points</b>	<b>Comments</b>
<b>A Finals</b>						
1	Lau, Jun Jie	NP				
2	Johari	SDSC				
3	Lai, Yong Hui	WAC				
4	Singh, Mauraj	NJAC				
5	Zhong, Kailun	NUS				

**Event 002 Men Long Jump**  
**Saturday 9/11/10**

**NR: 7.62m      12/15/2009    Goh Yujie Matthew**  
**JR: 7.62m      12/15/2009    Goh Yujie Matthew**

<b>Pos</b>	<b>Name</b>	<b>Team</b>	<b>Position</b>	<b>Time</b>	<b>Points</b>	<b>Comments</b>
<b>B Finals</b>						
1	Tan, Daryl	NUS				
2	Sasi	SDSC				
3	Chia, Nelson	WAC				
4	Tan, Jun Jie	NP				

**Event 003 Women Long Jump**  
**Saturday 9/11/10**

**NR: 5.88m      6/16/1993    Yu Long Nyu**  
**JR: 5.68m      6/24/2007    Nurul Jannah Bte Mohd Zulkifli**

<b>Pos</b>	<b>Name</b>	<b>Team</b>	<b>Position</b>	<b>Time</b>	<b>Points</b>	<b>Comments</b>
<b>A Finals</b>						
1	Koh, Mabel	NP				
2	Low, Seow Ting	SDSC				
3*	Xu, Wei Xin	WAC				
4*	Yeo, Celeste	NUS				
5	Siti	NJAC				

**Event 004 Women Long Jump**  
**Saturday 9/11/10**

**NR: 5.88m      6/16/1993    Yu Long Nyu**  
**JR: 5.68m      6/24/2007    Nurul Jannah Bte Mohd Zulkifli**

<b>Pos</b>	<b>Name</b>	<b>Team</b>	<b>Position</b>	<b>Time</b>	<b>Points</b>	<b>Comments</b>
<b>B Finals</b>						
1	Yang, Rachel	WAC				
2	Tioh, Cassandra	NUS				

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**Event 005 Men High Jump**  
**Saturday 9/11/10**

<u>Pos</u>	<u>Name</u>	<u>Team</u>	<u>Position</u>	<u>Time</u>	<u>Points</u>	<u>Comments</u>
<b>A Finals</b>						
1	Pae, Jian Yi	NP				
2	Lee, Daryl	SDSC				
3	Cai, Ronnie	WAC				
4		NJAC				

**Event 006 Men High Jump**  
**Saturday 9/11/10**

<u>Pos</u>	<u>Name</u>	<u>Team</u>	<u>Position</u>	<u>Time</u>	<u>Points</u>	<u>Comments</u>
<b>B Finals</b>						
1	Heidric	SDSC				
2	Lim, Nelson	WAC				

**Event 007 Men Shot Put**  
**Saturday 9/11/10**

<u>Pos</u>	<u>Name</u>	<u>Team</u>	<u>Position</u>	<u>Time</u>	<u>Points</u>	<u>Comments</u>
<b>A Finals</b>						
1	Sharan	SDSC				
2	Wong, Scott	WAC				
3	Ali	NJAC				
4		NP				

**Event 008 Men Shot Put**  
**Saturday 9/11/10**

<u>Pos</u>	<u>Name</u>	<u>Team</u>	<u>Position</u>	<u>Time</u>	<u>Points</u>	<u>Comments</u>
<b>B Finals</b>						
1	Tott, Wei De	WAC				
2	Wenn Hao	SDSC				

**Event 009 Men 400 Meter Run**  
**Saturday 9/11/10 – 0830 hours**  
**NR: 47.40 Godfrey Jalleh & Haron Mundir**  
**JR: 48.20 9/21/ 1985 S Pandian**

<u>Lane</u>	<u>Name</u>	<u>Team</u>	<u>Position</u>	<u>Time</u>	<u>Points</u>	<u>Comments</u>
<b>B Finals</b>						
2	Abul Rahman, Sharman	NUS	1	55.45		
3	Shahizam	SDSC	2	56.95		
4	Huang, Ashley	NP	3	58.23		
5	Tan, Lance	WAC		DNS		

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**Event 010 Men 400 Meter Run**  
**Saturday 9/11/10 – 0835 hours**  
**NR: 47.40 Godfrey Jalleh & Haron Mundir**  
**JR: 48.20 9/21/ 1985 S Pandian**

<u>Lane</u>	<u>Name</u>	<u>Team</u>	<u>Position</u>	<u>Time</u>	<u>Points</u>	<u>Comments</u>
<b>A Finals</b>						
3	Syed, Fathullah	NP	4	59.40	5	
4	Sapari, Zaki	SDSC	2	51.54	7	
5	Khoo, Kenneth	WAC	1	49.54	9	
6	Babet, Kurt Lloyd	NUS	3	53.40	6	

**Event 011 Men 800 Meter Run**  
**Saturday 9/11/10 – 0840 hours**  
**NR: 1:49:90 4/30/1983 S Surenda**  
**JR: 1:52:37 1985 S Pandian**

<u>Lane</u>	<u>Name</u>	<u>Team</u>	<u>Position</u>	<u>Time</u>	<u>Points</u>	<u>Comments</u>
<b>B Finals</b>						
2	Lui Ran, Tan	NP	2	2:14.54		
3	Kang Wei	SDSC	3	2:14.82		
4	Muhd, Stia	WAC	1	2:13.69		

**Event 012 Men 800 Meter Run**  
**Saturday 9/11/10 – 0850 hours**  
**NR: 1:49:90 4/30/1983 S Surenda**  
**JR: 1:52:37 1985 S Pandian**

<u>Lane</u>	<u>Name</u>	<u>Team</u>	<u>Position</u>	<u>Time</u>	<u>Points</u>	<u>Comments</u>
<b>A Finals</b>						
2	Nash, Dinesh	NP	3	2:10.45	6	
3	Guang Yong	SDSC	2	2:07.10	7	
4	Madan, Kumar	WAC	1	2:06.13	9	
5		NUS				
6		NJAC				

**Event 013 Women 800 Meter Run**  
**Saturday 9/11/10 – 0900 hours**

<u>Lane</u>	<u>Name</u>	<u>Team</u>	<u>Position</u>	<u>Time</u>	<u>Points</u>	<u>Comments</u>
<b>B Finals</b>						
2	Cai Seng	NUS	2	2:52.48		
3	Siow, Elisia	NP		DNS		
4	Shalin	SDSC		DNS		
5*	Kanesdini	NJAC	1	2:51.54		

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## Event 014 Women 800 Meter Run

Saturday 9/11/10 – 0910 hours

<u>Lane</u>	<u>Name</u>	<u>Team</u>	<u>Position</u>	<u>Time</u>	<u>Points</u>	<u>Comments</u>
<b>A Finals</b>						
2	Cheng, Si Jia	NP	3	2:57.89	6	
3	Malaysian	SDSC		DNS		
4*	Zakiyah	WAC	2	2:44.36	7	
5	Dini, Kanes	NJAC		DNS		
6	Wiener, Rebecca	NUS		DNS		
7*	Charlene	SDSC	1	2:39.23	9	

## Event 015 Men 100 Meter Dash

Saturday 9/11/10 – 0920 hours

NR: 10.37 8/27/2001 UK Shyam

JR: 10.53 6/13/ 2008 Kang Li Loong Calvin

<u>Lane</u>	<u>Name</u>	<u>Team</u>	<u>Position</u>	<u>Time</u>	<u>Points</u>	<u>Comments</u>
<b>C Finals</b>						
1	MD Azhar	SDSC	8	12.72		
2	Ong, Sin Yao	SDSC	6	12.13		
3	Zubin	SDSC	1	11.31		
4*	Jian Jie	NTU	2	11.70		
5*	Wei Jen	WAC	3	11.79		
6*	Eugene	NP	5	12.01		
7*	Dao Xiang	NP	4	11.86		
8*	Wei Sheng	NP	7	12.24		

## Event 016 Men 100 Meter Dash

Saturday 9/11/10 – 0925 hours

NR: 10.37 8/27/2001 UK Shyam

JR: 10.53 6/13/ 2008 Kang Li Loong Calvin

<u>Lane</u>	<u>Name</u>	<u>Team</u>	<u>Position</u>	<u>Time</u>	<u>Points</u>	<u>Comments</u>
<b>B Finals</b>						
2	Tamo, Patrick	SDSC	5	11.39		
3	Muhd, Amirudin	WAC	1	10.51		
4	Kent, Azlan	NP	4	11.31		
5	UK, Shyam	WAC		DNS		
6*	Lim Yao Peng	WAC	3	11.24		
7	Yuan, Joseph	NTU	2	10.80		

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**Event 017 Men 100 Meter Dash**  
**Saturday 9/11/10 – 0930 hours**  
**NR: 10.37 8/27/2001 UK Shyam**  
**JR: 10.53 6/13/ 2008 Kang Li Loong Calvin**

<u>Lane</u>	<u>Name</u>	<u>Team</u>	<u>Position</u>	<u>Time</u>	<u>Points</u>	<u>Comments</u>
<b>A Finals</b>						
3	Pang, Yao Yi	NP	4	11.43	5	
4	Syed Alif	SDSC	3	11.09	6	
5	Muhd, Elfi	WAC	2	10.59	7	
6	Muhd, Imran	NJAC	1	10.45	9	
7	Yeoh, Clarence	NUS		DNS		

**Event 018 Women 100 Meter Dash**  
**Saturday 9/11/10 – 0935 hours**  
**NR: 12.03 4/10/2010 Choo Sze Min Amanda**  
**JR: 12.23 4/25/2009 Choo Sze Min Amanda**

<u>Lane</u>	<u>Name</u>	<u>Team</u>	<u>Position</u>	<u>Time</u>	<u>Points</u>	<u>Comments</u>
<b>B Finals</b>						
2	Pereira, Valerie	WAC	1	12.04		
3	Kamala	SDSC	2	12.26		
4	Tay, Kai Ching	NP	6	14.78		
5	Chan, Calista	SDSC	5	14.08		
6	Yeo, Sharon	NUS	4	13.40		
7	Lee, Natalie	SDSC	3	13.10		

**Event 019 Women 100 Meter Dash**  
**Saturday 9/11/10 – 0940 hours**  
**NR: 12.03 4/10/2010 Choo Sze Min Amanda**  
**JR: 12.23 4/25/2009 Choo Sze Min Amanda**

<u>Lane</u>	<u>Name</u>	<u>Team</u>	<u>Position</u>	<u>Time</u>	<u>Points</u>	<u>Comments</u>
<b>A Finals</b>						
3	Chan, Karina	NP	5	14.41	4	
4	Mustaffa, Mahirah	SDSC	3	12.98	6	
5	Choo, Amanda	WAC	1	11.54	9	
6	Siti	NJAC	2	12.13	7	
7	Ang, Yu Jia	NUS	4	13.57	5	

**0945 hours SDSC KIDS AND FAMILY DASH**

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**Event 020 Men 4x400 Meter Relay**  
**Saturday 9/11/10 – 1000 hours**

<u>Lane</u>	<u>Team</u>	<u>Position</u>	<u>Time</u>	<u>Points</u>	<u>Comments</u>
<b>B Finals</b>					
3	Ngee Ann Polytechnic		DNS		
4	Sprint Dynamic Sports Consultancy	1	3:48.54		
5	Wings Athletic Club		DNS		
6	National University Of Singapore		DNS		

**Event 021 Men 4x400 Meter Relay**  
**Saturday 9/11/10 – 1010 hours**

<u>Lane</u>	<u>Team</u>	<u>Position</u>	<u>Time</u>	<u>Points</u>	<u>Comments</u>
<b>A Finals</b>					
3	Ngee Ann Polytechnic	3	3:51.21	6	
4	Sprint Dynamic Sports Consultancy	2	3:36.54	7	
5	Wings Athletic Club	1	3:35.69	9	
6	National University Of Singapore		DNS		

**Event 022 Women 4x100 Meter Relay**  
**Saturday 9/11/10 – 1020 hours**

<u>Lane</u>	<u>Team</u>	<u>Position</u>	<u>Time</u>	<u>Points</u>	<u>Comments</u>
<b>A Finals</b>					
3	Ngee Ann Polytechnic	4	56.76	5	
4	Sprint Dynamic Sports Consultancy	2	51.64	7	
5	Wings Athletic Club	1	50.02	9	
6	National University Of Singapore(Team A)	3	53.36	6	
7	National University Of Singapore(Team B)	5	59.13	-	

**Event 023 Men 4x100 Meter Relay**  
**Saturday 9/11/10 – 1030 hours**

**NR: 39.82 12/17/2009 National Team**  
**Yeo Gary, Muhd Elfi, Lee Cheng Wei, Muhd Amiruddin**  
**JR: 41.28 7/27/2005 ASEAN Schools Team**  
**Ng Jia Yuan, Jonah Tan, Lance Tan, Ab Hakeem**

<u>Lane</u>	<u>Team</u>	<u>Position</u>	<u>Time</u>	<u>Points</u>	<u>Comments</u>
<b>B Finals</b>					
3	Ngee Ann Polytechnic	3	47.17		
4	Sprint Dynamic Sports Consultancy	2	46.57		
5	Wings Athletic Club	1	46.17		
6	National University Of Singapore		DNS		

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**Event 024 Men 4x100 Meter Relay**

**Saturday 9/11/10 – 1040 hours**

**NR: 39.82 12/17/2009**

**National Team**

**Yeo Gary, Muhd Elfi, Lee Cheng Wei, Muhd Amiruddin**

**JR: 41.28 7/27/2005**

**ASEAN Schools Team**

**Ng Jia Yuan, Jonah Tan, Lance Tan, Ab Hakeem**

<u>Lane</u>	<u>Team</u>	<u>Position</u>	<u>Time</u>	<u>Points</u>	<u>Comments</u>
<b>A Finals</b>					
3	Ngee Ann Polytechnic	3	44.57	6	
4	Sprint Dynamic Sports Consultancy	4	44.82	5	
5	Wings Athletic Club	1	42.42	9	
6	National University Of Singapore	2	43.48	7	

**1100 hours**

**SDSC**

**PRIZE PRESENTATION**

LONG JUMP M A FINAL	1ST	2ND	3RD	4TH	FINAL/POS/POINTS
1.Lau, Jun Jie	5.70	5.38	5.58	6.02	6.17 / 2 <sup>nd</sup> / 7
2.Johari	5.52	X	5.84	6.01	6.16 / 3 <sup>rd</sup> / 6
3.Lai, Yong Hui	6.18	5.94	5.97	6.23	6.38 / 1 <sup>st</sup> / 9
4.					
5.					
SHOT PUT M A FINAL	1ST	2ND	3RD	4TH	FINAL/POS/POINTS
1.Sharan	10.20m	10.98m	X	10.18m	2 <sup>nd</sup> / 7
2.Scott Wong	X	13.79m	13.60m	14.26m	1 <sup>st</sup> / 9
3.Ali	9.62m	9.78m	X	9.83m	3 <sup>rd</sup> / 6
4.					
5.					
HIGH JUMP M A FINAL	1ST	2ND	3RD	4TH	FINAL/POS/POINTS
1.Pae, Jian Yi	1.60m	1.65m			1.65m / 2 <sup>nd</sup> / 7
2.Lee, Daryl	1.85m	1.90m			1.90m / 1 <sup>st</sup> / 9
3.					
4.					
5.					
LONG JUMP W A FINAL	1ST	2ND	3RD	4TH	FINAL/POS/POINTS
1.Koh, Mabel	3.76	3.80	3.86	3.89	4.04 / 4 <sup>th</sup> / 5
2.Low, Seow Ting	X	X	4.07	4.01	4.22 / 3 <sup>rd</sup> / 6
3.Xu, Wei Xin	4.49	4.34	4.50	4.58	4.73 / 1 <sup>st</sup> / 9
4.Yeo, Celeste	X	X	4.34	4.45	4.60 / 2 <sup>nd</sup> / 7



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SHOT PUT M B FINAL	1ST	2ND	3RD	4TH	FINAL/POS
1.Toh Wei De	11.65m	12.46m	11.84m	12.66m	1 <sup>st</sup>
2.Michael Teo	5.96m	6.34m	6.52m	5.64m	3 <sup>rd</sup>
3.Lim Wenn Hao	8.70m	8.32m	8.20m	8.42m	2 <sup>nd</sup>
4.					
5.					
HIGH JUMP M B FINAL	1ST	2ND	3RD	4TH	FINAL/POS
1.					
2.					
3.					
4.					
5.					
LONG JUMP W B FINAL	1ST	2ND	3RD	4TH	FINAL/POS
1.Yang, Rachel					DNS
2.Tioh Cassandra					DNS
3.Jaslyn	2.24	2.98	2.85	3.04	3.19 / 2 <sup>nd</sup>
4.Xin Bei	X	X	3.14	X	3.29 / 1 <sup>st</sup>
5.					
LONG JUMP M B FINAL	1ST	2ND	3RD	4TH	FINAL/POS
1.Tan, Daryl					DNS
2.Sasi					DNS
3.Chia, Nelson					DNS
4.Tan, Jun Jie	X	4.96	5.20	5.15	5.35 / 1 <sup>st</sup>
5.					
6.					
7.					
8.					