



SINGAPORE ATHLETIC ASSOCIATION

Calendar of Events 2009

updated as at 11 February 2009

January		SAA Events	Local Clubs Events	Overseas	Courses/ Seminar	January	
T	1					T	1
F	2					F	2
S	3					S	3
S	4		MR25 10km Progressive Run (7am, MacRitchie Reservoir)			S	4
M	5					M	5
T	6					T	6
W	7					W	7
T	8					T	8
F	9					F	9
S	10	SAA 1st Allcomers Meet 2009 (Day 1) (Gombak Stadium)				S	10
S	11	SAA 1st Allcomers Meet 2009 (Day 2) (Gombak Stadium)				S	11
M	12					M	12
T	13					T	13
W	14					W	14
T	15					T	15
F	16					F	16
S	17	58th SAA X-Country C'ships (3pm, Bedok Reservoir)				S	17
S	18	SAA 1st League Walk 2009 (7.30am, Bishan Park)		GROE Mumbai Marathon 2009 (Mumbai, IND)		S	18
M	19					M	19
T	20					T	20
W	21					W	21
T	22					T	22
F	23					F	23
S	24					S	24
S	25					S	25
M	26					M	26
T	27					T	27
W	28					W	28
T	29					T	29
F	30					F	30
S	31					S	31

New Year's Day/ Chinese New Year

* SAA 1st Allcomers Meet 2009 will be used as qualifying competitions for 35th Singapore Junior C'ships 2009, SEA Junior Athletics C'ships 2009 & Asian Youth Games 2009

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February		SAA Events	Local Clubs Events	Overseas	Courses/ Seminar	February	
S	1		MR25 5km Time Trial (5pm, MacRitchie Reservoir)			S	1
M	2					M	2
T	3					T	3
W	4					W	4
T	5					T	5
F	6					F	6
S	7	58th SAA Road Relay C'ships (3pm, Bedok Reservoir)				S	7
S	8			GROE Hong Kong Marathon 2009 (Hong Kong, HKG)		S	8
M	9					M	9
T	10					T	10
W	11					W	11
T	12					T	12
F	13	SAA Kids' Athletics Competition for 9 & 10 year-olds (South & West Zone) (2pm, Ang Mo Kio Pri Sch)				F	13
S	14	SAA 2nd Allcomers Meet 2009 (Day 1) (Gombak Stadium)	Wings X-Country C'ships 2009 (3pm, Bedok Reservoir)			S	14
S	15	SAA 2nd Allcomers Meet 2009 (Day 2) (Gombak Stadium)				S	15
M	16					M	16
T	17					T	17
W	18					W	18
T	19					T	19
F	20	SAA Kids' Athletics Competition for 9 & 10 year-olds (North & East Zone) (2pm, Ang Mo Kio Pri Sch)				F	20
S	21		AKIRA/ Swift Tan Soo Liat Memorial Age-Group Road Relay C'ships '09 (1.30pm, Bedok Reservoir)			S	21
S	22	SAA 2nd League Walk 2009 (7.30am, Bishan Park)				S	22
M	23					M	23
T	24					T	24
W	25					W	25
T	26					T	26
F	27	SAA Kids' Athletics Competition for 9 & 10 year-olds (Final) (2pm, Ang Mo Kio Pri Sch)				F	27
S	28	SAA Pole Vault Mini-Meet (Series #1)				S	28

* SAA 2nd Allcomers Meet 2009 & SAA Pole Vault Mini-Meet (Series #1) will be used as qualifying competitions for 35th Singapore Junior C'ships 2009, SEA Junior Athletics C'ships 2009 & Asian Youth Games 2009

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March		SAA Events	Local Clubs Events	Overseas	Courses/ Seminar	March	
S	1		MR25 15km Progressive Run (7am, MacRitchie Reservoir)	Asian X-Ctry C'ships (BAH)		S	1
M	2					M	2
T	3					T	3
W	4					W	4
T	5					T	5
F	6	SAA Kids' Athletics Carnival for 7 & 8 year olds (2pm, Ang Mo Kio Pri Sch)				F	6
S	7	SAA Indoor Tug-of-War C'ships 2009	AKIRA/ Swift Goh Teck Phuan Memorial Age-Group X-Country c'ships '09 (1.30pm, Bedok Reservoir)			S	7
S	8					S	8
M	9				SAA Track & Field Officiating Course 2009	M	9
T	10					T	10
W	11					W	11
T	12				(7pm, CCAB- 21 Evans Road)	T	12
F	13					F	13
S	14	SAA 3rd Allcomers Meet 2009 (Day 1) (Gombak Stadium)		IAAF World Race Walking Challenge (14-15 Mar) (Chihuahua, MEX)		S	14
S	15	SAA 3rd Allcomers Meet 2009 (Day 2) (Gombak Stadium)		Asian 20km Race Walking C'ships (Nomi City, JPN)		S	15
M	16				SAA Kids' Athletics Workshop for Teachers (9am-1pm, Gombak Stadium)	M	16
T	17					T	17
W	18					W	18
T	19					T	19
F	20					F	20
S	21	SAA Pole Vault Mini-Meet (Series #2)	AKIRA Swift 56th Annual Track & Field C'ships (for Sec & Institutions of Higher Learning) (21-22 March) 9.00am, Gombak Stadium			S	21
S	22	SAA 3rd League Walk 2009 (7.30am, Bishan Park)				S	22
M	23					M	23
T	24					T	24
W	25		National Inter-Schools X-Country C'ships 2009			W	25
T	26					T	26
F	27					F	27
S	28	SPH Schools Relay C'ships 2009 (28-29 Mar, 2pm) (Gombak Stadium)		37th IAAF X-Ctry C'ships (Amman, JOR)		S	28
S	29					S	29
M	30					M	30
T	31					T	31

* SAA 3rd Allcomers Meet 2009 & SAA Pole Vault Mini-Meet (Series #2) will be used as qualifying competitions for 35th Singapore Junior C'ships 2009, SEA Junior Athletics C'ships 2009 & Asian Youth Games 2009

tbc Wala (Perth) C'ships 2009

tbc Prisons Sports & Recreation Club (PSRC) Annual X-Ctry C'ships

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April		SAA Events	Local Clubs Events	Overseas	Courses/ Seminar	April		
W	1					W	1	
T	2					T	2	
F	3					F	3	
S	4	SAA 4th Allcomers Meet 2009 (Day 1) (Gombak Stadium)		IAAF World Race Walking Challenge (04-05 Apr) (Rio Major, POR)		S	4	
S	5	SAA 4th Allcomers Meet 2009 (Day 2) (Gombak Stadium)	MR25 5km Time Trial (5pm, MacRitchie Reservoir)			S	5	
M	6					M	6	
T	7					T	7	
W	8					W	8	
T	9					T	9	
F	10					F	10	
S	11		NTUC Sports & Recre - U Games (Track & Field) (9am-6pm, Gombak Stadium)			S	11	
S	12					S	12	
M	13		National Inter-Schools Track & Field C'ships 2009 (13-24 Apr)			M	13	
T	14					T	14	
W	15					W	15	
T	16					T	16	
F	17					F	17	
S	18				IAAF World Race Walking Challenge (18-19 Apr) (Wuxi, CHN)		S	18
S	19						S	19
M	20						M	20
T	21					T	21	
W	22					W	22	
T	23					T	23	
F	24					F	24	
S	25	SAA Pole Vault Mini - Meet (Series #3)/ SAA Mini- Meet 2009				S	25	
S	26			Thailand Open Track & Field C'ships `09 (26-29 Apr)		S	26	
M	27					M	27	
T	28					T	28	
W	29					W	29	
T	30					T	30	

Good Friday

* SAA Pole Vault Mini-Meet (Series #3) & National Inter-Schools Track & Field C'ships will be used as qualifying competitions for 35th Singapore Junior C'ships, SEA Junior Athletics C'ships 2009 & Asian Youth Games 2009

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May		SAA Events	Local Clubs Events	Overseas	Courses/ Seminar	May	
F	1			IAAF World Race Walking Challenge (Sesto S. Giovanni, ITA)		F	1
S	2					S	2
S	3		MR25 20km Progressive Run (7am, MacRitchie Reservoir)			S	3
M	4					M	4
T	5					T	5
W	6					W	6
T	7					T	7
F	8					F	8
S	9					S	9
S	10					S	10
M	11					M	11
T	12					T	12
W	13					W	13
T	14					T	14
F	15					F	15
S	16					S	16
S	17					S	17
M	18					M	18
T	19					T	19
W	20					W	20
T	21					T	21
F	22					F	22
S	23		Swift Kids' Athletics Competition 2009 (Lianhua Pri Sch)	Asian Grand Prix (1st leg) (Hong Kong, CHN)		S	23
S	24					S	24
M	25					M	25
T	26					T	26
W	27			Asian Grand Prix (2nd leg) (Macau, CHN)		W	27
T	28					T	28
F	29					F	29
S	30	35th Singapore Junior C'ships 2009 (30-31 May) (Bishan Stadium)		IAAF World Race Walking Challenge (Krakow, POL)		S	30
S	31			Asian Grand Prix (3rd leg) (Guangdong, CHN)		S	31

Labour Day/ Vesak Day

* 35th Singapore Junior C'ships 2009 will be used as qualifying competitions for Asian Youth Games 2009

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June		SAA Events	Local Clubs Events	Overseas	Courses/ Seminar	June	
M	1					M	1
T	2					T	2
W	3					W	3
T	4					T	4
F	5					F	5
S	6		AKIRA Swift 56th Annual Track & Field C'ships (Pri Sch) (06-07 Jun) 8.00am, Gombak Stadium MR25 5km Time Trial (5pm, MacRitchie Reservoir)	4th SEA Junior Athletics C'ships (06-07 Jun) (HoChiMinh City, VIE)		S	6
S	7					S	7
M	8					M	8
T	9					T	9
W	10					W	10
T	11					T	11
F	12					F	12
S	13					S	13
S	14		MR25 X-Country Marathon (7am, MacRitchie Reservoir)			S	14
M	15					M	15
T	16					T	16
W	17					W	17
T	18					T	18
F	19					F	19
S	20	SAA 5th Allcomers Meet 2009 (Day 1) (Gombak Stadium)		IAAF World Race Walking Challenge (La Coruna, ESP)		S	20
S	21	SAA 5th Allcomers Meet 2009 (Day 2) (Gombak Stadium)				S	21
M	22					M	22
T	23					T	23
W	24					W	24
T	25					T	25
F	26					F	26
S	27	SAA Pole Vault Mini - Meet (Series #4)				S	27
S	28					S	28
M	29					M	29
T	30			Asian Youth Games - Athletics (30 Jun-03 Jul) Singapore		T	30

* SAA 5th Allcomers Meet 2009 will be selected events only

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July		SAA Events	Local Clubs Events	Overseas	Courses/ Seminar	July			
W	1			Asian Youth Games - Athletics (30 Jun-03 Jul) Singapore		W	1		
T	2					T	2		
F	3					F	3		
S	4			World Universiade Games (01-12 Jul) (Belgrade, SRB)		S	4		
S	5		MR25 25km Progressive Run (7am, MacRitchie Reservoir)	GoldCoast Airport Marathon 2009 (AUS)		S	5		
M	6			World Universiade Games (01-12 Jul) (Belgrade, SRB)		M	6		
T	7					T	7		
W	8		National Inter- Primary Schools Track & Field C'ships 2009 (08-22 Jul)	6th IAAF World Youth C'ships (08-12 Jul) (Bressanone, ITA)		W	8		
T	9						T	9	
F	10						F	10	
S	11						S	11	
S	12						S	12	
M	13						M	13	
T	14						T	14	
W	15						W	15	
T	16						T	16	
F	17						F	17	
S	18	SAA 6th Allcomers Meet 2009 (Day 1) (Gombak Stadium)						S	18
S	19	SAA 6th Allcomers Meet 2009 (Day 2) (Gombak Stadium)						S	19
M	20							M	20
T	21							T	21
W	22							W	22
T	23							T	23
F	24							F	24
S	25	SAA Pole Vault Mini - Meet (Series #5) SAA Multi-Event for 11 & 12 year-olds (2pm, Gombak Stadium)				S	25		
S	26					S	26		
M	27					M	27		
T	28					T	28		
W	29					W	29		
T	30					T	30		
F	31					F	31		

* SAA 6th Allcomers Meet 2009 will be selected events only

tbc Wala (Malaysia) C'ships 2009

tbc ASEAN Schools Games 2009 (Bangkok, THA)

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August		SAA Events	Local Clubs Events	Overseas	Courses/ Seminar	August	
S	1	71st Singapore Open Track & Field C'ships 2009	MR25 5km Time Trial (5pm, MacRitchie Reservoir)			S	1
S	2					S	2
M	3					M	3
T	4					T	4
W	5					W	5
T	6					T	6
F	7					F	7
S	8					S	8
S	9					S	9
M	10					M	10
T	11					T	11
W	12					W	12
T	13					T	13
F	14					F	14
S	15			12th IAAF World C'ships (15-23 Aug) (Berlin, GER)		S	15
S	16				S	16	
M	17				M	17	
T	18				T	18	
W	19				W	19	
T	20				T	20	
F	21				F	21	
S	22				S	22	
S	23				S	23	
M	24			M	24		
T	25			T	25		
W	26			W	26		
T	27			T	27		
F	28			F	28		
S	29	SAA Pole Vault Mini - Meet (Series #6)				S	29
S	30					S	30
M	31					M	31

National Day

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September		SAA Events	Local Clubs Events	Overseas	Courses/ Seminar	September	
T	1					T	1
W	2					W	2
T	3					T	3
F	4		Wings Track & Field C'ships 2009			F	4
S	5					S	5
S	6		MR25 30km Progressive Run (7am, MacRitchie Reservoir)			S	6
M	7					M	7
T	8					T	8
W	9					W	9
T	10					T	10
F	11					F	11
S	12			7th IAAF World Athletics Final (12-13 Sep)		S	12
S	13			(Thessaloniki, GRE)		S	13
M	14					M	14
T	15					T	15
W	16					W	16
T	17					T	17
F	18					F	18
S	19			IAAF Race Walking Challenge Final (Saransk, RUS)		S	19
S	20					S	20
M	21					M	21
T	22					T	22
W	23					W	23
T	24					T	24
F	25					F	25
S	26	SAA Pole Vault Mini - Meet (Series #7)				S	26
S	27					S	27
M	28					M	28
T	29					T	29
W	30					W	30

Hari Raya Puasa

tbc 3rd Asian Indoor Games (Hanoi, VIE)

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October		SAA Events	Local Clubs Events	Overseas	Courses/ Seminar	October	
T	1					T	1
F	2					F	2
S	3					S	3
S	4		MR25 5km Time Trial (5pm, MacRitchie Reservoir)			S	4
M	5					M	5
T	6					T	6
W	7					W	7
T	8					T	8
F	9					F	9
S	10					S	10
S	11			16th IAAF World Half Marathon (Birmingham, GBR)		S	11
M	12					M	12
T	13					T	13
W	14					W	14
T	15					T	15
F	16					F	16
S	17					S	17
S	18					S	18
M	19					M	19
T	20					T	20
W	21					W	21
T	22					T	22
F	23					F	23
S	24					S	24
S	25					S	25
M	26					M	26
T	27					T	27
W	28					W	28
T	29					T	29
F	30					F	30
S	31	SAA Pole Vault Mini-Meet (Series #8)				S	31

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November		SAA Events	Local Clubs Events	Overseas	Courses/ Seminar	November	
S	1		AKIRA Swift King of the Mountain 8.00am, Mt Faber (tbc) MR25 35km Progressive Run (7am, MacRitchie Reservoir)			S	1
M	2					M	2
T	3					T	3
W	4					W	4
T	5					T	5
F	6					F	6
S	7	SAA Walk Relay C'ships (1pm, Gombak Stadium)	Swift Kids' Dash Competition 2009 (1pm, Gombak Stadium)			S	7
S	8					S	8
M	9					M	9
T	10			18th Asian Athletics C'ships (10-14 Nov) (Guangzhou, CHN)		T	10
W	11				W	11	
T	12				T	12	
F	13				F	13	
S	14				S	14	
S	15					S	15
M	16					M	16
T	17					T	17
W	18					W	18
T	19					T	19
F	20					F	20
S	21					S	21
S	22					S	22
M	23					M	23
T	24					T	24
W	25					W	25
T	26					T	26
F	27					F	27
S	28	SAA Pole Vault Mini-Meet (Series #9)				S	28
S	29					S	29
M	30					M	30

Deepavali/ Hari Raya Haji

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December		SAA Events	Local Clubs Events	Overseas	Courses/ Seminar	December	
T	1					T	1
W	2					W	2
T	3					T	3
F	4					F	4
S	5					S	5
S	6	Singapore Marathon 2009				S	6
M	7					M	7
T	8					T	8
W	9					W	9
T	10			5th East Asian Games (10-13 Dec) (Hong Kong, CHN)		T	10
F	11					F	11
S	12					S	12
S	13		MR25 5km Time Trial (5pm, MacRitchie Reservoir)			S	13
M	14					M	14
T	15			25th SEA Games (13-21 Dec) (Vientiane, LAO)		T	15
W	16					W	16
T	17					T	17
F	18					F	18
S	19	SAA Pole Vault Mini - Meet (Series #10)				S	19
S	20					S	20
M	21					M	21
T	22					T	22
W	23					W	23
T	24					T	24
F	25					F	25
S	26					S	26
S	27		MR25 Ultra-Marathon (7am-7pm, MacRitchie Reservoir)			S	27
M	28					M	28
T	29					T	29
W	30					W	30
T	31					T	31

Christmas