

					Track			Field		
No.	Day	Date	Time	Venue	Event	Category	Status	Event	Category	Status
1	Saturday	29-Jul	8.00AM	Home of Athletics	Youth Pentathlon	Girls U8	Final			
			8.00AM		Youth Pentathlon	Boys U8	Final			
			10.45AM		Victory Ceremony					
					Track			Field		
No.	Day	Date	Time	Venue	Event	Category	Status	Event	Category	Status
			2.00PM		100m	Women U19	Heats	Long Jump	Men Corp. Open	Final
			2.15PM		100m	Men U19	Heats			
			2.30PM		100m	Men Corp. Open	Heats			
			3.00PM		1500m	Women U19	Timed Finals			
			3.00PM		1500m	Women Corp. Open	Timed Finals	Shot Put	Women U19	Final
			3.00PM		1500m	Women Masters (35 - 65+)	Timed Finals			
			3.10PM		1500m	Men U19	Timed Finals			
			3.15PM		1500m	Men Corp. Open	Timed Finals	Long Jump	Women Corp. Open	Final
			3.20PM		1500m	Men Masters (35 - 65+)	Timed Finals			
			3.50PM		Victory Ceremony					
			4.10PM		100m	Women U19	Final			
			4.15PM		100m	Women Corp. Open	Final			
			4.20PM		100m	Women Masters (35 - 65+)	Final			
			4.35PM		100m	Men U19	Final			
			4.40PM		100m	Men Corp. Open	Final			
			4.45PM		100m	Men Masters (35 - 65+)	Timed Finals			
			5.25PM		3000m Racewalk	Men U19	Final			
			5.30PM		Victory Ceremony					
			6.00PM		3000m Racewalk	Men Corp. Open	Final			
			6.05PM		Victory Ceremony					
6.35PM	3000m Racewalk	Men Masters (35 - 65+)	Final							
7.10PM	Victory Ceremony									
					Track			Field		
No.	Day	Date	Time	Venue	Event	Category	Status	Event	Category	Status
2	Sunday	30-Jul	8.00AM	Home of Athletics	Youth Pentathlon	Girls U10	Final			
			8.00AM		Youth Pentathlon	Boys U10	Final			
			10.35AM		Victory Ceremony					
			10.45AM		Parent/ Child 8x30m Shuttle Relay	U10	Final			
			11.00AM		Victory Ceremony					
					Track			Field		
No.	Day	Date	Time	Venue	Event	Category	Status	Event	Category	Status
2	Sunday	30-Jul	2.00PM	Home of Athletics	200m	Women Corp. Open	Heats	Shot Put	Men Masters (35 - 65+)	Final
			2.15PM		200m	Men U19	Heats	Long Jump	Men U19	Final
			2.30PM		200m	Men Corp. Open	Heats			
			3.00PM		800m	Women U19	Final			
			3.00PM		800m	Women Corp. Open	Timed Finals			
			3.10PM		800m	Men U19 (II)	Final			
			3.20PM		800m	Men U19	Timed Finals			
			3.30PM		800m	Men Corp. Open	Timed Finals			
			3.40PM		Victory Ceremony					
			4.05PM		200m	Women U19	Final	Long Jump	Women U19	Final
			4.10PM		200m	Women Corp. Open	Final			
			4.15PM		200m	Women Masters (35 - 65+)	Timed Finals	Shot Put	Women Masters (35 - 65+)	Final
			4.40PM		200m	Men U19	Final			
			4.45PM		200m	Men Corp. Open	Final			
			4.50PM		200m	Men Masters (35 - 65+)	Timed Finals			
			5.30PM		3000m Racewalk	Women U19	Final			
			5.30PM		3000m Racewalk	Women Corp. Open	Final			
			5.30PM		3000m Racewalk	Women Masters (35 - 70+)	Final			
			5.35PM		Victory Ceremony					
			6.00PM		4x400m	Women U19	Timed Finals			
6.10PM	4x400m	Women Corp. Open	Timed Finals							
6.20PM	4x400m	Men U19	Timed Finals							
6.30PM	4x400m	Men Corp. Open	Timed Finals							
6.40PM	Victory Ceremony									

					Track			Field		
No.	Day	Date	Time	Venue	Event	Category	Status	Event	Category	Status
3	Saturday	5-Aug	8.00AM	Home of Athletics	Youth Pentathlon	Girls U12	Final			
			8.00AM		Youth Pentathlon	Boys U12	Final			
			10.15AM		Parent/ Child 8x30m Shuttle Relay	U12	Final			
			10.25AM		Victory Ceremony					
			10.40AM		400m	Men U19	Heats			
			10.55AM		400m	Men Corp. Open	Heats			
					Track			Field		
No.	Day	Date	Time	Venue	Event	Category	Status	Event	Category	Status
3	Saturday	5-Aug	2.00PM	Home of Athletics	400m	Women U19 (II)	Final	High Jump	Men U19 & Corp. Open	Final
			2.10PM		400m	Women U19	Final			
			2.15PM		400m	Women Corp. Open	Final			
			2.20PM		400m	Men U19 (II)	Timed Finals	Shot Put	Women Corp. Open	Final
			2.30PM		400m	Men U19	Final			
			2.35PM		400m	Men Corp. Open	Final			
			2.40PM		Victory Ceremony					
			3.00PM		3000m	Women Masters (35 - 70+)	Final	Shot Put	Men Corp. Open	Final
			3.20PM		3000m	Men Masters (35 - 70+)	Final			
			4.00PM							
			4.20PM		Victory Ceremony					
			4.40PM		4x100m	Women U19	Timed Finals			
			4.50PM		4x100m	Women Corp. Open	Timed Finals			
			5.00PM		4x100m	Men Corp. Open	Timed Finals			
			5.10PM		4x100m	Women Masters (35 - 65+)	Timed Finals			
			5.20PM		4x100m	Men Masters (35 - 65+)	Timed Finals			
			5.50PM		8 x 200m	Mixed U19	Timed Finals			
			6.00PM		8 x 200m	Mixed Corp. Open	Timed Finals			
			6.10PM		Victory Ceremony					