



1st MALAYSIAN OPEN GRAND PRIX 2019, KUALA LUMPUR

COMPETITION RULES

This championship is held under the Rules of IAAF and Malaysian Athletic Federation Rules.

1. **PARTICIPATION**

*This championship is opened to top athletes from MAF and invited countries .
The championship will be conducted under the **Open** category*

2. **DATE AND TIME**

Day One : 30th March 2019 (Saturday)

9.00 am to 11.50 am

2.45 pm to 6.00 pm

Day Two: 31st March 2018 (Sunday)

8.45 am to 11.50 am

2.45 pm to 6.00 pm

3. **VENUE**

MSN Stadium, Bukit Jalil , Kuala Lumpur

4. **CHAMPIONSHIP EVENTS**

| | Men | Women |
|--------------|--|--|
| <i>Track</i> | <i>100 meter 200 meter 400 meter 800 meter 1,500 meter 5,000 meter 110meter Hurdles 400 metre Hurdles 3,000 meter Steeplechase</i> | <i>100 meter 200 meter 400 meter 800 meter 1,500 meter 5,000 meter 100 meter Hurdles 400 meter Hurdles</i> |
| <i>Field</i> | <i>High Jump Long Jump Triple Jump Pole Vault Shot Putt Discus Throw Hammer Throw</i> | <i>High Jump Long Jump Triple Jump Pole Vault Discus Throw Hammer Throw</i> |

5. ENTRIES

- 5.1 *Athletes are allowed only to participate in 3 individual events .*
- 5.2 *For Sprint event (100m ,200m,400m) and hurdles (100m H , 200m H ,400m H) invited countries can only submit 2 athletes per event.*
- 5.3 *Entry fee - : **USD10.00** per individual event*

6. APPLICATION FOR ENTRIES

- 6.1 *All entries must be made in duplicate official entry forms.*
- 6.2 *Full name in **CAPITAL LETTERS** must be **clearly typed** on the entry forms and emailed to johnayavu@gmail.com . Incomplete forms will be rejected.*
- 6.4 *Late entries will not be entertained.*
- 6.5 *All entries must be addressed to :*

Competition Chairman
N0 1939, Jalan TKP 10,
Taman Kelemak Perdana
78000 Alor Gajah , Melaka, Malaysia.
H/P : +601-648 7046
Email: johnayavu@gmail.com.

- 6.6 *A copy of the entries and all details of your arrival must be forwarded to The General Manager, Malaysia Athletic Federation at maf33mas@yahoo.com.*

7. CLOSING DATE

Entries by number : 20 February 2019

Final entries : 10 March 2019

8. CONFIRMATION OF ENTRIES/ TEAM MANAGERS' MEETING

*All confirmation of entries will be made during the **Team Managers' Meeting** at **3.00 pm** on **29 March 2019** at **MSN Stadium, Bukit Jalil, Kuala Lumpur.***

New entries after closing date will not be accepted.

9. SUBSTITUTION

- 9.1 *A competitor who has withdrawn can be substituted by another registered athlete in all the events in which the withdrawn athlete has been entered.*
- 9.2 *A withdrawn competitor cannot participate in any event in the Championship.*
- 9.3 *Substitution is based on events and not competitors.*
- 9.4 **No fresh entries** *will be allowed at the Managers' Meeting.*

10. SYSTEM OF COMPETITION

- 10.1 *All track events for 100m to 400m, 100m Hurdles/110m Hurdles and 400m Hurdles will be contested at Semi Final and final stages.*
 - 10.1.1 **Three (3) Semi Finals**
The best 2 athletes from each heat and the best 2 fastest time clocked will compete in the finals.
 - 10.1.2 **Two (2) Semi Finals**
The best 3 athletes from each heat and the best 2 fastest time clocked will compete in the finals.
 - 10.1.3 **More than (3) Semi Finals**
All the athletes will be ranked accordingly to the time achieved and the best 8 fastest time clocked will compete in the finals.
- 10.2 *For events 800m and above, will be contested at the final stage*

11. REPORTING TIMES

- 11.1 *Track Events : All competitors must report to the Chief Call Room Judge 30 minutes before the start of their respective events.*
- 11.2 *Field Events : All competitors must report to the Chief Call Room Judge 45 minutes before the start of their respective events.*
- 11.3 *All competitors will be informed of time changes if any in the schedule.*
- 11.4 *A notice board with the reporting times and the schedule time for the events will be placed at the Call Room for the convenience of the competitors and representatives.*

12. WITHDRAWAL

- 12.1 *A competitor who participates in the preliminary round and qualifies to the subsequent round will not be allowed to withdraw from the event.*

12.2 *Withdrawal can only be made on medical grounds and on the advice of the Meet Doctor or with the consent of the Referee. Otherwise the failure of the competitor to participate may disqualify him / her from the rest of the championship.*

13. RAISE OF THE BAR

13.1 *High Jump (Men) - The height of the bar will be set at 1.60 meters for practice. For the competition the bar will be set at 1.70 meters and there on it will be raised not less than 2cm.*

13.2 *High Jump (Women) - The height of the bar will be set at 1.35 meters for practice. For the competition the bar will be set at 1.40 meters and there on it will be raised not less than 2cm.*

13.3 *Pole Vault (Men) - The height of the bar will be set at 3.55 meters for practice. For the competition the bar will be set at 3.60 meters and there on it will be raised not less than 5cm.*

13.4 *Pole Vault (Women) - The height of the bar will be set at 2.95 meters for practice. For the competition the bar will be set at 3.00 meters and there on it will be raised not less than 5cm.*

14. TRIPLE JUMP

The take off distance for the triple jump is as follows :

- a. Men : 13meter
- b. Women : 11meter

15. PRIZES AND VICTORY CEREMONY

15.1 *Prizes for the three places of individual and team events will be awarded as follows :*

First Place : Gold Medal

Second Place : Silver Medal

Third Place : Bronze Medal

15.2 *Prize Ceremony - will be held at specified times made known to all teams. The athletes taking part in the Prize Ceremony are to wear appropriate attire and shoes.*

15.3 *Teams are not allowed to send representative to receive the medal .*

16. **PROTEST**

Protest shall be made orally to the Referee by an athlete, by someone acting on his behalf or by an official representative of a team as soon as the event is over. If not satisfied with the decision, the party concern can appeal concerning the result or conduct of an event in writing, signed by the athlete, by someone acting on his behalf or by an official representative of a team and shall be accompanied by a deposit of USD 100 (amount equivalent to Malaysian currency) which will be forfeited if the appeal is not allowed. The decision of the Jury in any appeal is final.

17. **ACCIDENTS INJURIES**

*While every care will be exercised and all precautions taken to prevent accidents, the Organizing Committee **does not** take responsibility for accidents or injuries during the championship.*

18. **DOPING TEST**

Doping will be conducted at random by the Doping Committee.

19. **COMPETITION EQUIPMENT**

*The organizing Committee will provide all competition equipment **nevertheless own equipment upon inspection on technical meeting can be allowed.***

20. **ELECTRONIC TIMING**

All timing will be recorded electronically.

21. **LANE DRAW**

21.1 *For all semi finals, the organizing committee will determine the lanes.*

21.2 *For the consequent rounds draws will be made as follows:*

- a. *First draw - 4 athletes/teams who has the highest ranking for lanes 3, 4,5 and 6.*
- b. *Second draw – athletes / teams with the lowest ranking for lanes 7 and 8*
- b. *Third draw – athletes / teams with the next lowest ranking for lanes 1 and 2*

22. **SUBJECTS NOT COVERED IN THESE RULES**

22.1 *The Organizing Committee's decision on all matters not covered by these Competition Rules and MAF Rules shall be final and binding.*