

January 2010 (last updated as at 28 Dec 2009)						
January		Before 9.00am	9.00am to 12.00nn	12.00nn to 2.00pm	2.00pm to 7.30pm	7.30pm to 8.30pm
Week 1						
1	F	Open to Public	Open to Public	Open to Public	Open to Public	Open to Public
2	S	Open to Public before 8am*	SAA National Athletes Training	Open to Public	SAA Trng & SAA KA - Parents Workshop	Open to Public from 530pm*
3	S	Open to Public	Open to Public	Open to Public	Open to Public	Open to Public
4	M	Open to Public	Open to Public	Open to Public	Open to Public	Open to Public
5	T	Open to Public	Open to Public	Open to Public	Open to Public	Open to Public
6	W	Open to Public	Open to Public	Open to Public	SAA National Athletes Training	Open to Public from 630pm*
7	T	Open to Public	Open to Public	Open to Public	Open to Public	Open to Public
8	F	Open to Public	SAA KA - Teachers Workshop	Open to Public	Open to Public	Open to Public
9	S	Open to Public before 8am*	SAA National Athletes Training	Open to Public	SAA National & Kids Athletes Training	Open to Public from 530pm*
10	S	Open to Public	Open to Public	Open to Public	Open to Public	Open to Public
11	M	Open to Public	Open to Public	Open to Public	Open to Public	Open to Public
12	T	Open to Public	Open to Public	Open to Public	Open to Public	Open to Public
13	W	Open to Public	Open to Public	Open to Public	SAA National Athletes Training	Open to Public from 630pm*
14	T	Open to Public	Open to Public	Open to Public	Open to Public	Open to Public
15	F	Open to Public	Open to Public	Open to Public	Open to Public	Open to Public
16	S	Open to Public before 8am*	SAA 1st Allcomers Meet - Day 1			Open to Public from 7.00pm*
17	S	Open to Public before 8am*	SAA 1st Allcomers Meet - Day 2			Open to Public from 7.00pm*
18	M	Open to Public	Open to Public	Open to Public	Open to Public	Open to Public
19	T	Open to Public	Open to Public	Open to Public	Open to Public	Open to Public
20	W	Open to Public	Open to Public	Open to Public	SAA National Athletes Training	Open to Public from 630pm*
21	T	Open to Public	Open to Public	Open to Public	Open to Public	Open to Public
22	F	Open to Public	Open to Public	Open to Public	Open to Public	Open to Public
23	S	Open to Public before 8am*	SAA National Athletes Training	Open to Public	SAA National & Kids Athletes Training	Open to Public from 530pm*
24	S	Open to Public	Open to Public	Open to Public	Open to Public	Open to Public
25	M	Open to Public	Open to Public	Open to Public	Open to Public	Open to Public
26	T	Open to Public	Open to Public	Open to Public	Open to Public	Open to Public
27	W	Open to Public	Open to Public	Open to Public	SAA National Athletes Training	Open to Public from 630pm*
28	T	Open to Public	Open to Public	Open to Public	Open to Public	Open to Public
29	F	Open to Public	Open to Public	Open to Public	Open to Public	Open to Public
30	S	Open to Public before 8am*	POL/ITE Meet - Day 1			Open to Public from 530pm*
31	S	Open to Public	POL/ITE Meet - Day 2			Open to Public

KA - Kids Athletics

REMARKS:

1) On Every Saturday morning, the Gombak Stadium is ONLY OPEN to Public before 8am and from 5.30pm in the evening.

Others:

1) For those days highlighted in Green, the Stadium would be closed, for the exclusive usage of the event.

** Please note that the Timing (Open to Public) is subjected to change.