



SINGAPORE ATHLETIC ASSOCIATION

156, MACPHERSON ROAD, #09-01, PSL BUILDING, SINGAPORE 348528

TEL: 6386-2721 FAX: 6386-7773 EMAIL: athletics@pacific.net.sg

www.singaporeathletics.org.sg

72nd SINGAPORE OPEN TRACK & FIELD CHAMPIONSHIPS 2010

(TENTATIVE SCHEDULE FOR 18 & 19 SEPTEMBER 2010)

DAY 1 – SATURDAY, 18 SEPTEMBER 2010 (Morning Session)

101	10,000m	Men	Final	0830
102	5,000m	Women	Final	0930
103	Pole Vault	Women	Final	0930

(Afternoon Session)

104	Triple Jump	Women	Final	1400
105	High Jump	Women	Final	1400
106	Discus Throw	Men	Final	1400
107	800m	Women	Round 1	1400
108	800m	Men	Round 1	1410
109	100m	Women	Round 1	1420
110	100m	Men	Round 1	1440
111	100m Hurdles	Women	Round 1	1510
112	110m Hurdles	Men	Round 1	1535
113	Triple Jump	Men	Final	1600
114	High Jump	Men	Final	1600
115	Discus Throw	Women	Final	1600
116	400m	Women	Round 1	1600
117	400m	Men	Round 1	1615
118	100m	Women	Final	1640
119	100m	Men	Final	1650
120	1 500m	Women	Final	1705
121	1 500m	Men	Final	1715
122	400m Hurdles	Women	Round 1	1740
123	400m Hurdles	Men	Round 1	1800
124	3 000m Steeplechase	Men	Final	1820
125	4 x 400m Relay	Women	Final	1840
126	4 x 400m Relay	Men	Final	1845

***Schedule is subject to changes*



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72nd SINGAPORE OPEN TRACK & FIELD MEET 2010

(TENTATIVE SCHEDULE FOR 18 & 19 September 2010)

DAY 2 – SUNDAY, 19 SEPTEMBER 2010 (Morning Session)

201	10,000m Walk	Men	Final	0715
202	5,000m Walk	Women	Final	0815
203	2,000m Walk	Youth	Final	0900
204	Pole Vault	Men	Final	0930

(Afternoon Session)

205	Javelin Throw	Women	Final	1400
206	Shot Put	Men	Final	1400
207	Long Jump	Men	Final	1400
208	400m Hurdles	Women	Final	1400
209	400m Hurdles	Men	Final	1415
210	200m	Women	Round 1	1435
211	200m	Men	Round 1	1450
212	100m Hurdles	Women	Final	1520
213	110m Hurdles	Men	Final	1550
214	Javelin Throw	Men	Final	1600
215	Shot Put	Women	Final	1600
216	Long Jump	Women	Final	1600
217	800m	Women	Final	1615
218	800m	Men	Final	1625
219	400m	Women	Final	1635
220	400m	Men	Final	1645
221	200m	Women	Final	1700
222	200m	Men	Final	1710
223	3 000m	Women	Final	1720
224	5 000m	Men	Final	1745
225	4 x 100m Relay	Women	Final	1810
226	4 x 100m Relay	Men	Final	1820

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