

# Day 2 - Events with Championships Record

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**2nd Singapore U23/Open Track and Field  
Championship 2012  
Bishan Stadium - 13/10/2012 to 14/10/2012  
Results - SUN Singapore U23/Open C'Ships 2012**

**Event 214 Women 22&U 3000 Meter Run Under 23**

22&amp;U CR: 14:26.41 25/6/2011 Alexandra Wong, NYP

Name	Age	Team	Seed	Finals
<b>Finals</b>				
1 1215 Neo, Swee Hong	22	Wings Athletics Club	12:45.67	New CR
2 1123 Tiong, Natalie	21	Singapore Institute of Managem	13:18.59	

**Event 214 Women 23+ 3000 Meter Run Open**

Name	Age	Team	Seed	Finals
<b>Finals</b>				
--- 1119 Fu, Wen Fang Laine	25	Singapore Institute of Managem		DNS

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**Event 203 Women Discus Throw (1kg) Under 23**

NR: 49.91m 8/12/2003 Zhang Guirong  
 NJR: 47.17m 13/8/2006 Wan Lay Chi  
 CR: 34.79m 25/6/2011 Shin Yan Hannah Lee, NYP

Name	Age	Team	Seed	Finals
<b>Finals</b>				
1 1021 Lee, Shin Yan Hann	20	Nanyang Polytechnic		41.12m <b>New CR</b>
				38.35m 38.90m 39.70m 41.12m 40.56m X
2 1023 See, Yi Ling Annab	18	Nanyang Polytechnic		30.33m
				29.43m 28.91m 28.34m 26.50m 29.95m 30.33m
3 1051 Leong, Wui Leng	20	NTU	29.00m	26.59m
				25.09m 22.68m 24.81m 26.38m 26.59m X
4 1050 Chua, Jia En Ethel	19	NTU		25.58m
				25.58m 22.57m X 22.80m 22.63m 21.96m
5 1053 Sim, Pei Jin	20	NTU	12.00m	16.15m
				13.48m X 16.15m 15.09m 14.78m X
-- 1022 Ler, Pei Yi Cherie	20	Nanyang Polytechnic		DNS

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**Event 204 Women Triple Jump Under 23**

NR: 11.73m 6/12/2009 Mariam Shazana Bte Jalalludin  
 NJR: 11.73m 6/6/2009 Mariam Shazana Bte Jalalludin  
 CR: 10.11m 25/6/2011 Woon Ching Lim, NYP

Name	Age	Team	Seed	Finals	Wind
<b>Finals</b>					
1 1064 Ng, Fiona	20	NUS		11.28m	+0.0 <b><u>New CR</u></b>
X(-0.3) 11.28m(+0.0)					
2 1052 Lim, Wen Rui	20	NTU	10.60m	10.40m	+0.0
X(+0.0) X(+0.0) 10.40m(+0.0)					
3 1062 Lim, Yan Rui	20	NUS		10.03m	+0.0
9.71m(-1.0) 10.03m(+0.0) 9.90m(+0.0)					
4 1094 Chow, Tiffany	18	NP		9.83m	+0.0
9.61m(+0.0) 9.68m(+0.0) 9.83m(+0.0)					
5 1024 Yow, Carissa Ashle	18	Nanyang Polytechnic		9.37m	+0.0
9.08m(+0.0) X(+0.0) 9.37m(+0.0)					
6 1093 Chong, Glennis	18	NP		8.21m	+0.0
X(-1.3) 8.21m(+0.0) X(+0.0)					

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**Event 206 Men 100 Meter Dash Under 23**

NR: 10.37 12/9/2001 Umaglia Kancanangai Shyam

NJR: 10.53 13/6/2008 Kang Li Loong Calvin

CR: 11.72 25/6/2011 Jin Xing Lim, NUS

Name	Age	Team	Seed	Prelims
<b>Heat 1 Preliminaries Wind: 0.5</b>				
1 1154 Ang, Wei Si	18	Temasek Polytechnic	11.25	q <b><u>New CR</u></b>
2 1030 Bin Januri, Ariff	18	Nanyang Polytechnic	11.65	q
3 1164 Plavenderraj, Diwakar	19	Temasek Polytechnic	11.85	q
4 1161 Ngui, Colton	18	Temasek Polytechnic	12.13	q
5 1168 Teo, Wei Bin	18	Temasek Polytechnic	12.72	
6 1127 Lee, James	22	Singapore Institute of Managem	13.03	
<b>Heat 2 Preliminaries Wind: 0.4</b>				
1 1158 Bin Zulhimil, Adib Afiquil	19	Temasek Polytechnic	11.36	q
2 1109 Pang, Yao Yi	19	Ngee Ann Polytechnic	11.58	q
3 1162 Pereira, Gerald Luke	18	Temasek Polytechnic	12.05	q
4 1082 Mao, Jerome	21	National University Singapore	12.12	q
5 1167 Tay, Kok Ching	18	Temasek Polytechnic	12.28	
6 1002 Bin Mohd Dali, Mohd Mazri	18	Club Zoom	13.38	
--- 1159 Ho, Bing Hui	20	Temasek Polytechnic	DNS	

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**Event 212 Women 22&U 1500 Meter Run Under 23/ Open**

=====

22&U CR:	5:17.02	26/6/2011	Look Xin Qi, RI		
Name		Age Team		Seed	Finals

=====

Finals

1	1204	Look, Xin Qi	20 WAC		5:13.99 <b><u>New CR</u></b>
2	1006	Chua, Valerie	17 HCIC		6:21.33
3	1009	Toh, May Siu	17 HCIC		6:55.35

**Event 212 Women 23+ 1500 Meter Run Under 23/ Open**

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Name		Age Team		Seed	Finals
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1	1170	Lin, Zhiyun	26 Unattached		5:36.15
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**Event 213 Men 22&U 1500 Meter Run Under 23/ Open**

=====

22&U CR:	6:04.13	26/6/2011	Amos Choo, NV		
Name		Age	Team	Seed	Finals

=====

Finals

1	1184	Dhashman, Thangave	16	Unattached	4:25.83	<b><u>New CR</u></b>
--	1015	Tang, Benjamin	17	HCIC		DNS

**Event 213 Men 23+ 1500 Meter Run Under 23/ Open**

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Name		Age	Team	Seed	Finals
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1	1128	Lim, Danny	23	SIM	4:32.48
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**Event 223 Women 22&U 3000 Meter Race Walk Under 23/ Open**

Name	Age	Team	Seed	Finals
Finals				
1 1008 Tin, Shu Min	17	HCIC		21:36.55 <u>New CR</u>
2 1005 Chan, Sharon	17	HCIC		23:27.12
3 1007 Fang, Xin Hui	17	HCIC		25:23.91

**Event 223 Women 23+ 3000 Meter Race Walk Under 23/ Open**

Name	Age	Team	Seed	Finals
1 1173 Shu, Ning Annie	42	Unattached		23:01.35

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**Event 224 Men 22&U 3000 Meter Steeplechase Under 23/ Open**

Name	Age	Team	Seed	Finals
Finals				
1	1087	Su, Yen Bing	21 NUS	10:28.88 <b><u>New CR</u></b>
2	1073	Ho, Wilbert	19 NUS	10:35.15
3	1081	Lim, Norman	22 NUS	10:37.19
4	1076	Koh, Kai Ming	22 NUS	10:51.87
5	1043	S/O Sivaganandam,	22 Nanyang Polytechnic	12:00.38
6	1028	Bin Hamed, Mohamed	18 Nanyang Polytechnic	12:14.78
--	1041	Nabin, Parajuli	19 Nanyang Polytechnic	DNS

**Event 224 Men 23+ 3000 Meter Steeplechase Under 23/ Open**

Name	Age	Team	Seed	Finals
1	1054	Muhammad, Shah Fer	28 NTU	10:18.90
2	1207	Chua, You Boon	24 WAC	11:08.09
--	1213	Mok, Jezreel	30 WAC	13:30.00 DNS

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**Event 226 Men 100 Meter Dash Under 23**

=====  
 NR: 10.37 12/9/2001 Umaglia Kancanangai Shyam  
 NJR: 10.53 13/6/2008 Kang Li Loong Calvin  
 CR: 11.72 25/6/2011 Jin Xing Lim, NUS  
 =====

Name	Age	Team	Prelims	Finals	Wind
Finals					
1 1154 Ang, Wei Si	18	Temasek Polytechnic	11.25	11.23	0.8 <b><u>New CR</u></b>
2 1158 Bin Zulhimil, Adib	19	Temasek Polytechnic	11.36	11.24	0.8
3 1109 Pang, Yao Yi	19	NP	11.58	11.58	0.8
4 1164 Plavenderraj, Diwa	19	Temasek Polytechnic	11.85	11.64	0.8
5 1030 Bin Januri, Ariff	18	Nanyang Polytechnic	11.65	11.80	0.8
6 1161 Ngui, Colton	18	Temasek Polytechnic	12.13	12.14	0.8
-- 1082 Mao, Jerome	21	NUS	12.12	DNS	0.8
-- 1162 Pereira, Gerald Lu	18	Temasek Polytechnic	12.05	DNS	0.8

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**Event 228 Men 10000 Meter Run Open**

=====				
Name	Age	Team	Seed	Finals
=====				
Finals				
1	1066	Soh, Rui Yong	21 NUS	33:14.74 <b><u>NEW CR</u></b>
2	1221	Tung, Colin	24 WAC	35:20.85
3	1143	Goh, Joshua	24 NTU	36:57.90
--	1048	Teo, Guo Wan	19 Nanyang Polytechnic	DNS
--	1195	Preman, Nigel	24 Unattached	DNS
--	1208	Fang, Jian Yong	23 WAC	DNS

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**Event 229 Women 4x100 Meter Relay Open**

=====

NR:	46.68	10/12/2007	National Team		
NJR:	47.58	7/6/2006	National Team		
			Lee Yan Lin, Ann Siao Mei, Amanda Choo, Wong Ze Teng		
Team			Seed	Finals	

=====

Finals

1	National University Singapore	'A'	51.81	<b><u>NEW CR</u></b>
2	Temasek Polytechnic	'A'	53.66	
3	Singapore Institute of Managem	'A'	1:03.99	

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**Event 230 Men 4x100 Meter Relay Open**

=====  
NR: 39.58 11/5/2012 National Team  
Calvin Kang, Gary Yeo, Lee Cheng Wei, Muhd Amirudin  
NJR: 41.28 27/7/2005 ASEAN SCH TEAM  
Ng Jia Yuan, Jonah Tang, Lance Tan, Abdul Hakeem

Team	Seed	Finals
=====		
Finals		
1 Temasek Polytechnic 'A'		44.09 CR
2 National University Singapore 'A'		44.78

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**Event 201 Men Pole Vault Open**

Name	Age	Team	Seed	Finals
=====				
NR:	4.81m	25/6/2011	Lim Zi Qing Sean	
NJR:	4.81m	25/6/2011	Lim Zi Qing Sean	
=====				
Finals				
1 1068 Chong, Mingxun	24	NUS		4.70m
4.40 4.70				
O O				
2 1179 Boey, Desmond	20	Unattached	4.30m	4.10m
3.60 3.80 4.00 4.10 4.40				
O O XXO XXO XXX				
3 1194 Poh, Wen Jie	19	Unattached	4.20m	3.80m
3.60 3.80 4.00				
O O XXX				
4 1044 She, Lu Peng	22	Nanyang Polytechnic		3.40m
3.20 3.40 3.60				
XO O XXX				
5 1192 Ng, Ziyi	27	Unattached	4.00m	3.20m
3.20 3.40				
XO XXX				
-- 1224 Ang, Kwok Chye Jay	27	WAC		NH
4.00				
XXX				

**Event 202 Women High Jump Under 23**

Name	Age	Team	Seed	Finals
=====				
NR:	1.80m	16/7/2006	Sng Suat Li Michelle	
NJR:	1.80m	16/7/2006	Sng Suat Li Michelle	
CR:	1.55m	25/6/2011	Eleanor Chua, HCIC	
=====				
1 1063 Low, Audrey	22	NUS		1.45m
1.30 1.35 1.40 1.45 1.48				
O O O XO XXX				
2 1094 Chow, Tiffany	18	NP		1.40m
1.35 1.40 1.45				
O O XXX				
3 1065 Toh, Xiaomin	20	NUS		1.35m
1.30 1.35 1.40				
O O XXX				
3 1096 Goh, Camellia	19	NP		1.35m
1.30 1.35 1.40				
O O XXX				

**Event 205 Men 400 Meter Dash Under 23**

Name	Age	Team	Seed	Prelims	H#
=====					
NR:	47.40	9/7/1989	Haron Mundir		
NJR:	47.92	28/4/2012	Ng Chin Hui		
CR:	51.75	26/6/2011	Jian Jie Let, ACSI		
=====					
Preliminaries					
1 1153 Ameirul B A H, Muh	17	Temasek Polytechnic		54.43q	2
2 1035 Kek, Jun Xian	18	Nanyang Polytechnic		54.66q	2

**....Event 205 Men 400 Meter Dash Under 23**

3 1011 Chua, Boyu	17	HCIC		54.97q	2
4 1165 S/O Hamed, Mohamma	20	Temasek Polytechnic		55.19q	1
5 1016 Koh, Wen Rui Jedri	22	Ite East Simeai		55.76q	2
6 1003 Bin Zamrot, Adam	17	Club Zoom		56.85q	2

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7	1155	Bin Atan, Mohammad	17	Temasek Polytechnic		56.86q	2
8	1136	Sabri, Izzudin	18	SP		58.47q	1
9	1138	Yong, Chun Yee	17	SP	55.00	58.78	1
10	1202	Yap, Norman	20	Unattached		59.27	1
11	1086	Ee, Chuan Seng	22	SIM		1:04.40	1
--	1178	Bin Zamrot, Luqman	18	Unattached		DNS	1
--	1129	Mok, Keane	22	SIM		DNS	1
--	1045	Tan, Ek Teck Timot	21	Nanyang Polytechnic		DNS	2
--	1038	Lim, Jun Hong Darr	19	Nanyang Polytechnic		DNS	1

**Event 207 Women Pole Vault Open**

NR: 3.82m 16/7/2011 Rachel Isabel Yang Bingjie  
 NJR: 3.32m 3/4/2012 Carmel Teo  
 CR: 3.40m 25/6/2011 Rachel Yang, WAC

Name	Age	Team	Seed	Finals		
Finals						
1	1171	Ong, Pei Gin	24	Unattached	2.80m	2.60m
	2.40	2.60	2.80			
	XXO	XO	XXX			

**Event 208 Men High Jump Under 23**

NR: 2.22m 14/12/1995 Wong Yew Tong  
 NJR: 2.08m 26/4/2009 Yap Kuan Yi Wayne  
 CR: 1.95m 26/6/2011 YI Rong Daryl Lee, NYP

Name	Age	Team	Seed	Finals	
1	1187	Lim, Jun Ting Nels	20	Unattached	1.91m
	1.80	1.86	1.91	1.96	
	O	O	XO	XXX	
2	1124	Khan, Meng Linn	22	SIM	1.80m
	1.75	1.80	1.86		
	O	O	XXX		
3	1125	Khan, Meng Sunn	22	SIM	1.75m
	1.65	1.70	1.75	1.80	
	O	XO	O	XXX	
4	1102	Cheang, Kar Loke	19	NP	1.55m
	1.50	1.55	1.60		
	O	XO	XXX		
5	1046	Tan, Hon Yong Nich	17	Nanyang Polytechnic	J1.55m
	1.50	1.55	1.60		
	O	XXO	XXX		
6	1029	Bin Hamzah, Muhammm	21	Nanyang Polytechnic	1.50m
	1.50	1.60			
	O	XXX			
--	1101	Bin Imran, Haikal	18	NP	DNS

**Event 214 Women 22&U 3000 Meter Run Under 23/ Open**

22&U CR: 14:26.41 25/6/2011 Alexandra Wong, NYP

Name	Age	Team	Seed	Finals	
1	1215	Neo, Swee Hong	22	WAC	12:45.67
2	1123	Tiong, Natalie	21	SIM	13:18.59

**Event 214 Women 23+ 3000 Meter Run Under 23/ Open**

Name	Age	Team	Seed	Finals	
--	1119	Fu, Wen Fang Laine	25	SIM	DNS

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**Event 215 Women 400 Meter Dash Under 23**

NR: 55.08 15/9/1974 Chee Swee Lee  
NJR: 55.08 15/9/1974 Chee Swee Lee  
CR: 59.17 26/6/2011 Piriayah T, AUT

Name	Age	Team	Seed	Finals
1 1060 Goh, Chuiling	20	NUS		1:00.45
2 1131 -, J.Lossini	21	SP		1:01.67
3 1115 Ree, Tyra Summer	17	RP		1:02.92
4 1151 Tan, Charis	18	Temasek Polytechnic		1:12.22
5 1122 Loo, Mei Xian	21	SIM		1:25.31
-- 1113 Enn, Wendy	18	RP		DNS
-- 1020 Lau, Wan Qi Gina	19	Nanyang Polytechnic		DNS
-- 1175 T, Piriayah	20	Unattached		DNS

**Event 216 Men 400 Meter Dash Under 23**

NR: 47.40 9/7/1989 Haron Mundir  
NJR: 47.92 28/4/2012 Ng Chin Hui  
CR: 51.75 26/6/2011 Jian Jie Let, ACSI

Name	Age	Team	Prelims	Finals
1 1165 S/O Hamed, Mohamma	20	Temasek Polytechnic	55.19	52.56
2 1153 Ameirul B A H, Muh	17	Temasek Polytechnic	54.43	52.60
3 1035 Kek, Jun Xian	18	Nanyang Polytechnic	54.66	55.15
4 1011 Chua, Boyu	17	HCIC	54.97	55.87
5 1136 Sabri, Izzudin	18	SP	58.47	57.36
6 1155 Bin Atan, Mohammad	17	Temasek Polytechnic	56.86	57.36
7 1003 Bin Zamrot, Adam	17	Club Zoom	56.85	57.95
-- 1016 Koh, Wen Rui Jedri	22	Ite East Simei	55.76	DNS

**Event 217 Men 400 Meter Dash Open**

NR: 47.40 9/7/1989 Haron Mundir  
NJR: 47.92 28/4/2012 Ng Chin Hui

Name	Age	Team	Seed	Finals
1 1210 Khoo, Kenneth	30	WAC		51.21
2 1218 Tan, Lance	25	WAC		52.66
3 1083 Ravi, Kartik	19	NUS		53.37
4 1126 Khoo, Yuan Zhi	23	SIM		58.41

**Event 218 Men Pole Vault Under 23**

NR: 4.81m 25/6/2011 Lim Zi Qing Sean  
NJR: 4.81m 9/6/2012 Lim Zi Qing Sean  
CR: 4.30m 26/6/2011 Sheng Yao Chan, HCI

Name	Age	Team	Seed	Finals
1 1226 Chan, Sheng Yao	16	HCI		4.20m
4.20 4.40				
XO XXX				
2 1227 Koh, Xu Qing, Aaro	17	HCIC		4.00m
4.00 4.20				
XXO XXX				
3 1228 Tan, Yuan Shao Dar	17	HCIC		3.80m
3.80 4.00				
XO XXX				
-- 1225 Lim, Zi Qing Sean	19	WAC		DNS

**Event 219 Men Triple Jump Under 23**

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NR: 16.04m 26/4/2009 Tseng Ke Cheng Stefan  
NJR: 16.04m 26/4/2009 Tseng Ke Cheng Stefan  
CR: 15.87m 25/6/2011 Stefan Tseng, SAFS

Name	Age	Team	Seed	Finals	Wind
1 1124 Khan, Meng Linn	22	SIM		13.52m	0.1
12.78m(0.2) 13.52m(0.1) 13.26m(-0.3) 13.23m(0.3)					
2 1134 Joseph Leonard, Se	18	SP		12.84m	-0.3
12.84m(-0.3) 12.46m(0.1) X(-0.1) 12.77m(0.5) 12.54m(-0.5) X(-1.0)					
3 1187 Lim, Jun Ting Nels	20	Unattached		12.79m	-1.0
12.74m(-0.4) 12.28m(-0.1) 12.64m(+0.0) 12.51m(0.6) 12.52m(-0.3) 12.79m(-1.0)					
4 1133 Chan, Teck Kian Da	19	SP		11.83m	-0.3
X(-0.1) X(-0.1) 11.46m(-0.3) X(0.5) 11.83m(-0.3) 11.59m(-1.0)					
5 1108 Nein, Hao Wen	18	NP		11.38m	-1.0
10.20m(0.1) 10.31m(+0.0) 10.65m(-0.9) 11.32m(-0.3) 10.92m(-0.1) 11.38m(-1.0)					
-- 1106 Low, Feng Rui	18	NP		ND	NWI
X(-0.6) X(+0.0) X(-0.2) X(+0.0) X(0.1) X(+0.0)					
-- 1042 Pang, Jin Yang Dav	22	Nanyang Polytechnic		DNS	NWI

**Event 220 Men Triple Jump Open**

NR: 16.04m 26/4/2009 Tseng Ke Cheng Stefan  
NJR: 16.04m 26/4/2009 Tseng Ke Cheng Stefan

Name	Age	Team	Seed	Finals	Wind
1 1201 Yap, Daryl		Unattached	12.52m	12.20m	-1.2
X(0.3) 12.07m(-0.3) 12.16m(-0.6) 12.17m(0.1) 12.20m(-1.2) 11.24m(-0.8)					

**Event 225 Women 100 Meter Dash Under 23**

NR: 12.01 2/10/2010 Choo Sze-Min Amanda  
NJR: 12.21 9/6/2012 Shanti Veronica Pereira  
CR: 12.64 25/6/2011 Dipna Lim Prasad, NTU

Name	Age	Team	Seed	Finals	Wind
1 1152 Teng, Hui En, Hill	19	Temasek Polytechnic		13.35	0.4

**....Event 225 Women 100 Meter Dash Under 23**

2 1146 Chan, Joelle	18	Temasek Polytechnic		13.90	0.4
3 1147 Chiang, Jael	17	Temasek Polytechnic		14.11	0.4
4 1120 Kuan, Joy	21	SIM		14.30	0.4
5 1149 Shani, Nonis Desir	19	Temasek Polytechnic		14.49	0.4
6 1150 Sharin, Amira	17	Temasek Polytechnic		14.67	0.4
7 1118 Chung, Emily	18	SIM		14.87	0.4
-- 1172 Prasad, Dipna Lim	21	Unattached		DNS	0.4

**Event 227 Men 100 Meter Dash Open**

NR: 10.37 12/9/2001 Umaglia Kancanangai Shyam  
NJR: 10.53 13/6/2008 Kang Li Loong Calvin

Name	Age	Team	Seed	Finals	Wind
1 1212 Lim, Yao Peng	23	WAC	10.86	10.96	0.9
2 1070 Dustageer, Sharman	24	NUS		11.47	0.9
3 1069 Cuttilan, Amit	20	NUS		11.62	0.9
4 1080 Lim, Jin Xing	22	NUS		11.72	0.9
5 1055 Tan, Tze Jung	24	NTU	11.40	11.75	0.9
-- 1198 Tham, Edmund	30	Unattached		DNS	0.9
-- 1058 Yuan, Joseph	26	NTU	10.80	DNS	0.9

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**Event 101 Men Javelin Throw (800g) Under 23**

NR: 59.22m 30/8/1988 Ng Bock Huat  
 NJR: 55.19m 31/5/2009 Koh Thong En  
 CR: 42.04m 26/6/2011 Zhe Ming, Bryan Koh, HCIC

Name	Age	Team	Seed	Finals
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**Finals**

1	1031	Bin Mohd Isham, Ak	22	Nanyang Polytechnic	61.40m	New CR
		58.83m X 57.54m 61.12m 61.40m X				
2	1077	Koh, Thong En	21	NUS	50.08m	
		50.08m X 49.57m X 48.92m X				
3	1039	Lim, WenKai Daryl	22	Nanyang Polytechnic	33.44m	
		33.39m 31.48m X 30.24m 29.19m 33.44m				
4	1116	Bin Mohamed Ghazal	17	RP	28.13m	
		X 28.13m 26.59m X 26.01m 26.41m				
5	1040	Luk, Pei Wei Grego	19	Nanyang Polytechnic	22.70m	
		19.60m 17.84m 22.70m X 18.70m 18.34m				
6	1037	Lee, Tay Chin	19	Nanyang Polytechnic	18.92m	
		X 18.02m X X 18.92m X				

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**Event 103 Women Shot Put (4kg) Under 23**

NR: 18.57m 1/9/2005 Zhang Guirong  
 NJR: 13.26m 9/6/2007 Wan Lay Chi  
 CR: 11.42m 26/6/2011 Shin Yan Hannah Lee, NYP

Name	Age	Team	Seed	Finals
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Finals

1	1021	Lee, Shin Yan Hann	20	Nanyang Polytechnic	12.22m	New CR
		11.29m 11.66m 11.97m		12.16m 12.22m 12.08m		
2	1023	See, Yi Ling Annab	18	Nanyang Polytechnic	11.05m	
		10.86m 10.32m 10.01m		10.64m 11.05m 10.10m		
3	1019	Han, Qing Chun Cry	18	Nanyang Polytechnic	7.67m	
		7.67m X X 6.33m		7.45m 7.24m		
4	1099	Tee, Kai Qi	18	NP	5.76m	
		5.15m 4.92m 5.36m		5.26m 5.76m 4.65m		
5	1098	Sng, Shang Zhi	18	NP	5.31m	
		5.31m 4.93m 5.16m		5.06m 5.12m 5.17m		

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**Event 105 Women Long Jump Under 23**

NR: 5.88m 16/6/1993 Yu Long Nyu  
 NJR: 5.68m 24/6/2007 Nurul Jannah Bte Zulkifli  
 CR: 5.34m 25/6/2011 Nurul Jannah Bte Zulkifly, SWIF

Name	Age	Team	Seed	Finals	Wind
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Finals					
1	1144	Nurul, Jannah	20 Swift	5.40m	1.9 New CR
				5.40m(1.9) X(+0.0) 5.40m(+0.0) 5.33m(+0.0) 5.20m(+0.0) 5.38m(+0.0)	
2	1025	Zhou, Ya Ping	22 Nanyang Polytechnic	4.95m	+0.0
				X(0.3) 4.95m(+0.0) X(+0.0) 4.76m(+0.0) 4.60m(+0.0) 4.69m(+0.0)	
3	1024	Yow, Carissa Ashle	18 Nanyang Polytechnic	4.28m	+0.0
				4.28m(+0.0) X(+0.0) X(+0.0) X(+0.0) X(+0.0) X(0.1)	
4	1097	Goh, Trica	17 NP	4.05m	+0.0
				4.00m(0.8) 4.05m(+0.0) 3.87m(+0.0) 3.78m(-0.3) 3.86m(+0.0) 3.79m(+0.0)	
5	1095	Chua, Chloe	18 NP	3.83m	0.6
				3.64m(0.2) 3.24m(+0.0) 3.40m(+0.0) 3.46m(+0.0) 3.83m(0.6) X(1.1)	
6	1092	Abdul Razak, Wardi	18 NP	3.55m	+0.0
				X(+0.0) 2.97m(-0.3) 2.27m(-0.1) 3.52m(+0.0) 3.28m(+0.0) 3.55m(+0.0)	

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**Event 106 Women 100 Meter Hurdles (0.838m) Under 23**

NR: 14.23 20/5/2011 Dipna Lim Prasad

NJR: 14.56 23/1/2011 Dipna Lim Prasad

CR: 16.20 25/6/2011 Jannah Wong, KC

Name	Age	Team	Seed	Finals	Wind
<b>Finals</b>					
1 1172 Prasad, Dipna Lim	21	Unattached		14.81	1.4 New CR

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**Event 110 Men 22&U 400 Meter Hurdles (0.914m) Under 23****22&U CR: 1:00.97 26/6/2011 Clarence, Fu Shien Yeoh, NUS**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed</b>	<b>Finals</b>
<b>Finals</b>				
1 1160 Liew, Zhan Wen	19	Temasek Polytechnic		1:00.82 New CR
2 1057 Toh, Wee Hong	22	Nanyang Tech University		1:03.31
3 1156 Bin Johar, Muhammad Si	17	Temasek Polytechnic		1:04.21

**Event 110 Men 23+ 400 Meter Hurdles (0.914m) Open**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed</b>	<b>Finals</b>
<b>Finals</b>				
1 1070 Dustageer, Sharman	24	National University Singapore		1:00.16

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**Event 114 Men Long Jump Under 23**

NR: 7.62m 15/12/2009 Goh Yujie Matthew  
 NJR: 7.62m 15/12/2009 Goh Yujie Matthew  
 CR: 6.79m 25/6/2011 Dickson Chen, SAFS

Name	Age	Team	Seed	Finals	Wind
<b>Finals</b>					
1	1145	Goh, Matthew	21 Swift	6.88m	-0.5 New CR
				6.84m(-0.4) 6.75m(+0.0) X(-0.3) 6.88m(-0.5) 6.63m(-0.3) X(-0.2)	
2	1124	Khan, Meng Linn	22 SIM	6.22m	-0.4
				6.06m(-0.8) 6.22m(-0.4) 5.88m(0.2) 6.21m(-0.3) 5.30m(-0.4) X(+0.0)	
3	1134	Joseph Leonard, Se	18 SP	6.18m	0.2
				5.92m(-0.7) 5.88m(-0.6) 6.18m(0.2) X(-0.1) 5.58m(-0.5) 5.35m(-0.1)	
4	1085	Sng, Shamin	21 NUS	5.93m	0.3
				5.79m(-1.2) X(-0.4) 5.93m(0.3) 5.88m(-0.8) 5.77m(-0.6) 5.81m(-0.2)	
5	1133	Chan, Teck Kian Da	19 SP	5.72m	-0.6
				X(-0.4) 5.72m(-0.6) 5.60m(-0.2) X(-0.1) 5.69m(-0.6) 5.49m(-0.3)	
6	1135	Koji, Yawata	18 SP	6.00m	-0.3
				X(+0.0) X(-0.7) 5.11m(0.1) 5.15m(-0.3) X(-0.8) X(-0.4)	
7	1110	Seow, Jeffrey	18 NP	5.10m	-0.9
				5.10m(-0.9) 4.94m(-0.4) 5.03m(-0.1) 4.75m(-0.4) 4.63m(-0.7) 4.94m(-0.3)	
8	1100	Bin Ahmad, Fahmi	17 NP	4.88m	-0.3
				4.57m(-0.6) 4.88m(-0.3) 4.60m(-0.1) 4.68m(-0.1) 4.77m(-0.6) 4.54m(-0.1)	
--	1042	Pang, Jin Yang Dav	22 Nanyang Polytechnic	DNS	NWI
--	1197	Tengu, Azlan	20 Unattached	DNS	NWI
--	1033	Denes, Waran	21 Nanyang Polytechnic	DNS	NWI

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**Event 116 Men 22&U 800 Meter Run Under 23**

22&amp;U CR: 2:02.61 25/6/2011 Soh Hua Qun, RI

Name	Age	Team	Seed	Finals
<b>Finals</b>				
1 1216 Soh, Hua Qun	21	Wings Athletics Club		1:56.13 New CR
2 1153 Ameirul B A H, Muhammm	17	Temasek Polytechnic		2:04.82
3 1015 Tang, Benjamin	17	Hwa Chong Institution College		2:07.66
4 1199 Wee, Josiah	17	Unattached		2:10.74

**Event 116 Men 23+ 800 Meter Run Open**

Name	Age	Team	Seed	Finals
<b>Finals</b>				
1 1205 Balakrishnan, Madankuma	25	Wings Athletics Club		2:06.02
--- 1208 Fang, Jian Yong	23	Wings Athletics Club		DNS

# Track

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**Event 117 Men 22&U 5000 Meter Race Walk Under 23**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed</b>	<b>Finals</b>
<b>Finals</b>					
1	1013 Huang, Zhiwei	17	Hwa Chong Institution College		31:33.82
---	1010 Ang, Nicholas	17	Hwa Chong Institution College		DNS

**Event 117 Men 23+ 5000 Meter Race Walk Open**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed</b>	<b>Finals</b>
<b>Finals</b>					
1	1130 S., Sathiyanesan	59	Singapore Masters		32:22.60
2	1190 Lim, Tiong Kee	69	Unattached		34:24.98
3	1185 Goh, Seow Kim	49	Unattached		36:34.08
4	1188 Lim, Soon Meng Alex	44	Unattached		37:25.91
5	1189 Lim, Tiong Chuan	60	Unattached		38:50.25
---	1181 Chen, Chew Loy	38	Unattached		DNS

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**Event 121 Men 22&U 5000 Meter Run Under 23**

22&amp;U CR: 16:39.01 25/6/2011 Soh Rui Yong, RI

Name	Age	Team	Seed	Finals
<b>Finals</b>				
1 1034 Foo, Xiao Wen Giebert	21	Nanyang Polytechnic		19:21.54
2 1012 Cui, Chang	18	Hwa Chong Institution College		21:18.83
3 1014 Mak, Keloyisius	17	Hwa Chong Institution College		21:39.74

**Event 121 Men 23+ 5000 Meter Run Open**

Name	Age	Team	Seed	Finals
<b>Finals</b>				
1 1200 Wong, Yao Han	29	Unattached		16:32.83
2 1018 Mak, Callon	44	Macritchie Runners 25	16:56.99	16:39.56
3 1221 Tung, Colin	24	Wings Athletics Club		16:58.96
4 1036 Koh, Yi Fan Nathan	23	Nanyang Polytechnic		19:43.14
5 1195 Preman, Nigel	24	Unattached		20:33.76

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**Event 107 Men 200 Meter Dash Under 23**

NR: 21.14 24/7/1987 Haron Mundir  
NJR: 21.30 12/9/1982 Haron Mundir  
CR: 22.71 26/6/2011 Ng Chin Hui, RIJC

Name	Age	Team	Seed	Prelims	Wind	H#
<b>Preliminaries</b>						
1	1158	Bin Zulhimil, Adib Afiqul	19	Temasek Polytechnic	23.18	0.6 1
2	1165	S/O Hamed, Mohammad Zuhair		20	Temasek Polytechnic	23.75
-0.3	2					
3	1132	Bin Mohd Zin, Zulkarnian	17	Singapore Polytechnic	23.83	0.6 1
4	1105	Kwek, Eugene	19	Ngee Ann Polytechnic	24.15	0.6 1
5	1186	Kishen, Ragupaty	18	Unattached	24.25	-0.3 2
6	1011	Chua, Boyu	17	Hwa Chong Institution College	24.25	0.6 1
7	1129	Mok, Keane	22	Singapore Institute of Managem	27.41	0.6 1
8	1086	Ee, Chuan Seng	22	Singapore Institute of Managem	27.47	-0.3 2
---	1162	Pereira, Gerald Luke	18	Temasek Polytechnic	DNS	-0.3 2

**Event 118 Women 200 Meter Dash Under 23**

NR: 24.54 12/8/1984 Prema Govindan  
NJR: 24.54 12/8/1984 Prema Govindan  
CR: 25.40 26/6/2011 Dipna Lim Prasad, NTU

Name	Age	Team	Seed	Finals	Wind
<b>Finals</b>					
1	1172	Prasad, Dipna Lim	21	Unattached	25.63 0.2
2	1114	Lee, Natalie	19	Republic Polytechnic	28.57 0.2
3	1120	Kuan, Joy	21	Singapore Institute of Managem	29.56 0.2
4	1147	Chiang, Jael	17	Temasek Polytechnic	30.02 0.2
5	1148	Lim, Heather	17	Temasek Polytechnic	32.10 0.2
6	1117	Chew, Alyssa	21	Singapore Institute of Managem	33.33 0.2

**Event 119 Men 200 Meter Dash Under 23**

NR: 21.14 24/7/1987 Haron Mundir  
NJR: 21.30 12/9/1982 Haron Mundir  
CR: 22.71 26/6/2011 Ng Chin Hui, RIJC

Name	Age	Team	Prelims	Finals	Wind	
<b>Finals</b>						
1	1158	Bin Zulhimil, Adib Afiqul	19	Temasek Polytechnic	23.18 22.79 0.7	
2	1165	S/O Hamed, Mohammad Zuhair		20	Temasek Polytechnic	23.75 23.460.7
3	1105	Kwek, Eugene	19	Ngee Ann Polytechnic	24.15 23.54 0.7	
4	1132	Bin Mohd Zin, Zulkarnian	17	Singapore Polytechnic	23.83 23.75 0.7	
5	1011	Chua, Boyu	17	Hwa Chong Institution College	24.25 24.19 0.7	
6	1186	Kishen, Ragupaty	18	Unattached	24.25 24.35 0.7	
---	1086	Ee, Chuan Seng	22	Singapore Institute of Managem	27.47 DNS 0.7	
---	1129	Mok, Keane	22	Singapore Institute of Managem	27.41 DNS 0.7	

**Event 120 Men 200 Meter Dash Open**

NR: 21.14 24/7/1987 Haron Mundir  
NJR: 21.30 12/9/1982 Haron Mundir

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	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed</b>	<b>Finals</b>	<b>Wind</b>	<b>H#</b>
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**Finals**

1	1072 Goh, Eng Wei	22	National University Singapore		21.78	1.4	1
2	1210 Khoo, Kenneth	30	Wings Athletics Club	21.51	22.91	1.4	1

**Finals ... (Event 120 Men 200 Meter Dash Open)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed</b>	<b>Finals</b>	<b>Wind</b>	<b>H#</b>
3	1075 Koh, Aaron		National University Singapore		24.30	1.4	1
4	1080 Lim, Jin Xing	22	National University Singapore		24.49	1.4	1
5	1067 Chan, Samuel	21	National University Singapore		24.93	1.4	1
6	1126 Khoo, Yuan Zhi	23	Singapore Institute of Managem		25.92	1.4	1
---	1104 Hu, Han Yong	26	Ngee Ann Polytechnic		DNS	NWI	2
---	1004 Poh, Qun Jie Anthony	26	Club Zoom		DNS	1.4	1
---	1112 Lew, Jonathan	24	National University Singapore		DNS	NWI	2

**Event 122 Men 4x400 Meter Relay Open**

	<b>Team</b>	<b>Relay</b>	<b>Seed</b>	<b>Finals</b>
<b>Finals</b>				
1	Wings Athletics Club	A		3:25.63
2	National University Singapore	A		3:27.41
3	Wings Athletics Club	B		3:31.61
4	National University Singapore	B		3:40.55

# Field

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**Event 102 Men Javelin Throw (800g) Open**

Name	Age	Team	Seed	Finals
NR: 59.22m	30/8/1988	Ng Bock Huat		
NJR: 55.19m	31/5/2009	Koh Thong En		
Finals				
1 1206 Chen, Jin Long	30	WAC	52.00m	47.13m
42.88m	44.32m	46.18m	45.13m	46.43m 47.13m

**Event 104 Women Shot Put (4kg) Open**

Name	Age	Team	Seed	Finals
NR: 18.57m	1/9/2005	Zhang Guirong		
NJR: 13.26m	9/6/2007	Wan Lay Chi		
Finals				
1 1001 Ramachandran, Nith	35	Club Zoom		6.25m
X 6.12m	X 6.25m	X 6.03m		

**Event 111 Women Javelin Throw (600g) Under 23**

Name	Age	Team	Seed	Finals
NR: 51.66m	11/12/2003	Zhang Guirong		
NJR: 42.68m	4/3/1990	Xie Yuru		
CR: 36.58m	25/6/2011	Chien, Lenis Phoa, HCIC		
Finals				
1 1051 Leong, Wui Leng	20	NTU	23.00m	21.98m
18.69m	21.56m	21.40m	21.98m	2.33m X
2 1019 Han, Qing Chun Cry	18	Nanyang Polytechnic		19.35m
19.35m	16.62m	16.89m	18.31m	18.73m X

**Event 112 Men Shot Put (7.26kg) Under 23**

Name	Age	Team	Seed	Finals
NR: 17.44m	23/9/2003	Dong Enxin		
CR: 15.50m	25/6/2011	Scott Wong, WAC		
Finals				
1 1017 Tan, Keng Siong Jo	22	Ite East Simei	11.04m	10.86m
10.81m	10.80m	10.86m	X 10.84m	9.95m
2 1056 Teo, Harold	22	NTU	9.40m	10.11m
9.41m	10.05m	10.11m	9.54m	X 10.06m
3 1049 Yeo, Jun Kai	20	Nanyang Polytechnic		10.04m
9.50m	8.94m	X 8.27m	10.04m	X
4 1103 Chua, Zong Seng	18	NP		8.81m
8.70m	7.10m	8.25m	8.22m	8.46m 8.81m
5 1047 Tay, Muam Chin And	19	Nanyang Polytechnic		7.81m
7.71m	7.52m	7.81m	X 7.79m	7.02m
6 1107 Low, Joseph	19	NP		6.29m
6.29m	6.24m	5.84m	4.96m	5.52m 5.51m
7 1027 Bin Baharudin, Ami	17	Nanyang Polytechnic		6.25m
5.88m	5.88m	5.99m	5.27m	5.78m 6.25m
-- 1026 Bin Abdul Murad, M	19	Nanyang Polytechnic		DNS

**Event 113 Men Shot Put (7.26kg) Open**

Name	Age	Team	Seed	Finals
NR: 17.44m	23/9/2003	Dong Enxin		
Finals				
1 1220 Toh, Wei De	26	WAC		11.08m
X 10.62m	11.08m	X 11.04m		
2 1090 Toh, Alexander	23	NUS		9.47m
X 8.88m	8.70m	X 9.47m	8.82m	

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3	1193	Pereira, Keith	39	Unattached		9.69m	9.35m
		8.87m	9.31m	8.83m	9.35m	9.00m	8.71m
4	1177	Bin Din, Muhamad E	38	Unattached		9.40m	8.43m
		8.43m	X	X	7.45m	8.23m	8.40m

**Event 115 Men Long Jump Open**

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NR: 7.62m 15/12/2009 Goh Yujie Matthew
NJR: 7.62m 15/12/2009 Goh Yujie Matthew
Name Age Team Seed Finals Wind
=====
1 1201 Yap, Daryl Unattached 6.21m 5.79m -0.1
5.58m(+0.0) X(0.3) 5.69m(-0.3) X(-0.4) 5.39m(-0.1) 5.79m(-0.1)
-- 1088 Tan, Daryl NUS DNS NWI
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