

**SPH Schools Relay Championships 2009 - 3/28/2009 to 3/29/2009**  
**SAA Centre of Excellence, Gombak Stadium**  
**Results - Saturday, 28 March 2009**

**Event 101 Girls 4x200 Meter Relay B Division**

**CR: 1:45.23 C 2006 Singapore Sports Sch**

Team	Relay	Prelims
<b>Heat 1 Preliminaries</b>		
1 Singapore Sports Sch		1:54.85 q
1) 326 Ssp, B		
2 Plmgs		1:55.53 q
1) 319 Plmgs, B		
3 Chij Katong Convent		1:56.00 q
1) 308 KC, B		
4 Dunman High Sch		1:56.30 q
1) 345 Dhs, B		
5 Cedar Girls' Sec Sch		1:57.18 q
1) 306 CG, B		
6 Ang Mo Kio Sec Sch		1:58.34 q
1) 341 Amk, B		
7 GYS		2:03.62
1) 347 Gys, B		
<b>Heat 2 Preliminaries</b>		
1 SNG		1:52.70 q
1) 309 Sng, B		
2 HIJ		1:59.81 q
1) 311 Hij, B		
3 TK		2:07.19
1) 328 TK, B		
4 Ahmad Ibrahim Sec Sch		2:08.24
1) 301 Ais, B		
5 Raffles Girls' Sch		2:11.39
1) 321 Rgs, B		

**Event 102 Boys 4x200 Meter Relay B Division**

**CR: 1:30.00 C 1999 ACS(I)**

Team	Relay	Prelims
<b>Heat 1 Preliminaries</b>		
1 Temesek Sec Sch		1:38.33 q
1) 140 Tms, B		
2 CCS		1:39.56 q
1) 114 Ccs, B		
3 TK		1:39.90 q
1) 138 TK, B		
4 Ngee Ann Sec Sch		1:40.24 q
1) 122 Nas, B		
5 GYS		1:45.13
1) 117 Gys, B		
6 Raffles Institution		1:47.56
1) 124 RI, B		
7 ADSS		1:49.25
1) 101 Adss, B		
--- Victoria School		DQ
1) 145 VS, B		
<b>Heat 2 Preliminaries</b>		
1 St Joseph Inst		1:34.09 q
1) 134 Sji, B		
2 Anglo Chinese Sch (I)		1:36.07 q
1) 109 Acs(I), B		
3 Catholic High		1:37.43 q
1) 111 CH, B		
4 St Patrick's Sch		1:40.68 q
1) 136 Sps, B		

5 Singapore Sports Sch	1:41.14
1) 131 Ssp, B	
6 Ang Mo Kio Sec Sch	1:41.61
1) 164 Amk, B	
7 Ahmad Ibrahim Sec Sch	1:51.89
1) 102 Ais, B	

**Event 103 Boys 4x200 Meter Relay A Division**

**CR: 1:30.46 C 2002 Victoria JC**

Team	Relay	Prelims
<b>Heat 1 Preliminaries</b>		
1 Sengkang Sec Sch		1:32.35 q
1) 127 Sks, A		
2 National JC		1:35.39 q
1) 121 Njc, A		
3 Anglo Chinese Sch (I)		1:35.49 q
1) 108 Acs(I), A		
4 SA		1:36.02 q
1) 129 SA, A		
5 Innova JC		1:36.08 q
1) 169 Ijc, A		
6 Raffles JC		1:40.22 q
1) 126 Rjc, A		
7 Nus High Sch		1:42.73
1) 174 Nuss, A		
<b>Heat 2 Preliminaries</b>		
1 Singapore Sports Sch		1:32.76 q
1) 130 Ssp, A		
2 Anglo Chinese JC		1:35.92 q
1) 107 Acjc, A		
3 Anderson JC		1:46.13
1) 104 Ajc, A		
4 Catholic JC		1:46.89
1) 113 Cjc, A		
5 Serangoon JC		1:51.55
1) 128 Srjc, A		
--- Victoria JC		DQ
1) 144 Vjc, A		

**Event 104 Girls 4x400 Meter Relay C Division**

**CR: 4:16.25 C 2005 Singapore Sports Sch**

Team	Relay	Finals
<b>Finals</b>		
1 HIJ		4:21.91
1) 312 Hij, C		
2 Singapore Sports Sch		4:21.96
1) 327 Ssp, C		
3 SNG		4:27.05
1) 310 Sng, C		
4 Cedar Girls' Sec Sch		4:31.50
1) 307 CG, C		
5 Nanyang Girls' Hg Sch		4:35.41
1) 316 Nyg, C		
6 Dunman High Sch		4:37.41
1) 314 Dhs, C		
7 Crescent Girls' Sch		4:39.56
1) 313 Cgs, C		
8 Raffles Girls' Sch		4:45.09
1) 322 Rgs, C		

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9	Plmgs	4:55.46
	1) 320 Plmgs, C	
10	Nus High Sch	5:03.86
	1) 353 Nuss, C	
11	Temesek Sec Sch	5:06.84
	1) 330 Tms, C	
12	Ahmad Ibrahim Sec Sch	5:21.08
	1) 302 Ais, C	
13	Unity Sec Sch	5:37.98
	1) 361 Uss, C	

**Event 105 Boys 4x400 Meter Relay C Division**  
**CR: 3:43.65 C 2007 Singapore Sports Sch**

Team	Relay	Finals
<b>Finals</b>		
1	Victoria School	3:47.90
	1) 146 VS, C	
2	Ang Mo Kio Sec Sch	3:55.52
	1) 106 Amk, C	
3	HCIH	3:57.25
	1) 120 Hci, C	
4	Anglo Chinese Sch (I)	3:58.54
	1) 110 Acs(I), C	
5	Catholic High	4:01.09
	1) 112 CH, C	
6	Dunman High Sch	4:01.80
	1) 116 Dhs, C	
7	Raffles Institution	4:01.82
	1) 125 RI, C	
8	Ngee Ann Sec Sch	4:03.34
	1) 123 Nas, C	
9	Singapore Sports Sch	4:03.38
	1) 132 Ssp, C	
10	St Patrick's Sch	4:04.48
	1) 137 Sps, C	
11	TK	4:04.81
	1) 139 TK, C	
12	Temesek Sec Sch	4:06.51
	1) 141 Tms, C	
13	St Joseph Inst	4:13.44
	1) 135 Sji, C	
14	Unity Sec Sch	4:17.82
	1) 143 Uss, C	
15	Ahmad Ibrahim Sec Sch	4:32.41
	1) 103 Ais, C	
16	Nus High Sch	4:32.79
	1) 176 Nuss, C	
17	GYS	4:39.44
	1) 118 Gys, C	
18	CCS	4:53.74
	1) 115 Ccs, C	
19	Evergreen Sec Sch	5:01.86
	1) 168 Evg, C	

**Event 106 Girls 4x400 Meter Relay B Division**  
**CR: 4:09.04 C 2006 Singapore Sports Sch**

Team	Relay	Finals
<b>Finals</b>		
1	Nanyang Girls' Hg Sch	4:15.51
	1) 315 Nyg, B	
2	Cedar Girls' Sec Sch	4:18.65
	1) 306 CG, B	
3	Raffles Girls' Sch	4:24.71
	1) 321 Rgs, B	
4	SNG	4:27.45
	1) 309 Sng, B	
5	Chij Katong Convent	4:36.43
	1) 308 KC, B	
6	Temesek Sec Sch	4:39.96
	1) 329 Tms, B	
7	Plmgs	4:49.78
	1) 319 Plmgs, B	
8	Ahmad Ibrahim Sec Sch	4:53.16
	1) 301 Ais, B	
9	Nus High Sch	5:10.43
	1) 352 Nuss, B	
10	Unity Sec Sch	5:15.13
	1) 360 Uss, B	

**Event 107 Boys 4x400 Meter Relay B Division**  
**CR: 3:32.09 C 2006 Singapore Sports Sch**

Team	Relay	Finals
<b>Finals</b>		
1	Anglo Chinese Sch (I)	3:32.92
	1) 109 Acs(I), B	
2	St Joseph Inst	3:35.30
	1) 134 Sji, B	
3	HCIH	3:39.66
	1) 119 Hci, B	
4	Raffles Institution	3:41.94
	1) 124 RI, B	
5	Catholic High	3:44.07
	1) 111 CH, B	
6	Victoria School	3:46.36
	1) 145 VS, B	
7	Singapore Sports Sch	3:46.50
	1) 131 Ssp, B	
8	St Patrick's Sch	3:46.68
	1) 136 Sps, B	
9	TK	3:52.36
	1) 138 TK, B	
10	Temesek Sec Sch	3:54.14
	1) 140 Tms, B	
11	CCS	3:55.73
	1) 114 Ccs, B	
12	Evergreen Sec Sch	3:57.41
	1) 167 Evg, B	
13	Unity Sec Sch	3:57.66
	1) 142 Uss, B	
14	Jurong Sec Sch	4:01.05
	1) 170 Jss, B	
15	Chua Chu Kang Sec Sch	4:02.92
	1) 165 Cck, B	



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16	Ahmad Ibrahim Sec Sch 1) 102 Ais, B	4:06.20
17	GYS 1) 117 Gys, B	4:09.26
18	Nus High Sch 1) 175 Nuss, B	4:13.50
---	ADSS 1) 101 Adss, B	DQ

13	Serangoon JC 1) 128 Srjc, A	3:55.20
14	Sengkang Sec Sch 1) 127 Sks, A	4:03.17

**Event 108 Girls 4x400 Meter Relay A Division**  
**CR: 4:09.45 C 2007 Singapore Sports Sch**

Team	Relay	Finals
<b>Finals</b>		
1	Singapore Sports Sch 1) 325 Ssp, A	4:08.95 C
2	SA 1) 324 SA, A	4:17.24
3	National JC 1) 317 Njc, A	4:25.33
4	Raffles JC 1) 323 Rjc, A	4:29.61
5	Anglo Chinese JC 1) 304 Acjc, A	4:34.02
6	Victoria JC 1) 331 Vjc, A	4:36.76
7	Catholic JC 1) 305 Cjc, A	4:49.21
8	Anderson JC 1) 303 Ajc, A	4:49.60

**Event 109 Boys 4x400 Meter Relay A Division**  
**CR: 3:27.75 C 2006 Victoria JC**

Team	Relay	Finals
<b>Finals</b>		
1	Victoria JC 1) 144 Vjc, A	3:31.03
2	Anglo Chinese JC 1) 107 Acjc, A	3:31.77
3	Singapore Sports Sch 1) 130 Ssp, A	3:35.08
4	Anglo Chinese Sch (I) 1) 108 Acs(I), A	3:37.12
5	SA 1) 129 SA, A	3:37.57
6	Raffles JC 1) 126 Rjc, A	3:38.91
7	Anderson JC 1) 104 Ajc, A	3:40.99
8	Millenia Institute 1) 172 MI, A	3:42.83
9	Anderson Sec Sch 1) 163 And, A	3:48.83
10	St Andrew's JC 1) 133 Sajc, A	3:49.63
11	Catholic JC 1) 113 Cjc, A	3:54.05
12	National JC 1) 121 Njc, A	3:54.60

**Event 110 Girls 4x200 Meter Relay C Division**  
**CR: 1:48.25 C 2007 Singapore Sports Sch**

Team	Relay	Finals
<b>Finals</b>		
1	Singapore Sports Sch 1) 327 Ssp, C	1:52.65
2	Nanyang Girls' Hg Sch 1) 316 Nyg, C	1:54.11
3	HIJ 1) 312 Hij, C	1:56.19
4	SNG 1) 310 Sng, C	1:57.35
5	Cedar Girls' Sec Sch 1) 307 CG, C	1:58.52
6	Dunman High Sch 1) 314 Dhs, C	2:01.15
7	Raffles Girls' Sch 1) 322 Rgs, C	2:01.75
8	Plmgs 1) 320 Plmgs, C	2:05.01
9	Chij Katong Convent 1) 342 KC, C	2:06.64
10	Temesek Sec Sch 1) 330 Tms, C	2:09.76
11	GYS 1) 348 Gys, C	2:10.08
12	Ngee Ann Sec Sch 1) 318 Nas, C	2:12.17
13	Ahmad Ibrahim Sec Sch 1) 302 Ais, C	2:20.34

**Event 111 Boys 4x200 Meter Relay C Division**  
**CR: 1:35.93 C 2007 Singapore Sports Sch**

Team	Relay	Finals
<b>Finals</b>		
1	Victoria School 1) 146 VS, C	1:39.89
2	Singapore Sports Sch 1) 132 Ssp, C	1:43.94
3	Ang Mo Kio Sec Sch 1) 106 Amk, C	1:44.04
4	St Patrick's Sch 1) 137 Sps, C	1:44.25
5	Dunman High Sch 1) 116 Dhs, C	1:44.79
6	Ngee Ann Sec Sch 1) 123 Nas, C	1:45.22
7	St Joseph Inst 1) 135 Sji, C	1:46.59
8	Sengkang Sec Sch 1) 181 Sks, C	1:47.47
9	Anglo Chinese Sch (I) 1) 110 Acs(I), C	1:47.48



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10	TK	1:50.15
	1) 139 TK, C	
11	ADSS	1:51.01
	1) 161 Adss, C	
12	Raffles Institution	1:51.83
	1) 125 RI, C	
13	Temesek Sec Sch	1:53.20
	1) 141 Tms, C	
14	CCS	1:53.40
	1) 115 Ccs, C	
15	GYS	2:04.96
	1) 118 Gys, C	
16	Ahmad Ibrahim Sec Sch	2:20.92
	1) 103 Ais, C	
---	Catholic High	DQ
	1) 112 CH, C	

**Event 114 Girls 4x200 Meter Relay A Division**  
**CR: 1:45.76 C 2008 Hwa Chong Inst (College)**

Team	Relay	Finals
<b>Finals</b>		
1	Singapore Sports Sch	1:47.07
	1) 325 Ssp, A	
2	HCIC	1:49.89
	1) 349 Hci, A	
3	Victoria JC	1:51.17
	1) 331 Vjc, A	
4	SA	1:54.87
	1) 324 SA, A	
5	Raffles JC	1:56.59
	1) 323 Rjc, A	
6	Anglo Chinese JC	1:56.62
	1) 304 Acjc, A	
7	Anderson JC	2:00.74
	1) 303 Ajc, A	
8	National JC	2:01.10
	1) 317 Njc, A	

**Event 112 Girls 4x200 Meter Relay B Division**  
**CR: 1:45.23 C 2006 Singapore Sports Sch**

Team	Relay	Finals
<b>Finals</b>		
1	SNG	1:53.31
	1) 309 Sng, B	
2	Cedar Girls' Sec Sch	1:54.49
	1) 306 CG, B	
3	Singapore Sports Sch	1:55.24
	1) 326 Ssp, B	
4	Dunman High Sch	1:56.68
	1) 345 Dhs, B	
5	Chij Katong Convent	1:57.59
	1) 308 KC, B	
6	Plmgs	1:57.83
	1) 319 Plmgs, B	
7	Ang Mo Kio Sec Sch	1:58.40
	1) 341 Amk, B	
8	HJ	1:59.15
	1) 311 Hij, B	

**Event 115 Boys 4x200 Meter Relay A Division**  
**CR: 1:30.46 C 2002 Victoria JC**

Team	Relay	Finals
<b>Finals</b>		
1	Sengkang Sec Sch	1:31.47
	1) 127 Sks, A	
2	Singapore Sports Sch	1:31.48
	1) 130 Ssp, A	
3	Anglo Chinese JC	1:33.09
	1) 107 Acjc, A	
4	Anglo Chinese Sch (I)	1:35.20
	1) 108 Acs(I), A	
5	National JC	1:35.62
	1) 121 Njc, A	
6	SA	1:36.46
	1) 129 SA, A	
7	Raffles JC	1:40.66
	1) 126 Rjc, A	
---	Innova JC	DQ
	1) 169 Ijc, A	

**Event 113 Boys 4x200 Meter Relay B Division**  
**CR: 1:30.00 C 1999 ACS(I)**

Team	Relay	Finals
<b>Finals</b>		
1	St Joseph Inst	1:34.04
	1) 134 Sji, B	
2	Anglo Chinese Sch (I)	1:35.69
	1) 109 Acs(I), B	
3	Catholic High	1:37.87
	1) 111 CH, B	
4	TK	1:37.98
	1) 138 TK, B	
5	CCS	1:38.65
	1) 114 Ccs, B	
6	Temesek Sec Sch	1:39.09
	1) 140 Tms, B	
7	Ngee Ann Sec Sch	1:39.32
	1) 122 Nas, B	
8	St Patrick's Sch	1:40.03
	1) 136 Sps, B	