

**Competition Schedule (Tentative)**

**49th SA Inter Club Championships**  
**28 & 29 Oct 2017**  
**Home Of Athletics**

Day 1: PM									
No.	Event	Category	Status	Time	No.	Event	Category	Status	
				2:00pm		Triple Jump	Men Open	Final	
							High Jump	Women Open	Final
							Shot Put (7.26 kg)	Men Open	Final
							Javelin (600g)	Women Open	Final
	100m	Women Open	Heats	3:00pm					
	100m	Men Open	Heats	3:15pm					
	1500m	Women Open	Final	3:30pm					
	1500m	Men Open	Final	3:40pm					
	400m	Women Open	Heats	3:50pm					
				4:00pm		Triple Jump	Women Open	Final	
							High Jump	Men Open	Final
							Shot Put (4kg)	Women Open	Final
							Javelin (800g)	Men Open	Final
	400m	Men Open	Heats						
	5000m Race Walk	Women Open	Final	4:10pm					
	100m	Women Open	Final	4:50pm					
	100m	Men Open	Final	4:55pm					
	5000m Race Walk	Men Open	Final	5:05pm					
	400m	Women Open	Final	5:40pm					
	400m	Men Open	Final	5:45pm					
	5000m	Men Open	Finals	5:55pm					
	10000m	Women Open	Finals	6:20pm					
	4x100m	Women Open	Final	7:10pm					
	4x100m	Men Open	Final	7:15pm					

**Competition Schedule (Tentative)**

**49th SA Inter Club Championships**  
**28 & 29 Oct 2017**  
**Home Of Athletics**

Day 2: PM								
No.	Event	Category	Status	Time	No.	Event	Category	Status
				2:00pm		Hammer (7.26kg)	Men Open	Finals
						Hammer (4kg)	Women Open	Finals
	110m Hurdles (1.067m)	Men Open	Heats			Long Jump	Women Open	Finals
	100m Hurdles (0.838m)	Women Open	Heats	2:15pm		Pole Vault	Men Open	Finals
	200m	Women Open	Heats	2:30pm				
	200m	Men Open	Heats	2:45pm				
	800m	Women Open	Finals	3:00pm				
	800m	Men Open	Finals	3:10pm		Discus (1kg)	Women Open	Finals
	110m Hurdles (1.067m)	Men Open	Finals	3:30pm				
	100m Hurdles (0.838m)	Women Open	Finals	3:40pm		Long Jump	Men Open	Finals
	200m	Women Open	Finals	3:50pm				
	200m	Men Open	Finals	3:55pm				
	5000m	Women Open	Finals	4:15pm		Discus (2kg)	Men Open	Finals
				4:35pm		Pole Vault	Women Open	Finals
	400m Hurdles (0.914m)	Men Open	Timed Final	4:45pm				
	400m Hurdles (0.762m)	Women Open	Timed Final	4:55pm				
	3000mSC (0.914m)	Men Open	Final	5:15pm				
	3000mSC (0.762m)	Women Open	Final	5:35pm				
	10000m	Men Open	Finals	6:00pm				
	4x400m	Women Open	Finals	6:50pm				
	4x400m	Men Open	Finals	7:00pm				