

June (last updated as at 28 May 2009)								
June			Before 9.00am	9.00am to 12.00nn	12.00nn to 2.00pm	2.00pm to 7.30pm	7.30pm to 8.30pm	
Week 1	1	M	Open to Public	SAA National Athletes Training	Open to Public	SAA National Athletes Training	Open to Public from 630pm*	
	2	T	Open to Public	SAA National Athletes Training	Open to Public	SAA National Athletes Training	Open to Public	
	3	W	Open to Public	SAA National Athletes Training	Open to Public	SAA National Athletes Training	Open to Public	
	4	T	Open to Public	SAA National Athletes Training	Open to Public	SAA National Athletes Training	Open to Public	
	5	F	Open to Public	SAA National Athletes Training	Open to Public	SAA National Athletes Training	Open to Public from 630pm*	
	6	S	Open to Public before 8am*	SAA/SWIFT 56th Track & Field Championship (Primary) Day -1				Open to Public
	7	S	Open to Public before 8am*	SAA/SWIFT 56th Track & Field Championship (Primary) Day -2				Open to Public
Week 2	8	M	Open to Public	SAA National Athletes Training	Open to Public	SAA National Athletes Training	Open to Public from 630pm*	
	9	T	Open to Public	SAA National Athletes Training	Open to Public	SAA National Athletes Training	Open to Public	
	10	W	Open to Public	SAA Middle & Long Dist Seminar	Open to Public	SAA Middle & Long Dist Seminar	Open to Public	
	11	T	Open to Public before 8am*	SAA/German Sports Meet	Open to Public	SAA National Athletes Training	Open to Public	
	12	F	Open to Public	SAA National Athletes Training	Open to Public	SAA National Athletes Training	Open to Public from 630pm*	
	13	S	Open to Public before 8am*	SAA/SWIFT 56th Track & Field Championship (Secondary) Day -1 (tentitive)				Open to Public
	14	S	Open to Public before 8am*	SAA/SWIFT 56th Track & Field Championship (Secondary) Day -2 (tentitive)				Open to Public
Week 3	15	M	Open to Public	SAA National Athletes Training	Open to Public	SAA National Athletes Training	Open to Public from 630pm*	
	16	T	Open to Public	SAA National Athletes Training	Open to Public	SAA National Athletes Training	Open to Public	
	17	W	Open to Public	SAA National Athletes Training	Open to Public	SAA National Athletes Training	Open to Public	
	18	T	Open to Public	SAA National Athletes Training	Open to Public	SAA National Athletes Training	Open to Public	
	19	F	Open to Public	SAA National Athletes Training	Open to Public	SAA National Athletes Training	Open to Public from 630pm*	
	20	S	Open to Public before 8am*	SAA National Athletes Training	5th SAA Allcomers Meet 2009 - Day 1		Open to Public	
	21	S	Open to Public	Open to Public	5th SAA Allcomers Meet 2009 - Day 2		Open to Public	
Week 4	22	M	Open to Public	SAA National Athletes Training	Open to Public	SAA National Athletes Training	Open to Public from 630pm*	
	23	T	Open to Public	SAA National Athletes Training	Open to Public	SAA National Athletes Training	Open to Public	
	24	W	Open to Public	SAA National Athletes Training	Open to Public	SAA National Athletes Training	Open to Public	
	25	T	Open to Public	SAA National Athletes Training	Open to Public	SAA National Athletes Training	Open to Public	
	26	F	Open to Public	SAA National Athletes Training	Open to Public	SAA National Athletes Training	Open to Public from 630pm*	
	27	S	Open to Public before 8am*	SAA Pole Vault Mini Meet	Open to Public	SAA National & Kids Athletes Training	Open to Public from 530pm*	
	28	S	Open to Public	Open to Public	Open to Public	Open to Public	Open to Public	
	29	M	Open to Public	SAA National Athletes Training	Open to Public	SAA National Athletes Training	Open to Public from 630pm*	
	30	T	Open to Public	SAA National Athletes Training	Open to Public	SAA National Athletes Training	Open to Public	

**Others:**

1) For those days highlighted in Green, the Stadium would be closed, for the exclusive usage of the event.

\*\* Please note that the Timing (Open to Public) is subjected to change.