

APPENDIX C - Competition Schedule (updated as at 13 May `08)

**SAA 2nd Allcomers Meet FY`08 (rescheduled events)
Saturday, 17 May 2008
SAA Centre of Excellence, Gombak Stadium**

Event No	Event (FIELD)	Time	Competition Format	Remarks
WOMEN LONG JUMP				
101-A	Women Long Jump (< 4.50) - Flight 1	1.30pm	3 trials only	measure if beyond 4.50m; otherwise record lower mark of performance zone
101-B	Women Long Jump (< 4.50) - Flight 2	2.45pm	3 trials only	measure if beyond 4.50m; otherwise record lower mark of performance zone
MEN JAVELIN				
102-A	Men Javelin 600g (> 35.00)	1.30pm	3 + 3 trials	measure if beyond 35.00m
102-B	Men Javelin 600g (<= 35.00)		3 trials only	measure if beyond 35.00m; otherwise record lower mark of performance zone
103-A	Men Javelin 700g (> 35.00)	2.30pm	3 + 3 trials	measure if beyond 35.00m
103-B	Men Javelin 700g (<= 35.00)	3.45pm	3 trials only	measure if beyond 35.00m; otherwise record lower mark of performance zone
104-A	Men Javelin 800g (> 35.00)	4.15pm	3 + 3 trials	measure if beyond 35.00m
104-B	Men Javelin 800g (<= 35.00)	5.30pm	3 trials only	measure if beyond 35.00m; otherwise record lower mark of performance zone
MEN HIGH JUMP				
105-A	Men High Jump (SH 1.60m)	2.00pm	elimination after 2 consecutive failures; elimination after 3 consecutive failures for 3 athletes & less	progression: 160+5cm; 180+3cm; 189+2cm...
105-B	Men High Jump (SH 1.40m)	3.30pm		progression: 140+5cm; 155+3cm; 164+2cm...