



SINGAPORE ATHLETIC ASSOCIATION

Calendar of Events 2010

updated as at 9 July 2010

JANUARY		SAA Events	Local Clubs Events	Overseas Competitions	Courses/ Seminar	JANUARY	
F	1					F	1
S	2		SWIFT Kids' Athletics Parents Workshop 2010 (3pm, Gombak Stadium)		KA- Parents' Workshop (1pm, Gombak Stadium)	S	2
S	3		MR25 10km Progressive Run (7am, MacRitchie Amenities Centre)			S	3
M	4					M	4
T	5					T	5
W	6					W	6
T	7					T	7
F	8					F	8
S	9					S	9
S	10					S	10
M	11					M	11
T	12					T	12
W	13					W	13
T	14					T	14
F	15				KA- Teachers' Workshop (2pm, Gombak Stadium)	F	15
S	16	SAA 1st Allcomers Meet 2010 (Day 1) (9am, Gombak Stadium)				S	16
S	17	SAA 1st Allcomers Meet 2010 (Day 2) (9am, Gombak Stadium)				S	17
M	18					M	18
T	19					T	19
W	20					W	20
T	21					T	21
F	22					F	22
S	23	59th SAA X-Country C'ships (1.30pm, Bedok reservoir)				S	23
S	24					S	24
M	25					M	25
T	26					T	26
W	27					W	27
T	28					T	28
F	29	KA Team Award Challenge- North Zone (7-8, 9-10 year-olds) (2pm, Ang Mo Kio Pri Sch)				F	29
S	30					S	30
S	31					S	31

New Year's Day



SINGAPORE ATHLETIC ASSOCIATION

Calendar of Events 2010

updated as at 9 July 2010

FEBRUARY		SAA Events	Local Clubs Events	Overseas Competitions	Courses/ Seminar	FEBRUARY	
M	1					M	1
T	2					T	2
W	3					W	3
T	4					T	4
F	5	KA Team Award Challenge- South Zone (7-8, 9-10 year-olds) (2pm, Ang Mo Kio Pri Sch)				F	5
S	6	SAA 2nd Allcomers Meet 2010 (Day 1) (9am, Gombak Stadium)	AKIRA/ SWIFT Tan Soo Liat Memorial Age Group Road Relay C'ships 2010 (2pm, Bedok Reservoir)			S	6
S	7	SAA 2nd Allcomers Meet 2010 (Day 2) (9am, Gombak Stadium)	MR25 5km Time Trial (5pm, MacRitchie Zig-zag Bridge)			S	7
M	8					M	8
T	9					T	9
W	10					W	10
T	11					T	11
F	12					F	12
S	13					S	13
S	14					S	14
M	15					M	15
T	16					T	16
W	17					W	17
T	18					T	18
F	19	KA Team Award Challenge- East Zone (7-8, 9-10 year-olds) (2pm, Ang Mo Kio Pri Sch)				F	19
S	20		AKIRA/ SWIFT Goh Teck Phuan Memorial Age Group X-Ctry C'ships 2010 (1.30pm, Bedok Reservoir)			S	20
S	21	SAA 1st League Walk (7.30am, Bishan Park)				S	21
M	22					M	22
T	23					T	23
W	24			4th Asian Indoor Athletics C'ships (24-26 Feb) (Tehran, IRI)		W	24
T	25					T	25
F	26					F	26
S	27	SAA 3rd Allcomers Meet 2010 (Day 1) (9am, Gombak Stadium)	WINGS X-Country C'ships 2010 (AM, Bedok Reservoir)			S	27
S	28	SAA 3rd Allcomers Meet 2010 (Day 2) (9am, Gombak Stadium)				S	28

Chinese New Year



SINGAPORE ATHLETIC ASSOCIATION

Calendar of Events 2010

updated as at 9 July 2010

MARCH		SAA Events	Local Clubs Events	Overseas Competitions	Courses/ Seminar	MARCH	
M	1					M	1
T	2					T	2
W	3					W	3
T	4					T	4
F	5					F	5
S	6	SPH Schools Relay C'ships 2010 (Day 1)			Kids' Athletics Event Promotion: AMORE Women's Day Out 2010 Roadshow (9.30am-8.30pm, Ngee Ann City Civic Plaza)	S	6
S	7	SPH Schools Relay C'ships 2010 (Day 2)	MR25 15km Progressive Run (7am, MacRitchie Amenities Centre)			S	7
M	8				SAA Track & Field Officiating Course 2010 (08-12 Mar) (7.00pm-9.30pm, CCAB)	M	8
T	9					T	9
W	10					W	10
T	11					T	11
F	12			13th IAAF World Indoor Athletics C'ships (12-14 Mar) (Doha, QAT)	KA- Teachers' Workshop (2pm, venue TBC)	F	12
S	13	36th Singapore Junior Athletic Championship 2010 (Day 1)				S	13
S	14	36th Singapore Junior Athletic Championship 2010 (Day 2)		Asian 20km Race Walking C'ships (Nomi City, JPN)		S	14
M	15					M	15
T	16					T	16
W	17					W	17
T	18					T	18
F	19					F	19
S	20		AKIRA/ SWIFT 57th Annual Track & Field C'ships 2010 (8am, Gombak Stadium)			S	20
S	21					S	21
M	22					M	22
T	23					T	23
W	24					W	24
T	25					T	25
F	26	KA Team Award Challenge- West Zone (7-8, 9-10 year-olds) (2pm, Ang Mo Kio Pri Sch)				F	26
S	27			38th IAAF World X-Country C'ships (Bydgoszcz, POL)		S	27
S	28					S	28
M	29					M	29
T	30					T	30
W	31		National Inter Schools Track & Field C'ships 2010			W	31



SINGAPORE ATHLETIC ASSOCIATION

Calendar of Events 2010

updated as at 9 July 2010

APRIL		SAA Events	Local Clubs Events	Overseas Competitions	Courses/ Seminar	APRIL	
T	1		National Inter Schools Track & Field C'ships 2010			T	1
F	2					F	2
S	3					S	3
S	4		MR25 5km Time Trial (5pm, MacRitchie Zig-zag Bridge)			S	4
M	5		National Inter Schools Track & Field C'ships 2010			M	5
T	6					T	6
W	7					W	7
T	8					T	8
F	9	KA Team Award Challenge (11-12 yr old) (2pm, Ang Mo Kio Pri Sch)					F
S	10			Negri Sembilan Meet (10-11 April) (Negri Sembilan, MAS)	KA- Parents' Workshop (9am, venue TBC)	S	10
S	11			Asian 50km Race Walking (Wajima, JPN)		S	11
M	12					M	12
T	13					T	13
W	14					W	14
T	15					T	15
F	16					F	16
S	17					S	17
S	18			Nagano Marathon (Nagano, JPN)		S	18
M	19					M	19
T	20					T	20
W	21					W	21
T	22					T	22
F	23				KA- Teachers' Workshop (2pm, venue TBC)	F	23
S	24					S	24
S	25					S	25
M	26					M	26
T	27					T	27
W	28					W	28
T	29					T	29
F	30					F	30

Good Friday



SINGAPORE ATHLETIC ASSOCIATION

Calendar of Events 2010

updated as at 9 July 2010

MAY		SAA Events	Local Clubs Events	Overseas Competitions	Courses/ Seminar	MAY	
S	1			Pahang Meet (01-02 May) (Pahang, MAS)		S	1
S	2		MR25 20km Progressive Run (7am, MacRitchie Amenities Centre)			S	2
M	3					M	3
T	4					T	4
W	5					W	5
T	6					T	6
F	7					F	7
S	8					S	8
S	9			Sendai Half Marathon (Sendai, JPN)		S	9
M	10					M	10
T	11					T	11
W	12					W	12
T	13					T	13
F	14					F	14
S	15			24th IAAF World Race Walking Cup (15-16 May) (Chihuahua, MEX)		S	15
S	16					S	16
M	17					M	17
T	18					T	18
W	19					W	19
T	20					T	20
F	21					F	21
S	22	Asian Area Qualification for YOG 2010 (Singapore)				S	22
S	23					S	23
M	24					M	24
T	25					T	25
W	26					W	26
T	27					T	27
F	28			Chinese Taipei International Athletics Meet 2010 (28-29 May) (Taipei, TPE)		F	28
S	29		AKIRA/ SWIFT Kids' Athletics Inter Centre Competition 2010 (2pm, Lian Hua Pri Sch)			S	29
S	30					S	30
M	31					M	31

Labour Day/ Vesak Day

*Chinese Taipei International Athletic Meet (Taipei, TPE) - date TBC



SINGAPORE ATHLETIC ASSOCIATION

Calendar of Events 2010

updated as at 9 July 2010

JUNE		SAA Events	Local Clubs Events	Overseas Competitions	Courses/ Seminar	JUNE	
T	1			Asian Grand Prix (1st leg) (Bangalore, IND)		T	1
W	2					W	2
T	3					T	3
F	4					F	4
S	5			Asian Grand Prix (2nd leg) (Coimbatore, IND)		S	5
S	6		MR25 5km Time Trial (5pm, MacRitchie Zig-zag Bridge)			S	6
M	7					M	7
T	8					T	8
W	9			Asian Grand Prix (3rd leg) (Chennai, IND)		W	9
T	10					T	10
F	11					F	11
S	12					S	12
S	13	SAA 4th Allcomers Meet 2010	MR25 X-Country Marathon Relay (7am, MacRitchie Amenities Centre)			S	13
M	14					M	14
T	15					T	15
W	16					W	16
T	17					T	17
F	18					F	18
S	19					S	19
S	20					S	20
M	21					M	21
T	22					T	22
W	23					W	23
T	24					T	24
F	25					F	25
S	26					S	26
S	27					S	27
M	28					M	28
T	29					T	29
W	30					W	30



SINGAPORE ATHLETIC ASSOCIATION

Calendar of Events 2010

updated as at 9 July 2010

JULY		SAA Events	Local Clubs Events	Overseas Competitions	Courses/ Seminar	JULY		
T	1			Asian Junior Athletics C'ships (01-04 July) (Hanoi, VIE)		T	1	
F	2					F	2	
S	3					S	3	
S	4		MR25 25km Progressive Run (7am, MacRitchie Amenities Centre)	Sapporo Half Marathon (Sapporo, JPN)		S	4	
M	5					M	5	
T	6					T	6	
W	7					W	7	
T	8					T	8	
F	9					F	9	
S	10			Hong Kong Invitational Athletics Meet (10-11 July) (Hong Kong, HKG)	KA- Parents' Workshop (9am, venue TBC)	S	10	
S	11					S	11	
M	12					M	12	
T	13					T	13	
W	14					W	14	
T	15					T	15	
F	16					F	16	
S	17			Vietnam Open C'ships (17-19 July) (HoChiMinh City, VIE)		S	17	
S	18					S	18	
M	19			13th IAAF World Junior C'ships (19-25 Jul) (Monton, CAN)		M	19	
T	20					T	20	
W	21					W	21	
T	22					T	22	
F	23					F	23	
S	24	SAA 5th Allcomers Meet 2010 (Day 1)					S	24
S	25	SAA 5th Allcomers Meet 2010 (Day 2)					S	25
M	26					M	26	
T	27					T	27	
W	28					W	28	
T	29			3rd Asian All-Stars Competition (29-30 July) (New Delhi, IND)		T	29	
F	30			Asian Inter-City High Sch Athletics Meet (29-30 July) (Taipei, TPE)		F	30	
S	31					S	31	

SAA 5th Allcomers Meet - may be selected events only



SINGAPORE ATHLETIC ASSOCIATION

Calendar of Events 2010

updated as at 9 July 2010

AUGUST		SAA Events	Local Clubs Events	Overseas Competitions	Courses/ Seminar	AUGUST	
S	1		MR25 5km Time Trial (5pm, MacRitchie Zig-zag Bridge)			S	1
M	2					M	2
T	3					T	3
W	4					W	4
T	5					T	5
F	6					F	6
S	7					S	7
S	8					S	8
M	9					M	9
T	10					T	10
W	11					W	11
T	12					T	12
F	13					F	13
S	14					S	14
S	15					S	15
M	16					M	16
T	17	1st Youth Olympic Games (Athletics) (Singapore)				T	17
W	18					W	18
T	19					T	19
F	20					F	20
S	21	1st Youth Olympic Games (Athletics) (Singapore)				S	21
S	22					S	22
M	23					M	23
T	24					T	24
W	25					W	25
T	26					T	26
F	27					F	27
S	28					S	28
S	29			Hokkaido Marathon (Hokkaido, JPN)		S	29
M	30					M	30
T	31					T	31

National Day



SINGAPORE ATHLETIC ASSOCIATION

Calendar of Events 2010

updated as at 9 July 2010

SEPTEMBER		SAA Events	Local Clubs Events	Overseas Competitions	Courses/ Seminar	SEPTEMBER	
W	1					W	1
T	2					T	2
F	3				KA- Teachers' Workshop (2pm, venue TBC)	F	3
S	4		WINGS Track & Field Meet 2010 (PM, Bishan Stadium)	11th IAAF World Cup (4-5 Sep) (Split, CRO)		S	4
S	5		MR25 30km Progressive Run (7am, MacRitchie Amenities Centre)			S	5
M	6					M	6
T	7					T	7
W	8					W	8
T	9					T	9
F	10					F	10
S	11			8th IAAF World Athletics Final (11-12 Sep) (Rabat, MAR)		S	11
S	12	72nd Singapore Open Track & Field Meet 2010				S	12
M	13					M	13
T	14					T	14
W	15					W	15
T	16					T	16
F	17					F	17
S	18					S	18
S	19					S	19
M	20					M	20
T	21					T	21
W	22					W	22
T	23					T	23
F	24					F	24
S	25	SAA Road Race 2010				S	25
S	26					S	26
M	27					M	27
T	28					T	28
W	29			Thailand Open C'ships (29 Sep- 02 Oct) (Bangkok, THA)		W	29
T	30					T	30

Hari Raya Puasa



SINGAPORE ATHLETIC ASSOCIATION

Calendar of Events 2010

updated as at 9 July 2010

OCTOBER		SAA Events	Local Clubs Events	Overseas Competitions	Courses/ Seminar	OCTOBER	
F	1			Thailand Open C'ships (29 Sep- 02 Oct) (Bangkok, THA)		F	1
S	2					S	2
S	3		MR25 5km Time Trial (5pm, MacRitchie Zig-zag Bridge)			S	3
M	4					M	4
T	5					T	5
W	6			Commonwealth Games (Athletics) (New Delhi, IND)		W	6
T	7					T	7
F	8					F	8
S	9					S	9
S	10					S	10
M	11					M	11
T	12					T	12
W	13					W	13
T	14					T	14
F	15					F	15
S	16			19th IAAF World Half Marathon C'ships (Nanning, CHN)		S	16
S	17					S	17
M	18					M	18
T	19					T	19
W	20					W	20
T	21					T	21
F	22					F	22
S	23	SAA 6th Allcomers Meet 2010 (Day 1)				S	23
S	24	SAA 6th Allcomers Meet 2010 (Day 2)	MR25 10km Elite Time Trial (5pm, MacRitchie Zig-zag Bridge)			S	24
M	25					M	25
T	26			5th South East Asian Junior Athletics C'ships (26-27 Oct) (Bangkok, THA)		T	26
W	27					W	27
T	28					T	28
F	29					F	29
S	30			Malaysian Athletic Open C'ships (30-31 Oct)		S	30
S	31			(Kuala Lumpur, MAS)		S	31

SAA 6th Allcomers Meet (tentative)



SINGAPORE ATHLETIC ASSOCIATION

Calendar of Events 2010

updated as at 9 July 2010

NOVEMBER		SAA Events	Local Clubs Events	Overseas Competitions	Courses/ Seminar	NOVEMBER	
M	1					M	1
T	2					T	2
W	3					W	3
T	4					T	4
F	5					F	5
S	6					S	6
S	7		MR25 35km Progressive Run (7am, MacRitchie Amenities Centre)			S	7
M	8					M	8
T	9					T	9
W	10					W	10
T	11					T	11
F	12					F	12
S	13		AKIRA/ SWIFT Kids' Dash 2010 (2pm, Gombak Stadium)			S	13
S	14					S	14
M	15					M	15
T	16					T	16
W	17					W	17
T	18					T	18
F	19					F	19
S	20		AKIRA/ SWIFT Kids 1000m Endurance Team Race Event 2010 (2pm, venue TBC)		KA Feedback Session for Teachers & Coaches (9am, venue TBC)	S	20
S	21			16th Asian Games (Athletics) (Guangzhou, CHN)		S	21
M	22					M	22
T	23					T	23
W	24					W	24
T	25					T	25
F	26					F	26
S	27					S	27
S	28					S	28
M	29					M	29
T	30					T	30

Deepavali/ Hari Raya Haji



SINGAPORE ATHLETIC ASSOCIATION

Calendar of Events 2010

updated as at 9 July 2010

DECEMBER		SAA Events	Local Clubs Events	Overseas Competitions	Courses/ Seminar	DECEMBER	
W	1					W	1
T	2			12th Asian Marathon C'ships (Pune, IND)		T	2
F	3					F	3
S	4					S	4
S	5	Standard Chartered Singapore Marathon 2010		Fukuoka International Marathon (Fukuoka, JPN)		S	5
M	6					M	6
T	7					T	7
W	8					W	8
T	9					T	9
F	10					F	10
S	11					S	11
S	12		MR25 5km Time Trial (5pm, MacRitchie Zig-zag Bridge)			S	12
M	13					M	13
T	14					T	14
W	15					W	15
T	16					T	16
F	17					F	17
S	18					S	18
S	19					S	19
M	20					M	20
T	21					T	21
W	22					W	22
T	23					T	23
F	24					F	24
S	25					S	25
S	26		MR25 Ultramarathon (7am, MacRitchie Amenities Centre)			S	26
M	27					M	27
T	28					T	28
W	29					W	29
T	30					T	30
F	31					F	31

Christmas Day