

SAA 1st Allcomers/ Progressive Meet 2008 - 3/16/2008
ITE College East (Simei)
Results - PM Session

Event 201: Women 80 Meter Hurdles 0.762m

Name	Team	Finals
Section 1 Wind: 3.1		
1 2137 Goh, Wei Ning	Singapore Sports Sch	12.70
2 1657 Chia, Wen Yi, Shermaine	Chij St Nicholas Girls' Sch	13.11
3 1911 Cheong, Cheryl	Nanyang Girls' High Sch	13.47
4 1662 Ho, Lih Maan	Chij St Nicholas Girls' Sch	13.65
5 1913 Chong, Yvette	Nanyang Girls' High Sch	13.84
6 2145 Yeong, Shi Lin, Krista	Singapore Sports Sch	13.84

Event 202: Women 100 Meter Hurdles 0.762m

Name	Team	Finals
Section 1 Wind: 1.7		
1 1668 Koh, Fang Yu, Mabel	Chij St Nicholas Girls' Sch	16.06
2 1921 Lee, Mei En, Sarah	Nanyang Girls' High Sch	16.72
3 1931 Tan, Cher Yong, Kelly	Nanyang Girls' High Sch	16.87

Event 203: Women 100 Meter Hurdles 0.840m

Name	Team	Finals
Section 1 Wind: 1.5		
1 2307 Ho, New Fei	Wings Athletic Club	15.79
2 2138 Herman, Noreen	Singapore Sports Sch	17.81
3 1554 Fu, Eunice	Anglo Chinese JC	18.63
4 1561 Loo, Sarah	Anglo Chinese JC	18.65
Section 2 Wind: 1.1		
1 1780 Tan, Amanda	Hwa Chong Inst- College	16.30
2 1781 Tan, Wan Teng	Hwa Chong Inst- College	17.27
3 1557 Law, Angel	Anglo Chinese JC	18.53
4 1519 Ng, Virnice	Anderson JC	20.68

Event 204: Men 100 Meter Hurdles 0.840m

Name	Team	Finals
Section 1 Wind: 2.0		
1 2303 Toh, Ren Jie, Sean	Victoria Sch	14.90
2 1469 Teh, Jing Long	Acs Indept	15.54
3 1453 Ng, Darren	Acs Indept	16.00
4 1432 Lee, Nicholas	Acs Indept	18.07
5 2286 Heng, Zi Zen	Victoria Sch	18.69

Event 205: Men 100 Meter Hurdles 0.914m

Name	Team	Finals
Section 1 Wind: 1.3		
1 2277 B Chevi Rafiudin, Muhyiddin Haq	Victoria Sch	15.86
2 1450 Ng, Brandon	Acs Indept	15.93
3 1874 Yeo, Zhi Rong, John	Hwa Chong Inst- Hg Sch	16.00
4 2314 Lim, Roy	Wings Athletic Club	16.50
Section 2 Wind: 3.2		
1 2036 Ng, Junrui	Raffles Institution	14.62
2 2169 Lim, Jovan	St Patrick's Sch	15.26
3 1822 Kee, Yongxiang, Tommy	Hwa Chong Inst- Hg Sch	16.20

Event 206: Men 110 Meter Hurdles 0.990m

Name	Team	Finals
Section 1 Wind: 1.4		
1 1577 B Roalan, Ridzwan	Auckland Uni of Technology	15.08
2 1569 Wei, Joel	Anglo Chinese JC	15.38
3 1785 Chia, Yu Wei	Hwa Chong Inst- College	17.70

Event 207: Men 110 Meter Hurdles 1.067m

Name	Team	Finals
Section 1 Wind: 2.8		
1 1527 Ngoh, Jenson	Anderson JC	18.34
2 1523 Hong, Shao Ming	Anderson JC	19.02
3 1531 Tng, Joel	Anderson JC	19.76

Event 208-A: Women 100 Meter Dash <13.0

Name	Team	Finals
Section 1 Wind: 2.0		
1 1958 Choo, Sze-Min, Amanda	Nanyang Tech Uni	12.13
2 1576 Purba, Balpreet Kaur	Auckland Uni of Technology	12.41
3 2057 Chng, Joanna	Raffles JC	12.61
4 1772 Chong, Jiayuan	Hwa Chong Inst- College	12.85
5 2306 Hanim, Asmah	Wings Athletic Club	12.93

Event 208-B: Women 100 Meter Dash 13.0-13.5

Name	Team	Finals
Section 1 Wind: 1.8		
1 2139 Lau, Mei Xian	Singapore Sports Sch	12.94
2 2270 Fox, Amanda	United World College	13.11
3 1921 Lee, Mei En, Sarah	Nanyang Girls' High Sch	13.28
4 2238 -, Melanie Francisca	Unattached	13.41
5 2310 Wong, Kit Fei	Wings Athletic Club	13.42
6 1704 Lim, Amanda	Chung Cheng High Sch (Main)	13.53
7 1973 Usarin, Udomkichdech	National JC	14.09
Section 2 Wind: 2.6		
1 1780 Tan, Amanda	Hwa Chong Inst- College	13.08
2 1652 Chang, Ping	Chij St Nicholas Girls' Sch	13.23
3 2138 Herman, Noreen	Singapore Sports Sch	13.36
4 2140 Lee, Ya Yu, Amanda	Singapore Sports Sch	13.49
5 2141 Loo, Jin Tian, Valerie	Singapore Sports Sch	13.52
6 2309 Ng, Sabrina	Wings Athletic Club	13.53
7 1919 Koh, Bella	Nanyang Girls' High Sch	13.58
Section 3 Wind: 2.5		
1 2129 -, Habibah Najihahbi	Singapore Sports Sch	13.09
2 2080 Tiang, Lixuan, Alicia	Republic Poly	13.21
3 2308 Lin, Siqi	Wings Athletic Club	13.33
4 1932 Tan, Ching Yi	Nanyang Girls' High Sch	13.34
5 1773 Lee, Jiawen	Hwa Chong Inst- College	13.42
6 1748 Tan, Shi Ying	Dunman High Sch	13.60

Event 208-C: Women 100 Meter Dash 13.5-14.0

Name	Team	Finals
Section 1 Wind: 3.8		
1 1993 Koh, Hui Fang, Rachel	Raffles Girls' Sch	13.54
2 2132 -, Ree Tyra Summer	Singapore Sports Sch	13.79
3 1645 Mohd Ali, Fatin Nazirah	Chij Sec (Tp)	13.80
4 2109 Choo, Nelly	Sengkang Sec Sch	13.95
5 1911 Cheong, Cheryl	Nanyang Girls' High Sch	14.06
6 2228 Lin, Ruth	Temasek Poly	14.25
7 2182 Elisha, Thiara	Swift Athletes Assn	15.61
Section 2 Wind: 2.7		
1 2243 Yang, Rachel Isabel	Unattached	13.28
2 2059 Quey, Amanda	Raffles JC	13.49
3 2136 Goh, Lynette	Singapore Sports Sch	13.89
4 1940 Yeo, Sabrina	Nanyang Girls' High Sch	14.14
5 1623 Tay, Ying Ying	Cedar Girls' Sec Sch	14.17
6 1553 Choo, Tyanne	Anglo Chinese JC	14.22
7 2184 Nada, Ahmad Khalid	Swift Athletes Assn	14.31
8 1896 Chan, Liwen	Millenia Institute	14.83
Section 3 Wind: 2.6		
1 1939 Wee, Melissa	Nanyang Girls' High Sch	13.73
2 1674 Lee, Zi Yi, Amanda	Chij St Nicholas Girls' Sch	13.81
3 1992 Jean, Chiew Ling	Raffles Girls' Sch	13.87
4 1536 Lee, Mei Ying, Natalie	Ang Mo Kio Sec Sch	13.93
5 2108 Cai, Huiqing	Sengkang Sec Sch	14.02
6 1517 Koh, Clarissa	Anderson JC	14.28
Section 4 Wind: 0.7		
1 1620 Poon, Jia Xin, Clara	Cedar Girls' Sec Sch	13.45
2 1923 Lim, Jin Yi	Nanyang Girls' High Sch	13.85
3 2131 -, Nurul Sakina	Singapore Sports Sch	13.89
4 2008 Wee, Natalie	Raffles Girls' Sch	13.93
5 1657 Chia, Wen Yi, Shermaine	Chij St Nicholas Girls' Sch	14.07
6 1703 Liew, Teresa	Chung Cheng High Sch (Main)	14.14
7 1555 Janeth, Jennifer	Anglo Chinese JC	14.90
Section 5 Wind: 1.8		
1 2227 Leong, Jayne	Temasek Poly	13.82
2 1936 Tay, Jing Ying	Nanyang Girls' High Sch	13.93
3 1897 Hassan, Noratqah	Millenia Institute	13.94
4 2133 Abdul Latiff, Nabilah	Singapore Sports Sch	14.18
5 2010 Yee, Chern Hwee	Raffles Girls' Sch	14.44
6 1969 Chong, Hui Zhi, Amanda	National JC	14.59

Event 208-D: Women 100 Meter Dash 14.0-14.5

Name	Team	Finals
Section 1 Wind: 5.7		
1 1639 Kuan, Laura	Chij Sec (Tp)	14.11
2 1518 Lai, Chien Lan	Anderson JC	14.19
3 1625 -, Juliet Diane Jane	Changkat Changi Sec Sch	14.31
4 1720 Koh, Petrina	Crescent Girls' Sch	14.33
5 1610 -, Nurhidayu	Cedar Girls' Sec Sch	14.52
6 1745 Koh, Wenning	Dunman High Sch	14.57
7 1705 Teo, Melody	Chung Cheng High Sch (Main)	14.63
8 1713 Chua, Dawn	Crescent Girls' Sch	14.84

Section 2	Wind: 2.5		
	1 1622 Tan, Amanda	Cedar Girls' Sec Sch	13.68
	2 1991 Djuhar, Elisa	Raffles Girls' Sch	14.17
	3 1933 Tan, Kimberly	Nanyang Girls' High Sch	14.31
	4 1712 Chua, Cindy	Crescent Girls' Sch	14.60
	5 1627 Fareez O A, Fatin Afiqah	Changkat Changi Sec Sch	14.77
	6 1722 Lim, Michelle	Crescent Girls' Sch	14.92
Section 3	Wind: 2.1		
	1 2205 Ng, Soo Han	Tanjong Katong Sec Sch	13.97
	2 1743 Ko, Sharon	Dunman High Sch	13.99
	3 1997 Lim, Enyu, Jolene	Raffles Girls' Sch	14.15
	4 1613 Ang, Celynn	Cedar Girls' Sec Sch	14.26
	5 1626 Carino C, Mitz Muriel	Changkat Changi Sec Sch	14.76
	6 1735 Teh, Cai Yi	Crescent Girls' Sch	15.50
Section 4	Wind: 3.8		
	1 1906 Ang, Jia Yun	Nanyang Girls' High Sch	13.74
	2 1662 Ho, Lih Maan	Chij St Nicholas Girls' Sch	14.12
	3 1615 Heng, Li Jiao	Cedar Girls' Sec Sch	14.13
	4 1725 Monteiro, Amelia	Crescent Girls' Sch	14.87
	5 1747 Ng, Su Qin	Dunman High Sch	15.14
	6 1945 Tan, Chor Hoon	Nanyang Poly	15.61

Event 208-E: Women 100 Meter Dash 14.5-15.0

Name	Team	Finals
Section 1	Wind: 3.9	
	1 1646 Oh, Charlene	Chij Sec (Tp)
	2 1738 Chua, Isabelle	Dunman High Sch
	3 1537 Lim, Ni Jun	Ang Mo Kio Sec Sch
	4 2082 Bay, Hui Shan	River Valley High Sch
Section 2	Wind: 3.5	
	1 1539 Sng, Qi Huan	Ang Mo Kio Sec Sch
	2 1641 Liaw, Trisha	Chij Sec (Tp)
	3 2119 Tan, Esther	Singapore Poly
	4 1516 Chua, Stephanie	Anderson JC
	5 2094 Zheng, Xiao	River Valley High Sch

Event 208-F: Women 100 Meter Dash 15.0-15.5

Name	Team	Finals
Section 1	Wind: 3.5	
	1 2006 Tan, Yu Ann	Raffles Girls' Sch
	2 1749 Wong, Melanie	Dunman High Sch
	3 2091 Tuieng, Seok Yin	River Valley High Sch
	4 2088 Soh, Tim Hui, Averil	River Valley High Sch
	5 2085 Low, Yan Ting, Hilda	River Valley High Sch
	6 2206 Xu, Betty	Tanjong Katong Sec Sch
Section 2	Wind: 2.9	
	1 1700 Yip, Pui Bing, Winnie	Chij St Nicholas Girls' Sch
	2 2083 Lim, Kei Ying, Charmaine	River Valley High Sch
	3 2203 -, Tiara	Tanjong Katong Sec Sch
	4 2090 Tan, Wei	River Valley High Sch
	5 1733 Tan, Elvira	Crescent Girls' Sch
Section 3	Wind: 4.3	
	1 2089 Tan, Guan Lin	River Valley High Sch
	2 2204 Loh, Shannon	Tanjong Katong Sec Sch
	3 1649 Ang, Jia Xin	Chij St Nicholas Girls' Sch
	4 1717 Jee, Audrey	Crescent Girls' Sch

Event 208-G: Women 100 Meter Dash >15.5

Name	Team	Finals
Section 1 Wind: 4.1		
1 1741 Jiang, Yixuan, Joey	Dunman High Sch	15.19
2 2064 Ismail, Nur Syamn	Reds Xtreme	15.54
3 2093 Yeo, Ai Lin, Valerie	River Valley High Sch	15.70
4 2092 Wen, Jiahui	River Valley High Sch	15.86
5 1538 Seet, Min Yi	Ang Mo Kio Sec Sch	16.66
Section 2 Wind: 2.3		
1 1535 Koh, Hui Lin	Ang Mo Kio Sec Sch	15.10
2 2087 See, Jia Min, Sheena	River Valley High Sch	15.82
3 2084 Loh, Yun Yi	River Valley High Sch	16.32

Event 209-A: Men 100 Meter Dash <11.0

Name	Team	Finals
Section 1 Wind: 3.7		
1 1579 Kang, Calvin	Auckland Uni of Technology	10.65
2 2312 Jamal, Muhd Amiruddin	Wings Athletic Club	10.74
3 2316 Poh, Seng Song	Wings Athletic Club	10.76
4 1761 U.K, Shyam	Flash Athletic Club	10.89
5 2322 Yeo, Foo Ee, Gary	Wings Athletic Club	11.10
Section 2 Wind: 4.3		
1 1946 Abdul, Abdul Rahman	Nanyang Poly	10.91
2 2313 Khoo, Kenneth	Wings Athletic Club	11.01
3 2311 Abdul Halim, Abdul Hakeem	Wings Athletic Club	11.04
4 2321 Wang, Kan, Kenneth	Wings Athletic Club	11.17

Event 209-B: Men 100 Meter Dash 11.0-11.5

Name	Team	Finals
Section 1 Wind: 2.1		
1 2317 Tan, Lance	Wings Athletic Club	11.11
2 1902 Sathiyanesan, Shalindran	Millenia Institute	11.24
3 1967 Tham, Chun Kit, Paul	Nanyang Tech Uni	11.33
4 2252 Gupta, Prayaank	Unattached	11.40
5 2256 Lim, Jin Xing	Unattached	11.44
6 1468 Tee, Yu Jin	Acs Indept	11.53
7 2113 Foo, Aaron	Sengkang Sec Sch	11.61
Section 2 Wind: 3.2		
1 2022 Kamarul, Raja	Raffles Institution	11.05
2 2081 Tan, Zhi Wei, Kyser	Republic Poly	11.32
3 2262 Soon, Meng Choon	Unattached	11.46
4 1785 Chia, Yu Wei	Hwa Chong Inst- College	11.57
5 1798 Tan, Jun Li	Hwa Chong Inst- College	11.72
6 1903 Teo, Conan	Millenia Institute	11.92
--- 2267 Yazan, Shahrul	Unattached	DNF
Section 3 Wind: 1.2		
1 1789 Leong, Yuan Zhang	Hwa Chong Inst- College	11.29
2 2258 Mohamad, Hilmi	Unattached	11.38
3 1898 Chua, Jonathan	Millenia Institute	11.39
4 1760 Tan, Soon Ho	Flash Athletic Club	11.43
5 1782 Ang, Shao Jie	Hwa Chong Inst- College	11.62
6 2265 Wong, Ruben	Unattached	12.08

Event 209-C: Men 100 Meter Dash 11.5-12.0

Name	Team	Finals
Section 1 Wind: 3.5		
1 2193 B Yusoff, Mohd Fauzi	Swift Athletes Assn	11.26
2 2124 Lee, Boon Kiat	Singapore Poly	11.77
3 2037 Ong, Kieran	Raffles Institution	11.78
4 1587 Lim, Chin Ken	Bedok View Sec Sch	12.03
5 2230 Choy, Adriel	Temasek Poly	12.27
6 1819 Ho, Rui Lin, Brian	Hwa Chong Inst- Hg Sch	12.29
7 2279 B Mohd F A, Mohd Irsyad	Victoria Sch	12.58
Section 2 Wind: 1.8		
1 2272 Darn, Gem	United World College	11.19
2 2196 Mohd Refunggi, Mohd Nasir	Swift Athletes Assn	11.32
3 2149 Coates, Jamie	Singapore Sports Sch	11.41
4 1568 Tang, John	Anglo Chinese JC	11.90
5 1825 Lee, Hong Yi	Hwa Chong Inst- Hg Sch	11.98
6 1439 Lim, Patrick	Acs Indept	12.16
7 2225 Seng, En Quan	Temasek JC	12.19
Section 3 Wind: 2.4		
1 2233 Lim, Eugene	Temasek Poly	11.78
2 2156 Sawal, Rafiuddin	Singapore Sports Sch	11.98
3 1810 Chia, Jia Xuan, Joel	Hwa Chong Inst- Hg Sch	12.08
4 2254 Lim, Chin Chuan, Gabriel	Unattached	12.11
5 2100 Lim, Chong Yan	River Valley High Sch	12.29
6 1874 Yeo, Zhi Rong, John	Hwa Chong Inst- Hg Sch	12.39
7 1822 Kee, Yongxiang, Tommy	Hwa Chong Inst- Hg Sch	12.43
Section 4 Wind: 3.2		
1 1965 Shoon, Ming Hui	Nanyang Tech Uni	11.59
2 1636 Tan, Boon Han	Changkat Changi Sec Sch	11.77
3 2151 Lim, Dennis	Singapore Sports Sch	11.82
4 1899 Lim, Chester	Millenia Institute	12.28
5 1863 Tay, Chin Keat, Samuel	Hwa Chong Inst- Hg Sch	12.36
6 1509 -, Kwan Yee	Ahmad Ibrahim Sec Sch	12.41
Section 5 Wind: 2.8		
1 2190 Abdul Halim Saiyat, Ali	Swift Athletes Assn	11.17
2 2232 Lee, Gerald	Temasek Poly	11.51
3 2263 Tan, Wynner	Unattached	11.77
4 2171 Ng, Justin	St Patrick's Sch	11.90
5 1457 Siregar, Elsufyan	Acs Indept	12.16
6 1846 Ng, Kok Siong, Jeremy	Hwa Chong Inst- Hg Sch	12.25
Section 6 Wind: 3.0		
1 1880 Perchard, Will	Insworld School	11.30
2 1455 Sim, Harris	Acs Indept	11.57
3 2115 Muhammad, Haikal	Sengkang Sec Sch	11.81
4 1806 Chan, Zhiyuan, Donovan	Hwa Chong Inst- Hg Sch	11.86
5 1563 Ang, Ren	Anglo Chinese JC	11.97
6 1901 Muhammad, Fady	Millenia Institute	13.91
Section 7 Wind: 1.6		
1 2197 Mohd Refunggi, Mohd Nasri	Swift Athletes Assn	11.62
2 1876 Zhou, Shicheng	Hwa Chong Inst- Hg Sch	11.77
3 1506 -, Firman	Ahmad Ibrahim Sec Sch	12.19
4 1565 Kamarulzaman, Elliotz	Anglo Chinese JC	12.59
5 1900 Lin, Mingfa	Millenia Institute	12.65

Event 209-D: Men 100 Meter Dash 12.0-12.5

Name	Team	Finals
Section 1 Wind: 3.5		
1 1631 B Mohd Yusri, Mohd Aliefi	Changkat Changi Sec Sch	11.94
2 2231 Christopher, Adrian	Temasek Poly	11.99
3 1952 Ong, Daryl	Nanyang Poly	12.04
4 1752 Han, Yuhding	Dunman High Sch	12.24
5 2103 Ng, Wen Jia	River Valley High Sch	12.62
6 2104 Sim, Shi Long, Shawn	River Valley High Sch	13.00
Section 2 Wind: 1.6		
1 1633 B Zainal, Muhd Zuhir	Changkat Changi Sec Sch	12.15
2 1956 Tan, Si Hao	Nanyang Poly	12.39
3 2157 Shi, Seamus	Singapore Sports Sch	12.65
4 2098 Lee, Zheng Hui, Bryce	River Valley High Sch	13.10
Section 3 Wind: 1.3		
1 2150 Gopal, Vivekanand	Singapore Sports Sch	11.89
2 2112 Cheng, Sebastian	Sengkang Sec Sch	12.12
3 2247 Chan, Weijie	Unattached	12.29
4 1508 -, Jayswaran	Ahmad Ibrahim Sec Sch	12.37
5 1570 Wong, Sebastian	Anglo Chinese JC	12.60
6 1420 Gan, Shawn	Acs Indept	12.83
Section 4 Wind: 2.9		
1 1540 -, Mohd Khalis	Ang Mo Kio Sec Sch	11.65
2 1583 B Zulhilm, Afiqu Adib	Bedok View Sec Sch	11.94
3 2297 Tan, Lu Wei, Ignatius	Victoria Sch	12.26
4 1461 Tan, Jun Kai	Acs Indept	12.45
5 1504 -, Afif	Ahmad Ibrahim Sec Sch	12.56
Section 5 Wind: 2.6		
1 2229 Chan, Joseph	Temasek Poly	11.89
2 2153 Mohd, Hanif	Singapore Sports Sch	11.97
3 2288 Kiew, Ray	Victoria Sch	12.34
4 2167 Goh, Wei Xian	St Patrick's Sch	12.40
5 1756 Teo, Xuan Hua, Sean	Dunman High Sch	12.57
6 2102 Low, Zun Siong	River Valley High Sch	12.83
Section 6 Wind: 0.9		
1 2159 Tang, Nicholas	Singapore Sports Sch	12.12
2 1505 -, Azmin	Ahmad Ibrahim Sec Sch	12.15
3 2181 Yeo, Gerard	St Patrick's Sch	12.26
4 2237 Neo, Silas	Temasek Poly	12.44
5 1754 Tan, Kuan Liang	Dunman High Sch	12.46
6 2101 Lim, Zeming	River Valley High Sch	12.72

Event 209-E: Men 100 Meter Dash 12.5-13.0

Name	Team	Finals
Section 1 Wind: 2.2		
1 1751 Chan, Deon	Dunman High Sch	12.42
2 2032 Lin, Jethro	Raffles Institution	12.66
3 2175 Sebastian, Joseph	St Patrick's Sch	12.75
4 1983 Tay, Kai Liang, Joel	National JC	13.09
5 2170 Nazir, Mohd Prem	St Patrick's Sch	13.38
6 2027 Lee, Matthew	Raffles Institution	13.45
Section 2 Wind: 4.1		
1 1530 Tan, Yi Yang	Anderson JC	12.48
2 2117 Roslee, Zainal	Sengkang Sec Sch	12.71
3 2273 Hejil, Jan	United World College	12.90
4 2174 Russell, Dragon	St Patrick's Sch	13.15
5 2041 Sim, Mingshi	Raffles Institution	13.21
Section 3 Wind: 1.0		
1 2047 Tian, Fu Kai	Raffles Institution	12.72
2 2301 Tay, Zhi Wei, Timothy	Victoria Sch	12.84
3 1525 Kong, Ching Wan	Anderson JC	12.91
4 2168 Liew, Leslie	St Patrick's Sch	13.23
5 1753 Oh, Da Wei	Dunman High Sch	13.45
6 1976 Kovalan, Sashti	National JC	13.53

Section 4	Wind: 1.7		
	1 1765 Lee, Daryl	Guangyang Sec Sch	12.48
	2 1802 Ang, Jia Ming	Hwa Chong Inst- Hg Sch	12.64
	3 2033 Lok, Douglas	Raffles Institution	12.90
	4 2172 Peh, Leroy	St Patrick's Sch	12.96
	5 1977 Lee, Wen Loong	National JC	12.99
	6 2071 B Supaat, Suhaizat	Reds Xtreme	13.83

Section 5	Wind: 4.9		
	1 2207 -, Amar	Tanjong Katong Sec Sch	12.11
	2 2118 Yeo, Cheng Yao	Sengkang Sec Sch	12.69
	3 1975 Heng, Te Fu	National JC	12.75
	4 2052 Wong, Zhiyuan	Raffles Institution	12.93
	5 2162 Abdullah, Muhd Hidhir	St Patrick's Sch	12.98

Event 209-F: Men 100 Meter Dash 13.0-13.5

Name	Team	Finals
Section 1	Wind: 1.6	
	1 1858 Tan, Jing Han	Hwa Chong Inst- Hg Sch
	2 2213 Naradadewa, Badai	Tanjong Katong Sec Sch
	3 1764 Kwan, Marcus	Guangyang Sec Sch
	4 2154 Muhd, Haziq	Singapore Sports Sch
	5 1981 Low, Wei Quan	National JC
Section 2	Wind: 3.4	
	1 2251 Gough, Douglas	Unattached
	2 1815 Goh, Shi En, Nathaniel	Hwa Chong Inst- Hg Sch
	3 1870 Yam, Hoesoon, Lester	Hwa Chong Inst- Hg Sch
	4 1762 Chua, Clement	Guangyang Sec Sch
	5 2211 Lee, Paul	Tanjong Katong Sec Sch
	6 2283 Chue, Bing Hao, Edwin	Victoria Sch
Section 3	Wind: 2.0	
	1 2271 Chiu, Robert	United World College
	2 2160 Tang, Sebastian	Singapore Sports Sch
	3 2212 Loh, Zheng Jia	Tanjong Katong Sec Sch
	4 1763 Effendy, Edrick	Guangyang Sec Sch
	5 2298 Tan, Wei Jie, Eugene	Victoria Sch
	6 1849 Ow Yeong, Yu Xiang	Hwa Chong Inst- Hg Sch
Section 4	Wind: 1.4	
	1 2068 B Hussein, Shafie	Reds Xtreme
	2 2305 Chai, Dominic Arthur	Whitley Sec Sch
	3 2148 Chan, Nicholas	Singapore Sports Sch
	4 1837 Liu, Song Yu	Hwa Chong Inst- Hg Sch
	5 1768 Wong, Raymond	Guangyang Sec Sch
	6 2107 Wong, Jun Jie, Alvin	River Valley High Sch

Event 209-G: Men 100 Meter Dash >13.5

Name	Team	Finals
Section 1 Wind: 1.7		
1 1541 Ang, Jun Hao	Ang Mo Kio Sec Sch	12.83
2 2209 Ang, Peng Da	Tanjong Katong Sec Sch	13.19
3 1546 Lim, Kaijie, Eugene	Ang Mo Kio Sec Sch	13.53
4 1444 Lock, Darryl	Acs Indept	13.91
5 1547 Neo, Wei Jie, Derek	Ang Mo Kio Sec Sch	14.47
6 2096 Cheong, Jie Hui	River Valley High Sch	14.85
Section 2 Wind: 1.5		
1 1545 Lim, Jun Yan	Ang Mo Kio Sec Sch	13.04
2 1549 Oo, Kyaw Zin	Ang Mo Kio Sec Sch	13.71
3 2214 Phua, Johnny	Tanjong Katong Sec Sch	13.90
4 2097 Lee, Wei Wen, Bryan	River Valley High Sch	14.21
Section 3 Wind: 1.1		
1 1820 Huang, Sirui	Hwa Chong Inst- Hg Sch	13.26
2 1543 Chow, Ka-Wing, Marcus	Ang Mo Kio Sec Sch	13.35
3 2208 -, Kai Jun	Tanjong Katong Sec Sch	13.53
4 1542 Ang, Shuo Jian	Ang Mo Kio Sec Sch	13.64
5 2302 Teoh, Jia Wen	Victoria Sch	13.90
6 2095 Ang, Yi Ming	River Valley High Sch	14.66

Event 210-A: Women 1500 Meter Run <5:30.0

Name	Team	Finals
Section 1		
1 1656 Chew, Hanyu	Chij St Nicholas Girls' Sch	5:10.22
2 1532 Raja, Ranjitha	Anderson Sec Sch	5:10.34
3 2187 Goodwin, Vicky	Swift Athletes Assn	5:17.08
4 2185 Phua, Hui Qin	Swift Athletes Assn	5:28.28
5 1624 Wan, Zahrah	Cedar Girls' Sec Sch	5:30.93
6 1617 John, Jedidah	Cedar Girls' Sec Sch	5:30.94
7 1904 Paterson, Melinda	Mr25	5:33.55

Event 210-B: Women 1500 Meter Run 5:30-5:50

Name	Team	Finals
Section 1		
1 1692 Tan, Ying Jing	Chij St Nicholas Girls' Sch	5:52.71
2 1672 Lee, Le Xin, Françoise	Chij St Nicholas Girls' Sch	5:55.76
3 1683 Ng, Wei Ting	Chij St Nicholas Girls' Sch	5:58.18
4 1485 -, Kim	Ahmad Ibrahim Sec Sch	5:59.75
5 1651 Chan, Ying Ying	Chij St Nicholas Girls' Sch	5:59.78
6 1750 Yap, Qian Jun	Dunman High Sch	6:02.42
7 2063 Ariffin, Nurizzatie	Reds Xtreme	6:03.91
8 1520 Toh, Qiu Rong	Anderson JC	6:10.64
9 1694 Teo, Serlin	Chij St Nicholas Girls' Sch	6:14.12
Section 2		
1 1675 Li, Ying Si, Winsy	Chij St Nicholas Girls' Sch	5:50.87
2 1678 Lim, Yan Han, Jianelle	Chij St Nicholas Girls' Sch	5:51.51
3 1621 Shaik, Syasya	Cedar Girls' Sec Sch	5:53.09
4 1648 Teo, Joanna	Chij Sec (Tp)	5:53.78
5 1682 Ng, Song Hui, Ruth	Chij St Nicholas Girls' Sch	6:00.21
6 1494 Khai, Yi Yin	Ahmad Ibrahim Sec Sch	6:21.61
7 1653 Chen, Shuping, Natalie	Chij St Nicholas Girls' Sch	6:34.41
8 1663 Ho, Min Qi, Chloe	Chij St Nicholas Girls' Sch	6:41.80

Event 210-C: Women 1500 Meter Run 5:50-6:20*(note: Event 210-C & Event 210-D combined)*

Name	Team	Finals
Section 1		
1 1996 Lian, Xueli, Bernice	Raffles Girls' Sch	5:42.28
2 1707 -, Magashastini	Crescent Girls' Sch	5:51.05
3 1989 Bhuvanakrishna, Thakshynee	Raffles Girls' Sch	5:52.88
4 2217 Goh, Hui Lin, Debbie	Temasek JC	5:53.95
5 2219 Liow, Leticia	Temasek JC	5:59.43
6 1910 Cheng, En Yi, Sheila	Nanyang Girls' High Sch	6:01.18
7 1909 Chao, Priscilla	Nanyang Girls' High Sch	6:07.07
8 1994 Lei, Yu Tan	Raffles Girls' Sch	6:07.66
9 1716 Fong, Si Ying	Crescent Girls' Sch	6:09.92
10 1515 Ang, Ivy	Anderson JC	6:12.24
11 1715 Chuan, Su Jean	Crescent Girls' Sch	6:13.30
12 2000 Ng, Gek Yin, Jiya	Raffles Girls' Sch	6:26.59
13 2005 Tan, Sher Meen	Raffles Girls' Sch	6:27.18
14 2004 Say, Selene	Raffles Girls' Sch	6:27.19
15 1714 Chua, Hui Chee	Crescent Girls' Sch	6:28.00
16 1740 Hsu, Jingyi	Dunman High Sch	6:28.44
17 1731 Quek, Amanda	Crescent Girls' Sch	6:40.18
18 1727 Ong, Janeen	Crescent Girls' Sch	6:51.26

Event 211-A: Men 1500 Meter Run <4:35.0

Name	Team	Finals
Section 1		
1 1960 -, Muhd Shah Feroz	Nanyang Tech Uni	4:15.33
2 2073 Jayaraman, Darshananth	Reds Xtreme	4:17.98
3 2146 Abdul, Rahman	Singapore Sports Sch	4:21.11
4 2199 Ong, Marcus	Swift Athletes Assn	4:24.57
5 2195 Lawrence, Scott	Swift Athletes Assn	4:27.60
6 2250 Foo, Mao Cheen	Unattached	4:30.48
7 1430 Lee, Chang Ming, Benjamin	Acs Indept	4:31.03
8 2031 Lim, Zhi Ming	Raffles Institution	4:31.04
9 2200 Patwell, Killian	Swift Athletes Assn	4:33.17
10 1443 Lim, Zhizhe, Garry	Acs Indept	4:34.50
11 2055 Yong, Shi Kai	Raffles Institution	4:35.07
12 1459 Soh, Yuan Zheng, Benjamin	Acs Indept	5:08.57
13 1464 Tang, Soon Chien, Joel	Acs Indept	5:08.61
14 1428 Kunnasagaran, Arjun	Acs Indept	5:13.84
15 1427 Koh, Teng Kiat	Acs Indept	5:20.93
16 1452 Ng, Chin San	Acs Indept	5:25.19
17 1456 Sim, Tien Wen, Joseph	Acs Indept	5:33.50
18 1404 Aw, Sze Jet	Acs Indept	5:51.90

Event 211-B: Men 1500 Meter Run 4:35-4:50

Name	Team	Finals
Section 1		
1 1892 Pakirisamy, Anantharaj	Ite College West	4:30.90
2 2201 Yatim, Juwahir	Swift Athletes Assn	4:34.16
3 2026 Lee, Guan Lin	Raffles Institution	4:34.57
4 1447 Low, Zhi Shen, Jonathan	Acs Indept	4:35.15
5 2255 Lim, Daryl	Unattached	4:36.59
6 2194 Ilyas, Muhammad	Swift Athletes Assn	4:37.07
7 2078 S, Surya	Reds Xtreme	4:41.22
8 2127 Quak, Chun Ming	Singapore Poly	4:42.41
9 2147 Arasu, Prakash	Singapore Sports Sch	4:43.82
10 1403 Abdul Rashid, Farhan	Acs Indept	4:46.52
11 2158 T, Haarishankar	Singapore Sports Sch	4:47.75
12 2016 Chiang, Cho Han	Raffles Institution	4:50.56
13 1950 Leong, Jiarong	Nanyang Poly	4:55.48
14 1953 Peh, Jun Xiang, Jerome	Nanyang Poly	5:00.07
15 1826 Lee, Jun Yi	Hwa Chong Inst- Hg Sch	5:02.78
16 1861 Tan, Wee Teck	Hwa Chong Inst- Hg Sch	5:04.35
17 1401 -, Danny	Acs Indept	5:14.20

Event 211-C: Men 1500 Meter Run 4:50-5:10

Name	Team	Finals
Section 1		
1 1419 Devaraj, Zachary Ryan	Acs Indept	4:39.47
2 2125 Lee, Jansen	Singapore Poly	4:43.71
3 2121 -, Shamugan	Singapore Poly	4:51.70
4 2223 Fong, Issac	Temasek JC	4:52.72
5 1449 Nadarajan, Kasi Gopikanna	Acs Indept	4:55.59
6 1963 Oon, Kuan Yong	Nanyang Tech Uni	4:57.25
7 2210 Goh, Stefan	Tanjong Katong Sec Sch	4:58.11
8 1473 Wang, Pinwen, Joel	Acs Indept	4:58.72
9 2257 Lim, Tien Aik	Unattached	5:00.51
10 1442 Lim, Yi Fang, Sean	Acs Indept	5:00.79
11 2048 Vijayraghavan, Varun	Raffles Institution	5:01.46
12 1818 Ho, Irvin	Hwa Chong Inst- Hg Sch	5:02.14
13 2028 Leong, Jia Juin, Benjamin	Raffles Institution	5:04.46
14 1855 Sim, Zhi Jian	Hwa Chong Inst- Hg Sch	5:07.16
15 2051 Wong, Nathaneal	Raffles Institution	5:10.52
16 2034 Lum, Dong Yee	Raffles Institution	5:10.56
17 2075 Lai, Norman	Reds Xtreme	5:10.70
18 2020 Jamaludeen, Muhd Syamir	Raffles Institution	5:13.47
19 1409 Chan, U-Chen, Jonathan	Acs Indept	5:22.55
20 2017 Devaprasad, Reuben	Raffles Institution	5:23.92
21 1848 Ong, Alvin	Hwa Chong Inst- Hg Sch	5:32.56
22 1856 Sung, Andrew	Hwa Chong Inst- Hg Sch	5:34.96
23 2066 B Azhar, Hanafi	Reds Xtreme	5:36.43
24 2067 B Difari, Jumizat	Reds Xtreme	5:37.42
25 1434 Lee, Wei Sheng	Acs Indept	5:38.60
26 2054 Yeow, Everest	Raffles Institution	5:50.72

Event 211-D: Men 1500 Meter Run >5:10

Name	Team	Finals
Section 1		
1 2189 -, Philip	Swift Athletes Assn	4:49.26
2 1592 Tan, Jasper	Bedok View Sec Sch	5:14.25
3 1448 Mun, Wei-En	Acs Indept	5:20.64
4 1585 Chuah, Ryo	Bedok View Sec Sch	5:23.65
5 1424 Kan, Chi-Hsuan	Acs Indept	5:24.87
6 1889 Singh, Sanjeet	Ite College East	5:26.88
7 1758 Yan, Jian Feng	Dunman High Sch	5:28.24
8 2226 Singh, Manasui	Temasek JC	5:29.36
9 1594 Wong, Yew Fei	Bedok View Sec Sch	5:40.00
10 1755 Tan, Sean	Dunman High Sch	5:44.01
11 1593 Tang, Raymond	Bedok View Sec Sch	6:02.33
12 2012 B Mohd, Muhd Syafiq	Raffles Institution	6:02.83
13 1881 -, Khidhir	Ite College East	6:28.57
14 2070 B Sainal, Fino	Reds Xtreme	6:30.42
15 1635 Ng, Jun Hao, Nicholas	Changkat Changi Sec Sch	6:51.41
--- 1862 Tang, Benjamin	Hwa Chong Inst- Hg Sch	DNF
Section 2		
1 1477 Zhang, Zhiming	Acs Indept	5:01.58
2 2198 Muller, Thomas	Swift Athletes Assn	5:07.06
3 2023 Ku, Pao-Jung	Raffles Institution	5:15.35
4 1628 Arevarlagan, Haridass	Changkat Changi Sec Sch	5:17.66
5 1634 Lou, Kok Ping, Jeremy	Changkat Changi Sec Sch	5:22.32
6 1470 Teo, Yi Rong, Gregory	Acs Indept	5:26.63
7 2013 Cheng, Lu	Raffles Institution	5:29.96
8 1853 Seoh, Sean	Hwa Chong Inst- Hg Sch	5:31.66
9 1586 Gan, Chee Hui	Bedok View Sec Sch	5:37.12
10 2011 Ang, Chen Xiang	Raffles Institution	5:40.90
11 1591 Soh, Marcus	Bedok View Sec Sch	5:41.56
12 2040 Rames, Haris	Raffles Institution	5:49.80
13 2069 B Juraimy, Rafiq	Reds Xtreme	6:27.24
14 2079 Said, Ismail	Reds Xtreme	6:29.84
15 1883 -, Muhd Hambali	Ite College East	6:32.27

Event 212-A: Women Discus Throw 1kg >25.00

Name	Team	Finals
Flight 1		
1 1891 Wan, Lay Chi	Ite College West	45.97m
2 1770 Chia, Audrey	Hwa Chong Inst- College	31.40m
3 1999 Lim, Wei Ying	Raffles Girls' Sch	26.57m
4 1661 Ho, Jia Ying, Pamela	Chij St Nicholas Girls' Sch	26.12m
--- 1489 -, Shamim	Ahmad Ibrahim Sec Sch	ND
--- 1495 Law, Lining	Ahmad Ibrahim Sec Sch	ND
--- 1696 Thio, Jia En	Chij St Nicholas Girls' Sch	ND
--- 1558 Lee, Yi	Anglo Chinese JC	ND
--- 1550 -, Kelly	Anglo Chinese JC	ND
--- 1560 Lim, Victoria	Anglo Chinese JC	ND

Event 212-B: Women Discus Throw 15.00-25.00

Name	Team	Finals
Flight 1		
1 1924 Ling, Pei Lih	Nanyang Girls' High Sch	26.54m
2 1774 Lee, Meijie	Hwa Chong Inst- College	26.27m
3 1687 See, Yi Ling, Annabel	Chij St Nicholas Girls' Sch	22.80m
4 2002 Ng, Trisha	Raffles Girls' Sch	19.85m
5 1650 Chan, Jing Wen, Nicole	Chij St Nicholas Girls' Sch	19.58m
6 1927 Ong, Yan Ting	Nanyang Girls' High Sch	19.03m
6 1698 Wong, Li Fen, Shayne	Chij St Nicholas Girls' Sch	19.03m
8 1669 Koh, Yee Cheng, Jane	Chij St Nicholas Girls' Sch	16.75m
9 1665 Ji, Rong Hui, Mary	Chij St Nicholas Girls' Sch	15.16m
--- 1697 Widjaja, Jennifer Ashianti	Chij St Nicholas Girls' Sch	ND
--- 1481 -, Hanim	Ahmad Ibrahim Sec Sch	ND
Flight 2		
1 1935 Tan, Sherah	Nanyang Girls' High Sch	26.65m
2 1917 Ho, Ingrid	Nanyang Girls' High Sch	22.55m
3 1503 Yang, Chu Yi	Ahmad Ibrahim Sec Sch	22.43m
4 1908 Chang, Dorcas	Nanyang Girls' High Sch	22.15m
5 1658 Chiang, Bao Xian, Crystal	Chij St Nicholas Girls' Sch	20.19m
6 1671 Lee, Ern May	Chij St Nicholas Girls' Sch	15.74m
7 1686 Ong, Yu Sze, Lucinda	Chij St Nicholas Girls' Sch	15.55m
--- 1938 Wang, Yue	Nanyang Girls' High Sch	ND
--- 1995 Leong, Joan	Raffles Girls' Sch	ND
--- 1676 Lim, Hsin Ying, Gracia	Chij St Nicholas Girls' Sch	ND

Event 213-A: Women Long Jump >= 4.50m

Name	Team	Finals	Wind
Flight 1			
1 1677 Lim, Shuen	Chij St Nicholas Girls' Sch	4.94m	0.9
2 2056 Chia, Gail	Raffles JC	4.90m	0.0
3 2243 Yang, Rachel Isabel	Unattached	4.72m	2.7
4 2130 -, Nuraishireen	Singapore Sports Sch	4.69m	0.2
5 2144 Tan, Camille	Singapore Sports Sch	4.69m	0.5
6 1640 Lee, Jessica	Chij Sec (Tp)	4.67m	0.0
7 1553 Choo, Tyanne	Anglo Chinese JC	4.54m	0.7
--- 1920 Lam, Hui Li	Nanyang Girls' High Sch	ND	
--- 1916 Guo, Xin Yan	Nanyang Girls' High Sch	ND	
--- 1500 Sim, Renee	Ahmad Ibrahim Sec Sch	ND	
--- 1551 Cheng, Cai Yi	Anglo Chinese JC	ND	
--- 1959 Yang, Peishan	Nanyang Tech Uni	ND	
--- 1743 Ko, Sharon	Dunman High Sch	ND	
--- 1643 Lie, Stephany	Chij Sec (Tp)	ND	
--- 1936 Tay, Jing Ying	Nanyang Girls' High Sch	ND	
--- 1998 Lim, Kar Min	Raffles Girls' Sch	ND	
--- 1778 Sim, Caiping	Hwa Chong Inst- College	ND	

Event 213-B: Women Long Jump < 4.50m

Name	Team	Finals	Wind
Flight 1			
1 1660 Goh, Zhixi	Chij St Nicholas Girls' Sch	4.40m	NWI
2 1685 Ng, Zu Er, Joey	Chij St Nicholas Girls' Sch	4.20m	NWI
3 1937 Tong, Ray Nee	Nanyang Girls' High Sch	4.10m	NWI
3 1695 Teo, Yee Yin, Sherilyn	Chij St Nicholas Girls' Sch	4.10m	NWI
3 2142 Sim, Joleen	Singapore Sports Sch	4.10m	NWI
3 1941 Yeo, Yvonne	Nanyang Girls' High Sch	4.10m	NWI
7 1496 Ong, Eileen	Ahmad Ibrahim Sec Sch	4.00m	NWI
8 1912 Ching, Charmaine	Nanyang Girls' High Sch	3.50m	NWI
8 1644 Low, Cheryl	Chij Sec (Tp)	3.50m	NWI
8 1556 Kho, Zi Yi	Anglo Chinese JC	3.50m	NWI

Event 214-A: Men Shot Put 4kg >9.50

Name	Team	Finals
Flight 1		
1 1868 Wong, Kai Yuen	Hwa Chong Inst- Hg Sch	14.03m
2 1867 Wong, Hong Jie	Hwa Chong Inst- Hg Sch	11.44m
3 1596 Lee, Jing Wei	Catholic High Sch	10.51m
4 1828 Lee, Lai Sheng	Hwa Chong Inst- Hg Sch	9.91m
5 1458 Sit, An Li, Daryn	Acs Indept	9.52m
--- 1542 Ang, Shuo Jian	Ang Mo Kio Sec Sch	ND
--- 1547 Neo, Wei Jie, Derek	Ang Mo Kio Sec Sch	ND

Event 214-B: Men Shot Put 4kg <=9.50

Name	Team	Finals
Flight 1		
1 1417 Chong, Tian Wei	Acs Indept	9.25m
2 1466 Tay, Yuan Teck	Acs Indept	9.00m
3 1839 Nai, Ze Song	Hwa Chong Inst- Hg Sch	8.50m
--- 1831 Li, Jia Le	Hwa Chong Inst- Hg Sch	ND
--- 1808 Chang, Snowden	Hwa Chong Inst- Hg Sch	ND
--- 1816 Heng, Gary	Hwa Chong Inst- Hg Sch	ND

Event 215-A: Men Shot Put 5kg >9.50

Name	Team	Finals
Flight 1		
1 1804 Cai, Jia Sheng	Hwa Chong Inst- Hg Sch	15.05m
2 1445 Loh, Jing Sheng	Acs Indept	13.76m
3 1597 Leow, Ye En, Brian	Catholic High Sch	12.80m
4 1836 Lim, You Jie	Hwa Chong Inst- Hg Sch	12.41m
5 1821 Kee, Qin Xiang	Hwa Chong Inst- Hg Sch	11.88m
6 1600 Yan, Dawei	Catholic High Sch	10.90m
7 1595 Law, Yi Chye	Catholic High Sch	10.33m
--- 1599 Tan, Zhi Yang, Keefe	Catholic High Sch	ND
--- 1706 Lee, Tong Yi	Chung Cheng High Sch (Main)	ND

Event 215-B: Men Shot Put 5kg <=9.50

Name	Team	Finals
Flight 1		
1 1429 Lauw, Justin	Acs Indept	10.76m
2 1512 -, Yu Hern	Ahmad Ibrahim Sec Sch	8.75m
2 2038 Ong, Victor	Raffles Institution	8.75m
4 1584 Choo, Lawrence	Bedok View Sec Sch	8.50m
--- 1548 Oh, Qi Rong	Ang Mo Kio Sec Sch	ND
--- 1435 Lei, Chen Hui	Acs Indept	ND
--- 2043 Tan, Jack	Raffles Institution	ND
--- 1462 Tan, Wei Wen	Acs Indept	ND

Event 216-A: Men Shot Put 6kg >9.50

Name	Team	Finals
Flight 1		
1 1800 Wong, Wei Gen, Scott	Hwa Chong Inst- College	14.88m
2 1792 Lim, Zhuo Yan	Hwa Chong Inst- College	13.22m
3 1795 Ow, Yam Huo	Hwa Chong Inst- College	13.15m
4 1799 Tan, Yew Wei	Hwa Chong Inst- College	12.41m
5 1793 Ng, Edward	Hwa Chong Inst- College	12.27m
6 1604 Gilmore, Pereira Shaine	Catholic JC	10.71m
7 1566 Lim, Hann Bin	Anglo Chinese JC	10.19m
8 2120 -, Ramanan	Singapore Poly	9.90m
9 2060 Tan, Chien Ming	Raffles JC	9.81m
--- 2274 Ang, Boon Yew	Victoria JC	ND

Event 216-B: Men Shot Put 6kg <=9.50

Name	Team	Finals
Flight 1		
1 1984 Wang, Hao Bo	National JC	8.50m
--- 1979 Leow, En Ze, Jonathan	National JC	ND
--- 1980 Lim, Zhi Ler	National JC	ND
--- 2122 Chen, Wei Yu	Singapore Poly	ND
--- 2126 Lee, Zhong Sheng	Singapore Poly	ND