



# SINGAPORE ATHLETIC ASSOCIATION

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## 72<sup>nd</sup> SINGAPORE OPEN TRACK & FIELD CHAMPIONSHIPS 2010

### Participating Events

Men	Women	Youth (U18 <sup>^</sup> )
100m	100m	2,000m Walk
200m	200m	
400m	400m	
800m	800m	
1,500m	1,500m	
5,000m	5,000m	
10,000m	100m H	
110m H	400m H	
400m H	5,000m Walk	
3,000m SC	Pole Vault*	
10,000m Walk	High Jump**	
Pole Vault*	Long Jump	
High Jump**	Triple Jump	
Long Jump	Shot Put	
Triple Jump	Discus	
Shot Put	Javelin	
Discus	4x100m	
Javelin	4x400m	
4x100m		
4x400m		

<sup>^</sup>U18 – Under 18, i.e., 13 to 17 years of age; those born between 1993 and 1997.

**\*Pole Vault:**

Men - Only athletes who have achieved **4.30m and above** as at 31 August 2010 are eligible to take part.

Women - Only athletes who have achieved **3.60m and above** as at 31 August 2010 are eligible to take part.

**\*High Jump:**

Men - Only athletes who have achieved **1.75m and above** as at 31 August 2010 are eligible to take part.

Women - Only athletes who have achieved **1.50m and above** as at 31 August 2010 are eligible to take part.