

SAAA PROGRESSIVE MEET 2005 - 3/13/2005**Gombak Stadium****Results - Day1****Event 105 Men Pole Vault (Open)**

Name	Team	Finals
Flight 1		
1 Soloman, Tan	Wings Athletic Club	3.90m
1 Edwin Chong, Min Xun	Flash Athletic Club	3.90m
3 Willie, Keng	Flash Athletic Club	3.50m
4 Daniel, Tan	Flash Athletic Club	3.50m
--- Ang, Jun Cheng	Flash Athletic Club	NH

Event 107 Boys Discus Throw

Name	Team	Finals
Flight 1		
1 Zhou, Chen	Anglo Chinese (I)	41.44m
2 Heng Jian, Xiong Roy	Anglo Chinese (I)	38.22m
3 Scott Wong, Wei Gen	Hwa Chong Institution	38.17m
4 Zhang, Hao Tian	Hwa Chong Institution	37.18m
5 Yeung, Lok Fung	Hwa Chong Institution	36.48m
6 Huang, Wei Jie	Wings Athletic Club	36.43m
7 Wong, Eugene	Hwa Chong Institution	36.00m
8 Wong, De Pin	Hwa Chong Institution	35.93m
9 -, Solikin	Catholic JC	31.10m
10 Chen, Xiao	Catholic Hg Sch	30.92m
11 Lai Tze Ren, Jonathan	Anglo Chinese (I)	28.60m
12 Hossain, Md. Nazakat	St. Joseph Inst	28.18m
13 Heng, Jonathan	Catholic Hg Sch	27.41m
14 Tan, Chien Neng	St. Joseph Inst	27.00m
15 Neo, Tien Soon	Xinmin Sec Sch	26.07m
16 Lau, Han Yang	Catholic Hg Sch	25.66m
--- -, Radhall	St. Joseph Inst	ND
--- Anthony, Jouw Waludin	River Valley Hg	ND
--- Zhao, Dexin	River Valley Hg	ND
--- Alex Zhong, Mevgre	River Valley Hg	ND
--- Jeremy Goh, Ser Loong	Hwa Chong Institution	ND
--- Lee, Aron	Catholic Hg Sch	ND
--- Ong, Kynaston	Xinmin Sec Sch	ND

Event 108 Men Discus Throw (Open)

Name	Team	Finals
Flight 1		
1 Koh, Hor Yee	Wings Athletic Club	38.35m
2 Ron, Koh	Wings Athletic Club	33.35m
3 Lee Kee Siong, Jason	Anderson JC	30.62m
4 Goh, Wei Cong	Wings Athletic Club	29.38m
5 Sim Lai An, Ryan	Anderson JC	28.15m
6 Poh, Seng Teck	Wings Athletic Club	26.09m
--- Lee, Dehai	Anderson JC	ND
--- Goh Houleng, Aaron	Singapore Poly	ND
--- Tauhid Bin, Abdul Jalil	Anderson JC	ND

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Event 113 Men High Jump (Open)

Name	Team	Finals
Flight 1		
1 Jonathan, Tan	Wings Athletic Club	1.75m
2 Joe, Wieky	Macpherson Sec Sch	1.70m
--- Loh, Boon Keat	Singapore Poly	NH

Event 115 Women Discus Throw (Open)

Name	Team	Finals
Flight 1		
1 Wan, Lay Chi	Wings Athletic Club	37.58m
2 Vincent, Priscilla	Catholic JC	28.19m
3 Valencia, Tjitra	Anderson JC	20.71m
4 Melissa, Soh	Anderson JC	19.04m
5 Ng, Hwei Yun	Anderson JC	17.84m

SAAA PROGRESSIVE MEET 2005 - 3/13/2005**Gombak Stadium****Results - Day1****Event 104 Men 60 Meter Hurdles (Open)**

Name	Team	Finals
Section 1		
1 Wang, Xikun	Unattached	9.53
1 Eugene, Lim Wei Hao	Sri Tebrau Johor Bahru	9.53
3 Jeya, silan	Singapore Poly	11.34

Event 109 Women 60 Meter Run (Open)

Name	Team	Finals
Section 1		
1 Ann, Siao Mei	Unattached	8.00
2 Amanda, Choo	Unattached	8.13
3 Raihan, Mohd	Unattached	8.14
4 Asman, Hanim	Wings Athletic Club	8.20
5 Cherilyn, Chan	Nanyang Poly	8.73
6 -, Sha	Swift AA	8.93
7 -, Linette	Swift AA	9.38

Event 110 Men 60 Meter Run (Open)

Name	Team	Finals
Section 1		
1 Lin, Jingze	Wings Athletic Club	6.98
2 Mohd Zaid, Bin Hasn	Prison Sports Club	7.01
3 Shyam, U.K	Unattached	7.02
4 Md Shameer, Md Ayub	Swift AA	7.04
5 Abdul, Hakeem	Wings Athletic Club	7.08
6 K., Shafiq	Wings Athletic Club	7.11
7 Florian, Koepfer	Salmander Vornwestheim	9.06
Section 2		
1 Alfred, Sim	Wings Athletic Club	6.96
2 Teng, Alex	Wings Athletic Club	7.13
3 Lawrence, Wee	Nus Sports and Recreation	7.20
4 Kenneth, Khoo	Wings Athletic Club	7.21
5 Aaron Augustine, Huang	Unattached	7.24
6 Rawi, Erzalmaniq	Unattached	7.28
7 Mohd, Yasin	Swift AA	7.30
8 Teu, Koon Kiat	Wings Athletic Club	7.45
Section 3		
1 Gary, Yeo	Wings Athletic Club	7.17
2 Tan, Ze Kai	Nanyang Poly	7.32
3 Mohd, Ali	Swift AA	7.41
4 Mohd, Firdaus	Swift AA	7.43
5 Ang, Huat Loong	Singapore Poly	7.56
6 Terence, Lau	Nanyang Poly	7.58
7 Ang Sikai, Eugene	Unattached	7.84
Section 4		
1 Gabriel, Chan	Wings Athletic Club	7.31
2 Muhd, Shah	Wings Athletic Club	7.36
3 Mohd, Rahman	Swift AA	7.37

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4	Wong, Man Kuan	Unattached	7.64
5	Cheong, James	St. Joseph Inst	8.01
6	Yusof Bin, Azman	Unattached	8.58

Event 112 Men 600 Meter Run (Open)

Name	Team	Finals	
Section 1			
1	Shaun, Kok	Anglo Chinese JC	1:27.52
2	Nigel, Selvanathan	St. Joseph Inst	1:35.22
3	Vincent, Tay	St. Joseph Inst	1:35.38
4	Chua, Timothy	St. Joseph Inst	1:37.25
5	Vinoth, Vinoth	St. Joseph Inst	1:38.76
6	Ting, Zhuo Min	St. Joseph Inst	1:41.64
7	Mohd, Shauqi	St. Joseph Inst	1:43.57
8	Samuel, Lye	St. Joseph Inst	1:44.66

Event 116 Women 150 Meter Run (Open)

Name	Team	Finals	
Section 1			
1	Hu, Sheena	Wings Athletic Club	19.43
2	Asman, Hanim	Wings Athletic Club	19.60
3	Raihan, Mohd	Unattached	19.61
4	Low Loretta, Laqman	Nanyang Poly	23.21
5	Sia Xin Yun, Suzanna	River Valley Hg	23.90
6	Ang Min Li, Phirlene	River Valley Hg	24.40
7	Lau, Gina	Unattached	25.81

Event 117 Men 150 Meter Run (Open)

Name	Team	Finals	
Section 1			
1	Florian, Koepfer	Salmander Vornwestheim	16.63
2	Abdul, Hakeem	Wings Athletic Club	16.66
3	Md Shameer, Md Ayub	Swift AA	16.68
4	Mohd Zaid, Bin Hasn	Prison Sports Club	17.05
5	Aaron Augustine, Huang	Unattached	17.56
6	Victor, Tan	Sri Tebrau Johor Bahru	18.33
Section 2			
1	Ng, Jia Yuan	Unattached	17.20
2	Chong Zhi Yong, Melvin	Unattached	17.71
3	Mohd, Rahman	Swift AA	18.13
4	Abdul, Khalid	Flash Athletic Club	18.81
5	Chen, Yong Hao	River Valley Hg	19.53
6	David, Lim	Singapore Poly	20.17
7	Yusof Bin, Azman	Unattached	20.95
Section 3			
1	Tan, Soon Ho	Ngee Ann Poly	17.03
2	Guo Zhiwei, Nicholas	Unattached	17.21
3	Mohd, Ali	Swift AA	17.44

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4	Mohd, Firdaus	Swift AA	17.75
5	Wong, Man Kuan	Unattached	18.85
6	Ang Sikai, Eugene	Unattached	18.97
7	Liu, Guo Jie	Singapore Poly	21.98

Event 118 Women 1000 Meter Run (Open)

Name	Team	Finals	
Section 1			
1	Sophie, Ngin Gollife	Spore Sports Sch	3:17.41
2	Nurizyenny, Muslim	Nus Sports and Recreation	3:21.54

Event 119 Men 1000 Meter Run (Open)

Name	Team	Finals	
Section 1			
1	Steven, Lim	Macritchie Runners	2:41.74
2	Foo, Mao Cheen	Unattached	2:42.95
3	-, Feroz	Swift AA	2:44.77
4	Danny Seah, Xin Hao	Spore Sports Sch	2:54.14
5	Lim, Wei Siong	Nanyang Poly	3:03.60
6	Anup, Thapa	Macpherson Sec Sch	3:07.22
7	Chu, Ser How	Nanyang Poly	3:12.91
8	Charles, Bergere	Macritchie Runners	3:19.54
9	Daniel, Koh	Unattached	3:23.07
10	Tan, Hou Qi	Nanyang Poly	3:32.62
11	Chua, Yek Shin	Sri Tebrau Johor Bahru	3:33.95

Event 120 Women 300 Meter Run (Open)

Name	Team	Finals	
Section 1			
1	Amanda, Teo	Unattached	42.04
2	Cassondra, Tioh	Unattached	43.69
3	Ho, New Fei	Nus Sports and Recreation	44.66
4	-, Sha	Swift AA	46.47
5	-, Daphne	Swift AA	46.87
6	Phua Sze Shin, Cheryl	River Valley Hg	50.12

Event 121 Men 300 Meter Run (Open)

Name	Team	Finals	
Section 1			
1	Juhari, Muhd Firdaus	Unattached	34.22
2	K., Shafiq	Wings Athletic Club	35.37
3	Kenneth, Khoo	Wings Athletic Club	35.64
4	Florian, Koepfer	Salmander Vornwestheim	35.76
5	Teu, Koon Kiat	Wings Athletic Club	36.11
6	Subaish, Rajamanickam	Safsa	37.16

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Section 2

1	Teng, Alex	Wings Athletic Club	36.56
2	Guo Zhiwei, Nicholas	Unattached	37.46
3	Ng, Jia Yuan	Unattached	37.58
4	Victor, Tan	Sri Tebrau Johor Bahru	38.29
5	Lee, Wei Sheng	River Valley Hg	45.17

Section 3 ... (Men 300 Meter Run (Open))

	Name	Team	Finals
Section 3			
1	Muhd, Shah	Wings Athletic Club	36.78
2	Tan, Soon Ho	Ngee Ann Poly	38.13
3	Chong Zhi Yong, Melvin	Unattached	38.41
4	Alywin, Alywin	Unattached	39.41
5	Md Shathik S/O, Syed Maguto	Unattached	40.84
6	Chen, Yong Hao	River Valley Hg	41.77
7	Liew, Zhen Long	Sri Tebrau Johor Bahru	42.45
8	Jared, Yeo	River Valley Hg	48.06