



SPH Schools Relay Championships 2009 - 3/28/2009 to 3/29/2009
SAA Centre of Excellence, Gombak Stadium
Results - Saturday, 28 March 2009

Event 201 Girls 4x100 Meter Relay B Division

CR: 49.85 C 2006 Singapore Sports Sch

Team	Relay	Prelims
Heat 1 Preliminaries		
1 Nanyang Girls' Hg Sch		53.09 q
1) 315 Nyg, B		
2 Raffles Girls' Sch		54.21 q
1) 321 Rgs, B		
3 Plmgs		55.72
1) 319 Plmgs, B		
4 Siglap Sec Sch		55.74
1) 356 Sss, B		
5 Nus High Sch		56.42
1) 352 Nuss, B		
6 Unity Sec Sch		60.41
1) 360 Uss, B		
--- Evergreen Sec Sch		DQ
1) 346 Evg, B		
Heat 2 Preliminaries		
1 SNG		53.44 q
1) 309 Sng, B		
2 HIJ		53.50 q
1) 311 Hij, B		
3 Dunman High Sch		54.06 q
1) 345 Dhs, B		
4 Cedar Girls' Sec Sch		54.07 q
1) 306 CG, B		
5 Ang Mo Kio Sec Sch		54.94 q
1) 341 Amk, B		
6 TK		56.65
1) 328 TK, B		
7 GYS		57.09
1) 347 Gys, B		
Heat 3 Preliminaries		
1 Crescent Girls' Sch		55.61 q
1) 344 Cgs, B		
2 Chij Katong Convent		56.25
1) 308 KC, B		
3 Temesek Sec Sch		56.65
1) 329 Tms, B		
4 Ahmad Ibrahim Sec Sch		58.22
1) 301 Ais, B		
5 River Valley High Sch		58.60
1) 354 Rvh, B		
6 Singapore Sports Sch		61.06
1) 326 Ssp, B		

Event 202 Boys 4x100 Meter Relay B Division

CR: 43.68 C 2008 Singapore Sports Sch

Team	Relay	Prelims
Heat 1 Preliminaries		
1 Raffles Institution		45.22 q
1) 124 RI, B		
2 Temesek Sec Sch		45.79 q
1) 140 Tms, B		
3 Anglo Chinese Sch (I)		46.06 q
1) 109 Acs(I), B		
4 Ngee Ann Sec Sch		46.23 q
1) 122 Nas, B		

5 River Valley High Sch	47.29
1) 179 Rvh, B	
6 ADSS	48.70
1) 101 Adss, B	
7 GYS	49.70
1) 117 Gys, B	

Heat 2 Preliminaries

1 St Patrick's Sch	46.44
1) 136 Sps, B	
2 Singapore Sports Sch	47.09
1) 131 Ssp, B	
3 Nan Chiau High Sch	47.58
1) 173 Nch, B	
4 Siglap Sec Sch	48.01
1) 182 Sss, B	
5 Unity Sec Sch	48.80
1) 142 Uss, B	
6 Jurong Sec Sch	48.81
1) 170 Jss, B	
--- SAS	DQ
1) 185 Sas, B	

Heat 3 Preliminaries

1 Catholic High	46.20 q
1) 111 CH, B	
2 Ahmad Ibrahim Sec Sch	48.87
1) 102 Ais, B	
3 Nus High Sch	49.55
1) 175 Nuss, B	
4 HCIH	49.67
1) 119 Hci, B	
--- Queensway Sec Sch	DQ
1) 177 Qss, B	

Heat 4 Preliminaries

1 St Joseph Inst	44.10 q
1) 134 Sji, B	
2 TK	46.16 q
1) 138 TK, B	
3 Victoria School	46.25 q
1) 145 VS, B	
4 CCS	47.58
1) 114 Ccs, B	
5 Ang Mo Kio Sec Sch	48.68
1) 164 Amk, B	
6 Evergreen Sec Sch	49.12
1) 167 Evg, B	

Event 203 Girls 4x100 Meter Relay A Division

CR: 49.30 C 2005 National JC

Team	Relay	Prelims
Heat 1 Preliminaries		
1 Raffles JC		49.97 q
2 Singapore Sports Sch		50.30 q
3 SA		53.58 q
4 Anderson JC		55.67 q
5 Catholic JC		57.01 q
6 Nus High Sch		59.27
Heat 2 Preliminaries		
1 National JC		54.86 q
2 Anglo Chinese JC		54.96 q
3 Innova JC		57.31 q

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---	Victoria JC	DQ	7	Cedar Girls' Sec Sch	11:31.32
---	HCIC	DQ		1) 307 CG, C	

8	Raffles Girls' Sch	12:13.98
	1) 322 Rgs, C	
9	Ahmad Ibrahim Sec Sch	13:38.24
	1) 302 Ais, C	

Event 204 Boys 4x100 Meter Relay A Division
CR: 42.98 C 2005 Raffles JC

Team	Relay	Prelims
Heat 1 Preliminaries		
1	Singapore Sports Sch	43.47 q
	1) 130 Ssp, A	
2	Millenia Institute	45.82 q
	1) 172 MI, A	
3	National JC	45.86 q
	1) 121 Njc, A	
4	Evergreen Sec Sch	46.76
	1) 166 Evg, A	
5	Victoria JC	46.99
	1) 144 Vjc, A	
6	Serangoon JC	49.01
	1) 128 Srjc, A	

Heat 2 Preliminaries		
1	Sengkang Sec Sch	43.84 q
	1) 127 Sks, A	
2	Anglo Chinese Sch (I)	46.54
	1) 108 Acs(I), A	
3	Ahmad Ibrahim Sec Sch	47.78
	1) 162 Ais, A	
4	Nus High Sch	48.41
	1) 174 Nuss, A	
---	Raffles JC	DQ
	1) 126 Rjc, A	

Heat 3 Preliminaries		
1	SA	44.79 q
	1) 129 SA, A	
2	Anglo Chinese JC	44.79 q
	1) 107 Acjc, A	
3	Innova JC	46.11 q
	1) 169 Ijc, A	
4	Anderson JC	46.45 q
	1) 104 Ajc, A	
---	St Andrew's JC	DQ
	1) 133 Sajc, A	

Event 205 Girls 4x800 Meter Relay C Division
CR: 10:43.60 C 2006 Singapore Sports Sch

Team	Relay	Finals
Section 1		
1	HIJ	10:39.50 C
	1) 312 Hij, C	
2	Crescent Girls' Sch	11:08.70
	1) 313 Cgs, C	
3	Dunman High Sch	11:11.11
	1) 314 Dhs, C	
4	SNG	11:18.00
	1) 310 Sng, C	
5	Singapore Sports Sch	11:22.59
	1) 327 Ssp, C	
6	Plmgs	11:30.66
	1) 320 Plmgs, C	

Event 206 Boys 4x800 Meter Relay C Division
CR: 9:09.08 C 2006 Singapore Sports Sch

Team	Relay	Finals
Section 1		
1	Anglo Chinese Sch (I)	9:29.23
	1) 110 Acs(I), C	
2	Catholic High	9:33.57
	1) 112 CH, C	
3	Raffles Institution	9:39.62
	1) 125 RI, C	
4	Ngee Ann Sec Sch	9:53.26
	1) 123 Nas, C	
5	CCS	10:01.38
	1) 115 Ccs, C	
6	Singapore Sports Sch	10:01.66
	1) 132 Ssp, C	
7	TK	10:13.35
	1) 139 TK, C	
8	St Patrick's Sch	10:22.40
	1) 137 Sps, C	
9	HCIH	10:35.54
	1) 120 Hci, C	
10	Ahmad Ibrahim Sec Sch	10:55.93
	1) 103 Ais, C	
11	Queensway Sec Sch	10:58.66
	1) 178 Qss, C	
12	Ang Mo Kio Sec Sch	11:04.12
	1) 106 Amk, C	
13	Unity Sec Sch	11:51.65
	1) 143 Uss, C	
---	Victoria School	DQ
	1) 146 VS, C	

Event 207 Girls 4x800 Meter Relay B Division
CR: 10:00.77 C 2006 Singapore Sports Sch

Team	Relay	Finals
Section 1		
1	Cedar Girls' Sec Sch	10:25.87
	1) 306 CG, B	
2	Nanyang Girls' Hg Sch	10:44.50
	1) 315 Nyg, B	
3	Raffles Girls' Sch	11:05.75
	1) 321 Rgs, B	
4	SNG	11:15.85
	1) 309 Sng, B	
5	Plmgs	12:06.20
	1) 319 Plmgs, B	
6	Ahmad Ibrahim Sec Sch	13:10.83
	1) 301 Ais, B	
7	HIJ	13:10.97
	1) 311 Hij, B	



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Event 208 Boys 4x800 Meter Relay B Division
CR: 8:32.20 C 1987 Jurong Sec Sch

Team	Relay	Finals
Finals		
1 Anglo Chinese Sch (I)		8:40.88
1) 109 Acs(I), B		
2 Raffles Institution		8:46.70
1) 124 RI, B		
3 Catholic High		8:51.53
1) 111 CH, B		
4 Victoria School		9:09.97
1) 145 VS, B		
5 Singapore Sports Sch		9:23.31
1) 131 Ssp, B		
6 St Patrick's Sch		9:28.17
1) 136 Sps, B		
7 Ngee Ann Sec Sch		9:51.07
1) 122 Nas, B		
8 Temesek Sec Sch		9:54.25
1) 140 Tms, B		
9 Unity Sec Sch		10:38.68
1) 142 Uss, B		
10 Queensway Sec Sch		11:01.81
1) 177 Qss, B		

Event 209 Girls 4x800 Meter Relay A Division
CR: 10:17.19 C 2008 Singapore American Sch

Team	Relay	Finals
Finals		
1 SA		10:07.59 C
1) 324 SA, A		
2 Raffles JC		10:21.67
1) 323 Rjc, A		
3 Singapore Sports Sch		10:39.56
1) 325 Ssp, A		
4 Catholic JC		10:51.81
1) 305 Cjc, A		
5 Anglo Chinese JC		11:01.31
1) 304 Acjc, A		
6 Victoria JC		11:01.75
1) 331 Vjc, A		
7 National JC		11:40.75
1) 317 Njc, A		

Event 210 Boys 4x800 Meter Relay A Division
CR: 8:05.20 C 1991 Dunearn Sec Sch

Team	Relay	Finals
Finals		
1 Raffles JC		8:25.49
1) 126 Rjc, A		
2 SA		8:39.64
1) 129 SA, A		
3 Victoria JC		8:40.27
1) 144 Vjc, A		
4 Anglo Chinese Sch (I)		8:40.59
1) 108 Acs(I), A		
5 Singapore Sports Sch		8:41.38
1) 130 Ssp, A		

6 Anglo Chinese JC	8:41.80
1) 107 Acjc, A	
7 Serangoon JC	9:17.71
1) 128 Srjc, A	
8 National JC	9:18.61
1) 121 Njc, A	
9 Anderson Sec Sch	9:18.64
1) 163 And, A	
10 Catholic JC	9:25.26
1) 113 Cjc, A	
11 Anderson JC	9:52.83
1) 104 Ajc, A	

Event 211 Girls 4x100 Meter Relay C Division
CR: 51.17 C 2007 Singapore Sports Sch

Team	Relay	Finals
Finals		
1 Singapore Sports Sch		51.66
1) 327 Ssp, C		
2 Nanyang Girls' Hg Sch		52.68
1) 316 Nyg, C		
3 Raffles Girls' Sch		53.41
1) 322 Rgs, C		
4 SNG		54.34
1) 310 Sng, C		
5 Cedar Girls' Sec Sch		54.39
1) 307 CG, C		
6 Dunman High Sch		56.84
1) 314 Dhs, C		
7 Siglap Sec Sch		57.57
1) 357 Sss, C		
8 Temesek Sec Sch		58.45
1) 330 Tms, C		
9 Ngee Ann Sec Sch		58.55
1) 318 Nas, C		
10 Plmgs		58.60
1) 320 Plmgs, C		
11 River Valley High Sch		58.92
1) 355 Rvh, C		
12 Crescent Girls' Sch		59.67
1) 313 Cgs, C		
13 Nus High Sch		59.94
1) 353 Nuss, C		
14 TK		60.04
1) 359 TK, C		
15 Chua Chu Kang Sec Sch		63.32
1) 343 Cck, C		
--- Chij Katong Convent		DQ
1) 342 KC, C		
--- Ahmad Ibrahim Sec Sch		DQ
1) 302 Ais, C		
--- HIJ		DQ
1) 312 Hij, C		



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Event 212 Boys 4x100 Meter Relay C Division
CR: 45.40 C 2008 Hwa Chong Inst (High Sch)

Team	Relay	Finals
Finals		
1 Victoria School		46.76
1) 146 VS, C		
2 Singapore Sports Sch		47.74
1) 132 Ssp, C		
3 St Patrick's Sch		48.41
1) 137 Sps, C		
4 Raffles Institution		48.91
1) 125 RI, C		
5 Ang Mo Kio Sec Sch		49.55
1) 106 Amk, C		
6 St Joseph Inst		49.63
1) 135 Sji, C		
7 Dunman High Sch		49.74
1) 116 Dhs, C		
8 Temesek Sec Sch		50.17
1) 141 Tms, C		
9 Ngee Ann Sec Sch		50.26
1) 123 Nas, C		
10 Anglo Chinese Sch (I)		50.51
1) 110 Acs(I), C		
11 TK		50.93
1) 139 TK, C		
12 River Valley High Sch		51.40
1) 180 Rvh, C		
13 Sengkang Sec Sch		51.41
1) 181 Sks, C		
14 Unity Sec Sch		51.50
1) 143 Uss, C		
15 Nus High Sch		52.41
1) 176 Nuss, C		
16 Siglap Sec Sch		52.70
1) 183 Sss, C		
17 Ahmad Ibrahim Sec Sch		53.59
1) 103 Ais, C		
18 Jurong Sec Sch		54.52
1) 171 Jss, C		
19 Queensway Sec Sch		56.31
1) 178 Qss, C		
--- Evergreen Sec Sch		DQ
1) 168 Evg, C		
--- Catholic High		DQ
1) 112 CH, C		
--- SAS		DQ
1) 186 Sas, C		

Event 213 Girls 4x100 Meter Relay B Division
CR: 49.85 C 2006 Singapore Sports Sch

Team	Relay	Finals
Finals		
1 Nanyang Girls' Hg Sch		51.11
1) 315 Nyg, B		
2 SNG		52.74
1) 309 Sng, B		
3 HIJ		53.41
1) 311 Hij, B		

4 Dunman High Sch		53.85
1) 345 Dhs, B		
5 Raffles Girls' Sch		54.21
1) 321 Rgs, B		
6 Cedar Girls' Sec Sch		54.74
1) 306 CG, B		
7 Ang Mo Kio Sec Sch		55.42
1) 341 Amk, B		
8 Crescent Girls' Sch		55.56
1) 344 Cgs, B		

Event 214 Boys 4x100 Meter Relay B Division
CR: 43.68 C 2008 Singapore Sports Sch

Team	Relay	Finals
Finals		
1 St Joseph Inst		44.01
1) 134 Sji, B		
2 Raffles Institution		44.92
1) 124 RI, B		
3 Anglo Chinese Sch (I)		45.57
1) 109 Acs(I), B		
4 Victoria School		45.67
1) 145 VS, B		
5 TK		45.74
1) 138 TK, B		
6 Temesek Sec Sch		45.91
1) 140 Tms, B		
7 Catholic High		46.11
1) 111 CH, B		
8 Ngee Ann Sec Sch		47.01
1) 122 Nas, B		

Event 215 Girls 4x100 Meter Relay A Division
CR: 49.30 C 2005 National JC

Team	Relay	Finals
Finals		
1 Raffles JC		49.60
1) 323 Rjc, A		
2 Singapore Sports Sch		49.87
1) 325 Ssp, A		
3 SA		53.56
1) 324 SA, A		
4 National JC		54.21
1) 317 Njc, A		
5 Anglo Chinese JC		54.34
1) 304 Acjc, A		
6 Anderson JC		55.41
1) 303 Ajc, A		
--- Innova JC		DQ
1) 350 Ijc, A		



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Event 216 Boys 4x100 Meter Relay A Division
CR: 42.98 C 2005 Raffles JC

Team	Relay	Finals
Finals		
1 Singapore Sports Sch		43.12
1) 130 Ssp, A		
2 Sengkang Sec Sch		43.53
1) 127 Sks, A		
3 Anglo Chinese JC		44.65
1) 107 Acjc, A		
4 Millenia Institute		45.57
1) 172 MI, A		
5 Innova JC		45.62
1) 169 Ijc, A		
6 National JC		46.64
1) 121 Njc, A		
7 Anderson JC		46.89
1) 104 Ajc, A		
--- SA		DQ
1) 129 SA, A		