

JANUARY		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Tue	1				
Thu	3		PSA Track & Field Championships 2019 3, 4, 7 & 9 Jan (Home Team Academy)		
Fri	4				
Sat	5	SA Schools Meet Episode 1 5 & 6 Jan (HOA, 8am)			SA T & F Officiating Course (5, 6, 11 and 18 Jan)
Sun	6				
Mon	7				
Wed	9				
Fri	11				
Sat	12	7th SA Age Racewalk 2019 (HOA, 8am)	IVP Track & Field 2019 12, 16 & 19 Jan (HOA, 2pm), AKIRA / SWIFT Tan Soo Liat Memorail Road Relay Age Group Championships 2019 (Reservoir Vista, Bedok Reservoir Park, 2pm)		
Sun	13	SA Schools Meet Episode 2 Day 1, 13 Jan (HOA, 8am)			
Wed	16				
Sat	19	SA Series 1 Day 1, AM only) HOA (Open Cat, selected event)			
Sun	20	SA Schools Meet Episode 2 Day 2, 20 Jan (HOA, 8am)			
Fri	25				
Sat	26	SA U13 T & F Championships 2019 26 Jan (HOA, 8.30am)			
Sun	27	SA Series 1 Day 2, 27 Jan (HOA, 8.30am)			

New Year's Day - 1 Jan

School Term 1: 2 January to 15 March

FEBRUARY		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Sat	2	SA Series 1 Day 3, 2 Feb HOA, 8am)	AKIRA / SWIFT Goh Teck Phuan Memorial Age Group Cross Country Championships 2019 2 Feb (Reservoir Vista Bedok Reservoir Park, 2pm)		
Sun	3				Race Walk Course (3 Feb) 9am - 1pm
Tue	5				
Wed	6				
Sun	10	20km Selection Trial for Japan's Normi RaceWalking Championship 2019 (TBC)			
Sat	16	SA Series 2 16 & 17 Feb (HOA, 8am)			
Sun	17				
Sat	23	SA Schools Meet Episode 3 23 Feb AM session only Field Event 24 Feb AM session with selected Events (HOA) Due to SPH Schools Relay in the PM	Wings Annual Cross Country Championship 2019 23 Feb (Bedok Reservoir Park),		
Sun	24		SAA X SSP Primary School Invitational Meet 23 Feb @SSP SPH Schools Relay 23 & 24 Feb (HOA, 2pm)		
Mon	25		SAFSA Track & Field Meet (Paya Lebar Airbase)		
Tue	26				

Chinese New Year - 5 and 6 Feb



SINGAPORE ATHLETIC ASSOCIATION Calendar of Events 2019

Updated 14 Dec 2018

MARCH		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar	
Sat	2			South East Asia Youth Athletics Championships 2 & 3 Mar (Ilagan City, Philippines),		
Sun	3		Singapore Masters Athletics X Country/Run/Walk/Relay 3 March (MacRitchie Reservoir, 8am)			
Mon	4		60th National Inter Schools Track & Field Championships 2019 (8, 11 - 15, 25 - 26 March) Chao Chu Kang Stadium) (Final Day on 29 March @ SHPL)	3rd Asian Youth Athletics Championship 2019 15 - 17 Mar (Hong Kong), Asian 20KM Walking Championship 2019 17 Mar (Nomi, Japan)		
Sat	9					
Sun	10					
Fri	15					
Sat	16					
Sun	17					
Fri	22					
Sat	23	68th SA Cross Country Championship 2019 (Bedok Reservoir, 23 March 7.30am)				
Thu	28	81st Singapore Open Track & Field Championships 2019 & National Schools Final 28 & 29 Mar (Sportshub & HOA, 8am)				
Fri	29					

School Vacation: 18 March to 22 March
School Term 2: 25 March to 31 May

APRIL		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Sun	7	1st SA League Walk (TBC)			
Mon	8				
Wed	10		60th National Inter Schools Cross Country Championships 2019 @TBC		
Fri	19				
Sat	20	SA Track & Field Series 3 Inc. U16, U18, U20 20 & 21 April (HOA, 8am)		23rd Asian Athletics Championship 2019 21-24 Apr (Doha, Qatar)	
Sun	21	2nd SA League Walk 21 April (TBC)			
Mon	22				
Tue	23				
Wed	24				

Good Friday - 19 April

MAY		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Wed	1			China & Japan Circuit May - Jul (TBC)	
Fri	3	40th Singapore Open Masters Track & Field Championships 2019 3 May (Toa Payoh Stadium, 8am)			
Sat	4		Singapore Masters Athletics 1st South East Asia Track & Field Meet 4 May (Toa Payoh Stadium)	Thailand Open (TBC) Philippines Open (TBC)	
Sun	5		Singapore Masters Athletics 1st International All Comers Meet 5 May (Toa Payoh Stadium)		
Sun	12	3rd SA League Walk (TBC)		China & Japan Circuit May - Jul	
Sun	19				
Sat	25			Taiwan Open (TBC)	
Sun	26				

Labour Day - 1 May

Vesak Day - 19 May

School Vacation: 1 June to 30 June



SINGAPORE ATHLETIC ASSOCIATION

Calendar of Events 2019

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JUNE		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Wed	5				
Fri	7	Kids Athletics 7 Jun, 3pm 8 Jun, 8am (TBC)			
Sat	8				
Sun	9				
Sat	15				
Sun	16		Singapore Masters Athletics Asia Masters Athletics Road Run & Relay 16 June (Civic District)	Korean Open (TBC)	
Sat	22	51st SA Inter Club Championships (HOA, 2pm)		HK Inter Velocity T & F C'ships 2019 (TBC) Malaysia Open (TBC)	
Sun	23				
Sat	29	SA Track & Field Series 4 29 & 30 Jun (HOA, 8am)		China & Japan Circuit May - Jul (TBC)	
Sun	30				

Hari Raya Puasa - 5 Jun

School Term 3: 1 July to 6 September

JULY		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Wed	3			LAWA Meet SSSC - LAWA - MSSM 3 & 4 Jul (Pahang)	
Thu	4				
Fri	5			Indonesia Open (TBC)	
Sat	6				
Sat	13	SA Multi Event Team Championships 13 & 14 Jul (HOA), SA Road Relay Walk Championships 14 July (Bishan Park)			
Sun	14				
Sat	20		Singapore Youth Olympic Festival Athletics 20 Jul (TBC)	Vietnam Open (TBC)	
Sun	21		Singapore Masters Athletics 2nd International All Comers Meet 21 July (Toa Payoh Stadium/ Kallang Practice Track)		
Sat	27		Get Active! Singapore 2019 (TBC), AKIRA / SWIFT 66th Annual Track and Field Championships 2019 (TBC)	China & Japan Circuit May - Jul (TBC)	
Sun	28				

AUGUST		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Sat	3		Get Active! Singapore 2019/ Flash Relay & Flash International Invitation (TBC)		
Sun	4				
Fri	9				
Sun	11				
Sat	17		6th Club Zoom Kindred Spirit (Bishan Stadium)		

National Day - 9 August

Hari Raya Haji - 11 August



SINGAPORE ATHLETIC ASSOCIATION Calendar of Events 2019

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SEPTEMBER		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Sun	22		Singapore Masters Athletics 3rd International All Comers Meet 21 July (Toa Payoh Stadium/ Kallang Practice Track)		

School Vacation: 7 September to 15 September
School Term 4: 16 September to 15 November

OCTOBER		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Sun	20		Singapore Masters Athletics X Country / Walk / Relay (Bedok Reservoir, 8am)		
Sun	27				

Deepavali - 27 Oct

NOVEMBER		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Sat	2	SA Track & Field Series 5 2 & 3 Nov (HOA, 8am)			
Sun	3				
Thu	7	Kids Athletics 7 & 8 Nov (HOA)			
Fri	8				
Sat	9		1st Club Zoom Mile Challenge (TBC)		
Sat	16		POL-ITE Track and Field (TBC)		
Wed	20				
Sat	23				
Sat	30			SEA GAMES 2019 30 Nov - 10 Dec (TBC)	

School Vacation: 16 November to 31 December

DECEMBER		SA Events	Club/ Others Events	Overseas Competitions	Courses/ Seminar
Sun	1		Standard Chartered Singapore Marathon 2019	SEA GAMES 2019 30 Nov - 10 Dec (TBC)	
Tues	10				
Wed	25				

Christmas Day - 25 December