

APPENDIX M

1<sup>st</sup> Youth Olympic Games  
Singapore - 14-26 August 2010  
Timetable

*Stage 1*

| Time         | Event                | Boys /<br>Girls | Round | Time           | Event                    | Boys /<br>Girls | Round |
|--------------|----------------------|-----------------|-------|----------------|--------------------------|-----------------|-------|
| <b>Day 1</b> | <b>17-August</b>     |                 |       | <b>Day 3</b>   | <b>19- August</b>        |                 |       |
| 09:00        | High Jump            | B               | Final | 09:00          | 2000m Steeplechase       | G               | Final |
| 09:05        | 400m Hurdles         | G               | R1    | 09:10          | Javelin Throw            | B               | Final |
| 09:35        | 100m                 | G               | R1    | 09:15          | 2000m Steeplechase       | B               | Final |
| 09:45        | Discus Throw         | B               | Final | 09:25          | Triple Jump              | G               | Final |
| 10:00        | Shot Put             | G               | Final | 09:35          | 200m                     | G               | R1    |
| 10:10        | 100m                 | B               | R1    | 10:05          | 200m                     | B               | R1    |
| 10:40        | 400m                 | G               | R1    | 10:35          | 1000m                    | G               | Final |
| 11:05        | 400m                 | B               | R1    | 10:50          | 100m Hurdles             | G               | Final |
| 19:00        | 400m Hurdles         | B               | R1    | 19:00          | 200m                     | G               | Final |
| 19:05        | Pole Vault           | G               | Final | 19:05          | Pole Vault               | B               | Final |
| 19:30        | 100m                 | G               | Final | 19:20          | Hammer Thorw             | G               | Final |
| 19:40        | Discus Throw         | G               | Final | 19:30          | 200m                     | B               | Final |
| 19:55        | Triple Jump          | B               | Final | 19:55          | Shot Put                 | B               | Final |
| 20:00        | 100m                 | B               | Final | 20:00          | 110m Hurdles             | B               | Final |
| 20:30        | 10,000m Race Walking | B               | Final | 20:30          | Medley Relay             | G               | Final |
|              |                      |                 |       | 20:45          | Medley Relay             | B               | Final |
| <b>Day 2</b> | <b>18- August</b>    |                 |       | <b>Day 4</b>   | <b>CEP PROGRAMME</b>     |                 |       |
| 09:00        | 5000m Race Walking   | G               | Final | <i>Stage 2</i> |                          |                 |       |
| 09:10        | Hammer Throw         | B               | Final | <b>Day 5</b>   | <b>21 August</b>         |                 |       |
| 09:40        | 3000m                | G               | Final | 09:00          | High Jump                | B               | Final |
| 10:00        | 100m Hurdles         | G               | R1    | 09:05          | 400m Hurdles             | G               | R1    |
| 10:05        | Long Jump            | G               | Final | 09:35          | 100m                     | G               | R1    |
| 10:30        | 110m Hurdles         | B               | R1    | 09:45          | Discus Throw             | B               | Final |
| 11:00        | 1000m                | B               | Final | 10:00          | Shot Put                 | G               | Final |
| 19:00        | 400m Hurdles         | G               | Final | 10;10          | 100m                     | B               | R1    |
| 19:05        | Javelin Throw        | G               | Final | 10:40          | 400m                     | G               | R1    |
| 19:15        | High Jump            | G               | Final | 11:05          | 400m                     | B               | R1    |
| 19:30        | 400m Hurdles         | B               | Final | 11:20          | MC 1 - Discus Throw Boys |                 |       |
| 19:45        | Long Jump            | B               | Final | 11:25          | MC 2 - Shot Put Girls    |                 |       |
| 20:00        | 400m                 | G               | Final | 18:50          | MC 3 - High Jump Boys    |                 |       |
| 20:30        | 400m                 | B               | Final |                |                          |                 |       |
| 21:00        | 3000m                | B               | Final |                |                          |                 |       |

|                        |                             |   |       |                        |                                 |   |       |
|------------------------|-----------------------------|---|-------|------------------------|---------------------------------|---|-------|
| <i>(Day 5)</i>         |                             |   |       | <i>(Day 6)</i>         |                                 |   |       |
| 19:00                  | 400m Hurdles                | B | R1    | 21:20                  | MC 20 - High Jump Girls         |   | 21:20 |
| 19:05                  | Pole Vault                  | G | Final | 21:25                  | MC 21 - 400m Boys               |   | 21:25 |
| 19:30                  | 100m                        | G | Final | 21:30                  | MC 22 - 3000m Boys              |   | 21:30 |
| 19:40                  | Discus Throw                | G | Final |                        |                                 |   |       |
| 19:55                  | Triple Jump                 | B | Final | <b>Day 7 23 August</b> |                                 |   |       |
| 20:00                  | 100m                        | B | Final | 09:00                  | 2000m Steeplechase              | G | Final |
| 20:25                  | MC 4 - 100m Girls           |   |       | 09:10                  | Javelin Throw                   | B | Final |
| 20:35                  | 10,000m Race Walking        | B | Final | 09:15                  | 2000m Steeplechase              | B | Final |
| 21:15                  | MC 5 - 100m Boys            |   |       | 09:25                  | Triple Jump                     | G | Final |
| 21:20                  | MC 6 - Discus Throw Girls   |   |       | 09:35                  | 200m                            | G | R1    |
| 21:25                  | MC 7 - Triple Jump Boys     |   |       | 09:55                  | MC23 - 2000m Steeplechase Girls |   |       |
| 21:30                  | MC 8 - Pole Vault Girls     |   |       | 10:05                  | 200m                            | B | R1    |
| <b>Day 6 22 August</b> |                             |   |       | 10:25                  | MC24 - 2000m Steeplechase Boys  |   |       |
| 09:00                  | 5000m Race Walking          | G | Final | 10:35                  | 1000m                           | G | Final |
| 09:10                  | Hammer Thow                 | B | Final | 10:40                  | MC25 - Javelin Throw Boys       |   |       |
| 09:40                  | 3000m                       | G | Final | 10:50                  | 100m Hurdles                    | G | Final |
| 09:50                  | MC 9 - 10,000m Walking Boys |   |       | 11:00                  | MC 26 - Triple Jump Girls       |   |       |
| 10:00                  | 100m Hurdles                | G | R1    | 11:05                  | MC27 - 1000m Girls              |   |       |
| 10:05                  | Long Jump                   | G | Final |                        |                                 |   |       |
| 10:20                  | MC 10 - 5000m Walking Girls |   |       | 19:00                  | 200m                            | G | Final |
| 10:30                  | 110m Hurdles                | B | R1    | 19:05                  | Pole Vault                      | B | Final |
| 10:50                  | MC 11 - 3000m Girls         |   |       | 19:15                  | Hammer Throw                    | G | Final |
| 11:00                  | 1000m                       | B | Final | 19:20                  | MC28 - 100m Hurdles Girls       |   |       |
| 11:05                  | MC 12 - Hammer Throw Boys   |   |       | 19:30                  | 200m                            | B | Final |
| 11:10                  | MC 13 - Long Jump Girls     |   |       | 19:50                  | Shot Put                        | B | Final |
|                        |                             |   |       | 19:55                  | MC 29 - 200m Girls              |   |       |
| 18:50                  | MC 14 - 1000m Boys          |   |       | 20:05                  | 110m Hurdles                    | B | Final |
| 19:00                  | 400m Hurdles                | G | Final | 20:15                  | MC30 - 200m Boys                |   |       |
| 19:05                  | Javelin Throw               | G | Final | 20:30                  | Medley Relay                    | G | Final |
| 19:15                  | High Jump                   | G | Final | 20:35                  | MC31 - 110mHurdles Boys         |   |       |
| 19:30                  | 400m Hurdles                | B | Final | 20:40                  | MC32 - Hammer Throw Girls       |   |       |
| 19:45                  | Long Jump                   | B | Final | 20:50                  | Medley Relay                    | B | Final |
| 19:50                  | MC 15 - 400m Hurdles Girls  |   |       | 21:00                  | MC 33 - Medley Relay Girls      |   |       |
| 20:00                  | 400m                        | G | Final | 21:05                  | MC34 - Shot Put Boys            |   |       |
| 20:20                  | MC 16 - 400m Hurdles Boys   |   |       | 21:10                  | MC35 - Pole Vault Boys          |   |       |
| 20:30                  | 400m                        | B | Final | 21:15                  | MC36-Medley Relay Boys          |   |       |
| 20:50                  | MC 17 - Javelin Throw Girls |   |       |                        |                                 |   |       |
| 21:00                  | 3000m                       | B | Final |                        |                                 |   |       |
| 21:10                  | MC 18 - 400m Girls          |   |       |                        |                                 |   |       |
| 21:15                  | MC 19 - Long Jump Boys      |   |       |                        |                                 |   |       |